वार्षिक प्रतिवेदन 2023-24

ANNUAL REPORT 2023 - 2024



म.शे. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान

इन्दिरा कॉलोनी, बनीपार्क, जयपुर - 302016 (राजस्थान)

(अधीनस्थ केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्, आयुष मंत्रालय, भारत सरकार, नई दिल्ली)

M. S. REGIONAL AYURVEDA RESEARCH INSTITUTE

Indira Colony, Banipark, Jaipur - 302016 (Rajasthan)

(C.C.R.A.S., Ministry of Ayush, Government of India, New Delhi)

Phone: 0141-2281812, 2282618 Email: acri-jaipur@gov.com, acri.jaipur@gmail.com

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ANNUAL PROGRESS REPORT 2022-2023

1. Name and Address: **M.S. Regional Ayurveda Research Institute,**
Indira Colony, Jhotwara Road, Banipark, Jaipur- 302016 (Rajasthan).

2. Year of Establishment: 1972

I. ADMINISTRATIVE REPORT

(1) Staff pattern:

S. No.	Name of the Sanctioned Post	No. of Posts Sanctioned	Name and Designation of the persons working against Post	No. of Posts Vacant	Sex M/F	Whether SC/ST/ OBC	Remarks
1.	Assistant Director (Ay.)	**01**	Dr. B.R. Meena, Assistant Director Incharge	-	M	ST	-
2.	R.O. (Ay.)	**06**	1. Dr. B. K. Sharma	-	M	Gen	Attached with N.I.A., Jaipur w.e.f. 09.08.2019
			2. Dr. V.B. Kumawat	-	M	OBC	-
			3. Dr. S. K. Vedi	-	M	SC	-
			4. Dr. D.S. Rotwar	-	M	Gen	-
			5. Dr. Kishor A. Gavali	-	M	SC	-
			6. Dr. Monika Kumari	-	F	OBC	-
			7. Dr. Suhas A. Chaudhary	-	M	ST	-
3.	R. O. (Botany)	-	Sh. Ravi Chandra	-	M	Gen	The Post temporarily transferred from RARI, Nagaland
4.	R.O. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
5.	R.O. (Pathology)	**01**	**Vacant**	**01**	-	-	-
6.	Sister In-charge	**01**	1. Sh. S.K. Sharma 2. Sh. R.K. Mishra	-	M M	Gen Gen	-
7.	Staff Nurse	**04**	1. Sh. Vasid Ali	-	M	EWS	-
			2. Sh. Sunil Choudhary		M	OBC	-
			3. Sh. Ranaram		M	OBC	-
			4. Sh. Sunil Palsaniya		M	OBC	-
8.	Assistant	**01**	**Vacant**	**01**	-	-	-
9.	A.R.O. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
10.	R. A. (Bio-Chemistry)	**01**	**Vacant**	**01**	-	-	-
11.	R. A. (Curator)	**01**	Sh. Ramavatar Choudhary	-	M	OBC	-
12.	Pharmacist Grade-I	**03**	1. Sh. K. C. Verma	**01**	M	SC	
			2. Sh. Neeraj Jain		M	Gen	Joined on dated 19.05.2023
13.	Social Worker	**01**	Smt. Meena Meena	-	F	ST	-
14.	Lab. Technician	**03**	Sh. B.K.Meena	**02**	M	ST	-
15.	Stenographer Gr.-II	**01**	**Vacant**	**01**	-	-	-
16.	UDC	**03**	1. Sh. Namonarayan Meena	**02**	M	ST	-

17.	LDC	**03**	1. Sh. Lokesh Gurjar	**01**	M	OBC	-
			2. Smt. Mamta Meena		F	ST (PWD-OH)	-
18.	Driver	**01**	**Vacant**	**01**	**-**	**-**	**-**
19.	Lab. Attendant	**04**	1. Sh. Anurag Pathak 2. Sh. Sumit Kumawat 3. Sh. Rakesh Teli 4. Sh. Sunil Kumar	**-**	M M M M	Gen. OBC OBC OBC	**-**
20.	M.T.S. (Cook)	**01**	**Vacant**	**01**	-	-	-
21.	M.T.S. (Dresser)	**01**	**Vacant**	**01**	-	-	-
22.	M.T.S. (Female Attendant)	**01**	Smt. Renu Sharma	**-**	F	Gen.	-
23.	M.T.S. (Attendant)	**02**	1. Sh. R. S. Meena 2. Sh. Vikram Gurjar	**-**	M M	ST OBC	-
24.	M.T.S. (Ward Aya)	**03**	Smt. Beena Devi	**02**	F	SC	**-**
25.	M.T.S. (Panchkarma Attendant)	**02**	**Vacant**	**02**	**-**	**-**	**-**
26.	M.T.S. (Chowkidar)	**01**	Sh. Sitaram Mehra	**-**	M	OBC	**-**
27.	M.T.S. (Kitchen Servant)	**02**	**Vacant**	**02**	**-**	**-**	**-**
28.	M.T.S. (Ward Boy)	**03**	1. Sh. Sohan Singh	**01**	M	OBC	**-**
			2. Sh. Brijesh Kumar Sharma		M	Gen.	Under court case
29.	M.T.S. (Safaiwala)	**03**	**Vacant**	**03**	**-**	**-**	**-**
30.	M.T.S. (Farm Attendant/ Labourer)	**04**	1. Sh.Chothu Ram Meena 2. Sh. R.K. Diya 3. Sh. Shankar Lal Mali 4. Sh. Naveen Kumar	**-**	M M M M	ST OBC OBC SC	-
31.	M.T.S. (Peon)	**02**	Smt. Nisha Badiwal	**01**	F	OBC	**-**
TOTAL		**62**	**39**	**26**	**-**	**-**	**-**

(2) No. of staff according to group

S. No.	Group	Number of staff						Whether roster maintained or not
		General	SC	ST	OBC	EWS	TOTAL	
1.	**I**	03	02	02	02	-	**09**	Yes
2.	**II**	02	-	-	03	01	**06**	
3.	**III**	04	03	06	11	-	**24**	
TOTAL		**09**	**05**	**08**	**16**	**01**	**39**	

(3) Expenditure

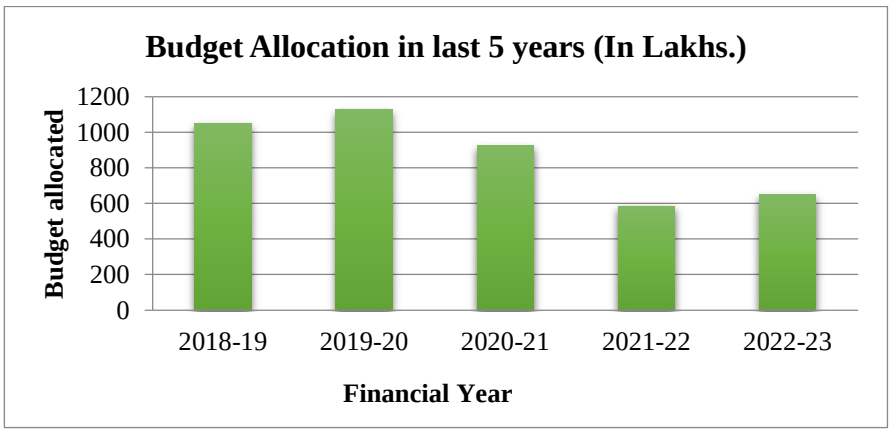
Sl.No.	Components	ST Category (In Rs.)	Other (In Rs.)	Total (In Rs.)
1.	Male Components	7459415.00	32776623.00	40236038.00
2.	Female Components	1768827.00	3194200.00	4963027.00
	Total	**9228242.00**	**35970823.00**	**45199065.00**

(4) Resources generated form OPD/IPD/Laboratory/Panchkarma/Sale of CCRAS publicatione etc. during the reporting year 2023-24

Sl.No.	Section	Amount (Rs.)	Remarks
1.	OPD	214308.00	Amount generated from OPD Patient Registration
2.	Laboratory	255838.00	Amount generated from Laboratory Investigations.
3.	IPD	238997.00	Amount generated from IPD Admission and Sale of Medicines.
4.	Panchkarma	382807.00	Amount generated from Panchkarma Therapy.
5.	Library	5731.00	Amount generated from sale of Council's Publications
6.	Guest House	2000.00	Amount generate from Guest house rent
Total		**1099681.00**	

(5) Total Budget allocated to the Institute during last five years (2019-20 to 2023-24)

S.No.	Financial Year	Budget allocation (In Lakhs)
1.	2019-20	1126.14
2.	2020-21	924.20
3.	2021-22	582.49
4.	2022-23	647.67
5.	2023-24	718.99



(6) Details of Budgetary Provision to the Institute during reporting period 2023-24

Scheme		Budget Estimate (in Rs.)	Revised Estimate (in Rs.)	Funds received (in Rs.)	Actual expenditure (in Rs.)
GIA-GENERAL					
TA (for Domestic)		250000.00	98000.00	87991	87991
					CONTINGENCIES AS PER DFPR
i. Wages		100000.00	75000.00	42000	41950
ii. Office expenses		2650000.00	2650000.00	2650000	2650000
iii. Other admn expenses		300000.00	165000.00	165000	165000
iv. Advertising and publicity		100000.00	75000.00	28655	28655
v. Professional services		8760000.00	9470000.00	8594670	8594670
vi. Other Charges		300000.00	225000.00	154245	154245
Total Contingency (i to vi)		**12210000.00**	**12660000.00**	**11634570.00**	**11634520.00**
RESEARCH ACTIVITY		4500000.00	4500000.00	4500000	4500000
SEMINAR & CONFERENCE		200000.00	114000.00	114000	114000
Total GIA GENERAL		**17160000.00**	**17372000.00**	**16336561.00**	**16336511.00**
GIA-SALARY		46900000.00	45200000.00	45199065.00	45199065.00
GIA SAP		200000.00	200000.00	199942.00	199942.00
GIA- SCSP	AMHCP	0.00	49412.00	49412.00	49412.00
	WCH	3426000.00	3419000.00	3419000.00	3418970.00
GIA - THCRP		4310000.00	4265728.00	4265728.00	4265728.00
Total GIA (GEN+SAL.+SAP+SCSP+TSP)		**71996000.00**	**70506140.00**	**69469708.00**	**69469628.00**

(7) Details of Budgetary Provision in IMR/Collaborative projects

S. No.	Project Name	Total Sanctioned Budget	Expenditure upto Prev. Year (2022-23)	Expenditure in F.Y. 2023-24	Total Expenditure
1.	Randomized, Placebo Controlled, Double-Blind Clinical Trial to Evaluate the effect of Trikatu in Sub-Clinical Hypothyroidism	11986560	819398.00	1119127.00	1938525.00
2.	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study	689000	4976638.00	3757716.00	8734354.00
3.	Clinical Evaluation of Lekhaniya Gana kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)	2446400	972254.00	179778.00	1152032.00
4.	Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity)	1376774	353071.00	103400.00	456471.00
5.	Clinical Evaluation of Lashunadi vati in the management of Agnimandya	1690000	106514.00	196441.00	302955.00
6.	Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years-A Multicenter Randomized Controlled Pilot study	2516800	0.00	446381.00	446381.00
7.	Tolerability, Treatment adherence and safety of Punarnava mandura in the management of Iron Deficiency Anemia:An open label singhle arm cilinical study	2291200	0.00	680143.00	680143.00
8.	Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals	798200	0.00	506590.00	506590.00
9.	General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affairs.	6721420	0.00	608300.00	608300.00

(8) List of Scientific Advisory Board and Institute Ethical Committee

(a) List of Scientific Advisory Board (SAB) Members:

1.	Dr. B.S. Prasad, President of the Board of Ayurveda National Commission for Indian Systems of Medicine Jawahar Lal Nehru Bhartiya Chikitsa Avam Homoeopathy Anusandhan Bhawan 61 -65, Institutional Area, Janakpuri "D" Block, New Delhi-110058. Mobile-9448569289 dr_bsprasad@rediffmail.com	Chairman
2.	Prof. Sanjeev Sharma, Vice-Chancellor National Institute of Ayurveda Madhav Vilas Palace, Jorawar Singh Gate Amer Road, Jaipur-302002 Mobile-9418079691 prof.sanjeevhp@gmail.com	Member
3.	Dr. Anup Thakar, Director Institute of Teaching & Research in Ayurveda, Gujarat Ayurved University Jamnagar, Gujarat-361008. Moible-9427776660 Anup_thakar@yahoo.com	Member
4.	Dr. Tanuja Nesari, Director All lndia Institute of Ayurveda (AIIA), Gautam Puri, Sarita Vihar, New De Mobile-9423007988 /9958817145 tnesari@hotmail.com	Member
5.	Dr. Harsha V. Hegde, Scientist-E, ICMR-National Institute of Traditional Medicine, Nehru Nagar, Be1agavi-590010, Karnataka Mobile-9480422500 harshah@icmr.gov.in	Member
6.	Dr. (Mrs.) Viswajanani J. Sattigeri Head, CSIR-Traditional Knowledge Digital Library Unit 14, Satsang Vihar Marg, New Delhi - 110 067 Mobile-9818038495 viswajanani.sattigeri@csir.res.in, headtkdl@csir.res.in	Member
7.	Dr. Asit Kumar Panja Professor and HoD, Dept. of Samhita and Siddhanta, National Institute of Ayurveda, Jaipur, Rajasthan. Mobile-9982082832, asitkpanja@gmail.com Residence-Professor Maulik Sidhant 4, Khandelwal Nagar , ,, Extension, Agar Road, Jaipur 302031	Member
8.	Prof. (Dr.) P.K. Prajapati HoD, Department of Rasashastra & Bhaishajya Kalpana All tndia Institute of Ayurveda, Gautam Puri, Sarita Vihar New Delhi — 110076 Mobile-94283l5733/8368797320 prajapati.pradeep1@ gmail.com	Member
9.	Dr. S.K .Maulik Former Professor, AIIMS, H-1473, Second Floor, CR Park, Near CR Park Police Station New Delhi- 110019. Mobile-7065327696 subirmaulik@yahoo.com skmaulik@gmail.com	Member
10.	Dr. Amit Agarwal, Director (Research) Natural Remedies Pvt. Ltd. Electronic City, Bangalore -560100	Member

	Mobile-9845008951 amit@naturalremedy.com	
11.	Dr. Indira Balachandran Project Director, Centre for Medicinal Plants Research, AVS Square, Changuvetty, Kottakkal Malappuram District - 676 503- Kerala Mobile: 9447841883 cmpravs@gmail.com	Member
12.	Dr. Sunita Garg former Principal Scientist National Institute of Science Communication and Information Resource (NISCAIR), CSIR, Dr. K.S. Krishnan Marg (Inside Pusa Campus), New Delhi-110012 Mobile: 9899148298 Sunita.niscair@gmail.com	Member
13.	Prof. Baldev Kumar Dhiman Vice-chancellor, Shri Krishna Ayush University Kurukshetra, Hariyana-136119. Mobile:9414238740 uvc.skau.hry@gmail.com	Member
14.	Prof. Vijay Choudhury Principal RGG Ay. College & Hospital, Paprola, Himachal Praedesh Mobile:9418130228 drvijaychaudhary@gmail.com	Member
15.	Prof. B. L. Mehra Former professor and Head Kayachikitsa RGG Ay. College & Hospital, Paprola, Himachal Pradesh Mobile:9418017615 meher_bl@rediffmail.com	Member
16.	Director General, CCRAS, New Delhi.	Member Secretary

(b) Name of the Institutional Ethical Committee Members:

1.	Prof. Banwari Lal Gaur, Former Vice Chancellor, Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University, Jodhpur,	Chairman
2.	Prof. S.P. Agnihotri Institute of Respiratory Diseases& Tuberculosis, S.M.S. Medical College, Jaipur	Member
3.	Dr. Ram Kishor Joshi Prof. & Head, PG Deptt. of Kayachikitsa, National Institute of Ayurveda, JAIPUR	Member
4.	Dr. Lokendra Kumar Sharma Professor, Deptt. of Pharmacology, S.M.S. Medical College, Jaipur	Member
5.	Dr. Yogesh Kumar Gupta Associate Professor, Deptt. of Pathology, S.M.S. Medical College, Jaipur	Member
6.	Sh. Pawan Kumar Vashistha, Prosecution Officer, Govt. of Rajasthan	Member
7.	Sh. Jagdish Sharma Social Worker	Member
8.	Sh. Parmanand Panwar Lay Person	Member
9.	Dr. Monika Kumari, Research Officer (Ay.) & Member secretary	Member

II. TECHNICAL REPORT

(1)Programmes allotted/completed during the reporting period 2023-24

S. No.	Name of the Programme	Details
1.	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study	The project has been allotted under IMR Annual action plan 2019-20. This is an cluster study Randomized Parallel-Group Study of a 2 groups of sample size 240. The study aims to assess the impact of Ayurveda based lifestyle advocacy and practices on health of apparently healthy volunteers. The total duration of the study is 3 years. Ethical approval for the study has been obtained on 13.03.2020. The project was initiated in June 2022. The enrollment of subjects (Total 238) has been completed in February 2023. Out of these 118 participants were enrolled in group 1 (intervention group), and 120 participants were enrolled in group 2 (control group). Till date 226 subjects are continuing and 12 subjects have dropped out.
2.	Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity)	The project has been allotted under IMR annual action plan 2018-19. The project had been initiated on 24.11.2021 with enrolment of 1st subject. The project has been completed on 23.09.2023 with completion of last enrolled subject. Total 66 subjects were screened. As per target 50 subjects were enrolled in the project; 37 subjects completed the study and 13 subjects drop out of study.
3.	Clinical Evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)	The project has been initiated on 25.07.2022. A total of 50 patients were enrolled. Among them, 40 subjects completed the study successfully and 10 subjects were dropped out of the study. The study was completed in January 2024. The e-format was submitted to CCRAS headquarters, New Delhi for data analysis.
4.	Clinical evaluation of Lashnadi Vati and Pippaldyasava in the management of Agnimandya	The project has been allotted under IMR annual action plan 2018-19. The project has been initiated on 02.02.2023. Up to 31st March, 2024, 76 cases were enrolled, 72 case were completed and 03 cases were dropout. 01 cases were continued.
5.	Randomized, Placebo Controlled, Double-Blind Clinical Trial to Evaluate the Effect of Trikatu in Sub-Clinical Hypothyroidism	The project has been initiated in the month of March 2022. During the reporting period, Up to 31st March, 2024, 1091 cases were screened, out of which 90 cases were enrolled, 63 case were completed and 14 cases were dropout. 13 cases were continued.
6.	Documentation of the Life profile of luminaries in the field of Ayurveda	This IMR project was assigned to the Institute in December 2022. The assigned luminary was Mahakavi Shree Shree Krishan Ram Bhatt. Data collection from the available texts was initiated in the month of 02.01.2023. The interview with family members of the luminary was conducted in February 2023. Ist draft of the manuscript was submitted in March 2023. The revised draft was submitted in May 2023. The research article was submitted in JRAS for (March April) issue in Nov 2023. The work is completed.
7.	Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.	The project has been initiated in the month of September 2023. During the reporting period, Up to 31st March, 2024, 12 cases were screened, out of which 12 cases were enrolled. No dropout.

<table>
<tr><td>8.</td><td>General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affaris</td><td>The project has been sanctioned and will be initiated.</td></tr>
<tr><td>9.</td><td>Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study</td><td>The project has been initiated in the month of July 2023. The total duration of the study is 16 Months. The budget sanctioned for the project is Rs. 7,98,200/-. The first installment of Rs. 4,86,920/- has been received on 31/05/2023 for the Initiation of the study. Till date (31 March 2024) 465 patients have been enrolled. The study is continuing.</td></tr>
<tr><td>10.</td><td>Collaborative Study “Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)”. MoU with (1) Parul Institute of Ayurveda & Research, Parul University, Gujarat (2) Sant Dnyaneshwar Shikshan Santha's, Hon. Shri Annasaheb Dange Ayurved Medical College, Maharastra (3) Yashwant Ayurvedic College, Kolhapur, Maharashtra (4) Maharashtra University of Health Sciences, Nashik (Maharashtra)</td><td>The project has been initiated in all collaborating Institutes. The details of enroll participants is as below.
<table>
<tr><th>Name of the Institute</th><th>No of cases screened</th><th>No of cases enrolled</th><th>Screening failure</th><th>Drop outs</th><th>No of cases continuing</th></tr>
<tr><td>1. MUHS, Nashik</td><td>49</td><td>24</td><td>25</td><td>02</td><td>22</td></tr>
<tr><td>2. Yac, Kodoli</td><td>05</td><td>02</td><td>03</td><td>00</td><td>02</td></tr>
<tr><td>3. PIAR, Vadodara</td><td>28</td><td>10</td><td>18</td><td>00</td><td>10</td></tr>
<tr><td>4. ADAMC, Ashta</td><td>12</td><td>05</td><td>07</td><td>00</td><td>05</td></tr>
</table></td></tr>
<tr><td rowspan="2">11.</td><td>Women and Child Health Care Programme (WCH) under Scheduled Caste Sub Plan (SCSP)- 2023-24</td><td>Total 216 survey tours / health camps were conducted in selected villages. Total 3940 SC women and Children (1861 women and 2079 children) were surveyed to get health related demography. Total 6057 women and children were treated through mobile health camps, of which 4374 were SC women whereas 1490 were SC children. Total 6510 (2976 Hemoglobin, 2596 Blood Sugar Level, 938 other investigations) investigations were carried out as per need of the patients. Total 79 awareness activities were carried out during the year.</td></tr>
<tr><td>➢ Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study underWCH-SCSP 2023-24</td><td>Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea" is the title of this IMR project. A future community-based study" was designated as a 2023–24 IMR Annual Action Plan project. It has the potential to enhance the psychological well-being of research participants. The goal of the current study was to evaluate Rajapravartani Vati and Saraswatarishta's efficacy in treating primary dysmenorrhea based on the classical claim. 46 patients were enrolled in the trial out of the total 54 participants that underwent screening. Six patients withdraw and 40 participants under ongoing. The Project is still ongoing.</td></tr>
<tr><td>12.</td><td>Tribal Health Care Research</td><td>During the reporting year 2023-24, total 191 health camps and</td></tr>
</table>

	Programme (THCRP)	health surveys were conducted in 05 villages of district Jhadol, Udaipur of Rajasthan. Total 3809 populations have been covered in these surveys of tribal population. In these villages, investigations were carried out and free medicines were given to 6554 patients belonging to tribal population. Total 08 Folklore claims documentation were collected. Total 5718 numbers of investigations (2691-Hb, 2549-Blood sugar, 478-other investigations) were carried out as per need of patients.
	➢ Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study under THCRP 2023-24	This project started from 21.11.2023 and completed on 22.03.2024. Total target of 40 subjects was completed under this project.
13.	National Pharmaco-vigilance program for ASU drugs	During the current reporting year 22153 subjects were studied to evaluate the suspected adverse drug reactions. None of the patients reported any ADR of the drugs being used.

(2) Articles published in reputed Journals:

(a) International Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
1.	Dr. Kishor Gavali	Influence of Season of Birth on Symptomatology of Coronavirus Disease 2019: An Observational Study Based on Ayurveda Concept of Immunity	Journal of Ayurveda ¦ Volume 18 ¦ Issue 1 ¦ January-March 2024 DOI: 10.4103/joa.joa_257_22	March 2024
2.	Dr. Monika Kumari	Development of a standardized assessment scale for assessing Prakriti (psychosomatic constitution)	Ayu Journal	December 2023

(b) National Journal

S. No.	Name of the Author(s)	Title of the Paper	Name of the Journal, Volume, Page no. etc.	Date of publication (Month & Year)
-	-	-	-	-

(3) Articles published in Proceedings of Conference/Seminar/Webinar/Workshop etc. (International & National level):

S. No.	Name of the Author(s)	Title of the Paper	Name of the Conference/Seminar/ Webinar/Workshop etc. along with organizer and venue	Date of publication (Month & Year)
1.	Dr. Kishor Gavali	Standardizing Swarna Prashna in Ayurvedic Medicine Feasibility Necessity and Implications	Global Ayurveda Festival 2023 organized by GAF-IAS International, Greenfield International Stadium, Thiruvananthapuram, Kerala	December 2023

(4) Other publications:

Publication (Books/Booklets/Chapter/Technical reports/Monographs etc.)

S. No.	Name of author	Title of the Books/Booklets/ Chapter/Technical reports/ Monographs	Contribution	Publisher with year of publication (Month & Year)
-	-	-	-	-

(5) Paper presented in Conference/Seminar/Webinar/Workshop etc.

S. No.	Name of the Author(s)	Title of the Paper Presented	Name of the Conference/Seminar/ Webinar/Workshop	Name of organizer and Venue	Date of the event (Month & Year)
1.	Dr. Monika Kumari	Role of Ayurveda in lifestyle in metabolic disorders	Webinar for sensitization of Ayurveda doctors of National Ayush Mission of Rajasthan	MSRARI, Jaipur	31.10.2023
2.	Dr. Kishor Gavali	Applied aspects of different swedana	Standardization of Pediatric Panchakarma	National Institute of Ayurveda (DU), Jaipur	15.09.2023 to 16.09.2023

		procedure in children- preparation of clinical protocol			
3.	Dr. Suhas A. Chaudhary	Training given on topic of "Latest Research Trends in Ayurvedic Sciences : A short Appraisal of CCRAS"	State Level Ayush Health Fair, Dudu, Rajasthan.	Department of Ayush, Govt. of Rajasthan	10.03.2024
4.	Dr. Suhas A. Chaudhary and Dr. Kishor Gavali	Thurst Research Area in Kaumarvhritya	Professional Development Workshop	Parul Institute of Ayurveda, Vadodara.	22.03.2024

(6) Seminar/Conference/Workshop/Meeting organized by the Institute:

S.No.	Title of Seminar/ Conference/Workshop	Institute/National / International	Date
1.	International Yoga day was celebrated in Institute in which whole staff and patients took active part.	Institute Level	21.06.2023
2.	Blood Donation Camp was organized	Institute Level	14.06.2023
3.	IEC meeting was conducted for various projects.	Institute Level	03.05.2023 and 22.06.2023
4.	Azadi Ka Amrit Mahotsav 2.0 is being celebrated by delivering lectures and special health camps on theme Health and Wellness in institute and outreach programs	Institute Level	May 2023
5.	World environment day is being celebrated in the institute through regular awareness lectures in OPD and outreach programmes and plants distribution	Institute Level	May 2023
6.	Quarterly Hindi workshop organised at the Institute. Sh. Srikrishan Chandra Sriwastav, Assistant Director (Rajbhasha), Jaipur delivered the lecture on the topic "संविधान में राजभाषायी प्रावधान" as guest speaker.	Institute Level	24.06.2023
7.	Workshop on Ayurvedanusar dincharya and felicitation ceremony of Mahakavi Sri Sri Krishan Ram Bhatt" was organized by the Institute at Science Park Auditorium, Jaipur.	Institute Level	02.09.2023
8.	Poshan Mah was celebrated in the month of September 2023, various activities like awareness lectures in OPD and outreach programmes, distribution of nutritious products in various schools, anaemia testing of school students, plantation of plants having nutritional value in schools and webinar entitled role of Traditional and regional nutritious foods in promotion of health were conducted.	Institute Level	01.09.2023 to 30.09.2023
9.	Hindi Pakhwada was celebrated by this Institute, In which various competitions e.g. essay, singing, antakshari, quiz and debate were organized in the institute.	Institute Level	14.09.2023 to 30.09.2023
10.	Swachhata Pakhwada was celebrated in the Institute and a pledge on swachhata was taken in the institute and the staff participated in a voluntary cleaning campaign an hour of shramdan under the supervision of the Assistant Director Incharge of the Institute.	Institute Level	15.09.2023 to 30.09.2023
11.	The institute organized a webinar entitled 'The role of Traditional and regional nutritious	Institute Level	30.09.2023

	foods in promotion of health		
12.	National Sports week was observed and various Sports competitions e.g. volleyball, badminton, skipping, and cricket, were organized for the institute's staff.	Institute Level	21.08.2023 to 29.08.2023
13.	Activities under three months campaign of Vigilance awareness week 2023 have been initiated viz. display of PIDPI poster and banner in institute, and awareness lectures against corruption in institute and in outreach programmes. In which various competitions essay, debate were conducted for the Institutes staff.	Institute Level	20.09.2023 to 05.11.2023
14.	Quarterly Hindi workshop organised at the Institute. Smt. Megha Sharma, Assistant Director (Rajbhasha), Jaipur delivered the lecture on the topic "हिन्दी शिक्षण योजना" as guest speaker.	Institute Level	29.09.2023
15.	“Swacchata Hi Sewa Mission” was conducted on dated 01.10.23 in Institute in which cleaning of nearby area of Institute was done by Institute staff under the guidance of Assistant Director In-charge.	Institute Level	01.10.2023
16.	Under the 8th Ayurveda Day Celebration 2023 Institute, an exhibition cum mini expo was organized in the Institute from 10.10.2023 to 10.11.2023 to display the achievements of CCRAS, publications of CCRAS etc. In expo regular awareness lectures to general public and distribution of medicinal plants was done.	Institute Level	10.10.2023 to 10.11.2023
17.	The bikers rally was organized by the Institute from Jawahar Circle to Hawamahal on 05.11.2023 under the “8th Ayurveda Day 2023” . The objective of the rally was to make the general public more and more aware of Ayurveda and to motivate them to adopt Ayurveda under the 'Ayurveda for One Health' campaign.	Institute Level	05.11.2023
18.	Run for Ayurveda' rally was organized by the Institute on 07.11.2023 from 7.00 AM to 7.45 AM under the “8th Ayurveda Day 2023”, in which the employees of the Institute as well as students and participants of different age groups participated.	Institute Level	07.11.2023
19.	This Institute organized a webinar for sensitization of Ayurveda doctors of National Ayush Mission of Rajasthan State	Institute Level	31.10.2023
20.	A training workshop organised under Vigilance Awareness Week 2023, in which Madam Param Jyoti, IGP Vigilance, Rajasthan	Institute Level	04.11.2023

	Police, Jaipur trained the staff on PIDPI resolution, procurement, cyber hygiene and security, procedure of organization etc		
21.	Quarterly Hindi workshop organised at the Institute. Sh. Dal Chand, Ex. Assistant Director (Rajbhasha), Jaipur delivered the lecture on the topic "लेखन कला एवं वर्तनी सुधार" as guest speaker.	Institute Level	23.12.2023
22.	Poshan Pakhwada was celebrated by this Institute. As per the assigned theme various lectures in awareness camps on healthy dietary practices (regional and seasonal) were conducted in MSRARI Jaipur OPD and outreach camps to sensitize the OPD patients and general public	Institute Level	11.03.2024 to 23.03.2024
23.	Publication week was celebrated in the institute, in which 10 Research officers (Ayurveda) from different peripheral institutes and CCRAS Hqrs. participated and completed the work of assigned research articles.	Institute Level	19.02.2024 to 25.02.2024
24.	Quarterly Hindi workshop organised at the Institute. Sh. Rajesh Meena, Assistant Director (Rajbhasha), Jaipur delivered the lecture on the topic "यूनिकोड द्वारा कम्प्यूटर पर हिन्दी में कार्य" as guest speaker.	Institute Level	15.03.2024

(7) Seminar/Conference/Workshop/Meeting participated by the Officers

S.No.	Name of the participant	Name of Seminar/ Conference/Workshop/Meeting	National/ International	Date of participation
1.	Dr B. R. Meena Assistant Director Incharge	AVALOKANA -2023 (Planning and Review meeting of CCRAS Activities) orgainsed by CCRAS Hqrs., New Delhi	National	05.04.2023 to 06.04.2023
2.	Dr B. R. Meena Assistant Director Incharge	VC meeting to discuss the feasibility of conducting a multi-centre clinical study	National	13.04.2023
3.	Dr B. R. Meena Assistant Director Incharge	Virtual meeting to review the progress of the IMR multi-center study "Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study"	National	26.04.2023
4.	Dr B. R. Meena Assistant Director Incharge	Review the progress of projects under SMART Program through VC	National	04.05.2023
5.	Dr B. R. Meena Assistant Director Incharge	SPARROW Training for APAR 2022-2023.		11.05.2023
6.	Dr B. R. Meena Assistant Director Incharge	VC meeting to discuss regarding activities to be carried out for celebrating the World Environment Day	National	05.06.2023
7.	Dr B. R. Meena Assistant Director Incharge	VC Meeting on preparation of draft proposal to send NCISM for Conduction of Online Elective Courses for UG students	National	05.06.2023
8.	Dr. Monika Kumari and Dr. Kishor Gavali	11th ISC committee meeting	National	26.05.2023
9.	Dr. Kishor Gavali Dr. Monika Kumari and Dr. Suhas A Chaudhary	Virtual meeting for finalisation of CRF of project entitled Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial organized by CCRAS Hqrs.	National	
10.	Dr. V. B. Kumawat Dr. Kishor Gavali and Dr Monika Kumari	Review meetings regarding the conduction of various projects under WCH and THCRP	National	09.05.2023 and 19.05.2023

11.	Dr B. R. Meena Assistant Director Incharge, Dr Monika Kumari and Dr. S. K. Vedi	Virtual meeting regarding the multicenter IMR study 'Impact of Ayurveda based lifestyle advocacy & practices among apparently healthy individuals across selected cities in India: A randomized parallel group study'	National	13.06.2023
12.	Dr B. R. Meena Assistant Director Incharge and all the Research Officers	Half-day workshop on orientation to design public health research proposals for a grant	National	18.05.2023
13.	Dr. D.S. Rotwar	Focused group meeting on Medicinal Plant Research and Pharmacology organized by ACRI Guwahati	National	24.04.2023 19.06.2023 29.05.2023
14.	Dr Kishor Gavali and Dr Suhas A Chaudhary	SRF interview meeting for IDA project to be initiated in Parul Institute Of Ayurved And Research, Parul University, Gujarat-391760, Yashwant Ayurvedic College, P.G.T. & R.C., Kodoli, Kolhapur, Maharashtra- 416114. Sant Dnyaneshwar Shikshan Sanstha's, Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta, Sangli, Maharashtra, India 416 301 and Maharashtra University Of Health Sciences, Mhasrul, Nashik, Maharashtra - 422004	National	02.06.2023
15.	All the Research Officers	Online orientation session for up to date advanced on organized by CCRAS library section	National	02.06.2023
16.	Dr B. R. Meena, Assistant Director Incharge and Dr. Monika Kumari	VC meeting to discuss the issues related to the initiation of the multi-centre survey study titled "Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multi-centre cross-sectional survey study"	National	04.07.2023
17.	Dr B. R. Meena, Assistant Director Incharge	Pharmacovigilance Programme meeting in hybrid mode	National	05.07.2023
18.	Dr. V. B. Kumawat and Dr Kishor Gavali	Training workshop "Investigator and Project Personnel Training for the Research Studies under Public	National	06.07.2023 and 07.07.2023

		Health Care Programme for the Year 23-24" organised by CCRAS-CARI Bhubaneswar		
19.	Dr B. R. Meena, Assistant Director Incharge	VC meeting regarding to discuss the issues related to new initiatives on "Health screening of Ekalavya Residential Model Schools (EMRS) Students	National	11.07.2023
20.	Dr B. R. Meena, Assistant Director Incharge and All the Research Officers of Institute	National Accreditation Board for Hospitals & Healthcare Providers (**NABH**) sensitizing the Institutes about **NABH requirements pertaining to Statutory compliances (including Fire NOC, Registration certificate, etc.**) through a virtual training session	National	17.07.2023
21.	Dr. V. B. Kumawat and Dr. Monika Kumari	Monthly review meeting for the status of THCRP 2023-24	National	31.07.2023, 24.08.2023, 21.09.2023
22.	Dr B. R. Meena, Assistant Director Incharge	Training Session for officers of M/o Ayush and organizations under M/o Ayush for procurement through GeM	National	20.07.2023
23.	Dr. Kishor Gavali and Dr S.K. Vedi	Monthly review meeting for the status of WCH-SCSP 2023-24	National	28.07.2023, 25.08.2023, 21.09.2023
24.	Dr. Kishor Gavali	National Webinar from on the occasion of World Breastfeeding Week, organised by Department of Kaumarbhritya and Prasutitantra-Streeroga (Pune District Association's College of Ayurved and Research Centre.)	National	01.08.2023 to 05.08.2023
25.	Dr. S. K. Vedi and Dr. Monika Kumari	VC meeting for the multi-centre lifestyle project and to discuss the extension of tenure of the study and the required budget for this and the next financial year, organised by CCRAS Hqrs.	National	26.07.2023
26.	Dr D.S. Rotwar	VC meeting of the GIT Focus group for resubmission of summary and brief research protocol of IMR project 'Clinical evaluation of Chitrakadi gutika in the management of Functional Dyspepsia.	National	10.08.2023
27.	Dr B. R. Meena,	VC meeting to discuss about the	National	16.08.2023

	Assistant Director Incharge	Gardens of CCRAS peripherals institutes		
28.	Dr. D.S. Rotwar	VC meeting of the MPR Focus group to discuss the projects that could not be cleared in the last ISC and PEMC and new concepts.	National	01.09.2023
29.	Dr B. R. Meena, Assistant Director Incharge	Webinar on "The role of Traditional & Regional Nutritious food for Heath Promotion"	National	20.09.2023
30.	Dr. V B Kumawat Dr. Kishor Gavali Dr. Monika Kumari	Virtual Meeting to discuss the feasibility of research projects submitted by various institutes for execution in 2024-25 under WCH-SCSP, AMHCP-SCSP & THCRP-TSP	National	21.09.2023
31.	Dr Monika Kumari	Participated and presented a project entitled "Palandurajshatakam (Padarthprakashika Tika and English Translation)" in the Focused Group meeting of Literary research	National	21.09.2023
32.	Dr. Kishor Gavali	Participated as a resource person for 2 Days workshop on "Standardization of Paediatric Panchakarma" and delivered a talk on "Applied Aspects of different Swedana procedures in Children-Preparation of clinical protocol organized by Bal Roga Dept of National Institute of Ayurveda (DU), Jaipur	National	15.09.2023 and 16.09.2023
33.	Dr. B. R. Meena Assistant Director Incharge	Participated in the CCRAS-Manthan Avalokan Meeting at CCRAS Hqrs., New Delhi.	National	25.09.2023 to 26.09.2023
34.	Dr. B. R. Meena Assistant Director Incharge	VC meeting regarding Celebration of 8th Ayurveda Day	National	30.09.2023
35.	Dr. B. R. Meena Assistant Director Incharge	Training of e-Office	National	11.10.2023
36.	Dr. B. R. Meena Assistant Director Incharge	Training Cum Webinar on Cyber Security Awareness	National	27.10.2023
37.	Dr. B. R. Meena Assistant Director Incharge Dr. Monika Kumari	Participated in training workshop on "Ethics Guidelines for Biomedical & Health Research involving Human Participants" on	National	03.11.2023

