वार्षिक प्रतिवेदन 2024-2025

ANNUAL REPORT 2024 - 2025



म.शे. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान

इन्दिरा कॉलोनी, बनीपार्क, जयपुर - 302016 (राजस्थान)

(अधीनस्थ केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय, भारत सरकार, नई दिल्ली)

M. S. REGIONAL AYURVEDA RESEARCH INSTITUTE

Indira Colony, Banipark, Jaipur - 302016 (Rajasthan)

(C.C.R.A.S., Ministry of Ayush, Government of India, New Delhi)

Phone: 0141-2281812, 2282618 Email: acri-jaipur@gov.com, acri.jaipur@gmail.com

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ANNUAL PROGRESS REPORT 2024-2025

1. Name and Address: **M.S. Regional Ayurveda Research Institute,**
Indira Colony, Jhotwara Road, Banipark, Jaipur- 302016 (Rajasthan).

2. Year of Establishment: 1972

I. ADMINISTRATIVE REPORT

(1) Staff pattern:

S. No.	Name of the Sanctioned Post	No. of Posts Sanctioned	Name and Designation of the persons working against Post	No. of Posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
1.	Assistant Director (Ay.)	**01**	Dr. B.R. Meena, Assistant Director Incharge	-	M	ST	-
2.	R.O. (Ay.)	**06**	1. Dr. B. K. Sharma	-	M	Gen	Joined on dated 09.08.2024
			2. Dr. V.B. Kumawat	-	M	OBC	Relieved on dated 16.07.2024
			3. Dr. S. K. Vedi	-	M	SC	-
			4. Dr. A.K. Jain	-	M	Gen	Joined on dated 19.07.2024
			5. Dr. D.S. Rotwar	-	M	Gen	-
			6. Dr. Kishor A. Gavali	-	M	SC	-
			7. Dr. Monika Kumari	-	F	OBC	-
			8. Dr. Suhas A. Chaudhary	-	M	ST	-
3.	R. O. (Botany)	-	Sh. Ravi Chandra	-	M	Gen	The Post temporarily transferred from RARI, Nagaland
4.	R.O. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
5.	R.O. (Pathology)	**01**	**Vacant**	**01**	-	-	-
6.	Sister In-charge	**01**	1. Sh. S.K. Sharma 2. Sh. R.K. Mishra	-	M M	Gen Gen	-
7.	Staff Nurse	**04**	1. Sh. Vasid Ali	-	M	EWS	-
			2. Sh. Sunil Choudhary		M	OBC	-
			3. Sh. Ranaram		M	OBC	-
			4. Sh. Sunil Palsaniya		M	OBC	-
8.	Assistant	**01**	**Vacant**	**01**	-	-	-
9.	A.R.O. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
10.	R. A. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
11.	R. A. (Curator)	**01**	Sh. Ramavatar Choudhary	-	M	OBC	-
12.	Pharmacist Grade-I	**03**	1. Sh. K. C. Verma	-	M	SC	
			2. Sh. Neeraj Jain		M	Gen	
			3. Jyoti Yogi		F	OBC	Joined on dated 19.07.2024
13.	Social Worker	**01**	Smt. Meena Meena	-	F	ST	-
14.	Lab. Technician	**03**	Sh. B.K.Meena	**02**	M	ST	-

15.	Stenographer Gr.-II	**01**	**Vacant**	**01**	**-**	**-**	**-**
16.	UDC	**03**	1. Sh. Namonarayan Meena	**02**	M	ST	-
17.	LDC	**03**	1. Sh. Lokesh Gurjar	**-**	M	OBC	-
			2. Smt. Mamta Meena		F	ST (PWD-OH)	-
			3. Sh. Vikram Gurjar		M	OBC	Dept. Promotion Joined on dated 12.09.2024
18.	Driver	**01**	**Vacant**	**01**	**-**	**-**	**-**
19.	Lab. Attendant	**04**	1. Sh. Anurag Pathak 2. Sh. Sumit Kumawat 3. Sh. Rakesh Teli 4. Sh. Sunil Kumar	**-**	M M M M	Gen. OBC OBC OBC	**-**
20.	M.T.S. (Cook)	**01**	**Vacant**	**01**	-	-	-
21.	M.T.S. (Dresser)	**01**	**Vacant**	**01**	-	-	-
22.	M.T.S. (Female Attendant)	**01**	Smt. Renu Sharma	**-**	F	Gen.	-
23.	M.T.S. (Attendant)	**02**	1. Sh. R. S. Meena	**01**	M	ST	-
24.	M.T.S. (Ward Aya)	**03**	Smt. Beena Devi	**02**	F	SC	**-**
25.	M.T.S. (Panchkarma Attendant)	**02**	**Vacant**	**02**	**-**	**-**	**-**
26.	M.T.S. (Chowkidar)	**01**	Sh. Sitaram Mehra	**-**	M	OBC	**-**
27.	M.T.S. (Kitchen Servant)	**02**	**Vacant**	**02**	**-**	**-**	**-**
28.	M.T.S. (Ward Boy)	**03**	1. Sh. Sohan Singh	**01**	M	OBC	**-**
			2. Sh. Brijesh Kumar Sharma		M	Gen.	Under court case
29.	M.T.S. (Safaiwala)	**03**	**Vacant**	**03**	**-**	**-**	**-**
30.	M.T.S. (Farm Attendant/ Labourer)	**04**	1. Sh.Chothu Ram Meena 2. Sh. R.K. Diya 3. Sh. Shankar Lal Mali 4. Sh. Naveen Kumar	**-**	M M M M	ST OBC OBC SC	-
31.	M.T.S. (Peon)	**02**	Smt. Nisha Badiwal	**01**	F	OBC	**-**
TOTAL		**62**	**40**	**25**	**-**	**-**	**-**

(2) No. of staff according to group

S. No.	Group	Number of staff						Whether roster maintained or not
		General	SC	ST	OBC	EWS	TOTAL	
1.	**I**	04	02	02	01	-	**09**	**Yes**
2.	**II**	02	-	-	03	01	**06**	
3.	**III**	04	03	06	12	-	**25**	
TOTAL		**10**	**05**	**08**	**16**	**01**	**40**	

(3) Expenditure

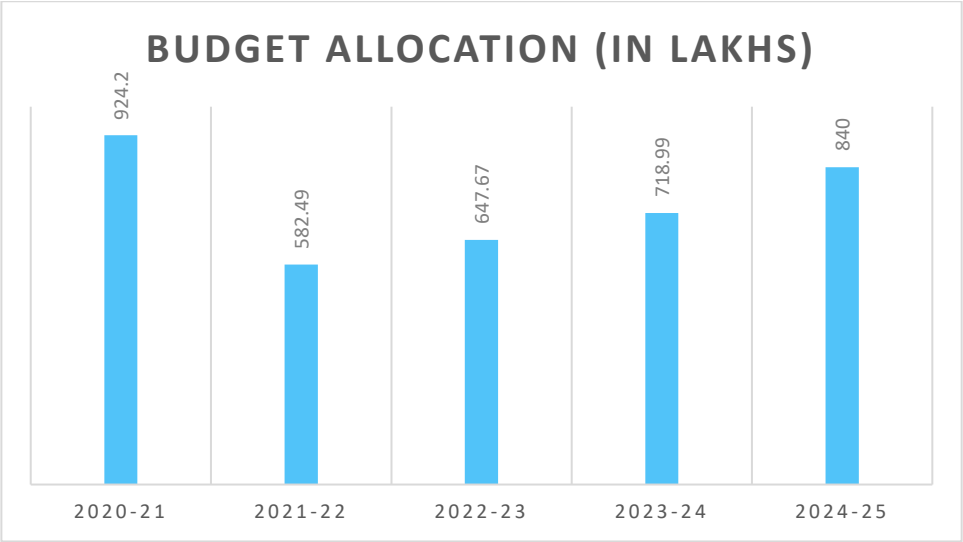
Sl.No.	Components	ST Category (In Rs.)	Other (In Rs.)	Total (In Rs.)
1.	Male Components	9655055.00	31908208.00	41563263.00
2.	Female Components	2064176.00	4326560.00	6390736.00
	Total	11719231.00	36234768.00	47953999.00

(4) Resources generated form OPD/IPD/Laboratory/Panchkarma/Sale of CCRAS publicatione etc. during the reporting year 2024-25

Sl.No.	Section	Amount (Rs.)	Remarks
1.	OPD	210166.00	Amount generated from OPD Patient Registration
2.	Laboratory	228956.00	Amount generated from Laboratory Investigations.
3.	IPD	198044.00	Amount generated from IPD Admission and Sale of Medicines.
4.	Panchkarma	341690.00	Amount generated from Panchkarma Therapy.
5.	Library	213078.00	Amount generated from sale of Council's Publications
6.	Guest House	2000.00	Amount generate from Guest house rent
Total		**1193934.00**	

(5) Total Budget allocated to the Institute during last five years (2020-21 to 2024-25)

S.No.	Financial Year	Budget allocation (In Lakhs)
1.	2020-21	924.20
2.	2021-22	582.49
3.	2022-23	647.67
4.	2023-24	718.99
5.	2024-25	840.00



(6) Details of Budgetary Provision to the Institute during reporting period 2024-25

Scheme		Budget Estimate (in Rs.)	Revised Estimate (in Rs.)	Funds received (in Rs.)	Actual expenditure (in Rs.)
GIA-GENERAL					
TA (for Domestic)		175000.00	153125.00	153125.00	127109.00
CONTINGENCIES AS PER DFPR					
i. Wages		100000.00	100000.00	100000.00	34750.00
ii. Office expenses		2650000.00	2300000.00	2300000.00	2300000.00
iii. Other admn expenses		300000.00	300000.00	300000.00	299983.00
iv. Advertising and publicity		100000.00	100000.00	100000.00	99983.00
v. Professional services		12000000.00	10850000.00	10850000.00	10098205.00
RESEARCH ACTIVITY		7500000.00	7500000.00	7500000.00	7499979.00
SEMINAR & CONFERENCE		200000.00	200000.00	200000.00	199995.00
Total GIA GENERAL		**23025000.00**	**21503125.00**	**21503125.00**	**20660004.00**
GIA-SALARY		45200000.00	51719575.00	51719575.00	51719575.00
GIA SAP		150000.00	150000.00	150000.00	150000.00
GIA – SCSP	WCH	3692000.00	3506000.00	3506000.00	3506000.00
GIA – TSP	THCRP	4000000.00	4000000.00	4000000.00	3775149.00
	EMRS	4409000.00	2830000.00	2830000.00	2830000.00
GIA-Capital		0.00	1363000.00	1363000.00	1363000.00
Total GIA (GEN+SAL.+SAP+SCSP+TSP)		80476000.00	85071700.00	85071700.00	84003728.00

(7) Details of Budgetary Provision in IMR/Collaborative projects

S. No.	Project Name	Total Sanctioned Budget	Expenditure upto Prev. Year (2023-24)	Expenditure in F.Y. 2024-25	Total Expenditure
1.	Randomized, Placebo Controlled, Double-Blind Clinical Trial to Evaluate the effect of Trikatu in Sub-Clinical Hypothyroidism	2446400.00	1938525	109588.00	2048113.00
2.	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study	11986560.00	8734354.00	2321825.00	11056179.00
3.	Clinical Evaluation of Lashunadi vati in the management of Agnimandya	689000.00	302955.00	143148.00	446103.00
4.	Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years-A Multicenter Randomized Controlled Pilot study	2516800	446381.00	802464.00	1248845.00
5.	Tolerability, Treatment adherence and safety of Punarnava mandura in the management of Iron Deficiency Anemia:An open label singhle arm cilinical study	2291200	680143.00	831290.00	1511433.00
6.	Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals	798200	506590.00	218970.00	725560.00

(8) List of Scientific Advisory Board and Institute Ethical Committee

(a) List of Scientific Advisory Board (SAB) Members:

1.	**Dr. B.S. Prasad** President, Board of Ayurveda National Commission for Indian Systems of Medicine Plot No. T-19, 1st & 2nd Floor, Block IV, Dhanwantari Bhawan, Road No. 66, Punjabi Bagh (West), New Delhi-110026	Chairman
2.	**Prof. Sanjeev Sharma** Vice-Chancellor National Institute of Ayurveda, Madhav Vilas Palace, Jorawar Singh Gate, Amer Road, Jaipur-302002 Mobile: 9418079691 Email: prof.sanjeevhp@gmail.com	Member
3.	**Dr. Anup Thakar** Director, Institute of Teaching & Research in Ayurveda Gujarat Ayurved University, Jamnagar, Gujarat-361008 Mobile: 9427776660 Email: anup_thakar@yahoo.com	Member
4.	**Dr. Tanuja Nesari** Director, All India Institute of Ayurveda (AIA) Gautam Puri, Sarita Vihar, New Delhi-110076 Mobile: 9423007988 / 9958817145 Email: mesari@hotmail.com / director@aiia.gov.in	Member
5.	**Dr. Harsha V. Hegde** Scientist-E, ICMR-National Institute of Traditional Medicine Nehru Nagar, Belagavi-590010, Karnataka Mobile: 9480422500 Email: harshah@icmr.gov.in / drhvhegde@gmail.com	Member
6.	**Dr. (Mrs.) Viswajanani J. Sattigeri** Head, CSIR-Traditional Knowledge Digital Library Unit 14, Satsang Vihar Marg, New Delhi-110067 Mobile: 9818038495 Email: viswajanani.sattigeri@csir.res.in / headtkdl@esir.res.in	Member
7.	**Dr. Asit Kumar Panja** Professor & HoD, Dept. of Samhita and Siddhanta National Institute of Ayurveda, Jaipur Residence: Professor Maulik Sidhant, 4, Khandelwal Nagar Extension, Agar Road, Jaipur-302031 Mobile: 9982082832 Email: asitkpanja@gmail.com	Member
8.	**Prof. (Dr.) P.K. Prajapati** Vice-Chancellor Dr. Sarvepalli Radhakrishnan Rajasthan Ayurveda University Kadwad, Jodhpur-Nagaur Highway Road, Jodhpur-342037, Rajasthan Mobile: 9428315733 / 8368797320 Email: prajapati.pradeepl@gmail.com	Member
9.	**Dr. S.K. Maulik** Former Professor, AIIMS H-1473, Second Floor, CR Park, Near CR Park Police Station, New Delhi-110019 Mobile: 7065327696 Email: subirmaulik@yahoo.com / skmaulik@gmail.com	Member

10.	**Dr. Amit Agarwal** Director (Research), Natural Remedies Pvt. Ltd. Electronic City, Bangalore-560100 Mobile: 9845008951 Email: amit@naturalremedy.com	Member
11.	**Dr. Indira Balachandran** Project Director, Centre for Medicinal Plants Research AVS Square, Changuvetty, Kottakkal, Malappuram District - 676503, Kerala Mobile: 9447841883 Email: cmpravs@gmail.com	Member
12.	**Dr. (Mrs.) Sunita Garg** Former Emeritus Scientist, Chief Scientist (Scientist G), Head, Wealth of India Editor, Indian Journal of Natural Products & Resources CSIR-NISCAIR (Now NIScPR), Room No. 107, Dr. K.S. Krishnan Marg (Inside Pusa Campus), New Delhi-110012 Mobile: 9899148298 Email: sunita.niscair@gmail.com	Member
13.	**Prof. Baldev Kumar Dhiman** Vice-Chancellor Shri Krishna Ayush University, Kurukshetra, Haryana-136119 Mobile: 9414238740 Email: ve.skau.hry@gmail.com	Member
14.	**Prof. Vijay Choudhury** Principal RGG Ayurvedic College & Hospital, Paprola, Himachal Pradesh Mobile: 9418130228 Email: drvijaychaudhary@gmal.com	Member
15.	**Prof. B.L. Mehra** Former Professor and Head, Kayachikitsa RGG Ayurvedic College & Hospital, Paprola, Himachal Pradesh Mobile: 9418017615 Email: mehera_bl@rediffmail.com	Member
16.	Director General, CCRAS, New Delhi	Member Secretary

(b) Name of the Institutional Ethical Committee Members:

1.	Prof. Banwari Lal Gaur, Former Vice Chancellor, Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur,	Chairman
2.	Prof. S.P. Agnihotri Institute of Respiratory Diseases& Tuberculosis, S.M.S. Medical College, Jaipur	Member
3.	Dr. Ram Kishor Joshi Prof. & Head, PG Deptt. of Kayachikitsa, National Institute of Ayurveda, JAIPUR	Member
4.	Dr. Lokendra Kumar Sharma Professor, Deptt. of Pharmacology, S.M.S. Medical College, Jaipur	Member
5.	Dr. Yogesh Kumar Gupta Associate Professor, Deptt. of Pathology, S.M.S. Medical College, Jaipur	Member
6.	Sh. Pawan Kumar Vashistha, Prosecution Officer, Govt. of Rajasthan	Member
7.	Sh. Jagdish Sharma	Member

	Social Worker	
8.	Sh. Parmanand Panwar Lay Person	Member
9.	Dr. Monika Kumari, Research Officer (Ay.) & Member secretary	Member

II. TECHNICAL REPORT

(1)Programmes allotted/completed during the reporting period 2024-25

S. No.	Name of the Programme	Details
1.	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study	The project has been allotted under IMR Annual action plan 2019-20. This is a cluster study Randomized Parallel-Group Study of a 2 groups of sample size 240. The study aims to assess the impact of Ayurveda based lifestyle advocacy and practices on health of apparently healthy volunteers. The total duration of the study is 3 years. Ethical approval for the study has been obtained on 13.03.2020. The project was initiated in June 2022. The enrollment of subjects (Total 238) has been completed in February 2023. Out of these 118 participants were enrolled in group 1 (intervention group), and 120 participants were enrolled in group 2 (control group). The study was completed in March 2025.
2.	Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study	The project was initiated in the month of July 2023. The total duration of the study is 16 Months. The budget sanctioned for the project is Rs. 7, 98,200/-. Total 536 participants were enrolled. The study has been completed in July 2024
3.	Documentation of the Life profile of admirable personalities to transform Ayurveda	This IMR project was assigned to the Institute in Sept 2024. The EOI given for Prof Banwari Lal gaur was accepted. Data collection from the available texts was initiated in the month of 02.01.2025. The interview with the luminary was conducted in February 2025. Ist draft of the manuscript was submitted in March 2025.
4.	Knowledge, Attitude and Practice towards Pharmacovigilance of Ayurvedic Medicines among registered Ayurvedic Medical Practitioners of the Respective States-A Multicentre Study	The target is to take KAP of pharmacovigilance towards Ayurveda medicine of 410 participants before the training programme and 3 months after the programme. The project was initiated on 28.12.2024 with 94 enrolled participants in a workshop conducted at Regional science centre Jaipur by the Institute. 2nd workshop was conducted on 12.02.2025 at DSSRAU Jodhpur in which total 188 candidates were enrolled. Till date 282 participants have been enrolled in the study. The study is on-going.
5.	Randomized, Placebo control, Double blind clinical trial to evaluate the effect of Trikatu in Subclinical Hypothyroidism	This Research Project was allocated to institute under annual action plan 2019-20 on 16th March, 2020. As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 18-3-2020. Medicines received and project has been initiated from 8th March 2022. Total screened 1086, among them 90 were enrolled and 74 were completed the study. The study has been completed on 31.05.2024.

6.	Clinical Evaluation of Lashunadi vati and Pippalyadyasava in the management of Agnimandya.	This multicentre Research Project was sanctioned on 21/04/2022 **(**F.No.3-76/2020-CCRAS/Admn/IMR/ Office Order No. 46/2022-23). Budget allocated was Rs. 06, 89,000/- . IEC approval has been taken on 06.12.2022. Medicines received and project has been initiated from 02.02.2023. During the reporting period, 129 cases were screened, out of which 110 cases were enrolled. 105 were completed and 05 were dropped out. The project completed on 03.09.2024.
7.	Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.	This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 1454/2022-23 dated 22.03.2023. Budget allocated was Rs. 25, 16,800/- IEC approval has been taken on 03.05.2023. Medicines received and project has been initiated from 15/09/2023. The project has been initiated in the month of September 2023. During the reporting period, Up to 31st March, 2025, 149 cases were screened, out of which 67 cases were enrolled. 50 were completed and 06 were dropped out while 11 are on-going.
8.	General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle Cell Disease & Malnutrition) and Ayurveda management of Anemia & Malnutrition in students of Ekalavya Model Residential Schools (EMRS)	The project had been sanctioned/allotted to the institute in March 2024. Feasibility study at study site i.e. EMRS Niwai and EMRS Danvav & Kherwara has been carried out by the institute Head of In-charge and PI on 09th and 13th March, 2024. Budget sanctioned vide CCRAS Order No. 1412/2023-24 Date 05th March, 2024. IEC Approval has been obtained on 17th Sept., 2024. Applied for CTRI by CCRAS Hq. (Ref. No. REF/2024/09/092023 DI) Monthly Visits to all 3 EMR Schools are being conducted and 6 visits to each EMRS have been performed. Camps for incidental medical support and awareness lectures/ activities for EMRS students being carried out. During the reporting period total 907 new patients and total 50 follow up patients were attended and treated in incidental medical support camps at selected EMRS for various common ailments. The total 143 Awareness lectures were delivered to aware the students about program and Ayurveda.
	Tolerability, treatment adherence and effectiveness of Ayurvedic Intervention in the management of moderate Malnutrition in students of selected Ekalavya Model Residential Schools: a multicentre collaborative study. (Collaboration with ICMR-NIRTH Jabalpur)	Health Screening will be done by ICMR-NIRTH Jabalpur team and Enrollment of the participents yet to be initiated.
	Effectiveness of Ayurveda-Based	Health Screening will be done by ICMR-NIRTH Jabalpur team and Enrollment of the participents yet to be initiated.

<table>
<tr><td></td><td>lifestyle Advocacies and Practices on Quality of Life among Children of Ekalavya Model Residential Schools in India." (Collaboration with ICMR-NIRTH Jabalpur)</td><td></td></tr>
<tr><td>9.</td><td>Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention- Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)". MoU with (1) Parul Institute of Ayurveda & Research, Parul University, Gujarat (2) Sant Dnyaneshwar Shikshan Santha's, Hon. Shri Annasaheb Dange Ayurved Medical College, Maharastra (3) Yashwant Ayurvedic College, Kolhapur, Maharashtra (4) Maharashtra University of Health Sciences, Nashik (Maharashtra)</td><td>This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 76/2023-24 dated 28.04.2023. Budget allocated was Rs. 1, 21, 24,324/-. CTRI was done by nodal institute MSRARI, Jaipur with registration No.- CTRI/2023/05/053299. IEC approval has been taken from all four collaborative institutes. Medicines received and project has been initiated at all participating institutes. The study is on-going and the details are as below:-
<table>
<tr><th>Name of the Institute</th><th>No of cases screened</th><th>No of cases enrolled</th><th>Screening failure</th><th>No of cases completed</th><th>Drop outs</th><th>No of cases continuing</th></tr>
<tr><td>1. MUHS, Nashik</td><td>177</td><td>82</td><td>95</td><td>64</td><td>09</td><td>09</td></tr>
<tr><td>2. YAC, Kodoli</td><td>361</td><td>111</td><td>250</td><td>62</td><td>18</td><td>31</td></tr>
<tr><td>3. PIAR, Vadodara</td><td>190</td><td>87</td><td>103</td><td>55</td><td>07</td><td>25</td></tr>
<tr><td>4. ADAMC, Ashta</td><td>153</td><td>82</td><td>71</td><td>50</td><td>15</td><td>17</td></tr>
</table></td></tr>
<tr><td>10.</td><td>Women and Child Health Care Programme (WCH) under Scheduled Caste Sub Plan (SCSP)- 2024-25</td><td>The duration of the study programme was 12 months, during which 5 villages/areas were covered. The team conducted a total of 229 visits. A total of 6,527 patients attended the OPD, out of which 6,155 belonged to the Scheduled Caste (SC) community, including 4,377 women and 1,778 children. A total of 7,944 laboratory investigations were carried out. Additionally, 16 focus camps were organized, benefiting 821 individuals. To raise awareness, 123 lectures were conducted, reaching a total of 3,238 beneficiaries.</td></tr>
<tr><td></td><td>➢ Effectivness of Rajapravartani and</td><td>Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea" is the title of this IMR project. A future community-based study" was designated as a 2023–24 IMR Annual Action Plan</td></tr>
</table>

	Saraswatarishta in Dysmenorhoea A prospective community-based study underWCH-SCSP 2023-24	project. It has the potential to enhance the psychological well-being of research participants. The goal of the current study was to evaluate Rajapravartani Vati and Saraswatarishta's efficacy in treating primary dysmenorrhea based on the classical claim. 46 patients were enrolled in the trial out of the total 54 participants that underwent screening. Nine patients were dropped out and 37 participants completed the trial. The Studay complted in August 2024.
	➢ A cross-sectional community-based study on Knowledge, Attitudes, and Practices (KAP) related to menstruation among women of reproductive age under WCH-SCSP 2024-25	"A cross-sectional community-based study on Knowledge, Attitudes, and Practices (KAP) related to menstruation among women of reproductive age" was designated under WCH 2024-25. The primary objective of the study was to estimate the Knowledge, Attitude and Practices related to menstruation among women of reproductive age, in different geographical regions with different educational and occupational backgrounds. The total sample size was 1400 (140 participants were enrolled in the trial at each centre).
	➢ Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study	"Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study" was designated under WCH 2024-25. The primary objective of the study was to assess the effect of the Ayurveda-based Behaviour Change Communication (BCC) module on Knowledge, Attitude and Practices related to menstruation among women of reproductive age. The total sample size was 450 (45 participants were enrolled in the trial at each centre). All 45 enrolled participants completed the trial.
11.	Tribal Health Care Research Programme (THCRP) 2024-25	During the reporting year 2024-2025 Four Villages have been covered in Bassi Block District-Jaipur, Rajasthan. 211 Tours carried out in these Four villages along with 05 Special tours of 4th Janjatiya Gaurav Divas Celebration. Total Population 520 was covered and 3836 patients were treated along with 08 folklore claims were collected. 136 Awareness lectures have been delivered to common public on different disease conditions. 33 Focus camps have been organized on different disease conditions during the reporting year. 3099 Lab Investigations like Hb, Blood sugar, CBC, KFT, LFT, Lipid profile, RA, CRP, Vit.-D, Vit.-B-12, Thyroid profile have been carried out during the reporting year.

		Special 05 Tours for 4th Janjatiya Gaurav Divas Celebration: Total Patients Treated: 902 & Investigations Conducted: 733
	Assessment of acceptability of the Comprehensive Ayurveda-Based Healthcare Approach (CABHA) in the tribal community and effectiveness of Individualized Ayurveda-Healthcare Approach (IAHA)- A Cluster randomized study under THCRP 2024-25	This project started from 23.07.2024 and completed on 28.02.2025. Total target of 520 subjects was completed under this project including 30 families (60 participants) in IAHA project.
12.	National Pharmaco-vigilance program for ASU drugs	During the current reporting year 40864 subjects were studied to evaluate the suspected adverse drug reactions. None of the patients reported any ADR of the drugs being used.

(2) Articles published in reputed Journals:

(a) International Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
1.	Dr. Monika Kumari, SK Vedi R.O. (ayu), Dr B. R. Meena Assist Director Incharge	Vaidyakulguru Mahakavi Shrikrishan Ram Bhatta (1849-1898): A great versifier of Ayurveda therapeutics	Journal of Research in Ayurvedic Sciences 8 (Suppl 2): p S186-S190, November 2024. | *DOI:* 10.4103/jras.jras_281_23	November 2024
2.	Dr. Bhuvnesh Kumar Sharma, Research Officer (Ayurveda), Dr. Avinash Kumar Jain, Research Officer (Ayurveda)	"Clinical evaluation of Maharasnadi Kvatha, Trayodashanga Guggulu, and Brihatsaindhavadya Taila in the management of knee osteoarthritis (Janugata Sandhivata): An open-label single-arm clinical study" as Author	Journal of Research in Ayurvedic Sciences, Vol 8, Issue 2, March-April 2024	June, 2024
3.	Dr. Bhuvnesh Kumar Sharma, R. O. (Ay)	"A Clinical Evaluation of Kalpita Agnimanthadi Kashaya and its Comparative Study with Varunadi Kashaya and Navaka Guggulu in Sthaulya in the Purview of "Santarpanotthanamapatarpama ushadham" as Co-author	African Journal of Biomedical Research, Vol 27, No. 4s	November, 2024
4.	Dr. D. S Rotwar, R. O. (Ay), Dr. Suhas Chaudhary, R. O. (Ay)	Ayurveda formulations for prophylaxis against coronavirus disease-2019 infection - A prospective community-based study in identified Containment zones of 19 districts across India.	AYU 2024;45:1-11	June, 2024
5.	Dr. Suhas Chaudhary, R.O. (Ay.)	Ayurvedic management of chronic pancreatitis a case study.	World Journal of Pharmaceutical Research, Vol 13, Issue 19, 2024. Page no. 992 to 1000	Sept., 2024

(b) National Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
-	-	-	-	-

(3) Articles published in Proceedings of Conference/Seminar/Webinar/Workshop etc. (International & National level):

S. No.	Name of the Author(s)	Title of the Paper	Name of the Conference/Seminar/ Webinar/Workshop etc. along with organizer and venue	Date of publication (Month & Year)
1.	Dr. Suhas Chaudhary, Dr. Kishor Gavali and Dr. B.R. Meena,	Development of Innovative "Poshak Laddoo" and Its Nutritional Value, Shelf Life, And Physical Chemical Analysisas per Food and Safety & AMP., Stadards (Ayurveda Ahara) Regulation, 2022.,	International Seminar: Aushadha Manakam 2024, Organised by DSRRAU, Jodhpur, Page no. 140 (Seminar Proceedings)	Dec 2024

(4) Other publications:

Publication (Books/Booklets/Chapter/Technical reports/Monographs etc.)

S. No.	Name of author	Title of the Books/Booklets/ Chapter/Technical reports/ Monographs	Contribution	Publisher with year of publication (Month & Year)
1.	Dr. Bhuvnesh Kumar Sharma, R. O. (Ay)	Book: Navanitakam – Hindi and English Translation with Critical Notes. (ISBN: 978-93-92544-35-4)	Principal Investigator	Central Council for Research in Ayurvedic Sciences, New Delhi in 2024

(5) Paper presented in Conference/Seminar/Webinar/Workshop etc.

S. No.	Name of the Author(s)	Title of the Paper Presented	Name of the Conference/Seminar/ Webinar/Workshop	Name of organizer and Venue	Date of the event (Month & Year)
1.	Dr. Monika Kumari	Pharmacovigilance in Ayurveda	workshop on pharmacovigilance towards Ayurveda medicine among registered Ayurveda medical practitioners of respective states	MSRARI, Jaipur at auditorium Regional science park , Shastri nagar, Jaipur	28.12.2024
2.	Dr. Monika Kumari	Pharmacovigilance in Ayurveda	workshop on pharmacovigilance towards Ayurveda medicine among registered Ayurveda medical practitioners of respective states	MSRARI Jaipur at auditorium, DSSRAU Jodhpur	12.02.2025
3.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Garbhasamskara in Classical Ayurveda Texts	Garbhasamskara course in the Dept of Stri and Prasuti tantra	National Institute of Ayurveda (DU), Jaipur	13.08.2024
4.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Old Devanagari Script: Transcription of Ayurveda Manuscripts	Capacity Building Basic Lavel Workshop on Transcription of Ayurveda Manuscriptology	National Institute of Ayurveda (DU), Jaipur	25.03.2025
5.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Nagari and Devanagari Script: Transcription of Ayurveda Manuscripts – practical & corrections	Capacity Building Basic Lavel Workshop on Transcription of Ayurveda Manuscriptology	National Institute of Ayurveda (DU), Jaipur	25.03.2025

6.	Dr. Suhas Chaudhary, R.O. (Ay.)	CCRAS- Prakriti Assessment Scale and Ayur Prakriti Web Portal	Training on Prakriti Assessment Scale	DSSRAU, Jodhpur.	02.05.2024 to 03.05.2024
7.	Dr. Suhas Chaudhary, R.O. (Ay.)	As a guest speaker/Resource person, presentation on topic of "Data based analysis of research in current era of Kaumarbhritya"	National Webinar named "Balamritam 7.0" organised by Parul Institute of Ayurved.	Parul University, Gujarat.	04.08.2024 to 05.08.2024
8.	Dr. Kishor Gavali, R.O. (Ay.)	CCRAS- Prakriti Assessment Scale and Ayur Prakriti Web Portal	Training on Prakriti Assessment Scale	DSSRAU, Jodhpur.	02.05.2024 to 03.05.2024
9.	Dr. Kishor Gavali, R.O. (Ay.)	As a guest speaker/Resource person, presentation on topic of "Autism: Challenges to new society and need of Ayurveda research"	National Webinar named "Balamritam 7.0" organised by Parul Institute of Ayurved.	Parul University, Gujarat.	04.08.2024 to 05.08.2024

(6) Seminar/Conference/Workshop/Meeting organized by the Institute:

S.No.	Title of Seminar/ Conference/Workshop	Institute/National / International	Date
1.	"Meeting of Hospital Infection Control Committee held by MSRARI, Jaipur"	Institute	06.04.2024
2.	World Environment Day	Institute	05.06.2024
3.	Quarterly Hindi Meeting was conducted in the Institute	Institute	12.06.2024
4.	World Blood Doner Day	Institute	14.06.2024
5.	World Yoga Day	National	21.06.2024
6.	Quarterly Hindi workshop in the Institute	Institute	22.06.2024
7.	"Meeting of Hospital Infection Control Committee held by MSRARI, Jaipur"	Institute	06.07.2024
8.	"Posh" Training for staff	Institute	26.07.2024
9.	Indian Organ Donation Day	Institute	03.08.2024
10.	78th Independence Day celebration	Institute	15.08.2024
11.	Quarterly Hindi Meeting was conducted in the Institute	Institute	13.09.2024
12.	Clean drive and Rally conducted during Swacchta Pakshwada	Institute	17 September to 01 October 2024
13.	Poshan Mah	Institute	1st sept to 30th sept 2024
14.	Hindi Pakhwada was celebrated by this Institute, In which various competitions e.g. essay, singing, antakshari, quiz and debate were organized in the institute.	Institute	14th sept 2024 to 30th sept 2024
15.	Quarterly Hindi workshop in the Institute.	Institute	28.09.2024
16.	Ayurveda Day	National	17.10.2024 to 29.10.2024
17.	Vigilance awareness week	Institute	28 October to 03 November 2024

18.	4th Tribal Pride Day Celebration	Institute	16.11.2024
19.	Institutional Ethics committee meeting in the Institute	Institute	26.11.2024
20.	75th Constitution Day	Institute	26.11.2024
21.	56th Foundation Day of CCRAS	Institute	01.12.2024
22.	Quarterly Hindi Meeting was conducted in the Institute	Institute	11.12.2024
23.	Quarterly Hindi workshop in the Institute.	Institute	21.12.2024
24.	Workshop on pharmacovigilance towards Ayurveda medicine among registered Ayurveda medical practitioners of respective states	Institute	28.12.2024
25.	e-Office Training for all Peripheral Institute	National	10.01.2025
26.	Workshop on pharmacovigilance towards Ayurveda medicine among registered Ayurveda medical practitioners of respective states	Institute	12.02.2025
27.	Workshop organized under TB Mukt Gram Panchayat Abhiyan	Institute	05.03.2025
28.	"CCRAS-Avalokan-2025" at Rajasthan International Center, Jaipur	National	21st- 22nd March, 2025
29.	Quarterly Hindi Meeting was conducted in the Institute	Institute	25.03.2025
30.	Quarterly Hindi workshop in the Institute.	Institute	29.03.2025

(7) Seminar/Conference/Workshop/Meeting participated by the Officers

S.No.	Name of the participant	Name of Seminar/ Conference/Workshop/Meeting	National/ International	Date of participation
1.	Dr. Suhas Chaudhary, R.O. (Ay.),	Attended National Webinar titled "The Concept of Holistic Health in Ayush" to commemorate World Health Day Organizing team, Department of Swasthavritta, ITRA, (INI), MoA, GoI, Jamnagar, India.	National	07.04.2024
2.	Dr. Suhas Chaudhary, R.O. (Ay.),	Attended National Webinar on Medicinal Plant Cultivation ORGANIZED BY DEPARTMENT OF DRAVYAGUNA ON THE OCCASION OF WORLD EARTH DAY.	National	22.04.2024
3.	Dr Monika Kumari R.O,(Ayu)	Dr Monika Kumari R.O,(Ayu) did Certified Peer Reviewer Course	international	01.05.2024
4.	Dr. Suhas Chaudhary, R.O. (Ay.),	Attended National Webinar on the topic "Vamana Sambhasha" Organized by Department of Panchakarma, GJPIASR, CVMU, New V. V. Nagar.	National	02.05.2024

5.	Dr. Suhas Chaudhary, R.O. (Ay.),	As a Resource person Training given on "CCRAS Prakriti Assessment Scale and Ayur Prakriti Web Portal" at DSSRAU, Jodhpur.	University Level	02.05.2024 to 03.05.2024
6.	Dr Monika Kumari R.O,(Ayu)	Training session for GeM users	National	07.05.2024
7.	Dr Kishor A Gavali R.O (Ayu) and Dr Monika kumara R.O (Ayu)	Live interaction session for Module 2- Introduction to Statistics	national	07.05.2024
8.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Participated in the Focus group meeting for fundamental research by NIIMH, Hyderabad.	CCRAS level	09.05.2024
9.	Dr. D. S. Rotwar R.O (Ayu.)	Participated online MPR Focus group (cultivation) meeting organised by CARI, guwahati.	CCRAS level	17.05.2024
10.	Dr. D. S. Rotwar R.O (Ayu.)	Participated online MPR Focus group meeting organised by CARI, guwahati.	CCRAS level	12.06.2024
11.	Dr S.K Vedi R.O (Ayu)	"Meeting to discuss the current status of the health initiative project in EMRS."	National	14.06.2024
12.	Dr S.K Vedi R.O (Ayu)	Discuss the activities under the celebration of World Sickle Cell Day EMRS.	National	15.06.2024
13.	Dr SK Vedi R.O (Ayu), Dr Monika Kumari R.O (Ayu	Yoga session and awareness lectures on World Sickle Cell Anaemia Day Under guidance of CCRAS HQ on 19.06.202 at EMRS school at Niwai Dist Tonk	national	19.06.2024
14.	Dr. Suhas Chaudhary, R.O. (Ay.),	Attended Webinar Series 'Kayaprabodhini' Episode 10 delivered by Prof. Madhava Diggavi on the topic "Principles and practice of andrology in Ayurveda" organized by the Department of Kayachikitsa, Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar, Gujarat, India	National	25.06.2024
15.	Dr V. B. Kumawat R.O (Ayu) , and Dr Monika Kumari	Participated in virtual review meeting for the status of THCRP organized by CCRAS HQ.	national	01.07.2024
16.	Dr Monika Kumari R. o. (ayu) and SRFs of THCRP	IEC for approval of following projects: · General health screening with special focus on selected disease conditions (Tuberculosis, Anaemia, Hemoglobinopathies & Malnutrition) and Ayurveda management of Anaemia & Malnutrition in students of Ekalavya Model Residential Schools (EMRS). · Effectiveness of Ayurveda-Based lifestyle Adyocacies and Practices on Quality of Life among	National	05.07.2024

		Children of Ekalavya Model Residential Schools in India. · Tribal Health care Research Programme (THCRp) under Tribal Sub-Plan (TSP).		
17.	Dr V. B. Kumawat Dr Monika Kumari R. o. (ayu) and SRFs of THCRP	Participated in Virtual meeting regarding training on the execution of project “Assessment of acceptability of the Comprehensive Ayurveda-based health care approach in the tribal community and effectiveness of individualized health care - Cluster randomized study & quot; under THCRP-TSP in 2024-25 on organized by CCRAS HQ.	National	08.07.2024
18.	Dr Monika	Mastering Biomedical Systematic Literature Reviews: Methodologies, Challenges, and Tools by embase Elsevier	international	18.07.2024
19.	Dr. Suhas Chaudhary, R.O. (Ay.)	As a guest speaker/Resource person and given presentation on “Data based analysis of research in current era of Kaumarbhritya” at Webinar Balamritam 7.0organised by Parul Institute of Ayurved, Parul University, Gujarat.	University Level	04.08.2024
20.	Dr. Kishor Gavali, R.O. (Ay.)	As a guest speaker/Resource person and given presentation on “Autism: Challenges to new society and need of Ayurveda research” at Webinar Balamritam 7.0organised by Parul Institute of Ayurved, Parul University, Gujarat.	University Level	04.08.2024
21.	Dr. Kishor Gavali, R.O. (Ay.), Dr. Suhas Chaudhary, R.O. (Ay.)	A review meeting attended for central review of projects under SMART 1.0, under the chairmanship of respected DG, CCRAS.	CCRAS level	06.08.2024
22.	Dr S.K Vedi R.O (Ayu)	Training of IPD module and inventory module of AHMIS portal.	National	07.08.2024
23.	Dr Avinash K. Jain R. O. (ayu) and Dr Monika Kumari R. O (ayu)	Virtual meeting regarding the review on execution of the project "Assessment of acceptability of the Comprehensive Ayurveda-based health care approach in the tribal communityand effectiveness of individualized health care - Cluster randomized study" under THCRP-TSP held on organized by CCCRAS HQ	National	07.08.2024
24.	All research officers	World Tribal day meeting	institute	09.08.2024
25.	Dr Avinash K. Jain R. O. (ayu) and Dr Monika Kumari R. O	Review meeting for the status of THCRP organized by RARI Gwalier.	National	13.08.2024

26.	Dr. Avinash Kumar Jain (R.O. Ay.) Dr. Kalim Mohammad (SRF), Dr. Manu Bairawa (SRF)	"Investigators and Project Personnel Training for research oriented publication health care programme for the year 2024-25" organized by RARI, Lucknow	National	21.08.2024 to 22.08.2024
27.	Dr Sk Vedi R. O (Ayu) and PI, Dr Monika Kumari R.O. (ayu) and Co-I and SRF	online training program of project entitled 'General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle Cell Disease & Malnutrition) and Ayurveda management of Anemia & Malnutrition in students of Ekalavya Model Residential Schools (EMRS)" organized by CCRAS HQ.	National	02.09.2024
28.	Dr Monika Kumari R.O,(Ayu)	Dr. Monika Kumari has participated as delegate in "Research Ethics and GCP Training Program" on 05th September 2024 through virtual mode organized by NARIP, Cheruthuruthy, under, CCRAS, Ministry of Ayush	International	05.09.2024
29.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Participated in 15th Online Meeting of the Literary Focus Group by NIIMH, Hyderabad.	CCRAS level	23.09.2024
30.	Dr Avinash K. jain R. O. (ayu) and Dr Monika Kumari R. O	review meeting for the status of THCRP organized by RARI Gwalier.	National	27.09.2024
31.	Dr. B. R. Meena Assistant Director Incharge, Dr. Suhas Chaudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Attended Webinar on the topic of "Understanding Anemia: Cause, Diagnosis and Effective management strategies" on organised by MSRARI, CCRAS, Jaipur.	CCRAS level	30.09.2024
32.	Dr. S. K. Vedi, R.O. (Ay.)	"Review Meeting of EMRS"	National	03.10.2024
33.	Dr. S. K. Vedi, R.O. (Ay.)	"Review Meeting for 2 Day Training Program for Investigators & SRF at Nagpur"	National	03.10.2024
34.	Dr. S. K. Vedi, R.O. (Ay.)	"Review Meeting of EMRS"	National	07.10.2024
35.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Participated in Online Meeting of the Literary Focus Group by NIIMH, Hyderabad.	CCRAS level	23.10.2024
36.	Dr Sk Vedi R. O (Ayu) and PI, Dr Monika Kumari R.O. (ayu) and Co-I and SRF	Training program for Investigators and Project Personnel of "General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle cell Disease & Malnutrition) and Ayurveda management of Anaemia & Malnutrition in students of Ekalavya Model Residential Schools	National	24.10.2024 to 25.10.2024

		(EMRS)" scheduled at RARI, Nagpur		
37.	Dr. Suhas Chaudhary, R.O. (Ay.)	Review meeting of SMART-IDA Projects (Dhatri lauha, Punarnavadi mandura and Drakshavaleha) by Director General, CCRAS was attended.	CCRAS level	27.10.2024
38.	All research officers	Vigilance awareness workshop	CCRAS level	01.11.2024
39.	Dr. S. K. Vedi, R.O. (Ay.)	"DSMB Meeting"	National	05.11.2024
40.	Dr. S. K. Vedi, R.O. (Ay.)	"Reviewing Project of EMRS"	National	12.11.2024
41.	Dr. D. S. Rotwar R.O (Ayu.)	Online Symposium cum workshop on "Current Skills & Future possibilities" in AYURINFORMATICS (CSFP-AI) 2024	National level	11.11.2024 to 15.11.2024
42.	All research Officers	DRC cum IRC meeting was organized in the institute's seminar hall on 13.11.2024 to discuss the synopsis work of the Ph D scholars allotted to institute	National	13.11.2024
43.	Dr. Suhas Chaudhary, R.O. (Ay.),	Attended Webinar Series 'Kayaprabodhini' Episode 15 on the occasion of World Diabetes Day delivered by Prof. H. M. Chandola on the topic "Diabetes Mellitus with recent advances in its management: An Ayurvedic perspective" organized by the Department of Kayachikitsa, Institute of Teaching and Research in Ayurveda (ITRA), Jamnagar, Gujarat, India	National	19.11.2024
44.	Dr. Suhas Chaudhary, R.O. (Ay.)	Review Meeting for WCH-SCSP	CCRAS level	19.11.2024
45.	All research Officers	IEC meeting of pharmacovigilance and WCH	National	26.11.2024
46.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Avinash Kumar Jain, R.O. (Ay.)	Symposium on Research and Innovation in Ayurveda organized by CCRAS on the occasion of 56th foundation day at New Delhi	National	01.12.2024
47.	Dr. S. K. Vedi, R.O. (Ay.)	Field visit to review Ayush Program/activities under National Ayush Mission (N.A.M.)	National	02.12.2024 to 05.12.2024
48.	Dr. Suhas Chaudhary, R.O. (Ay.)	Virtual meeting attended regarding "A cross-sectional community-based study on knowledge, Attitude and Practices	CCRAS level	03.12.2024

		(KAP) related to menstruation among women of reproductive age".		
49.	Dr. Kishor Gavali and Dr. Suhas Chaudhary, R.O. (Ay.)	Review Meeting Attended for WCH-SCSP	CCRAS level	09.12.2024
50.	All research Officers	training on methodology for Prakriti Assessment	National	10.12.2024
51.	Dr. Suhas Chaudhary, R.O. (Ay.)	VC Meeting Regarding "Desh Ka Prakriti Prikshan" Attended.	CCRAS level	10.12.2024
52.	Dr Avinash K. Jain R. O. (Ayu) and Dr. Monika Kumari R. O (Ayu)	Meeting regarding E-CRF of CABHA	National	18.12.2024
53.	Dr. Kishor Gavali and Dr. Suhas Chaudhary, R.O. (Ay.)	Review Meeting for WCH-SCSP to discuss the status of the projects "A cross-sectional community-based study on knowledge, Attitude and Practices (KAP) related to menstruation among women of reproductive age" & "Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study" attended	CCRAS level	20.12.2024
54.	Dr. D. S. Rotwar R.O. (Ay.),	Proposal Submitted in the Focus group meeting for Focus group on Rheumatic and Musculo-skeletal Disorders organized by RARI, Gwalior	CCRAS level	22.12.2024
55.	Dr. S. K. Vedi, R.O. (Ay.)	"Training program for investigator and project personnel of EMRS"	National	24.12.2024 to 25.12.2024
56.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Training Workshop on "Pharmaco vigilance" in Ayurveda organized by RARI, Jaipur	State level	28.12.2024
57.	Dr. Kishor Gavali and Dr. Suhas Chaudhary, R.O. (Ay.)	Review Meeting attended for Smart IDA organized by MSRARI, CCRAS, and Jaipur.	Institute level	06.01.2025

58.	Dr. Avinash K. Jain R. O. (Ayu) and Dr. Monika Kamari R. O (Ayu)	virtual review meeting for the status of THCRP	National	09.01.2025
59.	All research officers	e-Office Training for All Peripheral Institutes	National	10.01.2025
60.	Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Participated in the Focus group meeting for Pediatric group organised by CARI, Mumbai.	CCRAS level	13.01.2025
61.	Dr. S. K. Vedi, R.O. (Ay.)	"Review meeting for the EMRS project"	National	14.01.2025
62.	Dr. B. R. Meena, Assistant Director Incharge, Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.)	3rd Alumni Meet-2025 cum Workshop on Agnikarma organised by National Institute of Ayurveda, (DU), Jaipur	National level	24.01.2025 to 25.01.2025
63.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.),	Participated and presented the Pre-proposal Concept note on Literary research entitled "आयुर्वेदोक्त दैवव्यपाश्रय चिकित्सा का पुनरवलोकनात्मक एवं विधिपूर्वक विश्लेषणात्मक अध्ययन" in the 16th Online Meeting of the Literary Focus Group	CCRAS level	29.01.2025
64.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.),	Participated and presented Literary Research Project Proposal entitled "Critical Analysis of Description of Daivavyapashraya Chikitsa in Ayurveda Texts" in the 28th Meeting of the Internal Scrutiny Committee (ISC) of CCRAS	CCRAS level	30.01.2025
65.	Dr Avinash K. Jain R. O. (Ayu) and Dr. Monika Kumari R. O (Ayu),	Meeting under the chairmanship of Deputy Director General, CCRAS to discuss the projects to be executed under public health research programmes viz. THCRP-TSP, AMHCP-SCSP & WCH-SCSP in 2025-26.	National	03.02.2025
66.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Avinash Kumar Jain, R.O. (Ay.) Shri Rakesh Kumar Mishra, Sister Incharge	Samyukta kshatriya Rajabhasha sammelan, Jaipur, rajasthan organised by Ministry of Home Affair, New Delhi	National level	17.02.2025

67.	Dr. Kishor Gavali and Dr. Suhas Chaudhary, R.O. (Ay.)	Review Meeting for WCH-SCSP was attended	CCRAS level	19.02.2025
68.	Dr. Kishor Gavali and Dr. Suhas Chaudhary, R.O. (Ay.)	Virtual meeting attended to discuss/finalize the areas selected for the projects "Documentation of ethno-dietary practices across the selected states of India" & "Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across Selected States of India" to be executed in 2025-26.	CCRAS level	21.02.2025
69.	Dr Kishor A gavali R. O. (Ayu), Dr Monika Kumari Research officer (Ayu)	Post graduate diploma in Epidemiology	National	01.03.2025
70.	Dr. B. R. Meena, Assistant Director Incharge, Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.)	Participated in a virtual Interactive sensitization session on "Responsibilities of Sponsor, monitoring and auditing of research projects"	CCRAS level	07.03.2025
71.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Participated as delegate in Investigators Training for Projects "Documentation of ethno-dietary practices indigenous to India across the selected States" and "Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals across selected States of India" under Research Oriented Public Health Care Programmes (THCRP-TSP, AMHCP-SCSP, WCH-SCSP and AHC-NE) organised by Regional Ayurveda Research Institute, Vijayawada.	National level	11.03.2025 to 12.03.2025
72.	Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.)	Participated in the Focus group meeting for Fundamental research and ICT organised by NIIMH, Hyderabad.	CCRAS level	17.03.2025
73.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.),	"CCRAS-Avalokan-2025" at Rajasthan International Center, Jaipur	National level	21.03.2025 to 22.03.2025

	Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)			
74.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Participated in the webinar for sensitization of the CCRAS Officer regarding CCRAS Publication Policy	CCRAS level	27.03.2025
75.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S. K Vedi, R.O. (Ay.) Dr. Bhuvnesh Kumar Sharma, R.O. (Ay.), Dr. Avinash Kumar Jain, R.O. (Ay.), Dr. Dara Singh Rotwar R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Suhas Choudhary, R.O. (Ay.), Dr. Kishor Gavali, R.O. (Ay.)	Participated in Quarterly Hindi Karyashala	Institute level	29.03.2025

(8) Organized Arogya Mela/ Exhibition/ Camps/ Others

S. No	Name of Mela/Exhibition/ Camp	Organizer	Duration & Place	Activities
1.	EMRS Niwai	MSRARI, Jaipur	20.09.2024 Niwai, Tonk	Incidental Medical Support and Awareness Lecture to the students.
2.	EMRS Danvav	MSRARI, Jaipur	29.09.2024 Danvav, Aburoad	Incidental Medical Support and Awareness Lecture to the students.
3.	EMRS Kherwara	MSRARI, Jaipur	30.09.2024 Kherwara, Udaipur	Incidental Medical Support and Awareness Lecture to the students.
4.	"State level Arogya Mela 2024-25"	Govt of Rajasthan	1st-4th March, 2025 at Jawahar Kala kendra, J.L.N. Marg, Jaipur	Dr. A.K.Jain was the co-ordinator from the institute. Free Medical camp, Prakriti Parikshan, IEC distribution, Display and sale of Council Publication
5.	"Unnat Rajasthan" – Unnata Jalore - 2025 Mega exhibition	Prayass events and excibition, New Delhi	6th – 8th March, Jalore	Dr. A.K.Jain was the co-ordinator from the institute. Free Medical camp, Prakriti Parikshan, IEC distribution, Display and sale of Council Publication
6.	100 days intensified campaign on TB elimination	MoH & FW and Ministry of Ayush New Delhi	7th December – 24th March, 2025	Dr. A.K.Jain was the co-ordinator from the institute. Display of IEC material, Awareness generation of all staff, awareness lecture in OPD, WCH and THCRP programme, registration of new Nikshay mitra and Nikshay shapath

(9) Achievements:-

- **BIS ISO 9001:2015 Certification** – In February 2025, the institute became the first under CCRAS to be awarded the BIS ISO 9001:2015 certification, recognizing its commitment to excellence in quality management systems.
- **FSSAI Certification** – The institute is compliant with food safety standards and certified by FSSAI.
- **NABH Accreditation –** The hospital has been continuously accredited by NABH since March 2023, ensuring ongoing adherence to high standards in healthcare services. Mid term survellience was successfully carried out during the reporting year.
- **NABL Accreditation –** The pathology and biochemistry laboratories of the institute have been continuously accredited by NABL since November 2023, maintaining

quality and reliability in laboratory services till date. Mid term survellience was successfully carried out during the reporting year.

- **Ph.D. Program Affiliation** – The institute has been affiliated by Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur to conduct Ph.D. programs in three Ayurveda subjects: Kayachikitsa, Basic Principles of Ayurveda, and Balroga, with a total of 13 seats.

III. CLINICAL RESEARCH (Since inception to 2023-24)

Clinical Research (in brief): Brief resume of the clinical work carried out (Disease wise) since inception up to 2023-24

(1) Title of the Project: Clinical study on Amavata

➢ Year and month of starting the study	1973-74
➢ Year and month of closure of the study	1974
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Shuddha Guggulu
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 18
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(2) Title of the project : To evaluate the therapeutic efficacy of Ayurvedic formulation in the management of Tamak Swasa

➢ Year and month of starting the study	1974-75
➢ Year and month of closure of the study	1975
➢ Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy	Swaskuthara Rasa + Kaphaketu Rasa + Sunthi Churna + Somlata Churna
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of Cases: 13
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(3) Title of the project :Clinical study on Amavata

➢ Year and month of starting the study	1974-75

- Year and month of closure of the study — 1975
- Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy — Sunthi+Guggulu
- Duration of treatment — 6 weeks
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group-I
No. of cases: 18
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(4) Title of the project:Role of Pippali+Haritaki Yoga in Shula Roga

- Year and month of starting the study — 1978
- Year and month of closure of the study — 1985
- Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy — Pippali+Haritaki Yoga
- Duration of treatment — 4 weeks
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group-I
No. of Cases: 132
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(5) Title of the project:Multicentric Clinical trial of AYUSH-64 on Malaria

- Year and month of starting the study — 1980-1981
- Year and month of closure of the study — 1999-2000
- Principal Drug therapies taken for clinical evaluation and supporting therapy(s) — AYUSH-64
- Duration of treatment — 3-7days
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group – I

No. of cases: 820

- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(6) Title of the project:To evaluate the therapeutic efficacy of coded drug AYUSH-56 in the management of Apasmara (Epilepsy)

- Year and month of starting the study — 1981
- Year and month of closure of the study — 1985
- Principal Drug therapies taken for clinical evaluation and supporting therapy(s) — AYUSH-56
- Duration of treatment — 90 days
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No.of Group- I
No. of Cases: 26
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(7) Title of the project:Clinical study on Amavata

- Year and month of starting the study — 1982-83
- Year and month of closure of the study — 1983
- Principal Drug therapies taken for clinical evaluation and supporting therapy(s) — ShuddhaGuggulu+Guducchyadi Kwath
- Duration of treatment — 6 weeks
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group: I
No. of cases: 05
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(8) Title of the project:To evaluate the therapeutic efficacy of Vasavaleha in the management of Tamak Swasa

➢ Year and month of starting the study	1980-81
➢ Year and month of closure of the study	1984
➢ Principal Drug therapies taken for clinical evaluation and supporting therapy(s)	Vasavaleha
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 47
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(9) Title of the project:To evaluate the therapeutic efficacy of Vasa Ghanvati in the management of Tamak Swasa

➢ Year and month of starting the study	1982-83
➢ Year and month of closure of the study	1984
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Vasa Ghanvati
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	**No. of Groups- I** **No. of cases: 08**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(10) Title of the project: To evaluate the therapeutic efficacy of Ayurvedic formulation in the management of Tamak Swasa

➢ Year and month of starting the study	1983-84
➢ Year and month of closure of the study	1984
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Bharangi+SunthiChurna
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 22
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(11) Title of the project: Role of Aralu in the cases of Udara Krimi Roga (Intestinal worm infestation)

➢ Year and month of starting the study	1983
➢ Year and month of closure of the study	1987
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Aralu
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. ofGroup-I No. of cases: 42
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(12) Title of the project:Clinical evaluation of compound formulation in the management of Sweta pradara

➢ Year and month of starting the study	1991
➢ Year and month of closure of the study	1992
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Ashwagandha Churna+Patrangasava+Nirgunditaila
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. ofGroup-I No. of cases: 21
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(13) Title of the project:Trial of Ashwagandha Churna in Amavata

➢ Year and month of starting the study	1998
➢ Year and month of closure of the study	1999
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Ashwagandha Churna
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: I No. of cases: 20
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(14) Title of the project:To evaluate the therapeutic efficacy of single/compound Ayurvedic preparation in the management of Gridhrasi (Sciatica)

➢ Year and month of starting the study	1986-87
➢ Year and month of closure of the study	1987
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	ShephaliGhanVati
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups-I No. of cases: 05
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(15) Title of the project:Clinical evaluation on the effect of Ayush-64+Guduchi Sattva+ Sphatika and Saptaparna Ghan Vati in Visham Jwara (Malaria)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	**Group-I** Ayush-64+Guduchi Sattva+Sphatika **Group-II** SaptaparnaGhanVati
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: 02 Total number of cases under each group: Group-I : 186 Group-II: 158
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(16) Title of the project: Clinical Evaluation of Shamana Chikitsa in the management of Amavata (Rheumatoid arthritis)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	**Group-I-** Sunthi+Guggulu+Godanti **Group –II-** Shallaki+Suranjan
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	**No. of Group**: **02** Total No. of cases under each Group: **Group- I- 175; Group-II- 144**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(17) Title of the project: Assessment of therapeutic efficacy of Shirish TwakKwath without Shodhana therapy in the management of TamakSwasa (Bronchial Asthma)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Shirish TwakKwath
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group–01 No. of cases- 172
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

Reproductive Child Health Care Programme

(18) Title of the project:Assessment of therapeutic efficacy of Ayurvedic drugs prescribed in the management of General debility(Daurbalya) without any apparent cause or due to malnutrition

➢ Year and month of starting the study	2000-2001
➢ Year and month of closure of the study	2007-2008
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I ManduradiAvaleha Group-II ManduradiVati
➢ Duration of treatment	12th weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups-02 No. of Cases under each group: Group-I: 56; Group-II: 45
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(19) Title of the project:To study the efficacy of certain drugs in the management of Balatisara

➢ Year and month of starting the study	2001-02
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I Vatsakadi GhanVati + Mustakarishta Group-II JatiphaladiVati+ Mustakarishta
➢ Duration of treatment	7 -10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups- **02** No. of cases under each group: Group-I:**73;** Group-II:**45**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(20) Title of the project: Evaluation of therapeutic efficacy of Ayurvedic management of Non specific cough and cold in children–Bala Kasa (0-5yr).

➢ Year and month of starting the study	2001-02
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I :Vasavaleha Group-II :Kantakariavaleha Group-III:Yastimadhu+Dadim+BanafsaChurna
➢ Duration of treatment	7 – 10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: 03 Cases under each Group: Group-I: **139;** Group-II: **91;** Group-III: **50**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(21) Title of the project:Evaluation of therapeutic efficacy of non specific cough and cold in children-BalaKasa (6 - 12yrs)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I: Chandramrita Rasa + Talisadi Churna Group-II: NardiyaLaxmivilas + Tankan + GodantiBhasma Group-III :Vasavaleha
➢ Duration of treatment	7 – 10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups**: 03** No. of Cases under each group: Group-I: **189;** Group-II: **62** Group-III:**76**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

Family Welfare Clinical Research Programme

(22) Title of the project: Evaluation of therapeutic efficacy as an oral contraceptive

- Year and month of starting the study — 2000-01
- Year and month of closure of the study — 2007
- Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy — 1. AC-4
  2. Group-I Pippalyadi Yoga
  Group-II- Neem Oil (Local contraceptive**)**
- Duration of treatment — Not defined
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Groups:
  1. AC-4- No. of Cases: **680**
  Group-I (Pippalyadi Yoga):
  No. of cases: **127**
  Group-II (Neem Oil):
  No. of cases: **25**
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

Table I

S.No.	Year	Group	Drug	No. of cases
1.	1978-2001	-	AC-4	680

(23) Title of the Project:Multicentric Open Clinical trial on Dhatrilauha in Iron deficiency Anaemia

- Year and month of starting the study — 31-03-2009
- Year and month of closure of the study — 27-12-2007
- Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy — Dhatrilauha
- Duration of treatment — 45days
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of cases: — 40 cases completed
  3 cases dropout
- Specific observation if any — None

(24) Title of the project:Multicentric Open Clinical trial on Dhatrilauha in Iron deficiency Anaemia

➢ Year and month of starting the study	27-08-2008
➢ Year and month of closure of the study	31-03-2009
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Dhatrilauha
➢ Duration of treatment	90days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group-01 No. of cases: 42 cases completed 9 cases dropout
➢ Specific observation if any	None

Vector borne diseases of Ayurveda and Siddha

(25) Title of the project:Documentation of reported episodes of treatment of vector bornediseases of Ayurveda and Siddha:

➢ Year and month of starting the study	13-05-2008
➢ Year and month of closure of the study	2010
➢ Total Claims	5 claims on Chikungunya and 11 claims on Malaria
➢ Specific observation if any	None

Pharmaco-Vigilance Programme

(26) Title of the project:National Pharmaco-vigilance programme for ASU drugs

➢ Year and month of starting the study:	21-01-2008
➢ Year and month of closure of the study:	Continue
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Total No. of Patients/cases	642
➢ Remarks	None of the cases showed any adverse effects.Mostly ADRs found in study are mild type which was subsiding after withdrawal of suspected drugs.

(27) Title of the project:Effect of "AYUSH QOL 2C" (Ayurvedic coded drug) in Stage III and IV Non Small Cell Lung Cancer to prevent side effects of Chemotherapy-A Randomized Phase II Feasibility & tolerability study

➢ Year and month of starting the study:	01-07-2010
➢ Year and month of closure of the study:	March 2013
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Total No. of Patients/cases	16 cases completed and 13 cases dropout

(28) Title of the project:Clinical evaluation of Punarnavadi Mandura and DadimadiGhrita in the management of iron deficiency Anaemia

➢ Year and month of starting the study:	June 2011
➢ Year and month of closure of the study:	May 2012
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Punarnavadi Mandura and Dadimadi Ghrita
➢ Duration of treatment:	84days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group: 01 No. of cases: 32 cases completed and 03 cases dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(29) Title of the project: Clinical Evaluation of Vyaghri Haritaki in the management of Bronchial Asthma (Tamaka Swasa)

➢ Year and month of starting the study:	June 2011
➢ Year and month of closure of the study:	May 2012
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Vyaghri Haritaki
➢ Duration of treatment:	84 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group: 01 No. of cases: 40 cases completed.