		3rd November 2023 organized by CARI Punjabi Bagh at CCRAS HQ Ayush auditorium. All the ethics committee members of Institute, Research officers and Institute Incharge participated in the same through VC.		
38.	Dr. Monika Kumari	Presented the research project on pharmacovigilance in the 18th Meeting of Internal Scrutiny Committee (ISC) - Pharmacovigilance related projects organized by CCRAS Hqrs.	National	06.12.2023
39.	Dr. B.R. Meena, Assistant Director Incharge and Dr. S.K. Vedi	Participated in the Joint Regional Official Language Conference and Award Distribution Ceremony of the Northern Region-I and Northen Region-II organized by the Department of Official Language, Ministry of Home Affairs at Jodhpur, Rajasthan.	National	28.12.2023
40.	Dr. V. B. Kumawat and Dr. Monika Kumari	Monthly review meeting for the status of THCRP 2023-24	National	13.10.2023, 30.11.2023, 13.12.2023
41.	Dr B. R. Meena, Assistant Director Incharge and all the Research Officers	Meeting to discuss Research Projects for 2023-24 under Public Health Research Programmes	National	21.11.2023
42.	Dr. Kishor Gavali and Dr. Suhas Chaudhary	Two days workshop on "CCRAS BEST Training for SMART Investigators (BEST-Building Ethics, Standards and Transparency) On Research Site Specific Standard Operating procedures for Clinical Investigators and staff organised by CARI, New Delhi	National	26.10.2023 to 27.10.2023
43.	Dr. Kishor Gavali	Review meeting for WCH-SCSP through VC	National	30.10.2023
44.	Dr. Kishor Gavali	"Research Ethics and GCP training" for research tream members under the SMART program as participant through virtual mode organized by NARIP, Cheruthuruthy, under CCRAS, Ministry of Ayush.	National	02.11.2023
45.	Dr Kishor Gavali	Awareness program on NABL accreditation for Ayush Scientists organized by CCUM, New Delhi	National	02.11.2023

		held at Regional Institute of Unani Medicine, Mumbai.		
46.	Dr. Kishor Gavali	Meeting under the chairmanship of DDG for the planning of the Research Projects to be undertaken in 2024-25 under Public Health Research Programmes.	National	22.11.2023
47.	Dr. Kishor Gavali	Review Meeting SMART IDA Project	National	23.11.2023
48.	Dr. Kishor Gavali	International seminar on Global Ayurveda Festival at Thiruvanantpuram	National	01.12.2023 to 05.12.2023
49.	Dr. Kishor Gavali	Review Meeting for the project "Effectiveness of Rajapravartani Vati and Saraswatarishta in Dysmenorhoea - A prospective community based study"	National	01.12.2023
50.	Dr B. R. Meena, Assistant Director Incharge	ILSI India Annual Meeting and Scientific Symposia	National	05.12.2023
51.	Dr. Kishor Gavali	Review meeting for WCH-SCSP through VC	National	11.12.2023
52.	Dr B. R. Meena, Assistant Director Incharge	Meeting related to COVID-19 preparedness through VC	National	26.12.2023
53.	Dr B. R. Meena, Assistant Director Incharge	Review meeting regarding the status of eOffice, Scanning of files and Video Conferencing setup	National	31.01.2024
54.	Dr. Kishor Gavali	Review meeting of “Sub-clinical Hypothyroidism” project through VC	National	01.02.2024
55.	Dr. Kishor Gavali	Review meeting for WCH-SCSP	National	12.01.2023
56.	Dr B. R. Meena, Assistant Director Incharge	National Seminar on "Exploring new avenues in Novel Drug Dosage Development and Pharmaceuticals R & D in Ayurveda	National	03.02.2024 to 04.02.2024
57.	Dr. Kishor Gavali and Dr. S.K. Vedi	Monthly review meeting for the status of RCH programm 12.02.24. and 15.03.24.	National	12.02.2024 and 15.03.2024
58.	Dr, Kishor Gavalai, Dr. V.B. Kumawat and Dr.Monika	Interaction session on Module-1 (Fundamentals of Epidemiology) and Meeting regarding drafting of articles on Health-Related Demography of WCH-SCSP	National	14.02.2023 23.02.2023
59.	Dr. V. B. Kumawat and Dr. Monika Kumari	Virtual meeting regarding drafting of articles on Health-Related Demography of THCRP-	National	09.02.2024 and 23.02.2024

		TSP		
60.	Dr. Monika Kumari	Meeting related to the multicentric Pharmacovigilance Proposal organized by RARI Ranikhet under the guidance of CCRAS Hqrs.	National	04.03.2024
61.	Dr. Darasingh Rotwar	Two days National Seminar on "Exploring new avenues in Novel Drug Dosage Development and Pharmacueticals R&D in Ayurveda" organized by Central Ayurveda Research Institute, Jhansi (U.P.).	National	03.02.2024 to 04.02.2024
62.	Dr. Monika Kumari	Bioethics training to IEC Members under SMART Program coordinated by NARIP, Cheruthuruthy	National	11.03.2024
63.	Dr. Monika Kumari Dr. S.K. Vedi	Two days Interactive meet of Investigators to discuss and finalize the implementation strategy of the project entitled "General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Model Residential Schools (EMRS) functioning under M/o Tribal Affairs" at CCRAS Hqrs., New Delhi	National	22.03.2024 to 23.03.2024
64.	Dr. B. R. Meena, Assistant Director Incharge, Dr. S.K. Vedi Dr Monika Kumari	VC meeting to discuss about implementation of the project "General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathiएस Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affairs." Organized by CCRAS Hqrs.	National	29.02.2024
65.	Dr. Suhas A Chaudhary	11th PEMC of CCRAS Meeting through VC.	National	28.03.2024
66.	Dr. Suhas A Chaudhary	State-level Arogya Mela at Dudu organized by Rajasthan Govt.	National	09.03.2024 to 12.03.2024
67.	Dr. V. B. Kumawat Dr Monika Kumari	Monthly review meeting for the status of THCRP 2023-24	National	12.02.2024 and

				18.03.2024
68.	Dr. V. B. Kumawat Dr. Kishor A. Gavali Dr. Monika Kumari	Review meeting regarding THCRP-TSP, AMHCP-SCSP and WCH-SCSP programmes to be conducted in 2024-25	National	14.03.2024

(8) Organized Arogya Mela/ Exhibition/ Camps/ Others

S. No	Name of Mela/Exhibition/ Camp	Organizer	Duration & Place	Activities
1.	National Arogya Trade Fair	PHD Chamber of Commerce and Industry	20.04.2023 to 23.04.2023	Placed Council's stall for exhibition of Council's Research Activities and Patent Products, Free Medical Camp, Free distribution of medicine, Free distribution of CCRAS publications and IEC materials.
2.	"8th Ayurveda Day-2023"	CSIR, Pilani, Rajasthan	10.11.2023	Placed Council's stall for exhibition of Council's Research Activities and Patent Products, Free Medical Camp, Free distribution of medicine, Free distribution of CCRAS publications and IEC materials.
3.	Free Medical Camp	MSRARI, Jaipur, in collaboration with the Ayurveda Department, Government of Rajasthan	10.11.2023	Free medical camps on a large scale for the general public at 313 AYUSH Health and Wellness Centers in Jaipur district, Rajasthan on the occasion of 8th Ayurveda Day celebration.
4.	State Level Arogya Mela	Dudu, Rajasthan	09.03.2024 to 12.03.2024	Placed Council's stall for exhibition of Council's Research Activities and Patent Products, Free Medical Camp, Free distribution of medicine, Free distribution of CCRAS publications and IEC materials.
5.	Yoga Fest	Sanskriti Vikash Sansthan, Udaipur	08.03.2024 to 10.03.2024	Placed Council's stall for exhibition of Council's Research Activities and Patent Products, Free Medical Camp, Free distribution of medicine, Free distribution of CCRAS publications and IEC materials.

(9) Achievements:-

- The Institute has been awarded with First prize for performing best/maximum work in Rajbhasha Hindi for the Year 2022-23. The award was given by "Nagar Rajbhasha Karyanvayan Samiti (Ka-1), Jaipur on 25.07.2023.
- This Institute Laboratory has been obtained NABL Accreditation Certificate on 16.11.2023.
- The IEC has been provisionally registered in Department of Health Research (DHR), Naitik Portal

III. CLINICAL RESEARCH (Since inception to 2023-24)

Clinical Research (in brief): Brief resume of the clinical work carried out (Disease wise) since inception up to 2023-24

(1) Title of the Project: Clinical study on Amavata

➢ Year and month of starting the study	1973-74
➢ Year and month of closure of the study	1974
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Shuddha Guggulu
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 18
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(2) Title of the project : To evaluate the therapeutic efficacy of Ayurvedic formulation in the management of Tamak Swasa

➢ Year and month of starting the study	1974-75
➢ Year and month of closure of the study	1975
➢ Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy	Swaskuthara Rasa + Kaphaketu Rasa + Sunthi Churna + Somlata Churna
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of Cases: 13
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(3) Title of the project :Clinical study on Amavata

- Year and month of starting the study — 1974-75
- Year and month of closure of the study — 1975
- Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy — Sunthi+Guggulu
- Duration of treatment — 6 weeks
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group-I
No. of cases: 18
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(4) Title of the project:Role of Pippali+Haritaki Yoga in Shula Roga

- Year and month of starting the study — 1978
- Year and month of closure of the study — 1985
- Principal Drugs therapies taken for clinical evaluation/ trial and supporting therapy — Pippali+Haritaki Yoga
- Duration of treatment — 4 weeks
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Group-I
No. of Cases: 132
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

(5) Title of the project:Multicentric Clinical trial of AYUSH-64 on Malaria

- Year and month of starting the study — 1980-1981
- Year and month of closure of the study — 1999-2000
- Principal Drug therapies taken for clinical evaluation and supporting therapy(s) — AYUSH-64
- Duration of treatment — 3-7days
- Diagnosis and response of therapy based on — Both Ayurveda and modern

	parameters
➢ Number of groups and number of cases under each group	No. of Group – I No. of cases: 820
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(6) Title of the project:To evaluate the therapeutic efficacy of coded drug AYUSH-56 in the management of Apasmara (Epilepsy)

➢ Year and month of starting the study	1981
➢ Year and month of closure of the study	1985
➢ Principal Drug therapies taken for clinical evaluation and supporting therapy(s)	AYUSH-56
➢ Duration of treatment	90 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No.of Group- I No. of Cases: 26
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(7) Title of the project:Clinical study on Amavata

➢ Year and month of starting the study	1982-83
➢ Year and month of closure of the study	1983
➢ Principal Drug therapies taken for clinical evaluation and supporting therapy(s)	ShuddhaGuggulu+Guducchyadi Kwath
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group: I No. of cases: 05
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(8) Title of the project:To evaluate the therapeutic efficacy of Vasavaleha in the management of Tamak Swasa

➢ Year and month of starting the study	1980-81
➢ Year and month of closure of the study	1984
➢ Principal Drug therapies taken for clinical evaluation and supporting therapy(s)	Vasavaleha
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 47
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(9) Title of the project:To evaluate the therapeutic efficacy of Vasa Ghanvati in the management of Tamak Swasa

➢ Year and month of starting the study	1982-83
➢ Year and month of closure of the study	1984
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Vasa Ghanvati
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	**No. of Groups- I** **No. of cases: 08**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(10) Title of the project: To evaluate the therapeutic efficacy of Ayurvedic formulation in the management of Tamak Swasa

➢ Year and month of starting the study	1983-84
➢ Year and month of closure of the study	1984
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Bharangi+SunthiChurna
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group-I No. of cases: 22
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(11) Title of the project: Role of Aralu in the cases of Udara Krimi Roga (Intestinal worm infestation)

➢ Year and month of starting the study	1983
➢ Year and month of closure of the study	1987
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Aralu
➢ Duration of treatment	4 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. ofGroup-I No. of cases: 42
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(12) Title of the project:Clinical evaluation of compound formulation in the management of Sweta pradara

➢ Year and month of starting the study	1991
➢ Year and month of closure of the study	1992
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Ashwagandha Churna+Patrangasava+Nirgunditail
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. ofGroup-I No. of cases: 21
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(13) Title of the project:Trial of Ashwagandha Churna in Amavata

➢ Year and month of starting the study	1998
➢ Year and month of closure of the study	1999
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Ashwagandha Churna
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: I No. of cases: 20
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(14) Title of the project:To evaluate the therapeutic efficacy of single/compound Ayurvedic preparation in the management of Gridhrasi (Sciatica)

➢ Year and month of starting the study	1986-87
➢ Year and month of closure of the study	1987
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	ShephaliGhanVati
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups-I No. of cases: 05
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(15) Title of the project:Clinical evaluation on the effect of Ayush-64+Guduchi Sattva+ Sphatika and Saptaparna Ghan Vati in Visham Jwara (Malaria)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	**Group-I** Ayush-64+Guduchi Sattva+Sphatika **Group-II** SaptaparnaGhanVati
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: 02 Total number of cases under each group: Group-I : 186 Group-II: 158
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(16) Title of the project:Clinical Evaluation of Shamana Chikitsa in the management of Amavata (Rheumatoid arthritis)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	**Group-I**- Sunthi+Guggulu+Godanti **Group –II**- Shallaki+Suranjan
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	**No. of Group**: **02** Total No. of cases under each Group: **Group- I- 175; Group-II- 144**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(17) Title of the project:Assessment of therapeutic efficacy of Shirish TwakKwath without Shodhana therapy in the management of TamakSwasa (Bronchial Asthma)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Shirish TwakKwath
➢ Duration of treatment	6 weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Group–01 No. of cases- 172
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

Reproductive Child Health Care Programme

(18) Title of the project:Assessment of therapeutic efficacy of Ayurvedic drugs prescribed in the management of General debility(Daurbalya) without any apparent cause or due to malnutrition

➢ Year and month of starting the study	2000-2001
➢ Year and month of closure of the study	2007-2008
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I ManduradiAvaleha Group-II ManduradiVati
➢ Duration of treatment	12^{th} weeks
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups-02 No. of Cases under each group: Group-I: 56; Group-II: 45
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(19) Title of the project:To study the efficacy of certain drugs in the management of Balatisara

➢ Year and month of starting the study	2001-02
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I Vatsakadi GhanVati + Mustakarishta Group-II JatiphaladiVati+ Mustakarishta
➢ Duration of treatment	7 -10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups- **02** No. of cases under each group: Group-I:**73;** Group-II:**45**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(20) Title of the project: Evaluation of therapeutic efficacy of Ayurvedic management of Non specific cough and cold in children–Bala Kasa (0-5yr).

➢ Year and month of starting the study	2001-02
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I :Vasavaleha Group-II :Kantakariavaleha Group-III:Yastimadhu+Dadim+BanafsaChurna
➢ Duration of treatment	7 – 10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups: 03 Cases under each Group: Group-I: **139;** Group-II: **91;** Group-III: **50**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

(21) Title of the project:Evaluation of therapeutic efficacy of non specific cough and cold in children-BalaKasa (6 - 12yrs)

➢ Year and month of starting the study	2000-01
➢ Year and month of closure of the study	2007-08
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Group-I: Chandramrita Rasa + Talisadi Churna Group-II: NardiyaLaxmivilas + Tankan + GodantiBhasma Group-III :Vasavaleha
➢ Duration of treatment	7 – 10 days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each group	No. of Groups**: 03** No. of Cases under each group: Group-I: **189;** Group-II: **62** Group-III:**76**
➢ Whether the study is continuing? If not, reasons thereof	Study completed
➢ Specific observation if any	None

Family Welfare Clinical Research Programme

(22) Title of the project: Evaluation of therapeutic efficacy as an oral contraceptive

- Year and month of starting the study — 2000-01
- Year and month of closure of the study — 2007
- Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy — 1. AC-4
  2. Group-I Pippalyadi Yoga
  Group-II- Neem Oil (Local contraceptive**)**
- Duration of treatment — Not defined
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of groups and number of cases under each group — No. of Groups:
  1. AC-4- No. of Cases: **680**
  Group-I (Pippalyadi Yoga):
  No. of cases: **127**
  Group-II (Neem Oil):
  No. of cases: **25**
- Whether the study is continuing? If not, reasons thereof — Study completed
- Specific observation if any — None

Table I

S.No.	Year	Group	Drug	No. of cases
1.	1978-2001	-	AC-4	680

(23) Title of the Project:Multicentric Open Clinical trial on Dhatrilauha in Iron deficiency Anaemia

- Year and month of starting the study — 31-03-2009
- Year and month of closure of the study — 27-12-2007
- Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy — Dhatrilauha
- Duration of treatment — 45days
- Diagnosis and response of therapy based on — Both Ayurveda and modern parameters
- Number of cases: — 40 cases completed
  3 cases dropout
- Specific observation if any — None

(24) Title of the project:Multicentric Open Clinical trial on Dhatrilauha in Iron deficiency Anaemia

➢ Year and month of starting the study	27-08-2008
➢ Year and month of closure of the study	31-03-2009
➢ Principal Drug(s) therapies taken for clinical evaluation/ trial and supporting therapy	Dhatrilauha
➢ Duration of treatment	90days
➢ Diagnosis and response of therapy based on	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group-01 No. of cases: 42 cases completed 9 cases dropout
➢ Specific observation if any	None

Vector borne diseases of Ayurveda and Siddha

(25) Title of the project:Documentation of reported episodes of treatment of vector bornediseases of Ayurveda and Siddha:

➢ Year and month of starting the study	13-05-2008
➢ Year and month of closure of the study	2010
➢ Total Claims	5 claims on Chikungunya and 11 claims on Malaria
➢ Specific observation if any	None

Pharmaco-Vigilance Programme

(26) Title of the project:National Pharmaco-vigilance programme for ASU drugs

➢ Year and month of starting the study:	21-01-2008
➢ Year and month of closure of the study:	Continue
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Total No. of Patients/cases	642
➢ Remarks	None of the cases showed any adverse effects.Mostly ADRs found in study are mild type which was subsiding after withdrawal of suspected drugs.

(27) Title of the project:Effect of "AYUSH QOL 2C" (Ayurvedic coded drug) in Stage III and IV Non Small Cell Lung Cancer to prevent side effects of Chemotherapy-A Randomized Phase II Feasibility & tolerability study

- Year and month of starting the study: 01-07-2010
- Year and month of closure of the study: March 2013
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Total No. of Patients/cases 16 cases completed and 13 cases dropout

(28) Title of the project:Clinical evaluation of Punarnavadi Mandura and DadimadiGhrita in the management of iron deficiency Anaemia

- Year and month of starting the study: June 2011
- Year and month of closure of the study: May 2012
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Punarnavadi Mandura and Dadimadi Ghrita
- Duration of treatment: 84days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: No. of Group: 01
No. of cases: 32 cases completed and 03 cases dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(29) Title of the project: Clinical Evaluation of Vyaghri Haritaki in the management of Bronchial Asthma (Tamaka Swasa)

- Year and month of starting the study: June 2011
- Year and month of closure of the study: May 2012
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Vyaghri Haritaki
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: No. of Group: 01
No. of cases: 40 cases completed.
01 cases dropout

- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(30) Title of the Project:Clinical Evaluation of SaptavinshatikaGuggulu and HaridraChurnain the Management of Type II Diabetes Mellitus

- Year and month of starting the study: June 2011
- Year and month of closure of the study: May 2012
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Saptavimshatika Guggulu and Haridra Churna
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: No. of Group: 01
No. of cases: 34 cases completed
06 cases dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(31) Title of the project:Multi Centric Open Clinical Trial of Rajah Pravartini Vati in Kastarthava (Dysmenorrhea)

- Year and month of starting the study: July 2011
- Year and month of closure of the study: August 2012
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Rajah Pravartini Vati
- Duration of treatment: 90 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: No. of Group: 01
No. of cases: 36 cases completed.
02 cases dropout

(32) Title of the project:Clinical Evaluation of Vatari Guggulu, Rasna Saptaka Kashaya and Brihat Saindhavadi Taila in the Management of Rheumatoid Arthritis

- Year and month of starting the study: September 2013
- Year and month of closure of the study: March 2015
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:

  Group – I
  1. Vatari Guggulu (AFI- Part I)
  2. Rasna Saptaka Kashaya (Sahasra Yoga)

  Group –II
  1. Vatari Guggulu (AFI- Part I)
  2. Rasnasaptaka Kashaya (Sahastra Yoga)
  3. Brihat Saindhavadi Taila (AFI-Part I)
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: Target 60 patients
  53 cases completed07 cases dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(33) Title of the project: Clinical Evaluation of Vasavleha in the Management of Stable Chronic Bronchitis

- Year and month of starting the study: January 2015
- Year and month of closure of the study: January 2016
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Vasavleha (API- Part II, Volume I)
- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each

  No. of Group – 01
  Target 42 patients
  41 cases completed
  01 case dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(34) Title of the project: Clinical Evaluation of Navayasa Churna in the management of Iron Deficiency Anaemia

➢ Year and month of starting the study:	December, 2014
➢ Year and month of closure of the study:	September 2016
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Navayasa Churna (API-Part -II, Volume I, pg 49)
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 50 patients 49 cases completed 01 case dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(35) Title of the project: Clinical evaluation of Kanakasava and Trivrit Churna in the management of Bronchial Asthma (Tamaka Swasa)

➢ Year and month of starting the study:	January 2015
➢ Year and month of closure of the study:	June 2016
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Kanakasava (API-Part-II; Vol.-II: Pg. 31) Trivrita Churna (API-Part-I; Vol.-III; Pg. 213)
➢ Duration of treatment:	84 days
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 70 patients 68 cases completed 02 case dropout
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(36) Title of the project: Clinical evaluation of Rudraksa Churna in the management of Essential Hypertension (Uccha Raktachapa)

➢ Year and month of starting the study:	July 2015
➢ Year and month of closure of the study:	June 2017
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and	Rudraksa Churna (API-Part-I; Vol.-IV: Pg. 104-105)

supporting therapy:

- Duration of treatment: 84 days
- Diagnosis and response of therapy based on: Both Ayurveda and modern parameters
- Number of groups and number of cases under each: **No. of Group – 01**
  Target 76 patients
  69 cases completed
  06 case dropout
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(37) Project title: Multicentric Placebo Controlled Clinical Study of Ayurvedic Coded Drug "AYUSH-A" in the management of Mild Bronchial Asthma (Tamaka Shwasa)

- Approval of IMCRP: Clinical Project 2015-16 (Claim Drug)
- Year and month of starting the study: 30.04.2016
- Name of Principal Investigator: Dr. Avinash Kumar Jain, R.O. (Ay.)&
  Dr. Anu Bhatnagar, R.O. (Ay.),
- Name of Co- Investigator: Dr. Gulab Singh Yadav,Asstt. Prof., Institute ofRespiratory Diseases, Jaipur
  Dr. H.M.L.Meena, R.O. (Ay.)
  Dr. B.R. Meena, R.O. (Ay.)
- Study Design: Study Centres: 03
  Sample Size: A total of 300 patients to be enrolled (100 patients per centre with 50 patients in each Group)
- Study Groups: **Group-1:** Ayurvedic Treatment i.e.AYUSH-A (Coded Ayurvedic Herbal preparation) 2gm/day (Tablets of equal size three times in a day)

  Group-2: Patients taking Allopathic medicine + Matching placebo of Ayurvedic Treatment
- Duration of treatment: 14 weeks
- Interventions: Ayurvedic Coded Drug "AYUSH-A"- 001
  Matching placebo of Ayurvedic Treatment "AYUSH-A" – 002
- Date of IEC approval: 01.01.2016
- CTRI Registration Reference (for Clinical Trials) : CTRI/REF/2016/03/011065

Chronological timeline & deliverables:

S. No.	Target	Time line	Achieved/ Not achieved	Causes of deviation, if any
1.	Group-1	1-6 months	Achieved	-
	Group-2		Not achieved	Non-availability of the patients due to Inclusion criteria
2.	Group-1	7-12 months	Achieved	-
	Group-2		Not achieved	Non-availability of the patients due to Inclusion criteria

Brief Summary of the Project during 2016-17:

i. Study Screened Subjects: 34
ii. Enrolled Subjects: 31
iii. Study completed Subjects: 30
iv. Drop out Subjects: Nil
v. Study stopped 01

Summary of the project:

This Multicentric Research project is commenced under Clinical Project 2015-16.The target fixed in the study is 100 subjects in two groups: Group-1 (Only Ayurvedic Treatment **i.e.** Tab.AYUSH-A-001 (Coded Ayurvedic Herbal preparation) 2gm/day) and Group-2 (Allopathic medicine +Matching placebo of Ayurvedic Treatment i.e. Tab. AYUSH-A-002**).** The subjects presenting with the signs and symptoms of Mild Bronchial Asthma between age 18-60 years are selected from OPD of the Institute. Subjects fulfilling the Inclusion and Exclusion criteriaas per protocol and Case Record Form are registered in the study. The enrolled subjects are advised to take Tab. AYUSH A-001 (Ayurvedic Coded Drug) in Group-1 and Tab. AYUSH A-002(Matching placebo of Ayurvedic Treatment) in Group-2 in the dose of 3 tablets thrice a day for 84 days. After that, subjects are called to visit on every 14^{th} day interval for next examination till 84^{th} day along with the follow-up at the end of 14 weeks. During the reporting period 2016-17, 34 subjects have been screened, out of which 31 subjects are enrolled for the study i.e. 26 in Group-1 and 05 in Group-2 while 03 subjects were screen failure. Out of total enrolled 31 subjects, 26 subjects in Group-I and 04 subjects in Group-2 have completed the study and 01 subject was stopped the study because the project has been closed in May, 2017 under the guidelines of CCRAS Hqrs due to non-availability of subjects according to inclusion criteria. This drug has not shown any major adverse effect. **Project has been closed in May, 2017 under the guidance of CCRAS HQ.**

(38) Clinical Evaluation of Rasnadi Kvatha Churna (Maha), Trayodashanga Guggulu and BrihatSaindhavadya Taila in the Management of Osteoarthritis of Knee (JanugataSandhivata)

➢ Year and month of starting the study:	15.12.2017
➢ Year and month of closure of the study:	27th June, 2019
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	RasnadiKvatha Churna(Maha) (AFI – Part I, 4 : 28) Trayodashanga Guggulu (AFI – Part I, 5 : 4): BrihatSaindhavadyaTaila (AFI – Part I, 8 : 40).
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	No. of Group – 01 Target 60 patients Total cases Screened- 93, Enrolled-60, Completed-58 Dropped out-02.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(39) Validation of Prakriti Assessment Questionnaire/Scale

➢ Year and month of starting the study:	March, 2017
➢ Year and month of closure of the study	May, 2019
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ No of cases completed: 60	
➢ Specific observation if any:	None

(40) Testing and validation of Tvak vikar proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study:- March, 2018
- Year and month of closure of the study:- April, 2018
- Whether the study is continuing? If not, reasons thereof: - Study completed
- Specific observation if any: - None

- No of cases completed 10

(41) Testing and validation of Pranavaha sroto vikar proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study: June, 2018
- Year and month of closure of the study: June, 2018
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

- No of cases completed: 10

(42) Testing and validation of grahani roga rogi pareeksha proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- Year and month of starting the study: November, 2019
- Year and month of closure of the study: November, 2019

- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

- No of cases completed 10

(43) Pharmacoepidemiological study on safety and effectiveness of Rasaushadhies - Retrospective analysis

➢ Year and month of starting the study:	April, 2018
➢ Year and month of closure of the study:	March, 2019
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None
➢ No of cases completed	Retrospective data of IPD patients from 01-04-2012 to 31-03-2017 were compiled in given excel format and sent to headquarters time to time.

(44) Knowledge, Attitude and Practice towards Ayurvedic medicine use among the Diabetics - a cross sectional study in India

➢ Year and month of starting the study:	28.11.2018
➢ Year and month of closure of the study:	Nov.2020
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	- A cross-sectional**,** multi centric observational study
➢ Duration of treatment:	-
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	-664 cases surveyed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(45) Testing and validation of Pandu Proforma under Validation and Reliability testing of Ayurveda Diagnostic tools

- **Objectives:** Validation of **Pandu Proforma** under Validation and Reliability testing of Ayurveda Diagnostic tools
- **Sample Size:** 10
- **Intervention**: NA
- Date of initiation of the study: 01.03.2021
- Date of completion of the study: 27.03.2021.

(46) Clinical Evaluation of Drakshasava in the Management of Pandu (Iron Deficiency Anaemia

- Year and month of starting the study: 17.09.2018
- Year and month of closure of the study: March 2021
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: -Drakshasava (Bhaisajyaratnavali, Arsorogadhikara: 170-174; AFI Part II)
- Duration of treatment: -84 days
- Diagnosis and response of therapy based on: - Both Ayurveda and modern parameters
- Number of groups and number of cases under each: -01, target 60, enrolled 58, completed 46, dropout 12
- Whether the study is continuing? If not, reasons thereof: Study completed
- Specific observation if any: None

(47) A prospective non-randomized open label controlled interventional study on the effect of GuduchiGhanVati/ Sudarshan GhanVati as a prophylactic measure among Containment Zone population exposed to COVID 19" (at Bhilwara District, Rajasthan)

- Year and month of starting the study: 06.06.2020
- Year and month of closure of the study: 20.08.2020
- Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy: Group 1: GuduchiGhanVati/ Sudarshan GhanVati+ Standard Prophylactic Care
  Group 2: Standard Prophylactic Care + Sanitizer, mask and also printed IEC material
- Duration of treatment: -30 days
- Diagnosis and response of therapy based on: - Both Ayurveda and modern

	parameters
➢ Number of groups and number of cases under each	-02, target 1500, 1472 were completed and 28 were dropped
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(48) A prospective non-randomized open label controlled interventional study on the effect of Guduchi Ghan Vati/ Sudarshan Ghan Vati as a prophylactic measure among Containment Zone population exposed to COVID 19 (at Ramganj area, Jaipur District, Rajasthan)

➢ Year and month of starting the study:	06.06.2020
➢ Year and month of closure of the study:	20.08.2020
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Group 1: GuduchiGhanVati/ Sudarshan GhanVati+ Standard Prophylactic Care Group 2: Standard Prophylactic Care + Sanitizer, mask and also printed IEC material
➢ Duration of treatment:	-30 days
➢ Diagnosis and response of therapy based on:	- Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	-02, target 1500, 1472 were completed and 28 were dropped
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(49) A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 - A community-based study

➢ Year and month of starting the study:	12 October, 2020
➢ Year and month of closure of the study:	January, 2021.
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	**Group-A (Intervention group):** Participants will receive **Ayurvrda Raksha Kit** Group 2: **follow Standard preventive measures of COVID-19** (liquid soap/soaps for hand wash and mask/masks will be provided)
➢ Duration of treatment:	-30 days
➢ Diagnosis and response of therapy based on:	- Both Ayurveda and modern parameters
➢ Number of groups and number of cases under each	-02, sample size for Intervention group and control group were 8900 and 1100 respectively
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(50) A Prospective Open Labelled Observational Study To Document The Potential Safety Issues And Prescription Trends In Selected Rasausadhi's In Ccras - Opd's Across India

➢ Year and month of starting the study:	08.01.2021
➢ Year and month of closure of the study:	05.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Laxmi Vilas rasa (Naradiya), Sutasekhar Rasa, Tribhuvankirti Rasa, Swasakuthar Rasa, ChandraprabhaVati, Gandhaka Rasayana, Rasa manikya Rasa, Smritisagara Rasa, Arogyavardhini Gutika, Mahayogaraja guggulu, Prabhakar Vati
➢ Duration of treatment:	1 week to 6 weeks
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	Target 110 and 92 were successfully completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(51) Collaborative Research Projects "Validation and reliability testing of diagnostic methods in Ayurveda" with National Institute of Ayurveda, Jaipur

➢ Year and month of starting the study:	03.01.2020
➢ Year and month of closure of the study:	31.08.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	-
➢ Diagnosis and response of therapy	-

based on:

➢ Number of groups and number of cases under each	Patients of following 06 Diseases were enrolled and completed:- Grahani (29 patients), Shvasa (30 patients), Kasa (31 patients), Jvara (31 patients), Prameha (30 patients)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(52) Under IMR (Collaborative) project "Execution in PG thesis Studies on Swasthya Assessment Scale developed by CCRAS" (in collaboration with NIA, Jaipur)

➢ Year and month of starting the study:	13.12.2021
➢ Year and month of closure of the study:	31.12.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	NA
➢ Duration of treatment:	NA
➢ Diagnosis and response of therapy based on:	NA
➢ Number of groups and number of cases under each	Ist Phase:- Target sample size-200 completed. IInd Phase:- Target sample size-100 completed.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(53) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Caste population in India- a Community based, cluster randomized controlled study" (IMR project under AMHCP-SCSP-2021-22)

➢ Year and month of starting the study:	14.09.2021
➢ Year and month of closure of the study:	09.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu taila
➢ Duration of treatment:	12 weeks (84 days)
➢ Diagnosis and response of therapy based on:	Ayurveda Swasthya Assessment Scale (SAS)
➢ Number of groups and number of cases under each	Target -70 participants (Gr.-I-35& Gr.-II-35)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(54) A Prospective Community Based Study for the evaluation of Punarnavadi Mandura in Anemia (Pandu) (IMR project under AMHCP-SCSP-2021-22)

➢ Year and month of starting the study:	12.10.2021
➢ Year and month of closure of the study:	20.04.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Punarnavadi Mandura-500mg., Twice daily just after food.
➢ Duration of treatment:	12 weeks (84 days)
➢ Diagnosis and response of therapy based on:	Moderate Anemia, Changes in disease specific symptoms, Tolerability, FACIT – Fatigue Scale

➢ Number of groups and number of cases under each	-01, 50 were completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(55) A prophylactic community based study to assess the impact of Ayu Raksha Kit in COVID-19 (IMR project under SCSP-2021-22)

➢ Year and month of starting the study:	15.02.2022
➢ Year and month of closure of the study:	22.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	01 Months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	Total target 693 [Gr-I-630 (Intervention) & Gr-II-63 (Control)]
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(56) A prospective community based study for the evaluation of Rajapravartani Vati in the Management of Primary Dysmenorhoea" (IMR project under RCH-SCSP-2021-22)

➢ Year and month of starting the study:	19.07.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Rajahpravartini Vati (Bhaishajyaratnavali, Strirogadhikar)
➢ Duration of treatment:	Before 07 days of the expected date of

	menstrual cycle and continued up to 03 days of the menstruation.
➢ Diagnosis and response of therapy based on:	Visual Analog Scale (VAS), WaLLID score, Hb status
➢ Number of groups and number of cases under each	Total target 50 participants
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(57) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in Women's of schedule Caste population in India- a Community based, cluster randomized controlled study" (IMR project under RCH-SCSP-2021-22)

➢ Year and month of starting the study:	19.07.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu Taila
➢ Duration of treatment:	3 months
➢ Number of groups and number of cases under each	Target -140 Participant (Gr-I 70 and Gr-II 70)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	None

(58) Impact of Ayuraksha Kit in Covid-19- Community Based Prophylactic Study In Tribal population (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	16.02.2022
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	**Chyawanprash**- 6 gm OD in the morning **Ayushkwath** - 3 gm boiled in 150 ml of water filtered and consume once a day **SamshamaniVati** - Two tabs (250 mg each) twice a day with normal water **Anutaila** - Two drop in each nostril once a day
➢ Duration of treatment:	01 month
➢ Diagnosis and response of therapy based on:	COVID-19 like symptoms, Wisconsin Upper Respiratory Symptoms Survey (WURSS-24) questionnaire, WHO Clinical progression scale (10 point), Kessler Psychological Distress Scale (K10)
➢ Number of groups and number of cases under each	Total 2355 subjects have complete the study in group 1 where as 45 were dropouts, and 236 have completed the study in group 2 and 4 were dropout.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(59) A prospective community based study for the evaluation of DhatriLoha in the Management of Anemia (Pandu) (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Dhatri Lauha -500mg, twice a day for 03 months
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Change in hemoglobin percentage, disease specific symptoms, FACIT –Fatigue scale
➢ Number of groups and number of cases under each	Total 35 participants have complete.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(60) Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in schedule Tribe population in India- a Community based, cluster randomized controlled study" (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Anu taila, diet and Lifestyle advocacy
➢ Duration of treatment:	12 week (84 days)
➢ Diagnosis and response of therapy based on:	
➢ Number of groups and number of cases under each	Total 70 participant (35 in each group)
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(61) A prospective community based study for the evaluation of Yograj Guggulu, Ashwagandha Churna and Narayan Taila in Osteoarthritis Knee (Janugat Sandhivata) (IMR project THCRP under Tribal Sub-Plan-2021-22)

➢ Year and month of starting the study:	09.10.2021
➢ Year and month of closure of the study:	31.03.2022
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Yograj Guggulu, Ashwagandha Churna and Narayan Taila
➢ Duration of treatment:	
➢ Diagnosis and response of therapy based on:	Visual Analogue Scale (VAS), Ayurvedic disease specific symptoms of sandhi vata (sandhishula , Sandhishotha , Akunchana

	prasaranayoh vedana, Stambha, sandhisphutana), WOMAC Pain
➢ Number of groups and number of cases under each	-01, target 35, Completed 35
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(62) Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity)

➢ Year and month of starting the study:	24.11.2021
➢ Year and month of closure of the study:	23.09.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Vyoshadi Guggulu (AFI-Part-I, 5:9; API, Part-II, Vol.-II) and Vidanga Churna (API , Part –I, Vol. –II)
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Data is under analysis.
➢ Number of groups and number of cases under each	Total 66 subjects were screened. As per target 50 subjects were enrolled in the project; 37 subjects completed the study and 13 subjects drop out of study.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(63) Clinical evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)

➢ Year and month of starting the study:	25.07.2022
➢ Year and month of closure of the study:	31.01.2024
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Lekhaniya Gana Kashaya [Ch. Su.-4/9(3)] and Arogyavardhini Gutika (AFI – Part – I, 20:4; Pg 258)
➢ Duration of treatment:	12 weeks
➢ Diagnosis and response of therapy based on:	Data is under analysis.
➢ Number of groups and number of cases under each	Total of 50 patients were enrolled. Among them, 40 subjects completed the study successfully and 10 subjects were dropped out of the study.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(64) Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India (IMR project under AMHCP-SCSP-2022-23)

➢ Year and month of starting the study:	26.07.2022
➢ Year and month of closure of the study:	31.10.2022
➢ Study type	Prospective, Cross sectional, Multi centre survey study
➢ Duration of treatment:	-

➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	-01, target 185, Completed 185
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(65) A randomized placebo controlled trial of Ayush SR in Perceived stress (IMR project under AMHCP-SCSP-2022-23)

➢ Year and month of starting the study:	06.10.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	i. Group 1- Ayush SR (Ashwagandha Hydro-alcoholic extract) (Ref. API, Part-I, Volume, VIII, pg - 34-36) and Group 2- Placebo
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	PSS assessment scale.
➢ Number of groups and number of cases under each	Total sample size to be covered was 50 patients. Total 58 numbers of patients were screened, out of which 50 patients were enrolled; 47 patients were completed in study; 03 patients were drop out.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(66) Effect of Ayush SR on psychological status and quality of life of apparently healthy elderly population – A multicenter double blind placebo controlled study (IMR project THCRP under Tribal Sub-Plan-2022-23)

➢ Year and month of starting the study:	28.09.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Group 1- Ayush SR Tablet and Group 2- Placebo Tablet
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	PSS assessment scale.
➢ Number of groups and number of cases under each	02, Group I- 20 & Group II - 20
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(67) Cross sectional survey to determine the prevalence of Non-communicable Diseases) and their risk factor among Scheduled Tribes in selected states across India (IMR project THCRP under Tribal Sub-Plan-2022-23)

➢ Year and month of starting the study:	16.07.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	01, Total sample size 245 completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed

➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(68) Cross sectional survey to determine the prevalence of Non-Communicable Diseases and their risk factors among women belonging to scheduled castes across India (IMR project under WCH-SCSP 2022-23)

➢ Year and month of starting the study:	15.04.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	-
➢ Duration of treatment:	12 months
➢ Diagnosis and response of therapy based on:	-
➢ Number of groups and number of cases under each	01, Total sample size 170 completed
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

(69) Placebo controlled randomized trial of Ayush SR in Post Menopausal Syndrome (IMR project under WCH-SCSP 2022-23)

➢ Year and month of starting the study:	19.07.2022
➢ Year and month of closure of the study:	31.03.2023
➢ Principal Drugs therapies taken for Clinical evaluation/ trial and supporting therapy:	Ayush SR (Ashwagandha Hydro-alcoholic extract) (Ref. API, Part-I, Volume, VIII, pg - 34-36)
➢ Duration of treatment:	90 days
➢ Diagnosis and response of therapy based on:	-

➢ Number of groups and number of cases under each	02, (Group I- 20 & Group II - 20) Total 51 participants were screened, of which 40 patients were enrolled in the study. 38 patients successfully completed the tria with 2 drop-outs.
➢ Whether the study is continuing? If not, reasons thereof:	Study completed
➢ Specific observation if any:	Data will be analysed by CCRAS Hqrs.