	01 cases dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(30) Title of the Project:Clinical Evaluation of SaptavinshatikaGuggulu and HaridraChurnain the Management of Type II Diabetes Mellitus

➢ Year and month of starting the study:	June 2011
➢ Year and month of closure of the study:	May 2012
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Saptavimshatika Guggulu and Haridra Churna
➢ Duration of treatment:	84 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group: 01 No. of cases: 34 cases completed 06 cases dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(31) Title of the project:Multi Centric Open Clinical Trial of Rajah Pravartini Vati in Kastarthava (Dysmenorrhea)

➢ Year and month of starting the study:	July 2011
➢ Year and month of closure of the study:	August 2012
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Rajah Pravartini Vati
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group: 01 No. of cases: 36 cases completed. 02 cases dropout

(32) Title of the project:Clinical Evaluation of Vatari Guggulu, Rasna Saptaka Kashaya and Brihat Saindhavadi Taila in the Management of Rheumatoid Arthritis

- Year and month of starting the study: September 2013
- Year and month of closure of the study: March 2015
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:

  Group – I
  1. Vatari Guggulu (AFI- Part I)
  2. Rasna Saptaka Kashaya (Sahasra Yoga)

  Group –II
  1. Vatari Guggulu (AFI- Part I)
  2. Rasnasaptaka Kashaya (Sahastra Yoga)
  3. Brihat Saindhavadi Taila (AFI- Part I)
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: Target 60 patients
  53 cases completed07 cases dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(33) Title of the project: Clinical Evaluation of Vasavleha in the Management of Stable Chronic Bronchitis

- Year and month of starting the study: January 2015
- Year and month of closure of the study: January 2016
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Vasavleha (API- Part II, Volume I)
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each

  No. of Group – 01
  Target 42 patients
  41 cases completed
  01 case dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(34) Title of the project: Clinical Evaluation of Navayasa Churna in the management of Iron Deficiency Anaemia

➢ Year and month of starting the study:	December, 2014
➢ Year and month of closure of the study:	September 2016
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Navayasa Churna (API-Part -II, Volume I, pg 49)
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 50 patients 49 cases completed 01 case dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(35) Title of the project: Clinical evaluation of Kanakasava and Trivrit Churna in the management of Bronchial Asthma (Tamaka Swasa)

➢ Year and month of starting the study:	January 2015
➢ Year and month of closure of the study:	June 2016
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Kanakasava (API-Part-II; Vol.-II: Pg. 31) Trivrita Churna (API-Part-I; Vol.-III; Pg. 213)
➢ Duration of treatment:	84 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 70 patients 68 cases completed 02 case dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(36) Title of the project: Clinical evaluation of Rudraksa Churna in the management of Essential Hypertension (Uccha Raktachapa)

➢ Year and month of starting the study:	July 2015
➢ Year and month of closure of the study:	June 2017

➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Rudraksa Churna (API-Part-I; Vol.-IV: Pg. 104-105)
➢ Duration of treatment:	84 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	**No. of Group – 01** Target 76 patients 69 cases completed 06 case dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(37) Project title: **Multicentric Placebo Controlled Clinical Study of Ayurvedic Coded Drug "AYUSH-A" in the management of Mild Bronchial Asthma (Tamaka Shwasa)**

➢ Approval of IMCRP:	Clinical Project 2015-16 (Claim Drug)
➢ Year and month of starting the study:	30.04.2016
➢ Name of Principal Investigator:	Dr. Avinash Kumar Jain, R.O. (Ay.)& Dr. Anu Bhatnagar, R.O. (Ay.),
➢ Name of Co- Investigator:	Dr. Gulab Singh Yadav,Asstt. Prof., Institute ofRespiratory Diseases, Jaipur Dr. H.M.L.Meena, R.O. (Ay.) Dr. B.R. Meena, R.O. (Ay.)
➢ Study Design:	Study Centres: 03 Sample Size: A total of 300 patients to be enrolled (100 patients per centre with 50 patients in each Group)
➢ Study Groups:	**Group-1:** Ayurvedic Treatment i.e.AYUSH-A (Coded Ayurvedic Herbal preparation) 2gm/day (Tablets of equal size three times in a day) **Group-2:** Patients taking Allopathic medicine + Matching placebo of Ayurvedic Treatment
➢ Duration of treatment:	14 weeks
➢ Interventions:	Ayurvedic Coded Drug "AYUSH-A"- 001 Matching placebo of Ayurvedic Treatment "AYUSH-A" – 002
➢ Date of IEC approval:	01.01.2016
➢ CTRI Registration Reference (for Clinical Trials) :	CTRI/REF/2016/03/011065

Chronological timeline & deliverables:

S. No.	Target	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Group-1	1-6 months	Achieved	-
	Group-2		Not achieved	Non-availability of the patients due to Inclusion criteria
2.	Group-1	7-12 months	Achieved	-
	Group-2		Not achieved	Non-availability of the patients due to Inclusion criteria

Brief Summary of the Project during 2016-17:

i. Study Screened Subjects: 34
ii. Enrolled Subjects: 31
iii. Study completed Subjects: 30
iv. Drop out Subjects: Nil
v. Study stopped 01

Summary of the project:

This Multicentric Research project is commenced under Clinical Project 2015-16.The target fixed in the study is 100 subjects in two groups: Group-1 (Only Ayurvedic Treatment **i.e.** Tab.AYUSH-A-001 (Coded Ayurvedic Herbal preparation) 2gm/day) and Group-2 (Allopathic medicine +Matching placebo of Ayurvedic Treatment i.e. Tab. AYUSH-A-002). The subjects presenting with the signs and symptoms of Mild Bronchial Asthma between age 18-60 years are selected from OPD of the Institute. Subjects fulfilling the Inclusion and Exclusion criteriaas per protocol and Case Record Form are registered in the study. The enrolled subjects are advised to take Tab. AYUSH A-001 (Ayurvedic Coded Drug) in Group-1 and Tab. AYUSH A-002(Matching placebo of Ayurvedic Treatment) in Group-2 in the dose of 3 tablets thrice a day for 84 days. After that, subjects are called to visit on every 14^{th} day interval for next examination till 84^{th} day along with the follow-up at the end of 14 weeks. During the reporting period 2016-17, 34 subjects have been screened, out of which 31 subjects are enrolled for the study i.e. 26 in Group-1 and 05 in Group-2 while 03 subjects were screen failure. Out of total enrolled 31 subjects, 26 subjects in Group-I and 04 subjects in Group-2 have completed the study and 01 subject was stopped the study because the project has been closed in May, 2017 under the guidelines of CCRAS Hqrs due to non-availability of subjects according to inclusion criteria. This drug has not shown any major adverse effect. **Project has been closed in May, 2017 under the guidance of CCRAS HQ.**

(38) Clinical Evaluation of Rasnadi Kvatha Churna (Maha), Trayodashanga Guggulu and BrihatSaindhavadya Taila in the Management of Osteoarthritis of Knee (JanugataSandhivata)

➢ Year and month of starting the study:	15.12.2017
➢ Year and month of closure of the study:	27th June, 2019
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	RasnadiKvatha Churna(Maha) (AFI – Part I, 4 : 28) Trayodashanga Guggulu (AFI – Part I, 5 : 4): BrihatSaindhavadyaTaila (AFI – Part I, 8 : 40).
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 60 patients Total cases Screened- 93, Enrolled-60, Completed-58 Dropped out-02.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(39) Validation of Prakriti Assessment Questionnaire/Scale

➢ Year and month of starting the study:	March, 2017
➢ Year and month of closure of the study	May, 2019
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ No of cases completed:	60
➢ Specific observation if any:	None

(40) Testing and validation of Tvak vikar proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study:- March, 2018
- Year and month of closure of the study:- April, 2018
- Whether the study is continuing? If not, reasons thereof: - Study completed
- Specific observation if any: - None

- No of cases completed 10

(41) Testing and validation of Pranavaha sroto vikar proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study: June, 2018
- Year and month of closure of the study: June, 2018
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

- No of cases completed: 10

(42) Testing and validation of grahani roga rogi pareeksha proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study: November, 2019
- Year and month of closure of the study: November, 2019

- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

- No of cases completed 10

(43) Pharmacoepidemiological study on safety and effectiveness of Rasaushadhies - Retrospective analysis

➢ Year and month of starting the study:	April, 2018
➢ Year and month of closure of the study:	March, 2019
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None
➢ No of cases completed	Retrospective data of IPD patients from 01-04-2012 to 31-03-2017 were compiled in given excel format and sent to headquarters time to time.

(44) Knowledge, Attitude and Practice towards Ayurvedic medicine use among the Diabetics - a cross sectional study in India

➢ Year and month of starting the study:	28.11.2018
➢ Year and month of closure of the study:	Nov.2020
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	- A cross-sectional**,** multi centric observational study
➢ Duration of treatment:	-
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	-664 cases surveyed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(45) Testing and validation of Pandu Proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- **Objectives:** Validation of **Pandu Proforma** under Validation and Reliability testing of Ayurveda Diagnostic tools
- **Sample Size:** 10
- **Intervention**: NA
- Date of initiation of the study: 01.03.2021
- Date of completion of the study: 27.03.2021.

(46) Clinical Evaluation of Drakshasava in the Management of Pandu (Iron Deficiency Anaemia

➢ Year and month of starting the study:	17.09.2018
➢ Year and month of closure of the study:	March 2021
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-Drakshasava (Bhaisajyaratnavali, Arsorogadhikara: 170-174; AFI Part II)
➢ Duration of treatment:	-84 days
➢ Diagnosis and response of therapy based on:	- Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	-01, target 60, enrolled 58, completed 46, dropout 12
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(47) A prospective non-randomized open label controlled interventional study on the effect of GuduchiGhanVati/ Sudarshan GhanVati as a prophylactic measure among Containment Zone population exposed to COVID 19" (at Bhilwara District, Rajasthan)

➢ Year and month of starting the study:	06.06.2020
➢ Year and month of closure of the study:	20.08.2020
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Group 1: GuduchiGhanVati/ Sudarshan GhanVati+ Standard Prophylactic Care Group 2: Standard Prophylactic Care + Sanitizer, mask and also printed IEC material
➢ Duration of treatment:	-30 days

- Diagnosis and response of therapy based on: - Both Ayurveda and modern parameters
- Number of groups and number of cases under each: -02, target 1500, 1472 were completed and 28 were dropped
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(48) A prospective non-randomized open label controlled interventional study on the effect of Guduchi Ghan Vati/ Sudarshan Ghan Vati as a prophylactic measure among Containment Zone population exposed to COVID 19 (at Ramganj area, Jaipur District, Rajasthan)

- Year and month of starting the study: 06.06.2020
- Year and month of closure of the study: 20.08.2020
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Group 1: GuduchiGhanVati/ Sudarshan GhanVati+ Standard Prophylactic Care
  Group 2: Standard Prophylactic Care + Sanitizer, mask and also printed IEC material
- Duration of treatment: -30 days
- Diagnosis and response of therapy based on: - Both Ayurveda and modern parameters
- Number of groups and number of cases under each: -02, target 1500, 1472 were completed and 28 were dropped
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(49) A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 - A community-based study

➢ Year and month of starting the study:	12 October, 2020
➢ Year and month of closure of the study:	January, 2021.
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	**Group-A (Intervention group):** Participants will receive **Ayurvrda Raksha Kit** Group 2: **follow Standard preventive measures of COVID-19** (liquid soap/soaps for hand wash and mask/masks will be provided)
➢ Duration of treatment:	-30 days
➢ Diagnosis and response of therapy based on:	- Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	-02, sample size for Intervention group and control group were 8900 and 1100 respectively
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(50) A Prospective Open Labelled Observational Study To Document The Potential Safety Issues And Prescription Trends In Selected Rasausadhi's In Ccras - Opd's Across India

➢ Year and month of starting the study:	08.01.2021
➢ Year and month of closure of the study:	05.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Laxmi Vilas rasa (Naradiya), Sutasekhar Rasa, Tribhuvankirti Rasa, Swasakuthar Rasa, ChandraprabhaVati, Gandhaka Rasayana, Rasa manikya Rasa, Smritisagara Rasa, Arogyavardhini Gutika, Mahayogaraja guggulu, Prabhakar Vati
➢ Duration of treatment:	1 week to 6 weeks
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	Target 110 and 92 were successfully completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(51) Collaborative Research Projects "Validation and reliability testing of diagnostic methods in Ayurveda" with National Institute of Ayurveda, Jaipur

➢ Year and month of starting the study:	03.01.2020
➢ Year and month of closure of the study:	31.08.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	-

➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	Patients of following 06 Diseases were enrolled and completed:- Grahani (29 patients), Shvasa (30 patients), Kasa (31 patients), Jvara (31 patients), Prameha (30 patients)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(52) Under IMR (Collaborative) project "Execution in PG thesis Studies on Swasthya Assessment Scale developed by CCRAS" (in collaboration with NIA, Jaipur)

➢ Year and month of starting the study:	13.12.2021
➢ Year and month of closure of the study:	31.12.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	NA
➢ Duration of treatment:	NA
➢ Diagnosis and response of therapy based on:	NA
➢ Number of groups and number of cases under each	Ist Phase:- Target sample size-200 completed. IInd Phase:- Target sample size-100 completed.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(53) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study" (IMR project under AMHCP-SCSP-2021-22)

➢ Year and month of starting the study:	14.09.2021
➢ Year and month of closure of the study:	09.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu taila
➢ Duration of treatment:	12 weeks (84 days)
➢ Diagnosis and response of therapy based on:	Ayurveda Swasthya Assessment Scale (SAS)
➢ Number of groups and number of cases under each	Target -70 participants (Gr.-I-35& Gr.-II-35)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(54) A Prospective Community Based Study for the evaluation of Punarnavadi Mandura in Anemia (Pandu) (IMR project under AMHCP-SCSP-2021-22)

➢ Year and month of starting the study:	12.10.2021
➢ Year and month of closure of the study:	20.04.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Punarnavadi Mandura-500mg., Twice daily just after food.
➢ Duration of treatment:	12 weeks (84 days)
➢ Diagnosis and response of therapy based on:	Moderate Anemia, Changes in disease specific symptoms, Tolerability, FACIT – Fatigue Scale

➢ Number of groups and number of cases under each	-01, 50 were completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(55) A prophylactic community based study to assess the impact of Ayu Raksha Kit in COVID-19 (IMR project under SCSP-2021-22)

➢ Year and month of starting the study:	15.02.2022
➢ Year and month of closure of the study:	22.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	01 Months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	Total target 693 [Gr-I-630 (Intervention) & Gr-II-63 (Control)]
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(56) A prospective community based study for the evaluation of Rajapravartani Vati in the Management of Primary Dysmenorhoea" (IMR project under RCH-SCSP-2021-22)

➢ Year and month of starting the study:	19.07.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Rajahpravartini Vati (Bhaishajyaratnavali, Strirogadhikar)
➢ Duration of treatment:	Before 07 days of the expected date of

	menstrual cycle and continued up to 03 days of the menstruation.
➢ Diagnosis and response of therapy based on:	Visual Analog Scale (VAS), WaLLID score, Hb status
➢ Number of groups and number of cases under each	Total target 50 participants
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(57) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in Women's of schedule Caste population in India- a Community based, cluster randomized controlled study" (IMR project under RCH-SCSP-2021-22)

➢ Year and month of starting the study:	19.07.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu Taila
➢ Duration of treatment:	3 months
➢ Number of groups and number of cases under each	Target -140 Participant (Gr-I 70 and Gr-II 70)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(58) Impact of Ayuraksha Kit in Covid-19- Community Based Prophylactic Study In Tribal population (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	16.02.2022
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	**Chyawanprash**- 6 gm OD in the morning **Ayushkwath** - 3 gm boiled in 150 ml of water filtered and consume once a day **SamshamaniVati** - Two tabs (250 mg each) twice a day with normal water **Anutaila** - Two drop in each nostril once a day
➢ Duration of treatment:	01 month
➢ Diagnosis and response of therapy based on:	COVID-19 like symptoms, Wisconsin Upper Respiratory Symptoms Survey (WURSS-24) questionnaire, WHO Clinical progression scale (10 point), Kessler Psychological Distress Scale (K10)
➢ Number of groups and number of cases under each	Total 2355 subjects have complete the study in group 1 where as 45 were dropouts, and 236 have completed the study in group 2 and 4 were dropout.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(59) A prospective community based study for the evaluation of DhatriLoha in the Management of Anemia (Pandu) (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Dhatri Lauha -500mg, twice a day for 03 months
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Change in hemoglobin percentage, disease specific symptoms, FACIT –Fatigue scale
➢ Number of groups and number of cases under each	Total 35 participants have complete.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(60) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Tribe population in India- a Community based, cluster randomized controlled study" (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu taila, diet and Lifestyle advocacy
➢ Duration of treatment:	12 week (84 days)
➢ Diagnosis and response of therapy based on:	
➢ Number of groups and number of cases under each	Total 70 participant (35 in each group)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(61) A prospective community based study for the evaluation of Yograj Guggulu, Ashwagandha Churna and Narayan Taila in Osteoarthritis Knee (Janugat Sandhivata) (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Yograj Guggulu, Ashwagandha Churna and Narayan Taila
➢ Duration of treatment:	
➢ Diagnosis and response of therapy based on:	Visual Analogue Scale (VAS), Ayurvedic disease specific symptoms of sandhi vata (sandhishula , Sandhishotha , Akunchana

	prasaranayoh vedana, Stambha, sandhisphutana), WOMAC Pain
➢ Number of groups and number of cases under each	-01, target 35, Completed 35
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(62) Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity)

➢ Year and month of starting the study:	24.11.2021
➢ Year and month of closure of the study:	23.09.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Vyoshadi Guggulu (AFI-Part-I, 5:9; API, Part-II, Vol.-II) and Vidanga Churna (API , Part –I, Vol. –II)
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Data is under analysis.
➢ Number of groups and number of cases under each	Total 66 subjects were screened. As per target 50 subjects were enrolled in the project; 37 subjects completed the study and 13 subjects drop out of study.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(63) Clinical evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)

➢ Year and month of starting the study:	25.07.2022
➢ Year and month of closure of the study:	31.01.2024
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Lekhaniya Gana Kashaya [Ch. Su.-4/9(3)] and Arogyavardhini Gutika (AFI – Part – I, 20:4; Pg 258)
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Data is under analysis.
➢ Number of groups and number of cases under each	Total of 50 patients were enrolled. Among them, 40 subjects completed the study successfully and 10 subjects were dropped out of the study.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(64) Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India (IMR project under AMHCP-SCSP-2022-23)

➢ Year and month of starting the study:	26.07.2022
➢ Year and month of closure of the study:	31.10.2022
➢ Study type	Prospective, Cross sectional, Multi centre survey study
➢ Duration of treatment:	-

➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	-01, target 185, Completed 185
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(65) A randomized placebo controlled trial of Ayush SR in Perceived stress (IMR project under AMHCP-SCSP-2022-23)

➢ Year and month of starting the study:	06.10.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	i. Group 1- Ayush SR (Ashwagandha Hydro-alcoholic extract) (Ref. API, Part-I, Volume, VIII, pg - 34-36) and Group 2- Placebo
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	PSS assessment scale.
➢ Number of groups and number of cases under each	Total sample size to be covered was 50 patients. Total 58 numbers of patients were screened, out of which 50 patients were enrolled; 47 patients were completed in study; 03 patients were drop out.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(66) Effect of Ayush SR on psychological status and quality of life of apparently healthy elderly population – A multicenter double blind placebo controlled study (IMR project THCRP under Tribal Sub-Plan-2022-23)

➢ Year and month of starting the study:	28.09.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Group 1- Ayush SR Tablet and Group 2- Placebo Tablet
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	PSS assessment scale.
➢ Number of groups and number of cases under each	02, Group I- 20 & Group II - 20
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(67) Cross sectional survey to determine the prevalence of Non-communicable Diseases) and their risk factor among Scheduled Tribes in selected states across India (IMR project THCRP under Tribal Sub-Plan-2022-23)

➢ Year and month of starting the study:	16.07.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	01, Total sample size 245 completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed

➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(68) Cross sectional survey to determine the prevalence of Non-Communicable Diseases and their risk factors among women belonging to scheduled castes across India (IMR project under WCH-SCSP 2022-23)

➢ Year and month of starting the study:	15.04.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	01, Total sample size 170 completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(69) Placebo controlled randomized trial of Ayush SR in Post Menopausal Syndrome (IMR project under WCH-SCSP 2022-23)

➢ Year and month of starting the study:	19.07.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Ayush SR (Ashwagandha Hydro-alcoholic extract) (Ref. API, Part-I, Volume, VIII, pg - 34-36)
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	-

➢ Number of groups and number of cases under each	02, (Group I- 20 & Group II - 20) Total 51 participants were screened, of which 40 patients were enrolled in the study. 38 patients successfully completed the tria with 2 drop-outs.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(70) Name of the Project: Documentation of the Life profile of luminaries in the field of Ayurveda.

➢ Year and month of starting the study:	02.01.2023
➢ Year and month of closure of the study:	31.05.2023
➢ Study type	Literary Research, Personal Interview based data collection
➢ Duration of treatment:	-
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	-
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Research Paper published in November 2024.

(71) Name of project: "Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study" (IMR project THCRP under Tribal Sub-Plan-2023-24)

- Year and month of starting the study: 21.11.2023
- Year and month of closure of the study: 31.03.2024
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:

With Articular manifestations only, Joint Pain, Stiffness, and minimal swelling:-

- Singhnad Guggulu
- Rasnasaptak Kashaya
- Brihat Saindhavadi tail - as per requirement

Articular manifestation with severe pain and swelling (boggy swelling/affusion elicited by fluctuation test, with elevated body and/or joint temperature and redness of joint):

- Singhnad Guggulu
- Rasnasaptak kashaya
- Guduchi Ghana vati (Sanshamani Vati)
- Dashanga Lepa(L/A) - as per requirement

Chronic RA with mild aching stiffness, fatigue, anemia:

- Singhnad Guggulu
- Rasnasaptak kashaya
- Punarnavadi Mandura**Incidental Medication:**
- Constipation: Triphala churna
- Mandagni: Vaishwanar churna
- Insomnia/Anxiety: Ashwagandha churna

- Duration of treatment: 12 months
- Diagnosis and response of therapy based on: -
- Number of groups and 01, Total sample size 40 completed

number of cases under each	
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

IV. CLINICAL RESEARCH (During the reporting period 2024-25)

Clinical Research (in brief): Brief resume of the clinical work carried out during the reporting period 2024-25:-

(1) Name of the Project: Clinical Evaluation of Lashunadi vati and Pippalyadyasava in the management of Agnimandya.

1. **Objectives:**
   - **Primary objective:**
     i. To evaluate the efficacy of *LashunadiVati* and *Pippaladyasava* in the management of Agnimandya.
   - **Secondary Objective:**
     i. To evaluate the safety of LashunadiVati and Pippaladyasava in the management of Agnimandya
     ii. To evaluate the well-being by Quality of life questionnaire SF-36.
2. **Outcomes measures:**
   i. **Primary outcome measure:** Change in sign and symptoms of Agnimandya (Time frame: 2 weeks)
   - **Secondary outcome measures:**
     - Change in Agnibala (Agni Pariksha tool developed by CCRAS).
     - Change in quality of life by using SF-36 Score.
3. **Sample Design:** Interventional-Randomized parallel group study.
4. **Sample Size:**110
5. **Approval of IMR:** IMR Annual action plan 2018-19.
6. **Target given by CCRAS head quarter:** 02 years.
7. **Timelines:**
   - Total Study Period: 24 months
   - Pre-trial preparation: 03 months
   - Recruitment: 18 months
   - Statistical Analysis: 03 months
   - Treatment duration for the patient: 02 weeks
   - Follow-up visit schedule: 01 week
   - Follow-up after stopping the trial drug: 01 week
8. **Interventions:**
   i. **Lashunadi Vati: API Part II, Vol. III, pg 128**
   - Dose: 2 Tabs. (500 mg) BD

- Dosage form: Vati (Tablets) of 250 mg
- Packing form: 15gm. per packing
- Route of Administration: Oral (to be kept in mouth till it dissolves)
- Time of Administration: Twice a day after food
- Duration of therapy: 2 weeks

ii. **Pippaladyasava: API Part II, Vol. II, pg 49**

- Dose: 15 ml BD with equal amount of water
- Dosage form: Asava
- Packing form: 450ml. per packing
- Route of Administration: Oral
- Duration: 02 weeks

9. **Study Groups**
   - Group I- Drugs
   - Group II- Diet & Lifestyle advocacy.
10. **Participating center along with PI:**

S.No.	**Name of the participating center**	**Name of PI/Co-PI**
1.	M.S. Regional Ayurveda Research Institute, Jaipur, Rajasthan. (Nodal Center)	**PI**: Dr. Dara Singh Rotwar, R.O.(Ay.) **Co-I**: Dr.V.B.Kumawat, R.O.(Ay.) **Co-II**: Dr. Suhas Choudhary, R.O.(Ay.)

11. **IEC approval:** Dated 06.12.2022.
12. **CTRI Registration No.:** CTRI/2023/01/049085 (Dated 18.01.2023)
13. **Date of Initiation of the Project:** 02.02.2023
14. **Date of Completion of the Project:** 03.09.2024
15. **Date of sanction/ of the project:** 21/04/2022 **(**F.No.3-76/2020-CCRAS/Admn/IMR/ Office Order No. 46/2022-23).
16. **Budget allocated: Rs.** 06, 89,000/-**:** (F.No.3-76/2020-CCRAS/Admn/IMR. 1742. dated 04.07.2022.(

S. No.	**Installment**	**Sanctioned Order**	**Date**	**Date of receipt of fund**

1.	**1st** (Rs1,50,000)	F.No.3-76/2020-CCRAS/ Admn/IMR/1742	04.07.2022	14.10.2022
2.	**2nd** (Rs.1,56,514)	F.No.H. Q-Proj 011/157/ 2023-Proj/2509	24.07.2023	24.07.2023
3.	**3rd** (Rs.40,000)	F. No.1- 33/cash/CCRAS/ 23-24/792	19.03.2024	19.03.2023
4.	**4th** (Rs.1,50,000)	Council's letter no. HQ-PROJ011/57/2023-PROJ/711.	07.05.2024	07.05.2024

17. **Current status of the study:**

No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
129	110	19	105	05	Nil

18. **Summary of the project: -** This Multi centric IMR clinical project entitled **"Clinical Evaluation of Lashunadi vati and Pippalyadyasava in the management of Agnimandya."** was approved by the council during 2022-23 vide office order no. 3-76/2020-CCRAS/Admn/IMR/46 dated 21.4.2022. Principal investigator of the project in this institute is Dr Dara Singh Rotwar, Research Officer (Ay.) and co-investigator is Dr V.B. Kumawat R.O.(Ay) and Dr. Suhas A. Chaudhary, R.O.(Ay). This project has been approved by Institutional ethical committee of MSRARI, Jaipur through approval no. is. F.5/Lab./Project/Ethic.com/2007-08/CRIA-JPR-3838/ (Dated 06.12.2022). The trial has been registered on CTRI and no. is CTRI/2023/01/049085. After CTRI, total 110 subjects have enrolled in two different groups. 51 subjects were completed out of 55 in Group-A and 53 subjects were completed out of 55 in Group-B. Total 110 subjects were enrolled and 105 were completed and 05 were dropout. No adverse effect was reported. Enrolment and follow up was completed of the subjects within stipulated time. Target has achieved.

19. **Relevant information if any,**

    1. Name of the institute: MSRARI, Jaipur

2.	Date of initiation of the study:	02.02.2023
3.	Date of Completion of the Project:	03.09.2024
4.	Duration of the study:	02 years
5.	Name of the Principal Investigator:	Dr. Dara Singh Rotwar, R.O (Ay.)
6.	Name of the Co-Investigator:	Dr. V. B. Kumawat, R.O (Ay.) Dr. Suhas A. Chaudhary, R.O (Ay.)

(2) Title of the project: Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.

1. **Objectives:-**
   - **Primary Objectives:-**
     i. To study the effect of Ayush-BR leham in weight for age z score of Moderately malnourished children aged 3 - 5 years
   - **Secondary Objectives:**
     i. To study the effect of Ayush-BR leham in anthropometric measurements of moderately malnourished children aged 3-5 years.
     ii. To study the effect of Ayush-BR leham in the frequency of illnesses in Moderately malnourished children aged 3-5 years
     iii. To study the safety of Ayush-BR leham in moderately malnourished children aged 3-5 years.
2. **Outcomes measures**
   - **Primary:-**
     i. Proportion of participants attaining a change in weight for age z score (WAZ) by 0.5 or more, as per WHO reference standards. (Time frame 16 weeks – at baseline, at every 2 weeks in the first 12 weeks followed by assessment at 16th week)
   - **Secondary**
     i. Changes in the anthropometric measurements (weight, height, mid upper arm circumference) (Time frame – at baseline, at every 2 weeks in the first 12 weeks followed by assessment at 16th week)
     ii. Change in the frequency of illnesses. (Time frame – at the baseline, 12th week and 16th week)
     iii. Safety assessment on the basis of biochemical parameters. ** (Time frame – at the baseline and 16th week)
3. **Brief Research Plan:**
   - Study Type : Prospective, Randomized controlled Trial
   - Study site : Institute OPD and outreach health care program
   - OPD's of MSRARI, Jaipur.
   - Purpose : Survey and OPD

- Masking : NA
- Control : Controlled
- Timing : Prospective
- End Point : Efficacy
- No. of Groups : 2
- Sample Size : 100 (50 in each group)

4. **Milestone with deliverables**
   - Preparatory Period (Recruitment of staff, Preparation of CRFs, Procurement of drugs etc.): 6 months
   - Subject Recruitment: 28 months
   - Treatment Period: 12 weeks
   - Follow up period: 4 weeks
   - Data verification, Statistical Analysis & report preparation: 2 months
5. **Intervention:**
   i. **Aravindasava** (AFI part I-Bhaishajyaratnavali, Balrogadhikar: 185-189)
   - Dose: 5ml two times a day
   - Dosage form: Asava
   - Anupana: Water
   - Route of administration: Oral
   - Time of administration : Twice/day before meal.
   - Duration of therapy:4 weeks in Group A and B

   ii. **Ayush-BR leham (Coded formulation newly developed by CCRAS)**
   - Dose: 10gm (in two divided doses)
   - Dosage form: Avaleha
   - Route of administration: Oral
   - Time of administration : Twice/day after meal
   - Duration of therapy: 8 weeks in Group A
6. **Participating centre along with PI and CO-I:**

S. No.	Name of the participating Centre	Name of PI	Name of CoI
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. Suhas Chaudhary, R.O. (Ay.) Dr. Monika Kumari Rotwar, R.O. (Ay.)

7. **Date of IEC approval:** 03.05.2023.
8. **CTRI Registration/Reference (for clinical trials):** CTRI/2023/07/055188
9. **Date of initiation: 15/09/2023**
10. **Budget allocated:** Rs. 25,16,800/- was sanctioned vide Council Office Order No. 1454/2022-23 dated 22.03.2023.
11. **Installment-wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 225600/-)	HQ.PROJ011/103/2023-PROJ-PART(1)/1077	23/05/2023	31/05/2023

2.	2nd (Rs. 220865/-)	HQ.PROJ011/103/2023-PROJ-PART(1)/1847	18/03/2024	21/03/2024
3.	3rd (Rs. 2,00,000/-)	HQ.PROJ011/103/2023-PROJ/426	26/04/2024	25/05/2024
4.	4th (Rs. 2,05,460/-)	HQ.PROJ011/103/2023-PROJ/4116	03/10/2024	26/10/2024
5.	5th (Rs. 2,30,000/-)	HQ.PROJ011/103/2023-PROJ/5610	09/12/2024	10/02/2025
6.	6th (Rs. 1,67,004)	HQ.PROJ011/103/2023-PROJ/7383	27/02/2025	18/03/2025

12. **Summary and current status of the project**: This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 1454/2022-23 dated 22.03.2023. Budget allocated was Rs. 25, 16,800/- (Council Office Order No. 1454/2022-23, CTRI registration done on 13/07/2023 CTRI no. - CTRI/2023/07/055188. IEC approval has been taken on 3.05.2023. Order of the medicine has been placed in CCRAS Headquarters via F.N. HQ-PROJ011/103/2023-PROJ/1222 (Arvindasava), & F.N. HQ-PROJ011/103/2023-PROJ/1223 (B.R. Leham), dated 29-05-2023. Medicines received and project has been initiated from 15/09/2023. The current status of the study is as follows:-

No of cases screened	**No of cases enrolled**	**Screening failure**	**No of cases completed**	**Drop outs**	**No of cases continuing**
149	67	82	50	06	11

1. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	15/09/2023
3.	Duration of the study:	03 years
4.	Name of the Principal Investigator:	Dr. Kishor A Gavali, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. Suahs Chaudhary, R.O. (Ay.) Dr. Monika Kumari, R.O. (Ay.)

(3) Name of Project: Randomized, Placebo control, Double blind clinical trial to evaluate the effect of Trikatu in Subclinical Hypothyroidism

1. **OBJECTIVES:**
   - **Primary Objective:**
     i. To evaluate the efficacy of Trikatu in the management of Subclinical Hypothyroidism.
   - **Secondary Objective:**
     i. To study the safety of Trikatu in the management of Subclinical Hypothyroidism.

2. **OUTCOMES:**
   - **Primary Outcome Measures:**
     i. Change in TSH
   - **Secondary Outcome Measures**
     i. Change in Antithyroid antibody
     ii. Change in fT3 and fT4
     iii. Change in Lipid profile.
     iv. Clinical assessment of safety profile through LFT and RFT.
     v. The advent of any biological intolerability/ADR/AE.
     vi. Change in status of Agni (Jatharagni Assessment).
     vii. Change in Quality of Life (SF-36) score.
3. **STUDY DESIGN:**
   - Study type : Randomized, Placebo control, Double blind
   - Purpose : Treatment
   - Masking : Blinded
   - Control : Placebo
   - Timing : Prospective
   - End point : Efficacy and Safety
   - No. of Groups : Two
   - Sample size : 270 (90 at each centre and 45 in each group)
4. **TIMELINES:**
   - Total Study Period : 2 years
   - Preparatory Period : 6 months
   - Recruitment : 13 months
   - Treatment Period : 84 days
   - Follow-Up Period : 28 days after stopping the trial drug
   - Statistical Analysis : 1 month
5. **INTERVENTIONS**:
   i. **Group I- Trikatu**
   - Dose : 1000 mg Powder
   - Dosage form : Tablet
   - Route of Administration : Oral
   - Anupana : Water
   - Time of Administration : Twice a day, 30 minutes before food
   - Duration of therapy : 84 days
   - Packing : 30 Tb

ii. **Group II- Placebo (Starch Powder/MCC)**

- Dose : 1000 mg Powder
- Dosage form : Tablet
- Route of Administration : Oral
- Anupana : Water
- Time of Administration : Twice a day, 30 minutes before food
- Duration of therapy : 84 days
- Packing : 30 Tablet.

6. **Participating Centre along with PI and CO-I**

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali	Dr. S.K.Vedi

7. **Date of IEC approval:** 04/07/2020 (F.5/Lab./Ethic.com. /2007-08CRIA/JPR/Tech./1536
8. **CTRI Registration/Reference (for clinical trials):**CTRI/2022/02/040430 [Registered on: 18/02/2022]
9. **Date of initiation:** 08.03.2022
10. **Budget allocated:** Rs. 24,46,400/- (Council's Order F.N 3-69/2020/-CCRAS/Admn/ IMR/1670 dated 23.07.2020)

11. **Installment wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 13,23,200)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/1670	23.07.2020	31.07.2020
2.	2nd (Rs.6,61,600)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/718	19.05.2021	22.05.2021
3.	3rd (Rs.3,33,550/-)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/986	09.06.2022	15.06.2022
4.	4th (Rs.2,44,177/-)	Council's letter no. . . . F.No. PROJ011/83/2023- PROJ-Part-I/986	19.05.2023	31.05.2023
5.	5th (Rs.3,96,150/-)	Council's letter no. . . . F.No. PROJ011/83/2023- PROJ-Part-I/6655	02.01.2024	14.03.2024
6.	6th (Rs.4,48,027)	Council's letter no. . . . F.No. PROJ011/83/2023- PROJ-Part-I/8901	23.03.2024	26.03.2024

7.	7th (Rs. 1,18,000/-)	Council's letter no. . . . F.No. PROJ011/83/2023- PROJ-Part-I/1100	22-05-2024	06-06-2024

12. **Chronological timeline & deliverables:** Study completed. All 90 study participants enrolled and completed data sent to HQrs for analysis.

13. **Summary and current status of the project**: This Research Project was allocated to institute under annual action plan 2019-20 on 16th March, 2020. As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 18-3-2020.Budget allocated was Rs.24,46,400 (Council's order no. F.N 3-69/2020/-CCRAS/Admn./IMR/1670. Dated 23.07.2020) CTRI registration completed by nodal centre RARIMD, Bengaluru. IEC approval has been taken on 4.07.2020. Order of the medicine has been placed in CCRAS Headquarters via F.N.3-69/2020-CCRAS/Admn./2720 dated 11-9-2020. Medicines received and project has been initiated from 8th March 2022. The study has been completed on 31.05.2024 and the status of the study is as follows:-

No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
1086	90	996	76	14	00

14. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	08.03.2022
3.	Date of Complition of study:	31.05.2024
	Duration of the study:	02 years
4.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. S.K.Vedi, R.O. (Ay.)

(4) Title of the project: Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)".

1. **Objectives:-**

- **Primary Objectives:-**

i. To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Punarnavadi mandura in the management of Iron deficiency anemia

- **Secondary Objectives:-**

i. To assess safety of Punarnavadi mandura in the management of Iron deficiency anemia

ii. To assess efficacy of Punarnavadi mandura in the management of Iron deficiency anemia.

2. **Outcomes measures**

- **Primary:-**

i. Assessment of the tolerability of the Ayurvedic intervention through reported incidence of treatment-emergent adverse events and serious adverse events during the study period [Time Frame: [Baseline to at the end of day 90].

ii. Assessment of treatment adherence through self-reported compliance log and used medication containers/strips. [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

- **Secondary:-**

i. Proportion of participants who withdrew/dropped out from the study due to adverse events and/or poor tolerability [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

ii. Change in the laboratory safety parameters from baseline (CBC, LFT, KFT) [Time frame: Baseline, at the end of 90th day]

iii. Mean change in Hemoglobin% from [Time frame: Baseline, at the end of 30^{th} day,60^{th} day, 90^{th} day]

iv. Change in haematological parameters (total RBC count, RBCs indices and Absolute Reticulocyte count) from baseline [Time frame: Baseline, at the end of 90th day]

v. Changes in parameters of Iron profile (Serum Iron, TIBC, ferritin and transferrin saturation levels) from baseline [Time frame: Baseline, at the end of 90th day]

vi. Proportion of participants who attained Hb% within the mild range (defined as Hb 11-11.9 g/dl as per WHO) [Time frame: Baseline, at the end of 30^{th} ay, 60^{th} day, 90^{th} day]

vii. Change in fatigue levels from baseline assessed through Functional Assessment of Chronic Illness Therapy-Fatigue (FACIT-F) scale [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

Brief Research Plan:

- Study Type : Interventional
- Study site : Multicenter (MUHS-Nashik, PIAR-Vadodara, YAC-Kodoli, ADAMC- Ashta)
- Purpose : Treatment
- Blinding : Open-label
- Masking : NA
- Control : Not Controlled
- Timing : Prospective
- End Point : Efficacy
- No. of Groups : 1
- Sample Size : 480 (120 at each centre)

3. **Milestone with deliverables**

Total Study Period: 24 months
Preparatory phase: 03 months
Recruitment: 18 Months
Statistical Analysis: 2 months
Study report: 1 month
Treatment Period: 90 days (3 months)

4. **Intervention:**

Drug: Punarnavadi Mandura: Ayurvedic pharmacopoeia of India. Part-II. Vol.-III, first edition, 2010, page no 132-134
Detailed posology (Dose/Duration/ Anupana/Time of administration/Dosages form etc.)
Drug: Punarnavadi Mandura
Dose: 500 mg BD
Dosage form: tablet form
Route of administration: Oral
Time of administration: one hour after the meals
Anupana: Luke warm water
Duration of therapy: 3 months

Note: De-worming will be done in all the study participants by administering single dose of 1 tablet of 400 mg Albendazole prior to the administration of trial interventions.

5. **Participating centre along with PI and CO-I:**

S. No.	Name of The Participating Centre	Name of Pi	Name of Coi
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. Suhas Chaudhary, R.O. (Ay.)
2.	Maharashtra University of Health Sciences	Dr. Milind Nikumbh	Vd. Shweta Telang- Chaudhari
3.	Parul Institute of Ayurved And Research, Parul University.	Dr. Vaishali Shailesh Deshpande	Dr. B. G. Kulkarni
4.	Yashwant Ayurvedic College, P.G.T. & R.C., Kodoli	Dr. Suryakiran Parashuram Wagh	Dr. Sachin Shashikant Khot Dr. Ashok Patil
5.	Sant Dnyaneshwar Shikshan Sanstha's, Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta,	Dr. Jayvant Vasant Kharat	Dr. Varsha Sadashiv Khot Dr. Parag Narayan

6. **Date of IEC approval:**

1.	MUHS, NASHIK	20/10/2023
2.	ADAMC, ASHTA	07/08/2023
3.	YAC, KODOLI	01/08/2023
4.	PIAR, VADODARA	18/07/2023

7. **CTRI Registration/Reference (for clinical trials):** CTRI/2023/05/053299
8. **Date of initiation:**

S. No.	Institute name	Date of Inititation
1.	MSRARI, JAIPUR	06/10/2023
2.	MUHS, NASHIK	01/01/2024
3.	ADAMC, ASHTA	27/01/2024
4.	YAC, KODOLI	27/01/2024
5.	PIAR, VADODARA	01/02/2024

9. **Budget allocated: Total Budget – 1,21,24,324/-**
(MSRARI, Jaipur- Rs. 22,91,200/-, **MUHS, Nashik-** 25,17,816/-, **ADAMC, Ashta-** 24,38,436/-, **YAC, Kodoli**-24,38,436/-, **PIAR, Vadodara-** 24,38,436/- was sanctioned vide Council Office Order No. 76/2023-24 dated 28.04.2023.

10. **Installment-wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
For MUHS, Nashik				
1.	1st (Rs.12,22,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
2.	2nd (Rs. 11,75,360/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8260 dated 25-03-2025	25-03-2025	31-03-2025
For YAC, Kodoli				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
2.	2nd (Rs. 11,37,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8260 dated 25-03-2025	25-03-2025	31-03-2025
For PIAR, Vadodara				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
2.	2nd (Rs. 11,37,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8260 dated 25-03-2025	25-03-2025	31-03-2025
For ADAMC, Ashta				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
2.	2nd (Rs. 11,37,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8260 dated 25-03-2025	25-03-2025	31-03-2025
For MSRARI, Jaipur				
1.	1st (Rs. 3,48,900/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04-05-2023
2.	2nd (Rs. 68,881/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/6783 dated 05-1-2024	05.01.2024	31-01-2024

3.	3rd (Rs. 2,62,470/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8457 dated 13-03-2024	13-03-2024	20-03-2024
4.	4th (Rs. 2,63,960/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/626 dated 03-05-2024	03-05-2024	29-05-2024
5.	5th (Rs.2,59,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/4259 dated 09-10-2024	09-10-2024	30-10-2024
6.	6th (Rs. 2,00,000/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/5767 dated 12-12-2024	12-12-2024	16-01-2025
7.	7th (Rs. 1,75,000/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/725 dated 18-02-2025	18-02-2025	11-03-2025

11. **Summary and current status of the project**: This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 76/2023-24 dated 28.04.2023. As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 21/03/2023. Budget allocated was **Rs. 1,21,24,324/-** (Council's Order No. 76/2023-24 dated 28.04.2023), CTRI was done by nodal institute MSRARI, Jaipur with registration No.- CTRI/2023/05/053299. IEC approval has been taken from all four collaborative institutes. Medicines received and project has been initiated at all participating institutes. The current status of the study is as follows:-

Name of the Institute	No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
5. MUHS, Nashik	177	82	95	64	09	09
6. Yac, Kodoli	361	111	250	62	18	31
7. PIAR, Vadodara	190	87	103	55	07	25
8. ADAMC, Ashta	153	82	71	50	15	17

Relevant information, if any:

1. Name of the institute : MSRARI, Jaipur
2. Duration of the study: 02 years
3. Name of the Principal Investigator: Dr. Kishor A Gavali, R.O. (Ay.)
4. Name of the Co-Investigator: Dr. Suhas Chaudhary, R.O. (Ay.)

13. **Details of the participating institute**

Name of the institute	Date of initiation of the study	Duration of the study	Name of the Principal Investigator	Name of the Co-Investigator
1. MUHS, Nashik	01/01/2024	02 years	Dr. Milind Nikumbh	Vd. Shweta Telang-Chaudhari
2. Yac, Kodoli	01/02/2024	02 years	Dr. Suryakiran wagh	Dr. Sachin Shashikant Khot, Dr. Ashok Patil
3. PIAR, Vadodara	27/01/2024	02 years	Dr. Vaishali Shailesh Deshpande	Dr. B.G. Kulkarni, Dr. Divya B.
4. ADAMC, Ashta	27/01/2024	02 years	Dr Jayvant Vasant Kharat	Dr Varsha Sadashiv Khot, Dr Parag Narayan

(5) Name of the Project: Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study-

1. **Objective:**

- **Primary:**
  i. To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals

- **Secondary:**
  i. To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
  ii. To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
  iii. To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals

2. **Study outcome measures:**
   i. Proportion of the prevalent disease conditions for which treatment sought from the Ayurveda healthcare facilities in the DGAFMS hospitals assessed by a survey of the visiting patients through structured questionnaire

   ii. Identification of select disease conditions on which clinical studies may be planned in order to evaluate the therapeutic efficacy of Ayurveda interventions in their management.
3. **Study type:** Cross-sectional survey
4. **Grouping:** One
5. **Sample Size:** The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.
6. **Approval of IMR: 31.05.2023 (IMR Annual action plan 2023 – 24)**
7. **Target given by CCRAS Headquarters:** The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals.
8. **Timelines:**

Total Study Period	:	16 Months
Pre-study preparation	:	2 Months
Recruitment	:	14 Months
Period of data claction	:	12 Months
Period of data analysis	:	2 Months

9. Participating Centre along with PI: MSRARI, Jaipur, Rajasthan; PI: Dr. B.R. Meena Assistant Director In-charge, MSRARI Jaipur
Military Hospital, Jaipur, Rajasthan; PI: Col. S.K. Saharan M.O., Military Hospital Jaipur

9. **IEC approval**: 22.06.2023
10. **CTRI registration No**: NA
11. **Date of initiation of the project**:20.07.2023
12. **Budget allocated**: 7, 98,200/-.

Installment wise release:-

S. No	Installment	Sanctioned Order	Date
1.	Ist Rs. 4,86,920/-	F.No.HQ-Proj011/144/2023-Proj/210	31.05.2023
2	2nd Rs.54,756	F.No.HQ-Proj011/144/2023/Proj-Part(1)/8726	19.03.2024

13. Chronological timeline &deliverables :-

S.No.	Time line	Achieved /Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	**NA**
2.	3-14 months	Continuing	**NA**
3.	14-16 months	_	**NA**

14. **Current status of the study:** completed in july 2024

Summary of the Project: This IMR collaborative research project titled: Morbidity and Healthcare-seeking behaviourof the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study'' was allotted under IMR Annual action plan. The total duration of the study is 16 Months. The budget sanctioned for the project is Rs. 7, 98,200/-. The first installment of Rs. 4, 86,920/-has been received on 31/05/2023 for the Initiation of the study. Total 536 patients were surveyed. The study is completed in July 2024.

15. **Relevant information if any**,

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	20.07.2023
3.	Date of completion of the study:	July, 2024
4.	Duration of the study:	16 Months
5.	Name of the Principal Investigator:	Dr. B.R. Meena Assistant Director In-charge ,MSRARI Jaipur Col. S.K. Saharan M.O., Military Hospital Jaipur
6.	Name of the Co Investigator:	Col. (Dr.)Rajneesh Joshi MBBS MD (PSM) Dr. Monika Kumari R.O (Ay.)

(6) Project Title: Tolerability, treatment adherence and effectiveness of Ayurvedic Intervention in the management of moderate Malnutrition in students of selected Ekalavya Model Residential Schools: a multicentre collaborative study. (Collaboration with ICMR-NIRTH Jabalpur)-

OBJECTIVES:

Primary objective

To evaluate the effectiveness of Ayurvedic Intervention (*Arvindasava* and *Drakshavaleha)* in moderate malnutrition among students of selected Ekalavya Model Residential Schools.

Secondary objectives

i. To assess the tolerability of Ayurvedic Intervention in malnutrition among students of selected Ekalavya Model Residential Schools.

ii. To assess the treatment adherence for Ayurvedic intervention in malnutrition among students of selected Ekalavya Model Residential Schools.

Brief Research Plan:

- The study participants will be selected from students screened for malnutrition from selected Ekalavya Model Residential Schools as per the eligibility criteria. The study will be initiated as per GCP guideline after receiving approval from the Institutional Ethics Committee (IEC) and registering the study at CTRI.
- The eligible Students will be enrolled in study after getting assent and consent from their parents/guardian/teacher of Ekalavya Model Residential Schools in writing regarding their participation in the study.
- The participants will be screened by heamatological & biochemical investigations and anthropometric measurements viz. Complete blood Count (CBC**),** Liver Function Test, Renal Function Test, Weight, Height, and BMI. Detailed Demographic data, Medical, dietary history, physical examination, Biochemical parameters, anthropometric measurements Weight, Height, BMI details of concomitant medications, of the enrolled participants will be recorded.
- Height and weight will be collected using a Stadiometer and digital weighing scale, respectively the participants will receive the intervention medicine for 90 days with instructionsabout dose & dosage to consume the medicines.
- Contact number of the investigator along with address of the CCRAS institute will be provided to all the participants at the time of enrolment. All the participants will be instructed to inform about any Adverse Event if happens during the study period.
- All participants will be followed up at end of every month for 3 months for any change in Weight, Height, BMI Age z score and sign and symptoms of malnutrition.
- All the data will be collected in the case record form. During every follow up visits rescue medication if required will be given and recorded in CRF.
- Confidentiality of the data will be maintained.
- After the completion of the study the data will be analyzed including multivariable logistic regression analysis and published without disclosing the personal identification of the participants.
- World Health Organization (WHO) Anthro Plus software will be used to derive the BMI-for-age z-score (BAZ). WHO standard classifications will be followed to define the outcome variables (Stunting as HAZ < −2 standard deviation (SD), Thinness as

BAZ < −2 SD, Overweight as BAZ > +1 SD, and Obesity as BAZ > +2SD).

OUTCOMES:

Primary Outcome measures:

i. The proportion of participants attaining a change in BAZ as per WHO Child Growth Standards, a change in weight and the Recovery rate (number of malnourished children recovered divided by the total number of malnourished children) [Time frame: at baseline, and at the end of 3rd month and 6th month].

Secondary Outcome Measure:

i. Assessment of the tolerability through reported incidence of treatment-emergent adverse events and serious adverse events [Time frame: at baseline, and at the end of 3rd month and 6th month]
ii. Assessment of treatment adherence through self-reported compliance log and used medication containers/strips. [Time frame: at baseline, and at the end of 3rd month and 6th month]
iii. Proportion of participants who withdrew/dropped out from the study due to adverse events and/or poor tolerability [Time frame: at baseline, and at the end of 3rd month and 6th month]

Inclusion criteria:

i. Students studying in the selected EMR School of age 10-18 years of either gender diagnosed as having moderate malnutrition as per WHO Z Score criteria (BMI for Age Z Score)
ii. Students who had no intention of leaving the schools until the end of the study will be included in this study.
iii. Child Assent and Parents/ gaurdian willing to provide a written informed consent form for the participation of their children

The moderate malnutrition to be diagnosed as WHO Z Score
BAZ ≥ −3 and < −2 z-score

Exclusion criteria

i. School students who will not be able to respond to interview and who have physical disability including deformity such as kyphosis, scoliosis, and limb deformity which prevents standing erect for anthropometric measurement.
ii. Students known as having pitting edema.
iii. Known cases having digestion and absorption diseases that affect ingestion, gastrointestinal motility and/or protein catabolism viz gastroesophageal reflux disease, irritable bowel syndrome, gastroparesis, functional dyspepsia, cystinuria, celiac and Crohn's disease etc.
iv. Known cases of underlying chronic diseases that may affect growth (cardiac, renal, tuberculosis, liver disease, HIV/AIDS), neurological or hereditary disease.
v. School students who are known cases of acute and chronic systemic diseases such as diabetes mellitus, hypertension, psychiatric, hormonal illness etc
vi. Child with congenital abnormalities needing medical/surgical intervention
vii. Students on medications which interfere with study outcome measurements.
viii. Any other condition that the investigator considers may jeopardize the study.

Diagnostic criteria:
WHO Z Scores (BMI for age) as per Growth reference data for 5-19 years

STUDY DESIGN:

Study Type	Open label, Interventional, Multicentre, Single arm study.
Purpose	Screening & Treatment
Masking	Nil
Control	Not Controlled
Timing	Prospective
No. of Groups	One
Sample Size	550 (Total sample size for selected EMRSs)
Sampling	Convenience sampling
Centers	57 Ekalavya Model Residential Schools

INTERVENTIONS:

Drug/Intervention references (Classical textual/API/AFI/Publications, if available): Detailed posology (Dose/Duration/ Anupana /Time of administration/Dosages form etc.):

- ***Arvindasav* -(AFI, Part – I, 1:4, pg- 44-46)Dose**: 10 ml Twice daily
  Dosage form: Liquid
  Rout of Administration: Oral
  Time of Administration: just after food.
  Packing form:
  Anupana: equal quantity of water
  Duration of Therapy: 45 days
- **Drakshavaleha - AFI, Part – I, 3;15, pg- 40Dose**: 6g Twice daily
  Dosage form: Avaleha
  Rout of Administration: Oral
  Time of Administration: just after food.
  Packing form: Pack of 400grm.
  Anupana: water
  Duration of Therapy: 6 months

Overall Summary and current status of the project:

This Collaborative Clinical Research Project was allocated to institute by the CCRAS, New Delhi on 05 March, 2024. Total budget of Rs**.** 67, 21,420/- was sanctioned to institute vide CCRAS Order 1412/2023-24 dated 05th March, 2024. Applied for CTRI registration by the Council. IEC approval has been obtained. Project has been initiated at allotted 03 EMRS with organizing Incidental Medical Support Camps and delivering awareness lectures and Yoga/ sports activities (At EMRS, Niwai, Tonk on 20.09.2024; at EMRS Danvav, Aburoad, Sirohi on 29.09.2024 and at EMRS, Kherwara (Rishabhdeo, Udaipur on 30.09.2024)**.** Health Screening by ICMR-NIRTH Jabalpur team and Enrollment of the participents yet to be initiated. During the reporting period total 907 new patients and total 50 follow up patients were attended and treated in incidental medical support camps at selected EMRS for various

common ailments. The total 143 Awareness lectures were delivered to aware the students about program and Ayurveda.

Relevant information, if any:

1.	Name of the Institute/Unit	:	M.S.R.A.R.I., Jaipur
2.	Name of Principal Investigator	:	Dr. S. K. Vedi R.O. (Ay.)
3.	Name of Co- Investigator 1	:	Dr. Monika Kumari, R.O. (Ay.)
4.	Name of Co- Investigator 2	:	Dr. B. R. Meema (Assistant Director Incharge)

(7) Name of Project: "Effectiveness of Ayurveda-Based lifestyle Advocacies and Practices on Quality of Life among Children of Ekalavya Model Residential Schools in India." (Collaboration with ICMR-NIRTH Jabalpur)-

OBJECTIVES:

Primary objective

i. To assess the effectiveness of Ayurveda-based lifestyle Advocacies and Practices on Quality of Life among students of selected EMRSs in India.

Secondary Objective

i. To assess the effectiveness of Ayurveda-based lifestyle Advocacies and Practices on oral health of the students of EMRSs

ii. To assess adherence of students to Ayurveda-based lifestyle Advocacies and Practices

OUTCOMES:

Primary Outcome measures

i. Any change in Quality of life assessed through the PedsQol generic core scale

Secondary Outcome Measure

i. Any Change in Oral Health Assessment Tool (OHAT) score at Baseline, 6^{th}, 12^{th} month visits

ii. Proportion of participants adhering (> 60%) Ayurveda-based lifestyle Advocacies and Practices throughout duration of intervention.

STUDY DESIGN:

Study Type	Prospective, open-label, double-arm interventional study.
Purpose	To evaluate the effect of Ayurveda-based lifestyle advocacies and Practices in EMRS students.
Masking	Nil
Control	Controlled
Timing	Prospective
No. of Groups	Two

Sample Size	The total sample size is 180 approximately in each group. (Total 6 centers/institutes)
Sampling	Convenience sampling
Centers	6 CCRAS peripheral institutes (12 EMRS)

TIMELINES:

- **Duration of intervention:** 12 Months
- **Total Study period:** 12 Months

INTERVENTIONS:

Group-1 Ayurveda-Based lifestyle Advocacies and Practices [Dashan Sanskar Churna for tooth Cleaning (*Danta dhavan)* & Til Taila for foot massage (*Padabhyanga*)] **through BCC modules**, monthly awareness lectures for 1 year.

Group-2 (Control Group): Participants in this group will be on their routine lifestyle.

Participating centre along with PI and CO-I:

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	M. S. Regional Ayurveda Research Institute, Jaipur	Dr. S. K. Vedi, R.O. (Ay.)	Dr. Monika Kumari R.O. (Ay.) Dr. B. R. Meena ADI/C (Ay.)

Date of IEC approval: Ref.F.5/Labs/Project/Ethics/2007-08CRAI-JPR/Part-1/ Date 05.07.2024

Date of CEC approval: Ref. F. No. 1-12/2020/CARI/Tech./(CEC)214 14.06.2024

- **CTRI Registration:** Applied for CTRI Registration by CCRAS Hq. (REF/2024/09/092028 DI)
- **Date of Initiation:** To be started. (with organizing camps for incidential medical support, delivering awareness lectures, yoga activities etc.)

Chronological timeline & deliverables: Study to be initiated.

Overall Summary and current status of the project:

This Collaborative Clinical Research Project was allocated to institute by the CCRAS, New Delhi on 05 March, 2024. Total budget of Rs**.** 67,21,420/- was sanctioned to institute vide CCRAS Order 1412/2023-24 dated 05th March, 2024. Applied for CTRI registration by the Council. IEC approval has been obtained. Project has been initiated at allotted 03 EMRS with organizing Incidental Medical Support Camps and delivering awareness lectures and Yoga/ sports activities (At EMRS, Niwai, Tonk on 20.09.2024; at EMRS Danvav, Aburoad, Sirohi on 29.09.2024 and at EMRS, Kherwara (Rishabhdeo, Udaipur on 30.09.2024**).** Health Screening by ICMR-NIRTH Jabalpur team and Enrollment of the participents yet to be initiated. During the reporting period total 907 new patients and total 50 follow up patients were attended and treated in incidental medical support camps at selected EMRS for various

common ailments. The total 143 Awareness lectures were delivered to aware the students about program and Ayurveda.

Relevant information, if any:

5.	Name of the Institute/Unit	:	M.S.R.A.R.I., Jaipur
6.	Name of Principal Investigator	:	Dr. S. K. Vedi R.O. (Ay.)
7.	Name of Co- Investigator 1	:	Dr. Monika Kumari, R.O. (Ay.)
8.	Name of Co- Investigator 2	:	Dr. B. R. Meema (Assistant Director Incharge)

(8) Name of the Project: "Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study" (IMR project under WCH-SCSP 2023-24 completed in August 2024)-

1) Objectives-

- **Primary Objectives:**
  i. To assess the effectiveness of Rajapravartani Vati and Saraswatarishta in the management of pain in Dysmenorrhoea.
- **Secondary Objectives:**
  i. To assess the effectiveness of Rajapravartani Vati and Saraswatarishta on the psychosomatic status in Dysmenorrhoea.
  ii. To assess the tolerability of Ayurvedic formulation Rajapravartini Vati and Saraswatarishta in Dysmenorrhoea

2) Outcomes measures:

- **Primary Outcome Measure**

Change in Visual Analog Scale (VAS) for pain ranged from 0 millimeters)mm) (no pain (to 100 mm)worst possible pain ((Annexure II)

[**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]

- **Secondary Outcome Measures-**
  i. Change in disease specific symptom by means of total WaLLID score. [**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]
  ii. Changes in the psychosomatic status of the study participants by using MOOS Menstrual Distress Questionnaire [**Time Frame**: At base line and at the end of 3rd cycle]
  iii. Occurrence of treatment emergent adverse events during the study period [**Time Frame**: baseline upto at the end of 3rd cycle]
  iv. Use of Analgesic medication (dosage & frequency of medication used) [**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]

3) Study Design:

Study Type: Prospective multicenter community-based study
No. of Groups: one
Randomization: NA
Masking: NA
Endpoints: Effectiveness
Sample Size: 460 (46 in each institute)
Considering the prevalence of Dysmenorrhea to be 50%, the estimated sample size is 384. Adding an attrition rate of 20% the sample size is estimated as 460.

4) **Drug/Intervention references:**
   i. **Rajahpravartini Vati (Bhaishajyaratnavali, Strirogadhikar)** [(AFI – Part I, 12 :25) (API Part 2 vol. 3)]

Dose: 500mg (2 tablets) twice daily
Dosage form: Tablet of 250 mg each
Route of Administration: Orally
Time of Administration: Before 07 days of the expected date of menstrual cycle and continued up to 03 days of the menstruation.
Anupana: Lukewarm Water
Duration of therapy: 3 cycles

   ii. **Saraswatarishtam (Bhaishajya Ratnavali, Rasayanadhikara:178-184) AFI Part 1 (1:36)**

Dose: 10 ml at bed time
Dosage form: Asava
Route of Administration: Orally
Time of Administration: after meals
Anupana: 20ml of Lukewarm Water for 12 weeks (84 days)
Duration of therapy: 12 **wee**ks (84 days)

5) **Timelines:**
- Total Study period**:** 12 months
- Preparatory period: 2 months
- Recruitment: 3 months
- Intervention: a) Rajapravartani Vati – 10 days each cycle for 3 cycles
  b) Saraswatarishta - 12 weeks (84 days)
- Follow-visits: at the end of 1^{st}, 2^{nd} 3^{rd}, 4^{th}, 5^{th} and 6^{th} menstrual cycle including 3 cycles without treatment
- Statistical analysis: 1 month

6) **Chronological timeline & deliverables: -** Completed on 24.08. 2024
7) **Current status of the study:** Completed
8) **CTRI Registration:** CTRI/2023/07/054617, Registered on 03/07/2023 - Trial Registered Prospectively
9) **Participating center along with PI and CO-I:**

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	M.S.Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. S.K.Vedi, R.O. (Ay.)

10) Date of IEC approval: 03/05/2023

11) Date of initiation: 14.11.2023

12) Budget allocated: Budget Rs. 34,26,000/- was sanctioned under WCH-SCSP vide Council's Officer Order No. 52/2023-24 dated 26.04.2023.

13) Installment-wise release:

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 856500/-)	HQ.PROJ013(11)/7/2023-PROJ/332	26/04/2023	31/05/2023
2.	2nd (Rs. 856500/-)	HQ.PROJ013(12)/04/2023-PROJ/3686	29/08/2023	31/08/2023
3.	3rd (Rs. 856500/-)	HQ.PROJ013(12)/4/2023-PROJ/5595	20/11/2023	22/11/2023
4.	4th (Rs. 849500/-)	HQ.PROJ013(11)/7/2023-PROJ/8379	08/03/2024	13/03/2024

14) Chronological timeline & deliverables: Completed on 24.08. 2024

15) Summary and current status of the project: "Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea" is the title of this IMR project. A future community-based study" was designated as a 2023–24 IMR Annual Action Plan project. It has the potential to enhance the psychological well-being of research participants. The goal of the current study was to evaluate Rajapravartani Vati and Saraswatarishta's efficacy in treating primary dysmenorrhea based on the classical claim. 46 patients were enrolled in the trial out of the total 54 participants that underwent screening. 09 patients were dropped out and 37 participants completed the trial.

16) Relevant information, if any:

01.	Name of the institute:	MSRARI, Jaipur
02.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
03.	Name of the Co-Investigator:	Dr.Suhas Chaudhary, R.O (Ay.)

(9) Title of the Project: A cross-sectional community-based study on Knowledge, Attitudes, and Practices (KAP) related to menstruation among women of reproductive age-

1. **CTRI registration no & Date .:** NA
2. **IEC approval Date .:** F.5/Lab/Project/Ethics/2007-08/CRIA-JPR/Part-1/4066 Date: 26/11/2024
3. **Date of sanction:** 19/11/2024 (under WCH-SCSP 2024-25 program)
4. **Date of Initiation (Commencement):** 14/12/2024
5. **Total Budget received (Release of money):** Project initiated under the budget of WCH-SCSP 2024-25, **Amount :-** Rs 36,92,000/-
6. **Duration of Project:** 1 month
7. **Date of completion:** 31/12/2024
8. **Objectives as approved:**

Primary Objective:

i. To estimate the Knowledge, Attitude and Practices related to menstruation among women of reproductive age.

Secondary Objective:

i. To determine the variation in Knowledge, Attitude and Practices related to menstruation among women of reproductive age in different geographical regions.

ii. To determine the association of Knowledge, Attitude and Practices related to menstruation among women of reproductive age with the education of the participants and their mothers.

iii. To determine the association of Knowledge, Attitude and Practices related to menstruation among women of reproductive age with the occupation of the participants and their mothers.

iv. To determine the association of Knowledge, Attitude and Practices related to menstruation among women in different reproductive age groups.

9. **Objectives achieved:**

Primary Objective:

i. To estimate the Knowledge, Attitude and Practices related to menstruation among women of reproductive age.

Secondary Objective:

i. To determine the variation in Knowledge, Attitude and Practices related to menstruation among women of reproductive age in different geographical regions.

ii. To determine the association of Knowledge, Attitude and Practices related to menstruation among women of reproductive age with the education of the participants and their mothers.

iii. To determine the association of Knowledge, Attitude and Practices related to menstruation among women of reproductive age with the occupation of the participants and their mothers.

iv. To determine the association of Knowledge, Attitude and Practices related to menstruation among women in different reproductive age groups.

10. Details of the work done, methodology adopted and results obtained with tables, charts, diagrams and photographs.(As available):

Methodology

Study design: Cross-sectional, community-based study

Study setting: The study will be executed in the SC-dominated pockets/ areas through 10 CCRAS peripheral research institutes

Number of groups: 01

Duration of Survey: 1 month

Sample Size: 1400 (140 for each participating centre)

Detail of Work done:-

Name of the project	Target	No. of Patients Screened	No. of Patients enrolled	No. of patients successfully completed	No. of drop out patients	Reason for Dropout
A cross-sectional community-based study on knowledge, attitudes, and practices (KAP) related to menstruation among women of reproductive age.	140	140	140	140	0	-

The Project has been completed as per approved protocol and data has been compiled in E-CRF and will be submitted to Headquarter for evaluation.

11. **Causes of delay (if any)and partial achievement of target:** Nil
12. **Conclusions summarizing the achievements and indication of scope for future work:** The Project has been completed as per approved protocol and data has been compiled in E-CRF and will be submitted to Headquarter for evaluation. Conclusions will be made after analysis of data.
13. **Publication details:** The data has been compiled in E-CRF and will be submitted to Headquarter for evaluation and the publication will be done after analysis.
14. **Outcomes of the project & significance for Ayurveda system:** The data has been compiled in E-CRF and will be submitted to Headquarter for evaluation and outcome of the project and significance for Ayurveda will be analyzed after analysis of data
15. **Relevant information, if any**:

01.	Name of the institute:	MSRARI, Jaipur
02.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
03.	Name of the Co-Investigator:	Dr.Suhas Chaudhary, R.O (Ay.)

(10) Title of the Project: Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study-

1. **CTRI registration no & Date .:** NA
2. **IEC approval Date .:** F.5/Lab/Project/Ethics/2007-08/CRIA-JPR/Part-1/4066 Date: 26/11/2024
7. **Date of sanction:** 19/11/2024 (under WCH-SCSP 2024-25 program)
8. **Date of Initiation (Commencement):** 09/12/2024
9. **Total Budget received (Release of money):** Project initiated under the budget of WCH-SCSP 2024-25, **Amount :** Rs 36,92,000/-
10. **Duration of Project:** 18 weeks
11. **Date of completion:**18/03/2025
12. **Objectives as approved:**

Primary Objective:

i. To assess the effect of Ayurveda-based Behaviour Change Communication (BCC) module on Knowledge, Attitude and Practices related to menstruation among women of reproductive age.

Secondary Objective:

i. To explore the variation in change in Knowledge, Attitude and Practices related to menstruation

in response to Ayurveda-based Behaviour Change Communication (BCC) module considering demographic variables.

13. **Objectives achieved:**

Primary Objective:

i. To assess the effect of Ayurveda-based Behaviour Change Communication (BCC) module on Knowledge, Attitude and Practices related to menstruation among women of reproductive age.

Secondary Objective:

i. To explore the variation in change in Knowledge, Attitude and Practices related to menstruation in response to Ayurveda-based Behaviour Change Communication (BCC) module considering demographic variables.

14. **Details of the work done, methodology adopted and results obtained with tables, charts, diagrams and photographs.(As available):**

Study design: Community-based, pre-post, non-pharmacological behavioral advocacy.

Study setting: The study will be executed in the SC-dominated pockets/ areas through 10 CCRAS peripheral research institutes

Number of groups: 01

Endpoint: Change in KAP related to menstruation

Sample Size: 450 (45 for each participating centre)

Detail of Work done:-

Name of the project	Target	No. of Patients Screene	No. of Patients enrolled	No. of patients successfu	No. of drop out	Reason for Dropout
Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study.	45	45	45	45	0	-

The Project has been completed as per approved protocol and data has been compiled in E-CRF and will be submitted to Headquarter for evaluation.

15. **Causes of delay (if any) and partial achievement of target:** Nil
16. **Conclusions summarizing the achievements and indication of scope for future work:** The Project has been completed as per approved protocol and data has been compiled in E-CRF and will be submitted to Headquarter for evaluation. Conclusions will be made after analysis of data.
17. **Publication details:** The data has been compiled in E-CRF and will be submitted to Headquarter for evaluation and the publication will be done after analysis.
18. **Outcomes of the project & significance for Ayurveda system:** The data has been compiled in E-CRF and will be submitted to Headquarter for evaluation and outcome of the project and significance for Ayurveda will be analyzed after analysis of data.
19. **Relevant information, if any**:

01.	Name of the institute:	MSRARI, Jaipur
02.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
03.	Name of the Co-Investigator:	Dr.Suhas Chaudhary, R.O (Ay.)

(11) Name of the Project / Study: Assessment of acceptability of the Comprehensive Ayurveda-Based Healthcare Approach (CABHA) in the tribal community and effectiveness of Individualized Ayurveda-Healthcare Approach (IAHA)- A Cluster randomized study under THCRP 2024-25-

1. **Investigator:** Dr. Dr. V. B. Kumawat RO. (Ay.) [Till 15.07.2024] & Dr. A. K. Jain RO. (Ay.)
2. **Co-Investigator:** Dr. Monika Kumari RO. (Ay.)
3. **Details of Collaborators:** NA
4. **CTRI registration no& Date .:** CTRI/2024/07/070055 Dated- 05.07.2024
5. **IEC approval Date:** 05.07.2024
6. **Date of sanction:** 22.04.2024 (under THCRP-TSP 2024-25 program)
7. **Date of Initiation (Commencement):** 19.09.2024
8. **Total Budget received (Release of money):** Project initiated under the sanction budget of THCRP 2024-25, **Amount:**- Rs. 4000000/-
9. **Duration of Project:** 12 months

10. **Date of completion:** 28.02.2025

11. **Objectives as approved:**

Primary Objective

i. To provide health care services through Ayurveda interventions for various diseases conditions through outreach OPDs and health camps.

ii. To assess the change in perception and health-seeking behavior of the community after the introduction of comprehensive Ayurveda-based health care approach (CABHA).

Secondary objectives

i. To assess the impact of CABHA on the quality of life of the participants in the community.

ii. To assess the impact of individualized Ayurveda health-care approach (IAHA) on the frequency of incidence of infectious and/or allergic diseases in the participants from the included families.

iii. To assess the impact of IAHA on the general well-being of the participants from the included families.

iv. To assess the impact of IAHA on the sleep quality of the participants from the included families.

v. To assess the impact of IAHA on the oral health of the participants from the included families.

vi. To assess the impact of CABHA on the clinical outcomes of participants in the community.

vii. To assess the adherence of the participants to the CABHA.

12. **Objectives achieved:** Yes Data collected and will be analysis by Hqrs.

13. **Details of the work done, methodology adopted and results obtained with tables, charts, diagrams and photographs. (As available):**

Methodology

Trial Design:

Sampling method: Systematic Sampling

Randomization for Intervention: Cluster Randomization

No. of Groups: Two (Clusters)

Group 1 – CABHA+IAHA

Group 2 – Only CABHA

Duration of intervention: 4 months

Sample Size: for Assessment of acceptability of the Comprehensive Ayurveda-Based Health Care Approach (CABHA) in the Community and effectiveness of individualized health care.

	Phase of study	Total Sample Size	Sample size at each center
i.	**Survey**	**7280**	**520 (260 in each cluster)**
ii.	**IAHA**	**420**	**30 families (in Cluster-1 only)**

Study Centers: 14 Institutes

Detail of worked done:-

Name of the project			Date of initiation	Date of completion of study	Target	No. of participants enrolled	No. of Participants successfully compl	No. of dropout participants	Reason for Dropout	Remarks
Acceptability of the comprehensive Ayurveda-based health care approach in the community and effectiveness of individualized health care - Cluster random	Pre-Intervention Survey	Cluster 1	23/07/2024	27/08/2024	260	260	260	00	-	-
		Cluster 2	24/07/2024	27/08/2024	260	260	260	00	-	-
	Post-Intervention Survey	Cluster 1	03/02/2025	28/02/2025	260	260	260	00	-	-
		Cluster 2	04/02/2025	26/02/2025	260	260	260	00	-	-
	IAHA	No. of families enrolled	19/09/2024	24/01/2025	30	30	30	00	-	-
		No. of participants enrolled	19/09/2024	24/01/2025	60	60	60	00	-	-

ized study.										

The Project has been completed as per approved protocol and data has been sent to Headquarter for analysis.

14. **Causes of delay(if any)and partial achievement of target:** Nil
15. **Conclusions summarizing the achievements and indication of scope for future work:** The Project has been completed and data has been sent to Headquarter for analysis. Conclusions will be made after analysis of data.
16. **Publication details:** The data has been sent to Headquarter for analysis and the publication will be done after analysis.
17. **Outcomes of the project & significance for Ayurveda system:** The data has been sent to Headquarter for data analysis and outcome of the project and significance for Ayurveda will be analyzed after analysis of data.
18. **Relevant information, if any**:

01.	Name of the institute:	MSRARI, Jaipur
02.	Name of the Principal Investigator:	Dr. Dr. V. B. Kumawat RO. (Ay.) [Till 15.07.2024] & Dr. A. K. Jain Research Officer (Ay.)
03.	Name of the Co-Investigator:	Dr. Monika Kumari, Research Officer (Ay.)

(12) Name of the Project / Study: Knowledge, Attitude and Practice towards Pharmacovigilance of Ayurvedic Medicines among Registered Ayurvedic Medical Practitioners of the Respective States – a Multicentre Study

1. **Objective of the Project: To assess the knowledge, attitude, and practices towards Pharmacovigilance of Ayurvedic medicines among Registered Ayurvedic medical practitioners in Rajasthan.**
2. **Name of the State belongs: Rajasthan**
3. **Name of the Implementing Institute: MSRARI Jaipur**
4. **Study design: Survey**
5. **Sample size: 410**

6. **Council's Sanction No. with Date: F. No.(HQ-PROJ011/81/2024-PROJ) O.O.N 368/2024-25 15.07.2024**
7. **Date of Commencement : 28.12.2024**
8. **Instalment(s) with Reference and Date:**

Sl. No.	Instalments	Council's Reference No. with date	Amount (Rs.)
1.	1st instalment	F. No.(HQ-PROJ011/81/2024-PROJ) O.O.N. 368/2024-25 dated 15.07.2024 received on 28.09.2024	150000/-
2.	2nd instalment	F. No.(HQ-PROJ011/81/2024-PROJ) O.O.N.1315/2024-25 dated 04.03.2025 received on 13.03.2025	29600/-

9. Brief Outcome : up to 31st March 2025

Total Sample Size / Allotment	No. of Enrolment / Participation	No. of Registered Practitioners (as provided by the State Registrar	No. of Programme / Event Organised	No. of Google Form filled
410	282		02	282

10. Summary of the project: MSRARI Jaipur organised two awareness workshop on Pharmacovigilance in Ayurveda medicine for Registered Ayurveda medical practitioners of Rajasthan at Auditorium, Regional Science centre, Science Park Jaipur on 28.12.2024 and 12.02.2025 at DSSRAU Jodhpur. Total 282 registered Ayurveda medical practioners participated and filled the google form. Certificates were

distributed among the participants. All the invited dignitaries shared their valuable insights on the topic in the workshops

1. **Relevant information if any,**

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	28.12.2024
3.	Duration of the study:	12 months
4.	Name of the principal Investigator:	Dr Monika Kumari R. O. (ayu)
5.	Name of the Co- Investigators:	Dr. Kishor A Gavali, R.O. (Ay.), Dr. Suahs Chaudhary, R.O. (Ay.)

(13) Name of the Project: Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Cluster Randomized Parallel group study.

1. **Objective:**
   - **Primary:** To assess the impact of Ayurveda based lifestyle advocacy and practices on physical and psychological well-being of individuals across selected cities in India.
   - **Secondary:**
     i. To assess the impact of Ayurveda based lifestyle advocacy and practices on Ayurvedic parameters.
     ii. To assess the impact of Ayurveda based lifestyle advocacy and practices on haematological and biochemical parameters.
     iii. To assess the impact of Ayurveda based lifestyle advocacy and practices on inflammatory parameters.
     iv. To assess the impact of Ayurveda based lifestyle advocacy and practices on biomarkers of vascular disease.
     v. To assess the impact of Ayurveda based lifestyle advocacy and practices on biomarkers of bone health.
2. **Study outcome measures:**
   - **Primary outcome measure:** Change in Physical and Psychological parameters in terms of SF-36 HRQOL Questionnaires at baseline & at the end of every 3rd month.
   - **Secondary outcome measure:**
     i. Change in Oral Health Assessment Tool (OHAT) at baseline and at the end of every 3rd month.
     ii. Change in Hair Whitening Scale (HWS) at baseline and at the end of every 3rd month.
     iii. Change in Perceived Stress Scale (PSS) at baseline and at the end of every 3rd month.
     iv. Change in Pittsburgh Sleep Quality Index (PSQI) at baseline and at the end of every 3rd month.
     v. Change in Wrinkle Severity Rating Scale (WSRS) at baseline and at the end of every 3rd month.

vi. Change in Haematological parameters viz, CBC, ESR at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
vii. Change in biomarkers of Vascular disease viz. NT-pro BNP, hs-CRP, Homocysteine, Fibrinogen at baseline and at the end of 12 months.
viii. Change in biomarkers of Bone health viz. Vit D, Serum Calcium, Serum Phosphorus at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
ix. Change in Liver function test (LFT) & Renal function test (RFT) at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
x. Change in Lipid profile at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
xi. Change in metabolic profiles viz. HbA1c at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.

3. **Study Design:** Cluster Randomized Parallel-Group Study
4. **Grouping:** 02
5. **Sample Size:** 240 (120 in each group)
6. **Approval of IMR:** IMR Annual action plan 2019-20
7. **Target given by CCRAS Headquarters:** 3year
8. **Timelines:**

   Total Study Period: 36 months
   Preparatory period: 2 months
   Recruitment: 9 months
   Intervention Period: 12 months
   Follow-Up Period: 12 months
   Statistical Analysis: 1 Month
9. **Lifestyle intervention (Ayurveda Lifestyle Advocacy Package): Dincharya , Ritucharya, Sadvritta and Aharavidhividhan**
10. **Participating Centre along with PI:** MSRARI, Jaipur, Rajasthan; PI: Dr. Monika Kumari, R.O (Ay.)
11. **IEC approval**: Ref.F.5/Lab/Pre-iron/Ethics/2007-08CRAI-JPR, Date:13/03/2020
12. **CTRI registration No**: CTRI/2021/05/033785
13. **Date of initiation of the project**: 20.06.2022
14. **Budget allocated**: Rs 1,19,86,560/-

Installment wise release:-

S. No	Installment	Sanctioned Order	Date
1.	Ist Rs. 71,91,936/-	Mi.Si.4117/2019/RARISD/VIJ/ TECH/AY.lifestyle/ 1185	26.10.2019
2	2nd Rs. 16,988/-	F. No 3-53/2020-CCRAS/Admin?IMR/5017	29.12.2020
3	3rd 35,62,424	F.No. 9/53/2020/CCRAS/Admin/IMR/718	19.05.2021

4	4th 12,62,500/ -	F.No.3-53/2020-CCRAS/Admin/IMR/979	09.06.2022
5	5th 3387006	F.No3-115/2019-CCRAS/admin/imr/Vol.II part /44619	23.11.2022
6	6th 1125000	F.No.HQPROJ011/162/2022-PROJ/1348	01.06.2023
7	7TH 825707	F.No.HQPROJ011/162/2022-PROJ/3867	06.09.2023
8	8th 1125000	F.No.HQPROJ011/162/2022-PROJ/5482	16.11.2023
9	9th 775000	F.No.HQPROJ011/162/2022-PROJ/7166	
10	10th 114741	F.No.HQPROJ011/162/2022-PROJ/8449	13.03.2024
11	11th 779130	F.No.HQPROJ011/162/2022-PROJ/900	15.05.2024
12	12th 712000		
13	13th 600000	F.No.HQPROJ011/162/2022-PROJ/460	
14	14 490000	F.No.HQPROJ011/162/2022-PROJ/7432	28.02.2025
	Total 20842432		

15. **Chronological timeline &deliverables :-**

S.No.	Time line	Achieved /Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	-
2.	3-12 months	**Achieved**	-
3.	12-24 months	**Achieved**	-
4.	24-36 months	**achieved**	-

16. **Current status of the study:** completed

17. **Summary of the Project:** This IMR project entitled "***Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Cluster Randomized Parallel Group Study***" was allotted under IMR Annual action plan 2019-20. This is a cluster study **Cluster Randomized Parallel-Group Study** of a 2 groups of sample size 240.The study aims to assess the impact of Ayurveda based lifestyle advocacy and practices on health of apparently healthy volunteers. The total duration of the study is 3 years. The budget sanctioned for the project is Rs. 1, 19, 86,560. The first installment of Rs. 71, 91,936 has been received on 04/11/2019for the Initiation of the study.

Ethical approval for the study has been obtained on 13/03/2020. The project was initiated in June 2022. The enrolment of subjects (Total 238) has been completed in Feb 2023. Out of these 118 participants were enrolled in group 1(intervention group), and 120 participants were enrolled in group 2 (control group). The last follow up of study was on **18.02.2025.**

18. **Relevant information if any**,

7.	Name of the institute :	MSRARI, Jaipur
8.	Date of initiation of the study:	21.06.2022
9.	Duration of the study:	3 years
10.	Name of the Principal Investigator:	Dr. Monika Kumari, R.O (Ay.)
11.	Name of the Co Investigator:	Dr. S. K. Vedi R.O (Ay.)

(14) Name of the Project: Documentation of the Life profile of Admirable personalities to transform Ayurveda

2. **Objective:** Documentation of the Life profile of luminary Prof Vaidya Banwari Lal Gaur
3. **Study outcome:** Research paper to be published in UGC-approved Journal or book chapter.
4. **Study Design:** Narrative
5. **Grouping:** NA
6. **Sample Size: 01**
7. **Approval of IMR :** IMR Annual action plan 2023.24
8. **Target given by CCRAS Headquarters:** 6 months
9. **Timelines:**
   Total Study Period: 5 months
   Preparatory period: 2 months
   Documentation and preparation of research paper: 3 months
10. **Participating Center along with PI:** MSRARI, Jaipur, Rajasthan; Name of the Investigators:, Dr. Monika Kumari, R.O. (Ay.)

11. **IEC approval**: NA
12. **CTRI registration No**: NA
13. **Date of initiation of the project**: 01.01.2025.
14. **Budget allocated**: Rs 14,000/-
15. **Chronological timeline &deliverables :-**

S.No.	Time line	Achieved / Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	-
2.	3-months	**Achieved**	-

3.	4-6 months months	-	-

16. **Current status of the study:** Initiated
17. **Summary of the Project:** This IMR project was assigned to the Institute in Sept 2024. The EOI given for Prof Banwari Lal gaur was accepted. Data collection from the available texts was initiated in the month of 02.01.2025. The interview with the luminary was conducted in February 2025. Information as per the assigned format was completed and submitted in Feb 2025 Ist draft in the form of research paper was submitted in March 2025
18. **Relevant information if any**,
    1. Name of the institute : MSRARI, Jaipur
    2. Date of initiation of the study: 01.01.2025
    3. Duration of the study: 06 months
    4. Name of the Investigator: Dr Monika Kumari R. O. (ayu)

(15) PHARMACO -VIGILANCE PROGRAMME:

- Pharmaco-Vigilance Program for ASU Drugs: 2024-25
- Total no. of cases screened: 40864
- Total no. of cases reported ADRs: Nil

During the reporting year, total 120 numbers of different medicines/formulations of various manufacturers viz. IMPCL, IMPCOPS, Oushadhi were prescribed to 40864 beneficiaries in clinical practice at institute. No any Adverse Drug Reaction (ADR) was come in to the notice.

V. OUTREACH HEALTH PROGRAMMES:

(1) TRIBAL HEALTH CARE RESEARCH PROGRAMME (Under TSP Plan) 2024-25:

Introduction

India is the second most populous country in the world with over 1.35 billion people, more than a sixth of the world's population. It is one of the world's oldest civilizations. The Indian culture, often labeled as an amalgamation of several various cultures, spans across the Indian subcontinent and has been influenced and shaped by a history that is several thousand years old. Since ancient times, the spiritual land of India has displayed varied hues of culture, religion, race, language, and so on. This variety in race, culture, religion, etc. accounts for the existence of different ethnic groups who, although, live within the sanctums of one single nation, profess different social habits and characteristics. Tribes constitute 8.61% of the total population of the country and cover about 15% of the country's area. The fact that tribal people need special attention can be observed from their low social, economic and participatory indicators. Whether it is maternal and child mortality, size of agricultural holdings or access to drinking water and electricity, tribal communities lag far behind the general population.

Tribal Health Care Research Programme was initiated by C.C.R.A.S. in 1982 and continued at 06 peripheral Institutes till 2013-14. Thereafter, this programme has been extended to 14 states through 14 peripheral Institutes in 2014-15 under Tribal Sub Plan (TSP).THCRP was initiated in the institute (**MSRARI, JAIPUR)** with effect from 29th November, 2014. The main objectives of the programme comprise of providing health care services & Ayurveda based diet & lifestyle advocacies; and to create awareness about health, hygiene and nutrition, documentation of folk claims and Local Health Traditions and use of common medicinal plants in the area, Along with this, scientific documentation of health status and documentation of effectiveness of Ayurvedic treatment in select disease conditions have also been initiated since 2021.

Objectives of the Programme

i. To assess the change in perception and health-seeking behavior of the community after introduction of comprehensive Ayurveda-based health care approach (CABHA) for four months.
ii. To assess the impact of CABHA on the quality of life of the participants in the community.
iii. To assess the impact of individualized Ayurveda health-care approach (IAHA) on the frequency of incidence of infectious and/or allergic diseases in the participants from the included families.
iv. To assess the impact of IAHA on the general well-being of the participants from the included families.
v. To assess the impact of IAHA on the sleep quality of the participants from the included families.
vi. To assess the impact of IAHA on the oral health of the participants from the included families.

vii. To assess the impact of CABHA on the clinical outcomes of participants in the community. To assess the adherence of the participants to the CABHA.

viii. Beside this 6 Focus camps shall be organized in each cluster 1 & 2 and 8 Focus camps each in clusters 3 & 4.

ix. For the holistic health care, classical Ayurveda formulations used in routine practice for selected disease conditions (Osteoarthritis, Mild Stable Bronchial Asthma, Functional Constipation and Dysmenorrhea) will be depending upon clinical presentation of the disease. To assess the patient reported outcomes, standard/validated but simple tools shall be used.

x. 8 LHT (Local Health Traditional) will be collected from practices prevalent in the area.

xi. Daily Awareness lecture to the common people in the area on different diseases conditions.

xii. Distribution of IEC material to create awareness regarding maintenance of health, hygiene & nutrition, healthy lifestyle and dietary practices (through dinacharya, ritucharya and ahaarvidhi) etc.

Interventions:

Group-1:

1] **Individualized Ayurveda Health care Approach (IAHA):**

Holistic health care to each participating member in the included family will be given (appropriate dietary and lifestyle related advice and treatment in the scope of Ayurveda as per requirement). Behavior Change and Communication (BCC) modules for introducing Ayurveda-based dietary and lifestyle modifications shall be explained in detail to all the participating members. Apparently healthy adults will be encouraged to comply with all the advocacies provided through personal counseling. An Ayurveda Lifestyle advocacy kit may be provided including *Dashan Sanskar Churna (2-3 gm BD)* for *Danta Dhavana, Trifala Churna (5 gm OD)* for *Gandusha* and *Tila Taila* for *Abhyanga (5-10 ml OD), Anu Taila (2 drop in each nostril)* for *Pratimarsha Nasya* as per requirement.

2] **Comprehensive Ayurveda-based health care approach (CABHA):**

- Ancillary health care through Ayurveda for health-related complaints through the out-reach OPDs
- Monthly camps for health screening, awareness regarding general health, healthy dietary and lifestyle modifications, nutrition, disease-wise counseling of dos and don’ts, etc.

Group - 2

1] Comprehensive Ayurveda-based health care approach (CABHA):

- Ancillary health care through Ayurveda for health-related complaints through the out-reach OPDs

Monthly camps for health screening, awareness regarding general health, healthy dietary and lifestyle modifications, nutrition, disease-wise counseling of dos and don'ts, etc.

A] Eligibility criteria for survey:

1) Those who are willing to participate in the survey;

2) Those who are ≥18 years age and;

3) Those who are able to respond or communicate

B] Criteria for selection of families for the intervention IAHA in Cluster-1:

Inclusion Criteria:

- The families residing in the identified areas and consisting of at least 2 members and, at least one among them is aged ≥18 years
- And at least one adult member in the family is willing to participate in this study for the 6 months

Exclusion Criteria:

- The families those are planning to move out of the identified area during the study period.
- Families whose members cannot dedicate any suitable time for the activities involved in this study (personal interview and counseling)
- Head of the family does not consent for participation of any member

Outcome Measures:

Primary: Any change in perception & health-seeking behavior of the selected population after introduction of the CABHA *(to be assessed through a questionnaire administered among the randomly selected sample for survey in two clusters, before and after the interventions in the community)*

Secondary:

1) Any change in the score of **quality of life (SF-12)** of the surveyed participants (including selected families) (*to be assessed during baseline & end-line surveys)*

2) Any change in the score of **Immune Status Questionnaire (ISQ)** in the participants from the included families *(to be assessed at baseline, 60th day & 120th day)*

3) Any change in **WHO-5 Wellbeing Index** score of the participants from the included families *(to be assessed at baseline, 30th day, 60th, 90th, 120th day)*

4) Any change in the score of **Global Sleep Assessment Questionnaire (GSAQ)** of the participants from the included families *(to be assessed at baseline, 60th day & 120th day)*

5) Any change in the **Oral Health Assessment Tool (OHAT)** score of the participants from the included families *(to be assessed at baseline, 60th day & 120th day)*

6) Any change in the scores of **disease specific patient reported outcomes** of the participants in the community (including selected families) *(Acute conditions: to be assessed at baseline, and as per the course of disease; Chronic conditions: to be assessed at baseline, 30th day, 60th, 90th, 120th day)*

7) **Proportion of participants adhering** (≥70%) to the Ayurveda advocacy and/or treatment throughout the duration of intervention *(to be assessed at baseline, 30th day, 60th, 90th, 120th day)*

8) **Trend in rise of OPD attendance** in the outreach OPDs during the intervention period (4 months)

Major Outcomes of this project –

1. Effect on perception of the community towards Ayurveda as a health-care modality
2. Effect on health seeking behavior of the community
3. Change in Quality of life
4. Effect on incidence of recurrent infectious diseases among apparently healthy adults
5. Effect on community oral health

The outcomes of this study can be useful for the policy makers to recommend the setting-up of Ayurveda-based primary health-care centers in remote areas considering the need and interest of the community.

Tribes in Rajasthan

Rajasthan tribes constitute around twelve percent of the total population of the state. The tribes of Rajasthan, India constitutes of mainly Bhils and the Minas. Infact, they were the original inhabitants of the area where Rajasthan stands now. Apart from these main tribes, there are also a number of smaller tribes in Rajasthan. However all Rajasthan tribes share certain common traits, the variations being in their costumes, jewellery, fair and festivals etc.

The main tribes and nomads of Rajasthan:

i. **Bhil**

Around 39% of Rajasthan tribals comprises of Bhil. Dominating in the Banswara area of Rajasthan, the Bhil are believed to be fine archers. Infact, Bhil bowmen even found a reference in the great epics, Mahabharata and Ramayan. The Bhils were originally food gatherers. However, with the passage of time, they took up small-scale agriculture, city residence and employment. The major festivals of Bhils are Baneshwar fair (held near Dungarpur) and Holi.

ii. **Mina**

The second largest tribal group of Rajasthan is that of the Minas. The original inhabitants of the Indus Valley civilization, Minas have a tall, athletic build with sharp features, large eyes, thick lips and a light brown complexion. They are found dominating the regions of Shekhawati and eastern Rajasthan. Minas solemnize marriage in the younger years of the children.

iii. **Gadiya Lohar**

GadiyaLohar are wandering blacksmiths who are named after their attractive bullock carts called gadis. Initially a martial Rajput tribe, they left their homeland when Emperor Akbar ousted MaharanaPratap from Chittorgarh.

iv. **Garasia**

Garasia is a small Rajput tribe inhabiting Abu Road area of Southern Rajasthan.

v. **Sahariya**

Sahariyas, the forest dwellers, are considered as the most backward tribe in Rajasthan. Believed to be of Bhil origin, they inhabit the areas of Kota, Dungarpur and Sawai Madhopur in the South-east of Rajasthan. Their main occupations include working as shifting cultivators, hunters and fishermen.

vi. **Damor**

Belonging to the Dungarpur and Udaipur districts, Damor are mainly cultivators and manual laborers.

vii. **Rajasthan tribes include the following also:**

Meo and Banjara (the traveling tribes), Kathodi (found in Mewar region), Rabari (cattle breeders, found in Marwar region), Sansi, Kanjar, Gamar, Vadera, Dungari, Kharadi, Dabi, Katara

Highlights of the Study:

Total 100 villages within 05 tribal districts of Rajasthan were covered under THCRP programme since inception up to March 2025. A total number of **73,388** populations have been covered. Out of the total population **37,860** patients of various diseases identified and treated through medical camps with follow-up by distributing free medicines. 125 Folklore Claims were collected.

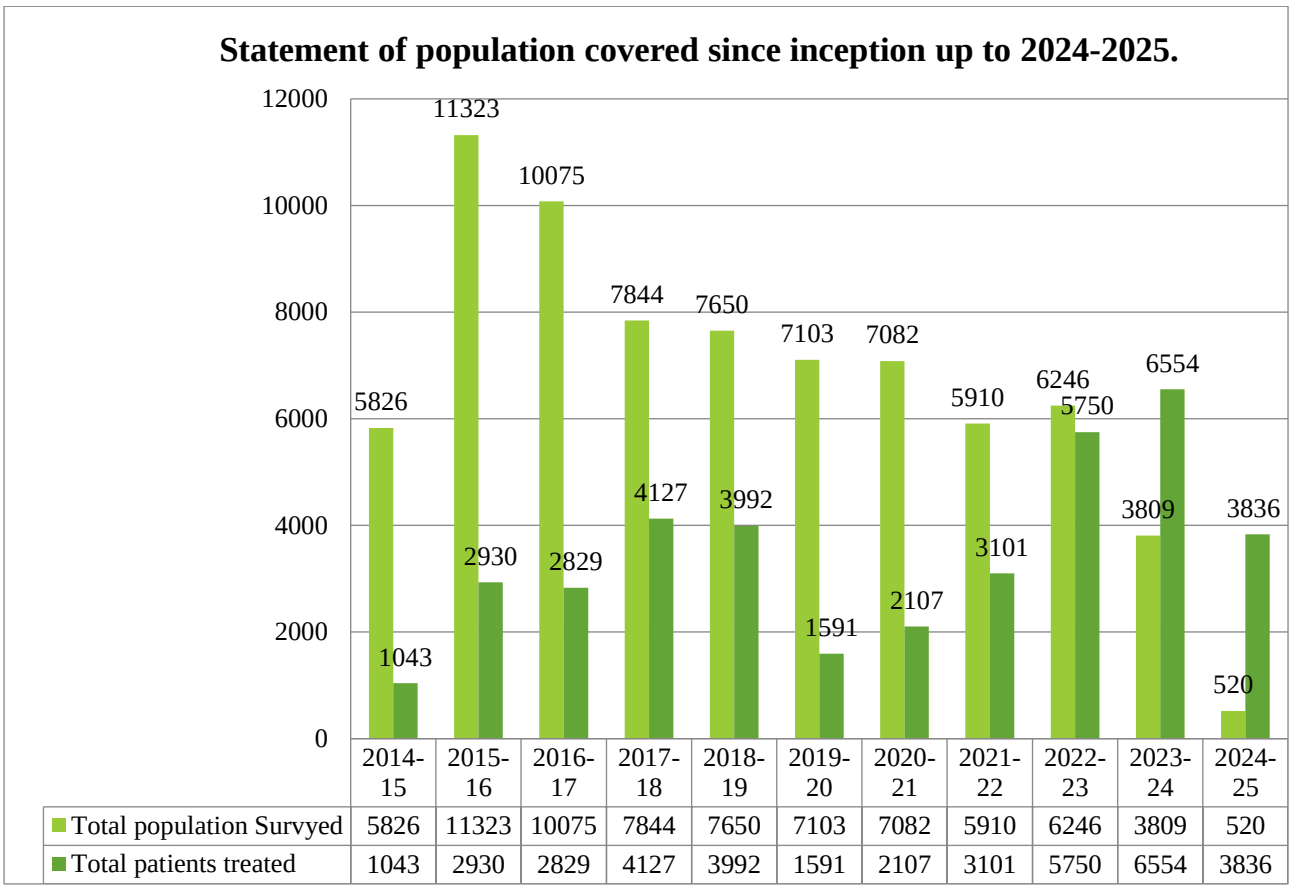
During reporting year 2024-2025 Four Villages have been covered in Bassi Block District-Jaipur, Rajasthan. Total Population 520 was covered and 3836 patients were treated along with 08 folklore claims were collected. 136 Awareness lectures have been delivered to common public on different disease conditions. 33 Focus camps have been organized on different disease conditions during the reporting year. 3099 Lab Investigations like Hb, Blood sugar, CBC, KFT, LFT, Lipid profile, RA, CRP, Vit.-D, Vit.-B-12, Thyroid profile have been carried out & Special 05 Tours for 4th Janjatiya Gaurav Divas Celebration: **Total Patients Treated: 902 & Investigations Conducted: 733** during the reporting year.

Table No. 1 Study at a glance:

S. No.	Particulars	Consolidated data of the study
1	Duration of the programme	1 Year (2024-25)
2	No. of villages /areas covered	04
3	No. of Visits of team	211 Tours
4	Total No. of patients who attended OPD	3836
5 (a)	No. of ST patients who attended OPD	2968
5 (b)	No. of ST adults who attended OPD	2485
5 (c)	No. of ST children who attended OPD	483
6	No. of Lab Investigations done	3099
7	Total No. of Focus camps organized	26
8	Number of Beneficiaries of the Focus Camps organized	477
9	Total No. of awareness lectures	114
10	Number of Beneficiaries of the awareness lectures	3728
11	Total no. of other activities by the team	05
12	Total Beneficiaries (OPD + Investigations + Awareness lectures + Focus Camps)	11140
13	Research Project - Title- Assessment of acceptability of the Comprehensive Ayurveda-based health care approach in the tribal community and effectiveness of individualized health care - Cluster randomized study	1. Target - 520 Target achieved- 520 2. Target - 60 Target achieved -60

Table No. 2 Statement of population covered since inception up to 2024-2025

S.No.	Type of Programme	No. of villages Covered	Total population covered				No. of patients treated		
			SC	ST	Others	TOTAL	New	Old	TOTAL
1.	THCRP 2014-15	05	21	5730	75	5826	1009	34	1043
2.	THCRP 2015-16	22	50	10964	309	11323	2708	222	2930
3.	THCRP 2016-17	20	66	9657	352	10075	2581	248	2829
4.	THCRP 2017-18	09	00	7612	232	7844	1854	2273	4127
5.	THCRP 2018-19	03	00	7650	00	7650	2469	1523	3992
6.	THCRP 2019-20	07	00	7103	00	7103	1084	507	1591
7.	THCRP 2020-21	05	00	7082	00	7082	1279	828	2107
8.	THCRP 2021-22	10	00	5910	00	5910	2582	519	3101
9.	THCRP 2022-23	10	00	6246	00	6246	5155	595	5750
10.	THCRP 2023-24	05	00	3809	00	3809	6169	385	6554
11.	THCRP 2024-25	04	00	520	00	520	3682	154	3836
TOTAL		**100**	**137**	**72283**	**968**	**73388**	**30572**	**7288**	**37860**



	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24	2024-25
Total population Survyed	5826	11323	10075	7844	7650	7103	7082	5910	6246	3809	520
Total patients treated	1043	2930	2829	4127	3992	1591	2107	3101	5750	6554	3836

Table No. 3 Statement of work carried out during the reporting year 2024-2025 (Population covered, patients treated and LHTs documentation):

Name of the Institute	Name of Block	Name of Villages Covered	Total Days of tour	Population Covered				Patients Treated									No. of LHTs/Folk Claim documented
								New				Old				Grand Total	
				SC	ST	Others	Total	SC	ST	Others	Total	SC	ST	Others	Total		
M.S. R.A.R.I. Jaipur	Bassi, Jaipur (Rajasthan)	Boorthal & Khori	44	00	260	00	260	00	580	208	788	00	37	11	48	**836**	00
		Jhar	83	00	260	00	260	00	630	88	718	00	38	06	44	**762**	01
		Kashipura & Moondli	46	00	00	00	00	00	994	184	1178	00	14	08	22	**1200**	00
		Lalgarh	38	00	00	00	00	00	669	329	998	00	06	34	40	**1038**	07
Total			**211**	**00**	**520**	**00**	**520**	**00**	**2873**	**809**	**3682**	**00**	**95**	**59**	**154**	**3836**	**08**

Table No. 4 Population Surveyed Status of "Tribal Health care Research Programme" under TSP

S. No.	Name of Village/ Area	No. of Tours	Population Served						Total			Grand Total
			ST		SC		Others		ST	SC	Others	
			M	F	M	F	M	F				
1.	Boorthal & Khori	44	127	133	-	-	-	-	**260**	00	00	**260**
2	Jhar	83	129	131	-	-	-	-	**260**	00	00	**260**
3.	Kashipura & Moondli	46	-	-	-	-	-	-	-	00	00	-
4.	Lalgarh	38	-	-	-	-	-	-	-	00	00	-
Total		**211**	**256**	**264**	-	-	-	-	**520**	**00**	**00**	**520**

Table No. 5 Patients treated Status of "Tribal Health care Research Programme" under TSP

S. No.	Name of Village/ Area	Patients treated																						
		New						Follow up						Total									Total		Grand Total
		ST		SC		Others		ST		SC		Others		ST			SC			Others					
		M	F	M	F	M	F	M	F	M	F	M	F	M	F	Total	M	F	Total	M	F	Total	M	F	
1.	Boorthal & Khori	210	370	-	-	91	117	21	16	-	-	01	10	231	386	617	-	-	-	92	127	219	323	513	**836**
2.	Jhar	238	392	-	-	39	49	10	28	-	-	00	06	248	420	668	-	-	-	39	55	94	287	475	**762**
3.	Kashipura & Moondli	429	565	-	-	96	88	07	07	-	-	03	05	436	572	1008	-	-	-	99	93	192	535	665	**1200**
4.	Lalgarh	317	352	-	-	148	181	05	01	-	-	19	15	322	353	675	-	-	-	167	196	363	489	549	**1038**
Total		**1194**	**1679**	**00**	**00**	**374**	**435**	**43**	**52**	**00**	**00**	**23**	**36**	**1237**	**1731**	**2968**	**00**	**00**	**00**	**397**	**471**	**868**	**1634**	**2202**	**3836**

Table No. 6 Total number Lab Investigations

S. No.	Name of Village/ Area	HB%	Blood-sugar	Urine	Stool	Other Investigations	Total
1.	Boorthal & Khori	322	307	-	-	247	876
2.	Jhar	138	203	-	-	288	629
3.	Kashipura & Moondli	319	371	-	-	225	915
4.	Lalgarh	263	320	-	-	96	679
Total		**1042**	**1201**	**-**	**-**	**856**	**3099**

Table No. 7 Statement of investigations carried out during the reporting year 2024-2025:

S. No.	Investigations carried out	
	Type of investigations	**No. of investigations carried out**
1.	Hemoglobin	1042
2.	Urine	-
3.	Stool	-
4.	Blood sugar	1201
5.	Others	856
	Total	**3099**

Table No. 8 Prevalence of top 10 diseases during the reporting year 2024-2025:

S. No.	Disease	No. of patients
1.	सन्धिवातः AAE-16	652
2.	दौर्बल्यम् MD-11	625
3.	कण्डूः ED-2.2	310
4.	कासः EA-3	289
5.	श्वेतप्रदर	283
6.	अजीर्णम्: EB-3	197
7.	प्रतिश्यायः पीनसः/ I-1	165
8.	विबन्धः AAC-12.4	160
9.	ज्वरः EC-3	146
10.	वातव्याधिः AA	105

(2) WOMEN AND CHILD HEALTH CARE (WCH) PROGRAMME UNDER SCHEDULE CASTES SUB-PLAN (SCSP) 2024-25

The Women and Child Health (WCH) Programme under the Scheduled Caste Sub Plan (SCSP) was implemented at the MS Regional Ayurveda Research Institute, Jaipur, during the reporting period from April 2024 to March 2025. The primary objective of the programme was to provide accessible and affordable Ayurvedic healthcare services specifically targeting Scheduled Caste (SC) women and children. The initiative aimed to reduce the overall disease burden and improve the nutritional status of the target population through a combination of preventive, promotive, and therapeutic interventions rooted in Ayurveda. Additionally, the programme sought to enhance awareness about the benefits of Ayurvedic practices and encourage their integration into daily life for long-term health and wellness.

The five selected pockets—Jamwaramgarh, Bilonchi, Bagrana, Vatika, and Goner—located in the Jaipur district of Rajasthan, were strategically chosen based on their SC population percentages, accessibility, and healthcare infrastructure. These areas are situated within a 30 km radius of MSRARI, Jaipur, and show variation in population sizes, with Goner having the highest (approx. 75,000) and Vatika the lowest (approx. 4,000). The SC population ranges from 26.66% in Vatika to 45% in Jamwaramgarh,

Study at a glance: -

S. No.		Particulars	Consolidated data of the study
1.		Duration of the programme	12 months
2.		No. of villages /areas covered	5
3.		No. of Visits of team	229
4.		Total No. of patients who attended OPD	**6527**
5.	(a)	No. of SC patients who attended OPD	**6155**
	(b)	No. of SC women who attended OPD	**4377**
	(c)	No. of SC children who attended OPD	1778
6.		No. of Lab Investigations done	7944
7.		Total No. of Focus camps organised	16
8.		Number of Beneficiaries of the Focus Camps organised	821
9.		Total No. of awareness lectures	124
10.		Number of Beneficiaries of the awareness lectures	3293

Following activities were be conducted under this programme-

A. Health care facilities and Health survey:

Health camps provide primary healthcare services rooted in Ayurvedic principles. These camps utilize specially designed formats to document relevant disease information, including the nature and frequency of prevalent diseases, as well as treatment outcomes. Moreover, awareness regarding Ayurvedic concepts such as Pathyapathya (appropriate diet and lifestyle), Dincharya (daily routines), and Ritucharya (seasonal routines) is disseminated through behavior change counseling (BCC) and the distribution of Information, Education, and Communication (IEC) materials. The drugs utilized in these camps are sourced from Council-identified pharmacies certified under Good Manufacturing Practices (GMP), ensuring quality and efficacy.

A total of 6,527 individuals accessed healthcare services through the outreach OPDs, with an overwhelming majority (6,155) belonging to the Scheduled Caste (SC) community, including 930 male children, 905 female children, and 4,319 female adults. The patient pool included 4,955 new cases and 1,568 follow-ups.

Category-wise Statement of patients who attended at outreach OPD during the reporting period

Pocket No.	No. of Patients																	
	New						Follow Up						TOTAL					
	SC			Other			SC			Other			SC			Other		
	MC	FC	FA	MC	FC	FA	MC	FC	FA	MC	FC	FA	MC	FC	FA	MC	FC	FA
P1	131	101	617	19	9	28	22	9	189	0	0	1	153	110	806	19	9	29
P2	199	161	864	22	13	26	56	35	466	0	0	0	255	196	1330	22	13	26
P3	172	211	594	8	19	51	16	31	190	0	0	3	188	242	784	8	19	54
P4	122	139	553	9	51	26	22	20	223	1	1	2	144	159	776	10	52	28
P5	167	177	395	23	33	19	23	21	228	1	1	7	190	198	623	24	34	26
Total	**791**	**789**	**3023**	**81**	**125**	**150**	**139**	**116**	**1296**	**2**	**2**	**13**	**930**	**905**	**4319**	**83**	**127**	**163**

Table No:1 Disease wise and Gender wise statement of *all patients* attended OPD for the reporting year 2024-2025

Sr. No.	NAMC_ID	NAMC_CODE	Disease Name (Top 10)	No. of patients treated										Grand Total
				New				Follow up				Total		
				FA	MC	FC	Total	FA	MC	FC	Total	FA	MC + FC	
1	2170	MD-11	Daurbalyam	346	85	107	538	121	19	7	147	467	218	685
2	1398	EL-5	Somarogah/Svetapradarah	253	0	21	274	97	0	5	102	350	26	376
3	248	AAE-16	Sandhigatavatah	247	57	64	368	111	12	7	130	358	140	498
4	2983	AAC-12.4	Vibandha	227	59	58	344	84	8	2	94	311	127	438
5	1814	I-1	Pratisyayah/Pinasah	195	64	63	322	80	5	7	92	275	139	414
6	480	EA-3	Kasah	143	34	43	220	56	6	5	67	199	88	287
7	838	ED-2.2	Kanduh	112	35	30	177	43	2	3	48	155	70	225
8	828	EC-7	Arucih	135	113	75	323	49	19	13	81	184	220	404
9	689	EC-3	Jvarah	94	28	21	143	46	8	4	58	140	61	201
10	652	EB-10.16	Trikasulah	86	30	20	136	47	2	11	60	133	63	196
Total				**1838**	**505**	**502**	**2845**	**734**	**81**	**64**	**879**	**2572**	**1152**	**3724**

Description:

During the reporting year 2024–2025, a total of 6,527 patients were treated across the OPDs of all five outreach pockets. Among these, the top 10 most commonly reported diseases accounted for 3,724 cases, representing approximately 60% of the total OPD load Among them, 2,845 were new patients, while 879 were follow-up visits. Daurbalyam (General Weakness/Fatigue) was the most frequently treated condition with 685 cases (538 new and 147 follow-up), predominantly among female adults (467 cases), indicating significant issues related to nutrition, chronic fatigue, and post-illness debility. Somarogah/Svetapradarah (Leucorrhoea/Abnormal Vaginal Discharge) followed with 376 cases, almost exclusively reported by female patients, emphasizing gynecological morbidity in the community. Sandhigatavatah (Osteoarthritis) ranked third with 498 cases, highlighting the growing burden of age-related musculoskeletal issues. Vibandha (Constipation) was reported in 438 cases, showing the impact of dietary habits and sedentary lifestyles. Respiratory complaints such as Pratisyayah/Pinasah (Allergic Rhinitis/Chronic Cold) and Kasah (Cough) contributed 414 and 287 cases respectively, affecting both adults and children. Kanduh (Skin Allergies/Itching) and Arucih (Loss of Appetite) were also common, with 225 and 404 cases respectively, pointing to dermatological sensitivities and digestive disturbances, especially in pediatric groups. Jvarah (Fever) accounted for 201 cases, and Trikasulah (Lumbago/Lower Backache) for 196 cases, both indicative of acute and chronic health concerns. The disease burden revealed in this data reflects a pattern of chronic, lifestyle-related, and seasonal health issues, especially among women and children, aligning well with the objectives of the WCH outreach initiative.

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These findings reflect a multifactorial health burden among women, predominantly involving musculoskeletal, gynecological, digestive, and respiratory systems, underscoring the need for gender-sensitive, preventive, and holistic healthcare strategies in Ayurveda.

Table No:2 Most common diseases for which Female patients attended OPD (Top 10 Diseases - Consolidated data)

Sr. No.	Disease	Disease code	No. of total patients (in decreasing order)	
			n	%
1.	Sandhigatavatah	AAE-16	429	7.78
2.	Somarogah/Svetapradarah	EL-5	376	6.82
3.	Daurbalyam	MD-11	581	10.54
4.	Vibandha	AAC-12.4	371	6.73
5.	Pratisyayah/Pinasah	I-1	345	6.26
6.	Trikasulah	EB-10.16	164	2.97
7.	Kanduh	ED-2.2	188	3.41
8.	Kasah	EA-4	247	4.48
9.	Jvarah	EC-3	165	2.99
10.	Arsah	EE-3	99	1.80
Total			2965	53.77
% From Total No. of female Patients 5,514				

Description:

Out of a total of 5,514 female (FA) patients who attended the OPDs during the reporting year 2024–2025, 2,965 cases (53.77%) were concentrated within the top 10 commonly reported diseases. The most prevalent condition was Sandhigatavatah (Osteoarthritis/Joint Disorders), accounting for 429 cases (7.78%), reflecting a significant burden of age-related and degenerative joint conditions among women. Daurbalyam (General Weakness/Fatigue) followed closely with 581 cases (10.54%), indicating persistent gynecological concerns that

warrant specialized care and awareness., Somarogah/Svetapradarah (Leucorrhoea/Abnormal Vaginal Discharge) observed in 376 cases (6.82%), suggests nutritional deficits, post-illness debility, or chronic stress factors affecting women's health. Vibandha (Constipation) was reported by 371 women (6.73%), showing the widespread impact of dietary habits and digestive disturbances. Pratisyayah/Pinasah (Allergic Rhinitis/Chronic Cold), with 345 cases (6.26%), and Trikasulah (Lumbago/Lower Backache), with 164 cases (2.97%), further indicate common respiratory and musculoskeletal complaints. Kanduh (Skin Allergies/Itching) and Kasah (Cough) had 188 (3.41%) and 247 (4.48%) female cases respectively, pointing to dermatological and respiratory health challenges. Jvarah (Fever) affected 165 women (2.99%), and Arsah (Hemorrhoids/Piles), appearing in the top 10 list, contributed 99 cases (1.80%). These findings reflect a multifactorial health burden among women, predominantly involving musculoskeletal, gynecological, digestive, and respiratory systems, underscoring the need for gender-sensitive, preventive, and holistic healthcare strategies in Ayurveda.

Table No:3 Most common diseases for which Children attended OPD (Top 10 Diseases Consolidated data)

Sr. No.	Disease	Disease code	No. of total patients (in decreasing order)	
			n	%
1.	Daurbalyam	MD-11	218	10.66
2.	Pratisyayah/Pinasah	I-1	139	6.80
3.	Arucih	EC-7	220	10.76
4.	Jvarah	EC-3	61	2.98
5.	Akalapalitah (Kevalapitta)	ABB-26	41	2.00
6.	Krumih/Sanjatakrumi	N	29	1.42
7.	Somarogah/Svetapradarah	EL-5	26	1.27
8.	Khalityam/Khalati	FA-3	22	1.08
9.	Dantagatarogah	GC	22	1.08
10.	Sitagnita (Agnimandyam)	ACB-23	40	1.96
Total			818	40.00
% From Total No. Of Child Patients (2,045)				

Description:

During the reporting year 2024–2025, a total of 2,045 child patients were treated at the OPDs, of which 818 children (40.00%) presented with the top 10 most common diseases. The leading condition among pediatric patients was Daurbalyam (General Weakness/Fatigue), observed in 218 cases (10.66%), reflecting concerns related to nutrition, growth delays, and post-illness debility. Pratisyayah/Pinasah (Allergic Rhinitis/Recurrent Cold) was the second most frequent ailment with 139 cases (6.80%), highlighting respiratory hypersensitivity and seasonal infections among children. Arucih (Loss of Appetite/Anorexia) was reported in 220 cases (10.76%), pointing to common digestive disturbances and poor eating habits in the pediatric population. Jvarah (Fever) accounted for 61 cases (2.98%), a typical acute presentation in childhood. Akalapalitah/Kevalapitta (Premature Graying of Hair) with 41 cases (2.0%) and Krumih/Sanjatakrumi (Worm Infestation) with 29 cases (1.42%) suggest deeper issues related to lifestyle, diet, and hygiene. Somarogah/Svetapradarah (Leucorrhoea in adolescent girls) appeared with 26 cases (1.27%), reflecting early gynecological complaints needing attention. Conditions like Khalityam (Hair Fall) and Dantagatarogah (Dental Disorders) were both seen in 22 cases (1.08%) each, indicating growing concerns regarding hair and oral health among children. Sitagnita/Agnimandyam (Weak Digestive Fire/Indigestion), though less frequent,

still affected 40 children (1.96%), emphasizing the need to improve gut health in growing kids.These findings call for early intervention strategies, preventive healthcare, and awareness among caregivers to promote holistic health and immunity in children through Ayurveda.

B. Research Project

1. "Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study"
2. "A cross-sectional community-based study on Knowledge, Attitudes, and Practices (KAP) related to menstruation among women of reproductive age"
3. "Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study"

Table No:4 Status of Research Studies

Name of the project	Date of initiation	Date of completion	Target	No. of Patients	No. of Patients	No. of patients success	No. of drop out	Reason for Dropout	Remarks
A prospective community based study for the evaluation of Rajapravartani Vati in Primary Dysmenorrhea.	14/11/2023	24/08/2024	46	54	46	37	9	1. En N. 02 -The patient Not Interested to taken medicine 2. En N.16 and 31- Refused to Come 3. En N. 30 and 32 Are Drop out to not response 4. En N. 24,42 and 45 Patients are not willing	-

								to continue 5. En N.46- Patient want to take other allopathy medicine	
Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study.	07/12/2024	18/03/2025	45	45	45	45	0	-	-
A cross-sectional community-based study on knowledge, attitudes, and practices (KAP) related to menstruation among women of reproductive age.	14/12/2024	31/12/2024	140	140	140	140	0	-	-

C. Lab Investigations done:

A total of 7,944 lab investigations were conducted across five pockets, including 2287 hemoglobin tests, 2,083 blood sugar tests, and 3,574 other diagnostic tests (complete blood count (CBC), erythrocyte sedimentation rate (ESR), liver function tests (LFT), renal function tests (RFT), lipid profiles, HbA1c tests, rheumatoid factor (RA Factor) tests, Hormonal essay and Widal tests, were performed). SC patients accounted for the majority of tests.

Table No:5 Total number of Lab Investigations

Pocket No.	Lab Investigations																	
	Hb (gm/dl)							Blood Sugar Level (mg/dl)			Other Lab Investigations							Grand Total
	SC			Other			Total	SC	Other	Total	SC			Other			Total	
	MC	FC	FA	MC	FC	FA		FA	FA	FA	MC	FC	FA	MC	FC	FA		
P1	24	26	259	2	0	9	320	307	16	323	67	35	1179	0	0	23	1304	1947
P2	81	66	373	17	13	8	558	577	9	586	46	36	872	3	0	18	975	2119
P3	46	64	353	1	7	36	507	392	25	417	26	5	382	0	0	32	445	1369
P4	35	65	290	4	34	8	436	428	11	439	8	7	369	0	0	5	389	1264
P5	81	113	219	16	28	9	466	303	15	318	38	0	388	0	0	35	461	1245
Total	267	334	1494	40	82	70	2287	2007	76	2083	185	83	3190	3	0	113	3574	7944

Description: The table provides a detailed breakdown of laboratory investigations conducted for Scheduled Caste (SC) and Other Category (Non-SC) patients across different pockets during the reporting period. The investigations included Hemoglobin (Hb) levels, Blood Sugar levels, and other lab tests. Other Lab tests includes Complete Haemogram, LFT, KFT, Lipid profile and Hormonal essays.

D. Awareness Activities/ Lectures:

A total of 123 awareness lectures were conducted, reaching 3,238 beneficiaries. These sessions focused on key topics related to health, hygiene, and community well-being, promoting preventive care and healthy living.. These included lifestyle-related topics such

as the importance of Dinacharya (daily regimen) and Ritucharya (seasonal regimen), emphasizing the Ayurvedic approach to maintaining health throughout different seasons. Several lectures highlighted the importance of nutrition, focusing on balanced diets, millet-based nutrition, and the role of milk, Ghrit (ghee), and Anupaan (adjuvants) in diet. Special attention was given to women's health, with multiple sessions on menstrual hygiene, Artavdushti, and conditions like Shwetpradar. Youth-focused topics included Pandu Roga (anemia), Jvara Roga (fever), and Prameha (diabetes), while general health awareness included conditions like Tuberculosis, Dengue, hand hygiene, oral hygiene, and post-COVID health care. Lifestyle disorders and non-communicable diseases were addressed with lectures on Ayurveda's preventive role, including the importance of Sandhivaat (arthritis) and Vatvyadhi (neurological/musculoskeletal disorders). Sessions also touched on yoga, mental well-being, and traditional practices such as Pathya-Apathya (wholesome-unwholesome foods), and the adoption of a healthy lifestyle. Public education on vigilance, corruption awareness, and environmental activities like tree plantation were also integrated, reflecting a holistic approach to community health promotion.

E. Focus camps organized:

A total of 16 focused health screening camps were organized during the reporting period, aiming to identify and address common health concerns in the community. These camps provided screening services for anemia, hypertension, diabetes mellitus, malnutrition in children, and lipid profile assessments. The initiative was designed to facilitate early detection and timely intervention for non-communicable diseases and nutritional deficiencies. A total of 821 beneficiaries availed the services during these camps, contributing significantly to community health awareness and preventive care.

(3) Project Title: "General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle Cell Disease & Malnutrition) and Ayurveda management of Anemia & Malnutrition in students of Ekalavya Model Residential Schools (EMRS)" : Collaborative multicentric Clinical Research Project (Collaboration with ICMR-NIRTH Jabalpur):

1. **Type of project:** Collaborative

2. **PI:** Dr. S. K. Vedi, Research Officer (Ayu.)

3. **Co-PI:** Dr. Monika Kumari, Research Officer (Ayu.)
   Dr. B. R. Meena, Assistant Director In-Charge

4. **Nodal /Co-Nodal /Coordinating Officers:** Dr. Prashant Shinde

5. **Any Addition/ Deletion or change in PI/ Co-I:** N/A

6. **Name of the CCRAS Institute:** M.S. Regional Ayurveda Research Institute, Jaipur
7. **Details of Collaborating Institute(s):**

Site	PI
ICMR-NIRTH, Jabalpur	**Dr. Ravindra Kumar**
MS-RARI, Jaipur	**Dr. S.K. Vedi**

8. **Study Design Aspects:**
   Two Projects are allotted under EMRS Health Screening Project.
   1. Tolerability, treatment adherence and effectiveness of Ayurvedic Intervention in the management of moderate Malnutrition in students of selected Ekalavya Model Residential Schools: a multicentre collaborative study.
   2. Effectiveness of Ayurveda-Based lifestyle Advocacies and Practices on Quality of Life among Children of Ekalavya Model Residential Schools in India.

Particulars	Malnutrition	Ayurveda Based Lifestyle Advocacies
Study Design	Open label, interventional, multicentre, single arm study.	Prospective, open-label, double-arm interventional study.
Randomization	Not Applicable	Not Applicable
Control	Placebo control/standard control/**not applicable**/others (Specify)	Control Group (without BCC Module and Copper Bottle)
Sample size	550	60
Study interventions	Arvindasav and Drakshavakeha	BCC Module, Copper Bootle, Dashan Sanskar Churna and Til Taila
Source of drug procurement	IMPCL	IMPCL

9. **Date of ISC Approval (if applicable): N/A**
10. **Date of PEMC Approval: N/A**

11. **Date of Sanction:** 05.03.2024 (Office Order No. 1412/2023-24 Date 05.03.2024)

12. **Budget Sanctioned:** 6721420/-
    Budget Release in 2023-24 File No. Office Order No. 1412/2023-24 Date 05.03.2024 6,08,300/-
    1st Installment File No. HQ-PROJ011/1/2024-PROJ/818 Date 13.05.2024 Amount 7,50,000/-
    2nd Installment File No. HQ-PROJ011/1/2024-PROJ/3685 Date 12.09.2024 Amount 6,00,000/-
    3rd Installment File No. HQ-PROJ011/1/2024-PROJ/5061 Date 14.11.2024 Amount 5,00,000/-
    4th Installment File No. HQ-PROJ011/1/2024-PROJ/7424 Date 28.02.2025 Amount 9,80,000/-

Date of IEC Approval (with details):
Tolerability, treatment adherence and effectiveness of Ayurvedic Intervention in the management of moderate Malnutrition in students of selected Ekalavya Model Residential Schools: a multicentre collaborative study: Ref. F.5/Lab/Project/Ethics/2007-08CRAI-JPR/Part-1/ Date 17.09.2024

Effectiveness of Ayurveda-Based lifestyle Advocacies and Practices on Quality of Life among Children of Ekalavya Model Residential Schools in India: Ref.F.5/Labs/Project/Ethics/2007-08CRAI-JPR/Part-1/ Date 05.07.2024

13. **CTRI registration Number (with date):** REF/2024/09/092023 DI
    Malnutrition - REF/2024/10/092889 AU
    Ayurveda Bases Lifestyle Advocacies - REF/2024/09/092028 DI
14. **Date of Initiation (start of recruitment):** 05.03.2024

15. **Duration of project:** 24 Months

16. **Extension (If any):** N/A

Extension period	Duration	Reason for extension	Financial implication (if any)
-	-	-	-
Also add if any extension would be required in 2025-26 and associated financial implications			

17. **Expected Date of Completion: N/A**

18. Details of budget disbursed

Total sanctioned budget (per site)	Budget released till March 2025	Budget utilized till March 2025	Remaining budget in the project as per the sanction order	Any requirement for additional sanction (If so, provide amount and justification)
6721420/-	3438300/-	3438300/-	3283120/-	N/A

19. Project status:

Sr. No	**Name of EMRS**	**Number of tours to EMRS till Date**	**New Patients**			**Follow up Patients**			**Grand Total**		
			Male	**Female**	**Total**	**Male**	**Female**	**Total**	**Male**	**Female**	**Total**
1	EMRS Rishabhdeo (Kherwara), Udaipur	6	323	0	323	17	0	17	340	0	340
2	EMRS Danvav, Aburoad	6	248	0	248	22	0	22	270	0	270
3	EMRS Niwai, Tonk	6	0	336	336	0	11	11	0	347	347
Total		**18**	**571**	**336**	**907**	**39**	**11**	**50**	**610**	**347**	**957**

Screened	Target	Enrolled	Dropouts/Withdrawals	Any other remarks
-	-	-	-	Screening yet to be initiated by ICMR-NIRTH Jabalpur.