IV. CLINICAL RESEARCH (During the reporting period 2023-24)

Clinical Research (in brief): Brief resume of the clinical work carried out during the reporting period 2023-24.

(1) Name of the Project: Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Cluster Randomized Parallel group study.

1. **Objective:**
   - **Primary:** To assess the impact of Ayurveda based lifestyle advocacy and practices on physical and psychological well-being of individuals across selected cities in India.
   - **Secondary:**
     i. To assess the impact of Ayurveda based lifestyle advocacy and practices on Ayurvedic parameters.
     ii. To assess the impact of Ayurveda based lifestyle advocacy and practices on haematological and biochemical parameters.
     iii. To assess the impact of Ayurveda based lifestyle advocacy and practices on inflammatory parameters.
     iv. To assess the impact of Ayurveda based lifestyle advocacy and practices on biomarkers of vascular disease.
     v. To assess the impact of Ayurveda based lifestyle advocacy and practices on biomarkers of bone health.
2. **Study outcome measures:**
   - **Primary outcome measure:** Change in Physical and Psychological parameters in terms of SF-36 HRQOL Questionnaires at baseline & at the end of every 3rd month.
   - **Secondary outcome measure:**
     i. Change in Oral Health Assessment Tool (OHAT) at baseline and at the end of every 3rd month.
     ii. Change in Hair Whitening Scale (HWS) at baseline and at the end of every 3rd month.
     iii. Change in Perceived Stress Scale (PSS) at baseline and at the end of every 3rd month.
     iv. Change in Pittsburgh Sleep Quality Index (PSQI) at baseline and at the end of every 3rd month.
     v. Change in Wrinkle Severity Rating Scale (WSRS) at baseline and at the end of every 3rd month.
     vi. Change in Haematological parameters viz, CBC, ESR at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
     vii. Change in biomarkers of Vascular disease viz. NT-pro BNP, hs-CRP, Homocysteine, Fibrinogen at baseline and at the end of 12 months.
     viii. Change in biomarkers of Bone health viz. Vit D, Serum Calcium, Serum Phosphorus at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
     ix. Change in Liver function test (LFT) & Renal function test (RFT) at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.

x. Change in Lipid profile at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.
xi. Change in metabolic profiles viz. HbA1c at baseline, at the end of 6 months, at the end of 12 months and at the end of 24 months.

3. **Study Design:** Cluster Randomized Parallel-Group Study
4. **Grouping:** 02
5. **Sample Size:** 240 (120 in each group)
6. **Approval of IMR:** IMR Annual action plan 2019-20
7. **Target given by CCRAS Headquarters:** 3year
8. **Timelines:**

   Total Study Period: 36 months
   Preparatory period: 2 months
   Recruitment: 9 months
   Intervention Period: 12 months
   Follow-Up Period: 12 months
   Statistical Analysis: 1 Month
9. **Lifestyle intervention (Ayurveda Lifestyle Advocacy Package): Dincharya , Ritucharya, Sadvritta and Aharavidhividhan**
10. **Participating Centre along with PI:** MSRARI, Jaipur, Rajasthan; PI: Dr. Monika Kumari, R.O (Ay.)
11. **IEC approval**: Ref.F.5/Lab/Pre-iron/Ethics/2007-08CRAI-JPR, Date:13/03/2020
12. **CTRI registration No**: CTRI/2021/05/033785
13. **Date of initiation of the project**: 21.06.2023
14. **Budget allocated**: Rs 1,19,86,560/-

Installment wise release:-

S. No	Installment	Sanctioned Order	Date
1.	Ist Rs. 71,91,936/-	Mi.Si.4117/2019/RARISD/VIJ/TECH/AY.lifestyle/ 1185	26.10.2019
2	2nd Rs. 16,988/-	F. No 3-53/2020-CCRAS/Admin?IMR/5017	29.12.2020
3	3rd 3,56,24,2424	F.No. 9/53/2020/CCRAS/Admin/IMR/718	19.05.2021
4	4th 12,62,500/-	F.No.3-53/2020-CCRAS/Admin/IMR/979	09.06.2022
5	5th 51,99,506/-	F.No3-115/2019-CCRAS/admin/imr/Vol.II part /4619	23.11.2022

15. **Chronological timeline &deliverables :-**

S.No.	Time line	Achieved /Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	-
2.	3-12 months	**Achieved**	-
3.	12-24 months	-	-
4.	24-36 months	-	-

16. **Current status of the study:** Continuing
17. **Summary of the Project:** This IMR project entitled "**Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Cluster Randomized Parallel Group Study**" was allotted under IMR Annual action plan 2019-20. This is an cluster study **Cluster Randomized Parallel-Group Study** of a 2 groups of sample size 240.The study aims to assess the impact of Ayurveda based lifestyle advocacy and practices on health of apparently healthy volunteers. The total duration of the study is 3 years. The budget sanctioned for the project is Rs. 1,19,86,560. The first installment of Rs. 71,91,936 has been received on 04/11/2019for the Initiation of the study. Ethical approval for the study has been obtained on 13/03/2020. The project was initiated in June 2022. The enrolment of subjects (Total 238) has been completed in Feb 2023. Out of these 118 participants were enrolled in group 1(intervention group), and 120 participants were enrolled in group 2 (control group). Till date 231 subjects are continuing and 7 subjects have dropped out.

18. **Relevant information if any**,

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	21.06.2022
3.	Duration of the study:	3 years
4.	Name of the Principal Investigator:	Dr. Monika Kumari, R.O (Ay.)
5.	Name of the Co Investigator:	Dr. S. K. Vedi R.O (Ay.)

(2) Name of the Project: Documentation of the Life profile of luminaries in the field of Ayurveda.

1. **Objective:** Documentation of the Life profile of luminary Shree Shree Krishan Ram Bhatt
2. **Study outcome:** Research paper to be published in UGC-approved Journal or book chapter.
3. **Study Design:** Narrative
4. **Grouping:** NA
5. **Sample Size: 01**
6. **Approval of IMR :** IMR Annual action plan 2022-23
7. **Target given by CCRAS Headquarters:** 6 months
8. **Timelines:**
   Total Study Period: 5 months
   Preparatory period: 2 months
   Documentation and preparation of research paper: 3 months
9. **Participating Center along with PI:** MSRARI, Jaipur, Rajasthan; Name of the Investigators: Dr. B.R. Meena Assistant Director Incharge, Dr. Monika Kumari, R.O. (Ay.) Dr. S.K. Vedi, R.O. (Ay.), Dr. Dara Singh Rotwar, R.O. (Ay.), Dr. Suhas A Chaudhary, R.O. (Ay.)
10. **IEC approval**: NA
11. **CTRI registration No**: NA
12. **Date of initiation of the project**: 02.01.2023.
13. **Budget allocated**: Rs 14,000/-
14. **Chronological timeline &deliverables :-**

S.No.	Time line	Achieved / Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	-
2.	3-months	**Achieved**	-
3.	4-6 months months	-	-

15. **Current status of the study:** Initiated
16. **Summary of the Project:** This IMR project was assigned to the Institute in December 2022. The assigned luminary was Mahakavi Shree Shree Krishan Ram Bhatt. Data collection from the available texts was initiated in the month of 02.01.203. The interview with family members of the luminary was conducted in February 2022. Ist draft of the manuscript was prepared in March 2023. The work is still continuing.
17. **Relevant information if any**,

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	02.01.2023
3.	Duration of the study:	06 months
4.	Name of the Investigator:	Dr. B.R. Meena, Assistant Director Incharge, Dr. Monika Kumari, R.O. (Ay.), Dr. S.K. Vedi, R.O. (Ay.), Dr. Dara Singh Rotwar, R.O. (Ay.), Dr. Suhas A Chaudhary, R.O. (Ay.)

(3) Name of the Project: Clinical Evaluation of Lashunadi vati and Pippalyadyasava in the management of Agnimandya.

1. **Objectives:**
   - **Primary objective:**
     i. To evaluate the efficacy of LashunadiVati and Pippaladyasava in the management of Agnimandya.
   - **Secondary Objective:**
     i. To evaluate the safety of LashunadiVati and Pippaladyasava in the management of Agnimandya
     ii. To evaluate the well-being by Quality of life questionnaire SF-36.
2. **Outcomes measures:**
     i. **Primary outcome measure:** Change in sign and symptoms of Agnimandya (Time frame: 2 weeks)
   - **Secondary outcome measures:**
     - Change in Agnibala (Agni Pariksha tool developed by CCRAS).
     - Change in quality of life by using SF-36 Score.
3. **Sample Design:** Interventional-Randomized parallel group study.
4. **Sample Size:**110
5. **Approval of IMR:** IMR Annual action plan 2018-19.
6. **Target given by CCRAS head quarter:** 02 years.
7. **Timelines:**
   - Total Study Period: 24 months
   - Pre-trial preparation: 03 months
   - Recruitment: 18 months
   - Statistical Analysis: 03 months
   - Treatment duration for the patient: 02 weeks
   - Follow-up visit schedule: 01 week
   - Follow-up after stopping the trial drug: 01 week
8. **Interventions:**
     i. **Lashunadi Vati: API Part II, Vol.III, pg 128**
     - Dose: 2 Tabs. (500 mg) BD
     - Dosage form: Vati (Tablets) of 250 mg
     - Packing form: 15gm. per packing
     - Route of Administration: Oral (to be kept in mouth till it dissolves)
     - Time of Administration: Twice a day after food
     - Duration of therapy: 2 weeks

     ii. **Pippaladyasava: API Part II, Vol. II, pg 49**
     - Dose: 15 ml BD with equal amount of water
     - Dosage form: Asava
     - Packing form: 450ml. per packing
     - Route of Administration: Oral
     - Duration: 02 weeks
9. **Study Groups**
   - Group I- Drugs
   - Group II- Diet & Lifestyle advocacy.

10. **Participating centre along with PI:**

S.No.	**Name of the participating centre**	**Name of PI/Co-PI**
1.	M.S. Regional Ayurveda Research Institute, Jaipur, Rajasthan. (Nodal Center)	PI: Dr. Dara Singh Rotwar, R.O.(Ay.) Co-I: Dr.V.B.Kumawat, R.O.(Ay.) Co-II: Dr. Suhas Choudhary, R.O.(Ay.)

11. **IEC approval:** Dated 06.12.2022.
12. **CTRI Registration No.:** CTRI/2023/01/049085 (Dated 18.01.2023)
13. **Date of Initiation of the Project:** 02.02.2023
14. **Budget allocated:** Rs. 6,89,000/-

S. No.	**Installment**	**Sanctioned Order**	**Date**	**Date of receipt of fund**
1.	1st Rs. 1,50,000	F.No.3-76/2020-CCRAS/ Admn/IMR/1742	04.07.2022	14.10.2022
2.	2nd Rs. 1,13,028	F.No.H.Q-Proj 011/157/ 2023-Proj/2509	24.07.2023	24.07.2023
3.	3rd Rs, 40,000	F. No.1- 33/cash/CCRAS/ 23-24/792	19.03.2024	19.03.2024

15. **Current status of the study:**

No of cases screened	**No of cases enrolled**	**Screening failure**	**No of cases completed**	**Drop outs**	**No of cases continuing**
86	76	08	72	03	01

16. **Summary of the project:-** This IMR project entitled "Clinical Evaluation of Lashunadi vati and Pippalyadyasava in the management of Agnimandya." was allotted under IMR Annual action plan 2018-19. This is Interventional-Randomized parallel group study. Sample size was 110 (55 each group). The study aims to assess the Clinical safety and efficacy of Lashunadi vati and Pippalyadyasava in the management of Agnimandya. The total duration of the study is two years. The subjects presenting with the sign and symptoms of Agnimandya will be selected from the OPD of the institute. Subjects fulfilling the inclusion and exclusion criteria as per the protocol and the case report form will be registered in the study. The subjects will be advised to take Group-A- Lashunadi vati 250 mg twice a day after meal and Pippalyadyasava 15 ml. twice a day with equal water after food for14 days, and Group-B- Lashunadi vati 250 mg twice a day after meal and Pippalyadyasava 15 ml. twice a day with equal water after meal for 14 days with life style advocacy. The subjects will be advised to visit on every 7th days interval for the assessing clinical parameters till 14th days and also instructed to come for follow up at the end of 3rd week (21 days). Total 76 patients had enrolled for the trial till date. Among them 72 completed, 03 patients were dropout the trial and 01 patients are continuing the trial drug. No adverse drug reaction and adverse event had observed till date.

17. **Relevant information if any,**

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	02.02.2023
3.	Duration of the study:	02 years
4.	Name of the Principal Investigator:	Dr. Dara Singh Rotwar, R.O (Ay.)
5.	Name of the Co-Investigator:	Dr. V. B. Kumawat, R.O (Ay.) Dr. Suhas A. Chaudhary, R.O (Ay.)

(4) Name of Project: Clinical evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)

1. **Objectives:**
   - **Primary objective:**
     i. To assess the clinical efficacy of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the Management of Medoroga (Obesity)
   - **Secondary Objective:**
     ii. To assess the clinical safety of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the patients of ofMedoroga (Obesity)

2. **Outcomes:**
   - **Primary outcome measure:**
     i. Symptomatic improvements assessed by means of VAS
     ii. Changes in BMI
   - **Secondary outcome measure:**
     i. Changes in percentage of body fat assessed by DEXA Scan
     ii. Change in Lipid Profile
     iii. Changes in HbA1c

3. **Brief Research Plan:**
   Methods:
   - Study Type : Interventional
   - Purpose : Treatment
   - Masking : Open label
   - Control : Not controlled
   - Timing : Prospective
   - End point : Efficacy and safety
   - No. of groups : Single
   - Sample Size : 50

4. **Milestone with deliverables:**
   Timelines:
   - Total Study Period : 30 months
   - Pretrial preparation : 06 months
   - Recruitment : 18 months
   - Treatment Period : 12 weeks (about 03 months)
   - Follow-up Period : 04 weeks (about 01 month)
   - Statistical Analysis : 02 months

5. **Intervention:**
   i. **Lekhaniya Gana Kashaya [Ch. Su.-4/9(3)]**
   - Dose : 25gm
   - Dosage form : kwathachurna
   - Route of Administration : Oral
   - Time of Administration : Twice a day after food

- Duration of therapy : 12 weeks

ii. **Arogyavardhini Gutika (AFI – Part – I, 20:4; Pg 258)**

- Dose : 500gm (2 Tablets each of 250mg) twice daily
- Dosage form : Tablet
- Route of Administration : Oral
- Time of Administration : Twice a day after food
- Anupan : Lukewarm water
- Duration of therapy : 12 weeks

6. **Participating centre along with PI and CO-I :**

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Suhas Chaudhary, R.O.(Ay.)	Dr. V.B. Kumawat, R.O. (Ay.) Dr. D.S. Rotwar, R.O. (Ay.) Dr. Kishor Gavali, R.O. (Ay.)

7. **Date of IEC approval**: 24/01/2022
8. **CTRI Registration/Reference (for clinical trials)**: CTRI/2022/03/040819 [Registered on: 04/03/2022] - Trial Registered Prospectively
9. **Date of initiation:** 25.07.2022
10. **Budget allocated:** Rs.9,18,000/- was sanctioned vid Council's letter F.No.3-141/2021-CCRAS/Admn/IMR office order no. 951/2021-22 dated 29-12-2021.

Installment-wise release:

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st	Council's letter No.F.No.3-53/2020-CCRAS/ Admn/ IMR/ 979	09.06.2022	16.06.2022
2.	2nd	Council's letter No.F.No.3-141/2021-CCRAS/ Admn/ IMR/ 2324	02.08.2022	05.08.2022
3.	3rd	Council's letter No.HQ-PRJO011/6J/2022/Proj/6045	03.02.2023	09.02.2023
4.	4th	Council's letter No.HQ-PRJO011/65/2022-Proj/1250	30.05.2023	26.06.2023
5.	5th	Council's letter No.HQ-PRJO011/65/2022-Proj/6643	29.12.2023	29.02.2024

6.	6th	Council's letter No.HQ-PRJO011/6J/2022/Proj/8310	07.03.2024	14.03.2024

11. **Summary and current status of the project**: This multicenter Research Project was sanctioned to institute vide CCRAS Council's letter F.No.3-141/2021-CCRAS/Admn/IMR office order no. 951/2021-22 dated 29-12-2021. Budget Rs. 9,18,000/- was sanctioned. For CTRI registration had been applied by nodal centre MSRARI, Jaipur and the Trial Registered Prospectively with CTRI/2022/03/040819 [Registered on: 04/03/2022]. The project has been initiated on 25.07.2022. A total of 50 patients were enrolled. Among them, 40 subjects completed the study successfully and 10 subjects were dropped out of the study. The study was completed in January 2024. The e-format was submitted to CCRAS headquarters, New Delhi for data analysis.

12. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Initiation of the study:	25.07.2022
3.	Completion of the study:	31.01.2024
4.	Name of the Principal Investigator:	Dr. Suhas Chaudhary, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. V.B. Kumawat, R.O. (Ay.) Dr. Dara Singh Rotwar, R.O.(Ay.) Dr. Kishor A Gavali, R.O. (Ay.)

(5) Title of the project: Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.

1. **Objectives:-**
   - **Primary Objectives:-**
     i. To study the effect of Ayush-BR leham in weight for age z score of Moderately malnourished children aged 3 - 5 years
   - **Secondary Objectives:**
     i. To study the effect of Ayush-BR leham in anthropometric measurements of moderately malnourished children aged 3-5 years.
     ii. To study the effect of Ayush-BR leham in the frequency of illnesses in Moderately malnourished children aged 3-5 years
     iii. To study the safety of Ayush-BR leham in moderately malnourished children aged 3-5 years.
2. **Outcomes measures**
   - **Primary:-**
     i. Proportion of participants attaining a change in weight for age z score (WAZ) by 0.5 or more, as per WHO reference standards. (Time frame 16 weeks – at baseline, at every 2 weeks in the first 12 weeks followed by assessment at 16th week)
   - **Secondary**
     i. Changes in the anthropometric measurements (weight, height, mid upper arm circumference) (Time frame – at baseline, at every 2 weeks in the first 12 weeks followed by assessment at 16th week)
     ii. Change in the frequency of illnesses. (Time frame – at the baseline, 12th week and 16th week)
     iii. Safety assessment on the basis of biochemical parameters. ** (Time frame – at the baseline and 16th week)
3. **Brief Research Plan:**
   - Study Type : Prospective, Randomized controlled Trial
   - Study site : Institute OPD and outreach health care program
   - OPD's of MSRARI, Jaipur.
   - Purpose : Survey and OPD
   - Masking : NA
   - Control : Controlled
   - Timing : Prospective
   - End Point : Efficacy
   - No. of Groups : 2
   - Sample Size : 100 (50 in each group)

4. **Milestone with deliverables**
   - Preparatory Period (Recruitment of staff, Preparation of CRFs, Procurement of drugs etc.): 6 months
   - Subject Recruitment: 28 months
   - Treatment Period: 12 weeks
   - Follow up period: 4 weeks

- Data verification, Statistical Analysis & report preparation: 2 months

5. **Intervention:**
   i. **Aravindasava** (AFI part I-Bhaishajyaratnavali, Balrogadhikar: 185-189)
   - Dose: 5ml two times a day
   - Dosage form: Asava
   - Anupana: Water
   - Route of administration: Oral
   - Time of administration : Twice/day before meal.
   - Duration of therapy:4 weeks in Group A and B

   ii. **Ayush-BR leham (Coded formulation newly developed by CCRAS)**
   - Dose: 10gm (in two divided doses)
   - Dosage form: Avaleha
   - Route of administration: Oral
   - Time of administration : Twice/day after meal
   - Duration of therapy: 8 weeks in Group A

6. **Participating centre along with PI and CO-I:**

S. No.	Name of the participating Centre	Name of PI	Name of CoI
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. Suhas Chaudhary, R.O. (Ay.) Dr. Monika Kumari Rotwar, R.O. (Ay.)

7. **Date of IEC approval:** 03.05.2023.
8. **CTRI Registration/Reference (for clinical trials):** CTRI/2023/07/055188
9. **Date of initiation: 15/09/2023**
10. **Budget allocated:** Rs. 25,16,800/- was sanctioned vide Council Office Order No. 1454/2022-23 dated 22.03.2023.
11. **Installment-wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 225600/-)	HQ.PROJ011/103/2023-PROJ-PART(1)/1077	23/05/2023	31/05/2023
2.	2nd (Rs. 220865/-)	HQ.PROJ011/103/2023-PROJ-PART(1)/1847	18/03/2024	21/03/2024

12. **Summary and current status of the project**: This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 1454/2022-23 dated 22.03.2023.As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 07.02.2022. Budget allocated was Rs.2446400 (Council's order no. F.N 3-69/2020/- CTRI registration is in process by nodal centre RARIMD, Bengaluru. IEC approval has been taken on 3.05.2023. Order of the medicine has been placed in CCRAS Headquarters via F.N. HQ-PROJ011/103/2023-PROJ/1222 (Arvindasava), & F.N. HQ-PROJ011/103/2023-PROJ/1223 (B.R. Leham), dated 29-05-2023. Medicines received and project has been initiated from 15/09/2023. The current status of the study is as follows:-

No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
12	12	00	00	00	00

1. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	15/09/2023
3.	Duration of the study:	03 years
4.	Name of the Principal Investigator:	Dr. Kishor A Gavali, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. Suahs Chaudhary, R.O. (Ay.) Dr. Monika Kumari, R.O. (Ay.)

(6) Name of Project: Randomized, Placebo control, Double blind clinical trial to evaluate the effect of Trikatu in Subclinical Hypothyroidism

1. **OBJECTIVES:**
   - **Primary Objective:**
     i. To evaluate the efficacy of Trikatu in the management of Subclinical Hypothyroidism.
   - **Secondary Objective:**
     i. To study the safety of Trikatu in the management of Subclinical Hypothyroidism.

2. **OUTCOMES:**
   - **Primary Outcome Measures:**
     i. Change in TSH
   - **Secondary Outcome Measures**
     i. Change in Antithyroid antibody
     ii. Change in fT3 and fT4
     iii. Change in Lipid profile.
     iv. Clinical assessment of safety profile through LFT and RFT.
     v. The advent of any biological intolerability/ADR/AE.
     vi. Change in status of Agni (Jatharagni Assessment).
     vii. Change in Quality of Life (SF-36) score.
3. **STUDY DESIGN:**
   - Study type : Randomized, Placebo control, Double blind
   - Purpose : Treatment
   - Masking : Blinded
   - Control : Placebo
   - Timing : Prospective
   - End point : Efficacy and Safety
   - No. of Groups : Two
   - Sample size : 270 (90 at each centre and 45 in each group)
4. **TIMELINES:**
   - Total Study Period : 2 years
   - Preparatory Period : 6 months
   - Recruitment : 13 months
   - Treatment Period : 84 days
   - Follow-Up Period : 28 days after stopping the trial drug
   - Statistical Analysis : 1 month
5. **INTERVENTIONS**:
   i. **Group I- Trikatu**
   - Dose : 1000 mg Powder
   - Dosage form : Tablet
   - Route of Administration : Oral
   - Anupana : Water
   - Time of Administration : Twice a day, 30 minutes before food
   - Duration of therapy : 84 days
   - Packing : 30 Tb

ii. **Group II- Placebo (Starch Powder/MCC)**

- Dose : 1000 mg Powder
- Dosage form : Tablet
- Route of Administration : Oral
- Anupana : Water
- Time of Administration : Twice a day, 30 minutes before food
- Duration of therapy : 84 days
- Packing : 30 Tablet.

6. **Participating Centre along with PI and CO-I**

S.No.	Name of the participating centre	Name of PI	Name of Co-I
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali	Dr. S.K.Vedi

7. **Date of IEC approval:** 04/07/2020 (F.5/Lab./Ethic.com. /2007-08CRIA/JPR/Tech./1536
8. **CTRI Registration/Reference (for clinical trials):**CTRI/2022/02/040430 [Registered on: 18/02/2022]
9. **Date of initiation:** 08.03.2022
10. **Budget allocated:** Rs. 24,46,400/- (Council's Order F.N 3-69/2020/-CCRAS/Admn/ IMR/1670 dated 23.07.2020)

11. **Installment wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 13,23,200)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/1670	23.07.2020	31.07.2020
2.	2nd (Rs.6,61,600)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/718	19.05.2021	22.05.2021
3.	3rd (Rs.3,33,550/-)	Council's letter no.F.No. 3-69/2020-CCRAS/admin./ IMR/986	09.06.2022	15.06.2022
4.	4th (Rs.2,44,177/-)	Council's letter no. .F.No. PROJ011/83/2023- PROJ-Part-I/986	19.05.2023	31.05.2023
5.	5th (Rs.3,96,150/-)	Council's letter no. .F.No. PROJ011/83/2023- PROJ-Part-I/6655	02.01.2024	14.03.2024
6.	6th (Rs.4,48,027)	Council's letter no. .F.No. PROJ011/83/2023- PROJ-Part-I/8901	23.03.2024	26.03.2024

12. **Chronological timeline & deliverables:** Study ongoing. All 90 study participants enrolled.

13. **Summary and current status of the project**: This Research Project was allocated to institute under annual action plan 2019-20 on 16th March, 2020. As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 18-3-2020.Budget allocated wasRs.24,46,400 (Council's order no. F.N 3-69/2020/-CCRAS/Admn./IMR/1670. Dated 23.07.2020) CTRI registration completed by nodal centre RARIMD, Bengaluru. IEC approval has been taken on 4.07.2020. Order of the medicine has been placed in CCRAS Headquarters via F.N.3-69/2020-CCRAS/Admn./2720 dated 11-9-2020. Medicines received and project has been initiated from 7th March 2022. The current status of the study is as follows:-

No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
1091	90	1001	63	14	13

14. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	08.03.2022
3.	Duration of the study:	02 years
4.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. S.K.Vedi, R.O. (Ay.)

(7) Name of Project: Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity)

1. **Objectives:**
   - **Primary Objective**
     i. To assess the clinical efficacy of Vyoshdi Guggulu and Vidanga Churna in the Management of Medoroga (Obesity)
   - **Secondary Objective**
     i. To assess the clinical safety of Vyoshadi Guggulu and Vidanga Churna in the patients of Medoroga (Obesity)

2. **OUTCOMES:**
   - **Primary outcome measures**:
     i. Changes in BMI
     ii. Change in waist circumference
     iii. Mean change in body weight from baseline
     iv. Percentage of participants who achieve a minimum of 10% of wight loss
   - **Secondary outcome measures:**
     i. Changes in percentage of body fat assessed by DEXA Scan.
     ii. Change in Obesity Weight loss Quality of Life Instrument (OWL-QoL)
     iii. Change in Lipid Profile.
     iv. Change in HbA1c

3. **STUDY DESIGN:**
   - Study Type : Interventional
   - Purpose : Treatment
   - Masking : Open label
   - Control : Not controlled
   - Timing : Prospective
   - End Point : Efficacy and Safety
   - No. of Groups : Single
   - Sample size : 50 at each centre (02 centres- 100 subjects)

4. **TIMELINES:**
   - Total Study period : 24 months
   - Pre-trial preparation : 6 months
   - Recruitment : 13 months
   - Treatment period : 12 weeks
   - Follow up period : 2 weeks
   - Statistical Analysis : 6 weeks

5. **INTERVENTIONS**:
   i. **Vyoshadi Guggulu** (AFI-Part-I, 5:9; API, Part-II, Vol.-II)
   - Dose : 1 gm (2 Tablets of 500 mg each) thrice daily
   - Dosage form :Tablet
   - Route of Administration : Oral
   - Time of Administration : Thrice a day after food
   - Anupana : Lukewarm water
   - Duration of therapy : 12 weeks

ii. **Vidanga Churna** (API , Part –I, Vol. –II)

- Dose: 3 gm.
- Dosage form : Powder
- Route of administration: Oral
- Time of Administration : Twice a day after food
- Duration of Therapy : 12 weeks

6. **Participating centre along with PI and CO-I :**

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	M.S.Regional Ayurveda Research Institute, Jaipur	Dr.S.K.Vedi, R.O. (Ay.)	Dr. Kishor Gavali R.O. (Ay.)

7. **Date of IEC approval:** 04.07.2020
8. **CTRI Registration/Reference (for clinical trials):** Applied by nodal centre - Ref. No.-REF/2020/10/037389- submitted to CTRI on12/10/2020. Registration No. for this clinical trial is CTRI/2022/05/042681.
9. **Date of initiation:** 24.11.2021(with enrolment of 1st subject in the project)
10. **Budget allocated:** Total Budget Rs.16,90,000 was sanctioned vid Council's letter F.No.3-53/2020-CCRAS/Admn/IMR/8304 –A dated 30.03.2020 for 02 years

11. **Installment wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st	Council's letter No.F.No.3-53/2020-CCRAS/ Admn/ IMR/ 8304 –A dated 30-03-2020 Rs.10,15,000/ (for first year)	30-03-2020	02-04-2020
2.	2nd	F.No.3-53/2020-CCRAS/ Admn/ IMR/ 718 dated 19-05-2021- Rs.492365/-	19-05-2021	22-05-2021
3.	3rd	F.No.3-53/2020-CCRAS/ Admn/ IMR/ 979 dated 09-06-2022- Rs.61,975/-	09.06.2022	28-06-2022
4.	4th	HQ-PROJ011/61/2022-PROJ/6047 dated 03-02-2023- Rs.1,58,025/-	03.02.2023	24-02-2023

12. **Summary and current status of the project**: This multicenter Research Project was allocated to institute under annual action plan 2018-19 on 6th March, 2020 vide CCRAS F.No.13-17/2019-CCRAS/Tech/Hq/17934. As per instructions of the council, proposal according to IMR format under CCRAS research policy, was submitted to Headquarters on 23-3-2020. Total budget Rs.16,90,000/- was sanctioned vide Council's Order No. F.No.3-53/2020-CCRAS/Admn/IMR/8304 –A dated 30.03.2020. IEC approval had been taken on 4.07.2020. CTRI registration for the project was applied by nodal institute RARIMD, Bengaluru on on12/10/2020 (REF/ 2020/10/037389) and the CTRI registration No. for the clinical trial is CTRI/2022/05/042681. The project had been initiated on

24.11.2021 with enrolment of 1st subject. The project has been completed on 23.09.2023 with completion of last enrolled subject. Total 66 subjects were screened. As per target 50 subjects were enrolled in the project; 37 subjects completed the study and 13 subjects drop out of study.

13. **Relevant information, if any**:

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	24.11.2021
3.	Duration of the study:	02 years
4.	Name of the Principal Investigator:	Dr. S.K.Vedi, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. Kishor A Gavali, R.O. (Ay.)

(8) Title of the project: Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)" .

1. **Objectives:-**
    - **Primary Objectives:-**

i. To assess tolerability and medication adherence in participants receiving an oral Ayurvedic formulation-Punarnavadi mandura in the management of Iron deficiency anemia

- **Secondary Objectives:-**

i. To assess safety of Punarnavadi mandura in the management of Iron deficiency anemia

ii. To assess efficacy of Punarnavadi mandura in the management of Iron deficiency anemia.

2. **Outcomes measures**
    - **Primary:-**

i. Assessment of the tolerability of the Ayurvedic intervention through reported incidence of treatment-emergent adverse events and serious adverse events during the study period [Time Frame: [Baseline to at the end of day 90].

ii. Assessment of treatment adherence through self-reported compliance log and used medication containers/strips. [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

- **Secondary:-**

i. Proportion of participants who withdrew/dropped out from the study due to adverse events and/or poor tolerability [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

ii. Change in the laboratory safety parameters from baseline (CBC, LFT, KFT) [Time frame: Baseline, at the end of 90th day]

iii. Mean change in Hemoglobin% from [Time frame: Baseline, at the end of 30^{th} day,60^{th} day, 90^{th} day]

iv. Change in haematological parameters (total RBC count, RBCs indices and Absolute Reticulocyte count) from baseline [Time frame: Baseline, at the end of 90th day]

v. Changes in parameters of Iron profile (Serum Iron, TIBC, ferritin and transferrin saturation levels) from baseline [Time frame: Baseline, at the end of 90th day]

vi. Proportion of participants who attained Hb% within the mild range (defined as Hb 11-11.9 g/dl as per WHO) [Time frame: Baseline, at the end of 30^{th} ay, 60^{th} day, 90^{th} day]

vii. Change in fatigue levels from baseline assessed through Functional Assessment of Chronic Illness Therapy-Fatigue (FACIT-F) scale [Time frame: Baseline, at the end of 30^{th} day, 60^{th} day, 90^{th} day]

Brief Research Plan:

- Study Type : Interventional
- Study site : Multicenter (MUHS-Nashik, PIAR-Vadodara, YAC-Kodoli, ADAMC- Ashta)
- Purpose : Treatment
- Blinding : Open-label
- Masking : NA
- Control : Not Controlled
- Timing : Prospective
- End Point : Efficacy
- No. of Groups : 1
- Sample Size : 480 (120 at each centre)

3. **Milestone with deliverables**

Total Study Period : 24 months
Preparatory phase : 03 months
Recruitment : 18 Months
Statistical Analysis : 2 months
Study report : 1 month
Treatment Period : 90 days (3 months)

4. **Intervention:**

Drug: Punarnavadi Mandura: Ayurvedic pharmacopoeia of India. Part-II. Vol.-III, first edition, 2010, page no 132-134
Detailed posology (Dose/Duration/ Anupana/Time of administration/Dosages form etc.)
Drug: Punarnavadi Mandura
Dose: 500 mg BD
Dosage form: tablet form
Route of administration: Oral
Time of administration: one hour after the meals
Anupana: Luke warm water
Duration of therapy: 3 months

Note: De-worming will be done in all the study participants by administering single dose of 1 tablet of 400 mg Albendazole prior to the administration of trial interventions.

5. **Participating centre along with PI and CO-I:**

S. No.	Name of The Participating Centre	Name of Pi	Name of Coi
1.	M.S. Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. Suhas Chaudhary, R.O. (Ay.)
2.	Maharashtra University of Health Sciences	Dr. Milind Nikumbh	Vd. Shweta Telang-Chaudhari
3.	Parul Institute of Ayurved And Research, Parul University.	Dr. Vaishali Shailesh Deshpande	Dr. B. G. Kulkarni
4.	Yashwant Ayurvedic College, P.G.T. & R.C., Kodoli	Dr. Sachin Shashikant Khot	Dr. Suryakiran Parashuram Wagh
5.	Sant Dnyaneshwar Shikshan Sanstha's, Hon. Shri. Annasaheb Dange Ayurved Medical College, Post Graduate & Research Centre, Ashta,	Dr Jayvant Vasant Kharat	Dr Varsha Sadashiv Khot Dr Parag Narayan

6. **Date of IEC approval:**

1.	MUHS, NASHIK	21/04/2023
2.	ADAMC, ASHTA	20/03/2023
3.	YAC, KODOLI	24/03/2023
4.	PIAR, VADODARA	25/03/2023

7. **CTRI Registration/Reference (for clinical trials):** CTRI/2023/05/053299
8. **Date of initiation:**

S. No.	Institute name	Date of Inititation
1.	MSRARI, JAIPUR	06/10/2023
2.	MUHS, NASHIK	01/01/2024
3.	ADAMC, ASHTA	27/01/2024
4.	YAC, KODOLI	27/01/2024
5.	PIAR, VADODARA	01/02/2024

9. **Budget allocated: Total Budget – 1,21,24,324/-**
(MSRARI, Jaipur- Rs. 22,91,200/-, **MUHS, Nashik**- 25,17,816/-, **ADAMC, Ashta**- 24,38,436/-, **YAC, Kodoli**-24,38,436/-, **PIAR, Vadodara**- 24,38,436/- was sanctioned vide Council Office Order No. 76/2023-24 dated 28.04.2023.

10. **Installment-wise release:**

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
For MUHS, Nashik				
1.	1st (Rs.12,22,560/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
For YAC, Kodoli				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
For PIAR, Vadodara				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
For ADAMC, Ashta				
1.	1st (Rs.11,84,760/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
For MSRARI, Jaipur				
1.	1st (Rs. 3,48,900/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj office order no. 76/2023-24 dated 28-4-2023	28-4-2023	04.05.2023
2.	2nd (Rs. 68,881/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/6783 dated 05-1-2024	05.01.2024	31.01.2024
3.	3rd (Rs. 2,62,470/-)	Council's letter no.F.No.HQ-proj 011/61/2023-proj/8457 dated 13-03-2024	13-03-2024	20.03.2024

11. **Summary and current status of the project**: This multicentre Research Project was sanctioned to Institute vide Council Office Order No. 76/2023-24 dated 28.04.2023. 0As per instructions of the council, proposal according to IMR format under CCRAS research policy was submitted to Headquarters on 21/03/2023. Budget allocated was **Rs. 1,21,24,324/-** (Council's Order No. 76/2023-24 dated 28.04.2023), CTRI was done by nodal institute MSRARI, Jaipur with registration No.- CTRI/2023/05/053299. IEC approval has been taken from all four collaborative institutes. Medicines received and project has been initiated at all participating institutes. The current status of the study is as follows:-

Name of the Institute	No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
1. MUHS, Nashik	49	24	25	00	02	22
2. Yac, Kodoli	05	02	03	00	00	02
3. PIAR, Vadodara	28	10	18	00	00	10
4. ADAMC, Ashta	12	05	07	00	00	05

12. **Relevant information, if any**:

1. Name of the institute : MSRARI, Jaipur
2. Duration of the study: 02 years
3. Name of the Principal Investigator: Dr. Kishor A Gavali, R.O. (Ay.)
4. Name of the Co-Investigator: Dr. Suahs Chaudhary, R.O. (Ay.)