20. Budget requirement for FY 2025-26

Q1	Q2	Q3	Q4	Total	Any remarks
914274/-	900400/-	750400/-	628461/-	3193535/-	N/A

VI. HOSPITAL STATISTICS:

The Institute has Out Patient Door (OPD), In Patient Door (IPD) and Panchakarma facilities. OPD of the Institute is running daily from 9:00 AM-1:00 PM and 2:00 PM-4:00 PM on all working days. Ayurvedic medicines are dispensed at free of cost to all patients as per need along with consultation. Total beneficiaries (patients) who were receiving treatment free of cost or at concession, total number of 141 patientsBPL category (OPD-127 & IPD-14) and total number of 5549 patients Senior Citizen category(OPD- 5435 & IPD- 114).

During the reporting year 2024-25, Total 40864 (22279 males and 18585 females) patients were examined and treated at OPD level.

OPD	**Male**	**Female**	**Total**
General OPD	14549	14356	28905
Geriatric OPD	6941	3440	10381
Pediatric OPD	789	789	1578
Total	**22279**	**18585**	**40864**

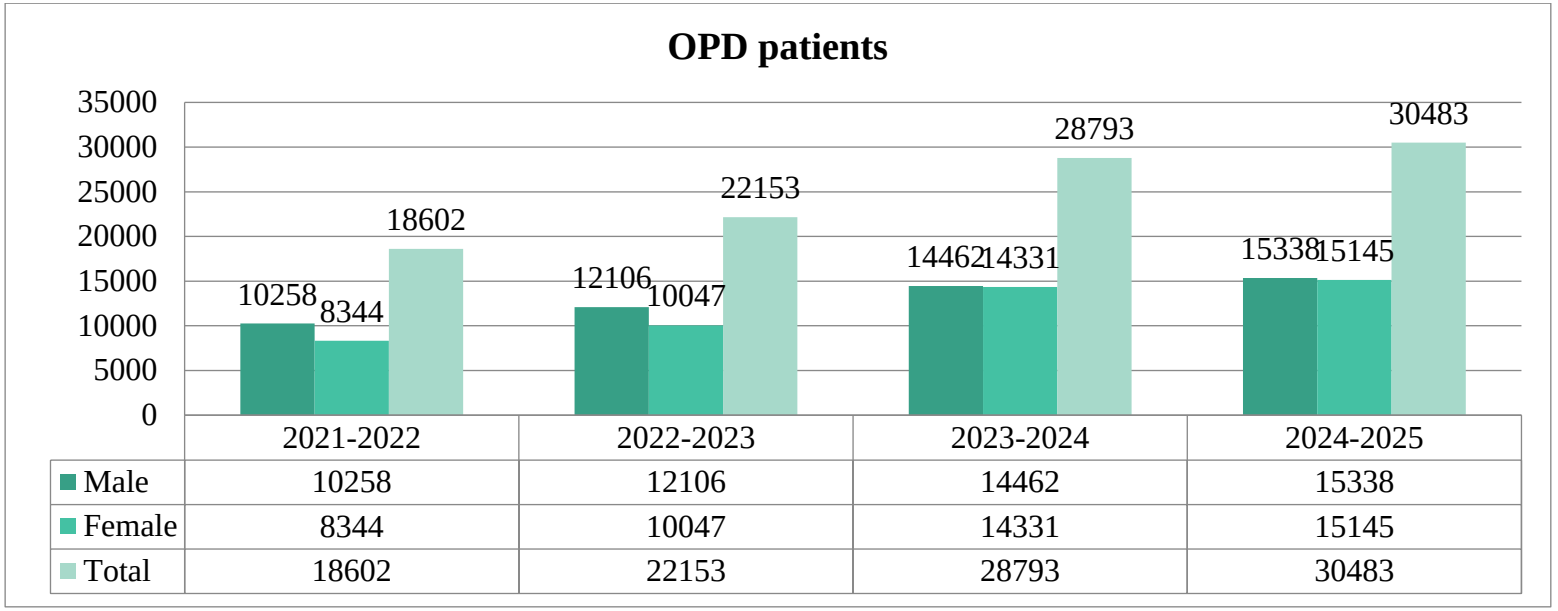
The table presents outpatient department (OPD) data categorized into General, Geriatric, and Pediatric services, showing patient numbers by gender. The General OPD recorded the highest attendance with 28,905 patients, nearly equally distributed between males (14,549) and females (14,356). The Geriatric OPD saw 10,381 visits, with a significant gender gap—6,941 male and 3,440 female patients—indicating higher male utilization. Pediatric OPD had the lowest attendance, with an equal number of male and female children (789 each), totaling 1,578. Overall, the total OPD visits amounted to 40,864, comprising 22,279 males and 18,585 females. The data highlights a slightly higher male presence across all services, particularly in geriatric care, suggesting possible gender-based differences in health-seeking behavior or accessibility.

(1) Out Patient Department:

A. Statement of patients attended OPD during different years (Since inception up to 2024-25):

S. No.	Year	No. of patients attended OPD													
		New						Old						GRAND TOTAL	
		Adult		Child		TOTAL		Adult		Child		TOTAL			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1.	1972-73	62	62	09	03	71	65	10	05	04	-	14	05	85	70
2.	1973-74	79	352	98	57	177	409	237	110	69	-	306	110	483	519
3.	1974-75	754	654	73	59	827	713	3973	3508	696	-	4669	3508	5496	4221
4.	1975-76	602	372	243	175	845	547	4744	2555	793	-	5537	2555	6382	3102
5.	1976-77	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6.	1977-78	108	177	29	13	137	190	476	740	30	-	506	740	643	930
7.	1978-79	518	376	85	86	603	462	136	165	39	-	175	165	778	627
8.	1979-80	187	147	26	33	213	180	57	62	22	-	79	62	292	242
9.	1980-81	1161	971	130	120	1291	1091	465	522	107	-	572	522	1863	1613
10.	1981-82	1143	1072	193	177	1336	1249	633	905	100	96	733	1001	2069	2250
11.	1982-83	1118	1422	282	167	1400	1589	932	178	217	111	1149	289	2549	1878
12.	1983-84	1754	2151	433	331	2187	2482	1514	3123	412	392	1926	3515	4113	5997
13.	1984-85	1864	2079	344	310	2208	2389	1633	2828	261	241	1894	3069	4102	5458
14.	1985-86	2036	2059	401	356	2437	2415	1434	2492	267	191	1701	2683	4138	5098
15.	1986-87	1629	1761	342	255	1971	2016	1136	2038	225	220	1361	2258	3332	4274
16.	1987-88	1548	1852	306	251	1854	2103	1245	2094	214	159	1459	2253	3313	4356
17.	1988-89	1454	1578	293	205	1747	1783	1398	1676	193	148	1591	1824	3338	3607
18.	1989-90	1077	1165	1371	179	2448	1344	1073	1155	118	67	1191	1222	3639	2566
19.	1990-91	1146	1103	167	148	1313	1251	876	1046	163	207	1039	1253	2352	2504
20.	1991-92	1095	1112	167	139	1262	1251	888	1333	170	170	1058	1503	2320	2754
21.	1992-93	1063	1027	155	144	1218	1171	697	1148	119	75	816	1223	2034	2394
22.	1993-94	837	871	103	72	940	943	585	895	66	44	651	939	1591	1882
23.	1994-95	776	844	60	62	836	906	432	671	50	35	482	706	1318	1612
24.	1995-96	841	870	43	48	884	918	377	433	24	13	401	446	1285	1364
25.	1996-97	1341	1205	65	66	1406	1271	423	552	11	07	434	559	1840	1830
26.	1997-98	1173	1060	57	44	1230	1104	316	479	10	06	326	485	1556	1589

27.	**1998-99**	1620	1213	148	82	1768	1295	591	649	53	28	644	677	2412	1972
28.	**1999-00**	5869	4587	774	771	6643	5358	4831	4860	384	369	5215	5229	11858	10587
29.	**2000-01**	6310	5161	646	531	6956	5692	5767	6784	334	314	6101	7098	13057	12790
30.	**2001-02**	5473	4465	629	510	6102	4975	5403	5629	465	224	5868	5853	11970	10828
31.	**2002-03**	7454	7432	1196	951	8650	8383	8252	9663	690	529	8942	10192	17592	18575
32.	**2003-04**	7585	6337	1079	842	8664	7179	8796	9787	680	504	9476	10291	18140	17470
33.	**2004-05**	3635	2949	384	273	4019	3222	4159	5125	330	224	4489	5349	8508	8571
34.	**2005-06**	4207	3030	438	282	4645	3312	4935	4430	186	112	5121	4542	9766	7854
35.	**2006-07**	5215	3614	360	267	5575	3881	4385	3958	157	93	4542	4051	10117	7932
36.	**2007-08**	4982	3267	293	233	5275	3500	5386	3652	136	113	5522	3765	10797	7265
37.	**2008-09**	5788	4049	414	340	6202	4389	6950	5860	177	232	7127	6092	13329	10481
38.	**2009-2010**	5857	4039	403	297	6260	4336	8352	5957	292	268	8644	6225	14904	10561
39.	**2010-2011**	4814	3191	296	192	5110	3383	9248	6105	341	269	9589	6374	14699	9757
40.	**2011-2012**	5755	3844	260	218	6015	4062	10822	7311	349	317	11171	7628	17186	11690
41.	**2012-2013**	7593	4943	314	227	7907	5170	9302	5752	244	162	9546	5914	17453	11084
42.	**2013-2014**	8510	5787	357	313	8867	6100	10120	7250	282	193	10402	7443	19269	13543
43.	**2014-2015**	8773	5768	360	287	9133	6055	8607	6289	242	191	8849	6480	17982	12535
44.	**2015-2016**	8536	5970	376	263	8912	6233	7904	6019	215	171	8119	6191	17031	12424
45.	**2016-2017**	8960	6213	296	254	9256	6467	7427	5487	153	125	7580	5612	16836	12079
46.	**2017-2018**	7289	5291	248	205	7537	5496	6039	4801	100	111	6139	4912	13676	10408
47.	**2018-2019**	8783	7117	413	281	9196	7398	7894	7568	184	124	8078	7692	17274	15090
48.	**2019-2020**	8373	6917	343	247	8716	7164	8043	7058	202	127	8245	7185	16961	14349
49.	**2020-2021**	6229	4446	163	103	6392	4549	2902	2100	59	29	2961	2129	9353	6678
50.	**2021-2022**	7001	5583	141	170	7142	5753	3077	2545	39	46	3116	2591	10258	8344
51.	**2022-2023**	8134	6782	270	226	8404	7008	3628	2989	74	50	3702	3039	12106	10047
52.	**2023-2024**	5079	4745	274	217	5353	4962	8901	9257	208	112	9109	9369	14462	14331
53.	**2024-2025**	4759	4488	287	259	5046	4747	10026	10180	266	218	10292	10398	15338	15145
G. TOTAL		**196452**	**156130**	**16214**	**12047**	**212666**	**168177**	**198473**	**181600**	**9660**	**7437**	**208133**	**189038**	**420799**	**357215**



	2021-2022	2022-2023	2023-2024	2024-2025
Male	10258	12106	14462	15338
Female	8344	10047	14331	15145
Total	18602	22153	28793	30483

B. Statement of General & Kaumarbhritya Patients attended Out Patient Department (OPD) during reporting year 2024-25:

S.No	D. Id	D.Code	Disease	NEW						OLD						Total		Grand Total
				Adult		Child		Total		Adult		Child		Total				
				M	F	M	F	M	F	M	F	M	F	M	F	M	F	
1	6	AAA-1	VATASANCAYAH	1	3	0	0	1	3	4	5	0	0	4	5	5	8	13
2	7	AAA-2	VATAVRUDDHIH	5	4	0	0	5	4	11	7	0	0	11	7	16	11	27
3	8	AAA-2.1	VATAPRAKOPAH	1	3	0	0	1	3	3	3	0	0	3	3	4	6	10
4	9	AAA-2.2	PRANAVATAKOPAH	0	2	0	0	0	2	4	6	0	0	4	6	4	8	12
5	10	AAA-2.3	UDANAVATAKOPAH	3	0	0	0	3	0	0	0	0	0	0	0	3	0	3
6	11	AAA-2.4	VYANAVATAKOPAH	24	10	0	0	24	10	68	83	0	0	68	83	92	93	185
7	12	AAA-2.5	SAMANAVATAKOPAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
8	13	AAA-2.6	APANAVATAKOPAH	2	0	0	0	2	0	2	1	0	0	2	1	4	1	5
9	14	AAA-3	VATAPRASARANAM	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
10	15	AAA-4	VATAKSHAYAH	0	2	0	0	0	2	2	1	0	0	2	1	2	3	5
11	17	AAB-1	ATIPRALAPAH (KEVALAVATA)	0	2	0	0	0	2	1	4	0	0	1	4	1	6	7
12	18	AAB-2	ANAVASTHITACITTATVAM (KEVALAVATA)	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
13	19	AAB-3	ANGAMARDAH (KEVALAVATA)	5	11	0	0	5	11	0	19	0	0	0	19	5	30	35
14	22	AAB-6	ARDITAH (KEVALAVATA)	1	0	0	0	1	0	13	6	0	0	13	6	14	6	20
15	23	AAB-7	ARASAJNATA (KEVALAVATA)	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
16	25	AAB-9	ASVAPNAH (KEVALAVATA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
17	26	AAB-10	AKSHIBEDAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
18	27	AAB-11	AKSHIVYUDASAH (KEVALAVATA)	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
19	28	AAB-12	AKSHISULAH (KEVALAVATA)	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
20	29	AAB-13	ATOPAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
21	30	AAB-14	AKSHEPAKAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
22	31	AAB-15	UCCAIHSRUTIH (KEVALAVATA)	1	1	0	0	1	1	1	0	0	0	1	0	2	1	3
23	32	AAB-16	UDARAVESHTAH (KEVALAVATA)	2	3	0	0	2	3	5	4	0	0	5	4	7	7	14
24	33	AAB-17	UDAVARTAH (KEVALAVATA)	1	0	0	0	1	0	3	12	0	0	3	12	4	12	16
25	34	AAB-18	URUSTAMBAH/ADHYAVATAH (KEVALAVATA)	1	0	0	0	1	0	8	0	0	0	8	0	9	0	9
26	36	AAB-20	EKANGAROGAH (KEVALAVATA)	0	1	0	0	0	1	3	2	0	0	3	2	3	3	6

27	38	AAB-22	KANTHODHVAMSAH (KEVALAVATA)	0	1	0	0	0	1	1	2	0	0	1	2	1	3	4
28	39	AAB-23	KARNASULAH (KEVALAVATA)	9	8	0	0	9	8	12	16	0	0	12	16	21	24	45
29	40	AAB-24	KAMPAH/VEPATHUH (KEVALAVATA)	6	0	0	0	6	0	12	1	0	0	12	1	18	1	19
30	41	AAB-25	KASHAYASYATA (KEVALAVATA)	1	2	0	0	1	2	1	1	0	0	1	1	2	3	5
31	42	AAB-26	KLAMAH (KEVALAVATA)	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
32	43	AAB-27	KARSHNYAM (KEVALAVATA)	2	5	0	0	2	5	2	5	0	0	2	5	4	10	14
33	45	AAB-29	KARSYAM (KEVALAVATA)	21	17	0	0	21	17	23	12	0	0	23	12	44	29	73
34	47	AAB-31	KHANJAH/KHANJATVAM (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
35	48	AAB-32	GARBANASAH (KEVALAVATA)	1	0	0	0	1	0	0	6	0	0	0	6	1	6	7
36	49	AAB-33	GRIVASTAMBAH (KEVALAVATA)	13	29	0	0	13	29	31	39	0	0	31	39	44	68	112
37	50	AAB-34	GUDABRAMSAH (KEVALAVATA)	4	0	0	0	4	0	5	0	0	0	5	0	9	0	9
38	51	AAB-35	GUDARTIH (KEVALAVATA)	0	3	0	0	0	3	2	0	0	0	2	0	2	3	5
39	52	AAB-36	GULPA-GRAHAH (KEVALAVATA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
40	53	AAB-37	GRUDHRASI (KEVALAVATA)	47	53	0	0	47	53	107	141	0	0	107	141	154	194	348
41	55	AAB-39	JANUBEDAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
42	56	AAB-40	JANUVISLESHAH (KEVALAVATA)	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
43	60	AAB-43	TIMIRAH (KEVALAVATA)	2	1	0	0	2	1	0	0	0	0	0	0	2	1	3
44	61	AAB-44	TVAKSUNYATA (KEVALAVATA)	4	2	0	0	4	2	0	3	0	0	0	3	4	5	9
45	64	AAB-47	DANTABEDAH (KEVALAVATA)	10	4	0	0	10	4	12	1	0	0	12	1	22	5	27
46	65	AAB-48	DANTASAITHILYAM (KEVALAVATA)	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
47	66	AAB-49	NAKHABEDAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
48	67	AAB-50	HRASVAKESAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
49	68	AAB-51	NIRAMAVATAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
50	69	AAB-52	PAKSHAGHATAH/PAKSHAVADHAH (KEVALAVATA)	8	7	0	0	8	7	26	1	0	0	26	1	34	8	42
51	72	AAB-55	PADASULAH (KEVALAVATA)	1	3	0	0	1	3	2	3	0	0	2	3	3	6	9
52	73	AAB-56	PADASUPTATA (KEVALAVATA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
53	74	AAB-57	PARUSHYAM (KEVALAVATA)	2	2	0	0	2	2	4	5	0	0	4	5	6	7	13
54	75	AAB-58	PARSVAVAMARDAH (KEVALAVATA)	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
55	76	AAB-59	PINDIKODVESHTANAM (KEVALAVATA)	3	0	0	0	3	0	3	4	0	0	3	4	6	4	10

56	78	AAB-61	PRUSHTHA-GRAHAH (KEVALAVATA)	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
57	79	AAB-62	PRALAPAKAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
58	80	AAB-63	BADHIRYAM (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
59	81	AAB-64	BAHUSOSHAH (KEVALAVATA)	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
60	82	AAB-65	BALAHANIH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
61	83	AAB-66	BEDAH (KEVALAVATA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
62	84	AAB-67	BIRUTA (KEVALAVATA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
63	88	AAB-71	BRAMAH (KEVALAVATA)	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
64	90	AAB-73	MANYASTAMBAH (KEVALAVATA)	4	11	0	0	4	11	6	22	0	0	6	22	10	33	43
65	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	31	17	0	0	31	17	49	31	0	0	49	31	80	48	128
66	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	12	9	0	0	12	9	7	20	0	0	7	20	19	29	48
67	93	AAB-76	RAJONASAH (KEVALAVATA)	1	32	0	0	1	32	2	122	0	0	2	122	3	154	157
68	95	AAB-78	LOMAHARSHAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
69	97	AAB-80	TRIKAGRAHAH (KEVALAVATA)	18	38	0	0	18	38	68	63	0	0	68	63	86	101	187
70	100	AAB-83	VAKSHOPARODHAH (KEVALAVATA)	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
71	102	AAB-85	VAK-SANGAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
72	103	AAB-86	VACALATA (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
73	104	AAB-87	VATAKHUDDATA/VATAKANTAKAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
74	105	AAB-88	VAMANATVAM (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
75	107	AAB-90	VIPADIKA (NANATMAJA) (KEVALAVATA)	4	6	0	0	4	6	11	6	0	0	11	6	15	12	27
76	108	AAB-91	VISHADAH/DINATA (KEVALAVATA)	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4
77	109	AAB-92	VRUSHANAKSHEPAH (KEVALAVATA)	3	0	0	0	3	0	2	0	0	0	2	0	5	0	5
78	110	AAB-93	VANKSHANANAHAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
79	111	AAB-94	VYATHA (KEVALAVATA)	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
80	112	AAB-95	SIRASPURTIH (KEVALAVATA)	1	4	0	0	1	4	0	3	0	0	0	3	1	7	8
81	113	AAB-96	SIRORUK (KEVALAVATA)	33	62	0	0	33	62	67	120	0	0	67	120	100	182	282
82	114	AAB-97	SUKRAKSHAYAH (KEVALAVATA)	54	0	0	0	54	0	50	1	0	0	50	1	104	1	105
83	117	AAB-100	SAITYAM (KEVALAVATA)	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
84	119	AAB-101	SYAVARUNASYATA (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

85	121	AAB-103	SANKOCAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
86	122	AAB-104	SVEDANASAH (KEVALAVATA)	0	1	0	0	0	1	0	9	0	0	0	9	0	10	10
87	126	AAB-108	HANUBEDAH (KEVALAVATA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
88	128	AAB-110	HRUDDRAVAH (KEVALAVATA)	2	1	0	0	2	1	2	1	0	0	2	1	4	2	6
89	2976	AAB-112	GRIVAHUNDANAM	2	5	0	0	2	5	7	12	0	0	7	12	9	17	26
90	131	AAC-1	ANTARAYAMAH	1	0	0	0	1	0	1	6	0	0	1	6	2	6	8
91	132	AAC-2	APATANTRAKAH	2	0	0	0	2	0	0	1	0	0	0	1	2	1	3
92	135	AAC-4	ARDITAH	1	1	0	0	1	1	5	5	0	0	5	5	6	6	12
93	136	AAC-4.1	ARDITA-PURVARUPAM	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
94	137	AAC-4.2	ASADHYA-ARDITAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
95	138	AAC-5	ASTHIPRABEDAH	1	2	0	0	1	2	0	2	0	0	0	2	1	4	5
96	139	AAC-6	ASTHISOSHAH	4	7	0	0	4	7	7	19	0	0	7	19	11	26	37
97	140	AAC-7	VATASHTHILA	15	0	0	0	15	0	22	1	0	0	22	1	37	1	38
98	141	AAC-8	AVABAHUKAH	28	28	0	0	28	28	59	49	0	0	59	49	87	77	164
99	142	AAC-9	URUSTAMBAH/ADHYAVATAH	1	0	0	0	1	0	7	2	0	0	7	2	8	2	10
100	143	AAC-9.1	URUSTAMBA-PURVARUPAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
101	147	AAC-12	ADHMANAM	192	85	0	0	192	85	346	209	0	0	346	209	538	294	832
102	148	AAC-12.1	PRATYADHMANAH/PRATYANAHAH	0	2	0	0	0	2	1	1	0	0	1	1	1	3	4
103	567	AAC-12.2	AMAJA-ANAHAH	1	0	0	0	1	0	1	4	0	0	1	4	2	4	6
104	2983	AAC-12.4	VIBANDHA	192	88	1	0	193	88	445	191	0	0	445	191	638	279	917
105	150	AAC-13.1	ASADHYADHANUSHKAMPA	0	2	0	0	0	2	1	0	0	0	1	0	1	2	3
106	152	AAC-15	EKANGAVATAH	6	3	0	0	6	3	4	5	0	0	4	5	10	8	18
107	153	AAC-16	KALAYAKHANJAH	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
108	154	AAC-17	KROSHTUKASIRSHAH	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
109	155	AAC-18	KHANJAH/KHANJATVAM	0	1	0	0	0	1	2	0	0	0	2	0	2	1	3
110	156	AAC-19	KHALLI	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
111	157	AAC-20	GRUDHRASI	7	11	0	0	7	11	14	26	0	0	14	26	21	37	58
112	163	AAC-24	PAKSHAGHATA/PAKSHAVADHAH	2	1	0	0	2	1	3	2	0	0	3	2	5	3	8
113	164	AAC-24.1	KAPANVITAPAKSHAGHATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
114	165	AAC-24.2	PITTANVITAPAKSHAGHATAH	2	1	0	0	2	1	0	2	0	0	0	2	2	3	5

115	167	AAC-25	PADADAHAH	2	6	0	0	2	6	5	6	0	0	5	6	7	12	19
116	168	AAC-26	PADAHARSHAH	0	1	0	0	0	1	1	3	0	0	1	3	1	4	5
117	169	AAC-27	PRATITUNI	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
118	170	AAC-28	PRATYASHTHILA	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
119	171	AAC-29	VRANAYAMAH	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4
120	172	AAC-30	PANGUH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
121	174	AAC-32	MANYASTAMBAH	1	1	0	0	1	1	0	4	0	0	0	4	1	5	6
122	175	AAC-33	MUKATVAM	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
123	176	AAC-34	VATAKANTAKAM	1	2	0	0	1	2	2	0	0	0	2	0	3	2	5
124	178	AAC-36	KAMPAH/VEPATHUH	3	0	0	0	3	0	4	0	0	0	4	0	7	0	7
125	179	AAC-37	SIROGRAHAH	3	4	0	0	3	4	4	9	0	0	4	9	7	13	20
126	181	AAC-39	SIRAGRAHAH	1	3	0	0	1	3	9	5	0	0	9	5	10	8	18
127	183	AAD	AVRUTA-VATAH/AVARANAVATA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
128	185	AAD-1.1	PRANAVRUTAVYANAVATAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
129	186	AAD-1.2	VYANAVRUTAPRANAVATAH	1	0	0	0	1	0	0	2	0	0	0	2	1	2	3
130	188	AAD-1.4	SAMANAVRUTA-APANAVATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
131	193	AAD-1.9	VYANAVRUTA-APANAVATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
132	196	AAD-1.12	UDANAVRUTAVYANAVATAH	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
133	197	AAD-1.13	APANAVRUTASAMANAVATAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
134	203	AAD-1.19	VYANAVRUTA-UDANAVATAH	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
135	205	AAD-2	DOSHAVRUTA-VATAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
136	206	AAD-2.1	PITTAVRUTAVATAH	4	8	0	0	4	8	8	11	0	0	8	11	12	19	31
137	207	AAD-2.2	KAPAVRUTAVATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
138	210	AAD-2.5	PITTAVRUTA-UDANAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
139	212	AAD-2.7	PITTAVRUTA-SAMANAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
140	216	AAD-2.11	PITTAVRUTA-APANAVATAH	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
141	220	AAD-3.1	RAKTAVRUTAVATAH	28	19	0	0	28	19	51	29	0	0	51	29	79	48	127
142	223	AAD-3.4	ASTHYAVRUTAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
143	224	AAD-3.5	MAJJAVRUTAVATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
144	225	AAD-3.6	SUKRAVRUTAVATAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2

145	226	AAD-3.7	SARVADHATVAVRUTAVATAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
146	227	AAD-4	MALAVRUTAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
147	228	AAD-4.1	MUTRAVRUTAVATAH	8	3	0	0	8	3	15	19	0	0	15	19	23	22	45
148	229	AAD-4.2	VARCASAVRUTAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
149	230	AAD-5	ANNAVRUTAVATAH	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
150	232	AAE	STHANAVISESHA-KUPITAVATAH	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
151	236	AAE-4	AMASAYAGATAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
152	238	AAE-6	SROTRADINDRIYAGATAVATAH	2	0	0	0	2	0	0	0	0	0	0	0	2	0	2
153	239	AAE-7	TVAK^-GATAVATAH	3	3	0	0	3	3	2	1	0	0	2	1	5	4	9
154	240	AAE-8	ASRUGGATAVATAH/RAKTAGATAVATA	0	0	0	0	0	0	0	3	0	0	0	3	0	3	3
155	242	AAE-10	MEDOGATAVATAH	8	7	0	0	8	7	13	15	0	0	13	15	21	22	43
156	243	AAE-11	ASTHIGATAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
157	244	AAE-12	MAJJAGATAVATAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
158	245	AAE-13	SUKRAGATAVATAH	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
159	246	AAE-14	SNAYUGATAVATAH	2	2	0	0	2	2	2	0	0	0	2	0	4	2	6
160	247	AAE-15	SIRAGATAVATAH	1	0	0	0	1	0	3	1	0	0	3	1	4	1	5
161	248	AAE-16	SANDHIGATAVATAH	288	558	0	0	288	558	607	1468	0	0	607	1468	895	2026	2921
162	250	AA-1	KRUCCRASADHYAVATAVYADHIH	0	2	0	0	0	2	0	3	0	0	0	3	0	5	5
163	251	AA-2	ASADHYAVATAVYADHIH	1	2	0	0	1	2	2	5	0	0	2	5	3	7	10
164	252	AA-3	VATAVYADHI-UPADRAVAH	1	0	0	0	1	0	4	0	0	0	4	0	5	0	5
165	253	AA-4	VATAVYADHI^^ARISHTA	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
166	257	ABA-2	PITTAVRUDDHIH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
167	258	ABA-2.1	PITTAPRAKOPAH	6	6	0	0	6	6	7	11	0	0	7	11	13	17	30
168	263	ABB-2	ANGAGANDHAH (KEVALAPITTA)	4	2	0	0	4	2	5	3	0	0	5	3	9	5	14
169	265	ABB-4	ATISVEDAH (KEVALAPITTA)	0	2	0	0	0	2	1	0	0	0	1	0	1	2	3
170	266	ABB-5	ATRUPTIH (KEVALAPITTA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
171	268	ABB-7	AMLAKAH (KEVALAPITTA)	6	3	0	0	6	3	9	4	0	0	9	4	15	7	22
172	274	ABB-13	KAMALA (KEVALAPITTA)	4	0	0	0	4	0	11	1	0	0	11	1	15	1	16
173	275	ABB-14	GALAPAKAH (KEVALAPITTA)	0	1	0	0	0	1	0	4	0	0	0	4	0	5	5
174	276	ABB-15	GUDAPAKAH/GUDAKUTTANAM (KEVALAPITTA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1

175	277	ABB-16	JIVADANAH (KEVALAPITTA)	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
176	287	ABB-26	AKALAPALITAH (KEVALAPITTA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
177	293	ABB-32	RAKTAKOTHAH (KEVALAPITTA)	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
178	294	ABB-33	RAKTAVISPOTAH (KEVALAPITTA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
179	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
180	298	ABB-37	VIDAHAH (KEVALAPITTA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
181	299	ABB-38	SONITAKLEDAH (KEVALAPITTA)	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
182	2975	ABB-44	HARIDRAVARCHA	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
183	304	ABC	STHANAVISESHA-KUPITAPITTAM	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
184	308	ABC-4	ASTHISTHITAPITTAKOPAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
185	311	ABC-7	TVAKSTHITAPITTAKOPAH	0	2	0	0	0	2	3	3	0	0	3	3	3	5	8
186	316	AB-2	SAMAPITTAM	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
187	320	ACA-1	KAPASANCAYAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
188	323	ACA-3	KAPAPRASARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
189	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	24	42	0	0	24	42	26	114	0	0	26	114	50	156	206
190	329	ACB-4	UDARDAH (KEVALA-KAPHA)	30	42	0	0	30	42	58	45	0	0	58	45	88	87	175
191	330	ACB-5	KATUKANKSHA (KEVALA-KAPHA)	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
192	334	ACB-9	MUTRADHIKYAM (KEVALA-KAPHA)	2	1	0	0	2	1	0	2	0	0	0	2	2	3	5
193	335	ACB-10	SUKRAVRUDDHIH/SUKRADHIKYAM (KEVALA-KAPHA)	2	0	0	0	2	0	1	0	0	0	1	0	3	0	3
194	337	ACB-12	KANTHOPALEPAH/MUKHALEPAH (KEVALA-KAPHA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
195	338	ACB-13	GALAGANDAH (KEVALA-KAPHA)	1	0	0	0	1	0	2	11	0	0	2	11	3	11	14
196	340	ACB-15	TANDRA (KEVALA-KAPHA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
197	343	ACB-18	NIDRADHIKYAM (KEVALA-KAPHA)	1	2	0	0	1	2	5	2	0	0	5	2	6	4	10
198	346	ACB-21	MUKHAMADHURYAM (KEVALA-KAPHA)	0	0	0	0	0	0	8	2	0	0	8	2	8	2	10
199	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	105	72	0	1	105	73	213	109	0	0	213	109	318	182	500
200	349	ACB-24	SLESHMODGIRANAM (KEVALA-KAPHA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
201	350	ACB-25	SVETAVARCASTVAM (KEVALA-KAPHA)	1	3	0	0	1	3	1	7	0	0	1	7	2	10	12
202	351	ACB-26	SVETAVABASATA (KEVALA-KAPHA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

203	353	ACB-28	HRUDAYOPALEPAH (KEVALA-KAPHA)	0	0	0	0	0	0	4	0	0	0	4	0	4	0	4
204	356	ACC-1	TVAK-STHITAKAPAKOPAH	0	0	0	0	0	0	1	4	0	0	1	4	1	4	5
205	363	ACC-8	SIRASTHITAKAPAKOPAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
206	368	AC-3	VAIKRUTAKAPAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
207	377	AD-8	PITTOLBANA-MADHYAKAPA-HINAVATASANNIPATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
208	379	AD-10	KAPOLBANA-VATAMADHYA-HINAPITTAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
209	385	BA-1	RASAKSHAYAH	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
210	388	BB-1	RAKTAKSHAYAH	2	4	0	0	2	4	4	3	0	0	4	3	6	7	13
211	389	BB-2	RAKTAVRUDDHIH	0	1	0	0	0	1	2	1	0	0	2	1	2	2	4
212	396	BC-2	MAMSAVRUDDHIH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
213	399	BD-2	MEDOVRUDDHIH	2	6	0	0	2	6	5	3	0	0	5	3	7	9	16
214	401	BE-1	ASTHIKSHAYAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
215	407	BG-1	SUKRAKSHAYAH	2	1	0	0	2	1	3	0	0	0	3	0	5	1	6
216	409	BA-3	ARTAVAVAISHAMYAM	2	61	0	0	2	61	3	155	0	0	3	155	5	216	221
217	410	BA-3.1	ARTAVAKSHAYAH	0	13	0	0	0	13	0	33	0	0	0	33	0	46	46
218	411	BA-3.2	ARTAVAVRUDDHIH	0	3	0	0	0	3	3	11	0	0	3	11	3	14	17
219	412	BA-4	STANYAVAISHAMYAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
220	413	BA-4.1	STANYAKSHAYAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
221	414	BA-4.2	STANYAVRUDDHIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
222	417	BH-2	OJA-VISRAMSAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
223	421	BI-1	RAJAYAKSHMA-PURVARUPAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
224	454	CC-2	SVEDAVRUDDHIH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
225	426	BI-6	VYAVAYAJANYARAJAYAKSHMA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
226	427	BI-7	SOSHAJANYARAJAYAKSHMA	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
227	430	BI-10	VYAYAMAJANYARAJAYAKSHMA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
228	431	BI-11	ADHVAJANYA-RAJAYAKSHMA/SOSHA	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
229	446	CA-1	MUTRAKSHAYAH	40	23	0	0	40	23	82	69	0	0	82	69	122	92	214
230	447	CA-2	MUTRAVRUDDHIH	2	1	0	0	2	1	1	1	0	0	1	1	3	2	5
231	449	CB-1	PURISHAKSHAYAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2

232	450	CB-2	PURISHAVRUDDHIH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
233	453	CC-1	SVEDAKSHAYAH	0	1	0	0	0	1	0	5	0	0	0	5	0	6	6
234	455	CZ-1	JIHVAMULAGATAMALAH	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
235	461	DA-1	ASADHYA-AMADOSHAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
236	462	DB	JATHARAGNIVIKARAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
237	463	DB-1	MANDAGNIH/ AGNISADA	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
238	464	DB-1.1	MANDAGNI-ARISHTAH	0	3	0	0	0	3	0	0	0	0	0	0	0	3	3
239	467	DB-4	ATYAGNIH/BASMAKAH	0	1	0	0	0	1	1	1	0	0	1	1	1	2	3
240	476	EA-2.5	KSHUDRA HIKKA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
241	480	EA-3	KASAH	210	142	0	0	210	142	355	237	4	1	359	238	569	380	949
242	482	EA-3.2	VATAJAKASAH	4	4	0	0	4	4	10	2	0	0	10	2	14	6	20
243	483	EA-3.3	PITTAJAKASAH	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
244	484	EA-3.4	KAPAJAKASAH	3	1	0	0	3	1	5	2	0	0	5	2	8	3	11
245	485	EA-3.5	KSHATAJAKASAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
246	489	EA-4	SVASAH	56	65	0	0	56	65	145	103	0	0	145	103	201	168	369
247	493	EA-4.4	CINNASVASAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
248	494	EA-4.5	TAMAKASVASAH	2	5	0	0	2	5	12	8	0	0	12	8	14	13	27
249	496	EA-4.5.2	SANTAMAKASVASAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
250	497	EA-4.6	KSHUDRASVASAH	0	0	0	0	0	0	1	3	0	0	1	3	1	3	4
251	501	EA-5.1	VATAJASVARABEDAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
252	509	EA-5.9	PINASAJANYASVARABEDAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
253	518	EB-2.2.1	PAKVAVATIKATISARAH	8	5	0	0	8	5	8	6	0	0	8	6	16	11	27
254	525	EB-2.9	JVARATISARAH	2	1	0	0	2	1	0	3	0	0	0	3	2	4	6
255	526	EB-2.10	RAKTATISARAH	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
256	527	EB-2.11	KRUCCRASADHYA-ATISARAH	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
257	534	EB-2.16	SNEHOLVANA-ATISARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
258	536	EB-3	AJIRNAM	77	40	0	0	77	40	139	45	0	0	139	45	216	85	301
259	542	EB-3.6	PRATIVASARA-AJIRNAM	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
260	543	EB-3.7	VISUCIKA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
261	549	EB-3.8	VILAMBIKA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1

262	558	EB-4	AMLAPITTAM	153	122	0	0	153	122	333	302	0	0	333	302	486	424	910
263	569	EB-5	AROCAKAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
264	574	EB-5.5	AGANTUJA-AROCAKAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
265	583	EB-5.14	DVESHAJA-AROCAKAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
266	584	EB-5.15	CITTAVIPARYAYAJA-AROCAKAH/ MANASSANTAPAJA-AROCAKAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
267	592	EB-6.6	AGANTUJA-CARDIH	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
268	597	EB-6.7	KRUMIJA-CARDIH	2	1	0	0	2	1	4	1	0	0	4	1	6	2	8
269	599	EB-6.9	CARDI-UPADRAVAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
270	601	EB-7	GRAHANIDOSHAH	50	18	0	0	50	18	116	42	0	0	116	42	166	60	226
271	602	EB-7.1	GRAHANI-PURVARUPAM	10	5	0	0	10	5	28	21	0	0	28	21	38	26	64
272	603	EB-7.2	VATAJAGRAHANIDOSHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
273	604	EB-7.3	PITTAJAGRAHANIDOSHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
274	608	EB-7.7	SAMGRAHAGRAHANI	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
275	611	EB-8	GULMAH	0	1	0	0	0	1	2	0	0	0	2	0	2	1	3
276	620	EB-8.8	VIDAHYAMANAGULMAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
277	628	EB-9	PRAVAHIKA	47	29	0	0	47	29	65	33	0	0	65	33	112	62	174
278	633	EB-10	SULAH	50	57	0	0	50	57	116	125	0	0	116	125	166	182	348
279	634	EB-10.1	VATAJASULAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
280	639	EB-10.6	KUKSHISULAH	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
281	642	EB-10.9	AMLAPITTAJASULAH	1	2	0	0	1	2	1	5	0	0	1	5	2	7	9
282	643	EB-10.10	PARINAMASULAH	5	1	0	0	5	1	7	7	0	0	7	7	12	8	20
283	645	EB-10.10.2	PAITTIKA-PARINAMASULAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
284	646	EB-10.10.3	KAPAJA-PARINAMASULAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
285	650	EB-10.14	HRUDAYASULAH	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
286	651	EB-10.15	PARSVARUJAH/PARSVASULAH	1	7	0	0	1	7	7	9	0	0	7	9	8	16	24
287	652	EB-10.16	TRIKASULAH	72	79	0	0	72	79	106	187	0	0	106	187	178	266	444
288	653	EB-10.17	MUTRASULAH	1	0	0	0	1	0	3	5	0	0	3	5	4	5	9
289	656	EB-11	UDAVARTAH	0	1	0	0	0	1	0	5	0	0	0	5	0	6	6
290	659	EB-11.3	MUTRABIGHATAJA-UDAVARTAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1

291	667	EB-11.11	KSHUNNINIRODHAJA-UDAVARTAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
292	670	EB-11.14	NIDRARODHAJA-UDAVARTAH	2	0	0	0	2	0	2	3	0	0	2	3	4	3	7
293	676	EB-12	PARIKARTIKA	70	44	0	0	70	44	159	79	0	0	159	79	229	123	352
294	677	EB-13	ANTARDAHAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
295	681	EC-2	HRUDROGAH	25	8	0	0	25	8	37	34	0	0	37	34	62	42	104
296	686	EC-2.5	KRUMIJAHRUDROGAH	0	0	0	0	0	0	4	2	0	0	4	2	4	2	6
297	689	EC-3	JVARAH	99	93	0	1	99	94	128	159	0	0	128	159	227	253	480
298	690	EC-3.1	JVARA-PURVARUPAM	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
299	697	EC-3.5	KAPAVATAJAJVARAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
300	701	EC-3.8.1	VATOLBANASANNIPATAJVARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
301	706	EC-3.8.6	PITTAKAPOLBANA-SANNIPATAJVARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
302	714	EC-3.8.14	PRORNUNAVA-SANNIPATAJAJVARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
303	728	EC-3.8.28	RAKTASHTHIVI-SANNIPATAJAJVARAH	2	0	0	0	2	0	0	1	0	0	0	1	2	1	3
304	733	EC-3.8.33	CITTAVIBRAMA-SANNIPATAJAJVARAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
305	744	EC-3.9	AGANTUJVARAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
306	760	EC-3.9.4.8	BUTABISHANGAJVARA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
307	762	EC-3.10.1	SATATA-VISHAMAJVARAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
308	766	EC-3.10.4.1	KAPAPITTATRUTIYAKAJVARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
309	767	EC-3.10.4.2	VATAKAPATRUTIYAKAJVARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
310	791	EC-3.21	PUNARAVARTAKA-JVARAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
311	794	EC-3.24	SAUMYA-JVARAH	1	1	0	0	1	1	0	1	0	0	0	1	1	2	3
312	798	EC-4	STANYADUSHTIH/KSHIRADOSHAH	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
313	800	EC-4.1.1	VAIRASYA-KSHIRADOSHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
314	807	EC-4.3.1	SNIGDHA-KSHIRADOSHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
315	812	EC-5	PANDUROGAH	15	60	0	0	15	60	50	97	0	0	50	97	65	157	222
316	813	EC-5.1	PANDU-PURVARUPAM	0	0	0	0	0	0	2	3	0	0	2	3	2	3	5
317	819	EC-5.7	PANAKI	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
318	821	EC-5.9	PANDU-UPADRAVAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
319	823	EC-6	AMAVATAH	69	198	0	0	69	198	184	759	0	0	184	759	253	957	1210
320	824	EC-6.1	VATIKA-AMAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1

321	828	EC-7	ARUCIH	9	1	0	0	9	1	11	3	0	0	11	3	20	4	24
322	829	EC-8	KESAROGAH	36	38	0	0	36	38	39	36	0	0	39	36	75	74	149
323	830	ED	RAKTAVAHASROTOVIKARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
324	831	ED-1	RAKTAVAHASROTODUSHTIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
325	836	ED-2.1	VIDAHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
326	838	ED-2.2	KANDUH	122	84	0	0	122	84	139	161	0	0	139	161	261	245	506
327	850	ED-2.8	NIDRANASAH/ASVAPNAH	14	12	0	0	14	12	18	21	0	0	18	21	32	33	65
328	851	ED-2.9	PIDAKA	13	14	0	0	13	14	20	18	0	0	20	18	33	32	65
329	852	ED-2.10	PIPASA	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
330	858	ED-2.14	BUDDHISAMMOHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
331	863	ED-2.15	LAVANASYATA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
332	866	ED-2.16	VIVARNATA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
333	871	ED-2.19	SIRORUK	0	2	0	0	0	2	1	2	0	0	1	2	1	4	5
334	874	ED-3	KAMALA	5	3	0	0	5	3	7	4	0	0	7	4	12	7	19
335	880	ED-3.6	ASADHYA-KAMALA	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
336	881	ED-3.7	ASADHYA-KUMBAKAMALA	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
337	883	ED-4	KUSHTHAM	29	21	0	0	29	21	53	63	0	0	53	63	82	84	166
338	884	ED-4.1	KUSHTHA-PURVARUPAM	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
339	886	ED-4.2.1	KAPALAH/ARUNA-KUSHTHAH/VATIKAKUSHTHAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
340	887	ED-4.2.2	KAPALAKAKUSHTHAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
341	889	ED-4.2.4	MANDALAKUSHTHAH/KAPAJAKUSHTHAH	5	3	0	0	5	3	13	12	0	0	13	12	18	15	33
342	892	ED-4.2.7	SIDHMAH	3	1	0	0	3	1	3	0	0	0	3	0	6	1	7
343	893	ED-4.2.8	KAKANAKAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
344	894	ED-4.3	KSHUDRAKUSHTHAM	28	11	0	0	28	11	40	37	0	0	40	37	68	48	116
345	895	ED-4.3.1	EKAKUSHTHAH	0	2	0	0	0	2	0	8	0	0	0	8	0	10	10
346	897	ED-4.3.3	KITIBAH	23	22	0	0	23	22	97	100	0	0	97	100	120	122	242
347	898	ED-4.3.4	VIPADIKA	3	1	0	0	3	1	0	0	0	0	0	0	3	1	4
348	900	ED-4.3.6	DADRU-KUSHTHAH	76	34	0	0	76	34	95	86	0	0	95	86	171	120	291
349	902	ED-4.3.8	PAMA (KACCU)	8	5	0	0	8	5	11	10	0	0	11	10	19	15	34
350	905	ED-4.3.10	VICARCIKA	43	36	0	0	43	36	90	52	0	0	90	52	133	88	221

351	906	ED-4.3.11	STHULARUSHKA	1	0	0	0	1	0	1	2	0	0	1	2	2	2	4
352	916	ED-4.5	ASADHYAKUSHTHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
353	919	ED-5	SVITRAH	14	17	0	0	14	17	46	12	0	0	46	12	60	29	89
354	921	ED-5.2	PAITTIKA-SVITRAH/KILASAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
355	930	ED-6.3	PITTAJAMASURIKA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
356	956	ED-8	VATARAKTAM	19	16	0	0	19	16	38	52	0	0	38	52	57	68	125
357	957	ED-8.1	VATARAKTA-PURVARUPAM	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
358	958	ED-8.2	UTTANA-VATARAKTAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
359	979	ED-9.7	ANTARVIDRADHIH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
360	983	ED-9.7.4	KUKSHIVIDRADHIH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
361	985	ED-9.7.6	VRUKKAJAVIDRADHIH	9	4	0	0	9	4	21	16	0	0	21	16	30	20	50
362	988	ED-9.7.9	YAKRUJJAVIDRADHIH	12	4	0	0	12	4	11	7	0	0	11	7	23	11	34
363	989	ED-9.7.10	KLOMAJAVIDRADHIH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
364	997	ED-10	VISARPAH	1	2	0	0	1	2	7	0	0	0	7	0	8	2	10
365	1004	ED-10.7	AGNIVISARPAH/VATAPITTAJAVISARPAH/ AGNIDAHAJA-VISARPAH	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
366	1005	ED-10.8	MARMAGATA-AGNIVISARPAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
367	1006	ED-10.9	GRANTHIVISARPAH/VATAKAPAJAVISARPAH	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4
368	1013	ED-11	PIRANGAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
369	1015	ED-11.2	ABYANTARAPIRANGAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
370	1024	ED-13	SLIPADAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
371	1029	ED-14	SITAPITTAM	22	36	0	0	22	36	30	68	0	0	30	68	52	104	156
372	1031	ED-15	UDARDAH	7	4	0	0	7	4	9	7	0	0	9	7	16	11	27
373	1033	ED-16	BAGANDARAH	27	8	0	0	27	8	46	24	0	0	46	24	73	32	105
374	1035	ED-16.2	SATAPONAKABAGANDARAH/VATAJA -BAGANDARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
375	1041	ED-16.8	SAMBUKAVARTA-BAGANDARAH/ SANNIPATAJA-BAGANDARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
376	1061	ED-20.7	MARMABIGHATAJADAHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
377	1064	EE-2	ARBUDAH	2	2	0	0	2	2	1	14	0	0	1	14	3	16	19

378	1074	EE-3	ARSAH	257	123	0	0	257	123	605	279	0	0	605	279	862	402	1264
379	1075	EE-3.1	ARSA-PURVARUPAM	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
380	1076	EE-3.2	SUSHKA-ARSAH	3	3	0	0	3	3	3	1	0	0	3	1	6	4	10
381	1077	EE-3.3	ARDRA-ARSAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
382	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	87	42	0	0	87	42	102	49	0	0	102	49	189	91	280
383	1091	EE-3.15	MUKHARSAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
384	1092	EE-3.16	NETRAJA-ARSAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
385	1095	EE-4	GRANTHIH	44	60	0	0	44	60	165	220	0	0	165	220	209	280	489
386	1096	EE-4.1	VATAJAGRANTHIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
387	1099	EE-4.4	MEDOJAGRANTHIH	3	2	0	0	3	2	5	1	0	0	5	1	8	3	11
388	1100	EE-4.5	SIRAJAGRANTHIH	0	0	0	0	0	0	3	0	0	0	3	0	3	0	3
389	1102	EE-4.7	ASTHIJAGRANTHIH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
390	1107	EE-6	MAMSAPRADOSHAJAROGAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
391	1110	EF-2	PRAMEHAH	99	31	0	0	99	31	667	232	0	0	667	232	766	263	1029
392	1118	EF-2.2.6	SUKRAMEHAH	1	0	0	0	1	0	3	0	0	0	3	0	4	0	4
393	1122	EF-2.2.10	LALAMEHAH	3	0	0	0	3	0	1	0	0	0	1	0	4	0	4
394	1123	EF-2.2.11	SURAMEHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
395	1126	EF-2.2.14	PENAMEHAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
396	1129	EF-2.3.2	KALAMEHAH/KRUSHNAMEHAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
397	1133	EF-2.3.6	HARIDRAMEHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
398	1134	EF-2.3.7	AMLAMEHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
399	1139	EF-2.4.4	MADHUMEHAH/KSHAUDRAMEHAH	94	66	0	0	94	66	857	346	0	0	857	346	951	412	1363
400	1141	EF-2.5	PRAMEHA-PIDAKA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
401	1147	EF-2.5.6	SARSHAPIKA-PRAMEHAPIDAKA	0	1	0	0	0	1	2	0	0	0	2	0	2	1	3
402	1161	EF-3	MEDOROGAH	12	21	0	0	12	21	24	40	0	0	24	40	36	61	97
403	1162	EF-3.1	ASADHYA-MEDOROGAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
404	1164	EF-5	SVEDAVAHA-SROTODUSHTI	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
405	1172	EI-1	SUKRAVAHASROTODUSHTIH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
406	1173	EI-2	KLAIBYAM	14	0	0	0	14	0	38	0	0	0	38	0	52	0	52
407	1175	EI-2.2	DHVAJABANGAJAKLAIBYAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1

408	1184	EI-2.7.4	SUGANDHIKAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
409	1194	EI-3.2.1	VIVARNA-RETAS	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
410	1199	EI-3.5	ANYADHATUPAHITA-RETAS	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
411	1200	EI-3.6	AVASADI-RETAS/GRATHITA-RETAS	0	3	0	0	0	3	2	1	0	0	2	1	2	4	6
412	1206	EI-4	SUKAROGAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
413	1209	EI-4.2	ASHTHILIKA	8	1	0	0	8	1	23	3	0	0	23	3	31	4	35
414	1213	EI-4.6	GRATHITAH	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
415	1216	EI-4.8	TVAKPAKAH	2	4	0	0	2	4	5	3	0	0	5	3	7	7	14
416	1224	EI-4.16	SARSHAPIKA	0	0	0	0	0	0	1	3	0	0	1	3	1	3	4
417	1225	EI-4.17	SAMMUDHAPIDAKA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
418	1242	EI-6.6	MEDOJA-VRUDDHIH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
419	1244	EI-6.8	ANTRA-VRUDDHIH	1	2	0	0	1	2	1	2	0	0	1	2	2	4	6
420	1248	EJ-2	ASMARI	55	34	0	0	55	34	71	77	0	0	71	77	126	111	237
421	1250	EJ-2.2	VATAJA-ASMARI	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
422	1251	EJ-2.3	PITTAJA-ASMARI	1	4	0	0	1	4	3	5	0	0	3	5	4	9	13
423	1253	EJ-2.5	SUKRASMARI	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
424	1258	EJ-3	MUTRAGHATAH	3	1	0	0	3	1	0	6	0	0	0	6	3	7	10
425	1264	EJ-3.4	MUTRAKSHAYAH/MUTRASAMKSHAYAH	2	1	0	0	2	1	4	0	0	0	4	0	6	1	7
426	1265	EJ-3.5	MUTRATITAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
427	1271	EJ-3.11	MUTRASUKRAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
428	1278	EJ-4	MUTRAKRUCCRAM	1	3	0	0	1	3	8	7	0	0	8	7	9	10	19
429	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	22	28	0	0	22	28	28	79	0	0	28	79	50	107	157
430	1305	EK-3.1	SOPA-PURVARUPAM	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
431	1318	EK-3.14	ASADHYA-SOPAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
432	1320	EK-3.16	SIRASOTHAH	0	0	0	0	0	0	2	2	0	0	2	2	2	2	4
433	1321	EK-3.17	SARVASARA-SOTHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
434	1324	EK-4	UDARA/UDARAROGAH	5	0	0	0	5	0	2	2	0	0	2	2	7	2	9
435	1325	EK-4.1	UDARA-PURVARUPAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
436	1337	EK-4.6	YAKRUDDALYUDARAH	12	2	0	0	12	2	64	37	0	0	64	37	76	39	115
437	1338	EK-4.7	BADDHAGUDODARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

438	1340	EK-4.9	JALODARAH	1	1	0	0	1	1	1	1	0	0	1	1	2	2	4
439	1344	EK-4.11	ASADHYA-UDARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
440	1345	EK-4.12	UPEKSHYAMANA-UDARAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
441	1346	EK-4.13	UDARA-UPADRAVAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
442	1349	EL-1	ARTAVAVAHA-SROTODUSHTIH	0	0	0	0	0	0	0	5	0	0	0	5	0	5	5
443	1350	EL-2	YONIROGAH/YONI-VYAPADAH	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
444	1355	EL-2.5	ACARANA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
445	1356	EL-2.6	ATYANANDA	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
446	1357	EL-2.7	ATICARANA	0	1	0	0	0	1	0	4	0	0	0	4	0	5	5
447	1360	EL-2.10	UDAVARTINI	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
448	1367	EL-2.17	PRASRAMSINI/PRASRAVINI	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
449	1369	EL-2.19	PALINI/ANDALI	2	1	0	0	2	1	2	1	0	0	2	1	4	2	6
450	1374	EL-2.24	VANDHYA	1	8	0	0	1	8	4	16	0	0	4	16	5	24	29
451	1376	EL-2.26	SUCIMUKHI/SUCIVAKTRA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
452	1377	EL-2.27	YONIKANDAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
453	1383	EL-3	ARTAVADOSHAH/ARTAVADUSHTIH/RAJODOSHAH	1	16	0	0	1	16	0	36	0	0	0	36	1	52	53
454	1384	EL-3.1	VATAJA-ARTAVADUSHTIH	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
455	1385	EL-3.2	PITTAJA/ARTAVADUSHTIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
456	1388	EL-3.5	GRANTHIBUTA-ARTAVADUSHTIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
457	1390	EL-3.7	KSHINA-ARTAVADUSHTIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
458	1392	EL-4	ASRUGDARAH/RAKTAPRADARAH	0	9	0	0	0	9	0	13	0	0	0	13	0	22	22
459	1398	EL-5	SOMAROGAH/SVETAPRADARAH	1	167	0	0	1	167	1	309	0	0	1	309	2	476	478
460	1399	EL-6	GARBINIROGAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
461	1400	EL-6.1	KIKKISA-GARBINIROGAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
462	1412	EL-8	MUDHAGARBAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
463	1413	EL-8.1	KILAKAH	1	1	0	0	1	1	2	1	0	0	2	1	3	2	5
464	1419	EL-9	SUTIKAROGAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
465	1422	EM-1	MANOVAHASROTODUSHTIH	30	16	0	0	30	16	53	39	0	0	53	39	83	55	138
466	1423	EM-2	UNMADAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
467	1435	EM-2.8.4	SIDDHONMADAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

468	1436	EM-2.8.5	PITRU-UNMADAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
469	1445	EM-2.8.13	PRETONMADAH	1	1	0	0	1	1	4	3	0	0	4	3	5	4	9
470	1457	EM-3	APASMARAH	2	2	0	0	2	2	3	2	0	0	3	2	5	4	9
471	1458	EM-3.1	APASMARA-PURVARUPAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
472	1465	EM-4	ATATTVABINIVESAH/MAHAGADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
473	1479	EM-6	MADAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
474	1491	EM-7	MURCCA	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
475	1503	EM-8.1	AUKIRNABUTA-GRAHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
476	1519	EM-9	MANA-SANTAPAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
477	1521	EM-11	BRAMAH	2	2	0	0	2	2	0	5	0	0	0	5	2	7	9
478	1523	F-1	VATAJA-SIROROGAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
479	1527	F-5	RAKTAJA-SIROROGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
480	1529	F-7	ANANTAVATAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
481	1530	F-8	ARDHAVABEDAKAH	2	4	0	0	2	4	3	8	0	0	3	8	5	12	17
482	1531	F-9	SURYAVARTAH	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
483	1537	FA-2	AKALAPALITAH/PALITAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
484	1538	FA-2.1	VATIKA-PALITAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
485	1539	FA-2.3	PITTAJAPALITAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
486	1543	FA-3	KHALITYAM/KHALATI	38	39	0	0	38	39	23	30	0	0	23	30	61	69	130
487	1545	FA-3.2	PITTAJA KHALITYAM	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
488	1548	FA-4	DARUNAKAH	0	1	0	0	0	1	2	1	0	0	2	1	2	2	4
489	1549	FA-5	ARUMSHIKA (KAPALA)	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
490	1563	GA-9	KHANDAUSHTHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
491	1569	GB-4	SAUSHIRAH	0	0	0	0	0	0	1	2	0	0	1	2	1	2	3
492	1574	GB-9	VARDHANAH/ADHIDANTAH	2	0	0	0	2	0	0	1	0	0	0	1	2	1	3
493	1577	GB-12	DANTANADI	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
494	1586	GC-3	DANTAHARSHAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
495	1604	GE-1	GALASUNDIKA (KANTHASUNDI)	1	0	0	0	1	0	1	1	0	0	1	1	2	1	3
496	1605	GE-2	GALAGRAHAH	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
497	1606	GE-3	TUNDIKERI	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2

498	1608	GE-5	KACCAPAH (KACCAPI)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
499	1629	GF-6	VRUNDAH	0	2	0	0	0	2	1	0	0	0	1	0	1	2	3
500	1637	GF-14	APACI	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
501	1641	GF-17	GANDAMALA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
502	1643	GF-19	GALAGANDAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
503	1650	GG-1	VATAJA-SARVASARA-MUKHAROGAH	3	1	0	0	3	1	1	0	0	0	1	0	4	1	5
504	1656	GG-4	RAKTAJA-SARVASARA-MUKHAROGAH/MUKHAPAKAH	9	1	0	0	9	1	19	10	0	0	19	10	28	11	39
505	1663	H-1	NETRAROGAPURVARUPA	3	3	0	0	3	3	1	1	0	0	1	1	4	4	8
506	1664	H-2	VATAJA-NETRAROGAH	7	3	0	0	7	3	4	3	0	0	4	3	11	6	17
507	1665	H-3	PITTAJA-NETRAROGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
508	1683	HA-3.3	RAKTASRAVAH	4	3	0	0	4	3	4	4	0	0	4	4	8	7	15
509	1684	HA-3.4	PITTASRAVAH	0	1	0	0	0	1	3	3	0	0	3	3	3	4	7
510	1690	HB-1	UTSANGINI	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
511	1696	HB-7	ANJANANAMIKA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
512	1707	HB-18	VARTMAGATA-RAKTARSAH/SONITARSAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
513	1726	HD-7	ARJUNAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
514	1734	HE-2	AVRANASUKRAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
515	1736	HE-3	PAKATYAYAH/SIRASANGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
516	1738	HE-5	SIRASUKRAH	5	14	0	0	5	14	8	19	0	0	8	19	13	33	46
517	1740	HF-1	ABISHYANDAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
518	1756	HF-9	AMLADHYUSHITAH/AMLOSHITA	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
519	1758	HF-11	SIRAPRAHARSHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
520	1761	HG-1	TIMIRAH	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
521	1769	HG-1.7	DVIDHASTHITADOSHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
522	1778	HG-2	KACAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
523	1814	I-1	PRATISYAYAH/PINASAH	231	111	0	0	231	111	392	276	0	0	392	276	623	387	1010
524	1815	I-1.1	PRATISYAYA-PURVARUPAM	11	10	0	1	11	11	24	10	0	0	24	10	35	21	56
525	1816	I-1.2	DUSHTAPRATISYAYAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
526	1825	I-1.11	PRATISYAYA-UPADRAVAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
527	1832	I-6	APINASAH	6	3	0	0	6	3	6	14	0	0	6	14	12	17	29

528	1833	I-7	GHRANAPAKAH/NASAPAKAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
529	1853	I-16	NASARSAH	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
530	1859	I-18	BRUSAKSHAVAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
531	1866	J-6	KARNA-KANDU	1	1	0	0	1	1	0	2	0	0	0	2	1	3	4
532	1870	J-10	KARNAPAKAH	1	1	0	0	1	1	2	1	0	0	2	1	3	2	5
533	1871	J-11	KARNA-PRATINAHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
534	1894	J-17	KRUMIKARNAKAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
535	1896	J-19	BADHIRYAM	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
536	1899	J-22	KITA-PRAVISHTA-KARNAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
537	1908	JA-8	VIDARI	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
538	1909	JA-9	TANTRIKAH	0	1	0	0	0	1	2	1	0	0	2	1	2	2	4
539	1941	K-2.1	SADYOVRANAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
540	1948	K-2.1.4	AVAKRUTTAH/AVIKLRUPTAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
541	1950	K-3	SUDDHAVRANAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
542	1961	K-14	NADIVRANAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
543	1972	LA-1	SANDHIMUKTAM	1	0	0	0	1	0	1	2	0	0	1	2	2	2	4
544	1973	LA-1.1	UTPISHTA-SANDHIMUKTAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
545	1978	LA-1.6	TIRYAKAKSHIPTA-SANDHIMUKTAM	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
546	1979	LA-2	KANDABAGNA-ADHIKARANAM	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
547	1988	LA-2.9	VAKRA-BAGNAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
548	1989	LA-2.10	CINNABAGNAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
549	1992	LA-3	VIVIDHA-AVAYAVA-BAGNAH	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
550	1999	LA-3.7	GRIVA-BAGNAH	0	1	0	0	0	1	3	2	0	0	3	2	3	3	6
551	2000	LA-3.8	SKANDHA-BAGNAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
552	2015	LB-1.2	DURDAGDHAM	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
553	2020	LB-4	TVAK-DAGDHAH	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
554	2030	LD-1.2	KSHIPRA-MARMAVIDDHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
555	2034	LD-1.6	INDRABASTI-MARMAVIDDHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
556	2035	LD-1.7	JANU-MARMAVIDDHAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
557	2040	LD-1.12	MANIBANDHA-MARMAVIDDHAH	0	0	0	0	0	0	2	1	0	0	2	1	2	1	3