13. **Details of the participating institute**

Name of the institute	Date of initiation of the study	Duration of the study	Name of the Principal Investigator	Name of the Co-Investigator
1. MUHS, Nashik	01/01/2024	02 years	Dr. Milind Nikumbh	Vd. Shweta Telang-Chaudhari
2. Yac, Kodoli	01/02/2024	02 years	Dr. Suryakiran wagh	Dr. Sachin Shashikant Khot, Dr. Ashok Patil
3. PIAR, Vadodara	27/01/2024	02 years	Dr. Vaishali Shailesh Deshpande	Dr. B.G. Kulkarni, Dr. Divya B.
4. ADAMC, Ashta	27/01/2024	02 years	Dr Jayvant Vasant Kharat	Dr Varsha Sadashiv Khot, Dr Parag Narayan

(9) Name of the Project: Morbidity and Healthcare-seeking behavior of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study

1. **Objective:**

- **Primary:**
  i. To understand the care seeking behavior of the patients visiting the Ayurveda healthcare facilities established in the DGAFMS hospitals

- **Secondary:**
  i. To determine the proportion of the prevalent disease conditions for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals
  ii. To act as a basis for determining the scope of service of these Ayurveda healthcare facilities.
  iii. To serve as a starting point for in-depth research studies on management of specific diseases through Ayurveda interventions, for which patients seek treatment from the Ayurveda healthcare facilities in the DGAFMS hospitals

2. **Study outcome measures:**
   i. Proportion of the prevalent disease conditions for which treatment sought from the Ayurveda healthcare facilities in the DGAFMS hospitals assessed by a survey of the visiting patients through structured questionnaire

   ii. Identification of select disease conditions on which clinical studies may be planned in order to evaluate the therapeutic efficacy of Ayurveda interventions in their management.
3. **Study type:** Cross-sectional survey
4. **Grouping:** One
5. **Sample Size:** The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals throughout the data collection period will be considered to take part in the study. Each participant visiting these OPDs during the study period will be surveyed only once.
6. **Approval of IMR: 31.05.2023 (IMR Annual action plan 2023 – 24)**
7. **Target given by CCRAS Headquarters:** The complete enumeration of all the patients visiting the Ayurveda OPD at the selected DGAFMS hospitals.
8. **Timelines:**

Total Study Period	:	16 Months
Pre-study preparation	:	2 Months
Recruitment	:	14 Months
Period of data claction	:	12 Months
Period of data analysis	:	2 Months

9. Participating Centre along with PI: MSRARI, Jaipur, Rajasthan; PI: Dr. B.R. Meena Assistant Director In-charge, MSRARI Jaipur

Militry Hospital, Jaipur, Rajasthan; PI: Col. S.K. Saharan M.O., Military Hospital Jaipur

9. **IEC approval**: 22.06.2023
10. **CTRI registration No**: NA
11. **Date of initiation of the project**:20.07.2023
12. **Budget allocated**: 7,98,200/-.

Installment wise release:-

S. No	Installment	Sanctioned Order	Date
1.	Ist Rs. 4,86,920/-	F.No.HQ-Proj011/144/2023-Proj/210	31.05.2023
2	2nd Rs.54,756	F.No.HQ-Proj011/144/2023/Proj-Part(1)/8726	19.03.2024

13. Chronological timeline &deliverables :-

S.No.	Time line	Achieved /Not achieved	Causes of deviation,if any
1.	1-2 months	Achieved	**NA**
2.	3-14 months	Continuing	**NA**
3.	14-16 months	_	**NA**

14. **Current status of the study:** Continuing

Summary of the Project: This IMR collaborative research project titled **:Morbidity and Healthcare-seeking behaviourof the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A cross-sectional survey study''** was allotted under IMR Annual action plan . The total duration of the study is 16 Months. The budget sanctioned for the project is Rs. 7,98,200/-. The first installment of Rs. 4,86,920/-has been received on 31/05/2023 for the Initiation of the study. Till date (31 March 2024) 465 patients have been enrolled. The study is continuing.

15. **Relevant information if any**,

1.	Name of the institute :	MSRARI, Jaipur
2.	Date of initiation of the study:	20.07.2023
3.	Duration of the study:	16 Months
4.	Name of the Principal Investigator:	Dr. B.R. Meena Assistant Director In-charge ,MSRARI Jaipur Col. S.K. Saharan M.O., Military Hospital Jaipur
5.	Name of the Co Investigator:	Col. (Dr.)Rajneesh Joshi MBBS MD (PSM) Dr. Monika Kumari R.O (Ay.)

(10) Title of the project: General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affairs

1. **Objectives:**

Primary objective:

i. To screen the general health condition of the students of EMRS with special focus on Anemia, Haemoglobinopathies, Malnutrition and Tuberculosis.

Secondary objectives:

i. The management of Anemia, Haemoglobinopathies and Malnutrition through Ayurvedic interventions as standalone/add-on.
ii. To inculcate healthy lifestyle practices in children as per principles of Ayurveda

2. **Outcomes measures**

Primary outcome: The point prevalence of anemia, haemoglobinopathies, malnutrition and tuberculosis among the students of selected EMRS.

Secondary outcome: Changes in the health status of the students diagnosed with Anemia, Haemoglobinopathies and malnutrition in terms of change in hemoglobin, change in pain episode and body mass index respectively. (Baseline and end of the treatment.)

Note: **The students diagnosed with tuberculosis will be referred to the nearby NTEP centers for appropriate management.**

3. **Brief Research Plan:**

- Study Type : Open label, interventional, multicenter, single arm study
- Study site : EMR School
- Purpose : Treatment
- Masking : Open Label
- Control : Not Controlled
- Timing : Prospective
- End Point : Efficacy
- No. of Groups : 1
- Sample Size : 80

4. **Milestone with deliverables**

- Preparatory Period (Recruitment of staff, Preparation of CRFs, Procurement of drugs etc.): 1-2 months
- Health Screening, treatment & data collection:: 3-19 months
- Data verification and analysis:: 20-22 month
- Report preparation & dissemination:: 23-24 month

5. **Intervention:**

<u>Punarnavadi Mandoor</u> - (API Part 2 – Vol. 3)

- Dose : 500mg (1 tablet) Twice daily
- Dosage form : Tablet
- Rout of Administration : Oral
- Time of Administration : Just after food.
- Packing form : Pack of 60 tabs.
- Anupana : water
- Duration of Therapy : 3 months

<u>Drakshavaleha</u> – (AFI, Part – I, 3;15, pg- 40)

- Dose : 6g Twice daily
- Dosage form : Awaleha
- Rout of Administration : Oral
- Time of Administration : Just after food.
- Packing form : Pack of 400 grm.
- Anupana : water
- Duration of Therapy : 3 months

<u>Krimudgar Rasa</u> {AFI, Part-I, 20:10 Pg.260; CCRAS Monograph - Pharmacopeal Standards for Ayurvedic Formulations p.no. 258}

- Dose : 250 mg Twice daily
- Dosage form : Tablet
- Rout of Administration : Oral
- Time of Administration : Just after food.
- Packing form : Pack of 30 tabs.
- Anupana : water
- Duration of Therapy : 7 days

6. **Participating centre along with PI and CO-I:**

S. No.	Name of the participating Centre	Name of PI	Name of CoI
1.	M.S. Regional Ayurveda Research Institute, Jaipur	**Dr.S.K.Vedi**, R.O. (Ay.)	Dr. B.R. Meena, A.D. Incharge Dr. Monika Kumari, R.O. (Ay.)

7. **Date of IEC approval:** under process
8. **CTRI Registration/Reference (for clinical trials):** will be done.
9. **Date of initiation:** yet to be initiated.
10. **Budget allocated:** Rs. 67,21,420/- was sanctioned vide Council Office Order No. 1412/2023-24 dated 05.03.2024.
11. **Installment-wise release:**

S. No.	Installment	Amount	Date of receipt of fund
1.	1st	6,08,300/-	17/03/2024

12. **Summary and current status of the project**: Project yet to be initiated. Medicine received and visit have been performed at allotted 03 schools -1. EMRS, Niwai 2. EMRS, Danvav, Abu road and 3. EMRS,Kherwara, Udaipur.
14. **Relevant information, if any**:
    1. Name of the institute : MSRARI, Jaipur
    2. Date of initiation of the study: Yet to be initiated

3.	Duration of the study:	02 years
4.	Name of the Principal Investigator:	Dr. S.K.Vedi, R.O. (Ay.)
5.	Name of the Co-Investigator:	Dr. B.R. Meena, A.D. Incharge Dr. Monika Kumari, R.O. (Ay.)

(11) Name of the Project: "Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study" (IMR project under WCH-SCSP 2023-24)

1) Objectives-

- **Primary Objectives:**
  i. To assess the effectiveness of Rajapravartani Vati and Saraswatarishta in the management of pain in Dysmenorrhoea.

- **Secondary Objectives:**
  i. To assess the effectiveness of Rajapravartani Vati and Saraswatarishta on the psychosomatic status in Dysmenorrhoea.
  ii. To assess the tolerability of Ayurvedic formulation Rajapravartini Vati and Saraswatarishta in Dysmenorrhoea

2) Outcomes measures:

- **Primary Outcome Measure**

Change in Visual Analog Scale (VAS) for pain ranged from 0 millimeters)mm) (no pain (to 100 mm)worst possible pain ((Annexure II)

[**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]

- **Secondary Outcome Measures-**
  i. Change in disease specific symptom by means of total WaLLID score. [**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]
  ii. Changes in the psychosomatic status of the study participants by using MOOS Menstrual Distress Questionnaire [**Time Frame**: At base line and at the end of 3rd cycle]
  iii. Occurrence of treatment emergent adverse events during the study period [**Time Frame**: baseline upto at the end of 3rd cycle]
  iv. Use of Analgesic medication (dosage & frequency of medication used) [**Time Frame**: At base line, at the end of 1st, 2nd 3rd, 4th, 5th and 6th cycle]

3) Study Design:

Study Type: Prospective multicenter community-based study
No. of Groups: one
Randomization: NA
Masking: NA
Endpoints: Effectiveness
Sample Size: 460 (46 in each institute)
Considering the prevalence of Dysmenorrhea to be 50%, the estimated sample size is 384. Adding an attrition rate of 20% the sample size is estimated as 460.

4) **Drug/Intervention references:**

i. **Rajahpravartini Vati (Bhaishajyaratnavali, Strirogadhikar)** [(AFI – Part I, 12 :25) (API Part 2 vol. 3)]

Dose: 500mg (2 tablets) twice daily
Dosage form: Tablet of 250 mg each
Route of Administration: Orally
Time of Administration: Before 07 days of the expected date of menstrual cycle and continued up to 03 days of the menstruation.
Anupana: Lukewarm Water
Duration of therapy: 3 cycles

ii. **Saraswatarishtam (Bhaishajya Ratnavali, Rasayanadhikara:178-184) AFI Part 1 (1:36)**

Dose: 10 ml at bed time
Dosage form: Asava
Route of Administration: Orally
Time of Administration: after meals
Anupana: 20ml of Lukewarm Water for 12 weeks (84 days)
Duration of therapy: 12 **wee**ks (84 days)

5) **Timelines:**

- Total Study period**:** 12 months
- Preparatory period: 2 months
- Recruitment: 3 months
- Intervention: a) Rajapravartani Vati – 10 days each cycle for 3 cycles
  b) Saraswatarishta - 12 weeks (84 days)
- Follow-visits: at the end of 1^{st}, 2^{nd} 3^{rd}, 4^{th}, 5^{th} and 6^{th} menstrual cycle including 3 cycles without treatment
- Statistical analysis: 1 month

6) **Chronological timeline & deliverables: -** Project is Ongoing (Total Enrolled patients- 46 Ongoing-40).
7) **Current status of the study: Project Ongoing.**
8) **CTRI Registration:** CTRI/2023/07/054617, Registered on 03/07/2023 - Trial Registered Prospectively
9) **Participating center along with PI and CO-I:**

S.No.	Name of the participating centre	Name of PI	Name of CoI
1.	M.S.Regional Ayurveda Research Institute, Jaipur	Dr. Kishor Gavali, R.O. (Ay.)	Dr. S.K.Vedi, R.O. (Ay.)

10) **Date of IEC approval**: 03/05/2023
11) **Date of initiation:** 14.11.2023

12) **Budget allocated:** Budget Rs. 34,26,000/- was sanctioned under WCH-SCSP vide Council's Officer Order No. 52/2023-24 dated 26.04.2023.

13) Installment-wise release:

S. No.	Installment	Sanctioned order	Date	Date of receipt of fund
1.	1st (Rs. 856500/-)	HQ.PROJ013(11)/7/2023-PROJ/332	26/04/2023	31/05/2023
2.	2nd (Rs. 856500/-)	HQ.PROJ013(12)/04/2023-PROJ/3686	29/08/2023	31/08/2023
3.	3rd (Rs. 856500/-)	HQ.PROJ013(12)/4/2023-PROJ/5595	20/11/2023	22/11/2023
4.	4th (Rs. 849500/-)	HQ.PROJ013(11)/7/2023-PROJ/8379	08/03/2024	13/03/2024

14) Chronological timeline & deliverables: Project is Ongoing (Total patients- 46 Ongoing-40).

15) Summary and current status of the project: "Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea" is the title of this IMR project. A future community-based study" was designated as a 2023–24 IMR Annual Action Plan project. It has the potential to enhance the psychological well-being of research participants. The goal of the current study was to evaluate Rajapravartani Vati and Saraswatarishta's efficacy in treating primary dysmenorrhea based on the classical claim. 46 patients were enrolled in the trial out of the total 54 participants that underwent screening. Six patients withdraw and 40 participants under ongoing. The Project is still ongoing.

16) Relevant information, if any:

01.	Name of the institute:	MSRARI, Jaipur
02.	Name of the Principal Investigator:	Dr. Kishor Gavali, R.O. (Ay.)
03.	Name of the Co-Investigator:	Dr.S.K. Vedi, R.O (Ay.)

(12) Name of project: "Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study" (IMR project THCRP under Tribal Sub-Plan-2023-24)

1. **OBJECTIVES**
   - **Primary Objectives:**
     i. To evaluate the effectiveness of composite Ayurveda regimen on the Disease Activity Score in Rheumatoid arthritis.
   - **Secondary Objectives:**
     i. To evaluate the effectiveness of composite Ayurveda regimen on the disease specific biochemical and inflammatory markers in with Rheumatoid arthritis.
     ii. To assess the tolerability of Ayurveda Regimen in Rheumatoid arthritis

2. **Outcome measures:**
   - **Primary Outcome measures:**
     i. Change in DAS-28 score with ESR. (Annexure IV) [Time Frame: Baseline and 84th day]
   - **Secondary Outcomes**
     i. Change in disease specific biochemical and inflammatory markers (RA factor, CRP, ESR) [Time Frame: Baseline and 84th day]
     ii. Change in Participant's Assessment of Pain [assessed through Visual analog scale (VAS) ranged from 0 millimeters (mm) (no pain) to 100 mm (worst possible pain) [Time Frame: Baseline, 28th day, 56th Day and 84th day] (Annexure V)
     iii. Change in Participant's Global Assessment of Disease Activity assessed through Visual analog scale [Time Frame: Baseline, 28th day, 56th Day and 84th day] (Annexure VI)
     iv. Change in Disability Index score (The Indian Health Assessment Questionnaire) [Time Frame: Baseline, 28th day, 56th Day and 84th day]
     v. Frequency of use of conventional analgesic/NSAIDs medicines[Time Frame: Baseline, 28th day, 56th Day and 84th day]
     vi. Assessment of any adverse events [Time Frame: From baseline upto 84th day]
3. **Study type:** Community based interventional study
4. **Grouping:** Treatment will be classified on the basis of major patterns of disease presentation and the treatment will be customized based on the presence of associated symptoms.
5. **Sample Size: Total 200** 40 each Institute.
6. **Approval of IMR :**IMR Annual action plan 2023-24
7. **Target given by CCRAS headquarters:** 12 months
8. **Timelines:**

Total Study Period:	**12 Months**
Preparatory Period (CRF, Medicine procurement etc.)	2 Months
Period for enrolment:	**6** Months
Treatment Period	**3** Months
Follow-Up:	on 28th day ±2, 56th day ±2 and the 84th day ±2
Statistical Analysis:	1 Month

9. **Intervention:**
    1. **With Articular manifestations only, Joint Pain, Stiffness, and minimal swelling:-**
        - Singhnad Guggulu
        - Rasnasaptak Kashaya
        - Brihat Saindhavadi tail - as per requirement
    2. **Articular manifestation with severe pain and swelling (boggy swelling/affusion elicited by fluctuation test, with elevated body and/or joint temperature and redness of joint):**
        - Singhnad Guggulu
        - Rasnasaptak kashaya
        - Guduchi Ghana vati (Sanshamani Vati)
        - Dashanga Lepa(L/A) - as per requirement
    3. **Chronic RA with mild aching stiffness, fatigue, anemia:**
        - Singhnad Guggulu
        - Rasnasaptak kashaya
        - Punarnavadi Mandura

    Incidental Medication:

        - Constipation: Triphala churna
        - Mandagni: Vaishwanar churna
        - Insomnia/Anxiety: Ashwagandha churna

10. **Participating centre along with PI:** MSRARI, Jaipur, Rajasthan; PI: Dr.V. B. Kumawat R.O (Ay.), Co-I: Dr. Monika Kumari, R.O (Ay.)
11. **IEC approval**:Ref.F.5/Lab/Projet/Ethics/2007-08CRAI-JPR,Part-1/Date:03.05.2 023
12. **CTRI registration No**: CTRI/2023/06/054203
13. **Date of initiation of the project** 21.11.2023
14. **Budget allocated**: Rs. 44,90,528/-(Budget is included in survey programme of THCRP)
15. **Chronological timeline & deliverables:-**

S. No.	Time line	Achieved /Not achieved	Causes of deviation, if any
1.	1-2 months	Achieved	-
2.	3-12 months	Achieved	-

16. **Current status of the study:** Completed

17. **Summary of the Project:** This IMR project entitled **"Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study"** was allotted under IMR Annual action plan 2023-24. This is Community based interventional study of a Treatment will be classified on the basis of major patterns of disease presentation and the treatment will be customized based on the presence of associated symptoms groups of sample size 40. The total duration of the study was 12 months. The budget sanctioned for the project is Rs. 44,90,528/-(Budget is included in survey programme of THCRP). Total 40 subjects have completed the study. The study has been completed.

18. **Relevant information if any**,

1.	Name of the institute	:	MSRARI, Jaipur
2.	Name of the Principal Investigator	:	Dr.V. B. Kumawat, R.O (Ay.)
3.	Name of the Co-Investigator	:	Dr. Monika Kumari, R.O (Ay.)

(13) PHARMACO -VIGILANCE PROGRAMME:

- Pharmaco-Vigilance Program for ASU Drugs: 2023-24
- Total no. of cases screened: 37790
- Total no. of cases reported ADRs: Nil

During the reporting year, total 110 numbers of different medicines/formulations of various manufacturers viz. IMPCL, IMPCOPS, Oushadhi were prescribed to 37790 beneficiaries in clinical practice at institute. No any Adverse Drug Reaction (ADR) was come in to the notice.

V. OUTREACH HEALTH PROGRAMMES:

(1) TRIBAL HEALTH CARE RESEARCH PROGRAMME 2023-24

Introduction

India is the second most populous country in the world with over 1.35 billion people, more than a sixth of the world's population. It is one of the world's oldest civilizations. The Indian culture, often labeled as an amalgamation of several various cultures, spans across the Indian subcontinent and has been influenced and shaped by a history that is several thousand years old. Since ancient times, the spiritual land of India has displayed varied hues of culture, religion, race, language, and so on. This variety in race, culture, religion, etc. accounts for the existence of different ethnic groups who, although, live within the sanctums of one single nation, profess different social habits and characteristics. Tribes constitute 8.61% of the total population of the country and cover about 15% of the country's area. The fact that tribal people need special attention can be observed from their low social, economic and participatory indicators. Whether it is maternal and child mortality, size of agricultural holdings or access to drinking water and electricity, tribal communities lag far behind the general population.

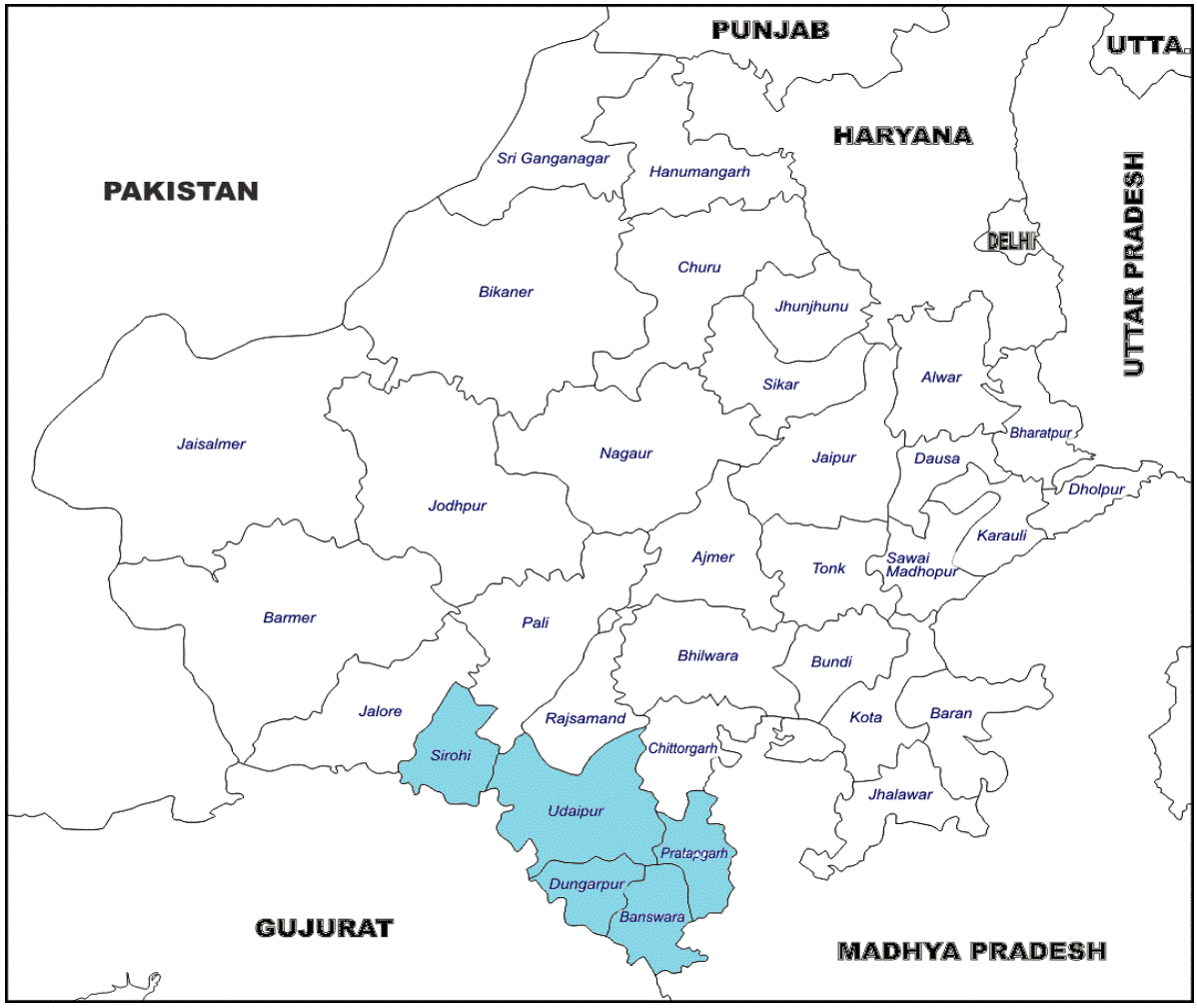
Tribal Health Care Research Programme was initiated by C.C.R.A.S. in 1982 and continued at 06 peripheral Institutes till 2013-14. Thereafter, this programme has been extended to 14 states through 14 peripheral Institutes in 2014-15 under Tribal Sub Plan(TSP).THCRP was initiated in the institute (**MSRARI, JAIPUR)** with effect from 29th November, 2014.The primary concern of this programme is to study the living conditions of tribal people and collect information related to health statistics. Tribal health care research programme also provides Ayurvedic treatment apart from the health awareness. This study highlights the salient features of the health survey, life style and socio-medical necessities of the tribal population.

Objectives of the project

The objectives of this programme are to provide affordable and accessible health care to the people in the hills forest, desert region and to make them participants in their health care by improving their social and developmental indicators.

Activities of THCRP:

- To study the living conditions of tribal people
- To collect information related to health statistics
- Study of dietetic habits
- Nature and frequency of prevalent diseases
- Use of common medicinal plants in the area
- To provide medical aid at their door steps
- Propagation of knowledge about Ayurvedic concept of Pathya-Apathya including hygiene habits and dietary practices
- Prevention of diseases by adopting healthy way of living and clean environment (Swachhata)
- To collect folk medicines/ traditional practices prevalent in the area



Tribal Districts covered in THCRP Project (Rajasthan)

Tribes in Rajasthan

Rajasthan tribes constitute around twelve percent of the total population of the state. The tribes of Rajasthan, India constitutes of mainly Bhils and the Minas. Infact, they were the original inhabitants of the area where Rajasthan stands now. Apart from these main tribes, there are also a number of smaller tribes in Rajasthan. However all Rajasthan tribes share certain common traits, the variations being in their costumes, jewellery, fair and festivals etc.

The main tribes and nomads of Rajasthan:

i. Bhil

Around 39% of Rajasthan tribals comprises of Bhil. Dominating in the Banswara area of Rajasthan, the Bhil are believed to be fine archers. Infact, Bhil bowmen even found a reference in the great epics, Mahabharata and Ramayan. The Bhils were originally food gatherers. However, with the passage of time, they took up small-scale agriculture, city residence and employment. The major festivals of Bhils are Baneshwar fair (held near Dungarpur) and Holi.

ii. Mina

The second largest tribal group of Rajasthan is that of the Minas. The original inhabitants of the Indus Valley civilization, Minas have a tall, athletic build with sharp features, large eyes, thick lips and a light brown complexion. They are found dominating the regions of Shekhawati and eastern Rajasthan. Minas solemnize marriage in the younger years of the children.

iii. Gadiya Lohar

GadiyaLohar are wandering blacksmiths who are named after their attractive bullock carts called gadis. Initially a martial Rajput tribe, they left their homeland when Emperor Akbar ousted MaharanaPratap from Chittorgarh.

iv. Garasia

Garasia is a small Rajput tribe inhabiting Abu Road area of Southern Rajasthan.

v. Sahariya

Sahariyas, the forest dwellers, are considered as the most backward tribe in Rajasthan. Believed to be of Bhil origin, they inhabit the areas of Kota, Dungarpur and Sawai Madhopur in the South-east of Rajasthan. Their main occupations include working as shifting cultivators, hunters and fishermen.

vi. Damor

Belonging to the Dungarpur and Udaipur districts, Damor are mainly cultivators and manual laborers.

vii. Rajasthan tribes include the following also:

Meo and Banjara (the traveling tribes)

Kathodi (found in Mewar region)

Rabari (cattle breeders, found in Marwar region)

Sansi

Kanjar

Gamar

Vadera

Dungari

Kharadi

Dabi

Katara

Highlights of the Current Study:

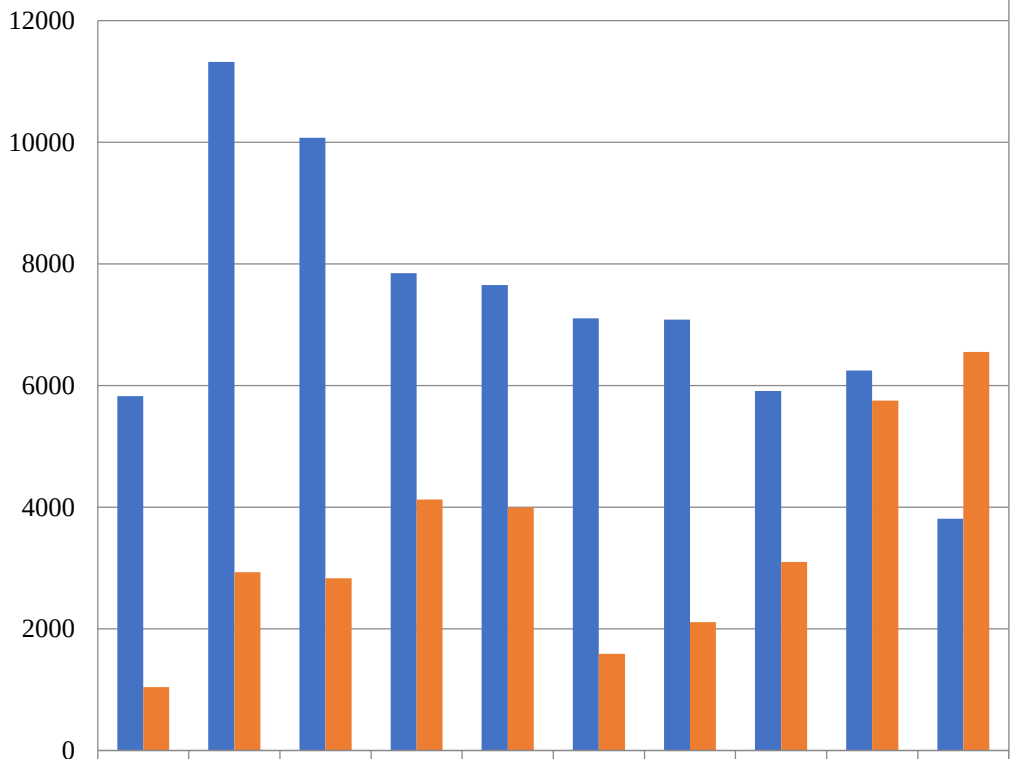
Total 96 villages within 05 tribal districts of Rajasthan were covered under current THCRP programme since inception up to March 2024. A total number of **72,868** populations has been covered. Out of the total population **34,024** patients of various diseases identified and treated through medical camps with follow-up by distributing free medicines. 117 Folklore Claims were collected.

During reporting year 2023-2024 Five Villages have been covered in Jhadol Block Udaipur Rajasthan. Total Population 3809 was covered out of 6554 patients were treated and 08 folklore claims were collected.

Statement of population covered since inception up to 2023-2024

S.No.	Type of Programme	No. of villages Covered	Total population covered				No. of patients treated		
			SC	ST	Others	TOTAL	New	Old	TOTAL
1.	THCRP 2014-15	05	21	5730	75	5826	1009	34	1043
2.	THCRP 2015-16	22	50	10964	309	11323	2708	222	2930
3.	THCRP 2016-17	20	66	9657	352	10075	2581	248	2829
4.	THCRP 2017-18	09	00	7612	232	7844	1854	2273	4127
5.	THCRP 2018-19	03	00	7650	00	7650	2469	1523	3992
6.	THCRP 2019-20	07	00	7103	00	7103	1084	507	1591
7.	THCRP 2020-21	05	00	7082	00	7082	1279	828	2107
8.	THCRP 2021-22	10	00	5910	00	5910	2582	519	3101
9.	THCRP 2022-23	10	00	6246	00	6246	5155	595	5750
10.	THCRP 2023-24	05	00	3809	00	3809	6169	385	6554
TOTAL		**96**	**137**	**71763**	**968**	**72868**	**26890**	**7134**	**34024**

Statement of population covered since inception up to 2023-2024.



	2014 -15	2015 -16	2016 -17	2017 -18	2018 -19	2019 -20	2020 -21	2021 -22	2022 -23	2023 -24
Total population Survyed	5826	11323	10075	7844	7650	7103	7082	5910	6246	3809
Total patients treated	1043	2930	2829	4127	3992	1591	2107	3101	5750	6554

A. Statement of work carried out during the reporting year 2023-2024 (Population covered, patients treated and LHTs documentation):

Name of the Institute	Name of Block	Name of Villages Covered	Total Days of tour	Population Covered				Patients Treated									No. of LHTs/Folk Claim docum Ented
				SC	ST	Others	Total	New				Old				Grand Total	
								SC	ST	Others	Total	SC	ST	Others	Total		
M.S. R.A.R.I. Jaipur	Jhadol, Udaipur (Rajasthan)	Khakhar	40	00	806	00	806	00	1278	113	1391	00	52	00	52	1443	00
		Mohammad Phalasiya	35	00	753	00	753	00	1263	01	1264	00	84	00	84	1348	00
		Makradeo	37	00	750	00	750	00	1141	101	1242	00	87	00	87	1329	02
		Damana	38	00	750	00	750	00	1114	86	1200	00	55	00	55	1255	05
		Selana	41	00	750	00	750	00	1064	08	1072	00	107	00	107	1179	01
Total			**191**	**00**	**3809**	**00**	**3809**	**00**	**5860**	**309**	**6169**	**00**	**385**	**00**	**385**	**6554**	**08**

B. Population Served Status of "Tribal Health care Research Programme" under TSP

S. No.	Name of Village/ Area	No. of Tours	Population Served						Total			Grand Total
			ST		SC		Others		ST	SC	Others	
			M	F	M	F	M	F				
1.	Khakhar	40	411	395	00	00	00	00	806	00	00	806
2	Mohammad Phalasiya	35	392	361	00	00	00	00	753	00	00	753
3.	Makradeo	37	400	350	00	00	00	00	750	00	00	750
4.	Damana	38	390	360	00	00	00	00	750	00	00	750
5.	Selana	41	383	367	00	00	00	00	750	00	00	750
Total		**191**	**1976**	**1833**	**00**	**00**	**00**	**00**	**3809**	**00**	**00**	**3809**

C. Patients treated Status of "Tribal Health care Research Programme" under TSP

S. No.	Name of Village/ Area	Patients treated																						
		New						Follow up						Total								Total		Grand Total
		ST		SC		Others		ST		SC		Others		ST			SC			Others				
		M	F	M	F	M	F	M	F	M	F	M	F	M	F	Total	M	F	Total	M	F	Total	M	F	
1.	Khakhar	585	693	00	00	55	58	23	29	00	00	00	00	608	722	1330	00	00	00	55	58	113	663	780	1443
2.	Mohammad Phalasiya	585	678	00	00	01	00	33	51	00	00	00	00	618	729	1347	00	00	00	01	00	01	619	729	1348
3.	Makradeo	549	592	00	00	53	48	24	63	00	00	00	00	573	655	1228	00	00	00	53	48	101	626	703	1329
4.	Damana	513	601	00	00	43	43	25	30	00	00	00	00	538	631	1169	00	00	00	43	43	86	581	674	1255
5.	Selana	499	565	00	00	06	02	51	56	00	00	00	00	550	621	1171	00	00	00	06	02	08	556	623	1179
Total		**2731**	**3129**	**00**	**00**	**158**	**151**	**156**	**229**	**00**	**00**	**00**	**00**	**2887**	**3358**	**6245**	**00**	**00**	**00**	**158**	**151**	**309**	**3045**	**3509**	**6554**

D. Lab Investigations

S. No.	Name of Village/ Area	HB%	Blood-sugar	Urine	Stool	Other Investigations	Total
1.	Khakhar	596	551	-	-	126	1273
2.	Mohammad Phalasiya	527	520	-	-	48	1095
3.	Makradeo	557	524	-	-	88	1169
4.	Damana	513	524	-	-	91	1128
5.	Selana	498	430	-	-	125	1053
	Total	**2691**	**2549**	-	-	**478**	**5718**

E. Statement of investigations carried out during the reporting year 2023-2024:

S. No.	Investigations carried out	
	Type of investigations	**No. of investigations carried out**
1.	Hemoglobin	2691
2.	Urine	-
3.	Stool	-
4.	Blood sugar	2549
5.	Others (Specify)	478

F. Prevalence of top 20 disease during the reporting year 2023-2024

S. No.	Disease	No. of patients
1.	सन्धिवातःAAE-16	966
2.	कासःEA-3	826
3.	कण्डूःED-2.2	761
4.	दौर्बल्यम्MD-11	633
5.	श्वेतप्रदर	541
6.	ज्वरःEC-3	370
7.	प्रतिश्यायःपीनसः/ I-1	262
8.	शूलःEB-10	210
9.	शिरोरुक्/ शिरःशूल F	191
10.	आध्मानAAC-12	125
11.	श्वासःEA-4	115
12.	पिडका/EF-4	104
13.	अतिसार/EB-2	99
14.	केशरोग/EC-8	99
15.	अग्निमान्द्यम्ACB-23	94

16.	कटिशूल त्रिकग्रह/AAB-80	93
17.	दंतरोग/GC	87
18.	अम्लपित्तम्/EB-4	77
19.	व्रण/K	76
20.	अर्शः/EE-3	74

G. Study at a glance:

S. No.	Particulars	Consolidated data of the study
1.	Durations of the study	One Year
2.	Villages covered	05
3.	Visits made	191
4.	ST Population covered	3809 (Male-1976, Female-1833)
5.	No. of patients treated	6554 (New- 6169, Old-385)
6.	No. of ST patients treated	6245 (New-5860, Old-385)
7.	No. of Other patients treated	309 (New-309, Other-00)
8.	No. of ST Adults treated	4422 (New- 4104, Old- 318)
9.	No. of ST Children treated	1823 (New- 1756, Old- 67)
10.	No. of Other Adults treated	238 (New- 238, Old-00)
11.	No. of Other Children treated	71 (New- 71, Old-00)
12.	No. of Investigations (Hb, Blood Sugar & Other)	5718

(2) WOMEN AND CHILD HEALTH CARE (WCH) PROGRAMME UNDER SCHEDULE CASTES SUB-PLAN (SCSP)

Introduction: - The Women and Child Healthcare (WCH) program under the Scheduled Caste Sub Plan (SCSP) is a targeted initiative aimed at addressing the specific healthcare needs of women and children belonging to the Scheduled Caste (SC) community in India. This program is implemented by the Ministry of Ayush, with the Central Council for Research in Ayurvedic Sciences (CCRAS) playing a significant role in its execution.

India is a diverse country with various socio-economic and cultural groups, among which Scheduled Castes constitute a significant portion. However, SC communities often face numerous challenges, including poorer access to healthcare, lower health literacy, and higher prevalence of diseases. Recognizing these disparities, the WCH-SCSP program was launched to mitigate health inequities and promote well-being among SC women and children.