558	2042	LD-1.14	KAKSHADHARA-MARMAVIDDHAH	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
559	2043	LD-2	MADHYAMANGA-MARMAVIDDHAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
560	2048	LD-2.5	STANAROHITA-MARMAVIDDHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
561	2052	LD-2.9	KATIKATARUNA-MARMAVIDDHAH	3	2	0	0	3	2	3	6	0	0	3	6	6	8	14
562	2056	LD-2.13	BRUHATI-MARMAVIDDHAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
563	2062	LD-3.3	KRUKATIKA-MARMAVIDDHAH	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
564	2072	LD-3.13	SIMANTA-MARMAVIDDHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
565	2083	LD-13	VAIKALYAKARAMARMAVIDDHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
566	2108	LH-1	SIRAVIDDHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
567	2136	MA-3	PINDALIKA	1	0	0	0	1	0	0	2	0	0	0	2	1	2	3
568	2141	MB-1	SKANDAGRAHAH	4	6	0	0	4	6	6	7	0	0	6	7	10	13	23
569	2164	MD-7	GUDAPAKAH/GUDAKUTTANAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
570	2170	MD-11	DAURBALYAM	206	182	0	0	206	182	403	387	0	1	403	388	609	570	1179
571	2171	MD-12	KUMARASOSHAH	1	1	0	0	1	1	1	0	0	0	1	0	2	1	3
572	2173	MD-14	KUKUNAKAH	1	1	0	0	1	1	2	4	0	0	2	4	3	5	8
573	2188	NA-3	PIPILIKA BAHYAKRUMIH	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
574	2191	NB-1.1	KESADAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
575	2195	NB-1.5	SAURASAH	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
576	2204	NB-2.1	ANTRADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
577	2208	NB-2.5	DARBAPUSHPAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
578	2209	NB-2.6	SAUGANDHIKAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
579	2215	NB-2.12	DARUNAKRUMIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
580	2232	NB-4.1.1	VATIKA SNAYUKA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
581	2235	O	KSHUDRAROGAH	0	1	0	0	0	1	1	1	0	0	1	1	1	2	3
582	2251	O-15	KUNAKHAH	0	1	0	0	0	1	1	0	0	0	1	0	1	1	2
583	2263	O-23	TILAKAH/TILAKALAKA	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
584	2265	O-24	NYACCAH	1	6	0	0	1	6	0	6	0	0	0	6	1	12	13
585	2266	O-25	NIRUDDHAPRAKASAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
586	2267	O-26	NILIKA	1	4	0	0	1	4	0	3	0	0	0	3	1	7	8
587	2272	O-30	PARIVARTIKA	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2

588	2276	O-31	PADADARI	0	2	0	0	0	2	11	4	0	0	11	4	11	6	17
589	2277	O-32	PASHANAGARDABAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
590	2280	O-35	YUVANAPIDAKA (MUKHADUSHIKA)	32	23	0	0	32	23	28	29	0	0	28	29	60	52	112
591	2284	O-39	RUHYA/ INDRALUPTAH	2	1	0	0	2	1	7	0	0	0	7	0	9	1	10
592	2287	O-42	VYANGAH	5	49	0	0	5	49	18	55	0	0	18	55	23	104	127
593	2293	O-43	VIDARIKA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
594	2294	O-44	VIVRUTA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
595	2296	O-46	VISPOTAKAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
596	2306	O-47	VRUSHANAKACCUH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
597	2310	O-51	ALASYAM	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
598	2311	O-52	UTKLESAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
599	2318	P-4	VISHASEVANAJANYA LAKSHANA	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
600	2333	PA-10	SAVISHA-ABYANGAM	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
601	2354	PA-31	DASHTANIPIDITAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
602	2371	PC-2	PATRA-VISHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
603	2375	PC-5	TVAKA-VISHAH	0	2	0	0	0	2	4	0	0	0	4	0	4	2	6
604	2382	PC-10.2	VATSANABAVISHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
605	2383	PC-10.3	SARSHAPAVISHAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
606	2392	PC-10.12	KARKATAKAVISHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
607	2413	PE-1.1.2	RADITA/RUDITA-DASHTAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
608	2446	PE-1.8	GARBINISARPADASHTAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
609	2448	PE-1.10	GRASARTHISARPADASHTAH	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
610	2481	PE-4	KITAVISHAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
611	2489	PE-4.8	GARAVISHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
612	2502	PE-4.21	MASAKA-DASHTAH	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
613	2514	PE-4.33	SAVISHA-PRANIDASHTAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
614	2526	PE-6.4	TRIMANDALA-LUTAVISHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
615	2527	PE-6.5	SVETA-LUTAVISHAH	0	2	0	0	0	2	1	6	0	0	1	6	1	8	9
616	2544	PE-6.20.2	NAKHAGRADAMSA-LUTAVISHAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
617	2547	PE-6.20.4	RAJO-LUTAVISHAH	0	2	0	0	0	2	0	4	0	0	0	4	0	6	6

618	2554	PE-6.25	LUTAVISHA-DINARDHA-AVASTHAVISESHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
619	2564	Q-2	ATIMATRAHARAH/AHARATIYOGAH	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
620	2576	Q-12.1	MADHURARASATIYOGAH	1	0	0	0	1	0	2	1	0	0	2	1	3	1	4
621	2577	Q-12.2	AMLARASATIYOGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
622	2584	RA-1	NIDRANASAH/ASVAPNAH	3	1	0	0	3	1	5	4	0	0	5	4	8	5	13
623	2586	RA-3	DIVASVAPNAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
624	2589	RB-1	RUTU-APACARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
625	2594	RD-1	ADHOVATA-VEGAVARODHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
626	2601	RD-8	NIDRAVEGARODHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
627	2612	RF-1	ATIVYAYAMAH/VYAYAMATIYOGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
628	2619	SB	SVEDANA-APACARAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
629	2626	SD-2	AMATISARASANGRAHAH	1	0	0	0	1	0	2	0	0	0	2	0	3	0	3
630	2639	SG-3.3	SRAMARTAMATTAMURCCIT ANAM NASYAVYAPADAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
631	2640	SG-3.4	KARMABARADHVAHTOPAVA SAMAITHUNADHYAYANAVYA YAMACINTAPRASAKTA V	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
632	2649	SG-3.13	MUTRAGHATAPLIHAGULMODAR ASHTHILASVAROPAGHATARTANAM VAMANAVYAPADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
633	2651	SG-3.15	SIRAHSANKHAKARNAKSHISULARTANAM VAMANAVYAPADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
634	2654	SG-4.2	PARIKARTIKA-VAMANAVYAPAD	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
635	2663	SG-4.11	VATASULAVYAPAT	1	0	0	0	1	0	0	1	0	0	0	1	1	1	2
636	2667	SH-2	VIRECANAYOGA	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
637	2692	SH-4.7	VIBRAMSA: VIRECANAVYAPAD	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
638	2696	SH-4.11	VIBANDHAVYAPAT	0	1	0	0	0	1	0	2	0	0	0	2	0	3	3
639	2707	SI-1.8	PRAVAHIKA BASTI VYAPAD	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
640	2710	SI-1.11	PARIKARTIKA BASTI VYAPAD	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
641	2719	SI-2.3.4	ATIDURBALA-KSHUTARTA-TRUSHNARTA-SRAMARTANAM ASTHAPANAVYAPADAH	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2

642	2727	SI-2.3.12	BADDHACCIDRODAKODARADHMANARTANAM ASTHAPANAVYAPADAH	0	2	0	0	0	2	0	1	0	0	0	1	0	3	3
643	2729	SI-2.3.14	MADHUMEHAKUSHTHINO ASTHAPANAVYAPADAH	0	0	0	0	0	0	1	1	0	0	1	1	1	1	2
644	2731	SI-3.1	ANUVASANATIYOGAH/SNEHABASTI-ATIYOGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
645	2732	SI-3.2	ANUVASANAVASTYAYOGAH/SNEHABASTI-AYOGAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
646	2733	SI-3.3	ANUVASANA-MITHYAYOGAH	0	2	0	0	0	2	0	0	0	0	0	0	0	2	2
647	2738	SI-3.3.5	MANDAGNI-DURBALAYOH ANUVASANAVYAPADAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
648	2758	SK-3.2	PITASNEHAMADYATOYAPATUKAMANAM NASYAVYAPADAH	1	1	0	0	1	1	0	0	0	0	0	0	1	1	2
649	2762	SK-3.6	SRANTAPIPASITAKSHUDHITANAM VAMANAVYAPADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
650	2767	SK-3.11	ANUVASITASYA NASYAVYAPADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
651	2817	SS-1	SASTRAKSHARAGNIVIBRAMA (ARSASAM)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
652	2827	SS-3.5	ALPAPRAVRUTTA-RAKTAH	0	2	0	0	0	2	0	2	0	0	0	2	0	4	4
653	2833	ST-2	KSHARAPANA-ATIYOGAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
654	2842	SU-1.1	AGNI-ATIDAGDHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
655	2850	SW-1	ABUDHNAVRANAH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
656	2855	SW-6	GADHABANDHANA-VRANAH	0	0	0	0	0	0	2	0	0	0	2	0	2	0	2
657	4	AA	VATAVYADHIH	185	199	0	0	185	199	324	411	0	0	324	411	509	610	1119
658	515	EB-2	ATISARAH	11	13	0	0	11	13	18	11	0	0	18	11	29	24	53
659	1616	GF	KANTHAGATA ROGAH	0	1	0	0	0	1	0	3	0	0	0	3	0	4	4
660	#N/A	0000	NONE	1	1	0	0	1	1	7	5	0	0	7	5	8	6	14
661	1913	K	VRANAH	14	5	0	0	14	5	23	6	0	0	23	6	37	11	48
662	7	AAA-2	VATAVRUDDHIH	0	0	2	0	2	0	0	0	0	0	0	0	2	0	2
663	8	AAA-2.1	VATAPRAKOPAH	0	0	0	1	0	1	0	1	0	0	0	1	0	2	2
664	11	AAA-2.4	VYANAVATAKOPAH	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
665	12	AAA-2.5	SAMANAVATAKOPAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1

666	19	AAB-3	ANGAMARDAH (KEVALAVATA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
667	33	AAB-17	UDAVARTAH (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
668	38	AAB-22	KANTHODHVAMSAH (KEVALAVATA)	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
669	39	AAB-23	KARNASULAH (KEVALAVATA)	0	0	1	2	1	2	0	0	0	0	0	0	1	2	3
670	41	AAB-25	KASHAYASYATA (KEVALAVATA)	0	0	2	0	2	0	0	0	1	1	1	1	3	1	4
671	43	AAB-27	KARSHNYAM (KEVALAVATA)	0	0	0	0	0	0	1	0	3	1	4	1	4	1	5
672	45	AAB-29	KARSYAM (KEVALAVATA)	4	2	15	13	19	15	1	1	22	5	23	6	42	21	63
673	49	AAB-33	GRIVASTAMBAH (KEVALAVATA)	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
674	53	AAB-37	GRUDHRASI (KEVALAVATA)	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
675	60	AAB-43	TIMIRAH (KEVALAVATA)	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
676	61	AAB-44	TVAKSUNYATA (KEVALAVATA)	0	1	0	1	0	2	0	0	0	0	0	0	0	2	2
677	64	AAB-47	DANTABEDAH (KEVALAVATA)	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
678	65	AAB-48	DANTASAITHILYAM (KEVALAVATA)	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
679	72	AAB-55	PADASULAH (KEVALAVATA)	0	1	0	0	0	1	0	1	0	0	0	1	0	2	2
680	74	AAB-57	PARUSHYAM (KEVALAVATA)	0	0	0	0	0	0	0	1	0	1	0	2	0	2	2
681	76	AAB-59	PINDIKODVESHTANAM (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
682	86	AAB-69	MUKATVAM (KEVALAVATA)	0	0	1	1	1	1	0	0	0	0	0	0	1	1	2
683	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	2	1	2	2	4	3	2	1	0	1	2	2	6	5	11
684	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	1	0	1	3	2	3	1	0	1	0	2	0	4	3	7
685	93	AAB-76	RAJONASAH (KEVALAVATA)	0	2	0	0	0	2	0	3	0	0	0	3	0	5	5
686	105	AAB-88	VAMANATVAM (KEVALAVATA)	1	0	1	0	2	0	1	0	1	0	2	0	4	0	4
687	107	AAB-90	VIPADIKA (NANATMAJA) (KEVALAVATA)	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
688	113	AAB-96	SIRORUK (KEVALAVATA)	2	2	1	0	3	2	0	5	4	1	4	6	7	8	15
689	119	AAB-101	SYAVARUNASYATA (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
690	2976	AAB-112	GRIVAHUNDANAM	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
691	139	AAC-6	ASTHISOSHAH	0	0	0	1	0	1	0	2	0	0	0	2	0	3	3
692	141	AAC-8	AVABAHUKAH	0	0	1	1	1	1	0	1	0	1	0	2	1	3	4
693	147	AAC-12	ADHMANAM	1	1	1	1	2	2	2	0	0	1	2	1	4	3	7
694	2983	AAC-12.4	VIBANDHA	5	3	10	3	15	6	5	3	4	6	9	9	24	15	39
695	151	AAC-14	URDHVAVATAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1

696	156	AAC-19	KHALLI	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
697	165	AAC-24.2	PITTANVITAPAKSHAGHATAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
698	167	AAC-25	PADADAHAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
699	169	AAC-27	PRATITUNI	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
700	170	AAC-28	PRATYASHTHILA	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
701	171	AAC-29	VRANAYAMAH	0	0	0	1	0	1	0	0	0	1	0	1	0	2	2
702	206	AAD-2.1	PITTAVRUTAVATAH	2	0	0	0	2	0	3	0	0	0	3	0	5	0	5
703	220	AAD-3.1	RAKTAVRUTAVATAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
704	228	AAD-4.1	MUTRAVRUTAVATAH	1	0	1	1	2	1	0	0	2	2	2	2	4	3	7
705	232	AAE	STHANAVISESHA-KUPITAVATAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
706	235	AAE-3	GUDASTHITAVATAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
707	239	AAE-7	TVAK^-GATAVATAH	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
708	242	AAE-10	MEDOGATAVATAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
709	248	AAE-16	SANDHIGATAVATAH	3	2	2	0	5	2	2	1	0	1	2	2	7	4	11
710	250	AA-1	KRUCCRASADHYAVATAVYADHIH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
711	251	AA-2	ASADHYAVATAVYADHIH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
712	252	AA-3	VATAVYADHI-UPADRAVAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
713	262	ABB-1	AKSHIPAKAH (KEVALAPITTA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
714	263	ABB-2	ANGAGANDHAH (KEVALAPITTA)	0	0	0	1	0	1	0	1	0	1	0	2	0	3	3
715	265	ABB-4	ATISVEDAH (KEVALAPITTA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
716	268	ABB-7	AMLAKAH (KEVALAPITTA)	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
717	274	ABB-13	KAMALA (KEVALAPITTA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
718	275	ABB-14	GALAPAKAH (KEVALAPITTA)	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
719	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	1	0	0	0	1	0	1	0	0	0	1	0	2	0	2
720	311	ABC-7	TVAKSTHITAPITTAKOPAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
721	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	0	3	0	3	0	6	0	12	0	1	0	13	0	19	19
722	329	ACB-4	UDARDAH (KEVALA-KAPHA)	3	2	1	6	4	8	2	6	2	3	4	9	8	17	25
723	332	ACB-7	BUDDHIMANDYAM (KEVALA-KAPHA)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
724	338	ACB-13	GALAGANDAH (KEVALA-KAPHA)	0	0	0	1	0	1	0	0	1	0	1	0	1	1	2
725	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	4	4	12	11	16	15	3	4	18	11	21	15	37	30	67

726	409	BA-3	ARTAVAVAISHAMYAM	0	3	0	0	0	3	0	19	2	0	2	19	2	22	24
727	410	BA-3.1	ARTAVAKSHAYAH	0	1	1	0	1	1	0	2	0	0	0	2	1	3	4
728	411	BA-3.2	ARTAVAVRUDDHIH	0	0	0	0	0	0	0	2	0	0	0	2	0	2	2
729	426	BI-6	VYAVAYAJANYARAJAYAKSHMA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
730	446	CA-1	MUTRAKSHAYAH	1	1	3	6	4	7	3	0	3	6	6	6	10	13	23
731	464	DB-1.1	MANDAGNI-ARISHTAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
732	473	EA-2.2	MAHATIHIKKA	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
733	476	EA-2.5	KSHUDRA HIKKA	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
734	480	EA-3	KASAH	10	1	45	34	55	35	13	4	42	26	55	30	110	65	175
735	482	EA-3.2	VATAJAKASAH	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
736	484	EA-3.4	KAPAJAKASAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
737	489	EA-4	SVASAH	2	2	4	5	6	7	1	1	2	4	3	5	9	12	21
738	518	EB-2.2.1	PAKVAVATIKATISARAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
739	525	EB-2.9	JVARATISARAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
740	536	EB-3	AJIRNAM	0	0	4	3	4	3	0	0	5	1	5	1	9	4	13
741	558	EB-4	AMLAPITTAM	1	2	0	0	1	2	0	0	0	0	0	0	1	2	3
742	592	EB-6.6	AGANTUJA-CARDIH	0	0	0	0	0	0	0	0	1	1	1	1	1	1	2
743	597	EB-6.7	KRUMIJA-CARDIH	1	1	11	6	12	7	0	0	9	7	9	7	21	14	35
744	601	EB-7	GRAHANIDOSHAH	0	0	6	5	6	5	1	3	6	1	7	4	13	9	22
745	602	EB-7.1	GRAHANI-PURVARUPAM	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
746	628	EB-9	PRAVAHIKA	0	0	3	1	3	1	1	2	0	2	1	4	4	5	9
747	633	EB-10	SULAH	2	0	1	5	3	5	2	2	2	4	4	6	7	11	18
748	634	EB-10.1	VATAJASULAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
749	639	EB-10.6	KUKSHISULAH	0	0	1	0	1	0	0	0	1	0	1	0	2	0	2
750	652	EB-10.16	TRIKASULAH	1	1	0	1	1	2	1	0	0	0	1	0	2	2	4
751	653	EB-10.17	MUTRASULAH	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1
752	676	EB-12	PARIKARTIKA	0	1	1	1	1	2	0	0	0	0	0	0	1	2	3
753	686	EC-2.5	KRUMIJAHRUDROGAH	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
754	689	EC-3	JVARAH	3	4	13	14	16	18	5	6	6	8	11	14	27	32	59
755	744	EC-3.9	AGANTUJVARAH	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1

756	745	EC-3.9.1	ABIGHATAJAJVARAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
757	798	EC-4	STANYADUSHTIH/KSHIRADOSHAH	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
758	812	EC-5	PANDUROGAH	2	7	13	8	15	15	1	6	7	14	8	20	23	35	58
759	813	EC-5.1	PANDU-PURVARUPAM	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
760	822	EC-5.10	PANDU-ARISHTAH	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
761	823	EC-6	AMAVATAH	1	0	1	1	2	1	0	7	0	1	0	8	2	9	11
762	828	EC-7	ARUCIH	0	1	2	1	2	2	0	0	0	2	0	2	2	4	6
763	829	EC-8	KESAROGAH	2	4	2	5	4	9	0	5	0	0	0	5	4	14	18
764	838	ED-2.2	KANDUH	7	3	8	7	15	10	6	3	7	7	13	10	28	20	48
765	850	ED-2.8	NIDRANASAH/ASVAPNAH	0	1	2	0	2	1	0	0	0	0	0	0	2	1	3
766	851	ED-2.9	PIDAKA	1	1	1	3	2	4	0	0	0	1	0	1	2	5	7
767	874	ED-3	KAMALA	0	1	0	1	0	2	0	1	0	0	0	1	0	3	3
768	883	ED-4	KUSHTHAM	4	1	0	0	4	1	2	0	0	0	2	0	6	1	7
769	894	ED-4.3	KSHUDRAKUSHTHAM	0	0	2	1	2	1	0	0	0	0	0	0	2	1	3
770	897	ED-4.3.3	KITIBAH	0	0	0	1	0	1	1	0	0	0	1	0	1	1	2
771	900	ED-4.3.6	DADRU-KUSHTHAH	3	1	1	2	4	3	1	3	0	3	1	6	5	9	14
772	902	ED-4.3.8	PAMA (KACCU)	0	1	2	1	2	2	0	3	1	0	1	3	3	5	8
773	905	ED-4.3.10	VICARCIKA	3	4	5	7	8	11	3	5	2	1	5	6	13	17	30
774	906	ED-4.3.11	STHULARUSHKA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
775	919	ED-5	SVITRAH	0	1	3	3	3	4	0	1	16	21	16	22	19	26	45
776	956	ED-8	VATARAKTAM	0	0	1	0	1	0	0	0	1	0	1	0	2	0	2
777	1029	ED-14	SITAPITTAM	1	2	2	1	3	3	1	2	3	0	4	2	7	5	12
778	1031	ED-15	UDARDAH	1	0	0	0	1	0	0	0	1	0	1	0	2	0	2
779	1074	EE-3	ARSAH	2	2	3	2	5	4	1	3	3	0	4	3	9	7	16
780	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	0	0	0	1	0	1	0	0	1	1	1	1	1	2	3
781	1095	EE-4	GRANTHIH	0	3	1	1	1	4	0	0	2	0	2	0	3	4	7
782	1110	EF-2	PRAMEHAH	0	0	4	1	4	1	2	0	2	1	4	1	8	2	10
783	1139	EF-2.4.4	MADHUMEHAH/KSHAUDRAMEHAH	0	0	0	0	0	0	0	0	0	1	0	1	0	1	1
784	1147	EF-2.5.6	SARSHAPIKA-PRAMEHAPIDAKA	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
785	1161	EF-3	MEDOROGAH	1	2	0	1	1	3	0	2	0	0	0	2	1	5	6

786	1216	EI-4.8	TVAKPAKAH	0	0	0	1	0	1	1	1	0	0	1	1	1	2	3
787	1248	EJ-2	ASMARI	0	0	1	0	1	0	1	0	2	0	3	0	4	0	4
788	1264	EJ-3.4	MUTRAKSHAYAH/MUTRASAMKSHAYAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
789	1278	EJ-4	MUTRAKRUCCRAM	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
790	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	0	0	4	1	4	1	0	2	2	1	2	3	6	4	10
791	1324	EK-4	UDARA/UDARAROGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
792	1344	EK-4.11	ASADHYA-UDARAH	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
793	1345	EK-4.12	UPEKSHYAMANA-UDARAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
794	1383	EL-3	ARTAVADOSHAH/ARTAVADUSHTIH/RAJODOSHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
795	1392	EL-4	ASRUGDARAH/RAKTAPRADARAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
796	1398	EL-5	SOMAROGAH/SVETAPRADARAH	0	12	0	4	0	16	0	3	0	1	0	4	0	20	20
797	1422	EM-1	MANOVAHASROTODUSHTIH	0	0	1	1	1	1	0	0	0	1	0	1	1	2	3
798	1423	EM-2	UNMADAH	0	0	1	1	1	1	0	0	2	6	2	6	3	7	10
799	1457	EM-3	APASMARAH	1	0	1	1	2	1	6	0	0	0	6	0	8	1	9
800	1465	EM-4	ATATTVABINIVESAH/MAHAGADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
801	1543	FA-3	KHALITYAM/KHALATI	0	4	1	0	1	4	1	1	0	1	1	2	2	6	8
802	1545	FA-3.2	PITTAJA KHALITYAM	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
803	1569	GB-4	SAUSHIRAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
804	1585	GC-2	KRUMIDANTAKAH	0	0	0	2	0	2	0	0	0	0	0	0	0	2	2
805	1604	GE-1	GALASUNDIKA (KANTHASUNDI)	1	0	0	0	1	0	0	0	0	0	0	0	1	0	1
806	1606	GE-3	TUNDIKERI	0	0	2	3	2	3	0	0	0	1	0	1	2	4	6
807	1643	GF-19	GALAGANDAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
808	1656	GG-4	RAKTAJA-SARVASARA-MUKHAROGAH/MUKHAPAKAH	0	0	1	0	1	0	0	1	0	1	0	2	1	2	3
809	1663	H-1	NETRAROGAPURVARUPA	0	1	0	0	0	1	0	0	1	0	1	0	1	1	2
810	1664	H-2	VATAJA-NETRAROGAH	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
811	1666	H-4	KAPAJA-NETRAROGAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
812	1730	HD-11	BALASAKAH/BALASAGRATHITAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
813	1760	HG	DRUSHTIGATAROGAH	0	0	0	0	0	0	0	0	2	0	2	0	2	0	2
814	1814	I-1	PRATISYAYAH/PINASAH	12	9	23	12	35	21	15	9	38	25	53	34	88	55	143

815	1815	I-1.1	PRATISYAYA-PURVARUPAM	2	0	5	3	7	3	1	1	0	4	1	5	8	8	16
816	1816	I-1.2	DUSHTAPRATISYAYAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
817	1871	J-11	KARNA-PRATINAHAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
818	1894	J-17	KRUMIKARNAKAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
819	2022	LB-6	SIRADAGDHAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
820	2170	MD-11	DAURBALYAM	15	12	20	25	35	37	10	17	17	13	27	30	62	67	129
821	2195	NB-1.5	SAURASAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
822	2244	O-8	INDRAVIDDHA	0	0	1	0	1	0	0	1	0	0	0	1	1	1	2
823	2250	O-14	KADARAH	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
824	2280	O-35	YUVANAPIDAKA (MUKHADUSHIKA)	4	4	0	4	4	8	4	2	0	1	4	3	8	11	19
825	2284	O-39	RUHYA/ INDRALUPTAH	0	0	0	1	0	1	0	0	0	0	0	0	0	1	1
826	2287	O-42	VYANGAH	2	0	1	0	3	0	0	0	0	0	0	0	3	0	3
827	2375	PC-5	TVAKA-VISHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
828	2610	RE-2	VYAVAYATIYOGAH	0	0	0	0	0	0	0	0	1	0	1	0	1	0	1
829	2640	SG-3.4	KARMABARADHVAHTOPAVASAMAITHUNA DHYAYANAVYAYAMACINTAPRASAKTA V	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
830	2723	SI-2.3.8	KRUTANASTA:KARMANA	0	0	1	0	1	0	0	0	0	0	0	0	1	0	1
831	2727	SI-2.3.12	BADDHACCIDRODAKODARADHMANARTANAM ASTHAPANAVYAPADAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
832	2853	SW-4	ATIRUKSHAVRANAVARTI-UPAYOGAH	0	1	0	0	0	1	0	0	0	0	0	0	0	1	1
833	4	AA	VATAVYADHIH	0	1	3	2	3	3	1	3	3	1	4	4	7	7	14
834	515	EB-2	ATISARAH	2	1	1	1	3	2	2	0	3	1	5	1	8	3	11
835	NA	0000	NONE	0	0	1	0	1	0	0	2	2	1	2	3	3	3	6
836	1913	K	VRANAH	0	0	2	2	2	2	0	0	0	0	0	0	2	2	4
Total				**4759**	**4488**	**287**	**259**	**5046**	**4747**	**10026**	**10180**	**266**	**218**	**10292**	**10398**	**15338**	**15145**	**30483**

C. Disease wise Statement of patients of Geriatric OPD during the reporting period 2024-2025:

Period	Number of patients attended						
	New		Old		Total		Grand
	Adult		Adult		Patients		Total
	M	F	M	F	M	F	M & F
01st April 2024 to 31st March 2025	1258	793	5683	2647	6941	3440	10381

S.No	D. Id	D.Code	Disease	New				Old				Total		Grand Total
				Adult		Total		Adult		Total				
				M	F	M	F	M	F	M	F	M	F	
1	7	AAA-2	VATAVRUDDHIH	3	0	3	0	5	0	5	0	8	0	8
2	8	AAA-2.1	VATAPRAKOPAH	0	1	0	1	3	1	3	1	3	2	5
3	9	AAA-2.2	PRANAVATAKOPAH	0	0	0	0	1	1	1	1	1	1	2
4	10	AAA-2.3	UDANAVATAKOPAH	0	0	0	0	2	0	2	0	2	0	2
5	11	AAA-2.4	VYANAVATAKOPAH	10	7	10	7	43	44	43	44	53	51	104
6	12	AAA-2.5	SAMANAVATAKOPAH	0	1	0	1	0	0	0	0	0	1	1
7	15	AAA-4	VATAKSHAYAH	0	0	0	0	2	0	2	0	2	0	2
8	18	AAB-2	ANAVASTHITACITTATVAM (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
9	19	AAB-3	ANGAMARDAH (KEVALAVATA)	1	1	1	1	4	2	4	2	5	3	8
10	22	AAB-6	ARDITAH (KEVALAVATA)	1	0	1	0	1	0	1	0	2	0	2
11	23	AAB-7	ARASAJNATA (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
12	26	AAB-10	AKSHIBEDAH (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
13	28	AAB-12	AKSHISULAH (KEVALAVATA)	0	1	0	1	1	0	1	0	1	1	2
14	32	AAB-16	UDARAVESHTAH (KEVALAVATA)	1	0	1	0	0	0	0	0	1	0	1
15	33	AAB-17	UDAVARTAH (KEVALAVATA)	2	0	2	0	1	0	1	0	3	0	3
16	34	AAB-18	URUSTAMBAH/ADHYAVATAH (KEVALAVATA)	0	0	0	0	3	1	3	1	3	1	4
17	36	AAB-20	EKANGAROGAH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
18	39	AAB-23	KARNASULAH (KEVALAVATA)	2	0	2	0	4	0	4	0	6	0	6
19	40	AAB-24	KAMPAH/VEPATHUH (KEVALAVATA)	7	1	7	1	43	1	43	1	50	2	52
20	41	AAB-25	KASHAYASYATA (KEVALAVATA)	1	0	1	0	0	2	0	2	1	2	3

21	42	AAB-26	KLAMAH (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
22	43	AAB-27	KARSHNYAM (KEVALAVATA)	0	0	0	0	2	0	2	0	2	0	2
23	46	AAB-30	KESABUMISPUTANAM (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
24	49	AAB-33	GRIVASTAMBAH (KEVALAVATA)	2	4	2	4	15	3	15	3	17	7	24
25	50	AAB-34	GUDABRAMSAH (KEVALAVATA)	2	0	2	0	2	0	2	0	4	0	4
26	51	AAB-35	GUDARTIH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
27	53	AAB-37	GRUDHRASI (KEVALAVATA)	23	20	23	20	35	48	35	48	58	68	126
28	55	AAB-39	JANUBEDAH (KEVALAVATA)	1	0	1	0	0	0	0	0	1	0	1
29	56	AAB-40	JANUVISLESHAH (KEVALAVATA)	1	0	1	0	2	1	2	1	3	1	4
30	60	AAB-43	TIMIRAH (KEVALAVATA)	1	0	1	0	1	0	1	0	2	0	2
31	64	AAB-47	DANTABEDAH (KEVALAVATA)	4	0	4	0	3	3	3	3	7	3	10
32	69	AAB-52	PAKSHAGHATAH/PAKSHAVADHAH (KEVALAVATA)	11	0	11	0	23	2	23	2	34	2	36
33	72	AAB-55	PADASULAH (KEVALAVATA)	2	0	2	0	1	1	1	1	3	1	4
34	74	AAB-57	PARUSHYAM (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
35	75	AAB-58	PARSVAVAMARDAH (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
36	76	AAB-59	PINDIKODVESHTANAM (KEVALAVATA)	1	0	1	0	1	2	1	2	2	2	4
37	78	AAB-61	PRUSHTHA-GRAHAH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
38	79	AAB-62	PRALAPAKAH (KEVALAVATA)	0	0	0	0	1	1	1	1	1	1	2
39	82	AAB-65	BALAHANIH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
40	90	AAB-73	MANYASTAMBAH (KEVALAVATA)	2	2	2	2	3	9	3	9	5	11	16
41	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	3	6	3	6	21	6	21	6	24	12	36
42	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	6	2	6	2	21	10	21	10	27	12	39
43	93	AAB-76	RAJONASAH (KEVALAVATA)	0	1	0	1	0	1	0	1	0	2	2
44	97	AAB-80	TRIKAGRAHAH (KEVALAVATA)	7	7	7	7	20	42	20	42	27	49	76
45	99	AAB-82	VARTMASANKOCAH (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
46	104	AAB-87	VATAKHUDDATA/VATAKANTAKAH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
47	106	AAB-89	VID-BEDAH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
48	107	AAB-90	VIPADIKA (NANATMAJA) (KEVALAVATA)	0	0	0	0	16	0	16	0	16	0	16
49	108	AAB-91	VISHADAH/DINATA (KEVALAVATA)	0	0	0	0	2	2	2	2	2	2	4

50	109	AAB-92	VRUSHANAKSHEPAH (KEVALAVATA)	1	0	1	0	0	0	0	0	1	0	1
51	111	AAB-94	VYATHA (KEVALAVATA)	0	0	0	0	0	1	0	1	0	1	1
52	113	AAB-96	SIRORUK (KEVALAVATA)	6	3	6	3	6	15	6	15	12	18	30
53	114	AAB-97	SUKRAKSHAYAH (KEVALAVATA)	0	0	0	0	2	0	2	0	2	0	2
54	122	AAB-104	SVEDANASAH (KEVALAVATA)	0	0	0	0	1	0	1	0	1	0	1
55	125	AAB-107	STAMBAH (KEVALAVATA)	0	1	0	1	0	1	0	1	0	2	2
56	128	AAB-110	HRUDDRAVAH (KEVALAVATA)	0	0	0	0	5	0	5	0	5	0	5
57	2976	AAB-112	GRIVAHUNDANAM	0	2	0	2	2	2	2	2	2	4	6
58	131	AAC-1	ANTARAYAMAH	0	0	0	0	1	0	1	0	1	0	1
59	139	AAC-6	ASTHISOSHAH	1	0	1	0	4	2	4	2	5	2	7
60	140	AAC-7	VATASHTHILA	28	0	28	0	184	1	184	1	212	1	213
61	141	AAC-8	AVABAHUKAH	11	10	11	10	25	11	25	11	36	21	57
62	143	AAC-9.1	URUSTAMBA-PURVARUPAM	0	0	0	0	1	0	1	0	1	0	1
63	147	AAC-12	ADHMANAM	45	17	45	17	151	78	151	78	196	95	291
64	567	AAC-12.2	AMAJA-ANAHAH	0	0	0	0	0	2	0	2	0	2	2
65	2983	AAC-12.4	VIBANDHA	96	22	96	22	289	47	289	47	385	69	454
66	152	AAC-15	EKANGAVATAH	1	2	1	2	2	2	2	2	3	4	7
67	156	AAC-19	KHALLI	0	0	0	0	1	0	1	0	1	0	1
68	157	AAC-20	GRUDHRASI	5	0	5	0	11	7	11	7	16	7	23
69	159	AAC-20.2	VATAKAPAJA-GRUDHRASI	1	0	1	0	0	0	0	0	1	0	1
70	163	AAC-24	PAKSHAGHATA/PAKSHAVADHAH	1	0	1	0	5	0	5	0	6	0	6
71	166	AAC-24.3	BALA-PAKSHAGHATAH	1	1	1	1	0	0	0	0	1	1	2
72	167	AAC-25	PADADAHAH	3	1	3	1	5	5	5	5	8	6	14
73	171	AAC-29	VRANAYAMAH	1	0	1	0	1	1	1	1	2	1	3
74	174	AAC-32	MANYASTAMBAH	0	1	0	1	2	1	2	1	2	2	4
75	175	AAC-33	MUKATVAM	1	0	1	0	0	0	0	0	1	0	1
76	176	AAC-34	VATAKANTAKAM	0	0	0	0	1	0	1	0	1	0	1
77	178	AAC-36	KAMPAH/VEPATHUH	1	2	1	2	18	1	18	1	19	3	22
78	179	AAC-37	SIROGRAHAH	1	1	1	1	1	0	1	0	2	1	3
79	181	AAC-39	SIRAGRAHAH	0	0	0	0	1	0	1	0	1	0	1

80	186	AAD-1.2	VYANAVRUTAPRANAVATAH	1	0	1	0	3	0	3	0	4	0	4
81	187	AAD-1.3	PRANAVRUTASAMANAVATAH	0	1	0	1	0	0	0	0	0	1	1
82	193	AAD-1.9	VYANAVRUTA-APANAVATAH	1	0	1	0	0	0	0	0	1	0	1
83	203	AAD-1.19	VYANAVRUTA-UDANAVATAH	0	0	0	0	1	1	1	1	1	1	2
84	205	AAD-2	DOSHAVRUTA-VATAH	0	0	0	0	0	1	0	1	0	1	1
85	206	AAD-2.1	PITTAVRUTAVATAH	2	1	2	1	1	0	1	0	3	1	4
86	220	AAD-3.1	RAKTAVRUTAVATAH	8	3	8	3	26	13	26	13	34	16	50
87	228	AAD-4.1	MUTRAVRUTAVATAH	4	1	4	1	20	10	20	10	24	11	35
88	235	AAE-3	GUDASTHITAVATAH	0	0	0	0	1	0	1	0	1	0	1
89	237	AAE-5	PAKVASAYAGATAVATAH	0	0	0	0	1	0	1	0	1	0	1
90	239	AAE-7	TVAK^-GATAVATAH	1	1	1	1	2	1	2	1	3	2	5
91	240	AAE-8	ASRUGGATAVATAH/RAKTAGATAVATA	0	0	0	0	1	0	1	0	1	0	1
92	242	AAE-10	MEDOGATAVATAH	1	0	1	0	3	1	3	1	4	1	5
93	243	AAE-11	ASTHIGATAVATAH	1	0	1	0	2	0	2	0	3	0	3
94	246	AAE-14	SNAYUGATAVATAH	0	0	0	0	1	0	1	0	1	0	1
95	248	AAE-16	SANDHIGATAVATAH	174	202	174	202	724	723	724	723	898	925	1823
96	251	AA-2	ASADHYAVATAVYADHIH	0	0	0	0	0	1	0	1	0	1	1
97	253	AA-4	VATAVYADHI^^ARISHTA	0	0	0	0	1	0	1	0	1	0	1
98	256	ABA-1	PITTASANCAYAH	0	0	0	0	0	1	0	1	0	1	1
99	258	ABA-2.1	PITTAPRAKOPAH	0	1	0	1	1	1	1	1	1	2	3
100	260	ABA-4	PITTAKSHAYAH	0	0	0	0	0	1	0	1	0	1	1
101	273	ABB-12	KAKSHA (KEVALAPITTA)	0	1	0	1	0	0	0	0	0	1	1
102	281	ABB-20	TVAGAVADARANAM (KEVALAPITTA)	1	0	1	0	0	0	0	0	1	0	1
103	293	ABB-32	RAKTAKOTHAH (KEVALAPITTA)	1	0	1	0	0	0	0	0	1	0	1
104	294	ABB-33	RAKTAVISPOTAH (KEVALAPITTA)	0	0	0	0	1	0	1	0	1	0	1
105	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	2	0	2	0	1	1	1	1	3	1	4
106	301	ABB-40	HARITAMUTRAH (KEVALAPITTA)	1	0	1	0	1	0	1	0	2	0	2
107	2973	ABB-42	HARIDRANETRA	0	0	0	0	2	0	2	0	2	0	2
108	2975	ABB-44	HARIDRAVARCHA	0	0	0	0	1	0	1	0	1	0	1
109	310	ABC-6	SUKRASTHITAPITTAKOPAH	1	0	1	0	0	0	0	0	1	0	1

110	311	ABC-7	TVAKSTHITAPITTAKOPAH	0	0	0	0	2	0	2	0	2	0	2
111	320	ACA-1	KAPASANCAYAH	0	0	0	0	1	0	1	0	1	0	1
112	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	1	3	1	3	3	17	3	17	4	20	24
113	329	ACB-4	UDARDAH (KEVALA-KAPHA)	6	5	6	5	26	9	26	9	32	14	46
114	330	ACB-5	KATUKANKSHA (KEVALA-KAPHA)	0	0	0	0	0	2	0	2	0	2	2
115	343	ACB-18	NIDRADHIKYAM (KEVALA-KAPHA)	1	0	1	0	0	1	0	1	1	1	2
116	346	ACB-21	MUKHAMADHURYAM (KEVALA-KAPHA)	0	0	0	0	4	3	4	3	4	3	7
117	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	23	9	23	9	69	31	69	31	92	40	132
118	352	ACB-27	STAIMITYAM (KEVALA-KAPHA)	0	0	0	0	1	0	1	0	1	0	1
119	353	ACB-28	HRUDAYOPALEPAH (KEVALA-KAPHA)	0	0	0	0	1	0	1	0	1	0	1
120	356	ACC-1	TVAK-STHITAKAPAKOPAH	1	0	1	0	0	0	0	0	1	0	1
121	363	ACC-8	SIRASTHITAKAPAKOPAH	0	0	0	0	0	1	0	1	0	1	1
122	379	AD-10	KAPOLBANA-VATAMADHYA-HINAPITTAH	0	0	0	0	1	0	1	0	1	0	1
123	382	AD-13	SAMASANNIPATAH	0	0	0	0	1	0	1	0	1	0	1
124	388	BB-1	RAKTAKSHAYAH	1	0	1	0	1	1	1	1	2	1	3
125	399	BD-2	MEDOVRUDDHIH	1	0	1	0	4	0	4	0	5	0	5
126	404	BF-1	MAJJAKSHAYAH	0	0	0	0	1	0	1	0	1	0	1
127	411	BA-3.2	ARTAVAVRUDDHIH	1	0	1	0	0	1	0	1	1	1	2
128	426	BI-6	VYAVAYAJANYARAJAYAKSHMA	0	0	0	0	1	0	1	0	1	0	1
129	446	CA-1	MUTRAKSHAYAH	16	5	16	5	132	44	132	44	148	49	197
130	447	CA-2	MUTRAVRUDDHIH	1	0	1	0	3	0	3	0	4	0	4
131	462	DB	JATHARAGNIVIKARAH	0	0	0	0	1	0	1	0	1	0	1
132	480	EA-3	KASAH	78	20	78	20	236	91	236	91	314	111	425
133	482	EA-3.2	VATAJAKASAH	3	2	3	2	7	1	7	1	10	3	13
134	483	EA-3.3	PITTAJAKASAH	0	0	0	0	1	0	1	0	1	0	1
135	484	EA-3.4	KAPAJAKASAH	1	0	1	0	2	0	2	0	3	0	3
136	489	EA-4	SVASAH	31	21	31	21	166	96	166	96	197	117	314
137	490	EA-4.1	SVASA-PURVARUPAM	0	0	0	0	1	0	1	0	1	0	1
138	494	EA-4.5	TAMAKASVASAH	11	2	11	2	16	7	16	7	27	9	36
139	500	EA-5	SVARABEDAH	1	0	1	0	0	0	0	0	1	0	1

140	509	EA-5.9	PINASAJANYASVARABEDAH	0	0	0	0	1	0	1	0	1	0	1
141	518	EB-2.2.1	PAKVAVATIKATISARAH	1	0	1	0	0	4	0	4	1	4	5
142	524	EB-2.8	AMATISARAH	0	0	0	0	1	0	1	0	1	0	1
143	535	EB-2.17	ATISARA-ARISHTAH	0	0	0	0	0	1	0	1	0	1	1
144	536	EB-3	AJIRNAM	9	12	9	12	39	15	39	15	48	27	75
145	558	EB-4	AMLAPITTAM	29	22	29	22	97	80	97	80	126	102	228
146	569	EB-5	AROCAKAH	0	0	0	0	2	0	2	0	2	0	2
147	582	EB-5.13	ATILOBAJANYA-AROCAKAH	0	0	0	0	1	0	1	0	1	0	1
148	601	EB-7	GRAHANIDOSHAH	6	4	6	4	31	22	31	22	37	26	63
149	602	EB-7.1	GRAHANI-PURVARUPAM	4	7	4	7	13	8	13	8	17	15	32
150	605	EB-7.4	KAPAJAGRAHANIDOSHAH	1	0	1	0	0	0	0	0	1	0	1
151	611	EB-8	GULMAH	2	0	2	0	1	0	1	0	3	0	3
152	628	EB-9	PRAVAHIKA	8	2	8	2	39	2	39	2	47	4	51
153	633	EB-10	SULAH	19	4	19	4	37	31	37	31	56	35	91
154	642	EB-10.9	AMLAPITTAJASULAH	0	0	0	0	2	0	2	0	2	0	2
155	643	EB-10.10	PARINAMASULAH	1	1	1	1	3	7	3	7	4	8	12
156	650	EB-10.14	HRUDAYASULAH	0	0	0	0	3	1	3	1	3	1	4
157	651	EB-10.15	PARSVARUJAH/PARSVASULAH	1	0	1	0	0	1	0	1	1	1	2
158	652	EB-10.16	TRIKASULAH	19	20	19	20	52	57	52	57	71	77	148
159	653	EB-10.17	MUTRASULAH	0	0	0	0	0	2	0	2	0	2	2
160	656	EB-11	UDAVARTAH	1	0	1	0	1	0	1	0	2	0	2
161	670	EB-11.14	NIDRARODHAJA-UDAVARTAH	0	0	0	0	1	1	1	1	1	1	2
162	676	EB-12	PARIKARTIKA	5	4	5	4	24	10	24	10	29	14	43
163	681	EC-2	HRUDROGAH	13	2	13	2	86	9	86	9	99	11	110
164	689	EC-3	JVARAH	21	12	21	12	37	26	37	26	58	38	96
165	742	EC-3.8.42	VISHAMASANNIPATAJVARAH	0	0	0	0	0	1	0	1	0	1	1
166	744	EC-3.9	AGANTUJVARAH	0	0	0	0	1	0	1	0	1	0	1
167	753	EC-3.9.4.1	GRAHAVESAJANYAJVARAH	0	0	0	0	0	1	0	1	0	1	1
168	755	EC-3.9.4.3	BAYAJAJVARAH	0	0	0	0	0	1	0	1	0	1	1

169	774	EC-3.11	DHATUGATAJVARAH	0	0	0	0	0	1	0	1	0	1	1
170	794	EC-3.24	SAUMYA-JVARAH	0	1	0	1	0	0	0	0	0	1	1
171	807	EC-4.3.1	SNIGDHA-KSHIRADOSHAH	0	0	0	0	0	1	0	1	0	1	1
172	812	EC-5	PANDUROGAH	3	2	3	2	30	7	30	7	33	9	42
173	813	EC-5.1	PANDU-PURVARUPAM	0	0	0	0	1	1	1	1	1	1	2
174	822	EC-5.10	PANDU-ARISHTAH	0	0	0	0	1	0	1	0	1	0	1
175	823	EC-6	AMAVATAH	18	37	18	37	49	107	49	107	67	144	211
176	824	EC-6.1	VATIKA-AMAVATAH	0	0	0	0	0	1	0	1	0	1	1
177	828	EC-7	ARUCIH	0	0	0	0	0	2	0	2	0	2	2
178	829	EC-8	KESAROGAH	0	1	0	1	0	1	0	1	0	2	2
179	838	ED-2.2	KANDUH	25	23	25	23	108	38	108	38	133	61	194
180	850	ED-2.8	NIDRANASAH/ASVAPNAH	1	2	1	2	14	4	14	4	15	6	21
181	851	ED-2.9	PIDAKA	1	1	1	1	11	0	11	0	12	1	13
182	866	ED-2.16	VIVARNATA	0	0	0	0	1	0	1	0	1	0	1
183	871	ED-2.19	SIRORUK	0	0	0	0	0	1	0	1	0	1	1
184	874	ED-3	KAMALA	0	1	0	1	0	2	0	2	0	3	3
185	883	ED-4	KUSHTHAM	13	3	13	3	24	5	24	5	37	8	45
186	893	ED-4.2.8	KAKANAKAH	0	0	0	0	1	0	1	0	1	0	1
187	894	ED-4.3	KSHUDRAKUSHTHAM	5	5	5	5	13	13	13	13	18	18	36
188	895	ED-4.3.1	EKAKUSHTHAH	0	0	0	0	6	0	6	0	6	0	6
189	897	ED-4.3.3	KITIBAH	1	4	1	4	16	6	16	6	17	10	27
190	898	ED-4.3.4	VIPADIKA	0	0	0	0	5	0	5	0	5	0	5
191	900	ED-4.3.6	DADRU-KUSHTHAH	7	5	7	5	22	10	22	10	29	15	44
192	902	ED-4.3.8	PAMA (KACCU)	2	1	2	1	4	11	4	11	6	12	18
193	905	ED-4.3.10	VICARCIKA	9	3	9	3	10	6	10	6	19	9	28
194	910	ED-4.4.2	RAKTAGATAKUSHTHAH	0	0	0	0	1	0	1	0	1	0	1
195	919	ED-5	SVITRAH	3	0	3	0	12	0	12	0	15	0	15
196	944	ED-7	RAKTAPITTAM	0	0	0	0	1	0	1	0	1	0	1
197	956	ED-8	VATARAKTAM	4	3	4	3	12	14	12	14	16	17	33
198	957	ED-8.1	VATARAKTA-PURVARUPAM	0	0	0	0	1	0	1	0	1	0	1

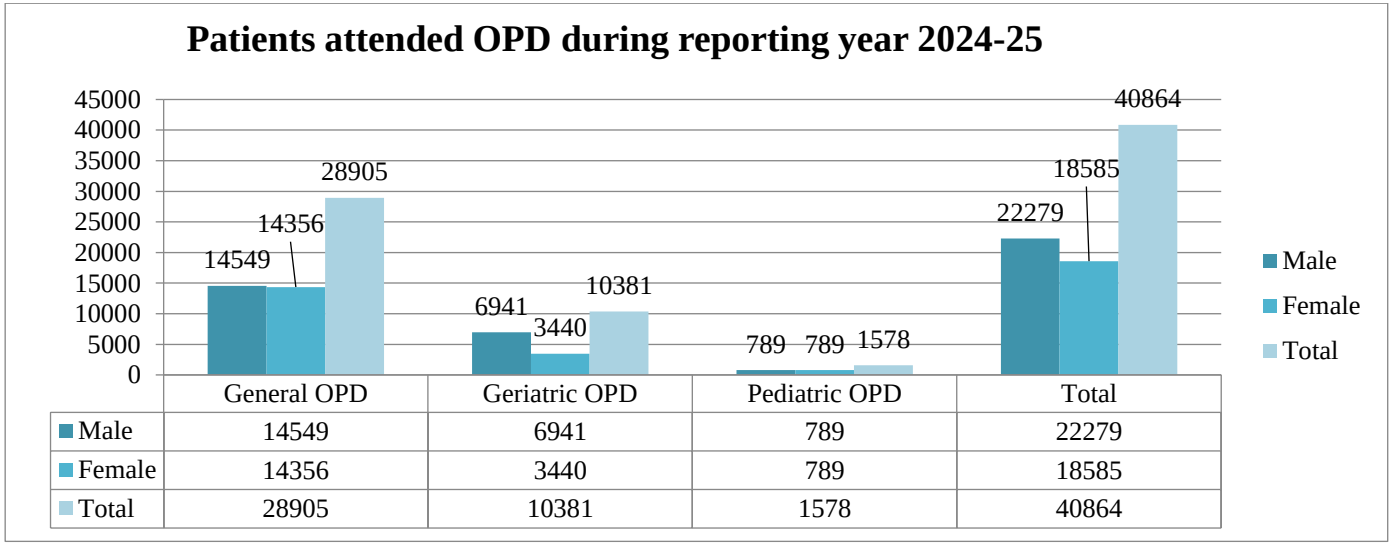
199	971	ED-8.9	VATARAKTA-ARISHTAH	0	0	0	0	0	1	0	1	0	1	1
200	972	ED-9	VIDRADHIH	0	0	0	0	2	0	2	0	2	0	2
201	973	ED-9.1	VATAJAVIDRADHIH	0	0	0	0	1	0	1	0	1	0	1
202	976	ED-9.4	SANNIPATAJAVIDRADHIH	0	0	0	0	1	0	1	0	1	0	1
203	985	ED-9.7.6	VRUKKAJAVIDRADHIH	1	0	1	0	13	9	13	9	14	9	23
204	988	ED-9.7.9	YAKRUJJAVIDRADHIH	4	1	4	1	5	4	5	4	9	5	14
205	997	ED-10	VISARPAH	0	1	0	1	0	3	0	3	0	4	4
206	1017	ED-12	PLIHAROGAH	0	0	0	0	1	0	1	0	1	0	1
207	1024	ED-13	SLIPADAH	1	0	1	0	1	0	1	0	2	0	2
208	1029	ED-14	SITAPITTAM	3	2	3	2	3	0	3	0	6	2	8
209	1031	ED-15	UDARDAH	0	1	0	1	2	2	2	2	2	3	5
210	1033	ED-16	BAGANDARAH	1	1	1	1	1	9	1	9	2	10	12
211	1040	ED-16.7	ARSO-BAGANDARAH KAPAPITTA-BAGANDARAH	1	0	1	0	0	0	0	0	1	0	1
212	1042	ED-16.9	UNMARGAGAMI-BAGANDARAH/SALYAJANYA-BAGANDARAH/KSHATAJA-BAGANDARAH	1	0	1	0	0	0	0	0	1	0	1
213	1054	ED-20	DAHAH	0	1	0	1	0	0	0	0	0	1	1
214	1064	EE-2	ARBUDAH	2	1	2	1	2	0	2	0	4	1	5
215	1074	EE-3	ARSAH	35	17	35	17	158	41	158	41	193	58	251
216	1076	EE-3.2	SUSHKA-ARSAH	1	0	1	0	0	0	0	0	1	0	1
217	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	7	4	7	4	28	7	28	7	35	11	46
218	1091	EE-3.15	MUKHARSAH	1	0	1	0	1	0	1	0	2	0	2
219	1095	EE-4	GRANTHIH	3	7	3	7	24	19	24	19	27	26	53
220	1096	EE-4.1	VATAJAGRANTHIH	1	0	1	0	0	0	0	0	1	0	1
221	1100	EE-4.5	SIRAJAGRANTHIH	0	1	0	1	1	2	1	2	1	3	4
222	1102	EE-4.7	ASTHIJAGRANTHIH	0	0	0	0	1	0	1	0	1	0	1
223	1109	EF-1	MEDOVAHASROTODUSHTIH	0	0	0	0	0	1	0	1	0	1	1
224	1110	EF-2	PRAMEHAH	38	20	38	20	456	58	456	58	494	78	572
225	1118	EF-2.2.6	SUKRAMEHAH	0	0	0	0	1	0	1	0	1	0	1
226	1125	EF-2.2.13	PISHTAMEHAH	1	0	1	0	0	0	0	0	1	0	1
227	1126	EF-2.2.14	PENAMEHAH	0	0	0	0	1	0	1	0	1	0	1

228	1133	EF-2.3.6	HARIDRAMEHAH	0	1	0	1	0	0	0	0	0	1	1
229	1139	EF-2.4.4	MADHUMEHAH/KSHAUDRAMEHAH	57	24	57	24	676	148	676	148	733	172	905
230	1151	EF-2.5.10	VIDARIKA-PRAMEHAPIDAKA	0	0	0	0	2	0	2	0	2	0	2
231	1161	EF-3	MEDOROGAH	0	0	0	0	2	1	2	1	2	1	3
232	1173	EI-2	KLAIBYAM	0	1	0	1	3	0	3	0	3	1	4
233	1181	EI-2.7.1	IRSHYAKAH	0	1	0	1	0	0	0	0	0	1	1
234	1209	EI-4.2	ASHTHILIKA	19	0	19	0	182	0	182	0	201	0	201
235	1213	EI-4.6	GRATHITAH	0	0	0	0	1	0	1	0	1	0	1
236	1216	EI-4.8	TVAKPAKAH	0	0	0	0	2	1	2	1	2	1	3
237	1248	EJ-2	ASMARI	1	4	1	4	23	13	23	13	24	17	41
238	1251	EJ-2.3	PITTAJA-ASMARI	1	0	1	0	0	1	0	1	1	1	2
239	1253	EJ-2.5	SUKRASMARI	0	0	0	0	1	0	1	0	1	0	1
240	1258	EJ-3	MUTRAGHATAH	2	0	2	0	5	0	5	0	7	0	7
241	1264	EJ-3.4	MUTRAKSHAYAH/MUTRASAMKSHAYAH	0	0	0	0	1	1	1	1	1	1	2
242	1265	EJ-3.5	MUTRATITAH	0	1	0	1	0	0	0	0	0	1	1
243	1266	EJ-3.6	VATASHTHILA	0	0	0	0	5	0	5	0	5	0	5
244	1278	EJ-4	MUTRAKRUCCRAM	2	0	2	0	7	2	7	2	9	2	11
245	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	10	4	10	4	26	18	26	18	36	22	58
246	1321	EK-3.17	SARVASARA-SOTHAH	0	1	0	1	0	0	0	0	0	1	1
247	1324	EK-4	UDARA/UDARAROGAH	0	0	0	0	1	1	1	1	1	1	2
248	1337	EK-4.6	YAKRUDDALYUDARAH	2	1	2	1	6	2	6	2	8	3	11
249	1340	EK-4.9	JALODARAH	1	0	1	0	4	0	4	0	5	0	5
250	1344	EK-4.11	ASADHYA-UDARAH	0	0	0	0	1	0	1	0	1	0	1
251	1345	EK-4.12	UPEKSHYAMANA-UDARAH	1	0	1	0	0	0	0	0	1	0	1
252	1398	EL-5	SOMAROGAH/SVETAPRADARAH	0	1	0	1	1	3	1	3	1	4	5
253	1412	EL-8	MUDHAGARBAH	0	0	0	0	1	0	1	0	1	0	1
254	1422	EM-1	MANOVAHASROTODUSHTIH	1	3	1	3	6	24	6	24	7	27	34
255	1438	EM-2.8.7	YAKSHONMADAH	0	0	0	0	1	0	1	0	1	0	1
256	1445	EM-2.8.13	PRETONMADAH	1	0	1	0	2	0	2	0	3	0	3
257	1457	EM-3	APASMARAH	0	0	0	0	0	1	0	1	0	1	1

258	1521	EM-11	BRAMAH	0	1	0	1	2	1	2	1	2	2	4
259	1530	F-8	ARDHAVABEDAKAH	0	0	0	0	0	1	0	1	0	1	1
260	1531	F-9	SURYAVARTAH	1	0	1	0	9	0	9	0	10	0	10
261	1543	FA-3	KHALITYAM/KHALATI	0	2	0	2	1	1	1	1	1	3	4
262	1629	GF-6	VRUNDAH	1	0	1	0	0	0	0	0	1	0	1
263	1631	GF-8	GILAYUH/GILAYUKAH	0	0	0	0	1	0	1	0	1	0	1
264	1639	GF-15	GALARBUDAH	0	0	0	0	2	0	2	0	2	0	2
265	1656	GG-4	RAKTAJA-SARVASARA-MUKHAROGAH/MUKHAPAKAH	2	2	2	2	2	3	2	3	4	5	9
266	1663	H-1	NETRAROGAPURVARUPA	0	0	0	0	1	0	1	0	1	0	1
267	1664	H-2	VATAJA-NETRAROGAH	0	0	0	0	2	1	2	1	2	1	3
268	1683	HA-3.3	RAKTASRAVAH	0	0	0	0	1	0	1	0	1	0	1
269	1684	HA-3.4	PITTASRAVAH	0	0	0	0	1	1	1	1	1	1	2
270	1720	HD-1	PRASTARI-ARMA	0	0	0	0	1	0	1	0	1	0	1
271	1738	HE-5	SIRASUKRAH	1	0	1	0	0	3	0	3	1	3	4
272	1770	HG-1.8	ANAVASTHITAH NETRADOSHAH	0	0	0	0	1	0	1	0	1	0	1
273	1801	HG-4	PITTAVIDAGDHADRUSHTI/DIVANDHYAM	0	0	0	0	1	0	1	0	1	0	1
274	1814	I-1	PRATISYAYAH/PINASAH	37	11	37	11	122	31	122	31	159	42	201
275	1815	I-1.1	PRATISYAYA-PURVARUPAM	0	0	0	0	9	1	9	1	9	1	10
276	1818	I-1.4	PITTAJA-PRATISYAYAH	0	0	0	0	1	0	1	0	1	0	1
277	1832	I-6	APINASAH	1	0	1	0	3	0	3	0	4	0	4
278	1852	I-15	NASAGATA-RAKTAPITTAM	0	0	0	0	1	0	1	0	1	0	1
279	1866	J-6	KARNA-KANDU	0	0	0	0	1	1	1	1	1	1	2
280	1870	J-10	KARNAPAKAH	1	0	1	0	0	0	0	0	1	0	1
281	1909	JA-9	TANTRIKAH	0	1	0	1	0	0	0	0	0	1	1
282	1948	K-2.1.4	AVAKRUTTAH/AVIKLRUPTAH	0	0	0	0	0	1	0	1	0	1	1
283	1978	LA-1.6	TIRYAKAKSHIPTA-SANDHIMUKTAM	0	0	0	0	0	1	0	1	0	1	1
284	1980	LA-2.1	KARKATAKA-BAGNAH	0	0	0	0	0	1	0	1	0	1	1
285	1988	LA-2.9	VAKRA-BAGNAH	0	0	0	0	0	1	0	1	0	1	1
286	1992	LA-3	VIVIDHA-AVAYAVA-BAGNAH	0	2	0	2	1	0	1	0	1	2	3

287	1999	LA-3.7	GRIVA-BAGNAH	0	0	0	0	2	0	2	0	2	0	2
288	2000	LA-3.8	SKANDHA-BAGNAH	0	0	0	0	0	2	0	2	0	2	2
289	2022	LB-6	SIRADAGDHAH	1	0	1	0	0	0	0	0	1	0	1
290	2035	LD-1.7	JANU-MARMAVIDDHAH	0	0	0	0	1	0	1	0	1	0	1
291	2052	LD-2.9	KATIKATARUNA-MARMAVIDDHAH	0	1	0	1	0	4	0	4	0	5	5
292	2083	LD-13	VAIKALYAKARAMARMAVIDDHAH	0	0	0	0	1	0	1	0	1	0	1
293	2108	LH-1	SIRAVIDDHAH	0	0	0	0	0	1	0	1	0	1	1
294	2136	MA-3	PINDALIKA	0	0	0	0	0	1	0	1	0	1	1
295	2141	MB-1	SKANDAGRAHAH	2	3	2	3	7	1	7	1	9	4	13
296	2170	MD-11	DAURBALYAM	35	23	35	23	251	85	251	85	286	108	394
297	2173	MD-14	KUKUNAKAH	0	0	0	0	3	0	3	0	3	0	3
298	2176	MD-16	MAHAPADMAH	0	0	0	0	1	0	1	0	1	0	1
299	2182	MD-22	BALA-PAKSHAGHATAH	1	0	1	0	0	0	0	0	1	0	1
300	2195	NB-1.5	SAURASAH	0	0	0	0	0	2	0	2	0	2	2
301	2251	O-15	KUNAKHAH	0	0	0	0	1	0	1	0	1	0	1
302	2268	O-27	PANASIKA	0	1	0	1	0	0	0	0	0	1	1
303	2276	O-31	PADADARI	0	0	0	0	0	15	0	15	0	15	15
304	2277	O-32	PASHANAGARDABAH	0	0	0	0	0	1	0	1	0	1	1
305	2287	O-42	VYANGAH	1	1	1	1	2	9	2	9	3	10	13
306	2293	O-43	VIDARIKA	1	0	1	0	4	0	4	0	5	0	5
307	2306	O-47	VRUSHANAKACCUH	1	0	1	0	0	0	0	0	1	0	1
308	2357	PA-34	VISHADUSHTA-JALA	0	0	0	0	1	0	1	0	1	0	1
309	2375	PC-5	TVAKA-VISHAH	1	0	1	0	0	0	0	0	1	0	1
310	2576	Q-12.1	MADHURARASATIYOGAH	0	0	0	0	2	2	2	2	2	2	4
311	2584	RA-1	NIDRANASAH/ASVAPNAH	0	0	0	0	0	1	0	1	0	1	1
312	2606	RD-13	UDGARAGRAHAH	0	0	0	0	3	0	3	0	3	0	3
313	2610	RE-2	VYAVAYATIYOGAH	1	0	1	0	1	0	1	0	2	0	2
314	2626	SD-2	AMATISARASANGRAHAH	0	0	0	0	1	0	1	0	1	0	1
315	2674	SH-3.6	VILANGHITADURBALENDRIYALPAGNINIRUDHANAM VIRECANAVYAPADAH	0	0	0	0	0	1	0	1	0	1	1