As per the objectives mentioned in the guidelines of Special Central Assistance to Scheduled caste Sub plan (SCA to SCSP), only those schemes should be included that ensure direct benefits to individuals or families belonging to Scheduled castes and priority should be given for providing basic minimum services.iAs a part of this, from the funds allocated to Ministry of Ayush for SCSP, Central Council for Research in Ayurvedic Sciences (CCRAS) in 2015 initiated Ayurveda Mobile Health Care Programme under Scheduled Castes Sub-Plan (AMHCP-SCSP) through its peripheral institutes. In addition to this, Reproductive/ Women and Child Health Care Programme was initiated in 2018 for providing primary health care services based on principles of Ayurveda especially to women and children of SC community.

Following activities will be conducted under this programme-

A. Health care facilities and Health survey.
B. IMR Project (01) – "Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study"

A. Health care facilities and Health survey

Aims and Objectives

Aim: To provide health care through Ayurveda and to observe the health status of Women & children in the areas predominantly dwelled by the scheduled castes.

Objectives:

Primary Objectives:

1) To provide health care services to Women & children through Ayurveda interventions (as adjuvant to the ongoing treatment if any) for various disease conditions through outreach OPDs and health camps.
2) To understand the health status of the target population through questionnaires.

Secondary Objectives:

1) To provide preventive healthcare through awareness regarding Ayurveda based lifestyle advocacy.
2) To know about perception of the women ≥18 years regarding Ayurveda for health care.
3) To document effectiveness of Rajapravartani Vati and Saraswatarishta in Dysmenorhoea.

Methodology:

Study Site: - Five SC Pockets (Shivdaspura & Kanota, Jaisinghpura, Bobas, Baksawala, Shree Ram ki Nangal) primarily inhabited by SC women and children were prioritized for participation in this program.

Study duration: One year

Methods: The study was conducted after obtaining the approval of Institutional Ethics Committee. A team of Two Research Officers (Ay.), Two senior Research fellow, One Lab technician, One Pharmacist, One Office assistant, One MTA cum Driver were appointed under this programme to carry out the activities. The program was supervised by the PI (Dr. Kishor Gavali) and Co-I (Dr. S.K. Vedi) under the guidance of Institute In-charge. A separate work space allocated for this purpose within the institute. The unit conducted tours to extend health care services and documentation of information on regular basis.

1. **Providing health care services:** Health camps provide primary healthcare services rooted in Ayurvedic principles. These camps utilize specially designed formats to document relevant disease information, including the nature and frequency of prevalent diseases, as well as treatment outcomes. Moreover, awareness regarding Ayurvedic concepts such as

Pathyapathya (appropriate diet and lifestyle), Dincharya (daily routines), and Ritucharya (seasonal routines) is disseminated through behavior change counseling (BCC) and the distribution of Information, Education, and Communication (IEC) materials. The drugs utilized in these camps are sourced from Council-identified pharmacies certified under Good Manufacturing Practices (GMP), ensuring quality and efficacy.

2. **Documentation of Health-related Information-** The information regarding the Pockets/ Area, Houses and personal Health Related information of women with age 18 years and above and Children below 18 years was collected in specially designed formats.

- General Information: General information on Name, age, sex, marital status, education, physical activity status, dietetic habits, addiction will be collected.
- Health information of women (above 18): Personal Health Information like presence of any non-communicable disease, Anthropometric measurements like height, weight and BMI will be recorded, blood pressure, hemoglobin, blood sugar levels will be documented.
  - Health checkup of children (below 18 years): After identifying eligible children within households, the following information will be collected:
  - Personal details including name, age, and educational status.
  - Health history regarding recurrent infections such as Respiratory Tract Infections, Gastrointestinal Tract Infections, and Skin Infections.
  - For female children, age of menarche will be recorded to track puberty patterns and menstrual health.
  - Growth assessment, including anthropometric measurements such as height, weight, and upper mid-arm circumference for children up to the age of 5 years, to evaluate nutrition and growth status.
  - Management will be provided for any abnormalities observed, with periodic assessments conducted to monitor for conditions such as anaemia and malnutrition.

3. **<u>Awareness Activities/ Lectures:</u>** Additionally, sessions will be held for women and children focusing on the following topics:
   - Maintenance of hygiene practices to promote health and prevent infections.
   - Importance of adopting diet and lifestyle according to Ayurvedic principles for overall well-being.
   - Awareness about Poshan Maah (Nutrition Month) initiatives to improve nutritional status.
   - Understanding the significance of including millets in the diet for enhanced nutrition.

- Emphasizing the importance of regular immunization to safeguard against preventable diseases.

Observations of the Survey and Health Camps:

Table no-1: Study at a glance: -

S. No.	Particulars	Consolidated data of the study
1.	Durations of the programme	**1 year**
2.	No. of pockets/villages /areas covered	**5**
3.	No. of Visits made	**216**
4.	SC Population surveyed	**3940**
5.	Total No. of patients treated	**6057**
6.	No. of SC patients treated	**5864**
6.a	No. of SC women treated	**4374**
6.b	No. of SC children treated	**1490**
7.	No. of Investigations done	**6510**
8.	Total No. of awareness activities	**79**
9.	Total No. of Focus Camps organized	**16**
10.	Research Project 01 Title- Dysmenorrhea	**Target - 46** **Target achieved- Project ongoing**

Description: In all, five SC pockets—Shivdaspura & Kanota, Jaisinghpura, Bobas, Baksawala, and Shree Ram ki Nangal—saw 216 visits undertaken throughout the reporting period. SC health survey Door-to-door visits were used to identify health-related concerns and provide free medical consultations and medications to women and children. A total of 1246 male children, 833 female children, and 1861 women from the Scheduled Caste were among the 3940 women and children who participated in the health-related demographic study. During the reporting year, there were 79 awareness activities conducted in all, in addition to various campaigns for Ayurveda Day celebration, yoga day celebration, Poshan Maah, International Year of Millets (IYM), etc. Awareness lectures were also delivered about on various health topics, such as

nutrition, dietary habits, daily routines, Ritucharya, symptoms of breast cancer and cervical cancer in women, yoga, rheumatic diseases, osteoarthritis, Poshan, Mental health, Growth and development in children dysmenorrhea, Tridosh (imbalance of bodily humors), and cleanliness. Total 2976 persons were screened for Anaemia, 2596 females for diabetes mellitus and 173 Patients screened for other investigation.

Table No:2- Number of Tours, Population Surveyed & Patients treated (M/F format)

Pocket No.	Area/ villages covered under pocket	No. of tours	No. of Houses Surveyed	Population Surveyed (SC)				Patients treated																				Investigations
								New						Old						Total								Grand Total	
								SC			Other			SC			Other			SC				Other					
				MC	FC	F	Total	MC	FC	F	MC	FC	F	MC	FC	F	MC	FC	F	MC	FC	F	Total	MC	FC	F	Total		
Pocket 1	Shivdaspura	9	10	15	21	28	64	15	12	152	0	0	0	4	1	24	0	0	0	19	13	176	208	0	0	0	0	208	238
Pocket 1	Kanota	35	134	272	194	387	853	99	130	369	19	39	29	5	4	131	0	0	5	104	134	500	738	19	39	34	92	830	879
Pocket 2	Jaisinghpura	42	122	236	146	370	752	120	85	578	16	19	12	11	14	199	0	3	5	131	99	777	1007	16	22	17	55	1062	1249
Pocket 3	Bobas	44	113	250	137	386	773	77	79	524	8	0	4	12	11	362	0	0	4	89	90	886	1065	8	0	8	16	1081	1254
Pocket 4	Baksawala/Ashawala	44	125	244	160	350	754	128	195	738	3	0	14	18	72	461	0	1	3	146	267	1199	1612	3	1	17	21	1633	1685
Pocket 5	Shree ram ki nagal	42	109	229	175	340	744	149	185	535	0	4	4	15	49	301	0	0	1	164	234	836	1234	0	4	5	9	1243	1205
Total		**216**	**613**	**1246**	**833**	**1861**	**3940**	**588**	**686**	**2896**	**46**	**62**	**63**	**65**	**151**	**1478**	**0**	**4**	**18**	**653**	**837**	**4374**	**5864**	**46**	**66**	**81**	**193**	**6057**	**6510**

Table No.3- Total lab investigation

Pocket No.	Area/ villages covered under pocket	Investigations/Screening																		
		Hb (gm%)						Blood Sugar Level (mg/dl)		Other Investigation						Total Investigations				Grand Total	
		SC			Other			SC	Other	SC			Other			SC		Other			
		MC	FC	F	MC	FC	F	F	F	MC	FC	F	MC	FC	F	MC	FC+F	MC	FC+F	MC	FC+F
Pocket 1	Shivdaspura	8	6	112	0	0	0	112	0	0	0	0	0	0	0	8	230	0	0	8	230
Pocket 1	Kanota	50	91	248	19	38	24	298	10	5	0	89	0	0	7	55	726	19	79	74	805
Pocket 2	Jaisinghpura	63	61	410	16	19	8	506	9	8	0	133	0	0	16	71	1110	16	52	87	1162
Pocket 3	Bobas	38	52	392	8	0	3	486	4	14	10	247	0	0	0	52	1187	8	7	60	1194
Pocket 4	Baksawala/Ashawala	38	112	566	0	0	4	682	4	6	10	254	9	0	0	44	1624	9	8	53	1632
Pocket 5	Shree ram ki nagal	56	110	424	0	0	0	485	0	3	18	101	0	0	8	59	1138	0	8	59	1146
Total		**253**	**432**	**2152**	**43**	**57**	**39**	**2569**	**27**	**36**	**38**	**824**	**9**	**0**	**31**	**289**	**6015**	**52**	**154**	**341**	**6169**

Table No.6 - Patients (women) attending outreach OPD for different disease conditions (Most common first 10)

Sl. No.	Disease	Disease code	No. of total patients (N=4445) (in decreasing order)									
			P1		P2		P3		P4		P5	
			n	%	n	%	n	%	n	%	n	%
1.	Sandhiwat	AAE-16	75	10.56%	76	9.57%	57	6.38%	139	11.43%	112	13.32%
2.	Vibandh	AAC-12.4	73	10.28%	59	7.43%	71	7.94%	92	7.57%	83	9.87%
3.	Vatvyadhi	AA	46	6.48%	44	5.54%	82	9.17%	89	7.32%	42	4.99%
4.	Shwetpradar	EL-5	70	9.86%	39	4.91%	53	5.93%	68	5.59%	49	5.83%
5.	Daurabalya	MD-11	54	7.61%	49	6.17%	46	5.15%	43	3.54%	31	3.69%
6.	Kas	EA-3	16	2.25%	45	5.67%	22	2.46%	63	5.18%	46	5.47%
7.	Katishula/Trigrah	AAB-61	21	2.96%	34	4.28%	39	4.36%	40	3.29%	24	2.85%
8.	Pratishaya/Pinas	I-1	18	2.54%	31	3.90%	14	1.57%	47	3.87%	38	4.52%
9.	Agnimandh	ACB-23	11	1.55%	11	1.39%	42	4.70%	51	4.19%	13	1.55%
10.	Shirashula	F	18	2.54%	17	2.14%	8	0.89%	62	5.10%	6	0.71%
Total			**402**	**56.62%**	**405**	**51.01%**	**434**	**48.55%**	**694**	**57.07%**	**444**	**52.79%**

Description:

- **Total number of patients attended = 4445**
- **Commonest diseases with probable cause, treatment given and effectiveness of ayurvedic regimen-**

  The primary disease observed in the 5 SC pockets was Sandhivaat (Osteoarthritis), constituting of all female patients in attending the outreach OPD. The second most prevalent condition was Vibandh (Constipation), in total female patients. Other notable diseases observed in each of the five pockets include Vatvyadhi, Swetapradar (Leucorrhoea), Daurbalya (general weakness), Kasa (Cough), Katishoola (Backache), Pratishayay (Rhinitis), Agnimandh, and Shirashula (Headache). Overall, the outreach OPD in the five pockets recorded 2379 female patients across all disease conditions. This accounted for 56.62% in Pocket 1, 51.01% in Pocket 2, 48.55% in Pocket 3, 57.07% in Pocket 4, and 52.79% in Pocket 5 of the total Female patients attending the outreach OPD in each respective pocket.

Table No. 7 - Children attending outreach OPD for different disease conditions (Most common first 10)

Sl. No.	Disease	Disease code	No. of total patients (in decreasing order)									
			P1		P2		P3		P4		P5	
			n	%	n	%	n	%	n	%	n	%
1.	Pratishaya	I-1	25	7.62%	26	9.70%	8	4.28%	82	19.66%	40	9.95%
2.	Daurabalya	MD-11	36	10.98%	26	9.70%	19	10.16%	26	6.24%	64	15.92%
3.	Kas	EA-3	27	8.23%	21	7.84%	11	5.88%	34	8.15%	42	10.45%
4.	Aruchi	EC-7	19	5.79%	9	3.36%	7	3.74%	21	5.04%	28	6.97%
5.	Aganimandh	ACB-23	14	4.27%	22	8.21%	16	8.56%	17	4.08%	7	1.74%
6.	Udarshula	EK-4	21	6.40%	11	4.10%	1	0.53%	17	4.08%	23	5.72%
7.	Khalitiya	FA-3	5	1.52%	5	1.87%	9	4.81%	32	7.67%	12	2.99%
8.	Vibandh	AAC-12.4	6	1.83%	12	4.48%	5	2.67%	17	4.08%	12	2.99%
9.	Palitiya	ABB-26	6	1.83%	5	1.87%	3	1.60%	13	3.12%	18	4.48%
10.	Kandu	ED-2.2	10	3.05%	4	1.49%	7	3.74%	11	2.64%	7	1.74%
TOTAL			169	51.52%	141	52.61%	86	45.99%	270	64.75%	253	62.94%

Description:

- **Total number of children attending OPD = 1602**
- **Commonest diseases with probable cause, treatment given and effectiveness of ayurvedic regimen.**

  The primary disease observed in the 5 SC pockets was Pratishaya (Rhinitis), constituting of all Child patients in attending the outreach OPD. The second most prevalent condition was Daurabalya (general weakness), in total Child patients. Other notable diseases observed in each of the five pockets Kasa (Cough), Aruchi, Agnimandh, Udarshula, Khalitiya, Vibandh (Constipation), Palitiya, Kandu. Overall, the outreach OPD in the five pockets recorded 1602 Child patients across all disease conditions. This accounted for 51.52% in Pocket 1, 52.62% in Pocket 2, 45.99% in Pocket 3, 64.75% in Pocket 4, and 62.94% in Pocket 5 of the total Child patients attending the outreach OPD in each respective pocket.

B. Status of IMR Projects under WCH-SCSP

Name of the project	Date of initiation	Date of completion of study	Target	No. of Patients Screened	No. of Patients enrolled	No. of patients successfully completed	No. of drop out patients	Reason for Dropout	Remarks
Dysmenorhoea	14/11/2023	Approx Month of August 2025	46	54	46	0	6	Patient not willing to continue, refused to come	-

Summary and current status of the project: The project titled "Effectiveness of Rajapravartani and Saraswatarishta in Dysmenorrhea" was designated as a 2023–24 IMR Annual Action Plan project, with a focus on future community-based study. This project holds the potential to not only evaluate the efficacy of Rajapravartani Vati and Saraswatarishta in treating primary dysmenorrhea based on classical claims but also to enhance the psychological well-being of research participants.

Initially, 54 participants underwent screening, out of which 46 were enrolled in the trial. However, six patients later withdrew from the study. Currently, the project is ongoing with 40 patients still participating. The continuation of the project signifies ongoing efforts to gather data and assess the effectiveness of the treatments under investigation.

Summary

During the reporting period from April 2023 to March 2024, this institute implemented the Women and Child Health (WCH) program under the Scheduled Castes Sub Plan (SCSP), focusing on five SC Pockets (Shivdaspura & Kanota, Jaisinghpura, Bobas, Baksawala, and Shree Ram ki Nangal) to deliver healthcare services. Throughout this period, the project's healthcare team treated a total of 6057 patients, with 4455 being women and 1602 children from the SC community. Additionally, 216 visits were conducted in these Pockets, during which free medicines and educational materials in Hindi and English were distributed, and ANC checkups for pregnant women were conducted. A door-to-door survey of 3940 scheduled caste individuals was also carried out. Health camps facilitated screenings for anemia in 2976 women and children, blood sugar levels in 2596 women, and other investigations, including CBC, ESR, LFT, RFT, Lipid profile, HbA1c, RA Factor, CRP, and Widal, were conducted on 173 patients. Treatments were administered based on screening results. Furthermore, awareness lectures on various health topics, such as nutrition, dietary habits, daily routines, Ritucharya, symptoms of breast cancer and cervical cancer in women, yoga, rheumatic diseases, osteoarthritis, Tridosh (imbalance of bodily humors), and cleanliness, were conducted across all Pockets. Additionally, one clinical study was conducted to evaluate the effectiveness of Rajapravartani Vati and Saraswatarishta in managing Dysmenorrhea through a community-based approach.

The data collected indicated that the majority of women were homemakers with limited physical awareness, with a prevalent preference for a vegetarian diet centered around rice and wheat. A small proportion of women reported smoking or using pan masala, indicating a low prevalence of addiction. The primary languages spoken in the area were Hindi and Rajasthani, with access to primary healthcare facilities.

According to the available data, the maximum number of women were found to be suffering from Sandhiwat (Osteoarthritis), Vibandh (Constipation), Vatvyadhi, Swetapradar (Leucorrhoea), Daurbalya (general weakness), Kasa (Cough), Katishoola (Backache), Pratishayay (Rhinitis), Agnimandh, and Shirashula (Headache). whereas in children Pratishayay (Rhinitis), Daurbalya (general weakness), Kasa (Cough), Aruchi, Agnimandh, Udarshula, Khalitiya, Vibandh (Constipation), Palitiya, Kandu.

VI. HOSPITAL STATISTICS:

The Institute has Out Patient Door (OPD), In Patient Door (IPD) and Panchakarma facilities. OPD of the Institute is running daily from 9:00 AM-1:00 PM and 2:00 PM-4:00 PM on all working days. Ayurvedic medicines are dispensed at free of cost to all patients as per need along with consultation.

During the reporting year 2023-24, total 37790 (20379 males and 17411 females) patients were examined and treated at OPD level.

OPD	**Male**	**Female**	**Total**
General OPD	13765	13789	27554
Geriatric OPD	5917	3080	8997
Pediatric OPD	697	542	1239
Total	**20379**	**17411**	**37790**

The Institute is having 20 beded IPD facility, out of which 10 beds are allotted to each male and female wards. During the reporting year, total 260 patients (106 males & 154 females) were admitted and treated in the IPD of the Institute. The admission of the patients and the panchkarma procedures are carried out on the payment basis as per the instructions of the Council's head quarter. The concession in the charges to the senior citizens and BPL patients for admission and procedures are applied as per council's guidelines.

During the reporting year, in Panchakarma unit of the institute, total 8819 number of different Panchakarma therapy procedures (3549 on males and 5270 on females) were performed.

The Institute is having a well-equipped Clinical Laboratory. In the laboratory, there are Bio-chemistry and Pathology sections. The various investigations are done in the laboratory keeping in view the allotted Research programs. The investigations are done on payment basis except Research cases and BPL patients. 60% concession is provided to Senior Citizens on all investigations since January, 2017.

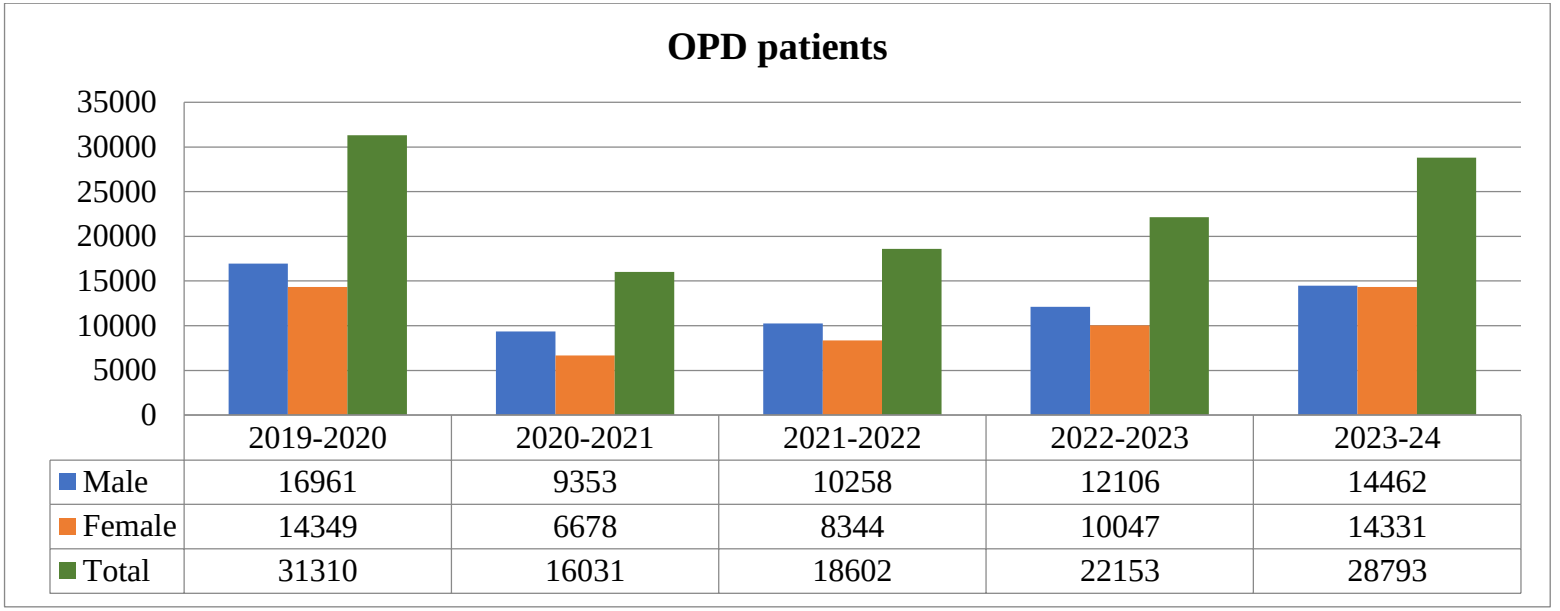
During the current reporting year 2023-24, total 30307 investigations related to Pathology, Serology and Biochemistry (Blood, Stool, Urine, Semen and Sputum etc.) were carried out. The institute is also having a Radiography unit where during the reporting years, total 116 radiological investigations were performed.

(1) Out Patient Department:

A. Statement of patients attended OPD during different years (Since inception up to 2023-24):

S. No.	Year	No. of patients attended OPD													
		New						Old						GRAND TOTAL	
		Adult		Child		TOTAL		Adult		Child		TOTAL			
		M	F	M	F	M	F	M	F	M	F	M	F	M	F
1.	1972-73	62	62	09	03	71	65	10	05	04	-	14	05	85	70
2.	1973-74	79	352	98	57	177	409	237	110	69	-	306	110	483	519
3.	1974-75	754	654	73	59	827	713	3973	3508	696	-	4669	3508	5496	4221
4.	1975-76	602	372	243	175	845	547	4744	2555	793	-	5537	2555	6382	3102
5.	1976-77	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6.	1977-78	108	177	29	13	137	190	476	740	30	-	506	740	643	930
7.	1978-79	518	376	85	86	603	462	136	165	39	-	175	165	778	627
8.	1979-80	187	147	26	33	213	180	57	62	22	-	79	62	292	242
9.	1980-81	1161	971	130	120	1291	1091	465	522	107	-	572	522	1863	1613
10.	1981-82	1143	1072	193	177	1336	1249	633	905	100	96	733	1001	2069	2250
11.	1982-83	1118	1422	282	167	1400	1589	932	178	217	111	1149	289	2549	1878
12.	1983-84	1754	2151	433	331	2187	2482	1514	3123	412	392	1926	3515	4113	5997
13.	1984-85	1864	2079	344	310	2208	2389	1633	2828	261	241	1894	3069	4102	5458
14.	1985-86	2036	2059	401	356	2437	2415	1434	2492	267	191	1701	2683	4138	5098
15.	1986-87	1629	1761	342	255	1971	2016	1136	2038	225	220	1361	2258	3332	4274
16.	1987-88	1548	1852	306	251	1854	2103	1245	2094	214	159	1459	2253	3313	4356
17.	1988-89	1454	1578	293	205	1747	1783	1398	1676	193	148	1591	1824	3338	3607
18.	1989-90	1077	1165	1371	179	2448	1344	1073	1155	118	67	1191	1222	3639	2566
19.	1990-91	1146	1103	167	148	1313	1251	876	1046	163	207	1039	1253	2352	2504
20.	1991-92	1095	1112	167	139	1262	1251	888	1333	170	170	1058	1503	2320	2754
21.	1992-93	1063	1027	155	144	1218	1171	697	1148	119	75	816	1223	2034	2394
22.	1993-94	837	871	103	72	940	943	585	895	66	44	651	939	1591	1882
23.	1994-95	776	844	60	62	836	906	432	671	50	35	482	706	1318	1612
24.	1995-96	841	870	43	48	884	918	377	433	24	13	401	446	1285	1364
25.	1996-97	1341	1205	65	66	1406	1271	423	552	11	07	434	559	1840	1830
26.	1997-98	1173	1060	57	44	1230	1104	316	479	10	06	326	485	1556	1589
27.	1998-99	1620	1213	148	82	1768	1295	591	649	53	28	644	677	2412	1972

28.	**1999-00**	5869	4587	774	771	6643	5358	4831	4860	384	369	5215	5229	11858	10587
29.	**2000-01**	6310	5161	646	531	6956	5692	5767	6784	334	314	6101	7098	13057	12790
30.	**2001-02**	5473	4465	629	510	6102	4975	5403	5629	465	224	5868	5853	11970	10828
31.	**2002-03**	7454	7432	1196	951	8650	8383	8252	9663	690	529	8942	10192	17592	18575
32.	**2003-04**	7585	6337	1079	842	8664	7179	8796	9787	680	504	9476	10291	18140	17470
33.	**2004-05**	3635	2949	384	273	4019	3222	4159	5125	330	224	4489	5349	8508	8571
34.	**2005-06**	4207	3030	438	282	4645	3312	4935	4430	186	112	5121	4542	9766	7854
35.	**2006-07**	5215	3614	360	267	5575	3881	4385	3958	157	93	4542	4051	10117	7932
36.	**2007-08**	4982	3267	293	233	5275	3500	5386	3652	136	113	5522	3765	10797	7265
37.	**2008-09**	5788	4049	414	340	6202	4389	6950	5860	177	232	7127	6092	13329	10481
38.	**2009-2010**	5857	4039	403	297	6260	4336	8352	5957	292	268	8644	6225	14904	10561
39.	**2010-2011**	4814	3191	296	192	5110	3383	9248	6105	341	269	9589	6374	14699	9757
40.	**2011-2012**	5755	3844	260	218	6015	4062	10822	7311	349	317	11171	7628	17186	11690
41.	**2012-2013**	7593	4943	314	227	7907	5170	9302	5752	244	162	9546	5914	17453	11084
42.	**2013-2014**	8510	5787	357	313	8867	6100	10120	7250	282	193	10402	7443	19269	13543
43.	**2014-2015**	8773	5768	360	287	9133	6055	8607	6289	242	191	8849	6480	17982	12535
44.	**2015-2016**	8536	5970	376	263	8912	6233	7904	6019	215	171	8119	6191	17031	12424
45.	**2016-2017**	8960	6213	296	254	9256	6467	7427	5487	153	125	7580	5612	16836	12079
46.	**2017-2018**	7289	5291	248	205	7537	5496	6039	4801	100	111	6139	4912	13676	10408
47.	**2018-2019**	8783	7117	413	281	9196	7398	7894	7568	184	124	8078	7692	17274	15090
48.	**2019-2020**	8373	6917	343	247	8716	7164	8043	7058	202	127	8245	7185	16961	14349
49.	**2020-2021**	6229	4446	163	103	6392	4549	2902	2100	59	29	2961	2129	9353	6678
50.	**2021-2022**	7001	5583	141	170	7142	5753	3077	2545	39	46	3116	2591	10258	8344
51.	**2022-2023**	8134	6782	270	226	8404	7008	3628	2989	74	50	3702	3039	12106	10047
52.	**2023-2024**	5079	4745	274	217	5353	4962	8901	9257	208	112	9109	9369	14462	14331
G. TOTAL		**193190**	**153082**	**16350**	**12082**	**209540**	**165164**	**197411**	**177598**	**10956**	**7219**	**208367**	**184818**	**417907**	**349982**



	2019-2020	2020-2021	2021-2022	2022-2023	2023-24
Male	16961	9353	10258	12106	14462
Female	14349	6678	8344	10047	14331
Total	31310	16031	18602	22153	28793

B. Statement of Patients attended Out Patient Department (OPD) during reporting year 2023-24:

S. No	D.id	D.Code	Disease	Adult				Child				Total				New Total	Old Total	Grand Total
				New		Old		New		Old		Adult		Child				
				M	F	M	F	M	F	M	F	M	F	M	F			
1	6	AAA-1	VATASANCAYAH	1	0	1	1	0	0	0	0	2	1	0	0	1	2	3
2	7	AAA-2	VATAVRUDDHIH	2	5	5	1	0	0	0	0	7	6	0	0	7	6	13
3	8	AAA-2.1	VATAPRAKOPAH	5	4	2	3	0	0	0	0	7	7	0	0	9	5	14
4	9	AAA-2.2	PRANAVATAKOPAH	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
5	11	AAA-2.4	VYANAVATAKOPAH	40	23	63	57	0	0	0	0	103	80	0	0	63	120	183
6	12	AAA-2.5	SAMANAVATAKOPAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
7	17	AAB-1	ATIPRALAPAH (KEVALAVATA)	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
8	19	AAB-3	ANGAMARDAH (KEVALAVATA)	8	9	8	3	0	0	0	0	16	12	0	0	17	11	28
9	22	AAB-6	ARDITAH (KEVALAVATA)	4	0	11	14	0	0	0	0	15	14	0	0	4	25	29
10	23	AAB-7	ARASAJNATA (KEVALAVATA)	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
11	28	AAB-12	AKSHISULAH (KEVALAVATA)	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
12	31	AAB-15	UCCAIHSRUTIH (KEVALAVATA)	1	1	0	1	0	0	0	0	1	2	0	0	2	1	3
13	32	AAB-16	UDARAVESHTAH (KEVALAVATA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
14	33	AAB-17	UDAVARTAH (KEVALAVATA)	0	8	1	10	0	0	0	0	1	18	0	0	8	11	19
15	34	AAB-18	URUSTAMBAH/ADHYAVATAH (KEVALAVATA)	2	0	2	0	0	0	0	0	4	0	0	0	2	2	4
16	36	AAB-20	EKANGAROGAH (KEVALAVATA)	2	0	2	0	0	0	0	0	4	0	0	0	2	2	4
17	37	AAB-21	OSHTHABEDAH (KEVALAVATA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
18	38	AAB-22	KANTHODHVAMSAH (KEVALAVATA)	1	1	1	0	0	0	0	0	2	1	0	0	2	1	3
19	39	AAB-23	KARNASULAH (KEVALAVATA)	7	6	1	3	0	0	0	0	8	9	0	0	13	4	17
20	40	AAB-24	KAMPAH/VEPATHUH (KEVALAVATA)	4	4	47	5	0	0	0	0	51	9	0	0	8	52	60
21	41	AAB-25	KASHAYASYATA (KEVALAVATA)	0	2	0	2	0	0	0	0	0	4	0	0	2	2	4
22	43	AAB-27	KARSHNYAM (KEVALAVATA)	7	5	3	8	0	0	0	0	10	13	0	0	12	11	23
23	45	AAB-29	KARSYAM (KEVALAVATA)	18	11	22	56	0	0	1	0	40	67	1	0	29	79	108
24	48	AAB-32	GARBANASAH (KEVALAVATA)	1	2	0	0	0	0	0	0	1	2	0	0	3	0	3
25	49	AAB-33	GRIVASTAMBAH (KEVALAVATA)	29	32	31	74	0	0	0	0	60	106	0	0	61	105	166
26	50	AAB-34	GUDABRAMSAH (KEVALAVATA)	3	0	0	1	0	0	0	0	3	1	0	0	3	1	4
27	51	AAB-35	GUDARTIH (KEVALAVATA)	0	1	0	3	0	0	0	0	0	4	0	0	1	3	4
28	53	AAB-37	GRUDHRASI (KEVALAVATA)	64	92	111	182	0	0	0	0	175	274	0	0	156	293	449
29	54	AAB-38	GHRANANASAH/NASAHUNDANAM (KEVALAVATA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
30	55	AAB-39	JANUBEDAH (KEVALAVATA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
31	56	AAB-40	JANUVISLESHAH (KEVALAVATA)	0	2	1	0	0	0	0	0	1	2	0	0	2	1	3

32	60	AAB-43	TIMIRAH (KEVALAVATA)	1	1	7	4	0	0	0	0	8	5	0	0	2	11	13
33	61	AAB-44	TVAKSUNYATA (KEVALAVATA)	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
34	64	AAB-47	DANTABEDAH (KEVALAVATA)	11	8	13	8	0	0	0	0	24	16	0	0	19	21	40
35	68	AAB-51	NIRAMAVATAH	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
36	69	AAB-52	PAKSHAGHATAH/PAKSHAVADHAH (KEVALAVATA)	3	5	26	7	0	0	0	0	29	12	0	0	8	33	41
37	72	AAB-55	PADASULAH (KEVALAVATA)	0	3	1	8	0	0	0	0	1	11	0	0	3	9	12
38	73	AAB-56	PADASUPTATA (KEVALAVATA)	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
39	74	AAB-57	PARUSHYAM (KEVALAVATA)	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
40	76	AAB-59	PINDIKODVESHTANAM (KEVALAVATA)	1	1	2	2	0	0	0	0	3	3	0	0	2	4	6
41	77	AAB-60	PURISHATIGADHATVAM (KEVALAVATA)	0	0	3	0	0	0	0	0	3	0	0	0	0	3	3
42	78	AAB-61	PRUSHTHA-GRAHAH (KEVALAVATA)	2	1	0	0	0	0	0	0	2	1	0	0	3	0	3
43	82	AAB-65	BALAHANIH (KEVALAVATA)	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
44	84	AAB-67	BIRUTA (KEVALAVATA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
45	86	AAB-69	MUKATVAM (KEVALAVATA)	0	0	3	0	0	0	0	0	3	0	0	0	0	3	3
46	88	AAB-71	BRAMAH (KEVALAVATA)	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
47	90	AAB-73	MANYASTAMBAH (KEVALAVATA)	4	9	9	23	0	0	0	0	13	32	0	0	13	32	45
48	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	35	24	22	29	0	0	0	0	57	53	0	0	59	51	110
49	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	15	5	29	22	0	0	0	0	44	27	0	0	20	51	71
50	93	AAB-76	RAJONASAH (KEVALAVATA)	0	35	6	116	0	0	0	0	6	151	0	0	35	122	157
51	97	AAB-80	TRIKAGRAHAH (KEVALAVATA)	44	48	94	73	0	0	0	0	138	121	0	0	92	167	259
52	98	AAB-81	VARTMASTAMBAH (KEVALAVATA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
53	100	AAB-83	VAKSHOPARODHAH (KEVALAVATA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
54	101	AAB-84	VAKSHASTODAH (KEVALAVATA)	1	1	0	4	0	0	0	0	1	5	0	0	2	4	6
55	107	AAB-90	VIPADIKA (NANATMAJA) (KEVALAVATA)	1	6	1	3	0	0	0	0	2	9	0	0	7	4	11
56	108	AAB-91	VISHADAH/DINATA (KEVALAVATA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
57	112	AAB-95	SIRASPURTIH (KEVALAVATA)	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
58	113	AAB-96	SIRORUK (KEVALAVATA)	43	96	73	165	0	1	0	0	116	261	0	1	140	238	378
59	114	AAB-97	SUKRAKSHAYAH (KEVALAVATA)	55	0	61	0	0	0	0	0	116	0	0	0	55	61	116
60	125	AAB-107	STAMBAH (KEVALAVATA)	1	0	0	2	0	0	0	0	1	2	0	0	1	2	3
61	128	AAB-110	HRUDDRAVAH (KEVALAVATA)	0	0	2	1	0	0	0	0	2	1	0	0	0	3	3

62	2976	AAB-112	GRIVAHUNDANAM	1	4	2	8	0	0	0	0	3	12	0	0	5	10	15
63	135	AAC-4	ARDITAH	0	2	4	6	0	0	0	0	4	8	0	0	2	10	12
64	137	AAC-4.2	ASADHYA-ARDITAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
65	138	AAC-5	ASTHIPRABEDAH	2	0	0	1	0	0	0	0	2	1	0	0	2	1	3
66	139	AAC-6	ASTHISOSHAH	3	3	3	11	0	0	0	0	6	14	0	0	6	14	20
67	140	AAC-7	VATASHTHILA	8	0	45	1	0	0	0	0	53	1	0	0	8	46	54
68	141	AAC-8	AVABAHUKAH	13	25	24	45	0	0	0	0	37	70	0	0	38	69	107
69	142	AAC-9	URUSTAMBAH/ADHYAVATAH	0	0	2	0	0	0	0	0	2	0	0	0	0	2	2
70	147	AAC-12	ADHMANAM	205	105	383	173	0	0	0	0	588	278	0	0	310	556	866
71	567	AAC-12.2	AMAJA-ANAHAH	7	3	17	6	0	0	0	0	24	9	0	0	10	23	33
72	2983	AAC-12.4	VIBANDHA	295	123	417	145	0	0	0	0	712	268	0	0	418	562	980
73	152	AAC-15	EKANGAVATAH	4	4	9	4	0	0	0	0	13	8	0	0	8	13	21
74	153	AAC-16	KALAYAKHANJAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
75	154	AAC-17	KROSHTUKASIRSHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
76	156	AAC-19	KHALLI	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
77	157	AAC-20	GRUDHRASI	4	10	19	16	0	0	0	0	23	26	0	0	14	35	49
78	161	AAC-22	TUNI	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
79	163	AAC-24	PAKSHAGHATA/PAKSHAVADHAH	0	0	4	3	0	0	0	0	4	3	0	0	0	7	7
80	165	AAC-24.2	PITTANVITAPAKSHAGHATAH	0	1	1	1	0	0	0	0	1	2	0	0	1	2	3
81	167	AAC-25	PADADAHAH	2	0	2	4	0	0	0	0	4	4	0	0	2	6	8
82	169	AAC-27	PRATITUNI	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
83	170	AAC-28	PRATYASHTHILA	1	1	1	0	0	0	0	0	2	1	0	0	2	1	3
84	171	AAC-29	VRANAYAMAH	1	1	0	1	0	0	0	0	1	2	0	0	2	1	3
85	174	AAC-32	MANYASTAMBAH	1	0	3	2	0	0	0	0	4	2	0	0	1	5	6
86	175	AAC-33	MUKATVAM	0	0	2	0	0	0	0	0	2	0	0	0	0	2	2
87	176	AAC-34	VATAKANTAKAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
88	177	AAC-35	VISVACI	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
89	178	AAC-36	KAMPAH/VEPATHUH	4	2	12	0	0	0	0	0	16	2	0	0	6	12	18
90	179	AAC-37	SIROGRAHAH	4	4	7	3	0	0	0	0	11	7	0	0	8	10	18
91	181	AAC-39	SIRAGRAHAH	0	2	1	3	0	0	0	0	1	5	0	0	2	4	6
92	184	AAD-1	ANYONYAVARANAH/ PARASPARA-AVARANAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
93	204	AAD-1.20	VYANAVRUTASAMANAVATAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
94	206	AAD-2.1	PITTAVRUTAVATAH	1	4	5	6	0	0	0	0	6	10	0	0	5	11	16
95	212	AAD-2.7	PITTAVRUTA-SAMANAVATAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
96	220	AAD-3.1	RAKTAVRUTAVATAH	17	20	27	36	0	0	0	0	44	56	0	0	37	63	100
97	225	AAD-3.6	SUKRAVRUTAVATAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
98	228	AAD-4.1	MUTRAVRUTAVATAH	1	1	4	2	0	0	0	0	5	3	0	0	2	6	8
99	230	AAD-5	ANNAVRUTAVATAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
100	232	AAE	STHANAVISESHA-KUPITAVATAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1