316	2851	SW-2	ADHYASANA-VRANAH	0	0	0	0	1	0	1	0	1	0	1
317	4	AA	VATAVYADHIH	56	62	56	62	256	156	256	156	312	218	530
318	515	EB-2	ATISARAH	4	6	4	6	13	7	13	7	17	13	30
319	1616	GF	KANTHAGATA ROGAH	0	0	0	0	0	2	0	2	0	2	2
320		0000	NONE	0	1	0	1	1	0	1	0	1	1	2
321	1913	K	VRANAH	5	0	5	0	7	0	7	0	12	0	12
Total				**1258**	**793**	**1258**	**793**	**5683**	**2647**	**5683**	**2647**	**6941**	**3440**	**10381**



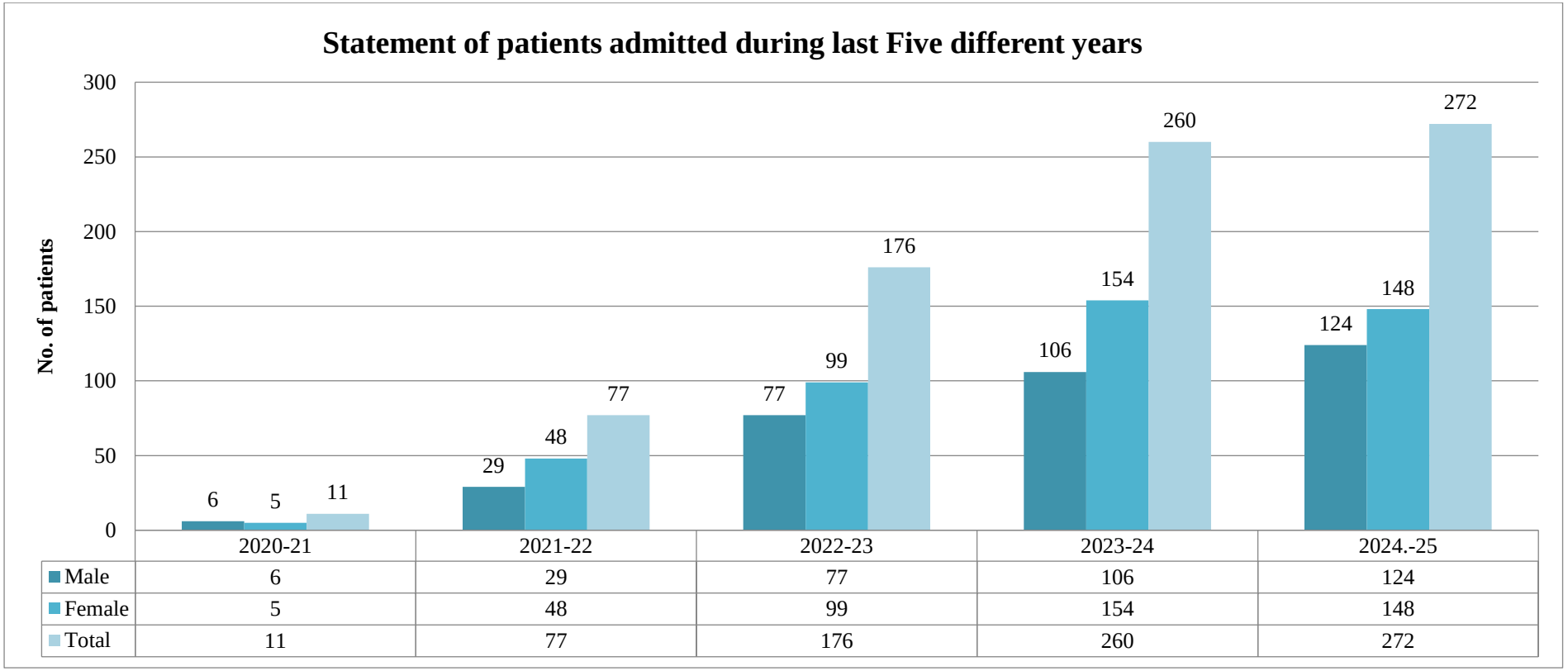
(2) In-Patient Department (IPD):

A. Statement of patients admitted / discharged during different years (Since inception up to 2024-25):

S. No.	Year	Number of patients attended IPD											
		Admitted						Discharged					
		Adult		Child		TOTAL		Adult		Child		TOTAL	
		M	F	M	F	M	F	M	F	M	F	M	F
1.	1974-75	118	98	03	01	121	99	110	90	02	01	112	91
2.	1975-76	123	128	13	08	137	136	117	127	13	08	130	135
3.	1976-77	65	82	6	09	71	91	62	75	06	09	68	84
4.	1977-78	51	79	08	05	59	84	49	75	08	05	57	80
5.	1978-79	35	33	-	01	35	34	32	30	-	01	32	31
6.	1979-80	41	32	05	01	46	33	38	32	06	01	44	33
7.	1980-81	42	58	05	05	47	63	42	58	04	05	46	63
8.	1981-82	61	59	05	03	66	62	56	59	05	03	61	62
9.	1982-83	70	80	07	05	77	85	67	73	07	04	74	77
10.	1983-84	117	97	04	06	121	103	113	98	04	07	117	105
11.	1984-85	97	114	10	06	107	120	96	118	10	05	106	123
12.	1985-86	97	103	07	4	104	107	99	104	06	05	105	109
13.	1986-87	85	66	07	15	92	81	88	67	08	15	96	82
14.	1987-88	65	67	02	03	67	70	63	63	02	03	65	66
15.	1988-89	57	58	03	02	60	60	58	63	03	02	61	65
16.	1989-90	35	31	01	-	36	31	37	28	01	-	38	28
17.	1990-91	46	51	04	01	50	52	44	53	04	01	48	54
18.	1991-92	41	52	05	01	46	53	43	52	05	01	48	53
19.	1992-93	42	43	-	01	42	44	40	42	-	-	40	42
20.	1993-94	39	36	01	01	40	37	40	39	01	02	41	41
21.	1994-95	42	35	-	01	42	36	42	30	-	01	42	31
22.	1995-96	61	44	05	-	66	44	59	46	05	-	64	46
23.	1996-97	61	44	01	01	62	45	61	44	01	01	62	45
24.	1997-98	50	27	02	02	52	29	51	29	02	02	53	31

25.	**1998-99**	37	34	01	-	38	34	38	36	01	-	39	36
26.	**1999-2000**	42	37	-	-	42	37	42	33	-	-	42	33
27.	**2000-01**	56	37	04	-	60	37	55	37	04	-	59	37
28.	**2001-02**	65	65	-	01	65	66	65	63	-	01	65	64
29.	**2002-03**	213	210	10	-	223	210	215	202	09	-	224	202
30.	**2003-04**	154	164	07	05	161	169	152	155	07	05	159	160
31.	**2004-05**	63	84	-	-	63	84	60	90	-	-	60	90
32.	**2005-06**	73	72	-	-	73	72	70	69	-	-	70	69
33.	**2006-07**	156	112	04	01	160	113	149	109	04	01	153	110
34.	**2007-08**	133	115	04	03	137	118	132	105	04	03	136	108
35.	**2008-09**	68	57	-	03	68	60	62	53	-	03	62	56
36.	**2009-10**	47	44	-	-	47	44	45	43	-	-	45	43
37.	**2010-11**	50	33	01	-	51	33	48	33	01	-	49	33
38.	**2011-12**	45	29	-	-	45	29	46	28	-	-	46	28
39.	**2012-13**	48	22	-	-	48	22	49	24	-	-	49	24
40.	**2013-14**	43	25	06	01	49	26	43	25	06	01	49	26
41.	**2014-15**	33	16	03	01	36	17	32	16	03	0	35	16
42.	**2015-16**	58	45	-	01	58	46	60	45	-	02	60	47
43.	**2016-17**	35	20	-	-	35	20	36	20	-	-	36	20
44.	**2017-18**	43	47	-	-	43	47	41	44	-	-	41	44
45.	**2018-19**	145	183	09	01	154	184	139	177	09	01	148	178
46.	**2019-20**	140	161	0	3	140	164	148	170	0	3	148	173
47.	**2020-21**	6	5	0	0	6	5	6	5	0	0	6	5
48.	**2021-22**	29	48	0	0	29	48	28	46	0	0	28	46
49.	**2022-23**	77	99	0	0	77	99	73	98	0	0	73	98
50.	**2023-24**	106	153	0	1	106	154	109	154	0	1	109	155
51.	**2024-25**	123	148	01	00	124	148	121	142	01	00	122	142
TOTAL		**3629**	**3582**	**154**	**103**	**3784**	**3685**	**3571**	**3517**	**152**	**103**	**3723**	**3620**

- **Note: During the year 2021-22, less number of patients could be admitted in the Institute's Indoor Patient Door (IPD) Department due to the COVID-19 pandemic situations**



	2020-21	2021-22	2022-23	2023-24	2024.-25
Male	6	29	77	106	124
Female	5	48	99	154	148
Total	11	77	176	260	272

B. Disease-wise statement of patients Admitted/Discharged during last five years excluding reporting period:

YEAR 2019-20

S. No.	NAMC ID	NAMC Code	Disease	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1.	823	EC-6	आमवातः	2	18	0	0	2	18	2	18	0	0	2	18
2.	1033	ED-16	भगन्दरः	6	0	0	0	6	0	6	0	0	0	6	0
3.	53	AAB-37	गृध्रसी (केवलवात)	12	17	0	0	12	17	12	17	0	0	12	17
4.	248	AAE-16	सन्धिवातः	33	63	0	1	33	64	34	65	0	1	34	66
5.	4	AA	वातव्याधिः	21	21	0	0	21	21	23	23	0	0	23	23
6.	676	EB-12	परिकर्तिका	6	1	0	0	6	1	6	1	0	0	6	1
7.	2170	MD-11	दौर्बल्यम्	1	4	0	1	1	5	1	4	0	1	1	5
8.	639	EB-10.6	कुक्षिशूलः	1	0	0	0	1	0	1	0	0	0	1	0
9.	78	AAB-61	पृष्ठ-ग्रहः(केवलवात)	12	7	0	0	12	7	13	9	0	0	13	9
10.	135	AAC-4	अर्दितः	1	0	0	0	1	0	2	0	0	0	2	0
11.	897	ED-4.3.3	किटिभः	3	0	0	0	3	0	3	0	0	0	3	0
12.	1522	F	शिरःशूलः	3	5	0	0	3	5	3	6	0	0	3	6
13.	956	ED-8	वातरक्तम्	1	1	0	0	1	1	1	2	0	0	1	2
14.	2584	RA-1	निद्रानाशः/अस्वप्नः	1	0	0	0	1	0	1	0	0	0	1	0
15.	174	AAC-32	मन्यास्तम्भः	2	1	0	0	2	1	2	2	0	0	2	2
16.	1304	EK-3	श्वयथुःशोफः/शोथः/	1	1	0	0	1	1	1	1	0	0	1	1
17.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	2	2	0	0	2	2	3	2	0	0	3	2
18.	163	AAC-24	पक्षाघातः	5	2	0	0	5	2	5	2	0	0	5	2
19.	489	EA-4	श्वासः	5	1	0	0	5	1	5	1	0	0	5	1
20.	2171	MD-12	कुमारशोष	0	0	0	1	0	1	0	0	0	1	0	1
21.	1457	EM-3	अपस्मारः	0	1	0	0	0	1	0	1	0	0	0	1
22.	-	-	व्रण	1	0	0	0	1	0	2	0	0	0	2	0
23.	883	ED-4	कुष्ठम्	2	1	0	0	2	1	2	1	0	0	2	1
24.	1869	J-9	कर्णनादः-	1	0	0	0	1	0	1	0	0	0	1	0
25.	1074	EE-3	अर्शः	6	3	0	0	6	3	6	3	0	0	6	3
26.	1139	EF-2.4.4	मधुमेहः	3	4	0	0	3	4	3	4	0	0	3	4
27.	1383	EL-3	आर्तवदुष्टि	0	2	0	0	0	2	0	2	0	0	0	2
28.	812	EC-5	पाण्डुरोगः	1	1	0	0	1	1	1	1	0	0	1	1
29.	1324	EK-4	उदर/उदररोगः	0	2	0	0	0	2	0	2	0	0	0	2
30.	515	EB-2	अतिसार	1	0	0	0	1	0	1	0	0	0	1	0

31.	1095	EE-4	ग्रन्थिः	1	0	0	0	1	0	1	0	0	0	1	0
32.	838	ED-2.2	कण्डूः	2	0	0	0	2	0	2	0	0	0	2	0
33.	1377	EL-2.27	योनिकन्दः	0	1	0	0	0	1	0	1	0	0	0	1
34.	1543	FA-3	खलित्यम्	0	1	0	0	0	1	0	1	0	0	0	1
35.	139	AAC-6	अस्थिशोषः	0	1	0	0	0	1	0	1	0	0	0	1
36.	1422	EM-1	मनोवहस्रोतोदुष्टिः	4	0	0	0	4	0	4	0	0	0	4	0
37.	177	AAC-35	विश्वाची	0	0	0	0	0	0	1	0	0	0	1	0
Total				**140**	**161**	**0**	**3**	**140**	**164**	**148**	**170**	**0**	**3**	**148**	**173**

YEAR 2020-21

S. No.	NAMC ID	NAMC Code	Disease	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1.	248	AAE-16	सन्धिवातः	0	2	0	0	0	2	0	2	0	0	0	2
2.	1074	EE-3	अर्शः	0	1	0	0	0	1	0	1	0	0	0	1
3.	1457	EM-3	अपस्मारः	3	0	0	0	3	0	3	0	0	0	3	0
4.	157	AAC-20	गृध्रसी	1	1	0	0	1	1	1	1	0	0	1	1
5.	141	AAC-8	अवबाहुकः	0	1	0	0	0	1	0	1	0	0	0	1
6.	1522	F	शिरःशूल/ शिरोरुक्	2	0	0	0	2	0	2	0	0	0	2	0
Total				**6**	**-**	**-**	**0**	**6**	**5**	**6**	**5**	**0**	**0**	**6**	**5**

YEAR 2021-22

Sr. No.	dis_id	dis_code	dis_name	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	4	13	0	0	4	13	4	13	0	0	4	13
2	1374	EL-2.24	वन्ध्या	0	3	0	0	0	3	0	3	0	0	0	3
3	633	EB-10	शूलः	0	1	0	0	0	1	0	1	0	0	0	1
4	157	AAC-20	गृध्रसी	2	7	0	0	2	7	2	7	0	0	2	7
5	163	AAC-24	पक्षाघातःपक्षव/ ध्रः	6	0	0	0	6	0	5	0	0	0	5	0
6	956	ED-8	वातरक्तम्	0	1	0	0	0	1	0	1	0	0	0	1
7	4	AA	वातव्याधिः	9	11	0	0	9	11	9	10	0	0	9	10
8	78	AAB-61	पृष्ठ ग्रहः-(केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
9	141	AAC-8	अवबाहुकः	0	1	0	0	0	1	0	1	0	0	0	1
10	897	ED-4.3.3	किटिभः	1	0	0	0	1	0	1	0	0	0	1	0
11	823	EC-6	आमवातः	2	5	0	0	2	5	2	4	0	0	2	4
12	49	AAB-33	ग्रीवास्तंभ :	2	1	0	0	2	1	2	1	0	0	2	1
13	1398	EL-5	श्वेतप्रदरः	0	1	0	0	0	1	0	1	0	0	0	1
14	1033	ED-16	भगन्दरः	2	0	0	0	2	0	2	0	0	0	2	0
15	174	AAC-32	मन्यास्तम्भः	0	1	0	0	0	1	0	1	0	0	0	1
16	147	AAC-12	आध्मानम् / आनाहः	0	1	0	0	0	1	0	1	0	0	0	1
17	410	BA-3.1	आर्तवक्षयः	0	1	0	0	0	1	0	1	0	0	0	1
18	1522	F	शिरःशूल / शिरोरुक्	1	0	0	0	1	0	1	0	0	0	1	0
Total				**29**	**48**	**0**	**0**	**29**	**48**	**28**	**46**	**0**	**0**	**28**	**46**

YEAR 2022-23

Sr. No.	dis_id	dis_code	dis_name	Admitted Patients				Total		Discharge Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	17	34	0	0	17	34	17	34	0	0	17	34
2	1374	EL-2.24	वन्ध्या	0	2	0	0	0	2	0	2	0	0	0	2
3	2983	AAC-12.4	विबन्ध	2	1	0	0	2	1	2	1	0	0	2	1
4	157	AAC-20	गृध्रसी	10	18	0	0	10	18	7	17	0	0	7	17
5	78	AAB-61	पृष्ठ-ग्रहः (केवलवात\त्रिर्कग्रह	14	13	0	0	14	13	13	13	0	0	13	13
6	1662	H	अक्षिरोगः/नेत्ररोगः	1	0	0	0	1	0	1	0	0	0	1	0
7	823	EC-6	आमवातः	5	14	0	0	5	14	5	13	0	0	5	13
8	639	EB-10.6	उदरशूल:/कुक्षिशुल:	1	0	0	0	1	0	1	0	0	0	1	0
9	4	AA	वातव्याधिः	13	8	0	0	13	8	13	9	0	0	13	9
10	1422	EM-1	मनोवहस्रोतोदुष्टिः	2	0	0	0	2	0	2	0	0	0	2	0
11	178	AAC-36	कम्पः/वेपथुः	2	1	0	0	2	1	2	1	0	0	2	1
12	480	EA-3	कास :	0	1	0	0	0	1	0	1	0	0	0	1
13	1139	EF-2.4.4	मधुमेहः	1	1	0	0	1	1	1	1	0	0	1	1
14	1266	EJ-3.6	वाताष्ठीला	1	0	0	0	1	0	1	0	0	0	1	0
15	1869	J-9	कर्ण-नादः	0	1	0	0	0	1	0	1	0	0	0	1
16	163	AAC-24	पक्षाघातः/पक्षवधः	1	1	0	0	1	1	2	1	0	0	2	1
17	1278	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	1	0	1	0	0	0	1	0
18	1337	EK-4.6	यकृद्वाल्युदरः	1	0	0	0	1	0	0	0	0	0	0	0
19	141	AAC-8	अवबाहुकः	1	1	0	0	1	1	1	1	0	0	1	1
20	2170	MD-11	दौर्बल्यम्	1	0	0	0	1	0	1	0	0	0	1	0
21	1530	F-8	अर्धावभेदकः	0	2	0	0	0	2	0	2	0	0	0	2
22	174	AAC-32	मन्यास्तम्भः	2	0	0	0	2	0	2	0	0	0	2	0
23	1457	EM-3	अपस्मारः	0	1	0	0	0	1	0	1	0	0	0	1
24	850	ED-2.8	निद्रानाशः/अनिद्रा	1	0	0	0	1	0	1	0	0	0	1	0
Total				**77**	**99**	**0**	**0**	**77**	**99**	**73**	**98**	**0**	**0**	**73**	**98**

YEAR 2024-25

Sr. No.	dis_id	dis_code	dis_name	Admitted				Total		Discharge				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	30	49	0	0	30	49	29	46	0	0	29	46
2	157	AAC-20	गृध्रसी	29	19	0	0	29	19	28	20	0	0	28	20
3	78	AAB-61	पृष्ठ ग्रहः-केवलवात)\त्रिर्कग्रह	19	33	0	0	19	33	20	31	0	0	20	31
4	2170	MD-11	दौर्बल्य	6	1	0	0	6	1	6	0	0	0	6	0
5	4	AA	वातव्याधिः	18	14	1	0	19	14	18	12	1	0	19	12
6			उच्चरक्तचाप	2	0	0	0	2	0	1	0	0	0	1	0
7	2983	AAC-12.4	विबन्ध	2	0	0	0	2	0	2	0	0	0	2	0
8	1139	EF-2.24	मधुमेह	1	3	0	0	1	3	1	3	0	0	1	3
9	850	ED-2.8	अनिंद्रा	0	3	0	0	0	3	0	3	0	0	0	3
10	1522	F	शिरशूल	1	0	0	0	1	0	1	1	0	0	1	1
11	823	EC-6	आमवातः	0	15	0	0	0	15	0	15	0	0	0	15
12	956	ED-8	वातरक्त	0	0	0	0	0	0	0	0	0	0	0	0
13	49	AAB-33	ग्रीवास्तम्भ	2	2	0	0	2	2	2	2	0	0	2	2
14	883	ED-4	त्वकविकार	1	1	0	0	1	1	1	1	0	0	1	1
15	1095	EE-4	ग्रंथि	0	3	0	0	0	3	0	3	0	0	0	3
16	1761	HG-1	तिमिर	1	0	0	0	1	0	1	0	0	0	1	0
17	558	EB-4	अम्लपित	0	2	0	0	0	2	0	2	0	0	0	2
18	163	AAC-24	पक्षाघात	4	1	0	0	4	1	4	1	0	0	4	1
19	1522	F	शिरोरोग	2	0	0	0	2	0	2	0	0	0	2	0
20	897	ED-4.3.3	किटिभ	1	0	0	0	1	0	1	0	0	0	1	0
21	838	ED-2.2	कुंडू	1	0	0	0	1	0	1	0	0	0	1	0
22	1161	EF-3	मनोरोग	1	0	0	0	1	0	1	0	0	0	1	0
23	480	EA-3	कांस	1	0	0	0	1	0	1	0	0	0	1	0
24	348	ACB-2	अग्निमान्ध	1	0	0	0	1	0	1	0	0	0	1	0
25	1398	EL-5	श्वेत प्रदर	0	1	0	0	0	1	0	1	0	0	0	1
26	1383	EL-3	आर्तव दोष	0	1	0	0	0	1	0	1	0	0	0	1
Total				**123**	**148**	**01**	**0**	**124**	**148**	**121**	**142**	**01**	**0**	**122**	**142**

D. Results of treatment for discharged patients (last five years excluding reporting period):

YEAR 2019-20

Sr. No.	Dis_ id	Dis_ code	Dis_name	Good Resp.	Fair Resp.	Poor Resp.	NO Resp.	LAMA	Ref.	Total
1.	823	EC-6	आमवातः	16	-	1	3	-	-	20
2.	1033	ED-16	भगन्दरः	5	1	-	-	-	-	6
3.	53	AAB-37	गृध्रसी (केवलवात)	28	1	-	-	-	-	29
4.	248	AAE-16	सन्धिवातः	91	3	2	4	-	-	100
5.	4	AA	वातव्याधिः	36	2	3	3	2	-	46
6.	676	EB-12	परिकर्तिका	5	2	-	-	-	-	7
7.	2170	MD-11	दौर्बल्यम्	4	1	1	-	-	-	6
8.	639	EB-10.6	कुक्षिशूलः	1	-	-	-	-	-	1
9.	78	AAB-61	पृष्ठ-ग्रहः (केवलवात)	20	1	-	1	-	-	22
10.	135	AAC-4	अर्दितः	2	-	-	-	-	-	2
11.	897	ED-4.3.3	किटिभः	3	-	-	-	-	-	3
12.	1522	F	शिरःशूलः	8	-	-	1	-	-	9
13.	956	ED-8	वातरक्तम्	-	2	-	1	-	-	3
14.	2584	RA-1	निद्रानाशः/अस्वप्नः	-	1	-	-	-	-	1
15.	174	AAC-32	मन्यास्तम्भः	2	2	-	-	-	-	4
16.	1304	EK-3	श्वयथुः/शोथः/शोफः	2	-	-	-	-	-	2
17.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	5	-	-	-	-	-	5
18.	163	AAC-24	पक्षाघातः	6	-	1	-	-	-	7
19.	489	EA-4	श्वासः	5	-	-	1	-	-	6
20.	2171	MD-12	कुमारशोष	1	-	-	-	-	-	1
21.	1457	EM-3	अपस्मारः	-	-	1	-	-	-	1
22.	-	-	व्रण	-	-	1	1	-	-	2
23.	883	ED-4	कुष्ठम्	2	1	-	-	-	-	3
24.	1869	J-9	कर्ण-नादः	1	-	-	-	-	-	1
25.	1074	EE-3	अर्शः	7	1	-	1	-	-	9
26.	1139	EF-2.4.4	मधुमेहः	5	1	-	1	-	-	7
27.	1383	EL-3	आर्तवदुष्टि	2	-	-	-	-	-	2
28.	812	EC-5	पाण्डुरोगः	2	-	-	-	-	-	2
29.	1324	EK-4	उदर/उदररोगः	1	-	-	1	-	-	2
30.	515	EB-2	अतिसार	-	-	-	1	-	-	1
31.	1095	EE-4	ग्रन्थिः	-	-	1	-	-	-	1
32.	838	ED-2.2	कण्डूः	2	-	-	-	-	-	2
33.	1377	EL-2.27	योनिकन्दः	1	-	-	-	-	-	1
34.	1543	FA-3	खलित्यम्	1	-	-	-	-	-	1
35.	139	AAC-6	अस्थिशोषः	1	-	-	-	-	-	1
36.	1422	EM-1	मनोवहस्रोतोदुष्टिः	4	-	-	-	-	-	4
37.	177	AAC-35	विश्वाची	-	-	1	-	-	-	1
			Total	**269**	**19**	**12**	**19**	**2**	**0**	**321**

YEAR 2020-21

Sr. No.	Disease ID	Disease Code	Disease Name	Good Resp.	Fair Resp.	Poor Resp.	No Resp.	LAMA	Ref.	Total
1.	248	AAE-16	सन्धिवातः	2	-	-	-	-	-	2
2.	1074	EE-3	अर्शः	1	-	-	-	-	-	1
3.	1457	EM-3	अपस्मारः	-	-	-	3	-	-	3
4.	157	AAC-20	गृध्रसी	2	-	-	-	-	-	2
5.	141	AAC-8	अवबाहुकः	1	-	-	-	-	-	1
6.	1522	F	शिरःशूल / शिरोरुक्	-	-	-	2	-	-	2
			Total	**6**	**-**	**-**	**5**	**-**	**-**	**11**

YEAR 2021-22

Sr. No.	Disease ID	Disease Code	Disease Name	Good Resp.	Fair Resp.	Poor Resp.	No Resp.	LAMA	Ref.	Total
1.	248	AAE-16	सन्धिवातः	0	17	0	1	0	0	**18**
2.	1374	EL-2.24	वन्ध्या	0	2	0	1	0	0	**3**
3.	633	EB-10	शूलः	0	0	1	0	0	0	**1**
4.	157	AAC-20	गृध्रसी	3	4	2	0	0	0	**9**
5.	163	AAC-24	पक्षाघातःपक्षवधः/	1	6	0	0	0	0	**7**
6.	956	ED-8	वातरक्तम्	0	1	0	0	0	0	**1**
7.	4	AA	वातव्याधिः	3	11	2	1	2	0	**19**
8.	78	AAB-61	पृष्ठ(केवलवात) ग्रहः-	1	0	0	0	0	0	**1**
9.	141	AAC-8	अवबाहुकः	0	1	0	0	0	0	**1**
10.	897	ED-4.3.3	किटिभः	0	1	0	0	0	0	**1**
11.	823	EC-6	आमवातः	1	5	0	0	0	0	**6**
12.	49	AAB-33	ग्रीवास्तंभः	0	3	0	0	0	0	**3**
13.	1398	EL-5	श्वेतप्रदरः	1	0	0	0	0	0	**1**
14.	1033	ED-16	भगन्दरः	0	1	0	1	0	0	**2**
15.	174	AAC-32	मन्यास्तम्भः	0	0	0	1	0	0	**1**
16.	147	AAC-12	आध्मानम्/ आनाहः	0	1	0	0	0	0	**1**
17.	410	BA-3.1	आर्तवक्षयः	0	1	0	0	0	0	**1**
18.	1522	F	शिरःशूल / शिरोरुक्	0	1	0	0	0	0	**1**
			Total	**10**	**55**	**5**	**5**	**2**	**0**	**77**

YEAR 2022-23

S. No	Disease Code	Disease Name	Good Response	Fair Response	Poor Response	No Response	LAMA	Death
1	AAE-16	सन्धिवातः	10	40	1	0	0	0
2	EL-2.24	वन्ध्या	1	1	0	0	0	0
3	AAC-12.4	विबन्ध	2	0	1	0	0	0
4	AAC-20	गृध्रसी	10	11	1	0	2	0
5	AAB-61	पृष्ठ-ग्रहः (केवलवात\ त्रिर्कग्रह)	8	17	1	0	0	0
6	H	अक्षिरोगः/नेत्ररोगः	0	1	0	0	0	0
7	EC-6	आमवातः	5	12	0	1	0	0
8	EB-10.6	उदरशूल:/कुक्षिशुल:	1	0	0	0	0	0
9	AA	वातव्याधिः	8	14	0	0	0	0
10	EM-1	मनोवहस्रोतोदुष्टिः	0	0	0	2	0	0
11	AAC-36	कम्पः/वेपथुः	0	1	0	2	0	0
12	EA-3	कास :	1	0	0	0	0	0
13	EF-2.4.4	मधुमेहः	0	2	0	0	0	0
14	EJ-3.6	वाताष्ठीला	0	0	1	0	0	0
15	J-9	कर्ण-नादः	1	0	0	0	0	0
16	AAC-24	पक्षाघातः/पक्षवधः	1	2	0	0	0	0
17	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	0	0
18	AAC-8	अवबाहुकः	0	1	1	0	0	0
19	MD-11	दौर्बल्यम्	0	1	0	0	0	0
20	F-8	अर्धावभेदक:	0	2	0	0	0	0
21	AAC-32	मन्यास्तम्भ:	2	0	0	0	0	0
22	EM-3	अपस्मारः	0	1	0	0	0	0
23	ED-2.8	निद्रानाश:/अनिद्रा	0	1	0	0	0	0
		Total	**51**	**107**	**6**	**5**	**2**	**0**

YEAR 2024-25

Sr. no	Dis_id	Dis_code	Dis_Name	Good Resp.	Fair Resp.	Poor Resp.	NO Resp.	LAMA	Ref.	Total
1	248	AAE-16	सन्धिवातः	32	34	6	3	0	0	**75**
2	157	AAC-20	गृध्रसी	21	25	2	0	0	0	**48**
3	78	AAB-61	पृष्ठ ग्रहः-केवलवात)\त्रिर्कग्रह(	15	29	5	2	0	0	**51**
4	2170	MD-11	दौर्बल्य	2	2	1	1	0	0	**6**
5	4	AA	वातव्याधिः	9	18	1	2	1	0	**31**
6			उच्चरक्तचाप	0	1	0	0	0	0	**1**
7	2983	AAC-12.4	विबन्ध	2	0	0	0	0	0	**2**
8	1139	EF-2.24	मधुमेह	2	1	1	0	0	0	**4**
9	850	ED-2.8	अनिंद्रा	1	2	0	0	0	0	**3**
10	1522	F	शिरशूल	1	0	1	0	0	0	**2**
11	823	EC-6	आमवातः	7	8	0	0	0	0	**15**
12	956	ED-8	वातरक्त	0	0	0	0	0	0	**0**
13	49	AAB-33	ग्रीवास्तम्भ	1	2	1	0	0	0	**4**
14	883	ED-4	त्वक विकार/कुष्ठम	1	0	1	0	0	0	**2**
15	1095	EE-4	ग्रंथि	2	1	0	0	0	0	**3**
16	1761	HG-1	तिमिर	0	1	0	0	0	0	**1**
17	558	EB-4	अम्लपित	1	0	1	0	0	0	**2**
18	163	AAC-24	पक्षाघात	3	2	0	0	0	0	**5**
19	1522	F	शिरोरोग	1	1	0	0	0	0	**2**
20	897	ED-4.3.3	किटिभ	0	0	1	0	0	0	**1**
21	838	ED-2.2	कुंडू	1	0	0	0	0	0	**1**
22	1161	EF-3	मनोरोग	1	0	0	0	0	0	**1**
23	480	EA-3	कांस	1	0	0	0	0	0	**1**
24	348	ACB-2	अग्निमान्ध	0	0	1	0	0	0	**1**
25	1398	EL-5	श्वेत प्रदर	1	0	0	0	0	0	**1**
26	1383	EL-3	आर्तव दोष	1	0	0	0	0	0	**1**
			TOTAL	**106**	**127**	**22**	**08**	**01**	**0**	**264**

E. Percentage of yearly bed occupancy during different years since inception upto the reporting year 2024-25:

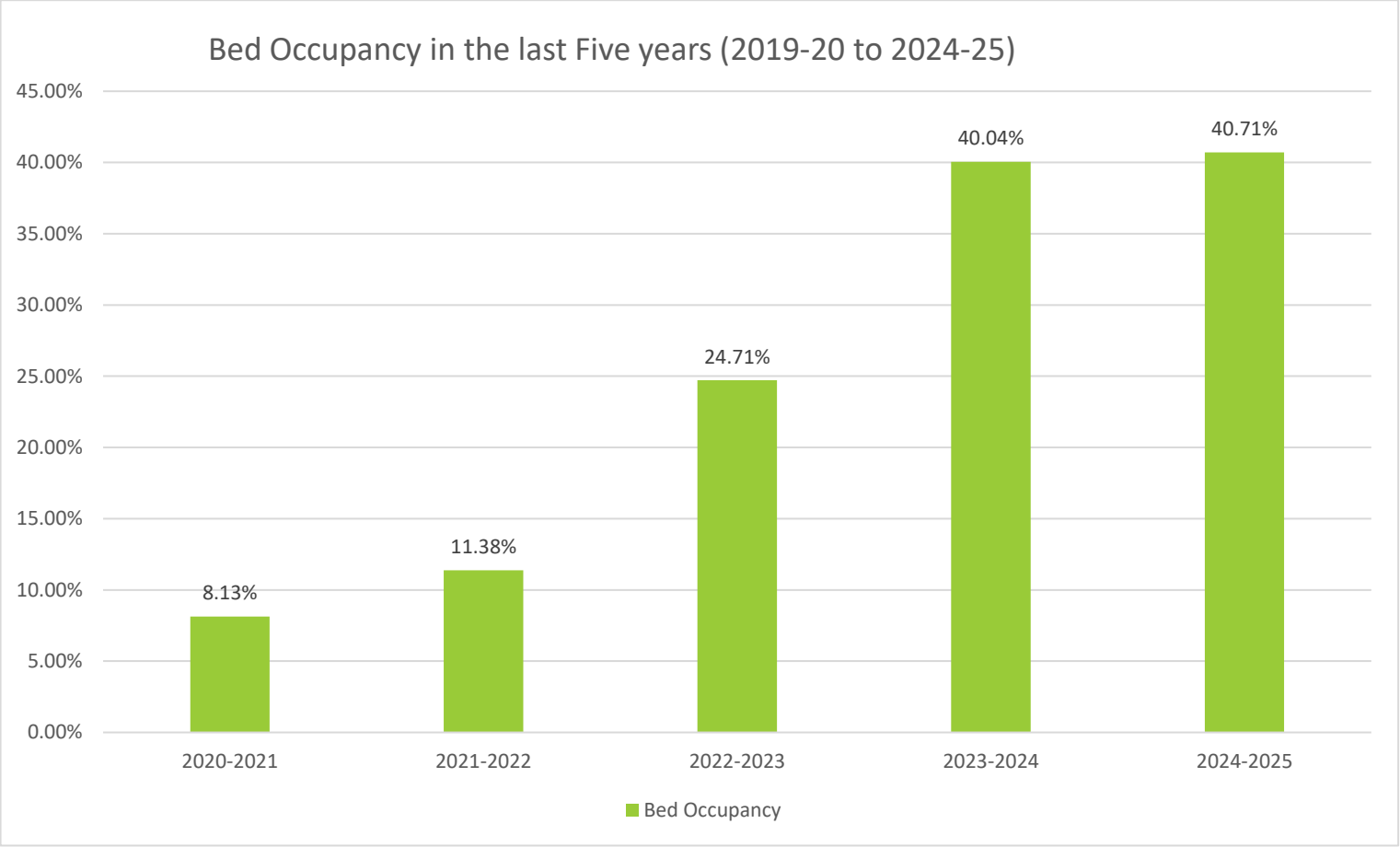
S. No.	Year	No. of beds available	Percentage of yearly bed occupancy
1.	**1972-73**	20	00.00
2.	**1973-74**	20	00.00
3.	**1974-75**	20	71.10
4.	**1975-76**	20	75.49
5.	**1976-77**	20	41.47
6.	**1977-78**	20	48.70
7	**1978-79**	20	10.02
8.	**1979-80**	20	27.60
9.	**1980-81**	20	28.83
10.	**1981-82**	20	34.95
11.	**1982-83**	20	44.61
12.	**1983-84**	20	72.17
13.	**1984-85**	20	60.10
14.	**1985-86**	20	59.87
15.	**1986-87**	20	50.25
16.	**1987-88**	20	44.27
17.	**1988-89**	20	36.36
18.	**1989-90**	20	18.95
19.	**1990-91**	20	30.06
20.	**1991-92**	20	32.35
21.	**1992-93**	20	26.87
22.	**1993-94**	20	29.10
23.	**1994-95**	20	20.88
24.	**1995-96**	20	33.78
25.	**1996-97**	20	37.69
26.	**1997-98**	20	33.21
27.	**1998-1999**	20	33.62
28.	**1999-2000**	20	32.24
29.	**2000-2001**	20	34.00

30.	**2001-2002**	20	39.00
31.	**2002-2003**	20	70.97
32.	**2003-2004**	20	73.75
33.	**2004-2005**	20	44.00
34.	**2005-2006**	20	34.03
35.	**2006-2007**	20	50.03
36.	**2007-2008**	20	44.00
37.	**2008-2009**	20	30.00
38.	**2009-2010**	20	22.00
39.	**2010-2011**	20	14.00
40.	**2011-2012**	20	21.45
41.	**2012-2013**	20	11.04
42.	**2013-2014**	20	19.47
43.	**2014-2015**	20	17.69
44.	**2015-2016**	20	17.47
45.	**2016-2017**	20	14.78
46.	**2017-2018**	20	15.87
47.	**2018-2019**	20	42.63
48.	**2019-2020**	20	48.78
49.	**2020-2021**	20	8.125
50.	**2021-2022**	20	11.38
51.	**2022-2023**	20	24.71
52.	**2023-2024**	20	40.04
53.	**2024-2025**	20	40.71

Standard Formula for calculation of Bed occupancy:

$$= \frac{\text{Total days of the care to the patients during the year x 100}}{\text{No. of beds x Total No. of days in the year}}$$

- **The average Bed Occupancy is** $= \frac{2972 \text{ x } 100}{20 \text{ x } 365} = 40.71\%$


Bed Occupancy in the last Five years (2019-20 to 2024-25)
45.00%
40.00%
35.00%
30.00%
25.00%
20.00%
15.00%
10.00%
5.00%
0.00%
8.13%
11.38%
24.71%
40.04%
40.71%
2020-2021
2021-2022
2022-2023
2023-2024
2024-2025
Bed Occupancy

F. Statement of Patients Admitted/Discharged during the reporting period 2024-25

Sr. No.	dis_id	dis_code	dis_name	Admitted				Total		Discharge				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	30	49	0	0	30	49	29	46	0	0	29	46
2	157	AAC-20	गृध्रसी	29	19	0	0	29	19	28	20	0	0	28	20
3	78	AAB-61	पृष्ठ ग्रहः- केवलवात)\त्रिर्कग्रह	19	33	0	0	19	33	20	31	0	0	20	31
4	2170	MD-11	दौर्बल्य	6	1	0	0	6	1	6	0	0	0	6	0
5	4	AA	वातव्याधिः	18	14	1	0	19	14	18	12	1	0	19	12
6			उच्चरक्तचाप	2	0	0	0	2	0	1	0	0	0	1	0
7	2983	AAC-12.4	विबन्ध	2	0	0	0	2	0	2	0	0	0	2	0
8	1139	EF-2.24	मधुमेह	1	3	0	0	1	3	1	3	0	0	1	3
9	850	ED-2.8	अनिंद्रा	0	3	0	0	0	3	0	3	0	0	0	3
10	1522	F	शिरशूल	1	0	0	0	1	0	1	1	0	0	1	1
11	823	EC-6	आमवातः	0	15	0	0	0	15	0	15	0	0	0	15
12	956	ED-8	वातरक्त	0	0	0	0	0	0	0	0	0	0	0	0
13	49	AAB-33	ग्रीवास्तम्भ	2	2	0	0	2	2	2	2	0	0	2	2
14	883	ED-4	त्वक विकार/कुष्ठम	1	1	0	0	1	1	1	1	0	0	1	1
15	1095	EE-4	ग्रंथि	0	3	0	0	0	3	0	3	0	0	0	3
16	1761	HG-1	तिमिर	1	0	0	0	1	0	1	0	0	0	1	0
17	558	EB-4	अम्लपित	0	2	0	0	0	2	0	2	0	0	0	2
18	163	AAC-24	पक्षाघात	4	1	0	0	4	1	4	1	0	0	4	1
19	1522	F	शिरोरोग	2	0	0	0	2	0	2	0	0	0	2	0
20	897	ED-4.3.3	किटिभ	1	0	0	0	1	0	1	0	0	0	1	0

21	838	ED-2.2	कुंडू	1	0	0	0	1	0	1	0	0	0	1	0
22	1161	EF-3	मनोरोग	1	0	0	0	1	0	1	0	0	0	1	0
23	480	EA-3	कांस	1	0	0	0	1	0	1	0	0	0	1	0
24	348	ACB-2	अग्निमान्ध	1	0	0	0	1	0	1	0	0	0	1	0
25	1398	EL-5	श्वेत प्रदर	0	1	0	0	0	1	0	1	0	0	0	1
26	1383	EL-3	आर्तव दोष	0	1	0	0	0	1	0	1	0	0	0	1
Total				**123**	**148**	**01**	**0**	**124**	**148**	**121**	**142**	**01**	**0**	**122**	**142**

G. Statement of Treatment Result for the patients discharged during the reporting period 2024-25:

Sr. no	Dis_id	Dis_code	Dis_Name	Good Resp.	Fair Resp.	Poor Resp.	NO Resp.	LAMA	Ref.	Total
1	248	AAE-16	सन्धिवातः	32	34	6	3	0	0	**75**
2	157	AAC-20	गृध्रसी	21	25	2	0	0	0	**48**
3	78	AAB-61	पृष्ठ ग्रहः-केवलवात)\त्रिर्कग्रह	15	29	5	2	0	0	**51**
4	2170	MD-11	दौर्बल्य	2	2	1	1	0	0	**6**
5	4	AA	वातव्याधिः	9	18	1	2	1	0	**31**
6			उच्चरक्तचाप	0	1	0	0	0	0	**1**
7	2983	AAC-12.4	विबन्ध	2	0	0	0	0	0	**2**
8	1139	EF-2.24	मधुमेह	2	1	1	0	0	0	**4**
9	850	ED-2.8	अनिंद्रा	1	2	0	0	0	0	**3**
10	1522	F	शिरशूल	1	0	1	0	0	0	**2**
11	823	EC-6	आमवातः	7	8	0	0	0	0	**15**
12	956	ED-8	वातरक्त	0	0	0	0	0	0	**0**
13	49	AAB-33	ग्रीवास्तम्भ	1	2	1	0	0	0	**4**
14	883	ED-4	त्वक विकार/कुष्ठम	1	0	1	0	0	0	**2**
15	1095	EE-4	ग्रंथि	2	1	0	0	0	0	**3**
16	1761	HG-1	तिमिर	0	1	0	0	0	0	**1**
17	558	EB-4	अम्लपित	1	0	1	0	0	0	**2**
18	163	AAC-24	पक्षाघात	3	2	0	0	0	0	**5**
19	1522	F	शिरोरोग	1	1	0	0	0	0	**2**
20	897	ED-4.3.3	किटिभ	0	0	1	0	0	0	**1**
21	838	ED-2.2	कुंडू	1	0	0	0	0	0	**1**
22	1161	EF-3	मनोरोग	1	0	0	0	0	0	**1**
23	480	EA-3	कांस	1	0	0	0	0	0	**1**
24	348	ACB-2	अग्निमान्ध	0	0	1	0	0	0	**1**
25	1398	EL-5	श्वेत प्रदर	1	0	0	0	0	0	**1**
26	1383	EL-3	आर्तव दोष	1	0	0	0	0	0	**1**
			Total	**106**	**127**	**22**	**8**	**1**	**0**	**264**

H. Disease wise average duration of hospitalization (based on days of care to the patients discharged excluding cases of Death and LAMA (2024-2025)

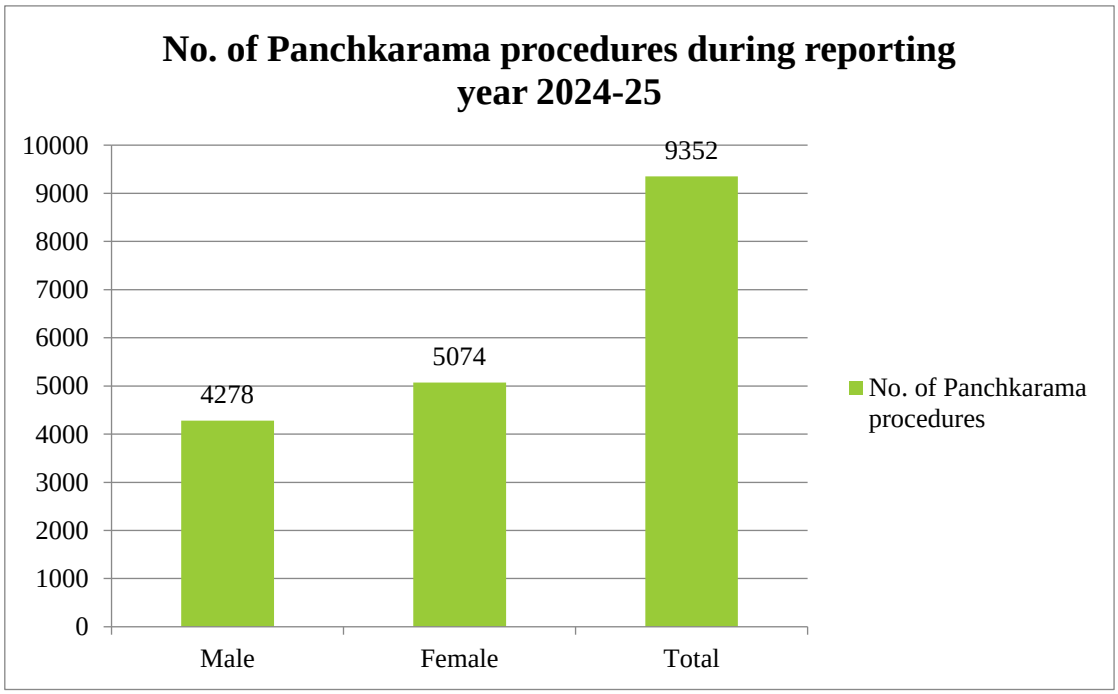
Average duration at hospitalization (of a particular disease)

Sr. no	Dis_ Code	Dis_ Name	Average duration of hospitalization
1	AAE-16	सन्धिवातः	**794**
2	AAC-20	गृध्रसी	**619**
3	AAB-61	पृष्ठकेवलवात) ग्रहः-\त्रिर्कग्रह(	**616**
4	MD-11	दौर्बल्य	**53**
5	AA	वातव्याधिः	**400**
6		उच्चरक्तचाप	**15**
7	AAC-12.4	विबन्ध	**14**
8	EF-2.24	मधुमेह	**27**
9	ED-2.8	अनिंद्रा	**31**
10	F	शिरशूल	**0**
11	EC-6	आमवातः	**194**
12	ED-8	वातरक्त	**0**
13	AAB-33	ग्रीवास्तम्भ	**45**
14	ED-4	त्वकविकार/कुष्ठम	**9**
15	EE-4	ग्रंथि	**3**
16	HG-1	तिमिर	**10**
17	EB-4	अम्लपित	**17**
18	AAC-24	पक्षाघात	**57**
19	F	शिरोरोग	**23**
20	ED-4.3.3	किटिभ	**3**
21	ED-2.2	कुंडू	**5**
22	EF-3	मनोरोग	**8**
23	EA-3	कांस	**7**
24	ACB-2	अग्निमान्ध	**4**
25	EL-5	श्वेत प्रदर	**8**
26	EL-3	आर्तव दोष	**6**
		Total	**2968**

(3) Panchkarma:

Karma wise Panchkarma during the reporting period 2024-2025:

S.No.	Disease	Male	Female	Total
1	Abhyang	1255	1434	**2689**
2	Swedan	1134	1355	**2489**
3	Kati Basti	516	588	**1104**
4	Griva Basti	188	139	**327**
5	Matra Basti	422	398	**820**
6	Kwath Basti	210	255	**465**
7	Patra Pind Swedan	31	60	**91**
8	Sastik Shali Pind Swedan	160	104	**264**
9	Ksheer basti	4	90	**94**
10	Baluka Swedan	0	36	**36**
11	Shirodhara	137	139	**276**
12	Janu Basti	163	328	**491**
13	Udvartan	7	56	**63**
14	Akshi Tarpan	21	7	**28**
15	Nasya	30	76	**106**
16	Yoni prakshalan	0	5	**5**
17	Shiropichu	0	0	**0**
18	Lepan	0	4	**4**
Grand Total		**4278**	**5074**	**9352**



(1) List of Panchakarmaequipments in the Institute:

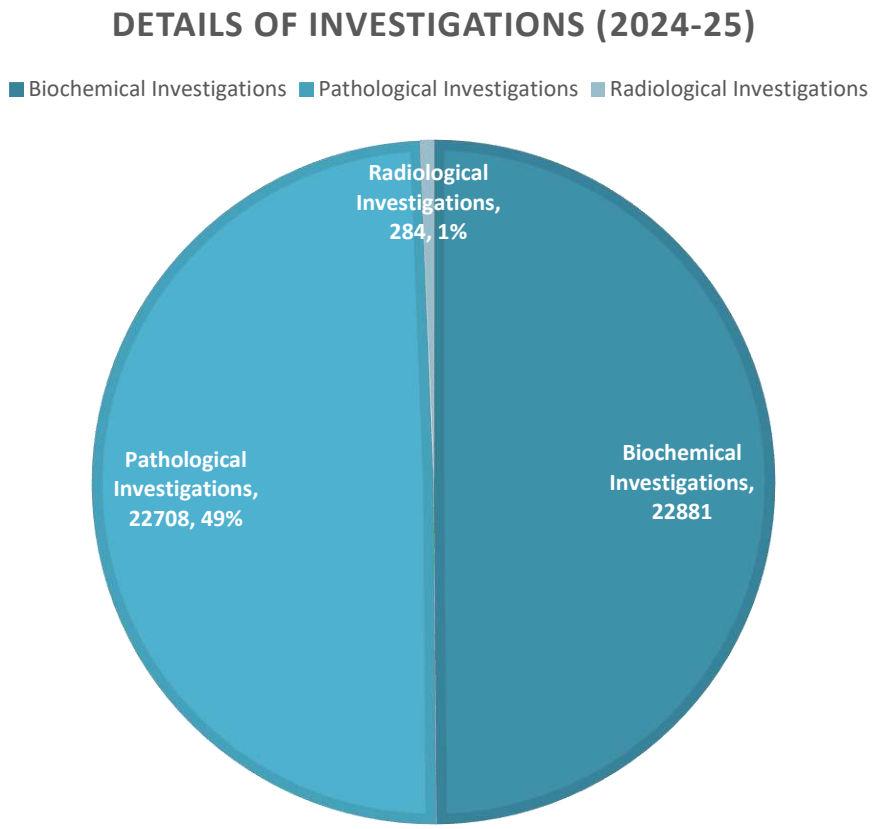
S. No.	Name of the Equipment	Purpose for which it was purchased	Year of purchase	Cost of equipment (In Rs.)	Condition of the equipment	Remarks
1.	Steam Bath Cabinet (Laying type) -01	Development of Hospital facility	2014-15	59650	Working	
2.	Steam Bath Cabinet (Sitting type) -01	------do-----	2014-15	45650	Working	
3.	Steam Generator Fully Automatic (Electric) -02	------do-----	2014-15	103600	Working	
4.	ShirodharaYantra (Fully Automatic)- 02	------do-----	2014-15	97300	Working	
5.	Hi-low Tilt Steel Table WithDharapathy (Shirodhara type) -02	------do-----	2014-15	106100	Working	
6.	Soft Bed for Dharapathy -02	------do-----	2014-15	1800	Working	
7.	Abhyanga Table (Massage Table)- 02	------do-----	2014-15	68200	Working	
8.	BastiYantra -02	------do-----	2014-15	2100	Working	
9.	BastiYantra (Disposable Set) - 02	------do-----	2014-15	2544	Working	
10.	Vamanpeeth (Stainless Steel) -02	------do-----	2014-15	44900	Working	
11.	Nasyapeeth (Stainless steel with raisable leg support) -02	------do-----	2014-15	53000	Working	
12.	Virechana Chair (Stainless Steel) -02	------do-----	2014-15	39800	Working	
13.	Rectum steam chair -02	------do-----	2014-15	52950	Working	
14.	NadiswedanaYantra -02	------do-----	2014-15	44400	Working	
15.	Shirobasti Cap -02	------do-----	2014-15	4200	Working	
16.	Panchakarma Accessories-02	------do-----	2014-15	46500	Working	
17.	MatraBasti -08	------do-----	2014-15	4800	Working	
18.	Basti Tips -50	------do-----	2014-15	500	Working	
19.	Spine Bath with Groove --02	------do-----	2014-15	23150	Working	
20.	Hip Bath -01	------do-----	2014-15	6700	Working	
21.	Massage Stool -02	------do-----	2014-15	8350	Working	
22.	Kinetiser Heater with Flaturuli (Vessel) -02	------do-----	2014-15	29400	Working	
23.	Shalaka -02	------do-----	2014-15	2800	Working	
24.	Basti --02	------do-----	2014-15	6700	Working	

VII. LABORATORY (PATHOLOGY/BIO-CHEMISTRY/RADIOLOGY):

The Clinical Laboratory of the Institute is well equipped with modern equipments. All the investigations are on the basis of charges fixed by the Council except Research, BPL patients and concession to senior citizens. Emphasis is given for timely supply of investigation reports. The investigations are done in the laboratory keeping in view the Research Programme allotted to the Institute. The details of the investigation done during the reporting year 2024-25 are as under:

Annual Report Summary from 1st April, 2024 to 31st March, 2025

S.No.	Investigations	Total (Male)	Total (Female)	Grand Total
1.	Pathological Investigations	8627	14081	22708
2.	Biochemical Investigations	10416	12465	22881
3.	Radiological Investigations	125	159	284
4.	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
	Total	**19168**	**26705**	**45873**



(1) Details of Investigations (2024-25):

S.No.	Type of Investigations	Male	Female	Total
1	C.B.C	592	984	1576
2	Hemoglobin	592	984	1576
3	RBC	592	984	1576
4	TLC	1272	1928	3200
5	DLC	2280	3976	6256
6	E.S.R.	592	984	1576
7	Platelet count	589	980	1569
8	M.P.	5	5	10
9	TEC/VEC	0	0	0
10	G.B.P.	0	0	0
11	B.T. / C.T.	1	2	3
12	Reticulocyte Count	0	0	0
13	PCV	592	941	1533
14	MCV	592	941	1533
15	MCHC	592	941	1533
16	RH & ABO Grouping	43	24	67
17	Blood Sugar	554	281	835
18	Blood Urea	537	559	1096
19	S. Creatinine	537	559	1096
20	S.Uric Acid	537	559	1096
21	S. Bilirubin Total	527	707	1234
22	S. Bilirubin Direct	527	707	1234
23	S. Bilirubin Indirect	527	707	1234
24	S. Cholesterol	422	415	837
25	S. Triglycerides	422	415	837
26	S. LDL	422	415	837
27	S. HDL	422	415	837
28	VLDL	423	415	838
29	Alkaline Phosphates	526	705	1231
30	Total Protein	526	705	1231
31	Albumin	596	705	1301
32	Globulin	526	705	1231
33	A.G. Ratio	526	705	1231
34	SGOT	526	705	1231
35	SGPT	526	705	1231
36	R.A. Factor	163	246	409
37	C.R.P.	171	337	508
38	ASO Titre	156	190	346
39	Widal	33	80	113
40	Mantoux Test	13	4	17
41	VDRL	0	0	0

42	Routine & Microscopic	48	70	118
43	Urine B.S./B.P.	48	70	118
44	Urine Sugar	50	70	120
45	Urine Albumin	50	70	120
46	Urobilinogen	50	70	120
47	Ketone bodies	47	56	103
48	Gravindex Test	0	1	1
49	Ova & Cyst	0	0	0
50	Occult Blood	0	0	0
51	Stool (Conc. Method)	0	0	0
52	For AFB	0	0	0
53	Sperm count/motility	0	0	0
54	Sickling	0	0	0
55	X-Ray.	125	159	284
56	T3	0	0	0
57	T4	0	0	0
58	TSH	0	0	0
59	FSH	0	0	0
60	LH	0	0	0
61	BHCG	0	0	0
62	PSA	0	0	0
63	Testosterone	0	0	0
64	Prolactine	0	0	0
65	HbA1C	185	280	465
66	S. Sodium	0	0	0
67	S. Potassium	0	0	0
68	S. Calcium	86	239	325
69	HIV	0	0	0
Total Investigations		**19168**	**26705**	**45873**

(2) Condition of major equipments lying in the institute up to previous year:

S. No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remark
1.	Polirimeter	Lab. Diagnostic	1972-73	Not Working	Not repairable
2.	Refctrometer (Abbe's)	Lab. Diagnostic	1972-73	Not Working	Not repairable
3.	Monocular Microscope	Lab. Diagnostic	1972-73	Not Working	Not repairable
4.	Analytical Balance	Lab. Diagnostic	1972-73	Not Working	Not repairable
5.	Hair Dryer	Lab. Diagnostic	1973-74	Not Working	Not repairable
6.	TLC KIT	Lab. Diagnostic	1973-74	Not Working	Not repairable
7.	Centrifuge Machine (4 tube)	Lab. Diagnostic	1983-84	Not Working	Not repairable

8.	Spectrophotometer	Lab. Diagnostic	1984-85	Not Working	Not repairable
9.	Tally Counter(TLC)	Lab. Diagnostic	1984-85	Not Working	Not repairable
10.	Blood Cell Counter(DLC)	Lab. Diagnostic	1985-86	Not Working	Not repairable
11.	Binocular Microscope	Lab. Diagnostic	1985-86	Not Working	Not repairable
12.	Hot Air Oven	Lab. Diagnostic	1993-94	Not Working	Not repairable
13.	Pointer eye Piece	Lab. Diagnostic	1998-99	Not Working	Not repairable
14.	Centrifuge Machine(8 tube)	Lab. Diagnostic	2002-03	Not Working	Not repairable
15.	Needle Cutter(Electric)	Lab. Diagnostic	2002-03	Not Working	Not repairable
16.	Refrigerator(BPL)	Lab. Diagnostic	2002-03	Not Working	Not repairable
17.	Semi Auto Analyzer(RECL)	Lab. Diagnostic	2008-09	Not Working	Not repairable
18.	Microscope LX-400 Labomed	Lab. Diagnostic	2011-12	Working	Not repairable
19.	Panchkarma Equipments	Development of Hospital facility	2014-15	Working	-
20.	Digital X-Ray Machine with DR System	----do----	2014-15 (X-Ray Machine) 2022-23(DR System)	Working	-
21.	Computer Desktop, Printer & UPS	----do----	2014-15	Working	-
22.	ACs (Two Ton) & Stabilizer	----do----	2014-15	Working	-
23.	Water Purifier (R.O.)	----do----	2014-15	Working	-
24.	Peak Flow Meter Digital	Lab. Diagnostic	2014-15	Not Working	Not repairable
25.	Fully Automated Biochemistry Analyzer (XL-200)	Lab. Diagnostic	2014-15	Working	-
26.	Hematology Analyzer (XL-100) Fully Automated-3 Part Differentiol	Lab. Diagnostic	2014-15	Working	-
27.	E.S.R. Analyzer	Lab. Diagnostic	2014-15	Working	-
28.	Protein Analyzer(Nephstar)	Lab. Diagnostic	2014-15	Working	-
29.	Urine Analyzer	Lab. Diagnostic	2014-15	Working	-
30.	Harmone analyzer(I-Choroma)	Lab. Diagnostic	2014-15	Working	-
31.	Incubator (Digital)	Lab. Diagnostic	2014-15	Working	-
32.	Centrifuge Machine(Digital)	Lab. Diagnostic	2014-15	Working	-
33.	Needle Destroyer (Electric)	Lab. Diagnostic	2014-15	Working	-
34.	Deep Freezer	Lab. Diagnostic	2014-15	Working	-

35.	LG Refrigerator	Lab. Diagnostic	2018-19	Working	-
36.	ERBA Both manual and automatic Automated Hematology Analyser (5 Part) (H 560 with 2 Year Warranty)	Lab. Diagnostic	2021-22	Working	-

(3) List of equipments purchased during the reporting year 2024-25:

S.No.	Name of the Equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	-	-	-	-	-

VIII. PHARMACY/DRUG STORE:

Details of Medicines Purchased 2023-24:

S.No.	Name of the firm	Cost of medicine	Amount paid	Bill pending, if any
1.	IMPCL	4617605	4617605	Nil
2.	Oushadhi	1738347	1738347	Nil
3.	IMCOPS	0	0	Nil
4.	OTHERS	0	0	Nil
TOTAL		**6355952**	**6355952**	

IX. LIBRARY:

The MSRARI Library provides comprehensive access to Books, Journals, Thesis, Dissertations, and Paper Manuscripts covering Ayurveda, other medical disciplines and related sciences. Our holdings now include over 1512 books and issues of various journals subscribed. The Library caters to the needs of scientists of the Council, physicians, research scholars and students. The working hours of this Library are from 10 am. to 5.00 pm., from Monday to Saturday excluding Govt. holidays.

S.No.	Particualrs	
1.	Total Books available at institute library:	1512
2.	Total CCRAS publications available for sale	1220
3.	Total CCRAS publications sold during reporting years	615

X. GUGGULU HERBAL FARM, MANGLIAWAS, AJMER

(YEAR 2024-2025)

(1) Name and Address of the Institute:-

Guggulu Herbal farm, Mangliawas Distt.- Ajmer, under M.S. Regional Ayurveda Research Institute Jaipur CCRAS (Ministry of Ayush, Govt. of India).

(2) Date of starting the Cultivation:-

Guggulu Herbal Farm Mangliawas was started in 1st April 1972 in which research, development and extensive cultivation of Guggulu plants were done till 31st December 2007 through plant cuttings, air layering and seedlings. But due to very low Guggulu gum exudation severe drought favoring since long time and regular audit objections it was handed over to **National Institute of Ayurveda Jaipur** on date 1stJanuary 2008 as per instruction of Ministry of Auyush. Since then it was under National Institute of Ayurveda Jaipur till October 2016. During this period no development and cultivation of Guggulu Herbal Farm were done by NIA Jaipur. It was further returned back by NIA Jaiur on dated 9th November 2016.

(3) Details of Land Under Cultivation

(i) The land of Guggulu Herbal Farm Mangliawas, Distt. Ajmer is under control of M.S.R.A.R.I. Jaipur (CCRAS, New Delhi).

(ii) At present there is about $\pm$142 acres of land under Guggulu Herbal Farm Mangliawas for cultivation of medicinal plants especially for extensive cultivation of Guggulu. Out of which 140 Acres of land is forest land which is in our possession and cultivation of Guggulu is being carried out since inception but document related to land is available only for 50 Acres but their Khasra No. are not available with us. Document related to 2 Acres of land (6 Bighas) is available with us which has been allotted to us by Government of Rajasthan during 1983 in which tube-well is established. Out of total 142 Acres of land 1/3rd land is brought under cultivation of medicinal plants while 2/3rd area of the land is occupied by natural flora of medicinal importance.