101	238	AAE-6	SROTRADINDRIYAGATAVATAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
102	239	AAE-7	TVAK^-GATAVATAH	1	1	3	0	0	0	0	0	4	1	0	0	2	3	5
103	242	AAE-10	MEDOGATAVATAH	1	1	4	4	0	0	0	0	5	5	0	0	2	8	10
104	243	AAE-11	ASTHIGATAVATAH	2	0	2	0	0	0	0	0	4	0	0	0	2	2	4
105	245	AAE-13	SUKRAGATAVATAH	2	0	1	0	0	0	0	0	3	0	0	0	2	1	3
106	246	AAE-14	SNAYUGATAVATAH	2	1	1	1	0	0	0	0	3	2	0	0	3	2	5
107	247	AAE-15	SIRAGATAVATAH	0	2	1	1	0	0	0	0	1	3	0	0	2	2	4
108	248	AAE-16	SANDHIGATAVATAH	345	713	709	1569	0	0	0	0	1054	2282	0	0	1058	2278	3336
109	250	AA-1	KRUCCRASADHYAVATA VYADHIH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
110	252	AA-3	VATAVYADHI-UPADRAVAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
111	253	AA-4	VATAVYADHI^^ARISHTA	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
112	258	ABA-2.1	PITTAPRAKOPAH	9	5	9	6	0	0	0	0	18	11	0	0	14	15	29
113	262	ABB-1	AKSHIPAKAH (KEVALAPITTA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
114	263	ABB-2	ANGAGANDHAH (KEVALAPITTA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
115	268	ABB-7	AMLAKAH (KEVALAPITTA)	0	0	2	0	0	0	0	0	2	0	0	0	0	2	2
116	270	ABB-9	ASYAVIPAKAH (KEVALAPITTA)	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
117	274	ABB-13	KAMALA (KEVALAPITTA)	2	3	1	1	0	0	0	0	3	4	0	0	5	2	7
118	275	ABB-14	GALAPAKAH (KEVALAPITTA)	0	3	0	1	0	0	0	0	0	4	0	0	3	1	4
119	283	ABB-22	DAVAH (KEVALAPITTA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
120	290	ABB-29	MAMSAKLEDAH (KEVALAPITTA)	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
121	294	ABB-33	RAKTAVISPOTAH (KEVALAPITTA)	4	4	2	6	0	0	0	0	6	10	0	0	8	8	16
122	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	1	0	1	1	0	0	0	0	2	1	0	0	1	2	3
123	298	ABB-37	VIDAHAH (KEVALAPITTA)	2	0	0	2	0	0	0	0	2	2	0	0	2	2	4
124	2975	ABB-44	HARIDRAVARCHA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
125	304	ABC	STHANAVISESHA-KUPITAPITTAM	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
126	305	ABC-1	RAKTASTHITAPITTAKOPAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
127	314	ABC-10	SIRASTHITAPITTAKOPAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
128	317	AB-3	PITTAROGA-ARISHTAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
129	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	45	76	51	194	0	0	0	0	96	270	0	0	121	245	366
130	329	ACB-4	UDARDAH (KEVALA-KAPHA)	51	47	82	61	0	0	0	0	133	108	0	0	98	143	241
131	334	ACB-9	MUTRADHIKYAM (KEVALA-KAPHA)	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
132	335	ACB-10	SUKRAVRUDDHIH/SUKRADHIKYAM (KEVALA-KAPHA)	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
133	336	ACB-11	SAITYAM-NANATMAJASLESHMAVIKARAH (KEVALA-KAPHA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1

134	338	ACB-13	GALAGANDAH (KEVALA-KAPHA)	2	3	3	1	0	0	0	0	5	4	0	0	5	4	9
135	339	ACB-14	GURUGATRATA (KEVALA-KAPHA)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
136	343	ACB-18	NIDRADHIKYAM (KEVALA-KAPHA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
137	346	ACB-21	MUKHAMADHURYAM (KEVALA-KAPHA)	0	1	3	2	0	0	0	0	3	3	0	0	1	5	6
138	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	178	86	203	137	0	0	0	0	381	223	0	0	264	340	604
139	350	ACB-25	SVETAVARCASTVAM (KEVALA-KAPHA)	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
140	351	ACB-26	SVETAVABASATA (KEVALA-KAPHA)	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
141	353	ACB-28	HRUDAYOPALEPAH (KEVALA-KAPHA)	1	1	1	0	0	0	0	0	2	1	0	0	2	1	3
142	354	ACB-29	GHARGHARAVAKYATA (KEVALA-KAPHA)	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
143	2977	ACB-30	SHVETAMUTRATVAM	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
144	2978	ACB-31	SHVETANETRATVAM	0	0	0	3	0	0	0	0	0	3	0	0	0	3	3
145	356	ACC-1	TVAK-STHITAKAPAKOPAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
146	385	BA-1	RASAKSHAYAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
147	388	BB-1	RAKTAKSHAYAH	2	3	1	9	0	0	0	0	3	12	0	0	5	10	15
148	389	BB-2	RAKTAVRUDDHIH	2	0	1	1	0	0	0	0	3	1	0	0	2	2	4
149	399	BD-2	MEDOVRUDDHIH	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
150	407	BG-1	SUKRAKSHAYAH	1	0	3	0	0	0	0	0	4	0	0	0	1	3	4
151	408	BG-2	SUKRAVRUDDHIH/ SUKRADHIKYAM	2	0	1	0	0	0	0	0	3	0	0	0	2	1	3
152	409	BA-3	ARTAVAVAISHAMYAM	0	58	0	86	0	0	0	0	0	144	0	0	58	86	144
153	410	BA-3.1	ARTAVAKSHAYAH	1	24	0	34	0	0	0	0	1	58	0	0	25	34	59
154	411	BA-3.2	ARTAVAVRUDDHIH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
155	421	BI-1	RAJAYAKSHMA-PURVARUPAM	3	0	13	0	0	0	0	0	16	0	0	0	3	13	16
156	454	CC-2	SVEDAVRUDDHIH	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
157	431	BI-11	ADHVAJANYA-RAJAYAKSHMA/SOSHA	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
158	438	BI-18	YAKSHMAJASIRAHSULAH	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
159	440	BI-20	CIKITSYA-RAJAYAKSHMA	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
160	446	CA-1	MUTRAKSHAYAH	54	39	84	65	0	0	0	0	138	104	0	0	93	149	242
161	447	CA-2	MUTRAVRUDDHIH	0	1	1	2	0	0	0	0	1	3	0	0	1	3	4
162	453	CC-1	SVEDAKSHAYAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
163	462	DB	JATHARAGNIVIKARAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1

164	463	DB-1	MANDAGNIH/ AGNISADA	6	4	3	3	0	0	0	0	9	7	0	0	10	6	16
165	472	EA-2.1	HIKKA-PURVARUPAM	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
166	480	EA-3	KASAH	275	174	391	302	0	0	1	0	666	476	1	0	449	694	1143
167	481	EA-3.1	KASA-PURVARUPAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
168	482	EA-3.2	VATAJAKASAH	8	2	5	4	0	0	0	0	13	6	0	0	10	9	19
169	483	EA-3.3	PITTAJAKASAH	1	2	0	0	0	0	0	0	1	2	0	0	3	0	3
170	484	EA-3.4	KAPAJAKASAH	4	1	5	0	0	0	0	0	9	1	0	0	5	5	10
171	489	EA-4	SVASAH	55	67	107	141	1	0	0	0	162	208	1	0	123	248	371
172	494	EA-4.5	TAMAKASVASAH	14	6	20	13	0	0	0	0	34	19	0	0	20	33	53
173	497	EA-4.6	KSHUDRASVASAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
174	500	EA-5	SVARABEDAH	1	1	0	1	0	0	0	0	1	2	0	0	2	1	3
175	509	EA-5.9	PINASAJANYASVARABEDAH	0	0	2	2	0	0	0	0	2	2	0	0	0	4	4
176	518	EB-2.2.1	PAKVAVATIKATISARAH	3	2	2	5	0	0	0	0	5	7	0	0	5	7	12
177	525	EB-2.9	JVARATISARAH	1	2	1	0	0	0	0	0	2	2	0	0	3	1	4
178	536	EB-3	AJIRNAM	84	32	103	37	0	0	0	0	187	69	0	0	116	140	256
179	537	EB-3.1	VISHTABDHAJANYA-AJIRNAM/ VATAJA-AJIRNAM	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
180	542	EB-3.6	PRATIVASARA-AJIRNAM	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
181	550	EB-3.9	ALASAKA	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
182	557	EB-3.11	AJIRNA-UPADRAVAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
183	558	EB-4	AMLAPITTAM	148	125	315	322	0	0	1	0	463	447	1	0	273	638	911
184	560	EB-4.2	ADHOGATA-AMLAPITTAM	0	0	0	3	0	0	0	0	0	3	0	0	0	3	3
185	597	EB-6.7	KRUMIJA-CARDIH	0	1	2	1	0	0	0	0	2	2	0	0	1	3	4
186	601	EB-7	GRAHANIDOSHAH	35	13	97	39	0	0	0	0	132	52	0	0	48	136	184
187	602	EB-7.1	GRAHANI-PURVARUPAM	5	1	5	5	0	0	0	0	10	6	0	0	6	10	16
188	611	EB-8	GULMAH	0	1	0	2	0	0	0	0	0	3	0	0	1	2	3
189	628	EB-9	PRAVAHIKA	49	15	71	46	0	0	0	0	120	61	0	0	64	117	181
190	633	EB-10	SULAH	10	1	8	3	0	0	0	0	18	4	0	0	11	11	22
191	635	EB-10.2	PITTAJASULAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
192	642	EB-10.9	AMLAPITTAJASULAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
193	643	EB-10.10	PARINAMASULAH	1	4	6	3	0	0	0	0	7	7	0	0	5	9	14
194	645	EB-10.10.2	PAITTIKA-PARINAMASULAH	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
195	647	EB-10.11	ANNADRAVASULAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
196	648	EB-10.12	BASTISULAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
197	650	EB-10.14	HRUDAYASULAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
198	651	EB-10.15	PARSVARUJAH/PARSVASULAH	5	3	1	2	0	0	0	0	6	5	0	0	8	3	11
199	652	EB-10.16	TRIKASULAH	86	85	121	186	0	0	0	0	207	271	0	0	171	307	478
200	653	EB-10.17	MUTRASULAH	2	1	4	1	0	0	0	0	6	2	0	0	3	5	8
201	655	EB-10.19	AVIPAKAJASULAH	3	2	3	0	0	0	0	0	6	2	0	0	5	3	8
202	674	EB-11.18	ASADHYA-UDAVARTAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1

203	676	EB-12	PARIKARTIKA	59	38	99	50	0	0	0	0	158	88	0	0	97	149	246
204	677	EB-13	ANTARDAHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
205	681	EC-2	HRUDROGAH	10	12	46	7	0	0	0	0	56	19	0	0	22	53	75
206	683	EC-2.2	PITTAJAHRUDROGAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
207	689	EC-3	JVARAH	97	82	119	131	0	0	0	0	216	213	0	0	179	250	429
208	724	EC-3.8.24	SAMSOSHI-SANNIPATAJVARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
209	728	EC-3.8.28	RAKTASHTHIVI-SANNIPATAJAJVARAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
210	731	EC-3.8.31	SANDHIGA-SANNIPATAJVARAH	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
211	761	EC-3.10	VISHAMAJVARAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
212	798	EC-4	STANYADUSHTIH/ KSHIRADOSHAH	0	3	1	6	0	0	0	0	1	9	0	0	3	7	10
213	799	EC-4.1	VATAJAKSHIRADOSHAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
214	812	EC-5	PANDUROGAH	29	80	32	107	2	0	0	0	61	187	2	0	111	139	250
215	813	EC-5.1	PANDU-PURVARUPAM	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
216	820	EC-5.8	ASADHYA-PANDUROGAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
217	822	EC-5.10	PANDU-ARISHTAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
218	823	EC-6	AMAVATAH	35	164	134	576	0	0	0	0	169	740	0	0	199	710	909
219	827	EC-6.4	ATIVRUDDHA-AMAVATAH	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
220	828	EC-7	ARUCIH	6	4	3	2	0	0	0	0	9	6	0	0	10	5	15
221	829	EC-8	KESAROGAH	62	43	53	47	0	0	0	0	115	90	0	0	105	100	205
222	830	ED	RAKTAVAHASROTOVIKARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
223	838	ED-2.2	KANDUH	110	108	176	177	0	1	0	1	286	285	0	2	219	354	573
224	848	ED-2.7	TAMAPRAVESAH/ TAMAH-ATIDARSANAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
225	850	ED-2.8	NIDRANASAH/ASVAPNAH	22	19	31	14	0	0	0	0	53	33	0	0	41	45	86
226	851	ED-2.9	PIDAKA	8	3	3	2	0	0	0	0	11	5	0	0	11	5	16
227	866	ED-2.16	VIVARNATA	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
228	871	ED-2.19	SIRORUK	1	2	1	2	0	0	0	0	2	4	0	0	3	3	6
229	873	ED-2.21	RAKTAPAKAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
230	874	ED-3	KAMALA	1	1	1	5	0	0	0	0	2	6	0	0	2	6	8
231	883	ED-4	KUSHTHAM	48	20	53	23	0	0	0	0	101	43	0	0	68	76	144
232	884	ED-4.1	KUSHTHA-PURVARUPAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
233	885	ED-4.2	MAHAKUSHTHAH	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
234	888	ED-4.2.3	UDUMBARA-KUSHTHAH/ PAITTIKA-KUSHTHAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
235	889	ED-4.2.4	MANDALAKUSHTHAH/ KAPAJAKUSHTHAH	2	1	9	6	0	0	0	0	11	7	0	0	3	15	18
236	892	ED-4.2.7	SIDHMAH	1	0	0	2	0	0	0	0	1	2	0	0	1	2	3
237	893	ED-4.2.8	KAKANAKAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1

238	894	ED-4.3	KSHUDRAKUSHTHAM	6	1	12	1	0	0	0	0	18	2	0	0	7	13	20
239	895	ED-4.3.1	EKAKUSHTHAH	6	4	20	17	0	0	0	0	26	21	0	0	10	37	47
240	897	ED-4.3.3	KITIBAH	18	5	36	24	0	0	0	0	54	29	0	0	23	60	83
241	898	ED-4.3.4	VIPADIKA	0	2	0	3	0	0	0	0	0	5	0	0	2	3	5
242	900	ED-4.3.6	DADRU-KUSHTHAH	39	29	60	53	0	0	0	0	99	82	0	0	68	113	181
243	902	ED-4.3.8	PAMA (KACCU)	12	8	13	11	0	0	0	0	25	19	0	0	20	24	44
244	905	ED-4.3.10	VICARCIKA	106	76	137	143	0	0	0	0	243	219	0	0	182	280	462
245	919	ED-5	SVITRAH	19	12	17	13	0	0	1	0	36	25	1	0	31	31	62
246	925	ED-5.6	MEDOJASVITRAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
247	932	ED-6.5	TRIDOSHAJAMASURIKA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
248	935	ED-6.7.1	TVAKGATAMASURIKA/ RASADHATUGATAMASURIKA	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
249	944	ED-7	RAKTAPITTAM	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
250	956	ED-8	VATARAKTAM	10	11	18	10	0	0	0	0	28	21	0	0	21	28	49
251	962	ED-8.5.1	VATAJAVATARAKTAM	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
252	972	ED-9	VIDRADHIH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
253	983	ED-9.7.4	KUKSHIVIDRADHIH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
254	985	ED-9.7.6	VRUKKAJAVIDRADHIH	0	1	0	3	0	0	0	0	0	4	0	0	1	3	4
255	988	ED-9.7.9	YAKRUJJAVIDRADHIH	9	5	19	11	0	0	0	0	28	16	0	0	14	30	44
256	1005	ED-10.8	MARMAGATA-AGNIVISARPAM	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
257	1006	ED-10.9	GRANTHIVISARPAH/ VATAKAPAJAVISARPAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
258	1017	ED-12	PLIHAROGAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
259	1029	ED-14	SITAPITTAM	26	25	15	56	0	0	0	0	41	81	0	0	51	71	122
260	1030	ED-14.1	SITAPITTA-PURVARUPAM	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
261	1031	ED-15	UDARDAH	6	9	8	19	0	0	0	0	14	28	0	0	15	27	42
262	1033	ED-16	BAGANDARAH	8	1	40	4	0	0	0	0	48	5	0	0	9	44	53
263	1036	ED-16.3	USHTRAGRIVA-BAGANDARAH/ PITTAJA-BAGANDARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
264	1054	ED-20	DAHAH	4	1	2	1	0	0	0	0	6	2	0	0	5	3	8
265	1062	EE	MAMSAVAHASROTOVIKARAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
266	1064	EE-2	ARBUDAH	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
267	1074	EE-3	ARSAH	275	119	691	249	0	0	0	0	966	368	0	0	394	940	1334
268	1076	EE-3.2	SUSHKA-ARSAH	0	0	1	2	0	0	0	0	1	2	0	0	0	3	3
269	1081	EE-3.7	RAKTAJA-ARSAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
270	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	52	23	70	26	0	0	0	0	122	49	0	0	75	96	171
271	1091	EE-3.15	MUKHARSAH	4	0	1	0	0	0	0	0	5	0	0	0	4	1	5
272	1095	EE-4	GRANTHIH	44	63	90	200	0	0	0	0	134	263	0	0	107	290	397
273	1099	EE-4.4	MEDOJAGRANTHIH	2	0	0	2	0	0	0	0	2	2	0	0	2	2	4
274	1100	EE-4.5	SIRAJAGRANTHIH	1	0	2	1	0	0	0	0	3	1	0	0	1	3	4

275	1104	EE-4.9	VRANAJAGRANTHIH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
276	1110	EF-2	PRAMEHAH	48	17	209	72	0	0	0	1	257	89	0	1	65	282	347
277	1122	EF-2.2.10	LALAMEHAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
278	1139	EF-2.4.4	MADHUMEHAH/ KSHAUDRAMEHAH	197	103	974	395	0	0	0	0	1171	498	0	0	300	1369	1669
279	1142	EF-2.5.1	SARAVIKA-PRAMEHAPIDAKA	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
280	1161	EF-3	MEDOROGAH	47	63	58	81	0	0	0	0	105	144	0	0	110	139	249
281	1173	EI-2	KLAIBYAM	22	0	37	0	0	0	0	0	59	0	0	0	22	37	59
282	1175	EI-2.2	DHVAJABANGAJAKLAIBYAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
283	1182	EI-2.7.2	ASEKYAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
284	1185	EI-2.7.5	SHANDAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
285	1200	EI-3.6	AVASADI-RETAS/ GRATHITA-RETAS	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
286	1206	EI-4	SUKAROGAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
287	1209	EI-4.2	ASHTHILIKA	6	1	5	1	0	0	0	0	11	2	0	0	7	6	13
288	1213	EI-4.6	GRATHITAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
289	1216	EI-4.8	TVAKPAKAH	3	2	1	0	0	0	0	0	4	2	0	0	5	1	6
290	1242	EI-6.6	MEDOJA-VRUDDHIH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
291	1244	EI-6.8	ANTRA-VRUDDHIH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
292	1246	EJ	MUTRAVAHASROTOVIKARAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
293	1248	EJ-2	ASMARI	43	22	103	43	0	0	0	0	146	65	0	0	65	146	211
294	1249	EJ-2.1	ASMARI-PURVARUPAM	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
295	1251	EJ-2.3	PITTAJA-ASMARI	2	5	0	9	0	0	0	0	2	14	0	0	7	9	16
296	1258	EJ-3	MUTRAGHATAH	3	1	1	11	0	0	0	0	4	12	0	0	4	12	16
297	1262	EJ-3.2	MUTRAJATHARAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
298	1264	EJ-3.4	MUTRAKSHAYAH/ MUTRASAMKSHAYAH	0	1	1	0	0	0	0	0	1	1	0	0	1	1	2
299	1265	EJ-3.5	MUTRATITAH	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
300	1266	EJ-3.6	VATASHTHILA	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
301	1270	EJ-3.10	MUTRAGRANTHIH/ RAKTAGRANTHIH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
302	1271	EJ-3.11	MUTRASUKRAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
303	1278	EJ-4	MUTRAKRUCCRAM	1	0	2	0	0	0	0	0	3	0	0	0	1	2	3
304	1283	EJ-4.5	ASMARIJAMUTRAKRUCCRAM	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
305	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	20	25	30	42	0	0	0	0	50	67	0	0	45	72	117
306	1305	EK-3.1	SOPA-PURVARUPAM	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
307	1315	EK-3.11	PACYAMANASOPAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
308	1318	EK-3.14	ASADHYA-SOPAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
309	1320	EK-3.16	SIRASOTHAH	1	0	0	3	0	0	0	0	1	3	0	0	1	3	4
310	1321	EK-3.17	SARVASARA-SOTHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1

311	1324	EK-4	UDARA/UDARAROGAH	0	1	1	1	0	0	0	0	1	2	0	0	1	2	3
312	1337	EK-4.6	YAKRUDDALYUDARAH	6	6	26	23	0	0	0	0	32	29	0	0	12	49	61
313	1340	EK-4.9	JALODARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
314	1349	EL-1	ARTAVAVAHA-SROTODUSHTIH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
315	1350	EL-2	YONIROGAH/YONI-VYAPADAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
316	1357	EL-2.7	ATICARANA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
317	1374	EL-2.24	VANDHYA	1	11	1	27	0	0	0	0	2	38	0	0	12	28	40
318	1375	EL-2.25	SHANDHI/KHANDITA	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
319	1377	EL-2.27	YONIKANDAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
320	1383	EL-3	ARTAVADOSHAH/ ARTAVADUSHTIH/RAJODOSHAH	0	13	0	45	0	0	0	0	0	58	0	0	13	45	58
321	1384	EL-3.1	VATAJA-ARTAVADUSHTIH	0	2	0	1	0	0	0	0	0	3	0	0	2	1	3
322	1392	EL-4	ASRUGDARAH/ RAKTAPRADARAH	1	2	0	7	0	0	0	0	1	9	0	0	3	7	10
323	1393	EL-4.1	VATIKA-ASRUGDARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
324	1396	EL-4.4	SANNIPATIKA-ASRUGDARAH (RAKTAPRADARAH)	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
325	1398	EL-5	SOMAROGAH/SVETAPRADARAH	1	163	1	301	0	0	0	0	2	464	0	0	164	302	466
326	1399	EL-6	GARBINIROGAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
327	1402	EL-7.1	GARBASRAVAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
328	1422	EM-1	MANOVAHASROTODUSHTIH	31	16	59	39	0	0	0	0	90	55	0	0	47	98	145
329	1423	EM-2	UNMADAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
330	1457	EM-3	APASMARAH	7	2	20	2	0	0	0	0	27	4	0	0	9	22	31
331	1466	EM-5	MADATYAYAH/PANATYAYAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
332	1521	EM-11	BRAMAH	2	0	2	0	0	0	0	0	4	0	0	0	2	2	4
333	1530	F-8	ARDHAVABEDAKAH	0	10	0	18	0	0	0	0	0	28	0	0	10	18	28
334	1531	F-9	SURYAVARTAH	0	2	0	1	0	0	0	0	0	3	0	0	2	1	3
335	1533	F-11	SIRAHKAMPAH	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
336	1537	FA-2	AKALAPALITAH/PALITAH	0	1	2	0	0	0	0	0	2	1	0	0	1	2	3
337	1538	FA-2.1	VATIKA-PALITAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
338	1539	FA-2.3	PITTAJAPALITAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
339	1543	FA-3	KHALITYAM/KHALATI	44	36	47	56	0	0	0	0	91	92	0	0	80	103	183
340	1548	FA-4	DARUNAKAH	4	3	1	2	0	0	0	0	5	5	0	0	7	3	10
341	1566	GB-1	SITADAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
342	1569	GB-4	SAUSHIRAH	0	5	1	5	0	0	0	0	1	10	0	0	5	6	11
343	1574	GB-9	VARDHANAH/ADHIDANTAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
344	1577	GB-12	DANTANADI	3	0	0	0	0	0	0	0	3	0	0	0	3	0	3
345	1583	GC	DANTAGATAROGAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
346	1585	GC-2	KRUMIDANTAKAH	0	1	1	0	0	0	0	0	1	1	0	0	1	1	2
347	1604	GE-1	GALASUNDIKA (KANTHASUNDI)	1	2	0	1	0	0	0	0	1	3	0	0	3	1	4

348	1606	GE-3	TUNDIKERI	3	2	0	1	0	0	0	0	3	3	0	0	5	1	6
349	1629	GF-6	VRUNDAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
350	1643	GF-19	GALAGANDAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
351	1652	GG-2	PITTAJA-SARVASARA-MUKHAROGAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
352	1656	GG-4	RAKTAJA-SARVASARA-MUKHAROGAH/MUKHAPAKAH	1	1	0	3	0	0	0	0	1	4	0	0	2	3	5
353	1663	H-1	NETRAROGAPURVARUPA	2	1	0	0	0	0	0	0	2	1	0	0	3	0	3
354	1664	H-2	VATAJA-NETRAROGAH	8	9	5	3	0	0	0	0	13	12	0	0	17	8	25
355	1683	HA-3.3	RAKTASRAVAH	1	0	4	1	0	0	0	0	5	1	0	0	1	5	6
356	1684	HA-3.4	PITTASRAVAH	0	0	0	3	0	0	0	0	0	3	0	0	0	3	3
357	1696	HB-7	ANJANANAMIKA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
358	1726	HD-7	ARJUNAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
359	1738	HE-5	SIRASUKRAH	0	1	1	3	0	0	0	0	1	4	0	0	1	4	5
360	1756	HF-9	AMLADHYUSHITAH/AMLOSHITA	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
361	1761	HG-1	TIMIRAH	2	0	1	1	0	0	0	0	3	1	0	0	2	2	4
362	1814	I-1	PRATISYAYAH/PINASAH	206	138	351	264	0	0	0	0	557	402	0	0	344	615	959
363	1815	I-1.1	PRATISYAYA-PURVARUPAM	0	0	1	3	0	0	0	0	1	3	0	0	0	4	4
364	1817	I-1.3	VATAJAPRATISYAYAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
365	1819	I-1.5	KAPAJA-PRATISYAYAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
366	1820	I-1.6	SANNIPATAJA-PRATISYAYAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
367	1832	I-6	APINASAH	8	8	11	10	0	0	0	0	19	18	0	0	16	21	37
368	1852	I-15	NASAGATA-RAKTAPITTAM	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
369	1853	I-16	NASARSAH	0	0	3	0	0	0	0	0	3	0	0	0	0	3	3
370	1866	J-6	KARNA-KANDU	1	1	1	2	0	0	0	0	2	3	0	0	2	3	5
371	1870	J-10	KARNAPAKAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
372	1872	J-12	KARNA-VIDRADHIH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
373	1896	J-19	BADHIRYAM	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
374	1897	J-20	KARNASULAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
375	1909	JA-9	TANTRIKAH	0	0	0	3	0	0	0	0	0	3	0	0	0	3	3
376	1924	K-1.2	PITTAJAVRANAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
377	1932	K-1.8	VATARAKTAJAVRANAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
378	1958	K-11	ASTHIGATAVRANAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
379	1961	K-14	NADIVRANAH	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
380	1973	LA-1.1	UTPISHTA-SANDHIMUKTAM	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
381	1975	LA-1.3	VIVARTITA-SANDHIMUKTAM	0	0	2	0	0	0	0	0	2	0	0	0	0	2	2
382	1977	LA-1.5	ATIKSHIPTA-SANDHIMUKTAM	1	0	0	1	0	0	0	0	1	1	0	0	1	1	2
383	1980	LA-2.1	KARKATAKA-BAGNAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
384	1984	LA-2.5	ASTHICILLITAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
385	1998	LA-3.6	DANTA-BAGNAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1

386	1999	LA-3.7	GRIVA-BAGNAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
387	2000	LA-3.8	SKANDHA-BAGNAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
388	2013	LB-1	AGNIDAGDHAH	1	0	2	0	0	0	0	0	3	0	0	0	1	2	3
389	2035	LD-1.7	JANU-MARMAVIDDHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
390	2042	LD-1.14	KAKSHADHARA-MARMAVIDDHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
391	2043	LD-2	MADHYAMANGA-MARMAVIDDHAH	3	0	0	2	0	0	0	0	3	2	0	0	3	2	5
392	2049	LD-2.6	STANAMULA-MARMAVIDDHAH	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
393	2052	LD-2.9	KATIKATARUNA-MARMAVIDDHAH	1	3	2	3	0	0	0	0	3	6	0	0	4	5	9
394	2062	LD-3.3	KRUKATIKA-MARMAVIDDHAH	0	0	2	2	0	0	0	0	2	2	0	0	0	4	4
395	2092	LE-7	SANDHIGATA-SALYAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
396	2094	LE-9	DHAMANISTHA-SALYAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
397	2102	LG-1	KOSHTHA-ABIGHATAH/BINNAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
398	2104	LG-1.2	AMASAYASTHA-RUDHIRAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
399	2108	LH-1	SIRAVIDDHAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
400	2124	L-1	SARVANGABIHATAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
401	2125	L-2	RAKTATIPRAVRUTTIH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
402	2141	MB-1	SKANDAGRAHAH	1	3	2	1	0	0	0	0	3	4	0	0	4	3	7
403	2160	MD-3	DANTASABDAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
404	2170	MD-11	DAURBALYAM	237	196	331	341	0	0	1	0	568	537	1	0	433	673	1106
405	2173	MD-14	KUKUNAKAH	2	0	0	12	0	0	0	0	2	12	0	0	2	12	14
406	2191	NB-1.1	KESADAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
407	2195	NB-1.5	SAURASAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
408	2204	NB-2.1	ANTRADAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
409	2205	NB-2.2	UDARADAH/UDARAVESHTAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
410	2220	NB-3.4	SASULAKAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
411	2222	NB-3.6	AJAVAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
412	2225	NB-3.9	CIPYAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
413	2235	O	KSHUDRAROGAH	1	0	4	0	0	0	0	0	5	0	0	0	1	4	5
414	2239	O-4	ANDHALAJI/ANTRALAJI	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
415	2244	O-8	INDRAVIDDHA	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
416	2251	O-15	KUNAKHAH	0	3	0	6	0	0	0	0	0	9	0	0	3	6	9
417	2263	O-23	TILAKAH/TILAKALAKA	0	1	1	0	0	0	0	0	1	1	0	0	1	1	2
418	2265	O-24	NYACCAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
419	2267	O-26	NILIKA	1	1	1	2	0	0	0	0	2	3	0	0	2	3	5
420	2269	O-28	PRASUPTIH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
421	2272	O-30	PARIVARTIKA	3	0	1	0	0	0	0	0	4	0	0	0	3	1	4
422	2276	O-31	PADADARI	3	3	3	3	0	0	0	0	6	6	0	0	6	6	12

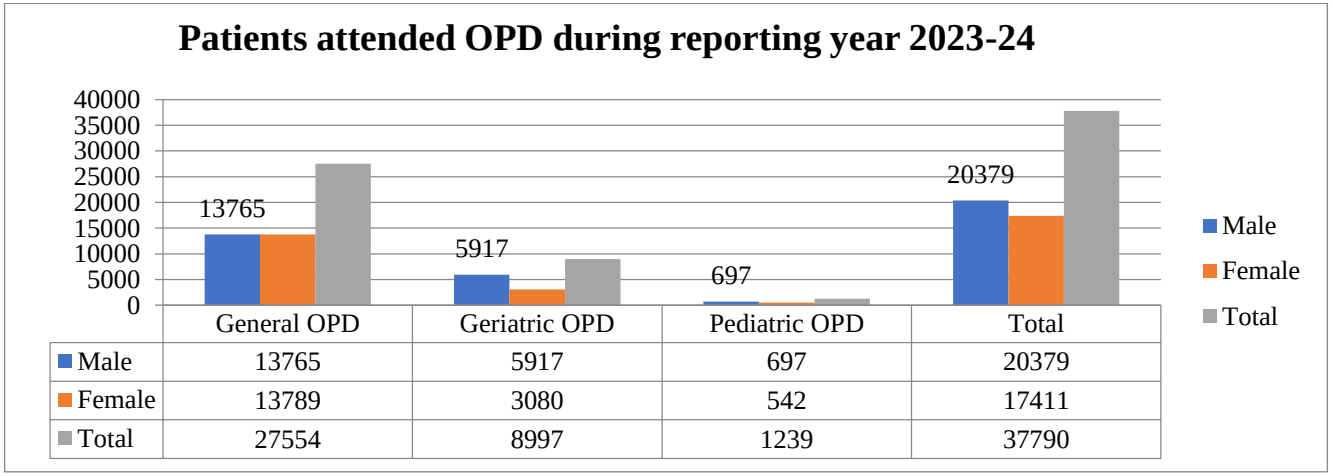
423	2277	O-32	PASHANAGARDABAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
424	2278	O-33	MASHAKAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
425	2280	O-35	YUVANAPIDAKA (MUKHADUSHIKA)	45	47	40	45	0	0	0	0	85	92	0	0	92	85	177
426	2283	O-38	RAKASA	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
427	2284	O-39	RUHYA/ INDRALUPTAH	2	1	0	0	0	0	0	0	2	1	0	0	3	0	3
428	2287	O-42	VYANGAH	15	35	9	31	0	0	0	0	24	66	0	0	50	40	90
429	2296	O-46	VISPOTAKAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
430	2342	PA-19	SAVISHA-NASYA/SAVISHA-DHUPANAM/DHUMAPANAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
431	2358	PA-35	VISHDUSHITA-JALA-MAJJANA	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
432	2367	PB-6	SHASHTHA-VISHAVEGAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
433	2375	PC-5	TVAKA-VISHAH	4	0	0	1	0	0	0	0	4	1	0	0	4	1	5
434	2382	PC-10.2	VATSANABAVISHAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
435	2445	PE-1.7	NAPUMSAKASARPADASHTAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
436	2448	PE-1.10	GRASARTHISARPADASHTAH	1	6	2	12	0	0	0	0	3	18	0	0	7	14	21
437	2465	PE-2.8	KASHAYADANTA-MUSHIKADASHTAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
438	2477	PE-3	SVA/VYALA-SRRUGALA-TARAKSHU-RUKSHA-VYAGHRADI DASHTA LAKSHANA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
439	2481	PE-4	KITAVISHAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
440	2495	PE-4.14	MANDUKADASHTAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
441	2502	PE-4.21	MASAKA-DASHTAH	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
442	2503	PE-4.22	NAKHAVAKRUSHTA VISHAH/NAKHA-DANTAVISHA	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
443	2505	PE-4.24	SAVISHA-MUTRASPARSANAM	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
444	2509	PE-4.28	GRUHAGODHIKADASHTAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
445	2514	PE-4.33	SAVISHA-PRANIDASHTAH	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2
446	2527	PE-6.5	SVETA-LUTAVISHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
447	2538	PE-6.16	KRUSHNA-LUTAVISHAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
448	2547	PE-6.20.4	RAJO-LUTAVISHAH	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
449	2564	Q-2	ATIMATRAHARAH/ AHARATIYOGAH	0	1	0	1	0	0	0	0	0	2	0	0	1	1	2
450	2581	Q-12.6	KASHAYARASATIYOGAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
451	2584	RA-1	NIDRANASAH/ASVAPNAH	1	0	1	1	0	0	0	0	2	1	0	0	1	2	3
452	2591	RC	SNANA-VAISHAMYAM	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
453	2592	RC-1	USHNAJALA-SIRAHSNANAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
454	2606	RD-13	UDGARAGRAHAH	0	0	1	1	0	0	0	0	1	1	0	0	0	2	2

455	2649	SG-3.13	MUTRAGHATAPLIHAGULMODARASHTHILASVAROPAGHATARTANAM VAMANAVYAPADAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
456	2674	SH-3.6	VILANGHITADURBALENDRIYALPAGNINIRUDHANAM VIRECANAVYAPADAH	0	0	0	3	0	0	0	0	0	3	0	0	0	3	3
457	2675	SH-3.7	KAMADIVYAGRAMANASO VIRECANASYA-VYAPADAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
458	2679	SH-3.11	ADHMATASYA VIRECANAVYAPADAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
459	2684	SH-3.16	DARUNAKOSHTHASYA VIRECANAVYAPADAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
460	2707	SI-1.8	PRAVAHIKA BASTI VYAPAD	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
461	2716	SI-2.3.1	AJIRNA-ATISNIGDHA-PITASNEHANAM ASTHAPANAVYAPADAH	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
462	2719	SI-2.3.4	ATIDURBALA-KSHUTARTA-TRUSHNARTA-SRAMARTANAM ASTHAPANAVYAPADAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
463	2729	SI-2.3.14	MADHUMEHAKUSHTHINO ASTHAPANAVYAPADAH	1	0	1	3	0	0	0	0	2	3	0	0	1	4	5
464	2734	SI-3.3.1	ABUKTABAKTASYA ANUVASANAVYAPADAH	1	1	2	1	0	0	0	0	3	2	0	0	2	3	5
465	2758	SK-3.2	PITASNEHAMADYATOYAPATUKAMANAM NASYAVYAPADAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
466	2770	SK-3.14	ANRUTAU DURDINE CA NASYAVYAPADAH	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
467	2809	SR-2	PARIHARAKALE RATHAKSHOBAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
468	2827	SS-3.5	ALPAPRAVRUTTA-RAKTAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
469	2855	SW-6	GADHABANDHANA-VRANAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
470	4	AA	VATAVYADHIH	164	204	223	397	0	0	0	0	387	601	0	0	368	620	988
471	515	EB-2	ATISARAH	11	10	12	19	0	0	0	0	23	29	0	0	21	31	52
472	1616	GF	KANTHAGATA ROGAH	3	0	1	1	0	0	0	0	4	1	0	0	3	2	5
473	1913	K	VRANAH	11	7	24	3	0	0	0	0	35	10	0	0	18	27	45
474	11	AAA-2.4	VYANAVATAKOPAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
475	15	AAA-4	VATAKSHAYAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
476	28	AAB-12	AKSHISULAH (KEVALAVATA)	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
477	33	AAB-17	UDAVARTAH (KEVALAVATA)	0	1	0	3	0	0	0	0	0	4	0	0	1	3	4
478	39	AAB-23	KARNASULAH (KEVALAVATA)	1	0	1	0	2	0	1	0	2	0	3	0	3	2	5