(iii) At present only one tube well is functional which has been repaired during the month of December 2023 which is not discharging sufficient water and also drying during summer season due to severe drought favoring since long time, due to which nursery development and future course of cultivation programme is not being started. At present such water is used only for drinking purpose of working staff.

(iv) The Farm is situated along the main chains of Aravali hills which have several hills and hillocks containing rocks, boulders and gravels. The soil of the Farm is more or less poor in respect of mineral nutrients.

(4) Details of staff engaged in the cultivation programme at Guggulu Herbal Farm Mangliawas, Ajmer.

Sl. No.	Name and Designation	Date of Joining	Qualification	Duties Assigned
1.	Sh. Ravi Chandra R.O. (Bot.)	20/01/2024	B.SC. (Bio.)	Supervision of overall activities and running of all the office activities.
2.	Sh. Radheshyam Meena Attendent (MTS)	-	Literate	Agricultural practices
3.	Sh. Chouthu Ram Meena Labourer, (MTS)	15/01/1993	VIII Std.	-do-
4.	Sh. Rajendra Kumar Dia Labourer, (MTS)	25/07/2001	10^{th} Std.	-do-
5.	Sh. Shanker Lal Mali Labourer, (MTS)	02/01/2003	8^{th} Std.	-do-
6.	Sh. Sohan Singh Rawat Labourer, (MTS)	04/02/2016	10^{th} Std.	-do-

(5) Brief description of the land under cultivation, giving its detail of Geographical, Ecological and Edaphic status, type of soil and erosion etc.

- **Land:-** Agro-climatically Guggulu Herbal Farm Mangliawas is situated at 74^0N latitude and 26^0E longitude, in Village Mangliawas on National Highway No. 8 between Ajmer and Beawar about 26 Km. away from Ajmer. It is located along the foot hills of the Aravalli range on the south-east about 4 Km. away from the village Mangliawas towards south east direction. The farm is situated at an average altitude of 470.7 M.. It comprises the foot-hills, hillocks and slopes of the hill situated along the main chain of the Aravali range.
- **Climate:**-The climate of the area is typically semi-arid with an average rain fall of 350-500 mm. About 70% of the rainfall received during the month of July to August and normally little or no rains occur during the winter months. The humidity of Mangliawas is low indicating presence of extreme hot temperature in summer month, the maximum temperature reaches upto 46^0C and it is as low as 5-6^0C during winter month.
- **Geography & Ecology: -** The total area of Guggulu Herbal Farm Mangliawas is about 142 acres with undulated topography. The Farm is divided into 20 Blocks based on topographically characteristic terrain situated on foot-hill, hillocks and plains. The wind direction for most part of the year is from south to North-East. Wind velocity is higher in the month of May -June and lower in the month of December. During the winter, winds are low and variable. Frost also occurs during winter.

Basaltic rocks are dominant in the area given rise to a variety of minerals like horn blend along with granite, quartzite with feldspar, calcareous and ferugenous are quite common in the lower horizons of the soil. The grazing and afforestation have adversely affected the biotic factor of the region outside the farm area. The natural vegetation mostly of medicinal importance also exists in the farm i.e**. Azadirachta indica, Asparagus racemosus, Drimia indica, Tinospora cordifolia, Tephrosia purpurea, Tribulus terrestris, Gloriosa superba, Grewia tenax, Euphorbia nivulia, Balanites aegyptica, Rhus mysoorensis, Calotropis procera, Capparis decidua, Zizyphus jujuba, Acacia nilotica, Acacia senegal** etc.

- **Soil**:- The soil of the farm is almost sandy and sandy loam with presence of rock stones and boulders. It is poor in respect of nutritional status, chemical composition and textural structure. Two types of soil erosion such as surface and gully erosion were observed in this region.

(6) Lay out of Farm Giving details of the Plants Cultivated under Experimental/ Mass cultivation.

S. No.	Sanskrit Name	Regional/ Local Name	Botanical Name	Total No. of plants in the field	Average yield
1	Guggulu	Guggul	*Commiphora wightii* (Arn.) Bhand.	2018	150-200 Gm./Plant
2	-	Chittor Guggul	*Commiphora madagascariensis* Jacq. Sy. *Commiphira agallocha* Engl.	10	-
3	Irimeda	Safed Kikar	*Acacia leucophloea* (Roxb) Willd.	Abundant	-
4	Babbula	Babool	*Acacia nilotica* (L.) Dell.	Abundant	-
5	Apamarga	Latjira	*Achyranthes aspera* L.	Abundant	-
6	-	Kumat	*Acacia Senegal* L. Willd.	Abundant	-
7	Gorakhganja	-	*Aerva javanica* (Bum. F.) Juss. Ex. Schultz.	Scattered	-
8	Dhava	Dhokra	*Anogeissus pendula* Edgew.	Abundant	-
9	Satavari	Narkanta	*Asparagus racemosus* Willd.	Scattered	-
10	Nimba	Neem	*Azadirachta indica* A.Juss.	Abundant	-
11	Ingudi	Hingot	*Balanites aegyptica* (L.) Delile.	Abundant	-
12	Peet Sariak	Bajradanti	*Barleria prionites* L.	Scattered	-
13	Shwet Sariak	Bajradanti	*Barleria cristata* L.	Scattered	-
14	Punarnava	Sathi	*Boerhavia diffusa* L.	Scattered	-
15	-	Sathi	*Boerhavia verticillata* L.		-
16	Shallaki	Shalar	*Boswellia serrata* Roxb. ex. Colebr.	3	-
17	Shivlingi	-	*Breynia laciniosa* L.	Scattered	-
18	-	-	*Bursera hindsiana*(Benth.) Engl.	12	-

19	Raktark	Aankra	*Calotropis procera* (Ait.) Dryand.	Frequent	-
20	Karir	Kair	*Capparis decidua* (Forssk.) Edgew.	Abundant	-
21	Karnsphota	-	*Cardiospermum halicacabum* L.	Scattered	-
22	Shankhpushpi	-	*Convolvulus prostratus* Forsk.	Scattered	-
23	-	Mirchiakand	*Corallocarpus epigaeus* (Rottl.) Hook.f.	Scattered	-
24	Sahadevi	-	*Cyanthillium cinereum* (L.) H.Roxb.	Scattered	-
25	Virataru	-	*Dichrostachys cinneria* W.&A.	Several	-
26	Darbha	Dabh	*Desmostachya bipinnata* (L.) Sapf.	Abundant	-
27	Van Palandu	Jangali Kanda	*Drimia indica* (Roxb.) Josseph.	Scattered	-
28	Brihat Dugdhika	Dudhi	*Euphorbia hirta* L.	Scattered	-
29	Patrasnuhi	Danda thor	*Euphorba nivulia* Buch. Ham.	Abundant	-
30	Yavashak	Javasa	*Fagonia cretica* L.	Rare	-
31	Gangeruki	Gangan	*Grewia tenax* (Forssk.) Fiori	Abundant	-
32	Langli	Raja rad	*Gloriosa superba* L.	Scattered	-
33	Chirvilva	Chilbil	*Holoptelea integrifolia* Planch.	Rare	-
34	Nili	Neel	*Indigofera tinctoria* L.	Abundant	-
35	Vikankat	Kakira	*Gymnosporia emarginata* (Willd.) Thwaites.	Abundant	-
36	Madyantika	Mehandi	*Lawsonia innermis* L.	10	-
37	-	Khimp	*Leptadenia pyrotechnica* (Forssk.)Decne.	Scattered	-
38	Piluparni	-	*Maerua arenaria* Hook. F. &Thom.	Scattered	
39	-	Babchi	*Ocimum americanum* L.	Frequent	-
40	Vrishikali	Dudhi	*Pergularia daemia* (Forssk.) Choiv.	Scattered	-
41	Kakjungha	-	*Peristrophe bicalyculata* (Retz.) Nees.	Scattered	-
42	Shami	Khejri	*Prosopis cinnerea* (L.) Druce.	Abundant	-
43	-	Dasria	*Rhus mysoorensis* B.Heyne ex. W.&A.	Abundant	-
44	Banpilu	Pilu	*Salvadora oleoides* Dcne.	Scattered	-
45	Somlata	Angulia thor	*Sarcostemma acidum* (Roxb.) Voigt.	Scattered	-
46	Chakramard	Chakunda	*Senna tora* (L.) Roxb.	Scattered	-
47	Bala bhed	-	*Sida acuta* Burm.f.	Scattered	-

48	Bala	-	*Sida cordifolia* L.	Abundant	-
49	-	-	*Solanum incanum* L.	Scattered	-
50	Kantkari	Kantali	*Solanum virginianum* L.	Abundant	-
51	Sarponkha	Khirna	*Tephrosia purpurea* (L.) Pers.	Abundant	-
52	-	-	*Tephrosia pumila* (Lam.) Pers.	Scattered	-
53	Karvira	Kaner	*Thevetia peruviana* (Pers.) K.Schum.	10	-
54	Gokshura	Gokhru, Kanti	*Tribulus terrestris* L.	Abundant	-
55	Guduchi	Giloy	*Tinospora cordifolia* Willd.	Frequent	-
56	Adhopushpi	-	*Trichodesma indicum* (L.) Lehm.	Scattered	-
57	Rohitak	Rohida	*Tecomella undulata* (Sm.) Seem.	2	-
58	Kutaj	Dudhi	*Wrightia tinctoria* R.Br.	Several	-
59	Badar	Bor, Ber	*Zizyphus jujuba* Lam.	Several	-
60	-	Jhar bor	*Zizyphus numularia* W.&A.	Scattered	-

(7) Guggulu Gum-Oleo-Resin Collected:-The following Raw Drug Samples were collected during this period as per availability and demand.

Sl. No.	Botanical Name	Family	Plant Name (Sanskrit)	Part Collected	Amount (Fresh)	Balance in stock
1.	*Commiphora wightii* (Arn.) Bhand.	Burseraceae	Guggulu	Gum-oleo-resin	13.00 Kg.	23.00 Kg.

(8) Raw Drugs Collected for Supply:-The following Raw Drug Sample were collected during this period for supply to other Institutes.

Sl. No.	Botanical Name	Family	Plant Name (Sanskrit)	Part Collected	Amount (Fresh)	To whom to be supplied
1.	*Fagonia cretica* L.	Zygophyllaceae	Dhanyavasa	Whole Plant	1.8 Kg.	CARI JHANSI
Grand total					1.8 Kg	

(9) Raw Drugs Supplied:-The following Raw Drug samples along with specimen samples for Herbarium sheets, Passport data sheet and Photographs as per desired and availability were supplied during this period.

Sl. No.	Botanical Name	Family	Plant Name (Sanskrit)	Plant Name (Local)	Part Supplied	Quantity (Dry weight)	To whom supplied

1.	*Fagonia cretica* L.	Zygophyllaceae	Dhanyavasa	Jawasa	Whole Plant	1.00 Kg.	CARI Jhansi
2.	*Commiphora wightii* (Arn.) Bhand.	Burseraceae	Guggulu	Googal	Gum oleo-resin	500 gm.	RARI Pune
GRAND TOTAL						**1.500Kg**	

(10) Plant mortality in the field:- Due to drought and termite attack a large number of Guggulu plants were dried during summer season which were observed and counted during this period. Total **285** (Two hundred eighty five only) plants were dried in the field in different blocks, out of which **96** Plants were dried after Gum exudation which were self stimulated for Gum exudation and **189** plants were dried due to drought and termite in the field.

(11) During this periods total 300 guggulu plants planted in block no. 1 including total to 2018 (Two thousand eighteen only) plants are surviving in filed.

(12) Table-Showing Details Of Guggulu Plants In Different Blocks At Guggulu Herbal Farm, Mangliawas, Ajmer (Rajasthan)

Sl. No	Name of Block in GHF Mangliawas	Total no. of Guggulu Plants in the field (A)	Date of counting of Dried Guggulu Plants	Total no. of Guggulu plants dried due to self Gum exudation (B)	Total no. of Guggulu plants dried naturally in the field (C)	Total No. of Dried Guggulu plants in the field (B+C)=D	Balance Guggulu plants in the field (A-D)=E	Month of planting	No.of New plants Planted (F)	No. of block In wich planted	Total no. of Balance Guggulu plants in the field (E+F)=G	Remark
1.	**1.**	**301**	22/07/2024	**47**	**17**	**64**	**237**	**JULY 2024+ August2024**	**245 + 55= 300**	**1.**	**537**	Due to drought favoring since long time and termite attack plants dried naturally in the field.
2.	**2.**	**141**	23/07/2024	**3**	**17**	**20**	**121**	-	-	-	**121**	
3.	**3.**	**236**	24/07/2024	**4**	**40**	**44**	**192**	-	-	-	**192**	
4.	**4.**	**53**	25/07/2024	**5**	**8**	**13**	**40**	-	-	-	**40**	
5.	**5.**	**83**	26/07/2024	**4**	**5**	**9**	**74**	-	-	-	**74**	
6.	**6.**	**65**	27/07/2024	**5**	**3**	**8**	**57**	-	-	-	**57**	
7.	**7.**	**54**	27/07/2024	**3**	**12**	**15**	**39**	-	-	-	**39**	
8.	**8.**	**115**	27/07/2024	**5**	**15**	**20**	**95**	-	-	-	**95**	
9.	**9.**	**103**	27/07/2024	**4**	**6**	**10**	**93**	-	-	-	**93**	
10.	**10.**	**55**	29/07/2024	**-**	**4**	**4**	**51**	-	-	-	**51**	
11.	**11.**	**90**	29/07/2024	**-**	**6**	**6**	**84**	-	-	-	**84**	
12.	**12.**	**120**	29/07/2024	**-**	**11**	**11**	**109**	-	-	-	**109**	
13.	**13.**	**126**	29/07/2024	**-**	**8**	**8**	**118**	-	-	-	**118**	
14.	**14.**	**83**	30/07/2024	**-**	**14**	**14**	**69**	-	-	-	**69**	
15.	**15.**	**42**	30/07/2024	**-**	**2**	**2**	**40**	-	-	-	**40**	
16.	**16.**	**35**	30/07/2024	**2**	**11**	**13**	**22**	-	-	-	**22**	
17.	**17.**	**105**	30/07/2024	**3**	**6**	**9**	**96**	-	-	-	**96**	
18.	**18.**	**58**	31/07/2024	**3**	**2**	**5**	**53**	-	-	-	**53**	
19.	**19.**	**56**	31/07/2024	**6**	**-**	**6**	**50**	-	-	-	**50**	
20.	**20.**	**82**	31/07/2024	**2**	**2**	**4**	**78**	-	-	-	**78**	

		Total 2003 Plants surviving in the field till July 2023		**Note- Guggulu Plants were not tapped during this year. But total = 96 Plants self initiated for Gum exudation and dried during this period.**	**189 Plants dried due to drought and termite attack upto July 2024.**	**Total = 285 Plants dried in the field.**	**1718 Plants surviving in the field till July 2024**		**300 Plants were planted during month of july-aug. 2024**		**Total no. 2018 Plants surviving in the field till July-aug. 2024**	**-**

(13) Development of Nursery set up:-

An amount of Rs. 1270000/ (Rupees Twelve Lac seventy thousand only) was sanctioned by the Council for development of nursery set up like Net house and watering facility in the nursery area and fencing of Nursery areas which has already been handed over to PWD Ajmer and the work was not initiated by PWD Ajmer. Further new revised DPR for Rs. 22.60 Lac was submitted by PWD Ajmer during the month of September 2021 and asked for difference of Rs. 9.90 Lac which has already been paid to PWD Ajmer on 21/07/2022. PWD Ajmer started the work and the work is under progress. The above construction work was initiated by PWD Ajmer since 5th December 2022 which has been partially completed and regular reminder in this matter was issued till date.

(A) **Fencing of Nursery Areas:** - Fencing of nursery area (50mt.x50mt.x6ft.) with barbed wires along with pillars and iron Engles with Iron Gate have been completed. Trenching (3Feet) outside the nursery areas which is needed for protection of nursery area have been completed.

(B) **Iron Net: -** Iron net inside the nursery area (25mt.x50mt.x6ft.) has been completed. Nethouse covered with plastic nets (Net house) have been completed during the month of February 2023 but it has been damaged during the month of May 2023 due to storm which is regularly asked for its repair by PWD and 3-4 reminder have been issued in this regard.

(C) **Underground water storage tank: -** An underground water storage tank with capacity of 50000/ (Fifty thousand only) litres with watering facility in the nursery areas have been completed, but at present it is under leakage which is under process of repair by PWD.

(D) **Water connectivity: -** Connection of water storage tank with nursery area along with pipelines has been completed. Motor connection in the tank is completed, but due to leakage of tanks it is not under use.

(14) Other activities:-

- Routine work of Guggulu Herbal Farm Mangliawas like watching and general duty maintenance.
- Repair of boundary wall in Block no.1, 2 3, 4, 5,6,16,17,18,19 and 20 with stones and spiny branches along the pathways for motorable conditions.
- Cleaning of nursery areas in Block no.1.
- Repair of pathways in Block no.1, 5 and 16.

- Preparation of pits for planting of Guggulu plants in Block No.1 during rainy season.
- During The Month of July-August 2024 total 300 guggulu plants planted in block no.1.
- Termite medicine was applied to the New Guggulu Plants planted in Block No.1.
- Goat manure was purchased to be added to the newly planted guggulu plants.
- Goat manure was added to the planted guggulu plants.
- The newly planted guggulu plants were watered.

(15) Requirements for further development:-

At present there is only one tube well in the farm which is out of order since March 2018 which was repaired in the month of December 2023 and further in the month of July 2024 and November 2024 but not discharging sufficient water and also drying during summer season due to severe drought favoring since long time due to which nursery development and future course of cultivation programme is not being started. For development of nursery and development of plants in nursery and transfer of developed plants in the field, an alternative and permanent watering facility must be done.

i. At present farm is protected with 'Kachcha' boundary wall which is destroyed by wild animals like Blue Bulls. For protection of farm, Pucca boundary wall with four iron gates are necessary. At present office is running in the village Mangliawas in the rented room of Gram Panchayat. At least 3-4 rooms are required for running of office and store.
ii. Electrification is also essential for proper lighting in the office room and for protection of farm.
iii. Telephone facility and proper office set up is required.
iv. At present no any clerckial staff is posted at the farm. At least one LDC must be posted.
v. At present only **5 labourers** (MTS) are working, and 2 Security guard are working in the Farm. For running of farm **at-least 5 more** labourer are required for its development.
vi. At present only 'Kachcha' approach road is available for the farm. A dammered approach road is compulsory, since the farm is 4 Km. away from the National Highway No. 8.

XI. Promotions/Joining/Transfers/Deputation/Retirements:

1.	Promotions	1. Sh. Vikram Gurjar, MTS is promoted to the post of Lower Division Clerk on regular basis in Pay Level-2 (12.09.2024 on wards) Vide Concil's office order No. 594/2024-25 dated 12.09.2024
2.	Joining	1. Dr. Avinash kumar Jain joined in this Insittute as Research officer (Ay.) on 19.07.2024. 2. Jyoti Yogi joined in this Institute as pharmacist on 19.07.2024 3. Dr. Bhuvnesh kumar Sharma joined in this Institue as Research Officer (Ay.) on dated 09.08.2024
3.	Transfers	1. Dr. Vinod Bihari Kumawat, Research Officer (Ay.) has been transferred to RARI Ranikhet on 16.07.2024

XII. Photo Gallery



डीएसएसआरएयू, जोधपुर में 2 और 3 मई 2024 को 'सीसीआरएएस मानकीकृत प्रकृति मूल्यांकन मापदंड एवं आयुर प्रकृति वेब पोर्टल' पर डॉ. किशोर गावली और डॉ. सुहास चौधरी द्वारा दिया गया प्रशिक्षण।



डीएसएसआरएयू, जोधपुर में 2 और 3 मई 2024 को 'सीसीआरएएस मानकीकृत प्रकृति मूल्यांकन मापदंड एवं आयुर प्रकृति वेब पोर्टल' पर हुई कार्यशाला।



"संस्थान में दिनांक 22 जून 2024 को राजभाषा हिंदी त्रैमासिक कार्यशाला का आयोजन किया गया, जिसमें मुख्य अतिथि एवं वक्ता के रूप में सुश्री सुनीता दुआ, सहायक निदेशक (राजभाषा), आयकर विभाग, जयपुर ने सहभागिता की।"



विश्व पर्यावरण दिवस समारोह के अवसर पर सभी कर्मचारियों द्वारा शपथ ली गई।"



"विश्व पर्यावरण दिवस समारोह के अवसर पर ओपीडी में डॉ. किशोर गावली द्वारा जनजागरूकता व्याख्यान प्रस्तुत किया गया।"



संस्थान में दिनांक 05.06.2024 विश्व पर्यावरण दिवस के उपलक्ष्य में आमजन को जागरूक करते हुए संस्थान प्रभारी।



दिनांक 14.06.2024 को संस्थान परिसर में रक्तदान दिवस-2024 के उपलक्ष्य में संस्थान में आये हुये आगन्तुकों एवं रोगियों को अधिकारियों द्वारा रक्तदान के बारें में जागरूक करते हुए।



दिनांक 19.06.2024 को "World Sickle Cell Awareness Day" के उपलक्ष्य में Eklavya Model Residential School, Niwai, Tonk के छात्रों एवं अध्यापकों में जागरूकता हेतु संस्थान की टीम के द्वारा दौरा किया।



"21 जून 2024 को अंतर्राष्ट्रीय योग दिवस के अवसर पर डॉ. बी.आर. मीणा, सहायक निदेशक तथा एमएसआरएआरआई, सीसीआरएएस परिसर के समस्त संस्थान कर्मचारियों द्वारा प्रातःकालीन योग अभ्यास किया गया।"



"21 जून 2024 को अंतर्राष्ट्रीय योग दिवस के अवसर पर टीएचसीआरपी कार्यक्रम के अंतर्गत काशीपुरा, बस्सी में ग्रामीण जनसंख्या द्वारा योगाभ्यास किया गया।"

विकास के लिए सहायता प्रदान सभी विद्यार्थियों ने भाग लिया। चिकित्सालय में किया जाएगा। प्रतियोगिता का मूल्यांकन करेंगे।

#NationalWorkshop आयुर्वेद विवि में दो दिवसीय राष्ट्रीय कार्यशाला का शुभारंभ

'वैज्ञानिक दृष्टिकोण रखें, आयुर्वेद के नजरिए से ही देखें आयुर्वेद'

पत्रिका

सिटी रिपोर्टर
patrika.com

जोधपुर. डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय में गुरुवार से दो दिवसीय राष्ट्रीय कार्यशाला शुरू हुई। उद्घाटन समारोह को संबोधित करते हुए कुलपति प्रो. प्रदीप कुमार प्रजापति ने कहा कि वैज्ञानिक दृष्टिकोण को ध्यान में रखते हुए आयुर्वेद के नजरिए से ही आयुर्वेद को समझना चाहिए।



मूलभूत सिद्धांतों के अनुसार ही चिकित्सा क्रम का निर्धारण करना चाहिए। रोगी एवं रोग की परीक्षा के लिए 'आयुर प्रकृति वेब पोर्टल' के माध्यम से ऑनलाइन प्रकृति असेसमेंट स्केल द्वारा प्रकृति परीक्षण करने से रोग के मूल कारण का निर्धारण कर चिकित्सा में सफलता प्राप्त की जा सकती है।

कुलसचिव प्रो. गोविंद सहाय शुक्ल ने कहा कि अनुसंधान से संबंधित इस प्रकार की कार्यशालाएं नियमित अंतराल पर करवाई जाएंगी। प्राचार्य प्रो महेंद्र कुमार शर्मा ने भी विचार रखे। कार्यशाला के प्रथम दिन सीसीआरएएस नई दिल्ली के रिसर्च ऑफिसर डॉक्टर सुहास चौधरी एवं रिसर्च ऑफिसर डॉक्टर किशोर गवली ने प्रकृति असेसमेंट स्केल के भौतिक, शरीर क्रियात्मक, मनोवैज्ञानिक एवं स्वभाव संबंधी लक्षणों की एसओपी के संबंध में जानकारी दी। दो दिवसीय कार्यशाला के प्रथम दिन सैद्धांतिक विषय पर व्याख्यान दिया गया। द्वितीय दिन प्रैक्टिकल डिमॉन्स्ट्रेशन करवाया जाएगा। कार्यशाला में प्रत्येक प्रतिभागी को ऑनलाइन असेसमेंट करने के लिए आईडी पासवर्ड दिए जाएंगे।

प्रकृति विश्लेषण बीमारियों के उपचार में उपयोगी

जोधपुर (नसं)। डॉ. सर्वपल्ली राधाकृष्णन् राजस्थान आयुर्वेद विश्वविद्यालय, में आयोजित दो दिवसीय राष्ट्रीय कार्यशाला का समापन कुलपति प्रो. प्रदीप कुमार प्रजापति ने कहा कि प्रकृति विश्लेषण का आकलन बीमारियों के निदान, उपचार एवं रोकथाम में महत्वपूर्ण भूमिका निभाता है। ''आयुर्प्रकृति वेब पोर्टल'' के माध्यम से प्रकृति परीक्षण कर स्वस्थ व्यक्ति के स्वास्थ्य की रक्षा एवं रोगी व्यक्ति के रोग की चिकित्सा में दक्षता हासिल की जा सकती है। उन्होंने सीसीआरएएस नई दिल्ली के उच्च अधिकारियों का वेब पोर्टल के माध्यम से प्रशिक्षण के लिए आभार जताया।

इस अवसर पर कुलसचिव प्रो. गोविंद सहाय शुक्ल, प्राचार्य प्रो. महेंद्र कुमार शर्मा एवं सीसीआरएएस नई दिल्ली के विषय विशेषज्ञों डॉ. सुहास चौधरी, डॉ. किशोर गवली ने अपने विचार रखे। समापन समारोह के पूर्व कार्यशाला के



दूसरे दिन प्रायोगिक कर्मभ्यास के अंतर्गत प्रकृति असेसमेंट स्केल के भौतिक, शरीर क्रियात्मक, मनोवैज्ञानिक एवं स्वभाव संबंधी लक्षणों का ऑनलाइन असेसमेंट करने का प्रायोगिक अभ्यास करवाया, साथ ही प्रत्येक प्रशिक्षणार्थी को आईडी,पासवर्ड के माध्यम से व्यक्तिश ''आयुर्प्रकृति वेब पोर्टल'' पर प्रकृति परीक्षण का अभ्यास करवाया। प्रशिक्षण प्राप्त अभ्यर्थियों को प्रमाण पत्र वितरित किए गए। कुलपति प्रो. प्रजापति ने विषय विशेषज्ञों को स्मृति चिन्ह देकर सम्मानित किया। इस अवसर पर 19 अप्रैल को विश्वविद्यालय परिसर में रक्तदान करने वाले 74 रक्तदाताओं को कुलपति प्रजापति ने प्रमाण पत्र देकर सम्मानित किया। कुलपति प्रजापति द्वारा रक्तदान करने पर विशेष रूप से सम्मान किया।



जमाव भी मिला है। सूत्रों के अनुसार अब तक खोज में भगवान श्रीकृष्ण के समय के 2 ही प्रमाण उपलब्ध है, इसमें यमुना नदी और गोवर्धन पर्वत शामिल है। अब इस

श्रीकृष्ण के समय की प्र होंगे। यहां भगवान शिव अलग मूर्तियां मिली हैं, बताई जा रही है।

क्षेत्रीय आयुर्वेद संस्थान में मनाया 10वां अन्तरराष्ट्रीय योग दिवस

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जयपुर। बनीपार्क स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्तान में आयुष मंत्रालय भारत सरकार के निर्देशानुसार 10वां अन्तरराष्ट्रीय योग दिवस 21 जून को प्रातः 6 बजे संस्थान परिसर में 'योगा फॉर सेल्फ एंड सोसायटी' थीम पर मनाया गया। प्राप्त जानकारी के अनुसार कार्यक्रम का शुभारम्भ संस्थान प्रभारी डॉ. बी.आर. मीणा ने सभी आगंतुकों को योग के बारे में जानकारी देकर किया। उन्होंने कहा कि योग के माध्यम से असाध्य रोगों को भगाया जा सकता है। स्वस्थ रहने के लिए नियमित रूप से योगाभ्यास करना चाहिए। इस अवसर पर डॉ. दारा सिंह रोतवार अनुसंधान अधिकारी (आयु.) ने संस्थान के सभी अधिकारी, कर्मचारी एवं आमजन को योगाभ्यास कराया। संस्थान द्वारा योग दिवस के उपलक्ष्य में संस्थान परिसर एवं आउटरीच परियोजनाओं के माध्यम से शहर की विभिन्न कॉलोनियों एवं जयपुर के आसपास के ग्रामीण क्षेत्र, जनजाति बहुल क्षेत्र गोनेर, बस्सी एवं तूंगा आदि में योग के प्रति आमजन को जागरूक करते हुए योगाभ्यास कराया।

परंपरा टूटी : आजादी के बाद पहली बार होगा लो

ओम बिरला पर नहीं



दिनांक 26.07.2024 को संस्थान के सेमिनार हॉल में "कार्यस्थल पर कार्यरत महिलाओं के प्रति यौन उत्पीड़न" विषय पर आयोजित प्रशिक्षण/कार्यशाला में मुख्य वक्ता के रूप में उपस्थित निशा सिद्धु, समन्वयक, महिला सुरक्षा एवं सलाह केंद्र (MSSK), जयपुर का स्वागत संस्थान प्रभारी द्वारा किया गया।







"30 अगस्त 2024 को जैव-चिकित्सीय अपशिष्ट प्रबंधन पर प्रशिक्षण का आयोजन किया गया। इस अवसर पर इंस्ट्रोमेडिक्स (इंडिया) प्राइवेट लिमिटेड से श्री सेठी जी द्वारा व्याख्यान प्रस्तुत किया गया।







"सीपीआर प्रशिक्षण डॉ. अशोक कुमार, सहयोगी प्रोफेसर, शल्य तंत्र विभाग, राष्ट्रीय आयुर्वेद संस्थान द्वारा प्रदान किया गया।"









"संस्थान के सभी कर्मचारियों को अग्नि सुरक्षा प्रशिक्षण श्री हिमांशु, अग्नि सुरक्षा अधिकारी, राजस्थान सरकार द्वारा प्रदान किया गया।"



संस्थान में शुरू होने 03 आईएमआर परियोजना के लिए दिनांक 05.07.2024 को IEC की मीटिंग में परियोजनाओं की जानकारी देते हुए संस्थान प्रभारी।



संस्थान में दिनांक 3 अगस्त 2024 को भारतीय अंगदान दिवस जिसकी थीम "Donate Organs, Sare Lives" थी, के अवसर पर एक कार्यशाला का आयोजन किया गया। इस कार्यक्रम में संस्थान के सभी अधिकारी, कर्मचारी एवं अस्पताल के भर्ती मरीजों ने सक्रिय रूप से भाग लिया।



"दिनांक 15 अगस्त 2024 को संस्थान में 78वां स्वतंत्रता दिवस संस्थान प्रभारी सहायक निदेशक की अध्यक्षता में ध्वजारोहण के साथ उत्साहपूर्वक मनाया गया। इस अवसर पर संस्थान के अधिकारियों एवं कर्मचारियों की सराहनीय उपस्थिति रही।"



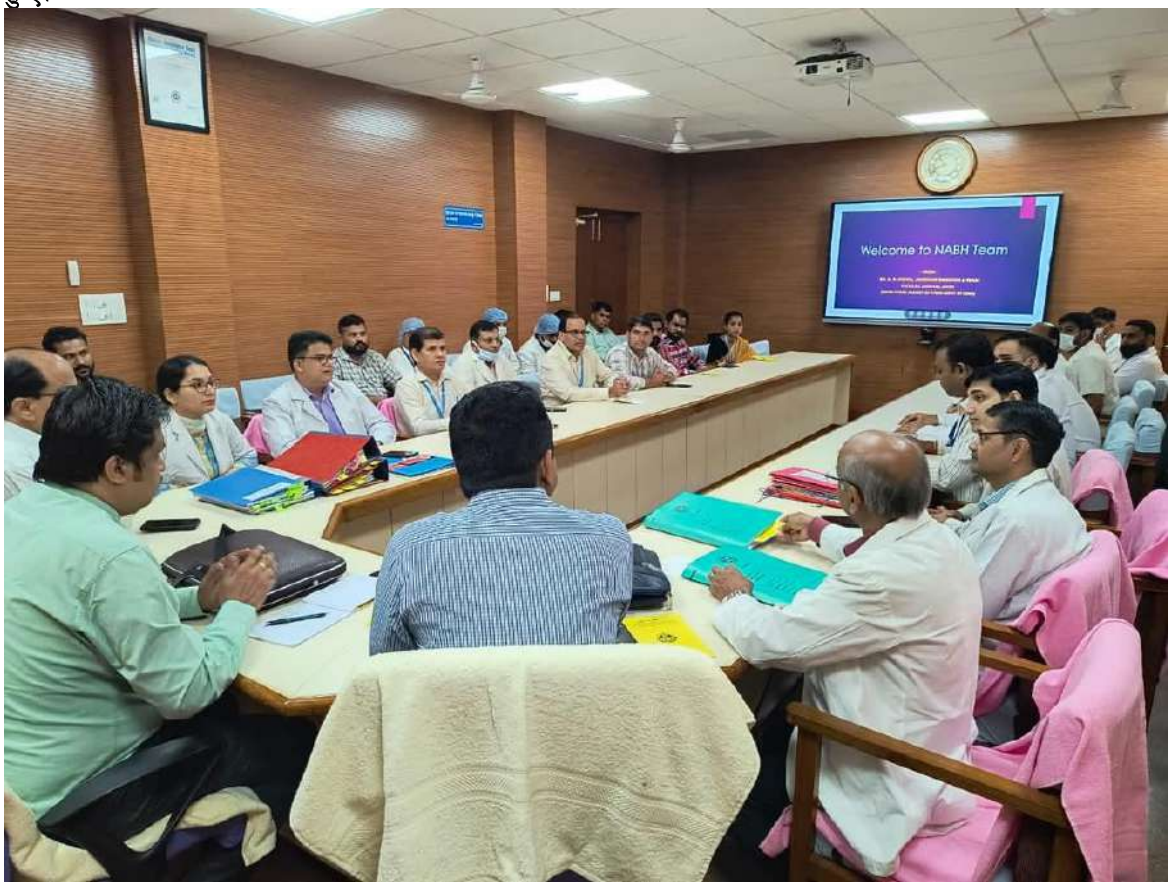
संस्थान में दिनांक 17.09.2024 को स्वच्छता पखवाडा (14 सितम्बर से 02 अक्टूबर 2024) जिसकी थीम "स्वच्छता ही सेवा है" तक की शपथ लेते हुए अधिकारी एवं कर्मचारीगण, एमएसआरएआरआई, जयपुर।



संस्थान में "राजभाषा हिंदी पखवाडा-2024" (दिनांक 14 सितम्बर से 30 सितम्बर 2024 तक) मनाया गया जिसमें विभिन्न प्रतियोगिताऐं आयोजित की गयी, के बारे में संस्थान के अधिकारियों एवं कर्मचारियों को आवश्यक जानकारी देते हुए संस्थान प्रभारी, एमएसआरएआरआई, जयपुर।



संस्थान में "राजभाषा हिंदी पखवाडा-2024" (दिनांक 14 सितम्बर से 30 सितम्बर 2024 तक) मनाया जाना है, मुख्य अतिथि के रूप में पधारें हुए पूर्व सांसद श्री राम कुमार वर्मा ने संस्थान के अधिकारियों एवं कर्मचारियों को आयोजित होने वाली प्रतियोगिताओं में बढ चढकर हिस्सा लेने हेतु उत्साह बढाते हुए।



27 सितंबर 2024 को संस्थान में एनएबीएच मूल्याकंन के लिए मूल्यांकन टीम के द्वारा संस्थान की सुविधाओं व कार्यप्रणाली का अवलोकन करते हुए ।



27 सितंबर 2024 को संस्थान में एनएबीएच मूल्याकंन के लिए मूल्यांकन टीम के द्वारा संस्थान की सुविधाओं व कार्यप्रणाली का अवलोकन करते हुए।



संस्थान प्रभारी द्वारा आये एनएबीच मूल्यांकन टीम को विदाई देते हुए।



राष्ट्रीय पोषण माह–2024" के अंतर्गत संस्थान में विविध जागरूकता गतिविधियों का आयोजन किया गया। दिनांक 30.09.2024 को समापन समारोह के अवसर पर आउटरीच परियोजना के डॉक्टर एवं कर्मचारियों द्वारा स्कूली बच्चों में रक्ताल्पता एवं शारीरिक विकास की कमी की रोकथाम हेतु उन्हें बिस्कुट, केला एवं अन्य पोषक सामग्री वितरित की गई। यह कार्यक्रम एमएसआरएआरआई, जयपुर द्वारा आयोजित किया गया।



संस्थान द्वारा 15 सितम्बर से 2 अक्टूबर 2024 तक स्वच्छता पखवाडा मनाया गया। (शपथ लेते हुए अधिकारी एवं कर्मचारी गण)



संस्थान में दिनांक 08.10.2024 को संस्थान के सभाकक्ष में NABH के अन्तर्गत Hazardous Materials हेतु प्रशिक्षण कार्यक्रम का आयोजन किया गया, उक्त प्रशिक्षण में भाग लेते हुए अधिकारी एवं कर्मचारीगण, एमएसआरएआरआई, जयपुर।



संस्थान द्वारा दिनांक 18.10.2024 को सतर्कता जागरूकता सप्ताह- 2024 के अन्तर्गत सीसीआरएएस, मुख्यालय के पत्र संदेश को पढ कर सत्यनिष्ठा की शपथ लेते हुए संस्थान प्रभारी की अध्यक्षता में अधिकारी एवं कर्मचारीगण, एमएसआरएआरआई, जयपुर।



संस्थान में दिनांक 21.10.2024 एवं 28.10.2024 को "सतर्कता जागरूकता सप्ताह -2024" के दौरान आयोजित वाद-विवाद एवं निबन्ध लेखन प्रतियोगिता में भाग लेते हुए संस्थान के अधिकारी एवं कर्मचारीगण, एमएसआरएआरआई, जयपुर।



9वें आयुर्वेद दिवस के उपलक्ष्य में दिनांक 23.10.2024 को महात्मा ज्योतिबा फुले आयुर्वेद महाविद्यालय, हाडोता, चौंमू, जयपुर, राजस्थान में डॉ. भुवनेश कुमार शर्मा जागरुकता व्याख्यान देते हुए।



संस्थान में 9वें आयुर्वेद दिवस 2024 के उपलक्ष्य में प्रदर्शनी सह मिनी एक्सपो का उद्घाटन करते संस्थान प्रभारी, एमएसआरएआरआई, जयपुर।



संस्थान में 9वें आयुर्वेद दिवस 2024 के उपलक्ष्य में आमजन को ब्रोसर एवं औषधीय पौधे वितरित करते हुए संस्थान प्रभारी, एमएसआरएआरआई, जयपुर।



संस्थान में 9वें आयुर्वेद दिवस 2024 के उपलक्ष्य में परिषद् मुख्यालय से प्राप्त पत्र संदेश एवं मुख्यालय के दिशा-निर्देशानुसार आयोजित की जाने वाली गतिविधियों के बारे में चर्चा करते हुए संस्थान प्रभारी, एमएसआरएआरआई, जयपुर।



9वें आयुर्वेद दिवस के उपलक्ष में दिनांक 23.10.2024 को महात्मा ज्योतिबा फुले आयुर्वेद महाविद्यालय, हाडोता, चौंमू, जयपुर, राजस्थान में आयोजित निबंध प्रतियोगिता



संस्थान द्वारा चौथा जनजातीय गौरव दिवस समारोह 2024 (15 नवम्बर 2024 से 15 नवम्बर 2025) का शुभारंभ दिनांक 16.11.2024 को किया गया। इस अवसर पर संस्थान प्रभारी द्वारा संस्थान के अधिकारियोंकर्मचारियों को उक्त अवधि के दौरान संस्थान में आयोजित की जाने वाली गतिविधियों / की जानकारी प्रदान की गई।

विभाग सहकार से समृद्धि की की व्यवस्था की गई है।

आयुर्वेद दिवस अनुसंधान संस्थान में 9वें आयुर्वेद दिवस का शुभारंभ



स्मार्ट मरुधर

जयपुर। बनीपार्क स्थित आयुष मंत्रालय भारत सरकार के महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में 9 वें आयुर्वेद दिवस 2024 का आयोजन किया गया।इस दौरान संस्थान में 12 दिनों तक आयुर्वेद दिवस विभाग गतिविधियां का आयोजन किया जाएगा। संस्थान के सहायक निदेशक प्रभारी डॉ बी. आर. मीणा ने बताया कि इस वर्ष 9 वे आयुर्वेद दिवस की थीम '' वैश्विक स्वास्थ्य के लिए आयुर्वेद नवाचार'' व टैग लाइन '' आयुर्वेद प्राचीन ज्ञान, एवं स्वस्थ सुखी जीवन की कुंजी हैं'' कार्यक्रम का शुभारंभ संस्थान प्रभारी डॉ बी. आर मीणा व टीम द्वारा किया गया। डॉ मीणा ने जानकारी देते हुए बताया की कार्यक्रम के तहत संस्थान में आयुर्वेद प्रदर्शनी लगाई गईं हैं। जिसमे सम्बन्धित रोगानुसार विभिन्न प्रकार ब्रोसर्स का निशुल्क वितरण किया जा रहा है।, साथ ही विभिन्न प्रकार की आयुर्वेद पद्धति पर पीपीटी स्लाइड व शार्ट विज्यूल्स के माध्यम से आमजन को आयुर्वेद के प्रति जागरूक किया जा रहा है, साथ ही सेल्फी पॉइंट्स व विभिन्न कालोनियों व आदिवासी क्षेत्रों में स्वास्थ्य शिविरों का आयोजन किया जा रहा है।

नकली 7650 किलो सरसों का स्टॉक सीज



चतुर्थ जनजातीय गौरव दिवस समारोह 2024 (15 नवम्बर 2024 से 15 नवम्बर 2025) का शुभारंभ संस्थान द्वारा दिनांक 16.11.2024 को किया गया। इस अवसर पर डॉ. मोनिका कुमारी, अनुसंधान अधिकारी (आयु.), एमएसआरएआरआई, जयपुर द्वारा भगवान बिरसा मुंडा के जीवन परिचय की जानकारी प्रदान की गई।



दिनांक 23.11.2024 को संस्थान में प्रारंभ किए जाने वाले आईएमआर परियोजना के लिए नैतिक स्वीकृति प्राप्त करने हेतु संस्थान के सभागार में संस्थागत नैतिक समिति की बैठक आयोजित की गई।



दिनांक 26.11.2024 को 75वें संविधान दिवस के अवसर पर संस्थान प्रभारी की अध्यक्षता में संस्थान के सभी अधिकारियों एवं कर्मचारियों द्वारा संस्थान के कॉन्फ्रेंस हॉल में शपथ ली गई। इस अवसर पर सभी ने संविधान के मूल्य आधारित सिद्धांतों को साकार करने तथा समानता, न्याय और बंधुत्व को बढ़ावा देने का संकल्प लिया।

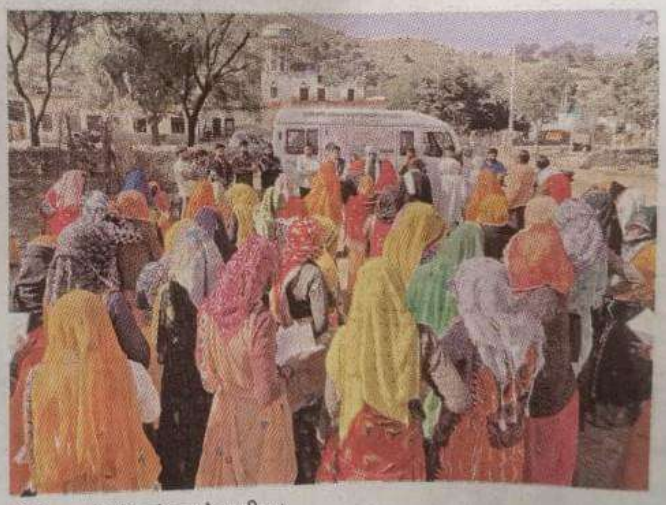
निःशुल्क आयुर्वेद शिविर में 253 का उपचार

पत्रिका सोशल प्राइड

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बस्सी. आयुर्वेद अनुसंधान संस्थान झोटवाड़ा जयपुर की ओर से शनिवार को ग्राम पंचायत मोहनपुर के ग्राम श्यामपुरा में आदिवासी स्वास्थ्य रक्षण अनुसंधान परियोजना के अंतर्गत निशुल्क विशेष चिकित्सा एवं औषधि वितरण शिविर आयोजित किया गया।

शिविर में खून, मधुमेह, बीपी आदि की निशुल्क जांच विशेषज्ञ चिकित्सकों द्वारा की गई। इस अवसर पर जरूरतमंद 253 मरीजों को दवा वितरित की गई। इस अवसर पर चिकित्सकों द्वारा ग्रामीणों को खान-पान एवं जीवन शैली के बारे में बताया गया। शिविर में डॉ. कलीम मोहम्मद, डॉ.मनु बैरवा, डॉ.राजेंद्र झरवाल, सरपंच मोहनपुरा कल्याण सहाय मीणा सहित अनेक लोग मौजूद थे। (नि.सं.)



चिकित्सा शिविर में उमड़े ग्रामीण।





दिनांक 21.12.2024 को संस्थान में राजभाषा हिंदी की त्रैमासिक कार्यशाला का आयोजन किया गया, जिसमें प्रो. विनोद कुमार शर्मा, संस्थान प्रभारी, एमएसआरएआरआई, जयपुर मुख्य वक्ता के रूप में उपस्थित रहे। उन्होंने राजस्थान कॉलेज, राजस्थान विश्वविद्यालय, जयपुर से आए अतिथियों का स्वागत किया। कार्यशाला में संस्थान के अधिकारी एवं कर्मचारीगण उपस्थित रहे।





दिनांक 28.12.2024 को विज्ञान पार्क, शास्त्री नगर, जयपुर के ऑडिटोरियम में आयुर्वेदिक औषधियों की फार्माकोविजिलेंस परियोजना पर एक जागरूकता कार्यशाला का आयोजन संस्थान द्वारा किया गया। इस अवसर पर एमएसआरएआरआई, जयपुर के संस्थान प्रभारी द्वारा उपस्थित मुख्य अतिथियों का स्वागत एवं सम्मान किया गया।





संस्थान का बीआईएस द्वितीय चरण निरीक्षण 28 से 29 जनवरी 2025 के दौरान बीआईएस टीम द्वारा किया गया।



संस्थान प्रभारी ने 28-29 जनवरी 2025 को संस्थान में बीआईएस द्वितीय चरण निरीक्षण के लिए आई बीआईएस टीम को विदाई दी।

पत्रिका

पत्रिका | जयपुर ग्रेटर | 15

खिजुरिया तिवाड़ीयान में शिविर का आयोजन

आयुर्वेद चिकित्सा एवं जांच शिविर का 262 लोगों को मिला लाभ



खिजुरिया तिवाड़ीयान में विद्यार्थियों को जानकारी देते विशेषज्ञ।

देवगांव @ पत्रिका. पंचायत समिति तूंगा क्षेत्र की ग्राम पंचायत खिजुरिया तिवाड़ीयान के भारत निर्माण राजीव गांधी सेवा केन्द्र पर मंगलवार को महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान जयपुर द्वारा आदिवासी स्वास्थ्य रक्षण अनुसंधान कार्यक्रम के तहत एक दिवसीय आयुर्वेद चिकित्सा एवं जांच शिविर का आयोजन किया गया। शिविर संयोजक समाजसेवी हरसहाय अमीन ने बताया कि शिविर में 262 लोगों की निःशल्क जांच कर दवाइयां दी गई। शिविर में संस्थान के निदेशक डॉ. बीआर मीणा, प्रोजेक्ट प्रभारी डॉ. ए.के. जैन और डॉ. कलीम मोहम्मद ने व्याख्यान के माध्यम से स्कूली बच्चों और ग्रामीणों को स्वास्थ्य संबंधी जानकारी दी। शिविर में डॉ. मनु, डॉ. नीरज बृजकिशोर, रामअवतार, गोविंद और गोगराज ने भी सेवाएं दी। संस्थान की ओर से बताया गया कि शिविरों के माध्यम से समुदाय को स्वास्थ्य के प्रति जागरूक किया जा रहा है।

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Source : https://epaper.patrika.com/



संस्थान में 07 दिसंबर 2024 से 24 मार्च 2025 तक क्षय रोग उन्मूलन हेतु 100 दिवसीय विशेष अभियान मनाया गया इस अभियान के प्रति आम जनता को जागरूक करने हेतु डॉ दारा सिंह रोतवार व्याख्यान देते हुए।



संस्थान द्वारा फार्माकोविजिलेंस परियोजना के अंतर्गत "पंजीकृत आयुर्वेदिक चिकित्सकों के बीच आयुर्वेदिक औषधियों का फार्माकोविजिलेंस" विषय पर एक दिवसीय कार्यशाला का आयोजन 12 फरवरी 2025 को डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर में किया गया।



संस्थान द्वारा फार्माकोविजिलेंस परियोजना के अंतर्गत "पंजीकृत आयुर्वेदिक चिकित्सकों के बीच आयुर्वेदिक औषधियों का फार्माकोविजिलेंस" विषय पर एक दिवसीय कार्यशाला का आयोजन 12 फरवरी 2025 को डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर में किया गया।



डॉ. मोनिका, अनुसंधान अधिकारी (आयु.) द्वारा 12 फरवरी 2025 को डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर में फार्माकोविजिलेंस परियोजना के अंतर्गत "पंजीकृत आयुर्वेदिक चिकित्सकों के बीच आयुर्वेदिक औषधियों का फार्माकोविजिलेंस" विषय पर संस्थान द्वारा आयोजित एक दिवसीय कार्यशाला में व्याख्यान प्रस्तुत किया गया।

आयुर्वेद विवि में फार्माकोविजिलेंस की आवश्यकता पर कार्यशाला का आयोजन

जोधपुर। डॉ सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय के पोस्ट ग्रेजुएट इंस्टीट्यूट ऑफ़ आयुर्वेद के सभागार में महाराव शेखाजी क्षेत्रीय आयुर्वेद संस्थान जयपुर द्वारा पंजीकृत आयुर्वेदिक चिकित्सा व्यवसायियों में औषधि निगरानी (फ़ार्माकोविजिलेंस) के प्रति ज्ञान, दृष्टिकोण एवं व्यवहार- एक बहु-केंद्रित अध्ययन विषय पर एक दिवसीय कार्यशाला आयोजित की गई। कार्यक्रम की अध्यक्षता करते हुए कुलपति प्रोफेसर (वैद्य) प्रदीप कुमार प्रजापति ने कहा कि आयुर्वेदिक औषधियों की प्रभावकारिता और सुरक्षा सुनिश्चित करने के लिए औषधि निगरानी (फ़ार्माकोविजिलेंस) की भूमिका अत्यंत महत्वपूर्ण है। वर्तमान समय में आयुर्वेदिक औषधियों का व्यापक उपयोग हो रहा है, लेकिन उनके संभावित दुष्प्रभावों और औषधीय अंतर्क्रियाओं (ड्रग इंटरेक्शन) पर समुचित निगरानी आवश्यक है। महाराव शेखाजी क्षेत्रीय आयुर्वेद संस्थान जयपुर के सहायक निदेशक डॉ. बीआर. मीणा ने औषधि निगरानी प्रणाली को मजबूत करने की आवश्यकता पर जोर दिया। कार्यशाला में विशेषज्ञ वक्ताओं ने औषधि निगरानी से संबंधित विभिन्न पहलुओं पर व्याख्यान दिए। प्रथम सत्र में डॉ. मोनिका कुमारी ने औषधि निगरानी की वैज्ञानिक प्रक्रिया और आयुर्वेदिक औषधियों में इसके अनुप्रयोग पर प्रकाश डाला। डॉ. किशोर गवली ने औषधियों के प्रतिकूल प्रभावों की पहचान और रिपोर्टिंग प्रणाली के बारे में विस्तार से जानकारी दी।

आयुर्वेदिक औषधियों की सुरक्षा आवश्यक: प्रो. प्रजापति

आयुर्वेद विवि में फार्माकोविजिलेंस की आवश्यकता पर एक दिवसीय कार्यशाला का आयोजन



फर्जी आम मुख्तयारनामा तैयार कर करोड़ों रुपए का

लाखों की चोरी करने वाले दो शातिर नकबजन गिरफ्तार



संस्थान द्वारा 100 दिवसीय विशेष क्षय उन्मूलन अभियान के अंतर्गत 03 मार्च 2025 को एक कार्यशाला का आयोजन किया गया।



टीबी मुक्त ग्राम पंचायत अभियान के तहत कार्यशाला आयोजित

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, बनीपार्क में हुआ आयोजन

शेखावाटी संकल्प

जयपुर। टीबी मुक्त ग्राम पंचायत अभियान के अंतर्गत जिले में निरंतर विभिन्न जनजागरूकता गतिविधियां आयोजित की जा रही हैं। इसी कड़ी में इंदिरा कॉलोनी, झोटवाड़ा रोड, बनीपार्क स्थित क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में जागरूकता कार्यशाला का आयोजन किया गया। क्षेत्रीय आयुर्वेद अनुसंधान संस्थान स्थित सभागार में आयोजित कार्यशाला में अभियान के तहत आयोजित होने वाली गतिविधियों के बारे में विस्तार से विचार-विमर्श किया गया। मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी जयपुर द्वितीय डॉ. हंसराज भदालिया ने बताया कि अभियान में सामूहिक सहभागिता से ही टीबी मुक्त भारत लक्ष्य की प्राप्ति संभव है। कार्यशाला में जिला क्षय रोग अधिकारी, जयपुर द्वितीय डॉ. रामावतार जायसवाल ने अभियान के बारे में विस्तारपूर्वक प्रकाश डालते हुए जिला व ब्लॉक स्तर पर सम्पादित की जाने वाली गतिविधियों के विषय में जानकारी प्रदान की। उन्होंने प्रजेन्टेशन के जरिए अभियान के प्रमुख इंडिकेटर्स के बारे में चर्चा की। उन्होंने कहा कि टीबी मरीजों की अधिकाधिक सैंपलिंग की जाए, साथ ही टीबी स्क्रीनिंग हेतु सीबीनाट एवं ट्रूनाट मशीन का ज्यादा से ज्यादा उपयोग कर प्रभावी मॉनिटरिंग की जाए। उन्होंने निक्षय मित्र बनाने के लिए जन प्रतिनिधियों के अतिरिक्त आमजन की सहभागिता भी जरूरी बताई। डॉ. बी.आर. मीणा, सहायक निदेशक प्रभारी, क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, बनीपार्क द्वारा रोगियों को आयुर्वेदिक चिकित्सा एवं पोषण सहायता देने हेतु प्रस्ताव प्रस्तुत किये गए। कार्यशाला में उपस्थित अधिकारी/कर्मचारियों को टीबी मुक्त ग्राम पंचायत अभियान के अन्तर्गत निक्षय मित्र योजना के बारे में बताते हुए निक्षय मित्र बनाया गया। कार्यशाला में जिला कार्यक्रम समन्वयक (टीबी प्रोग्राम), जिला पीपीएम कोर्डिनेटर (टीबी प्रोग्राम) एवं ट्रीटमेन्ट सुपरवाईजर (एसटीएस) बनीपार्क उपस्थित रहे।



राजस्थान सरकार द्वारा 01 से 04 मार्च 2025 तक आयोजित राज्य स्तरीय आरोग्य मेला 2024-25 के अंतर्गत परिषद मुख्यालय की ओर से जवाहर कला केंद्र, जेमार्ग .एन., जयपुर में 02 मार्च से 04 मार्च 2025 तक लगाए गए स्टॉल में संस्थान की ओर से भाग लेते हुए संस्थान प्रभारी एवं अधिकारियों द्वारा प्रदर्शनी एवं स्टॉल पर पधारे मुख्य अतिथि का स्वागत किया गया।



राजस्थान सरकार द्वारा 01 से 04 मार्च 2025 तक आयोजित राज्य स्तरीय आरोग्य मेला 2024-25 में परिषद मुख्यालय की ओर से संस्थान द्वारा जवाहर कला केंद्र, जे.एन. मार्ग, जयपुर में 02 से 04 मार्च तक स्टॉल लगाकर आमजन को चिकित्सीय परामर्श प्रदान किया गया।



संस्थान में 29 मार्च 2025 को राजभाषा हिंदी त्रैमासिक कार्यशाला का आयोजन किया गया, जिसमें संस्थान प्रभारी, अधिकारीगण तथा अन्य कार्मिकों ने भाग लिया।





परिषद मुख्यालय की अनुसंधान गतिविधियों आदि की समीक्षा एवं वर्ष 2025-26 की कार्ययोजना के संदर्भ में संस्थान द्वारा 21 से 22 मार्च 2025 तक राजस्थान इंटरनेशनल सेंटर, जयपुर में दो दिवसीय सीसीआरएएस-आवलोकन-2025 का आयोजन किया गया।



संस्थान प्रभारी एनसीआईएमएस के अध्यक्ष जयंत देव पुजारी से BIS ISO 9001:2015 का प्रमाणपत्र ग्रहण करते हुए

आयुर्वेद अनुसंधान कार्यों की समीक्षा और वर्ष 2025-26 की कार्य योजना पर सीसीआरएएस अवलोकन



स्मार्ट मरुधर

जयपुर। आयुष मंत्रालय भारत सरकार के अधीनस्थ केन्द्रीय आयुर्वेदिक विज्ञान अनुसंधान परिषद नई दिल्ली द्वारा दो दिवसीय सीसीआरएएस - अवलोकन 2025 किया गया। जिसका आयोजन महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान जयपुर द्वारा जयपुर में किया गया। कार्यक्रम की अध्यक्षता सीसीआरएएस नई दिल्ली के महानिदेशक डॉ रवि नारायण आचार्य द्वारा की गई। कार्यक्रम में एनसीआईएमएस अध्यक्ष वैध जयंत देव पुजारी, राष्ट्रीय आयुर्वेद संस्थान के कुलपति प्रो संजीव कुमार शर्मा रहे। कार्यक्रम में देशभर से करीबन 30 से अधिक अनुसंधान संस्थान के प्रमुखों व सीसीआरएएस के अधिकारियों ने भाग लिया। साथ पिछले वर्षों किए गए अनुसंधान व आगामी वर्षों में किये जाने वाले अनुसंधानों पर विस्तार से चर्चा-समीक्षा की गई। साथ ही संस्थान प्रभारी डॉ बीआर मीणा ने संस्थान की नियमित ओपीडी, व दैनिक गतिविधियाँ से अवगत कराया।

Annual Report Summary 2024-2025

M.S. Regional Ayurveda Research Institute (MSRARI), Jaipur was established on 1stApril, 1972 as Regional Research Institute (RRI) for Ayurveda under Central Council for Research in Ayurveda and Siddha (CCRAS) (now Central Council for Research in Ayurvedic Sciences), Department of Indian System of Medicine and Homoeopathy (now Ministry of AYUSH), Government of India, with the objective to promote Ayurveda on scientific ground by means of clinical as well as drug development studies. In the year 1999, under the process of re-organization of CCRAS, this institute was upgraded as Central Ayurveda Research Institute (CARI). In the year 2010, the Institute was again renamed as Ayurveda Central Research Institute (ACRI). Thereafter under the process of re-organization of Council's peripheral units, the institute was renamed as "Regional Ayurveda Research Institute for Endocrine Disorders (RARIED)"in April 2016. The institute has been renamed once again as 'Regional Ayurveda Research Institute (RARI)' since January, 2021. Various Clinical Research studies have been conducted by this Institute since its inception.

Besides the Institute is devoted to research in various domains of Ayurvedic Sciences and also catering to the needs of public healthcare through hospital based services. The MSRARI, Jaipur has the mandate to focus on Clinical Research, Health care services through NABH Accredited Hospital with Out- Patient Department (OPD), In-Patient Department (IPD), Panchakarma, NABL accredited Clinical Pathology & Biochemistry laboratory and Digital X-ray unit. The institute is involved basically in clinical research activities since last 50 years for affordable healthcare, generation of knowledge base and nurturing future scope of Ayurveda.

Various outreach research oriented activities such as Tribal Health Care Research Programme (THCRP) under TSP, Women and Child Health Care (WCH) programme under Scheduled Castes Sub Plan (SCSP) and many other assignment of National importance related to Research & Development in Ayurveda have been carrying out in the Institute.

The Institute has published various research articles in various National and International peer reviewed journals. The Institute has also organized various National seminars, workshops at on various topics of scientific importance. The Institute has been affiliated by Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University Jodhpur for conducting Ph.D. course in 03 specialties of Ayurveda viz. Kayachikitsa, Basic principle of Ayurveda and Balroga. Besides Institute is also affiliated by above university for conducting Internship programme for BAMS and DAN&P (Diploma in Ayurvedic Nursing & Pharmacy) students.

- **During the reporting year 2024-2025, the following research projects have been initiated:**
    1. Knowledge, Attitude and Practice towards Pharmacovigilance of Ayurvedic Medicines among registered Ayurvedic Medical Practitioners of the Respective States-A Multicenter Study. (Short name- KAP Project)
    2. Documentation of the Life profile of admirable personalities to transform Ayurveda.

- **Following Research projects have been carried forwarded from last reporting year 2024-25:**
    1. General health screening with special focus on selected disease conditions (Tuberculosis, Anemia, Sickle Cell Disease & Malnutrition) and Ayurveda management of Anemia & Malnutrition in students of Ekalavya Model Residential Schools (EMRS).
    2. Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project).
    3. Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.
- **Following Research projects have been completed from reporting year 2024-25:**
    1. Randomized, Placebo control, Double blind clinical trial to evaluate the effect of Trikatu in Subclinical Hypothyroidism.
    2. "Clinical Evaluation of Lashunadi Vati in the management of "Agnimandya".
    3. Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals.
    4. Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India-A Randomized Parallel Group Study.
    5. Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study underWCH-SCSP 2023-24.

6. A cross-sectional community-based study on Knowledge, Attitudes, and Practices (KAP) related to menstruation among women of reproductive age under WCH-SCSP 2024-25.
7. Effect of Ayurveda-based Advocacy on Knowledge, Attitudes, and Practices related to menstruation among women of reproductive age- A Community-based Study.
8. Assessment of acceptability of the Comprehensive Ayurveda-Based Healthcare Approach (CABHA) in the tribal community and effectiveness of Individualized Ayurveda-Healthcare Approach (IAHA) - A Cluster randomized study under THCRP 2024-25.

- **Apart from above projects, other outreach Research programmes/projects executed/ being executed in the Institute are:**

1. Tribal Health Care Research Programme (THCRP)
2. Ekalavya Model Residential Schools (EMRS)
3. Women and Child Health Care Programme (WCH)
4. National Pharmaco-Vigilance Program for ASU drugs (continuing).

Brief description of Research Projects and Programmes:

1. Impact of Ayurveda-Based Lifestyle Advocacy and Practices among Apparently Healthy Individuals – A Randomized Parallel Group Study : Initiated under IMR Annual Action plan 2019–20, this 3-year cluster randomized parallel-group study (n=240) aimed to assess the impact of Ayurveda-based lifestyle interventions on healthy individuals. Ethical clearance was granted on 13.03.2020. Enrollment (118 in intervention, 120 in control) was completed in Feb 2023, and the study concluded in March 2025.

2. Morbidity and Healthcare-Seeking Behaviour in Ayurveda Healthcare Facilities of DGAFMS Hospitals – A Cross-Sectional Survey: Started in July 2023 for 16 months with a sanctioned budget of ₹7, 98,200, the study enrolled 536 participants to evaluate morbidity patterns and care-seeking behavior. Completed in July 2024.