479	41	AAB-25	KASHAYASYATA (KEVALAVATA)	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
480	43	AAB-27	KARSHNYAM (KEVALAVATA)	3	1	0	1	4	3	3	1	3	2	7	4	11	5	16
481	45	AAB-29	KARSYAM (KEVALAVATA)	3	4	2	11	20	17	22	9	5	15	42	26	44	44	88
482	60	AAB-43	TIMIRAH (KEVALAVATA)	1	0	0	0	0	1	0	0	1	0	0	1	2	0	2
483	64	AAB-47	DANTABEDAH (KEVALAVATA)	0	0	0	0	2	1	0	0	0	0	2	1	3	0	3
484	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	3	0	4	0	2	1	0	0	7	0	2	1	6	4	10
485	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	4	1	1	0	5	1	13	1	5	1	18	2	11	15	26
486	93	AAB-76	RAJONASAH (KEVALAVATA)	0	2	0	2	0	0	0	0	0	4	0	0	2	2	4
487	101	AAB-84	VAKSHASTODAH (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	0	1	1
488	102	AAB-85	VAK-SANGAH (KEVALAVATA)	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
489	113	AAB-96	SIRORUK (KEVALAVATA)	3	0	0	2	2	2	1	0	3	2	3	2	7	3	10
490	117	AAB-100	SAITYAM (KEVALAVATA)	0	0	0	0	0	0	1	0	0	0	1	0	0	1	1
491	147	AAC-12	ADHMANAM	1	0	1	0	1	0	2	0	2	0	3	0	2	3	5
492	2983	AAC-12.4	VIBANDHA	1	1	0	4	9	10	5	2	1	5	14	12	21	11	32
493	163	AAC-24	PAKSHAGHATA/PAKSHAVADHAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
494	166	AAC-24.3	BALA-PAKSHAGHATAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
495	174	AAC-32	MANYASTAMBAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
496	206	AAD-2.1	PITTAVRUTAVATAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
497	220	AAD-3.1	RAKTAVRUTAVATAH	1	0	0	1	1	0	0	0	1	1	1	0	2	1	3
498	239	AAE-7	TVAK^-GATAVATAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
499	248	AAE-16	SANDHIGATAVATAH	0	3	0	1	0	0	0	0	0	4	0	0	3	1	4
500	258	ABA-2.1	PITTAPRAKOPAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
501	277	ABB-16	JIVADANAH (KEVALAPITTA)	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
502	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	0	0	0	2	0	0	0	0	0	2	0	0	0	2	2
503	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	2	1	0	2	3	0	0	0	2	3	3	0	6	2	8
504	329	ACB-4	UDARDAH (KEVALA-KAPHA)	3	3	1	3	1	7	0	0	4	6	1	7	14	4	18
505	332	ACB-7	BUDDHIMANDYAM (KEVALA-KAPHA)	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
506	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	1	9	1	3	19	14	7	3	2	12	26	17	43	14	57
507	356	ACC-1	TVAK-STHITAKAPAKOPAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
508	388	BB-1	RAKTAKSHAYAH	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
509	409	BA-3	ARTAVAVAISHAMYAM	0	2	0	2	0	0	0	0	0	4	0	0	2	2	4
510	410	BA-3.1	ARTAVAKSHAYAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
511	446	CA-1	MUTRAKSHAYAH	0	1	1	0	3	2	2	1	1	1	5	3	6	4	10
512	463	DB-1	MANDAGNIH/ AGNISADA	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
513	480	EA-3	KASAH	9	6	11	5	52	30	41	23	20	11	93	53	97	80	177
514	482	EA-3.2	VATAJAKASAH	0	0	0	0	3	1	1	0	0	0	4	1	4	1	5

515	484	EA-3.4	KAPAJAKASAH	0	1	0	0	2	0	1	0	0	1	3	0	3	1	4
516	489	EA-4	SVASAH	2	0	0	0	3	3	3	1	2	0	6	4	8	4	12
517	494	EA-4.5	TAMAKASVASAH	0	0	2	0	0	0	0	0	2	0	0	0	0	2	2
518	536	EB-3	AJIRNAM	3	1	2	0	2	3	2	2	5	1	4	5	9	6	15
519	558	EB-4	AMLAPITTAM	0	0	2	0	1	1	1	0	2	0	2	1	2	3	5
520	597	EB-6.7	KRUMIJA-CARDIH	2	0	1	0	10	8	2	3	3	0	12	11	20	6	26
521	601	EB-7	GRAHANIDOSHAH	0	0	0	0	3	3	0	0	0	0	3	3	6	0	6
522	628	EB-9	PRAVAHIKA	0	0	0	0	3	0	0	0	0	0	3	0	3	0	3
523	650	EB-10.14	HRUDAYASULAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
524	653	EB-10.17	MUTRASULAH	0	0	0	0	0	0	1	0	0	0	1	0	0	1	1
525	686	EC-2.5	KRUMIJAHRUDROGAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
526	689	EC-3	JVARAH	4	0	0	3	7	7	13	1	4	3	20	8	18	17	35
527	807	EC-4.3.1	SNIGDHA-KSHIRADOSHAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
528	812	EC-5	PANDUROGAH	7	10	4	9	12	18	7	8	11	19	19	26	47	28	75
529	813	EC-5.1	PANDU-PURVARUPAM	0	0	0	0	2	0	0	0	0	0	2	0	2	0	2
530	822	EC-5.10	PANDU-ARISHTAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
531	823	EC-6	AMAVATAH	1	1	0	14	1	0	0	0	1	15	1	0	3	14	17
532	828	EC-7	ARUCIH	0	0	0	0	0	1	3	0	0	0	3	1	1	3	4
533	829	EC-8	KESAROGAH	5	2	8	6	1	4	0	1	13	8	1	5	12	15	27
534	838	ED-2.2	KANDUH	9	6	3	3	10	7	2	2	12	9	12	9	32	10	42
535	850	ED-2.8	NIDRANASAH/ASVAPNAH	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
536	851	ED-2.9	PIDAKA	0	0	0	0	2	0	1	0	0	0	3	0	2	1	3
537	883	ED-4	KUSHTHAM	0	2	1	0	3	0	0	0	1	2	3	0	5	1	6
538	892	ED-4.2.7	SIDHMAH	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
539	897	ED-4.3.3	KITIBAH	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
540	898	ED-4.3.4	VIPADIKA	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
541	900	ED-4.3.6	DADRU-KUSHTHAH	3	1	2	1	3	3	2	3	5	2	5	6	10	8	18
542	902	ED-4.3.8	PAMA (KACCU)	0	0	0	0	1	1	0	0	0	0	1	1	2	0	2
543	905	ED-4.3.10	VICARCIKA	5	1	1	0	4	3	3	1	6	1	7	4	13	5	18
544	919	ED-5	SVITRAH	0	2	0	2	3	2	10	1	0	4	13	3	7	13	20
545	956	ED-8	VATARAKTAM	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
546	1029	ED-14	SITAPITTAM	5	0	1	0	2	0	0	1	6	0	2	1	7	2	9
547	1031	ED-15	UDARDAH	1	0	0	0	3	3	0	1	1	0	3	4	7	1	8
548	1074	EE-3	ARSAH	2	1	1	1	0	2	0	1	3	2	0	3	5	3	8
549	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	0	2	0	0	0	0	0	0	0	2	0	0	2	0	2
550	1095	EE-4	GRANTHIH	2	1	0	0	2	3	0	4	2	1	2	7	8	4	12
551	1108	EF	MEDOVAHASROTOVIKARAH	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
552	1110	EF-2	PRAMEHAH	1	1	3	0	1	1	1	8	4	1	2	9	4	12	16
553	1135	EF-2.4	VATAJAPRAMEHAH	0	0	0	0	0	0	1	0	0	0	1	0	0	1	1

554	1139	EF-2.4.4	MADHUMEHAH/ KSHAUDRAMEHAH	1	0	3	0	0	0	0	3	4	0	0	3	1	6	7
555	1145	EF-2.5.4	VINATA-PRAMEHAPIDAKA	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
556	1161	EF-3	MEDOROGAH	0	1	0	1	1	0	0	0	0	2	1	0	2	1	3
557	1248	EJ-2	ASMARI	1	1	0	0	0	0	0	0	1	1	0	0	2	0	2
558	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	0	0	0	0	1	1	0	2	0	0	1	3	2	2	4
559	1324	EK-4	UDARA/UDARAROGAH	0	0	0	0	0	0	0	1	0	0	0	1	0	1	1
560	1337	EK-4.6	YAKRUDDALYUDARAH	2	0	0	0	0	0	0	0	2	0	0	0	2	0	2
561	1344	EK-4.11	ASADHYA-UDARAH	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1
562	1398	EL-5	SOMAROGAH/SVETAPRADARAH	0	3	0	2	0	0	0	0	0	5	0	0	3	2	5
563	1422	EM-1	MANOVAHASROTODUSHTIH	1	1	0	0	3	3	0	0	1	1	3	3	8	0	8
564	1457	EM-3	APASMARAH	0	1	0	0	1	0	1	0	0	1	2	0	2	1	3
565	1528	F-6	KRUMIJA-SIROROGAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
566	1538	FA-2.1	VATIKA-PALITAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
567	1543	FA-3	KHALITYAM/KHALATI	0	3	2	1	0	3	3	2	2	4	3	5	6	8	14
568	1606	GE-3	TUNDIKERI	0	1	0	0	0	0	0	0	0	1	0	0	1	0	1
569	1664	H-2	VATAJA-NETRAROGAH	1	1	2	0	0	1	0	0	3	1	0	1	3	2	5
570	1720	HD-1	PRASTARI-ARMA	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
571	1814	I-1	PRATISYAYAH/PINASAH	10	6	3	7	19	22	22	14	13	13	41	36	57	46	103
572	1832	I-6	APINASAH	1	0	1	0	0	0	0	0	2	0	0	0	1	1	2
573	1866	J-6	KARNA-KANDU	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1
574	2170	MD-11	DAURBALYAM	10	11	9	8	16	10	20	5	19	19	36	15	47	42	89
575	2173	MD-14	KUKUNAKAH	1	0	0	0	0	0	0	0	1	0	0	0	1	0	1
576	2222	NB-3.6	AJAVAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
577	2276	O-31	PADADARI	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
578	2277	O-32	PASHANAGARDABAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
579	2280	O-35	YUVANAPIDAKA (MUKHADUSHIKA)	8	8	11	2	0	1	0	0	19	10	0	1	17	13	30
580	2284	O-39	RUHYA/ INDRALUPTAH	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
581	2287	O-42	VYANGAH	0	3	0	0	0	0	0	0	0	3	0	0	3	0	3
582	2296	O-46	VISPOTAKAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
583	2502	PE-4.21	MASAKA-DASHTAH	0	0	0	0	1	0	2	0	0	0	3	0	1	2	3
584	2511	PE-4.30	UCCITINGADASHTAH	0	0	0	0	1	0	0	0	0	0	1	0	1	0	1
585	2810	SR-3	PARIHARAKALE ATICANKRAMANAM	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
586	4	AA	VATAVYADHIH	2	0	3	0	2	2	0	1	5	0	2	3	6	4	10
587	515	EB-2	ATISARAH	0	1	0	0	1	1	2	0	0	1	3	1	3	2	5
588	1913	K	VRANAH	0	0	0	0	0	1	0	0	0	0	0	1	1	0	1
Total				**5079**	**4745**	**8901**	**9257**	**274**	**217**	**208**	**112**	**13980**	**14002**	**482**	**329**	**10315**	**18478**	**28793**



	General OPD	Geriatric OPD	Pediatric OPD	Total
Male	13765	5917	697	20379
Female	13789	3080	542	17411
Total	27554	8997	1239	37790

C. Disease wise Statement of patients of Geriatric OPD during the reporting period 2023-2024:

Period	Number of patients attended						
	New Adult		Old Adult		Total Patients		Grand Total
	M	F	M	F	M	F	M & F
01st April 2023 to 31st March 2024	1323	803	4594	2277	5917	3080	8997

S. No	D.id	D.Code	Disease	Adult				Total Adult		Grand Total
				New		Old				
				M	F	M	F	M	F	
1	6	AAA-1	VATASANCAYAH	1	0	1	0	2	0	2
2	7	AAA-2	VATAVRUDDHIH	2	0	1	0	3	0	3
3	8	AAA-2.1	VATAPRAKOPAH	0	0	1	1	1	1	2
4	11	AAA-2.4	VYANAVATAKOPAH	11	6	68	42	79	48	127
5	19	AAB-3	ANGAMARDAH (KEVALAVATA)	1	2	1	0	2	2	4
6	22	AAB-6	ARDITAH (KEVALAVATA)	1	0	0	1	1	1	2
7	26	AAB-10	AKSHIBEDAH (KEVALAVATA)	0	0	1	0	1	0	1
8	33	AAB-17	UDAVARTAH (KEVALAVATA)	0	0	1	3	1	3	4
9	38	AAB-22	KANTHODHVAMSAH (KEVALAVATA)	0	0	2	0	2	0	2
10	39	AAB-23	KARNASULAH (KEVALAVATA)	1	1	2	0	3	1	4
11	40	AAB-24	KAMPAH/VEPATHUH (KEVALAVATA)	5	4	33	2	38	6	44
12	41	AAB-25	KASHAYASYATA (KEVALAVATA)	0	1	0	0	0	1	1
13	45	AAB-29	KARSYAM (KEVALAVATA)	1	0	3	1	4	1	5
14	49	AAB-33	GRIVASTAMBAH (KEVALAVATA)	4	7	16	6	20	13	33
15	50	AAB-34	GUDABRAMSAH (KEVALAVATA)	0	0	2	0	2	0	2
16	53	AAB-37	GRUDHRASI (KEVALAVATA)	15	21	40	49	55	70	125
17	61	AAB-44	TVAKSUNYATA (KEVALAVATA)	0	1	0	0	0	1	1
18	64	AAB-47	DANTABEDAH (KEVALAVATA)	2	3	1	5	3	8	11
19	68	AAB-51	NIRAMAVATAH	0	0	1	2	1	2	3
20	69	AAB-52	PAKSHAGHATAH/PAKSHAVADHAH (KEVALAVATA)	14	4	45	7	59	11	70
21	71	AAB-54	PADABRAMSAH (KEVALAVATA)	1	0	0	1	1	1	2
22	72	AAB-55	PADASULAH (KEVALAVATA)	0	0	4	7	4	7	11
23	77	AAB-60	PURISHATIGADHATVAM (KEVALAVATA)	0	0	2	0	2	0	2
24	80	AAB-63	BADHIRYAM (KEVALAVATA)	1	0	0	0	1	0	1
25	90	AAB-73	MANYASTAMBAH (KEVALAVATA)	2	1	0	3	2	4	6

26	91	AAB-74	MUKHASOSHAH (KEVALAVATA)	12	4	21	3	33	7	40
27	92	AAB-75	MUTRANIGRAHAH (KEVALAVATA)	15	1	72	12	87	13	100
28	93	AAB-76	RAJONASAH (KEVALAVATA)	0	0	0	4	0	4	4
29	97	AAB-80	TRIKAGRAHAH (KEVALAVATA)	13	12	23	26	36	38	74
30	104	AAB-87	VATAKHUDDATA/VATAKANTAKAH (KEVALAVATA)	0	0	0	1	0	1	1
31	107	AAB-90	VIPADIKA (NANATMAJA) (KEVALAVATA)	2	1	3	0	5	1	6
32	113	AAB-96	SIRORUK (KEVALAVATA)	3	7	11	21	14	28	42
33	114	AAB-97	SUKRAKSHAYAH (KEVALAVATA)	2	0	6	0	8	0	8
34	124	AAB-106	SARVANGAROGAH/SARVANGAVATAH (KEVALAVATA)	0	1	0	0	0	1	1
35	2976	AAB-112	GRIVAHUNDANAM	0	1	0	0	0	1	1
36	135	AAC-4	ARDITAH	0	1	1	0	1	1	2
37	139	AAC-6	ASTHISOSHAH	0	0	1	1	1	1	2
38	140	AAC-7	VATASHTHILA	21	0	226	2	247	2	249
39	141	AAC-8	AVABAHUKAH	9	4	12	2	21	6	27
40	147	AAC-12	ADHMANAM	47	20	117	71	164	91	255
41	148	AAC-12.1	PRATYADHMANAH/PRATYANAHAH	0	0	2	0	2	0	2
42	567	AAC-12.2	AMAJA-ANAHAH	0	0	0	1	0	1	1
43	2983	AAC-12.4	VIBANDHA	97	19	283	51	380	70	450
44	152	AAC-15	EKANGAVATAH	2	1	0	1	2	2	4
45	156	AAC-19	KHALLI	1	0	0	0	1	0	1
46	157	AAC-20	GRUDHRASI	3	7	3	9	6	16	22
47	159	AAC-20.2	VATAKAPAJA-GRUDHRASI	0	1	0	0	0	1	1
48	163	AAC-24	PAKSHAGHATA/PAKSHAVADHAH	2	0	6	0	8	0	8
49	165	AAC-24.2	PITTANVITAPAKSHAGHATAH	0	0	1	1	1	1	2
50	167	AAC-25	PADADAHAH	3	1	7	1	10	2	12
51	171	AAC-29	VRANAYAMAH	0	0	1	0	1	0	1
52	174	AAC-32	MANYASTAMBAH	0	0	0	1	0	1	1
53	178	AAC-36	KAMPAH/VEPATHUH	3	0	9	1	12	1	13
54	179	AAC-37	SIROGRAHAH	1	0	0	1	1	1	2
55	181	AAC-39	SIRAGRAHAH	0	0	1	0	1	0	1
56	206	AAD-2.1	PITTAVRUTAVATAH	0	0	0	2	0	2	2
57	220	AAD-3.1	RAKTAVRUTAVATAH	3	1	6	8	9	9	18
58	228	AAD-4.1	MUTRAVRUTAVATAH	1	0	3	0	4	0	4
59	239	AAE-7	TVAK^-GATAVATAH	1	0	1	0	2	0	2
60	242	AAE-10	MEDOGATAVATAH	0	0	2	0	2	0	2

61	246	AAE-14	SNAYUGATAVATAH	2	0	1	0	3	0	3
62	248	AAE-16	SANDHIGATAVATAH	205	239	722	646	927	885	1812
63	250	AA-1	KRUCCRASADHYAVATAVYADHIH	0	1	0	0	0	1	1
64	252	AA-3	VATAVYADHI-UPADRAVAH	0	0	1	0	1	0	1
65	253	AA-4	VATAVYADHI^^ARISHTA	0	1	1	0	1	1	2
66	258	ABA-2.1	PITTAPRAKOPAH	0	1	1	0	1	1	2
67	275	ABB-14	GALAPAKAH (KEVALAPITTA)	0	0	1	0	1	0	1
68	294	ABB-33	RAKTAVISPOTAH (KEVALAPITTA)	1	0	1	0	2	0	2
69	295	ABB-34	RAKTAPITTAM (KEVALAPITTA)	0	0	1	0	1	0	1
70	2973	ABB-42	HARIDRANETRA	0	1	1	0	1	1	2
71	2975	ABB-44	HARIDRAVARCHA	0	0	0	1	0	1	1
72	311	ABC-7	TVAKSTHITAPITTAKOPAH	0	0	0	1	0	1	1
73	316	AB-2	SAMAPITTAM	0	0	1	0	1	0	1
74	326	ACB-1	ATISTHAULYAM (KEVALA-KAPHA)	8	2	9	17	17	19	36
75	329	ACB-4	UDARDAH (KEVALA-KAPHA)	7	11	21	9	28	20	48
76	334	ACB-9	MUTRADHIKYAM (KEVALA-KAPHA)	0	0	7	0	7	0	7
77	338	ACB-13	GALAGANDAH (KEVALA-KAPHA)	0	1	0	7	0	8	8
78	346	ACB-21	MUKHAMADHURYAM (KEVALA-KAPHA)	1	0	1	1	2	1	3
79	348	ACB-23	SITAGNITA (AGNIMANDYAM) (KEVALA-KAPHA)	23	10	64	42	87	52	139
80	388	BB-1	RAKTAKSHAYAH	0	0	1	0	1	0	1
81	399	BD-2	MEDOVRUDDHIH	0	0	1	0	1	0	1
82	401	BE-1	ASTHIKSHAYAH	1	0	0	0	1	0	1
83	409	BA-3	ARTAVAVAISHAMYAM	1	0	0	0	1	0	1
84	446	CA-1	MUTRAKSHAYAH	25	11	109	54	134	65	199
85	447	CA-2	MUTRAVRUDDHIH	0	0	2	0	2	0	2
86	463	DB-1	MANDAGNIH/ AGNISADA	0	0	1	0	1	0	1
87	480	EA-3	KASAH	74	32	203	89	277	121	398
88	482	EA-3.2	VATAJAKASAH	3	1	0	1	3	2	5
89	484	EA-3.4	KAPAJAKASAH	4	2	1	0	5	2	7
90	489	EA-4	SVASAH	29	11	158	41	187	52	239
91	494	EA-4.5	TAMAKASVASAH	7	1	10	2	17	3	20
92	506	EA-5.6	MEDOJASVARABEDAH	0	0	1	0	1	0	1
93	509	EA-5.9	PINASAJANYASVARABEDAH	0	0	2	0	2	0	2
94	516	EB-2.1	ATISARA-PURVARUPAM	1	0	0	0	1	0	1
95	518	EB-2.2.1	PAKVAVATIKATISARAH	0	2	0	0	0	2	2
96	536	EB-3	AJIRNAM	20	7	31	23	51	30	81

97	558	EB-4	AMLAPITTAM	35	25	94	82	129	107	236
98	569	EB-5	AROCAKAH	1	0	1	0	2	0	2
99	601	EB-7	GRAHANIDOSHAH	9	0	23	5	32	5	37
100	602	EB-7.1	GRAHANI-PURVARUPAM	0	0	1	0	1	0	1
101	628	EB-9	PRAVAHIKA	7	5	26	6	33	11	44
102	633	EB-10	SULAH	1	2	1	0	2	2	4
103	640	EB-10.7	DVANDVAJASULAH	0	0	1	0	1	0	1
104	642	EB-10.9	AMLAPITTAJASULAH	0	0	1	1	1	1	2
105	643	EB-10.10	PARINAMASULAH	0	0	1	2	1	2	3
106	645	EB-10.10.2	PAITTIKA-PARINAMASULAH	0	1	0	0	0	1	1
107	650	EB-10.14	HRUDAYASULAH	0	0	1	0	1	0	1
108	651	EB-10.15	PARSVARUJAH/PARSVASULAH	2	0	2	0	4	0	4
109	652	EB-10.16	TRIKASULAH	18	17	31	26	49	43	92
110	653	EB-10.17	MUTRASULAH	1	0	2	0	3	0	3
111	656	EB-11	UDAVARTAH	1	1	0	0	1	1	2
112	670	EB-11.14	NIDRARODHAJA-UDAVARTAH	1	0	0	0	1	0	1
113	676	EB-12	PARIKARTIKA	7	1	12	2	19	3	22
114	681	EC-2	HRUDROGAH	7	2	50	0	57	2	59
115	689	EC-3	JVARAH	12	10	34	18	46	28	74
116	720	EC-3.8.20	HARIDRA-SANNIPATAJVARAH	0	0	1	0	1	0	1
117	731	EC-3.8.31	SANDHIGA-SANNIPATAJVARAH	0	0	1	1	1	1	2
118	798	EC-4	STANYADUSHTIH/KSHIRADOSHAH	0	0	1	0	1	0	1
119	810	EC-4.4	SANNIPATAJAKSHIRADOSHAH	0	0	0	1	0	1	1
120	812	EC-5	PANDUROGAH	7	5	32	23	39	28	67
121	813	EC-5.1	PANDU-PURVARUPAM	0	0	1	0	1	0	1
122	823	EC-6	AMAVATAH	9	34	23	112	32	146	178
123	828	EC-7	ARUCIH	1	1	3	1	4	2	6
124	838	ED-2.2	KANDUH	33	13	103	19	136	32	168
125	850	ED-2.8	NIDRANASAH/ASVAPNAH	5	2	10	14	15	16	31
126	851	ED-2.9	PIDAKA	2	0	5	1	7	1	8
127	863	ED-2.15	LAVANASYATA	0	0	1	0	1	0	1
128	883	ED-4	KUSHTHAM	9	5	23	4	32	9	41
129	884	ED-4.1	KUSHTHA-PURVARUPAM	0	0	0	1	0	1	1
130	886	ED-4.2.1	KAPALAH/ARUNA-KUSHTHAH/VATIKAKUSHTHAH	0	0	1	0	1	0	1
131	889	ED-4.2.4	MANDALAKUSHTHAH/KAPAJAKUSHTHAH	0	0	1	0	1	0	1
132	894	ED-4.3	KSHUDRAKUSHTHAM	1	1	2	0	3	1	4

133	895	ED-4.3.1	EKAKUSHTHAH	0	0	1	1	1	1	2
134	897	ED-4.3.3	KITIBAH	5	0	12	0	17	0	17
135	900	ED-4.3.6	DADRU-KUSHTHAH	7	4	11	4	18	8	26
136	902	ED-4.3.8	PAMA (KACCU)	2	0	6	2	8	2	10
137	905	ED-4.3.10	VICARCIKA	20	10	36	34	56	44	100
138	919	ED-5	SVITRAH	1	0	0	0	1	0	1
139	956	ED-8	VATARAKTAM	2	2	1	2	3	4	7
140	988	ED-9.7.9	YAKRUJJAVIDRADHIH	0	0	5	0	5	0	5
141	997	ED-10	VISARPAH	2	1	0	0	2	1	3
142	1006	ED-10.9	GRANTHIVISARPAH/VATAKAPAJAVISARPAH	0	0	0	1	0	1	1
143	1029	ED-14	SITAPITTAM	1	4	12	18	13	22	35
144	1031	ED-15	UDARDAH	1	1	2	0	3	1	4
145	1033	ED-16	BAGANDARAH	2	1	3	6	5	7	12
146	1064	EE-2	ARBUDAH	2	0	5	2	7	2	9
147	1074	EE-3	ARSAH	30	11	115	22	145	33	178
148	1083	EE-3.7.2	KAPANUBANDHA-RAKTARSAH	12	2	12	1	24	3	27
149	1091	EE-3.15	MUKHARSAH	0	0	1	1	1	1	2
150	1095	EE-4	GRANTHIH	9	5	8	14	17	19	36
151	1100	EE-4.5	SIRAJAGRANTHIH	0	0	1	0	1	0	1
152	1109	EF-1	MEDOVAHASROTODUSHTIH	0	0	2	0	2	0	2
153	1110	EF-2	PRAMEHAH	11	8	163	24	174	32	206
154	1139	EF-2.4.4	MADHUMEHAH/KSHAUDRAMEHAH	99	28	647	190	746	218	964
155	1161	EF-3	MEDOROGAH	3	2	14	1	17	3	20
156	1173	EI-2	KLAIBYAM	1	0	1	0	2	0	2
157	1200	EI-3.6	AVASADI-RETAS/GRATHITA-RETAS	0	0	1	1	1	1	2
158	1209	EI-4.2	ASHTHILIKA	9	0	77	1	86	1	87
159	1216	EI-4.8	TVAKPAKAH	0	0	1	0	1	0	1
160	1244	EI-6.8	ANTRA-VRUDDHIH	1	0	1	0	2	0	2
161	1248	EJ-2	ASMARI	8	1	15	13	23	14	37
162	1251	EJ-2.3	PITTAJA-ASMARI	0	0	0	1	0	1	1
163	1258	EJ-3	MUTRAGHATAH	1	0	9	5	10	5	15
164	1264	EJ-3.4	MUTRAKSHAYAH/MUTRASAMKSHAYAH	0	0	1	0	1	0	1
165	1265	EJ-3.5	MUTRATITAH	0	0	1	0	1	0	1
166	1271	EJ-3.11	MUTRASUKRAH	0	0	1	0	1	0	1
167	1278	EJ-4	MUTRAKRUCCRAM	0	0	0	1	0	1	1
168	1304	EK-3	SVAYATHUH/SOTHAH/SOPAH	11	5	45	21	56	26	82

169	1320	EK-3.16	SIRASOTHAH	0	0	0	2	0	2	2
170	1321	EK-3.17	SARVASARA-SOTHAH	1	0	0	0	1	0	1
171	1324	EK-4	UDARA/UDARAROGAH	0	0	1	0	1	0	1
172	1337	EK-4.6	YAKRUDDALYUDARAH	0	0	1	0	1	0	1
173	1339	EK-4.8	CIDRODARAH/KSHATODARAM	0	0	1	0	1	0	1
174	1340	EK-4.9	JALODARAH	1	0	1	0	2	0	2
175	1350	EL-2	YONIROGAH/YONI-VYAPADAH	0	0	0	2	0	2	2
176	1398	EL-5	SOMAROGAH/SVETAPRADARAH	0	2	0	5	0	7	7
177	1420	EL-9.1	MAKKALLAH	0	0	1	0	1	0	1
178	1500	EM-7.9	GLANIJAMURCCA	0	0	0	1	0	1	1
179	1422	EM-1	MANOVAHASROTODUSHTIH	5	2	15	9	20	11	31
180	1438	EM-2.8.7	YAKSHONMADAH	0	0	1	0	1	0	1
181	1457	EM-3	APASMARAH	2	0	0	0	2	0	2
182	1530	F-8	ARDHAVABEDAKAH	1	0	0	2	1	2	3
183	1569	GB-4	SAUSHIRAH	1	0	1	2	2	2	4
184	1577	GB-12	DANTANADI	2	0	0	0	2	0	2
185	1585	GC-2	KRUMIDANTAKAH	0	0	0	1	0	1	1
186	1586	GC-3	DANTAHARSHAH	0	0	0	1	0	1	1
187	1604	GE-1	GALASUNDIKA (KANTHASUNDI)	1	0	0	0	1	0	1
188	1624	GF-2	KANTHASALUKAH/TUNDIKERI	1	0	0	0	1	0	1
189	1643	GF-19	GALAGANDAH	0	0	0	1	0	1	1
190	1664	H-2	VATAJA-NETRAROGAH	1	0	2	0	3	0	3
191	1683	HA-3.3	RAKTASRAVAH	2	0	1	0	3	0	3
192	1796	HG-3.9.2	SARKARADRUSHTIH	0	0	1	0	1	0	1
193	1806	HG-9	HRASVAJADYAM	0	0	1	0	1	0	1
194	1814	I-1	PRATISYAYAH/PINASAH	46	16	78	26	124	42	166
195	1824	I-1.10	ASADHYA-PRATISYAYAH	1	0	0	0	1	0	1
196	1832	I-6	APINASAH	0	2	1	1	1	3	4
197	1866	J-6	KARNA-KANDU	0	1	1	0	1	1	2
198	1978	LA-1.6	TIRYAKAKSHIPTA-SANDHIMUKTAM	0	0	0	1	0	1	1
199	1980	LA-2.1	KARKATAKA-BAGNAH	1	0	0	1	1	1	2
200	2000	LA-3.8	SKANDHA-BAGNAH	0	0	1	0	1	0	1
201	2020	LB-4	TVAK-DAGDHAH	1	0	1	0	2	0	2
202	2052	LD-2.9	KATIKATARUNA-MARMAVIDDHAH	1	1	0	0	1	1	2
203	2062	LD-3.3	KRUKATIKA-MARMAVIDDHAH	0	0	1	0	1	0	1
204	2070	LD-3.11	STHAPANI-MARMAVIDDHAH	0	0	0	1	0	1	1

205	2095	LE-10	KOSHTHAGATA-SALYAH	0	0	0	1	0	1	1
206	2102	LG-1	KOSHTHA-ABIGHATAH/BINNAH	1	0	1	0	2	0	2
207	2122	LH-4.11	MUTRAVAHASROTOVIDDHAH	0	0	1	0	1	0	1
208	2141	MB-1	SKANDAGRAHAH	2	1	0	1	2	2	4
209	2170	MD-11	DAURBALYAM	37	25	121	64	158	89	247
210	2251	O-15	KUNAKHAH	1	2	0	0	1	2	3
211	2272	O-30	PARIVARTIKA	0	0	1	0	1	0	1
212	2276	O-31	PADADARI	1	3	0	13	1	16	17
213	2280	O-35	YUVANAPIDAKA (MUKHADUSHIKA)	0	0	1	0	1	0	1
214	2287	O-42	VYANGAH	0	1	1	1	1	2	3
215	2322	PA-1	VISHA-ANNAPANAGANDHAH	1	0	0	0	1	0	1
216	2375	PC-5	TVAKA-VISHAH	1	0	1	0	2	0	2
217	2412	PE-1.1.1	SARPITA-DASHTAH	0	0	1	0	1	0	1
218	2416	PE-1.2.1	DARVIKARASARPAVISHAVEGA	0	0	1	0	1	0	1
219	2448	PE-1.10	GRASARTHISARPADASHTAH	1	0	3	3	4	3	7
220	2526	PE-6.4	TRIMANDALA-LUTAVISHAH	0	0	1	0	1	0	1
221	2563	Q-1	HINAMATRAHARAH	1	0	0	0	1	0	1
222	2610	RE-2	VYAVAYATIYOGAH	1	0	1	0	2	0	2
223	2729	SI-2.3.14	MADHUMEHAKUSHTHINO ASTHAPANAVYAPADAH	1	0	0	0	1	0	1
224	2746	SI-3.4.6	ABUKTAPRANITA-SNEHABASTIVYAPAD	0	0	1	0	1	0	1
225	2850	SW-1	ABUDHNAVRANAH	1	0	0	0	1	0	1
226	4	AA	VATAVYADHIH	73	66	253	162	326	228	554
227	515	EB-2	ATISARAH	5	1	1	2	6	3	9
228	1616	GF	KANTHAGATA ROGAH	1	1	0	1	1	2	3
229	1913	K	VRANAH	3	2	0	4	3	6	9
			Total	**1323**	**803**	**4594**	**2277**	**5917**	**3080**	**8997**

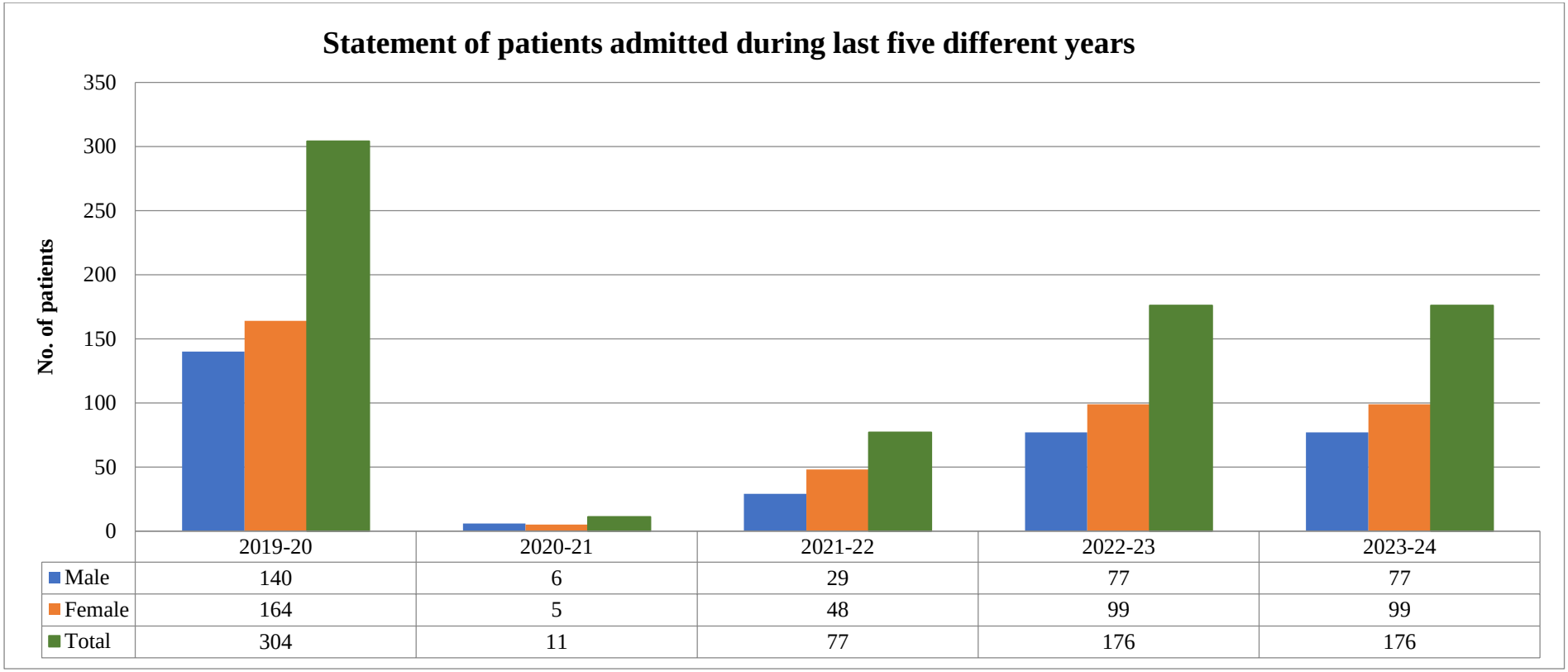
(2) In-Patient Department (IPD):