3. Documentation of the Life Profile of Admirable Personalities to Transform Ayurveda: An IMR project initiated in Sept 2024. Data collection and interviews for Prof. Banwari Lal Gaur began in Jan 2025, with the manuscript's first draft submitted in March 2025.

4. Knowledge, Attitude and Practice (KAP) towards Pharmacovigilance of Ayurvedic Medicines among Registered Practitioners – A Multicentre Study: The target is to take KAP of pharmacovigilance towards Ayurveda medicine of 410 participants before the training programme and 3 months after the programme. The project was initiated on 28.12.2024 with 94 enrolled participants in a workshop conducted at Regional science center Jaipur by the Institute. 2nd workshop was conducted on 12.02.2025 at DSRRAU Jodhpur in which total 188 candidates were enrolled. Till date 282 participants have been enrolled in the study. The study is on-going.

5. Randomized, Placebo-Controlled, Double-Blind Clinical Trial on Trikatu for Subclinical Hypothyroidism: Sanctioned under annual action plan 2019–20 and initiated on 08.03.2022, the study screened 1086 individuals; 90 were enrolled and 74 completed the trial. The study has been completed on 31.05.2024.

6. Clinical Evaluation of Lashunadi Vati and Pippaladyasava in Agnimandya (Digestive Weakness): This multicenter clinical research project was sanctioned on 21.04.2022 with a sanctioned budget of ₹6, 89,000/-. Following IEC approval on 06.12.2022, the study was initiated on 02.02.2023. A total of 129 participants were screened, out of which 110 were enrolled. Of these, 105 participants successfully completed the trial, while 5 dropped out. The project was completed on 03.09.2024.

7. Evaluation of Ayush-BR Leham in Moderate Malnutrition among Children (3–5 Years) – A Multicentre Randomized Controlled Preliminary trial: Initiated in Sept 2023 with ₹25, 16,800 sanctioned. By March 2025, 149 screened, 67 enrolled, 50 completed, 11 ongoing. The study is ongoing.

8. General Health Screening and Ayurveda Management in Ekalavya Model Residential Schools (EMRS): Sanctioned in March 2024, the study includes monthly health camps and awareness activities at 3 EMRS locations. 907 new patients and 143 lectures were reported till March 2025. Three additional collaborative studies with ICMR-NIRTH Jabalpur are planned; enrollment yet to begin.

9. Collaborative Study on Tolerability and Safety of Punarnava Mandura in Iron Deficiency Anemia (Under CCRAS SMART Project): This multicenter Research Project was sanctioned to Institute vide Council Office Order No. 76/2023-24 dated 28.04.2023. Budget allocated was Rs. 1, 21, 24,324/-. CTRI was done by nodal institute MSRARI, Jaipur

with registration No. - CTRI/2023/05/053299. IEC approval has been taken from all four collaborative institutes. Medicines received and project has been initiated at all participating institutes. The study is on-going and the details are as below:-

Name of the Institute	No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
9. MUHS, Nashik	177	82	95	64	09	09
10. YAC, Kodoli	361	111	250	62	18	31
11. PIAR, Vadodara	190	87	103	55	07	25
12. ADAMC, Ashta	153	82	71	50	15	17

10. Women and Child Healthcare Programme (WCH-SCSP) 2024–25

- **Survey & Camps**: 216 camps conducted; 3940 SC women/children surveyed, 6057 treated.
- **Dysmenorrhea Study**: 46 enrolled; 37 completed. Concluded in Aug 2024.
- **Menstrual KAP Study**: 1400 women enrolled across 10 centres.
- **Ayurveda-Based Advocacy on Menstrual KAP**: Community-based study with 450 enrolled; all completed.

11. Tribal Health Care Research Programme (THCRP) 2024–25

211 outreach visits in four villages covered 3836 patients and 520 people. Included 33 disease-specific camps, 136 awareness lectures, and 3099 lab tests.

- **CABHA and IAHA Study**: Cluster randomized study started on 23.07.2024 and concluded on 28.02.2025, covering 520 subjects including 60 in IAHA.

12. National Pharmacovigilance Program for ASU Drugs

During 2024–25, a total of 40,864 individuals were monitored for suspected adverse drug reactions (ADR). No ADRs were reported during the year.

Hospital Section:

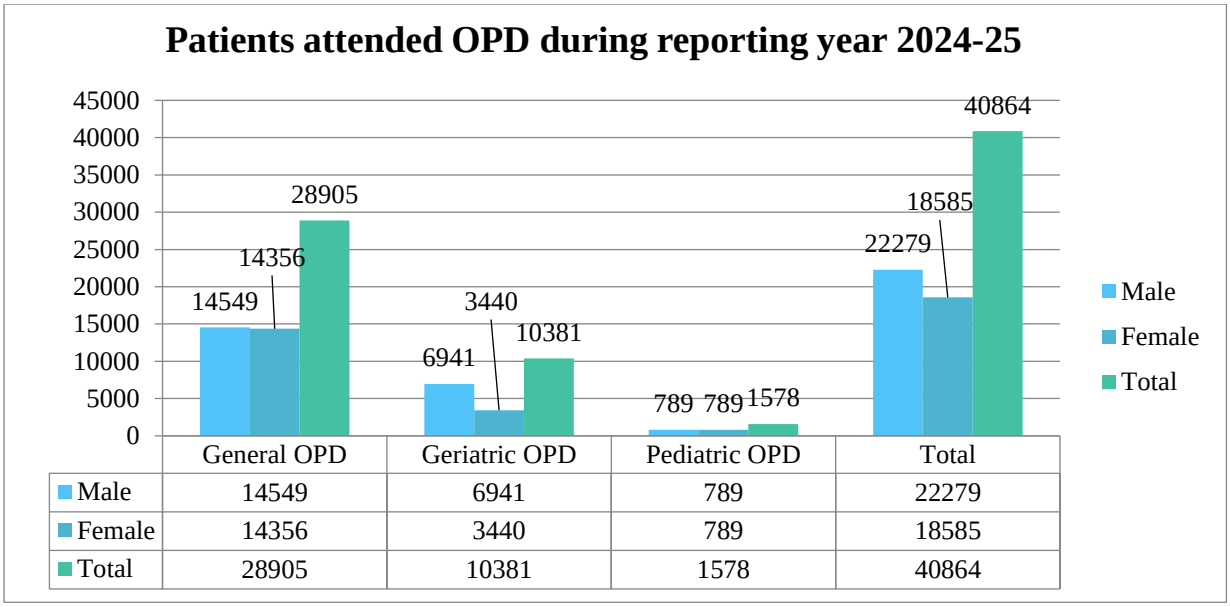
The Institute has good Out Patient Door (OPD), In Patient Door (IPD) and Panchakarma therapy facilities.

OPD Unit

The Institute has Out Patient Door (OPD), In Patient Door (IPD) and Panchakarma facilities. OPD of the Institute is running daily from 9:00 AM-1:00 PM and 2:00 PM-4:00 PM on all working days. Ayurvedic medicines are dispensed at free of cost to all patients as per need along with consultation. Total beneficiaries (patients) who were receiving treatment free of cost or at concession, total number of 141 patientsBPL category (OPD-127 & IPD-14) and total number of 5549 patients Senior Citizen category(OPD- 5435 & IPD- 114).

During the reporting year 2024-25, Total 40864 (22279 males and 18585 females) patients were examined and treated at OPD level.

OPD	**Male**	**Female**	**Total**
General OPD	14549	14356	28905
Geriatric OPD	6941	3440	10381
Pediatric OPD	789	789	1578
Total	**22279**	**18585**	**40864**



	General OPD	Geriatric OPD	Pediatric OPD	Total
Male	14549	6941	789	22279
Female	14356	3440	789	18585
Total	28905	10381	1578	40864

IPD Unit

The Institute is having 20 beded IPD facility, out of which 10 beds are allotted to each male and female wards. During the reporting year, total 271 patients (124 males & 147 females) were admitted and treated in the IPD of the Institute. The admission of the patients and the panchkarma procedures are carried out on the payment basis as per the instructions of the Council's head quarter. The concession in the charges to the senior citizens and BPL patients for admission and procedures are applied as per council's guidelines.

Panchakarma Unit

During the reporting year, in Panchakarma unit of the institute, total 9352 number of different Panchakarma therapy procedures (4278 on males and 5074 on females) were performed.

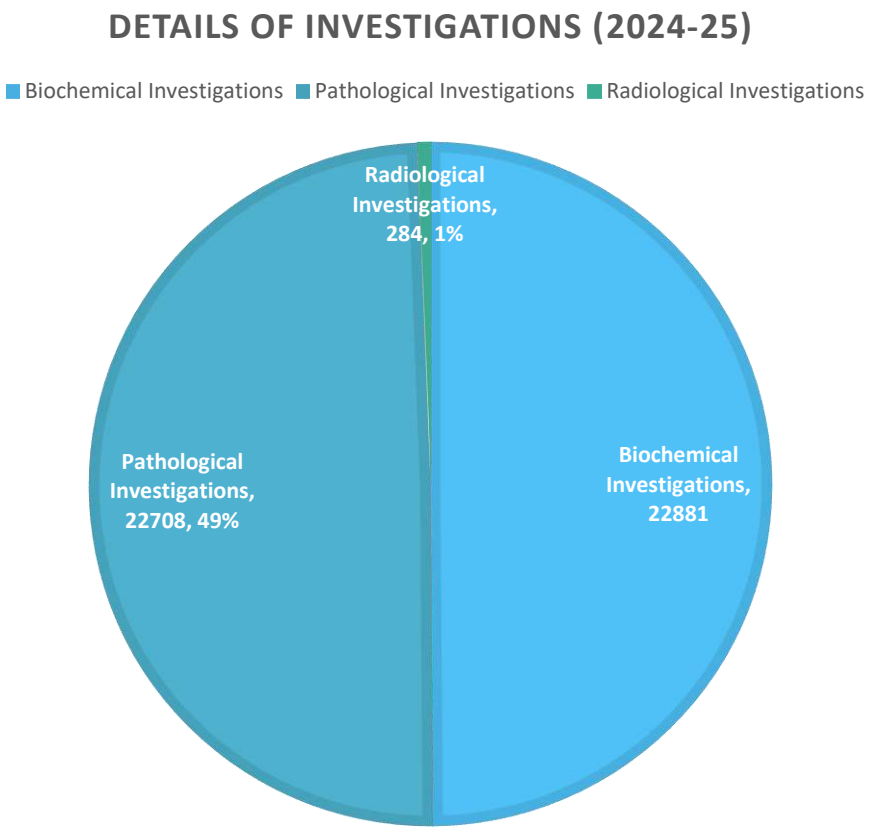
Diagnostic Laboratory:

The Institute is having a well-equipped Clinical Laboratory. In the laboratory, there are Bio-chemistry and Pathology sections. The various investigations are done in the laboratory also keeping in view the allotted Research programs. A total of 45,873 medical investigations were conducted, with 19,168 (41.8%) for male patients and 26,705 (58.2%) for female patients. Pathological investigations accounted for 22,708 tests (49.5% of total)—8,627 (18.8%) male and 14,081 (30.7%) female. Biochemical investigations were slightly higher,

totalling 22,881 (49.9%)—10,416 (22.7%) male and 12,465 (27.2%) female. Radiological investigations were the least performed, with 284 tests (0.6%)—125 (0.3%) male and 159 (0.3%) female. No tests were recorded under "Other Investigations" (0%), such as ECG, ultrasound, or endoscopies. Overall, biochemical investigations made up the largest share, and female patients underwent more tests across all categories.

Annual Report Summary from 1st April, 2024 to 31st March, 2025

S.No.	Investigations	Total (Male)	Total (Female)	Grand Total
1.	Pathological Investigations	8627	14081	22708
2.	Biochemical Investigations	10416	12465	22881
3.	Radiological Investigations	125	159	284
4.	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
Total		**19168**	**26705**	**45873**



Other activities:

- **Guggulu Herbal Farm,Mangliawas, Ajmer**:-

A Guggulu Herbal Farm is also working under control of this institute at village Mangliawas, District Ajmer of Rajasthan, which was handed over back to CCRAS by National Institute of Ayurveda, Jaipur on 9th November 2016. The farm was started in 1st April 1972 in which research, development and extensive cultivation of Guggulu plants were done till 31st December 2007, through plant cuttings, air layering and seedlings. About 60 species of various medicinal plants are being grown/cultivated including Guggulu plants. During the reporting year 2024-2025, The Guggulu Herbal Farm, Mangliawas supplied key dried raw drugs to various CCRAS Institutes based on their requirements. These included 100 kg of Ashwagandha root and 50 kg of Shatavari root, both cultivated on-site. Additionally, approximately 25 kg of naturally collected and processed Guggulu resin was made available, subject to seasonal availability. This supply initiative supported ongoing clinical and research activities across the CCRAS network

- **Workshop/Programmes/Mela/Meetings organized:-**
  - **Meeting of Hospital Infection Control Committee** – Held on 06.04.2024 at MSRARI, Jaipur, this internal meeting focused on reviewing hospital infection control policies and implementing best practices for maintaining hygiene and patient safety.
  - World **Environment Day Celebration** – Observed on 05.06.2024 at the Institute with awareness activities, plantation drives, and lectures emphasizing environmental protection and sustainability.
  - **Quarterly Hindi Meeting** – Conducted on 12.06.2024, this meeting aimed to promote the usage of Hindi in official work, discuss progress, and encourage staff participation in language development initiatives.
  - **World Blood Donor Day** – Celebrated on 14.06.2024, this event highlighted the importance of voluntary blood donation through awareness campaigns and informational sessions for staff and visitors.
  - **International Day of Yoga (World Yoga Day)** – Observed on 21.06.2024 at a National level with mass yoga demonstrations, wellness talks, and interactive sessions to promote the practice of Yoga for holistic health.

- **Quarterly Hindi Workshop** – Organized on 22.06.2024, the workshop provided training to staff on official Hindi writing and documentation in accordance with government guidelines.
- **Second Meeting of Hospital Infection Control Committee** – Conducted again on 06.07.2024 to assess follow-up actions from the previous meeting and ensure adherence to infection control protocols.
- **POSH (Prevention of Sexual Harassment) Training** – Held on 26.07.2024, this awareness session trained staff on workplace behavior, grievance redressal mechanisms, and legal frameworks under the POSH Act.
- **Indian Organ Donation Day** – Marked on 03.08.2024, the Institute organized awareness programs highlighting the significance of organ donation and the need for voluntary pledging.
- **78th Independence Day Celebration** – Celebrated on 15.08.2024 with a flag-hoisting ceremony, patriotic songs, and speeches reflecting the nation's achievements and the spirit of freedom.
- **Quarterly Hindi Meeting** – Conducted on 13.09.2024 to evaluate Hindi implementation across departments and promote the use of Hindi in administrative work.
- **Swacchta Pakhawada – Cleanliness Drive and Rally** – From 17 September to 01 October 2024, a series of cleanliness activities, awareness rallies, and community outreach initiatives were organized to support the national cleanliness mission.
- **Poshan Maah (Nutrition Month)** – Observed from 01.09.2024 to 30.09.2024 with nutritional awareness sessions, special talks on Ayurveda-based diets, and health check-up camps focused on maternal and child health.
- **Hindi Pakhawada Celebrations** – Conducted between 14.09.2024 and 30.09.2024, the Institute organized various competitions like essay writing, antakshari, debate, quiz, and singing to encourage the creative use of Hindi.
- **Quarterly Hindi Workshop** – Held on 28.09.2024, this training session was aimed at improving official Hindi correspondence skills and reinforcing compliance with Rajbhasha policies.
- **Ayurveda Day Celebrations** – Organized from 17.10.2024 to 29.10.2024 at the national level with activities like lectures, public outreach, exhibitions, and free consultation camps to promote Ayurveda.

- **Vigilance Awareness Week** – Conducted from 28.10.2024 to 03.11.2024, this program included pledge-taking, awareness talks, and interactive sessions to promote integrity and transparency in governance.
- **4th Tribal Pride Day Celebration** – Celebrated on 16.11.2024, honoring the contributions of tribal freedom fighters and promoting awareness about tribal culture, heritage, and welfare schemes.
- **Institutional Ethics Committee Meeting** – Held on 26.11.2024 to review research proposals, ethical compliance, and approve ongoing projects as per ICMR guidelines.
- **75th Constitution Day Celebration** – Also on 26.11.2024, this event included a reading of the Preamble, discussions on constitutional values, and awareness sessions on citizen rights and duties.
- **56th Foundation Day of CCRAS** – Celebrated on 01.12.2024 with reflections on the achievements of CCRAS, honoring distinguished contributions, and outlining future goals in Ayurveda research.
- **Quarterly Hindi Meeting** – Conducted on 11.12.2024, reviewing departmental progress and promoting initiatives to strengthen the use of Hindi in day-to-day operations.
- **Quarterly Hindi Workshop** – Organized on 21.12.2024 for staff to enhance their skills in Hindi drafting, report writing, and communication.
- **Workshop on Pharmacovigilance in Ayurveda Medicines (1st Workshop)** – Conducted on 28.12.2024 at the Regional Science Centre, Jaipur under a multicenter project. 94 participants were enrolled to assess Knowledge, Attitude, and Practices (KAP) on pharmacovigilance.
- **E-Office Training for Peripheral Institutes** – Held on 10.01.2025 at the national level to train staff in the use of e-Office software for efficient digital documentation and workflow.
- **Workshop on Pharmacovigilance in Ayurveda Medicines (2nd Workshop)** – Conducted on 12.02.2025 at DSRRAU, Jodhpur, enrolling 188 participants as part of the ongoing multicenter pharmacovigilance study.
- **Workshop under TB Mukt Gram Panchayat Abhiyan** – Organized on 05.03.2025, this programme aimed at sensitizing rural communities on TB awareness, prevention, and Ayurveda's role in TB care.

- **“CCRAS-Avalokan–2025”** – A national-level two-day event held at Rajasthan International Centre, Jaipur on 21st–22nd March 2025, showcasing achievements of CCRAS, research advancements, and public engagement activities.
- **Quarterly Hindi Meeting** – Held on 25.03.2025, reviewing implementation of Hindi and planning upcoming initiatives under Rajbhasha policy.
- **Quarterly Hindi Workshop** – Conducted on 29.03.2025 focusing on improving official documentation and communication skills in Hindi.

- **Webinar/ Seminar/ Meetings/ Trainings/ Workshops attended/ Paper presented:** Dr. B.R. Meena, Assistant Director Incharge, Dr. B.K. Sharma, R.O. (Ay.), Dr. V.B. Kumawat, R.O. (Ay.), Dr. S.K. Vedi, R.O. (Ay.), Dr. K. Jain, R.O (Ay.) Dr. D.S. Rotwar, R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Kishor A. Gavali, R.O. (Ay.) and Dr. Suhas A. Chaudhary have participated in about 75 Webinars/Seminars/Meetings/Trainings/Workshops organized by this Institute/other Institute's/ organizations on different subjects and also some officers presented Research Papers and delivered lectures.

- **Publications**:-05 Research Articles/papers have been published in International journals and 01 Research Articles/Paper has published in the seminar proceeding by the Research Officers of this Institute.

- **Achievements:-**

BIS ISO 9001:2015 Certification – In February 2025, the institute became the first under CCRAS to be awarded the BIS ISO 9001:2015 certification, recognizing its commitment to excellence in quality management systems.

FSSAI Certification – The institute is compliant with food safety standards and certified by FSSAI.

NABH Accreditation – The hospital has been continuously accredited by NABH since March 2023, ensuring ongoing adherence to high standards in healthcare services. Midterm surveillance was successfully carried out during the reporting year 2024-25.

NABL Accreditation – The Pathology and Biochemistry Laboratories of the Institute have maintained continuous accreditation by NABL since November 2023, ensuring consistent quality and reliability in laboratory services. During the reporting year 2024-25, midterm surveillance was successfully conducted, reaffirming compliance with NABL standards.

Ph.D. Program Affiliation – The institute has been affiliated by Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur to conduct Ph.D. programs in three Ayurveda subjects: Kayachikitsa, Basic Principles of Ayurveda, and Balroga, with a total of 13 seats.

म.शे. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, जयपुर

वार्षिक प्रतिवेदन सारांश- 2024-25

एम.एस. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान (एम.एस.आर.ए.आर.आई.), जयपुर की स्थापना 1 अप्रैल, 1972 को केंद्रीय आयुर्वेद एवं सिद्ध अनुसंधान परिषद (सी.सी.आर.ए.एस.) (अब केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद), भारतीय चिकित्सा पद्धति एवं होम्योपैथी विभाग (अब आयुष मंत्रालय), भारत सरकार के अंतर्गत आयुर्वेद के लिए क्षेत्रीय अनुसंधान संस्थान (आर.आर.आई.) के रूप में की गई थी, जिसका उद्देश्य नैदानिक और औषधि विकास अध्ययनों के माध्यम से वैज्ञानिक आधार पर आयुर्वेद को बढ़ावा देना था। वर्ष 1999 में सी.सी.आर.ए.एस. के पुनर्गठन की प्रक्रिया के तहत इस संस्थान को केंद्रीय आयुर्वेद अनुसंधान संस्थान (सी.ए.आर.आई.) के रूप में उन्नत किया गया। वर्ष 2010 में संस्थान का पुनः नाम बदलकर आयुर्वेद केंद्रीय अनुसंधान संस्थान (ए.सी.आर.आई.) कर दिया गया। इसके बाद परिषद की परिधीय इकाइयों के पुनर्गठन की प्रक्रिया के तहत, अप्रैल 2016 में संस्थान का नाम बदलकर "क्षेत्रीय आयुर्वेद अंतःस्रावी विकार अनुसंधान संस्थान (आर.ए.आर.आई.ई.डी.)" कर दिया गया। जनवरी, 2021 से संस्थान का नाम एक बार फिर 'क्षेत्रीय आयुर्वेद अनुसंधान संस्थान (आर.ए.आर.आई.)' कर दिया गया है। इस संस्थान द्वारा अपनी स्थापना के बाद से विभिन्न नैदानिक अनुसंधान अध्ययन किए गए हैं।

इसके अलावा संस्थान आयुर्वेदीय विज्ञान के विभिन्न क्षेत्रों में अनुसंधान के लिए समर्पित है और अस्पताल आधारित सेवाओं के माध्यम से सार्वजनिक स्वास्थ्य देखभाल की जरूरतों को भी पूरा कर रहा है। एमएसआरएआरआई, जयपुर को एनएबीएच मान्यता प्राप्त अस्पताल के माध्यम से बाह्य रोगी विभाग (ओ.पी.डी.), आंतरिक रोगी विभाग (आई.पी.डी.), पंचकर्म, एन.ए.बी.एल. मान्यता प्राप्त क्लिनिकल पैथोलॉजी और बायोकेमिस्ट्री प्रयोगशाला और डिजिटल एक्स-रे यूनिट के माध्यम से नैदानिक अनुसंधान, स्वास्थ्य देखभाल सेवाओं पर ध्यान केंद्रित करने का अधिदेश प्राप्त है। संस्थान पिछले 50 वर्षों से किफायती स्वास्थ्य देखभाल, ज्ञान के आधार के निर्माण और आयुर्वेद के भविष्य के दायरे को पोषित करने के लिए मूल रूप से नैदानिक अनुसंधान गतिविधियों में शामिल है।

संस्थान में विभिन्न अनुसंधानोन्मुख गतिविधियां संचालित की जा रही हैं, जैसे कि टीएसपी के अंतर्गत जनजातीय स्वास्थ्य देखभाल अनुसंधान कार्यक्रम (टीएचसीआरपी), अनुसूचित जाति उपयोजना (एससीएसपी) के अंतर्गत महिला एवं बाल स्वास्थ्य देखभाल (डब्ल्यूसीएच) कार्यक्रम तथा आयुर्वेद में अनुसंधान एवं विकास से संबंधित राष्ट्रीय महत्त्व के कई अन्य कार्य।

संस्थान ने विभिन्न राष्ट्रीय और अंतर्राष्ट्रीय समकक्ष समीक्षा पत्रिकाओं में विभिन्न शोध लेख प्रकाशित किए हैं। संस्थान ने वैज्ञानिक महत्त्व के विभिन्न विषयों पर विभिन्न राष्ट्रीय संगोष्ठियों, कार्यशालाओं का भी आयोजन किया है। संस्थान को आयुर्वेद की 03 विषयों अर्थात् कायचिकित्सा, आयुर्वेद के मौलिक सिद्धान्त और बालरोग में पीएचडी पाठ्यक्रम संचालित करने के लिए डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय जोधपुर से संबद्ध किया गया है। इसके अलावा संस्थान बीएएमस और डीएएन&पी (आयुर्वेदिक नर्सिंग और फार्मेसी में डिप्लोमा) छात्रों के लिए इंटर्नशिप कार्यक्रम संचालित करने के लिए भी उपर्युक्त विश्वविद्यालय से संबद्ध है।

- **प्रतिवेदन वर्ष 2024-2025 के दौरान निम्नलिखित परियोजनायें प्रारंभ की गयीं हैं:**

1. संबंधित राज्यों के पंजीकृत आयुर्वेदिक चिकित्सकों के बीच आयुर्वेदिक दवाओं की फार्माकोविजिलेंस के प्रति ज्ञान, दृष्टिकोण और अभ्यास - एक बहुकेंद्रीय अध्ययन। (संक्षिप्त नाम- केएपी परियोजना)
2. आयुर्वेद में बदलाव लाने के लिए सराहनीय व्यक्तित्वों के जीवन परिचय का दस्तावेजीकरण।

- **पिछले रिपोर्टिंग वर्ष 2023-2024 से निम्नलिखित अनुसंधान परियोजनाओं को आगे बढ़ाया गया है:**

1. जनजातीय कार्य मंत्रालय के तहत कार्यरत एकलव्य आवासीय मॉडल स्कूलों (ईएमआरएस) के छात्रों में बेहतर स्वास्थ्य परिणामों के लिए क्षयरोग, एनीमिया, हीमोग्लोबिनोपैथी और कुपोषण में आयुर्वेदिक हस्तक्षेप पर विशेष ध्यान देने के साथ सामान्य स्वास्थ्य जांच ।

2. सहयोगात्मक अध्ययन "आयरन की कमी से होने वाले एनीमिया के प्रबंधन में आयुर्वेदिक हस्तक्षेप- पुनर्नवा मंडूर की सहनशीलता, उपचार के पालन और सुरक्षा पर नैदानिक अध्ययन : एक ओपन लेबल सिंगल आर्म अध्ययन (सीसीआरएएस स्मार्ट प्रोजेक्ट के तहत)"। 4 सहयोगी संस्थानों के साथ समझौता ज्ञापन किया गया है: (1) पारुल इंस्टीट्यूट ऑफ आयुर्वेद एंड रिसर्च, पारुल यूनिवर्सिटी, गुजरात (2) संत ज्ञानेश्वर शिक्षण संस्थान, माननीय श्री अन्नासाहेब डांगे आयुर्वेद मेडिकल कॉलेज, महाराष्ट्र (3) यशवंत आयुर्वेदिक कॉलेज, कोल्हापुर, महाराष्ट्र (4) महाराष्ट्र स्वास्थ्य विज्ञान विश्वविद्यालय, नासिक (महाराष्ट्र)।

3. 3-5 वर्ष की आयु के बच्चों में मध्यम कुपोषण के प्रबंधन में आयुष-बी. आर. लेहम् की प्रभावकारिता का मूल्यांकन ।

- **रिपोर्टिंग वर्ष 2024-25 से निम्नलिखित अनुसंधान परियोजनाएं पूरी हो चुकी हैं:**

1. सब-क्लिनिकल हाइपोथायरायडिज्म में त्रिकटु के प्रभाव का मूल्यांकन करने के लिए यादृच्छिक, प्लेसबो नियंत्रित, डबल-ब्लाइंड क्लिनिकल परीक्षण।
2. अग्निमांद्य (पाचन दुर्बलता) में लशुनादि वटी और पिप्पलाद्यासव का नैदानिक मूल्यांकन।
3. डीजीएएफएमएस अस्पतालों की आयुर्वेद स्वास्थ्य सुविधाओं में आने वाले रोगियों की रुग्णता और स्वास्थ्य देखभाल व्यवहार।
4. भारत के चयनित शहरों में स्पष्ट रूप से स्वस्थ व्यक्तियों के बीच आयुर्वेद आधारित जीवन शैली परामर्श और प्रथाओं का प्रभाव- एक यादृच्छिक समानांतर समूह अध्ययन।

5. कष्टार्तव में रजःप्रवर्तनी और सारस्वतारिष्ट की प्रभावशीलता - एक संभावित समुदाय-आधारित अध्ययन। (डब्ल्यूसीएच-एससीएसपी 2023-24 के अंतर्गत)
6. प्रजनन आयु की महिलाओं में मासिक धर्म से संबंधित ज्ञान, दृष्टिकोण और प्रथाओं (केएपी) पर एक क्रॉस-सेक्शनल समुदाय-आधारित अध्ययन। (डब्ल्यूसीएच-एससीएसपी 2024-25 के अंतर्गत)
7. प्रजनन आयु की महिलाओं में मासिक धर्म से संबंधित ज्ञान, दृष्टिकोण और प्रथाओं पर आयुर्वेद-आधारित परामर्श का प्रभाव- एक समुदाय-आधारित अध्ययन। (डब्ल्यूसीएच-एससीएसपी 2024-25 के अंतर्गत)
8. जनजातीय समुदाय में व्यापक आयुर्वेद-आधारित स्वास्थ्य देखभाल दृष्टिकोण (सीएबीएचए) की स्वीकार्यता का आकलन और व्यक्तिगत आयुर्वेद-स्वास्थ्य देखभाल दृष्टिकोण (आईएएचए) की प्रभावशीलता- टीएचसीआरपी 2024-25 के अंतर्गत एक क्लस्टर यादृच्छिक अध्ययन।

- **उपर्युक्त परियोजनाओं के अलावा, संस्थान में निष्पादित/अन्य आउटरीच अनुसंधान कार्यक्रम/परियोजनाएं हैं:**

1. जनजातीय स्वास्थ्य देखभाल अनुसंधान कार्यक्रम (टीएचसीआरपी)
2. एकलव्य मॉडल आवासीय विद्यालय (ईएमआरएस)
3. महिला एवं बाल स्वास्थ्य देखभाल कार्यक्रम (डब्ल्यूसीएच)
4. एएसयू दवाओं के लिए राष्ट्रीय फार्माको-सतर्कता कार्यक्रम (जारी)

- **अनुसंधान परियोजनाओं एवं कार्यक्रमों का संक्षिप्त वर्णन:**

1. **भारत के चयनित शहरों में स्पष्ट रूप से स्वस्थ व्यक्तियों के बीच आयुर्वेद आधारित जीवन शैली परामर्श और प्रथाओं का प्रभाव-** एक यादृच्छिक समानांतर समूह अध्ययन:- आईएमआर वार्षिक कार्य योजना 2019-20 के तहत शुरू किए गए इस 3-वर्षीय क्लस्टर यादृच्छिक समानांतर-समूह अध्ययन (n=240) का उद्देश्य स्वस्थ व्यक्तियों पर आयुर्वेद-आधारित जीवनशैली हस्तक्षेपों के प्रभाव का आकलन करना था। 13.03.2020 को नैतिक मंजूरी दी गई। नामांकन (हस्तक्षेप में 118, नियंत्रण में 120) फरवरी 2023 में पूरा हुआ और अध्ययन मार्च 2025 में समाप्त हुआ।
2. **डीजीएएफएमएस अस्पतालों की आयुर्वेद स्वास्थ्य सुविधाओं में आने वाले रोगियों की रुग्णता और स्वास्थ्य देखभाल व्यवहार:-** जुलाई 2023 में ₹7,98,200 के स्वीकृत बजट के साथ 16 महीने के लिए शुरू किए गए इस अध्ययन में रुग्णता पैटर्न और देखभाल चाहने वाले व्यवहार का मूल्यांकन करने के लिए 536 प्रतिभागियों को नामांकित किया गया। जुलाई 2024 में पूरा हुआ।

3. **आयुर्वेद में बदलाव लाने के लिए सराहनीय व्यक्तित्वों के जीवन परिचय का दस्तावेजीकरण:-** सितंबर 2024 में एक आईएमआर परियोजना शुरू की गई। प्रोफेसर बनवारी लाल गौड़ के लिए डेटा संग्रह और साक्षात्कार जनवरी 2025 में शुरू हुए, पांडुलिपि का पहला मसौदा मार्च 2025 में प्रस्तुत किया गया।
4. **संबंधित राज्यों के पंजीकृत आयुर्वेदिक चिकित्सकों के बीच आयुर्वेदिक दवाओं की फार्माकोविजिलेंस के प्रति ज्ञान, दृष्टिकोण और अभ्यास - एक बहुकेंद्रीय अध्ययन। (संक्षिप्त नाम- केएपी परियोजना):-** इसका लक्ष्य प्रशिक्षण कार्यक्रम से पहले और कार्यक्रम के 3 महीने बाद 410 प्रतिभागियों को आयुर्वेद चिकित्सा के प्रति फार्माकोविजिलेंस के केएपी को आगे बढ़ाना है। इस परियोजना की शुरुआत 28.12.2024 को संस्थान द्वारा क्षेत्रीय विज्ञान केंद्र जयपुर में आयोजित कार्यशाला में 94 नामांकित प्रतिभागियों के साथ की गई थी। दूसरी कार्यशाला 12.02.2025 को डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर में आयोजित की गई जिसमें कुल 188 उम्मीदवारों ने नामांकन कराया। अब तक अध्ययन में 282 प्रतिभागियों का नामांकन हो चुका है। अध्ययन जारी है।
5. **सब-क्लिनिकल हाइपोथायरायडिज्म में त्रिकटु के प्रभाव का मूल्यांकन करने के लिए यादृच्छिक, प्लेसबो नियंत्रित, डबल-ब्लाइंड क्लिनिकल परीक्षण :-** वार्षिक कार्य योजना 2019-20 के तहत स्वीकृत और 08.03.2022 को शुरू किए गए इस अध्ययन में 1086 व्यक्तियों की जांच की गई; 90 को नामांकित किया गया और 74 ने परीक्षण पूरा किया। अध्ययन 31.05.2024 को पूरा हो गया है।
6. **अग्निमांद्य (पाचन दुर्बलता) में लशुनादि वटी और पिप्पलाद्यासव का नैदानिक मूल्यांकन :-** इस बहुकेंद्रीय नैदानिक अनुसंधान परियोजना को 21.04.2022 को ₹6,89,000/- के स्वीकृत बजट के साथ मंजूरी दी गई थी। 06.12.2022 को आईईसी अनुमोदन के बाद, 02.02.2023 को अध्ययन शुरू किया गया। कुल 129 प्रतिभागियों की जांच की गई, जिनमें से 110 को नामांकित किया गया। इनमें से 105 प्रतिभागियों ने सफलतापूर्वक परीक्षण पूरा किया, जबकि 5 बाहर हो गए। परियोजना 03.09.2024 को पूरी हुई।
7. **3-5 वर्ष की आयु के बच्चों में मध्यम कुपोषण के प्रबंधन में आयुष-बी. आर. लेहम् की प्रभावकारिता का मूल्यांकन** - सितंबर 2023 में ₹25,16,800 स्वीकृत करके शुरू किया गया। मार्च 2025 तक, 149 की स्क्रीनिंग की गई, 67 का नामांकन हुआ, 50 पूरे हुए, 11 जारी हैं। अध्ययन जारी है।
8. **जनजातीय कार्य मंत्रालय के तहत कार्यरत एकलव्य आवासीय मॉडल स्कूलों (ईएमआरएस) के छात्रों में बेहतर स्वास्थ्य परिणामों के लिए क्षयरोग, एनीमिया, हीमोग्लोबिनोपैथी और कुपोषण में आयुर्वेदिक हस्तक्षेप पर विशेष ध्यान देने के साथ सामान्य स्वास्थ्य जांच:-** मार्च 2024 में स्वीकृत इस अध्ययन में 3 ईएमआरएस स्थानों

पर मासिक स्वास्थ्य शिविर और जागरूकता गतिविधियाँ शामिल हैं। मार्च 2025 तक 907 नए रोगी और 143 व्याख्यान रिपोर्ट किए गए। आईसीएमआर-एनआईआरटीएच जबलपुर के साथ तीन अतिरिक्त सहयोगी अध्ययनों की योजना बनाई गई है; नामांकन अभी शुरू होना है।

9. **सहयोगात्मक अध्ययन "आयरन की कमी से होने वाले एनीमिया के प्रबंधन में आयुर्वेदिक हस्तक्षेप-पुनर्नवा मंडूर की सहनशीलता, उपचार के पालन और सुरक्षा पर नैदानिक अध्ययन : एक ओपन लेबल सिंगल आर्म अध्ययन (सीसीआरएएस स्मार्ट प्रोजेक्ट के तहत)"**। 4 सहयोगी संस्थानों के साथ समझौता ज्ञापन किया गया है: (1) पारुल इंस्टीट्यूट ऑफ आयुर्वेद एंड रिसर्च, पारुल यूनिवर्सिटी, गुजरात (2) संत ज्ञानेश्वर शिक्षण संस्थान, माननीय श्री अन्नासाहेब डांगे आयुर्वेद मेडिकल कॉलेज, महाराष्ट्र (3) यशवंत आयुर्वेदिक कॉलेज, कोल्हापुर, महाराष्ट्र (4) महाराष्ट्र स्वास्थ्य विज्ञान विश्वविद्यालय, नासिक (महाराष्ट्र):- यह बहुकेंद्रीय अनुसंधान परियोजना संस्थान को परिषद कार्यालय आदेश संख्या 76/2023-24 दिनांक 28.04.2023 के तहत स्वीकृत की गई थी। इसके लिए 1,21,24,324/- रुपए का बजट आवंटित किया गया था। नोडल संस्थान एमएसआरएआरआई, जयपुर द्वारा पंजीकरण संख्या- सीटीआरआई/2023/05/053299 के साथ सीटीआरआई किया गया था। सभी चार सहयोगी संस्थानों से आईईसी अनुमोदन लिया गया है। सभी सहभागी संस्थानों में दवाइयाँ प्राप्त हो गई हैं और परियोजना शुरू हो गई है। अध्ययन जारी है और विवरण नीचे दिए गए हैं:-

संस्थान का नाम	जांचे गए मामलों की संख्या	नामांकित मामलों की संख्या	स्क्रीनिंग विफलता	अध्ययन पूर्ण किये गए मामलों की संख्या	ड्रॉप आउट	जारी मामलों की संख्या
1. एम.यू.एच.एस., नासिक	177	82	95	64	09	09
2. वाई.ए.सी., कोडोली	361	111	250	62	18	31
3. पी.आई.ए.आर., वडोदरा	190	87	103	55	07	25
4. ए.डी.ए.एम.सी, आष्टा	153	82	71	50	15	17

10. **महिला एवं बाल स्वास्थ्य सेवा कार्यक्रम (डब्ल्यूसीएच-एससीएसपी) 2024–25**

- सर्वेक्षण एवं शिविर: 216 शिविर आयोजित किए गए; 3940 अनुसूचित जाति की महिलाओं/बच्चों का सर्वेक्षण किया गया, 6057 का उपचार किया गया।
- कष्टार्तव अध्ययन: 46 नामांकित; 37 पूर्ण। अगस्त 2024 में समाप्त।

• मासिक धर्म केएपी अध्ययन: 10 केंद्रों में 1400 महिलाओं ने नामांकन किया।

• मासिक धर्म केएपी पर आयुर्वेद-आधारित परामर्श: 450 नामांकित के साथ समुदाय-आधारित अध्ययन; सभी पूर्ण।

11. जनजातीय स्वास्थ्य देखभाल अनुसंधान कार्यक्रम (टीएचसीआरपी) 2024–25

- चार गांवों में 211 आउटरीच यात्राओं में 3836 रोगियों और 520 लोगों को शामिल किया गया। इसमें 33 रोग-विशिष्ट शिविर, 136 जागरूकता व्याख्यान और 3099 प्रयोगशाला परीक्षण शामिल थे।
- CABHA और IAHA अध्ययन: क्लस्टर यादृच्छिक अध्ययन 23.07.2024 को शुरू हुआ और 28.02.2025 को समाप्त हुआ, जिसमें IAHA में 60 सहित 520 विषय शामिल थे।

12. एएसयू ड्रग्स के लिए राष्ट्रीय फार्माकोविजिलेंस कार्यक्रम:- 2024-25 के दौरान, कुल 40,864 व्यक्तियों की संदिग्ध प्रतिकूल दवा प्रतिक्रियाओं (एडीआर) के लिए निगरानी की गई। वर्ष के दौरान कोई एडीआर रिपोर्ट नहीं की गई।

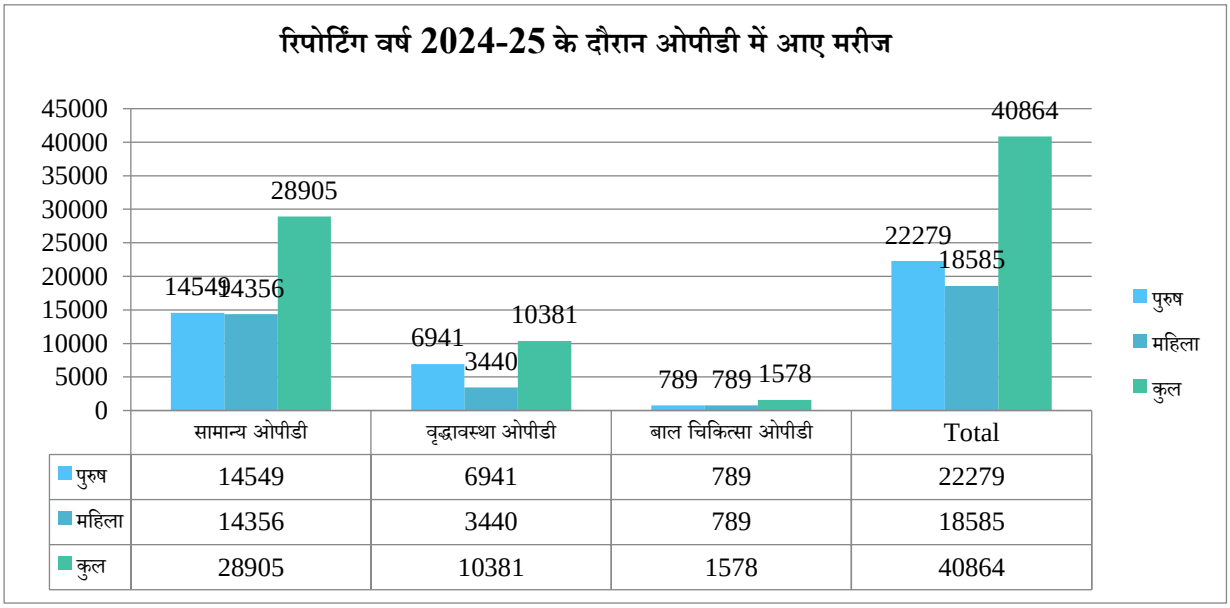
चिकित्सालय अनुभाग:

संस्थान में बहिरंग रोगी विभाग (ओपीडी), आंतरिक रोगी विभाग (आईपीडी) और पंचकर्म चिकित्सा सुविधाएं अच्छी हैं।

ओपीडी यूनिट

संस्थान में बहिरंग विभाग (ओपीडी), आंतरिक रोगी विभाग (आईपीडी) और पंचकर्म सुविधाएं हैं। संस्थान की ओपीडी सभी कार्य दिवसों में प्रतिदिन सुबह 9:00 बजे से दोपहर 1:00 बजे तक और दोपहर 2:00 बजे से शाम 4:00 बजे तक चल रही है। आवश्यकतानुसार सभी रोगियों को परामर्श के साथ आयुर्वेदिक दवाएँ निःशुल्क दी जाती हैं। रिपोर्टिंग वर्ष 2024-25 के दौरान, कुल 40864 (22279 पुरुष और 18585 महिलाएँ) रोगियों की जाँच और उपचार ओपीडी स्तर पर किया गया। लाभार्थी (रोगी) जो निःशुल्क या रियायती दर पर उपचार प्राप्त कर रहे थे, कुल 141 रोगी बीपीएल श्रेणी (ओपीडी-127 और आईपीडी-14) और कुल 5549 रोगी वरिष्ठ नागरिक श्रेणी (ओपीडी-5435 और आईपीडी-114) के थे।

ओपीडी	पुरुष	महिला	कुल
सामान्य ओपीडी	14549	14356	28905
वृद्धावस्था ओपीडी	6941	3440	10381
बाल चिकित्सा ओपीडी	789	789	1578
कुल	22279	18585	40864



आईपीडी यूनिट

संस्थान में 20 बिस्तरों वाली आईपीडी सुविधा है, जिसमें से 10 बिस्तर प्रत्येक पुरुष और महिला वार्ड को आवंटित किए गए हैं। रिपोर्टिंग वर्ष के दौरान, संस्थान के आईपीडी में कुल 271 रोगियों (124 पुरुष और 147 महिलाएँ) को भर्ती किया गया और उनका इलाज किया गया। परिषद के मुख्यालय के निर्देशों के अनुसार रोगियों का प्रवेश और पंचकर्म प्रक्रियाएँ भुगतान के आधार पर की जाती हैं। वरिष्ठ नागरिकों और बीपीएल रोगियों को प्रवेश और प्रक्रियाओं के लिए शुल्क में रियायत परिषद के दिशा-निर्देशों के अनुसार लागू की जाती है।

पंचकर्म यूनिट

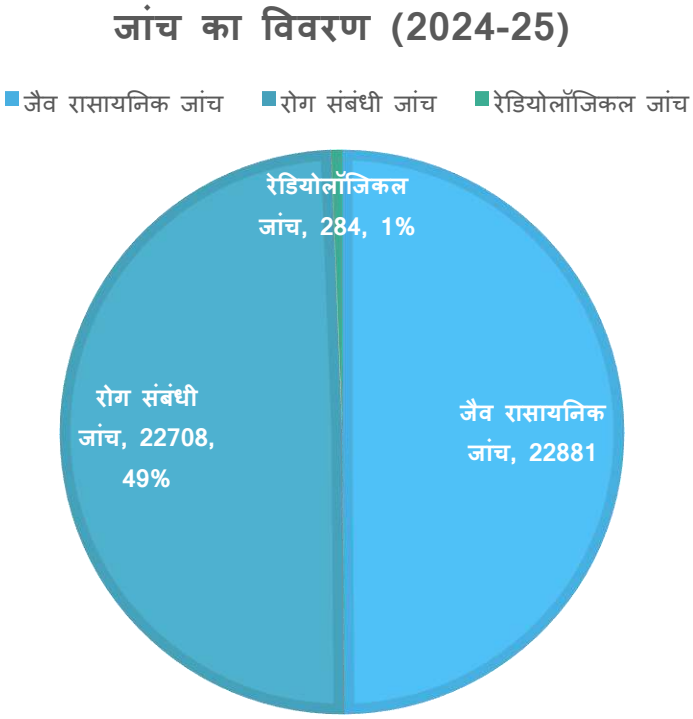
रिपोर्टिंग वर्ष के दौरान, संस्थान की पंचकर्म इकाई में कुल 9352 विभिन्न पंचकर्म चिकित्सा प्रक्रियाएं (पुरुषों पर 4278 और महिलाओं पर 5074) की गईं।

निदान प्रयोगशाला:

संस्थान में एक अच्छी तरह से सुसज्जित क्लिनिकल प्रयोगशाला है। प्रयोगशाला में, जैव-रसायन और पैथोलॉजी अनुभाग हैं। आवंटित अनुसंधान कार्यक्रमों को ध्यान में रखते हुए प्रयोगशाला में विभिन्न जांच भी की जाती हैं। कुल 45,873 चिकित्सा जांच की गई, जिसमें 19,168 (41.8%) पुरुष रोगियों के लिए और 26,705 (58.2%) महिला रोगियों के लिए थी। पैथोलॉजिकल जांच में 22,708 परीक्षण (कुल का 49.5%) शामिल थे - 8,627 (18.8%) पुरुष और 14,081 (30.7%) महिलाएँ। बायोकेमिकल जांच थोड़ी अधिक थी, कुल 22,881 (49.9%) - 10,416 (22.7%) पुरुष और 12,465 (27.2%) महिलाएँ। रेडियोलॉजिकल जांच सबसे कम की गई, जिसमें 284 परीक्षण (0.6%) किए गए - 125 (0.3%) पुरुष और 159 (0.3%) महिलाएँ। "अन्य जांच" (0%) के अंतर्गत कोई भी परीक्षण दर्ज नहीं किया गया, जैसे कि ईसीजी, अल्ट्रासाउंड या एंडोस्कोपी। कुल मिलाकर, जैव रासायनिक जांचों में सबसे बड़ा हिस्सा था और महिला रोगियों ने सभी श्रेणियों में अधिक परीक्षण किए।

1 अप्रैल, 2024 से 31 मार्च, 2025 तक प्रयोगशाला की वार्षिक रिपोर्ट का सारांश

क्र.सं.	जांच	पुरुष रोगी	महिला रोगी	कुल
1.	पैथोलॉजिकल जांच	8627	14081	22708
2.	जैव रासायनिक जांच	10416	12465	22881
3.	रेडियोलॉजिकल जांच	125	159	284
4.	अन्य जांच जैसे ईसीजी, अल्ट्रा साउंड,एंडोस्कोपी आदि	0	0	0
	कुल	**19168**	**26705**	**45873**



अन्य गतिविधियाँ:

गुग्गुलु हर्बल फार्म, मांगलियावास, अजमेर:-

इस संस्थान के नियंत्रण में राजस्थान के अजमेर जिले के मांगलियावास गाँव में एक गुग्गुलु हर्बल फार्म भी काम कर रहा है, जिसे 9 नवंबर 2016 को राष्ट्रीय आयुर्वेद संस्थान, जयपुर द्वारा सीसीआरएएस को वापस सौंप दिया गया था। फार्म की शुरुआत 1 अप्रैल 1972 में हुई थी, जिसमें 31 दिसंबर 2007 तक पौधों की कटिंग, एयर लेयरिंग और पौध के माध्यम से गुग्गुलु पौधों पर अनुसंधान, विकास और व्यापक खेती की गई थी। गुग्गुलु पौधों सहित विभिन्न औषधीय पौधों की लगभग 60 प्रजातियों को उगाया/खेती की जा रही है। रिपोर्टिंग वर्ष 2024-2025 के दौरान, गुग्गुलु हर्बल फार्म, मांगलियावास ने विभिन्न सीसीआरएएस संस्थानों को उनकी आवश्यकताओं के आधार पर प्रमुख सूखी कच्ची औषधियों की आपूर्ति की। इस आपूर्ति पहल ने सीसीआरएएस नेटवर्क में चल रही नैदानिक और अनुसंधान गतिविधियों को समर्थन दिया ।

आयोजित कार्यशाला/कार्यक्रम/मेला/बैठकें:-

- **अस्पताल संक्रमण नियंत्रण समिति की बैठक** – 06.04.2024 को एमएसआरएआरआई, जयपुर में आयोजित, इस आंतरिक बैठक में अस्पताल संक्रमण नियंत्रण नीतियों की समीक्षा और स्वच्छता और रोगी सुरक्षा बनाए रखने के लिए सर्वोत्तम प्रथाओं को लागू करने पर ध्यान केंद्रित किया गया।

- **विश्व पर्यावरण दिवस समारोह** – 05.06.2024 को संस्थान में जागरूकता गतिविधियों, वृक्षारोपण अभियान और पर्यावरण संरक्षण और स्थिरता पर जोर देने वाले व्याख्यानों के साथ मनाया गया।
- **त्रैमासिक हिंदी बैठक** – 12.06.2024 को आयोजित, इस बैठक का उद्देश्य आधिकारिक कामकाज में हिंदी के उपयोग को बढ़ावा देना, प्रगति पर चर्चा करना और भाषा विकास पहलों में कर्मचारियों की भागीदारी को प्रोत्साहित करना था।
- **विश्व रक्तदाता दिवस** – 14.06.2024 को मनाया गया, इस कार्यक्रम में कर्मचारियों और आगंतुकों के लिए जागरूकता अभियानों और सूचनात्मक सत्रों के माध्यम से स्वैच्छिक रक्तदान के महत्त्व पर प्रकाश डाला गया।
- **अंतर्राष्ट्रीय योग दिवस (विश्व योग दिवस)** – 21.06.2024 को राष्ट्रीय स्तर पर सामूहिक योग प्रदर्शन, स्वास्थ्य वार्ता और समग्र स्वास्थ्य के लिए योग के अभ्यास को बढ़ावा देने के लिए संवादात्मक सत्रों के साथ मनाया जाएगा।
- **त्रैमासिक हिंदी कार्यशाला** – 22.06.2024 को आयोजित इस कार्यशाला में सरकारी दिशा-निर्देशों के अनुसार आधिकारिक हिंदी लेखन और दस्तावेज़ीकरण पर कर्मचारियों को प्रशिक्षण दिया गया।
- **अस्पताल संक्रमण नियंत्रण समिति की दूसरी बैठक** – पिछली बैठक से अनुवर्ती कार्रवाई का आकलन करने और संक्रमण नियंत्रण प्रोटोकॉल का पालन सुनिश्चित करने के लिए 06.07.2024 को फिर से आयोजित की गई।
- **POSH (यौन उत्पीड़न की रोकथाम) प्रशिक्षण** – 26.07.2024 को आयोजित इस जागरूकता सत्र में POSH अधिनियम के तहत कार्यस्थल व्यवहार, शिकायत निवारण तंत्र और कानूनी ढाँचे पर कर्मचारियों को प्रशिक्षित किया गया।
- **भारतीय अंगदान दिवस** – 03.08.2024 को चिह्नित, संस्थान ने अंगदान के महत्त्व और स्वैच्छिक प्रतिज्ञा की आवश्यकता पर प्रकाश डालते हुए जागरूकता कार्यक्रम आयोजित किए।
- **78वाँ स्वतंत्रता दिवस समारोह** – 15.08.2024 को ध्वजारोहण समारोह, देशभक्ति गीतों और राष्ट्र की उपलब्धियों और स्वतंत्रता की भावना को दर्शाते हुए भाषणों के साथ मनाया गया।
- **त्रैमासिक हिंदी बैठक** – विभागों में हिंदी कार्यान्वयन का मूल्यांकन करने और प्रशासनिक कार्यों में हिंदी के उपयोग को बढ़ावा देने के लिए 13.09.2024 को आयोजित की गई।
- **स्वच्छता पखवाड़ा** – सफाई अभियान और रैली – 17 सितंबर से 01 अक्टूबर 2024 तक, राष्ट्रीय स्वच्छता मिशन का समर्थन करने के लिए स्वच्छता गतिविधियों, जागरूकता रैलियों और सामुदायिक आउटरीच पहलों की एक शृंखला आयोजित की गई।
- **पोषण माह** – 01.09.2024 से 30.09.2024 तक पोषण जागरूकता सत्र, आयुर्वेद आधारित आहार पर विशेष वार्ता और मातृ एवं शिशु स्वास्थ्य पर केंद्रित स्वास्थ्य जांच शिविरों के साथ मनाया जाएगा।

- **हिंदी पखवाड़ा समारोह** – 14.09.2024 से 30.09.2024 के बीच आयोजित, संस्थान ने हिंदी के रचनात्मक उपयोग को प्रोत्साहित करने के लिए निबंध लेखन, अंताक्षरी, वाद-विवाद, प्रश्नोत्तरी और गायन जैसी विभिन्न प्रतियोगिताओं का आयोजन किया।
- **त्रैमासिक हिंदी कार्यशाला** – 28.09.2024 को आयोजित, इस प्रशिक्षण सत्र का उद्देश्य आधिकारिक हिंदी पत्राचार कौशल में सुधार और राजभाषा नीतियों के अनुपालन को सुदृढ़ करना था।
- **आयुर्वेद दिवस समारोह** – आयुर्वेद को बढ़ावा देने के लिए व्याख्यान, सार्वजनिक आउटरीच, प्रदर्शनी और निःशुल्क परामर्श शिविर जैसी गतिविधियों के साथ राष्ट्रीय स्तर पर 17.10.2024 से 29.10.2024 तक आयोजित किया गया।
- **सतर्कता जागरूकता सप्ताह** – 28.10.2024 से 03.11.2024 तक आयोजित, इस कार्यक्रम में शासन में ईमानदारी और पारदर्शिता को बढ़ावा देने के लिए शपथ ग्रहण, जागरूकता वार्ता और इंटरैक्टिव सत्र शामिल थे।
- **चौथा जनजातीय गौरव दिवस समारोह** - 16.11.2024 को मनाया जाएगा, जिसमें आदिवासी स्वतंत्रता सेनानियों के योगदान का सम्मान किया जाएगा और आदिवासी संस्कृति, विरासत और कल्याणकारी योजनाओं के बारे में जागरूकता को बढ़ावा दिया जाएगा।
- **संस्थागत आचार समिति की बैठक** – 26.11.2024 को आयोजित की, जिसमें अनुसंधान प्रस्तावों, नैतिक अनुपालन की समीक्षा की जाएगी तथा आईसीएमआर दिशानिर्देशों के अनुसार चल रही परियोजनाओं को मंजूरी दी ।
- **75वां संविधान दिवस समारोह** – 26.11.2024 को ही, इस कार्यक्रम में संविधान की प्रस्तावना का वाचन, संवैधानिक मूल्यों पर चर्चा तथा नागरिक अधिकारों और कर्तव्यों पर जागरूकता सत्र शामिल होंगे।
- **सीसीआरएएस का 56वां स्थापना दिवस** – 01.12.2024 को मनाया जाएगा, जिसमें सीसीआरएएस की उपलब्धियों पर विचार-विमर्श, विशिष्ट योगदानों का सम्मान तथा आयुर्वेद अनुसंधान में भविष्य के लक्ष्यों की रूपरेखा तैयार की जाएगी।
- **त्रैमासिक हिंदी बैठक** – 11.12.2024 को आयोजित की, जिसमें विभागीय प्रगति की समीक्षा की जाएगी तथा दैनिक कार्यों में हिंदी के उपयोग को मजबूत करने के लिए पहल को बढ़ावा दिया ।
- **त्रैमासिक हिंदी कार्यशाला** – 21.12.2024 को कर्मचारियों के लिए हिंदी प्रारूपण, रिपोर्ट लेखन और संचार में उनके कौशल को बढ़ाने के लिए आयोजित की गई।
- **आयुर्वेद औषधियों में फार्माकोविजिलेंस पर कार्यशाला (प्रथम कार्यशाला)** – 28.12.2024 को क्षेत्रीय विज्ञान केंद्र, जयपुर में एक बहुकेंद्रीय परियोजना के तहत आयोजित की गई। फार्माकोविजिलेंस पर ज्ञान, दृष्टिकोण और व्यवहार (केएपी) का आकलन करने के लिए 94 प्रतिभागियों को नामांकित किया गया।

- **परिधीय संस्थानों के लिए ई-ऑफिस प्रशिक्षण** – कुशल डिजिटल दस्तावेज़ीकरण और वर्कफ़्लो के लिए ई-ऑफिस सॉफ़्टवेयर के उपयोग में कर्मचारियों को प्रशिक्षित करने के लिए राष्ट्रीय स्तर पर 10.01.2025 को आयोजित किया गया।
- **आयुर्वेद औषधियों में फार्माकोविजिलेंस पर कार्यशाला (द्वितीय कार्यशाला) –** 12.02.2025 को डीएसएसआरएयू, जोधपुर में आयोजित की गई, जिसमें चल रहे बहुकेंद्रीय फार्माकोविजिलेंस अध्ययन के हिस्से के रूप में 188 प्रतिभागियों को नामांकित किया गया।
- **टीबी मुक्त ग्राम पंचायत अभियान के तहत कार्यशाला –** 05.03.2025 को आयोजित, इस कार्यक्रम का उद्देश्य ग्रामीण समुदायों को टीबी जागरूकता, रोकथाम और टीबी देखभाल में आयुर्वेद की भूमिका के बारे में जागरूक करना है।
- **"सीसीआरएएस-अवलोकन-2025"** – 21-22 मार्च 2025 को राजस्थान अंतर्राष्ट्रीय केंद्र, जयपुर में आयोजित एक राष्ट्रीय स्तर का दो दिवसीय कार्यक्रम, जिसमें सीसीआरएएस की उपलब्धियों, अनुसंधान प्रगति और सार्वजनिक जुड़ाव गतिविधियों को प्रदर्शित किया।
- **त्रैमासिक हिंदी बैठक –** 25.03.2025 को आयोजित, जिसमें हिंदी के कार्यान्वयन की समीक्षा और राजभाषा नीति के तहत आगामी पहल की योजना बनाना।
- **त्रैमासिक हिंदी कार्यशाला –** 29.03.2025 को आयोजित, जिसमें हिंदी में आधिकारिक दस्तावेज़ीकरण और संचार कौशल में सुधार पर ध्यान केंद्रित किया गया।

वेबिनार/संगोष्ठी/बैठकें/प्रशिक्षण/कार्यशालाओं में भाग लिया/पत्र प्रस्तुत किया गया:

डॉ. बी.आर. मीना, सहायक निदेशक प्रभारी, डॉ. बी.के. शर्मा, आर.ओ. (आयु.), डॉ. वी.बी. कुमावत, आर.ओ. (आयु.), डॉ. एस.के. वेदी, आर.ओ. (आयु.), डॉ. ए.के. जैन, आर.ओ. (आयु.), डॉ. डी.एस. रोतवार, आर.ओ. (आयु.), डॉ. मोनिका कुमारी, आर.ओ. (आयु.), डॉ. किशोर ए. गवली, आर.ओ. (आयु.) और डॉ. सुहास ए. चौधरी, आर.ओ. (आयु.) ने इस संस्थान/अन्य संस्थानों/संगठनों द्वारा विभिन्न विषयों पर आयोजित लगभग 75 वेबिनार/सेमिनार/बैठक/प्रशिक्षण/कार्यशालाओं में भाग लिया है और कुछ अधिकारियों ने शोध पत्र प्रस्तुत किए और व्याख्यान दिए।

प्रकाशन:-

इस संस्थान के अनुसंधान अधिकारियों द्वारा 05 शोध आलेख/पत्र अंतर्राष्ट्रीय पत्रिकाओं में प्रकाशित किए गए हैं तथा 01 शोध आलेख/पत्र सेमिनार की कार्यवाही में प्रकाशित किया गया है।

उपलब्धियाँ:-

1. **बीआईएस आईएसओ 9001:2015 प्रमाणन** - फरवरी 2025 में, संस्थान सीसीआरएएस के तहत बीआईएस आईएसओ 9001:2015 प्रमाणन से सम्मानित होने वाला पहला संस्थान बन गया, जिसने गुणवत्ता प्रबंधन प्रणालियों में उत्कृष्टता के लिए अपनी प्रतिबद्धता को मान्यता दी।

2. **एफएसएसएआई प्रमाणन** - संस्थान खाद्य सुरक्षा मानकों का अनुपालन करता है और एफएसएसएआई द्वारा प्रमाणित है।

3. **एनएबीएच मान्यता** - अस्पताल को मार्च 2023 से एनएबीएच द्वारा लगातार मान्यता दी गई है, जिससे स्वास्थ्य सेवाओं में उच्च मानकों का निरंतर पालन सुनिश्चित होता है। रिपोर्टिंग वर्ष 2024-25 के दौरान मध्यावधि निगरानी सफलतापूर्वक की गई।

4. **एनएबीएल मान्यता** - संस्थान की पैथोलॉजी और बायोकेमिस्ट्री प्रयोगशालाओं ने नवंबर 2023 से एनएबीएल द्वारा निरंतर मान्यता बनाए रखी है, जिससे प्रयोगशाला सेवाओं में निरंतर गुणवत्ता और विश्वसनीयता सुनिश्चित होती है । रिपोर्टिंग वर्ष 2024-25 के दौरान मध्यावधि निगरानी सफलतापूर्वक की गई।

5. **पीएचडी कार्यक्रम संबद्धता** - संस्थान को तीन आयुर्वेद विषयों - कायचिकित्सा, आयुर्वेद के मौलिक सिद्धान्त और बालरोग (कुल 13 सीट) में पीएचडी कार्यक्रम संचालित करने के लिए डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर से संबद्ध किया गया है।