A. Statement of patients admitted / discharged during different years (Since inception up to 2022-23):

S. No.	Year	Number of patients attended IPD											
		Admitted						Discharged					
		Adult		Child		TOTAL		Adult		Child		TOTAL	
		M	F	M	F	M	F	M	F	M	F	M	F
1.	1974-75	118	98	03	01	121	99	110	90	02	01	112	91
2.	1975-76	123	128	13	08	137	136	117	127	13	08	130	135
3.	1976-77	65	82	6	09	71	91	62	75	06	09	68	84
4.	1977-78	51	79	08	05	59	84	49	75	08	05	57	80
5.	1978-79	35	33	-	01	35	34	32	30	-	01	32	31
6.	1979-80	41	32	05	01	46	33	38	32	06	01	44	33
7.	1980-81	42	58	05	05	47	63	42	58	04	05	46	63
8.	1981-82	61	59	05	03	66	62	56	59	05	03	61	62
9.	1982-83	70	80	07	05	77	85	67	73	07	04	74	77
10.	1983-84	117	97	04	06	121	103	113	98	04	07	117	105
11.	1984-85	97	114	10	06	107	120	96	118	10	05	106	123
12.	1985-86	97	103	07	4	104	107	99	104	06	05	105	109
13.	1986-87	85	66	07	15	92	81	88	67	08	15	96	82
14.	1987-88	65	67	02	03	67	70	63	63	02	03	65	66
15.	1988-89	57	58	03	02	60	60	58	63	03	02	61	65
16.	1989-90	35	31	01	-	36	31	37	28	01	-	38	28
17.	1990-91	46	51	04	01	50	52	44	53	04	01	48	54
18.	1991-92	41	52	05	01	46	53	43	52	05	01	48	53
19.	1992-93	42	43	-	01	42	44	40	42	-	-	40	42
20.	1993-94	39	36	01	01	40	37	40	39	01	02	41	41
21.	1994-95	42	35	-	01	42	36	42	30	-	01	42	31
22.	1995-96	61	44	05	-	66	44	59	46	05	-	64	46
23.	1996-97	61	44	01	01	62	45	61	44	01	01	62	45
24.	1997-98	50	27	02	02	52	29	51	29	02	02	53	31
25.	1998-99	37	34	01	-	38	34	38	36	01	-	39	36
26.	1999-2000	42	37	-	-	42	37	42	33	-	-	42	33

27.	**2000-01**	56	37	04	-	60	37	55	37	04	-	59	37
28.	**2001-02**	65	65	-	01	65	66	65	63	-	01	65	64
29.	**2002-03**	213	210	10	-	223	210	215	202	09	-	224	202
30.	**2003-04**	154	164	07	05	161	169	152	155	07	05	159	160
31.	**2004-05**	63	84	-	-	63	84	60	90	-	-	60	90
32.	**2005-06**	73	72	-	-	73	72	70	69	-	-	70	69
33.	**2006-07**	156	112	04	01	160	113	149	109	04	01	153	110
34.	**2007-08**	133	115	04	03	137	118	132	105	04	03	136	108
35.	**2008-09**	68	57	-	03	68	60	62	53	-	03	62	56
36.	**2009-10**	47	44	-	-	47	44	45	43	-	-	45	43
37.	**2010-11**	50	33	01	-	51	33	48	33	01	-	49	33
38.	**2011-12**	45	29	-	-	45	29	46	28	-	-	46	28
39.	**2012-13**	48	22	-	-	48	22	49	24	-	-	49	24
40.	**2013-14**	43	25	06	01	49	26	43	25	06	01	49	26
41.	**2014-15**	33	16	03	01	36	17	32	16	03	0	35	16
42.	**2015-16**	58	45	-	01	58	46	60	45	-	02	60	47
43.	**2016-17**	35	20	-	-	35	20	36	20	-	-	36	20
44.	**2017-18**	43	47	-	-	43	47	41	44	-	-	41	44
45.	**2018-19**	145	183	09	01	154	184	139	177	09	01	148	178
46.	**2019-20**	140	161	0	3	140	164	148	170	0	3	148	173
47.	**2020-21**	6	5	0	0	6	5	6	5	0	0	6	5
48.	**2021-22**	29	48	0	0	29	48	28	46	0	0	28	46
49.	**2022-23**	77	99	0	0	77	99	73	98	0	0	73	98
50.	**2023-24**	106	153	0	1	106	154	109	154	0	1	109	155
TOTAL		**3506**	**3434**	**153**	**103**	**3659**	**3537**	**3450**	**3375**	**151**	**103**	**3601**	**3478**

- **Note: During the year 2021-22, less number of patients could be admitted in the Institute's Indoor Patient Door (IPD) Department due to the COVID-19 pandemic situations.**



	2019-20	2020-21	2021-22	2022-23	2023-24
Male	140	6	29	77	77
Female	164	5	48	99	99
Total	304	11	77	176	176

Statement of patients admitted during last five different years

B. Disease-wise statement of patients Admitted/Discharged during last five years excluding reporting period:

YEAR 2018-2019

S. No	NAMC ID	NAMC Code	Disease	Admitted Patients						Discharged Patients					
				M	F	MC	FC	Total Male	Total Female	M	F	MC	FC	Total Male	Total Female
1.	1914	KA	व्रणशोफः	1	0	0	0	1	0	1	0	0	0	1	0
2.	78	AAB-61	पृष्ठग्रहः	34	26	0	0	34	26	33	25	0	0	33	25
3.	248	AAE-16	सन्धिवातः	23	55	0	1	23	56	22	54	0	1	22	55
4.	897	ED-4.3.3	किटिभः	0	3	0	0	0	3	1	3	0	0	1	3
5.	178	AAC-36	कम्पः/वेपथुः	1	0	0	0	1	0	1	0	0	0	1	0
6.	823	EC-6	आमवातः	5	19	0	0	5	19	5	19	0	0	5	19
7.	4	AA	वातव्याधिः	17	30	2	0	19	30	16	28	2	0	18	28
8.	157	AAC-20	गृध्रसी	8	18	0	0	8	18	8	18	0	0	8	18
9.	2171	MD-12	कुमारशोषः	0	0	1	0	1	0	0	0	1	0	1	0
10.	639	EB-10.6	कुक्षिशूलः	3	3	0	0	3	3	3	3	0	0	3	3
11.	1522	F	शिरःशूलः / शिरोरुक्	1	6	1	0	2	6	1	6	1	0	2	6
12.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	2	3	0	0	2	3	1	3	0	0	1	3
13.	141	AAC-8	अवबाहुकः	0	3	0	0	0	3	0	3	0	0	0	3
14.	1377	EL-2.27	योनिकन्दः	0	1	0	0	0	1	0	1	0	0	0	1
15.	1074	EE-3	अर्शः	4	0	0	0	4	0	4	0	0	0	4	0
16.	1033	ED-16	भगन्दरः	10	1	0	0	10	1	10	1	0	0	10	1
17.	163	AAC-24	पक्षाघातः	1	0	0	0	1	0	1	0	0	0	1	0
18.	1383	EL-3	आर्तवदुष्टिः	0	2	0	0	0	2	0	2	0	0	0	2
19.	1248	EJ-2	अश्मरी	0	1	0	0	0	1	0	1	0	0	0	1
20.	489	EA-4	श्वासः	1	0	0	0	1	0	1	0	0	0	1	0
21.	956	ED-8	वातरक्तम्	2	1	0	0	2	1	2	0	0	0	2	0
22.	167	AAC-25	पाददाहः	1	1	0	0	1	1	1	1	0	0	1	1
23.	174	AAC-32	मन्यास्तम्भः	0	2	0	0	0	2	0	1	0	0	0	1
24.	2170	MD-11	दौर्बल्यम्	4	3	5	0	9	3	4	3	5	0	9	3
25.	1266	EJ-3.6	वाताष्ठीला	2	0	0	0	2	0	2	0	0	0	2	0
26.	676	EB-12	परिकर्तिका	8	1	0	0	8	1	8	1	0	0	8	1
27.	147	AAC-12	आध्मानम्/आ	1	1	0	0	1	1	1	1	0	0	1	1

			नाहः												
28.	601	EB-7	ग्रहणीदोषः	1	0	0	0	1	0	1	0	0	0	1	0
29.	135	AAC-4	अर्दितः	3	0	0	0	3	0	2	0	0	0	2	0
30.	480	EA-3	कासः	2	0	0	0	2	0	2	0	0	0	2	0
31.	812	EC-5	पाण्डुरोगः	0	1	0	0	0	1	0	1	0	0	0	1
32.	1374	EL-2.24	वन्ध्या	0	2	0	0	0	2	0	2	0	0	0	2
33.	4079	J30.4	Allergic rhinitis, unspecified	1	0	0	0	1	0	1	0	0	0	1	0
34.	1304	EK-3	श्वयथुः	1	0	0	0	1	0	0	0	0	0	0	0
35.	471	EA-2	हिक्का	1	0	0	0	1	0	1	0	0	0	1	0
36.	287	ABB-26	पालित्यम्	1	0	0	0	1	0	1	0	0	0	1	0
37.	2983	AAC-12.4	विबन्धः	2	0	0	0	2	0	2	0	0	0	2	0
38.	1457	EM-3	अपस्मारः	1	0	0	0	1	0	1	0	0	0	1	0
39.	XIV	N18	Chronic kidney disease	1	0	0	0	1	0	1	0	0	0	1	0
40.	2280	O-35	युवानपिडका (मुखदूषिका)	1	0	0	0	1	0	1	0	0	0	1	0
41.	177	AAC-35	विश्वाची	1	0	0	0	1	0	0	0	0	0	0	0
TOTAL				**145**	**183**	**9**	**1**	**154**	**184**	**139**	**177**	**9**	**1**	**148**	**178**

YEAR 2019-20

S. No.	NAMC ID	NAMC Code	Disease	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1.	823	EC-6	आमवातः	2	18	0	0	2	18	2	18	0	0	2	18
2.	1033	ED-16	भगन्दरः	6	0	0	0	6	0	6	0	0	0	6	0
3.	53	AAB-37	गृध्रसी (केवलवात)	12	17	0	0	12	17	12	17	0	0	12	17
4.	248	AAE-16	सन्धिवातः	33	63	0	1	33	64	34	65	0	1	34	66
5.	4	AA	वातव्याधिः	21	21	0	0	21	21	23	23	0	0	23	23
6.	676	EB-12	परिकर्तिका	6	1	0	0	6	1	6	1	0	0	6	1
7.	2170	MD-11	दौर्बल्यम्	1	4	0	1	1	5	1	4	0	1	1	5
8.	639	EB-10.6	कुक्षिशूलः	1	0	0	0	1	0	1	0	0	0	1	0
9.	78	AAB-61	पृष्ठ-ग्रहः(केवलवात)	12	7	0	0	12	7	13	9	0	0	13	9
10.	135	AAC-4	अर्दितः	1	0	0	0	1	0	2	0	0	0	2	0
11.	897	ED-4.3.3	किटिभः	3	0	0	0	3	0	3	0	0	0	3	0
12.	1522	F	शिरःशूलः	3	5	0	0	3	5	3	6	0	0	3	6
13.	956	ED-8	वातरक्तम्	1	1	0	0	1	1	1	2	0	0	1	2
14.	2584	RA-1	निद्रानाशः/अस्वप्नः	1	0	0	0	1	0	1	0	0	0	1	0
15.	174	AAC-32	मन्यास्तम्भः	2	1	0	0	2	1	2	2	0	0	2	2
16.	1304	EK-3	श्वयथुःशोफः/शोथः/	1	1	0	0	1	1	1	1	0	0	1	1
17.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	2	2	0	0	2	2	3	2	0	0	3	2
18.	163	AAC-24	पक्षाघातः	5	2	0	0	5	2	5	2	0	0	5	2
19.	489	EA-4	श्वासः	5	1	0	0	5	1	5	1	0	0	5	1
20.	2171	MD-12	कुमारशोष	0	0	0	1	0	1	0	0	0	1	0	1
21.	1457	EM-3	अपस्मारः	0	1	0	0	0	1	0	1	0	0	0	1
22.	-	-	व्रण	1	0	0	0	1	0	2	0	0	0	2	0
23.	883	ED-4	कुष्ठम्	2	1	0	0	2	1	2	1	0	0	2	1
24.	1869	J-9	कर्णनादः-	1	0	0	0	1	0	1	0	0	0	1	0
25.	1074	EE-3	अर्शः	6	3	0	0	6	3	6	3	0	0	6	3
26.	1139	EF-2.4.4	मधुमेहः	3	4	0	0	3	4	3	4	0	0	3	4
27.	1383	EL-3	आर्तवदुष्टि	0	2	0	0	0	2	0	2	0	0	0	2
28.	812	EC-5	पाण्डुरोगः	1	1	0	0	1	1	1	1	0	0	1	1
29.	1324	EK-4	उदर/उदररोगः	0	2	0	0	0	2	0	2	0	0	0	2
30.	515	EB-2	अतिसार	1	0	0	0	1	0	1	0	0	0	1	0
31.	1095	EE-4	ग्रन्थिः	1	0	0	0	1	0	1	0	0	0	1	0
32.	838	ED-2.2	कण्डूः	2	0	0	0	2	0	2	0	0	0	2	0

33.	1377	EL-2.27	योनिकन्दः	0	1	0	0	0	1	0	1	0	0	0	1
34.	1543	FA-3	खलित्यम्	0	1	0	0	0	1	0	1	0	0	0	1
35.	139	AAC-6	अस्थिशोषः	0	1	0	0	0	1	0	1	0	0	0	1
36.	1422	EM-1	मनोवहस्रोतोदुष्टिः	4	0	0	0	4	0	4	0	0	0	4	0
37.	177	AAC-35	विश्वाची	0	0	0	0	0	0	1	0	0	0	1	0
Total				**140**	**161**	**0**	**3**	**140**	**164**	**148**	**170**	**0**	**3**	**148**	**173**

YEAR 2020-21

S. No.	NAMC ID	NAMC Code	Disease	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1.	248	AAE-16	सन्धिवातः	0	2	0	0	0	2	0	2	0	0	0	2
2.	1074	EE-3	अर्शः	0	1	0	0	0	1	0	1	0	0	0	1
3.	1457	EM-3	अपस्मारः	3	0	0	0	3	0	3	0	0	0	3	0
4.	157	AAC-20	गृध्रसी	1	1	0	0	1	1	1	1	0	0	1	1
5.	141	AAC-8	अवबाहुकः	0	1	0	0	0	1	0	1	0	0	0	1
6.	1522	F	शिरःशूल/ शिरोरुक्	2	0	0	0	2	0	2	0	0	0	2	0
Total				**6**	**-**	**-**	**0**	**6**	**5**	**6**	**5**	**0**	**0**	**6**	**5**

YEAR 2021-22

Sr. No.	dis_id	dis_code	dis_name	Admitted Patients				Total		Discharged Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	4	13	0	0	4	13	4	13	0	0	4	13
2	1374	EL-2.24	वन्ध्या	0	3	0	0	0	3	0	3	0	0	0	3
3	633	EB-10	शूलः	0	1	0	0	0	1	0	1	0	0	0	1
4	157	AAC-20	गृध्रसी	2	7	0	0	2	7	2	7	0	0	2	7
5	163	AAC-24	पक्षाघातः पक्षवधः/	6	0	0	0	6	0	5	0	0	0	5	0
6	956	ED-8	वातरक्तम्	0	1	0	0	0	1	0	1	0	0	0	1
7	4	AA	वातव्याधिः	9	11	0	0	9	11	9	10	0	0	9	10
8	78	AAB-61	पृष्ठ ग्रहः-(केवलवात)	0	1	0	0	0	1	0	1	0	0	0	1
9	141	AAC-8	अवबाहुकः	0	1	0	0	0	1	0	1	0	0	0	1
10	897	ED-4.3.3	किटिभः	1	0	0	0	1	0	1	0	0	0	1	0
11	823	EC-6	आमवातः	2	5	0	0	2	5	2	4	0	0	2	4
12	49	AAB-33	ग्रीवास्तंभ :	2	1	0	0	2	1	2	1	0	0	2	1
13	1398	EL-5	श्वेतप्रदरः	0	1	0	0	0	1	0	1	0	0	0	1
14	1033	ED-16	भगन्दरः	2	0	0	0	2	0	2	0	0	0	2	0
15	174	AAC-32	मन्यास्तम्भः	0	1	0	0	0	1	0	1	0	0	0	1
16	147	AAC-12	आध्मानम्आनाहः /	0	1	0	0	0	1	0	1	0	0	0	1
17	410	BA-3.1	आर्तवक्षयः	0	1	0	0	0	1	0	1	0	0	0	1
18	1522	F	शिरःशूल / शिरोरुक्	1	0	0	0	1	0	1	0	0	0	1	0
Total				**29**	**48**	**0**	**0**	**29**	**48**	**28**	**46**	**0**	**0**	**28**	**46**

YEAR 2022-23

Sr. No.	dis_id	dis_code	dis_name	Admitted Patients				Total		Discharge Patients				Total	
				M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F
1	248	AAE-16	सन्धिवातः	17	34	0	0	17	34	17	34	0	0	17	34
2	1374	EL-2.24	वन्ध्या	0	2	0	0	0	2	0	2	0	0	0	2
3	2983	AAC-12.4	विबन्ध	2	1	0	0	2	1	2	1	0	0	2	1
4	157	AAC-20	गृध्रसी	10	18	0	0	10	18	7	17	0	0	7	17
5	78	AAB-61	पृष्ठ-ग्रहः (केवलवात\त्रिर्कग्रह)	14	13	0	0	14	13	13	13	0	0	13	13
6	1662	H	अक्षिरोगः/नेत्ररोगः	1	0	0	0	1	0	1	0	0	0	1	0
7	823	EC-6	आमवातः	5	14	0	0	5	14	5	13	0	0	5	13
8	639	EB-10.6	उदरशूलः/कुक्षिशुलः	1	0	0	0	1	0	1	0	0	0	1	0
9	4	AA	वातव्याधिः	13	8	0	0	13	8	13	9	0	0	13	9
10	1422	EM-1	मनोवहस्रोतोदुष्टिः	2	0	0	0	2	0	2	0	0	0	2	0
11	178	AAC-36	कम्पः/वेपथुः	2	1	0	0	2	1	2	1	0	0	2	1
12	480	EA-3	कास :	0	1	0	0	0	1	0	1	0	0	0	1
13	1139	EF-2.4.4	मधुमेहः	1	1	0	0	1	1	1	1	0	0	1	1
14	1266	EJ-3.6	वाताष्ठीला	1	0	0	0	1	0	1	0	0	0	1	0
15	1869	J-9	कर्ण-नादः	0	1	0	0	0	1	0	1	0	0	0	1
16	163	AAC-24	पक्षाघातः/पक्षवधः	1	1	0	0	1	1	2	1	0	0	2	1
17	1278	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	1	0	1	0	0	0	1	0
18	1337	EK-4.6	यकृद्वाल्युदरः	1	0	0	0	1	0	0	0	0	0	0	0
19	141	AAC-8	अवबाहुकः	1	1	0	0	1	1	1	1	0	0	1	1
20	2170	MD-11	दौर्बल्यम्	1	0	0	0	1	0	1	0	0	0	1	0
21	1530	F-8	अर्धावभेदकः	0	2	0	0	0	2	0	2	0	0	0	2
22	174	AAC-32	मन्यास्तम्भः	2	0	0	0	2	0	2	0	0	0	2	0
23	1457	EM-3	अपस्मारः	0	1	0	0	0	1	0	1	0	0	0	1
24	850	ED-2.8	निद्रानाशः/अनिद्रा	1	0	0	0	1	0	1	0	0	0	1	0
Total				**77**	**99**	**0**	**0**	**77**	**99**	**73**	**98**	**0**	**0**	**73**	**98**

D. Results of treatment for discharged patients (last five years excluding reporting period):

YEAR 2018-19

S. No.	NAMC ID	NAMC No.	Disease	Good Res.	Fair Res.	Poor Res.	No Res.	Ref.	LAMA	Total
1	1522	F	शिरःशूलः	7	0	0	1	0	0	**8**
2	1914	KA	व्रणः	1	0	0	0	0	0	**1**
3	178	AAC-36	कम्पः/वेपथुः	1	0	0	0	0	0	**1**
4	823	EC-6	आमवातः	19	2	1	2	0	0	**24**
5	157	AAB-37	गृध्रसी (केवलवात)	24	1	0	1	0	0	**26**
6	2171	MD-12	कुमारशोषः	1	0	0	0	0	0	**1**
7	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	4	0	0	0	0	0	**4**
8	639	EB-10.6	कुक्षिशूलः	5	0	0	0	0	1	**6**
9	1350	EL-2	योनिरोगः/योनि-व्यापदः	0	1	0	0	0	0	**1**
10	163	AAC-24	पक्षाघातः/पक्षवधः	1	0	0	0	0	0	**1**
11	141	AAC-8	अवबाहुकः	2	1	0	0	0	0	**3**
12	1074	EE-3	अर्शः	4	0	0	0	0	0	**4**
13	1383	EL-3	आर्तवदुष्टिः	2	0	0	0	0	0	**2**
14	1033	ED-16	भगन्दरः	10	0	0	1	0	0	**11**
15	956	ED-8	वातरक्तम्	2	0	0	0	0	0	**2**
16	1248	EJ-2	अश्मरी	1	0	0	0	0	0	**1**
17	489	EA-4	श्वासः	1	0	0	0	0	0	**1**
18	167	AAC-25	पाददाहः	2	0	0	0	0	0	**2**
19	174	AAC-32	मन्यास्तम्भः	0	0	0	1	0	0	**1**
20	2170	MD-11	दौर्बल्यम्	11	0	0	1	0	0	**12**
21	140	AAC-7	वाताष्ठीला	2	0	0	0	0	0	**2**
22	676	EB12	परिकर्तिका	8	0	0	1	0	0	**9**
23	147	AAC-12	आध्मानम्/आनाहः	1	1	0	0	0	0	**2**
24	601	EB-7	ग्रहणीदोषः	0	0	0	1	0	0	**1**
25	135	AAC-4	अर्दितः	2	0	0	0	0	0	**2**
26	480	EA-3	कासः	1	0	0	1	0	0	**2**
27	812	EC-5	पाण्डुरोगः	1	0	0	0	0	0	**1**
28	2983	AAC-12.4	विबन्धः	1	0	0	1	0	0	**2**
29	471	EA-2	हिक्का	1	0	0	0	0	0	**1**
30	287	ABB-26	पालित्यम्	1	0	0	0	0	0	**1**
31	1374	EL-2.24	वन्ध्या	2	0	0	0	0	0	**2**
32	4079	J30.4	Allergic rhinitis, unspecified	1	0	0	0	0	0	**1**
33	1457	EM-3	अपस्मारः	1	0	0	0	0	0	**1**
34	XIV	N18	Chronic kidney disease	1	0	0	0	0	0	**1**
35	78	AAB-61	पृष्ठग्रहः (केवलवात)	53	5	0	0	0	0	**58**
36	248	AAE-16	सन्धिवातः	65	8	1	1	0	2	**77**
37	4	AA	वातव्याधिः	37	5	0	3	0	1	**46**
38	2280	O-35	युवानपिडका (मुखदूषिका)	1	0	0	0	0	0	**1**
39	897	ED-4.3.3	किटिभः	3	0	1	0	0	0	**4**
40	1304	EK-3	श्वयथुः/शोफः/शोथः	0	0	0	0	0	0	**0**
			Total	**280**	**24**	**3**	**15**	**0**	**4**	**326**

YEAR 2019-20

Sr. No.	Dis_ id	Dis_ code	Dis_name	Good Resp.	Fair Resp.	Poor Resp.	NO Resp.	LAMA	Ref.	Total
1.	823	EC-6	आमवातः	16	-	1	3	-	-	20
2.	1033	ED-16	भगन्दरः	5	1	-	-	-	-	6
3.	53	AAB-37	गृध्रसी (केवलवात)	28	1	-	-	-	-	29
4.	248	AAE-16	सन्धिवातः	91	3	2	4	-	-	100
5.	4	AA	वातव्याधिः	36	2	3	3	2	-	46
6.	676	EB-12	परिकर्तिका	5	2	-	-	-	-	7
7.	2170	MD-11	दौर्बल्यम्	4	1	1	-	-	-	6
8.	639	EB-10.6	कुक्षिशूलः	1	-	-	-	-	-	1
9.	78	AAB-61	पृष्ठ-ग्रहः (केवलवात)	20	1	-	1	-	-	22
10.	135	AAC-4	अर्दितः	2	-	-	-	-	-	2
11.	897	ED-4.3.3	किटिभः	3	-	-	-	-	-	3
12.	1522	F	शिरःशूलः	8	-	-	1	-	-	9
13.	956	ED-8	वातरक्तम्	-	2	-	1	-	-	3
14.	2584	RA-1	निद्रानाशः/अस्वप्नः	-	1	-	-	-	-	1
15.	174	AAC-32	मन्यास्तम्भः	2	2	-	-	-	-	4
16.	1304	EK-3	श्वयथुः/शोथः/शोफः	2	-	-	-	-	-	2
17.	49	AAB-33	ग्रीवास्तम्भः (केवलवात)	5	-	-	-	-	-	5
18.	163	AAC-24	पक्षाघातः	6	-	1	-	-	-	7
19.	489	EA-4	श्वासः	5	-	-	1	-	-	6
20.	2171	MD-12	कुमारशोष	1	-	-	-	-	-	1
21.	1457	EM-3	अपस्मारः	-	-	1	-	-	-	1
22.	-	-	व्रण	-	-	1	1	-	-	2
23.	883	ED-4	कुष्ठम्	2	1	-	-	-	-	3
24.	1869	J-9	कर्ण-नादः	1	-	-	-	-	-	1
25.	1074	EE-3	अर्शः	7	1	-	1	-	-	9
26.	1139	EF-2.4.4	मधुमेहः	5	1	-	1	-	-	7
27.	1383	EL-3	आर्तवदुष्टि	2	-	-	-	-	-	2
28.	812	EC-5	पाण्डुरोगः	2	-	-	-	-	-	2
29.	1324	EK-4	उदर/उदररोगः	1	-	-	1	-	-	2
30.	515	EB-2	अतिसार	-	-	-	1	-	-	1
31.	1095	EE-4	ग्रन्थिः	-	-	1	-	-	-	1
32.	838	ED-2.2	कण्डूः	2	-	-	-	-	-	2
33.	1377	EL-2.27	योनिकन्दः	1	-	-	-	-	-	1
34.	1543	FA-3	खलित्यम्	1	-	-	-	-	-	1
35.	139	AAC-6	अस्थिशोषः	1	-	-	-	-	-	1
36.	1422	EM-1	मनोवहस्रोतोदुष्टिः	4	-	-	-	-	-	4
37.	177	AAC-35	विश्वाची	-	-	1	-	-	-	1
			Total	**269**	**19**	**12**	**19**	**2**	**0**	**321**

YEAR 2020-21

Sr. No.	Disease ID	Disease Code	Disease Name	Good Resp.	Fair Resp.	Poor Resp.	No Resp.	LAMA	Ref.	Total
1.	248	AAE-16	सन्धिवातः	2	-	-	-	-	-	2
2.	1074	EE-3	अर्शः	1	-	-	-	-	-	1
3.	1457	EM-3	अपस्मारः	-	-	-	3	-	-	3
4.	157	AAC-20	गृध्रसी	2	-	-	-	-	-	2
5.	141	AAC-8	अवबाहुकः	1	-	-	-	-	-	1
6.	1522	F	शिरःशूल / शिरोरुक्	-	-	-	2	-	-	2
			Total	**6**	**-**	**-**	**5**	**-**	**-**	**11**

YEAR 2021-22

Sr. No.	Disease ID	Disease Code	Disease Name	Good Resp.	Fair Resp.	Poor Resp.	No Resp.	LAMA	Ref.	Total
1.	248	AAE-16	सन्धिवातः	0	17	0	1	0	0	**18**
2.	1374	EL-2.24	वन्ध्या	0	2	0	1	0	0	**3**
3.	633	EB-10	शूलः	0	0	1	0	0	0	**1**
4.	157	AAC-20	गृध्रसी	3	4	2	0	0	0	**9**
5.	163	AAC-24	पक्षाघातःपक्षवधः/	1	6	0	0	0	0	**7**
6.	956	ED-8	वातरक्तम्	0	1	0	0	0	0	**1**
7.	4	AA	वातव्याधिः	3	11	2	1	2	0	**19**
8.	78	AAB-61	पृष्ठ(केवलवात) ग्रहः-	1	0	0	0	0	0	**1**
9.	141	AAC-8	अवबाहुकः	0	1	0	0	0	0	**1**
10.	897	ED-4.3.3	किटिभः	0	1	0	0	0	0	**1**
11.	823	EC-6	आमवातः	1	5	0	0	0	0	**6**
12.	49	AAB-33	ग्रीवास्तंभः	0	3	0	0	0	0	**3**
13.	1398	EL-5	श्वेतप्रदरः	1	0	0	0	0	0	**1**
14.	1033	ED-16	भगन्दरः	0	1	0	1	0	0	**2**
15.	174	AAC-32	मन्यास्तम्भः	0	0	0	1	0	0	**1**
16.	147	AAC-12	आध्मानम्/ आनाहः	0	1	0	0	0	0	**1**
17.	410	BA-3.1	आर्तवक्षयः	0	1	0	0	0	0	**1**
18.	1522	F	शिरःशूल / शिरोरुक्	0	1	0	0	0	0	**1**
			Total	**10**	**55**	**5**	**5**	**2**	**0**	**77**

YEAR 2022-23

S. No	Disease Code	Disease Name	Good Response	Fair Response	Poor Response	No Response	LAMA	Death
1	AAE-16	सन्धिवातः	10	40	1	0	0	0
2	EL-2.24	वन्ध्या	1	1	0	0	0	0
3	AAC-12.4	विबन्ध	2	0	1	0	0	0
4	AAC-20	गृध्रसी	10	11	1	0	2	0
5	AAB-61	पृष्ठ-ग्रहः (केवलवात\ त्रिर्कग्रह)	8	17	1	0	0	0
6	H	अक्षिरोगः/नेत्ररोगः	0	1	0	0	0	0
7	EC-6	आमवातः	5	12	0	1	0	0
8	EB-10.6	उदरशूलः/कुक्षिशुलः	1	0	0	0	0	0
9	AA	वातव्याधिः	8	14	0	0	0	0
10	EM-1	मनोवहस्रोतोदुष्टिः	0	0	0	2	0	0
11	AAC-36	कम्पः/वेपथुः	0	1	0	2	0	0
12	EA-3	कास :	1	0	0	0	0	0
13	EF-2.4.4	मधुमेहः	0	2	0	0	0	0
14	EJ-3.6	वाताष्ठीला	0	0	1	0	0	0
15	J-9	कर्ण-नादः	1	0	0	0	0	0
16	AAC-24	पक्षाघातः/पक्षवधः	1	2	0	0	0	0
17	EJ-4	मूत्रकृच्छ्रम्	1	0	0	0	0	0
18	AAC-8	अवबाहुकः	0	1	1	0	0	0
19	MD-11	दौर्बल्यम्	0	1	0	0	0	0
20	F-8	अर्धावभेदक:	0	2	0	0	0	0
21	AAC-32	मन्यास्तम्भ:	2	0	0	0	0	0
22	EM-3	अपस्मारः	0	1	0	0	0	0
23	ED-2.8	निद्रानाश:/अनिद्रा	0	1	0	0	0	0
Total			**51**	**107**	**6**	**5**	**2**	**0**

E. Percentage of yearly bed occupancy during different years since inception upto the reporting year 2023-24:

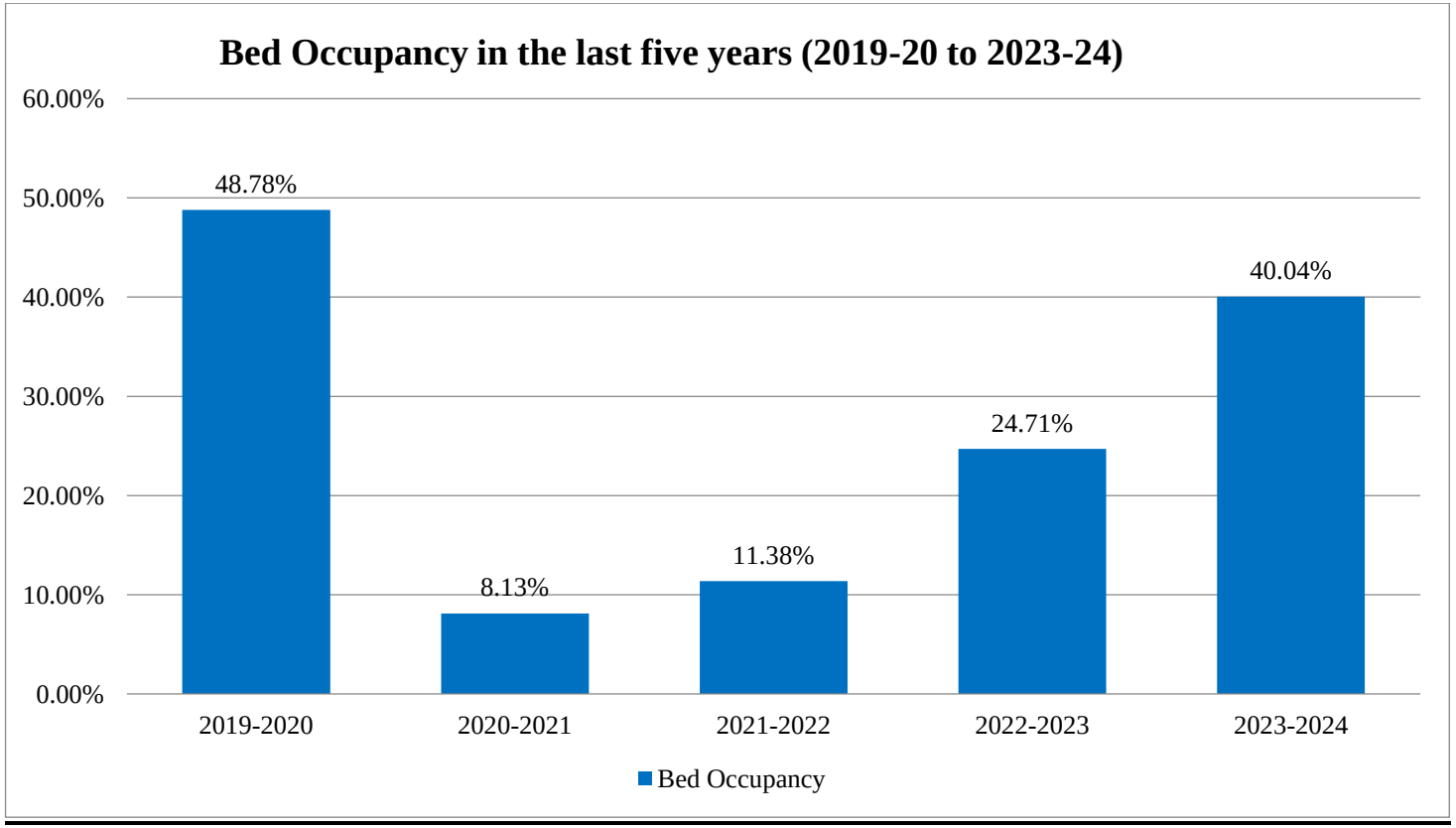
S. No.	Year	No. of beds available	Percentage of yearly bed occupancy
1.	**1972-73**	20	00.00
2.	**1973-74**	20	00.00
3.	**1974-75**	20	71.10
4.	**1975-76**	20	75.49
5.	**1976-77**	20	41.47
6.	**1977-78**	20	48.70
7	**1978-79**	20	10.02
8.	**1979-80**	20	27.60
9.	**1980-81**	20	28.83
10.	**1981-82**	20	34.95
11.	**1982-83**	20	44.61
12.	**1983-84**	20	72.17
13.	**1984-85**	20	60.10
14.	**1985-86**	20	59.87
15.	**1986-87**	20	50.25
16.	**1987-88**	20	44.27
17.	**1988-89**	20	36.36
18.	**1989-90**	20	18.95
19.	**1990-91**	20	30.06
20.	**1991-92**	20	32.35
21.	**1992-93**	20	26.87
22.	**1993-94**	20	29.10
23.	**1994-95**	20	20.88
24.	**1995-96**	20	33.78
25.	**1996-97**	20	37.69
26.	**1997-98**	20	33.21
27.	**1998-1999**	20	33.62
28.	**1999-2000**	20	32.24
29.	**2000-2001**	20	34.00
30.	**2001-2002**	20	39.00

31.	**2002-2003**	20	70.97
32.	**2003-2004**	20	73.75
33.	**2004-2005**	20	44.00
34.	**2005-2006**	20	34.03
35.	**2006-2007**	20	50.03
36.	**2007-2008**	20	44.00
37.	**2008-2009**	20	30.00
38.	**2009-2010**	20	22.00
39.	**2010-2011**	20	14.00
40.	**2011-2012**	20	21.45
41.	**2012-2013**	20	11.04
42.	**2013-2014**	20	19.47
43.	**2014-2015**	20	17.69
44.	**2015-2016**	20	17.47
45.	**2016-2017**	20	14.78
46.	**2017-2018**	20	15.87
47.	**2018-2019**	20	42.63
48.	**2019-2020**	20	48.78
49.	**2020-2021**	20	8.125
50.	**2021-2022**	20	11.38
51.	**2022-2023**	20	24.71
52.	**2023-2024**	20	40.04

Standard Formula for calculation of Bed occupancy:

$$= \frac{\text{Total days of the care to the patients during the year x 100}}{\text{No. of beds x Total No. of days in the year}}$$

- **The average Bed Occupancy is** $= \frac{2931 \text{ x } 100}{20 \text{ x } 366} = 40.04\%$


Bed Occupancy in the last five years (2019-20 to 2023-24)
60.00%
50.00%
40.00%
30.00%
20.00%
10.00%
0.00%
48.78%
8.13%
11.38%
24.71%
40.04%
2019-2020
2020-2021
2021-2022
2022-2023
2023-2024
Bed Occupancy

F. Statement of Patients Admitted/Discharged during the reporting period 2023-24

Sr. No.	dis_id	dis_code	dis_name	C/F		Admitted				Total		Discharge				Total		C/F Current Year	
				M	F	M	F	M/C	F/C	M	F	M	F	M/C	F/C	M	F	M	F
1	248	AAE-16	सन्धिवातः	0	1	28	59	0	0	28	59	27	60	0	0	27	60	1	0
2	157	AAC-20	गृध्रसी	2	1	14	18	0	0	14	18	16	18	0	0	16	18	0	1
3	78	AAB-61	पृष्ठ-ग्रहः)केवलवात\त्रिर्कग्रह(	2	0	22	18	0	0	22	18	23	18	0	0	23	18	1	0
4	823	EC-6	आमवातः	0	1	3	14	0	0	3	14	3	15	0	0	3	15	0	0
5	689	EC-3	ज्वरः	0	0	2	1	0	0	2	1	2	1	0	0	2	1	0	0
6	4	AA	वातव्याधिः	0	0	15	11	0	0	15	11	15	11	0	0	15	11	0	0
7			ग्रीवास्तंभ	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
8	174	AAC-32	मन्यास्तम्भ:	0	0	2	1	0	0	2	1	2	1	0	0	2	1	0	0
9	2983	AAC-12.4	विबन्ध	0	0	1	1	0	0	1	1	1	1	0	0	1	1	0	0
10	135	AAC-4	अर्दितः	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
11	850	ED-2.8	निद्रानाश/:अनिद्रा	0	0	3	2	0	0	3	2	3	2	0	0	3	2	0	0
12	163	AAC-24	पक्षाघातः/पक्षवधः	0	0	3	5	0	1	3	6	3	5	0	1	3	6	0	0
13	1457	EM-3	अपस्मारः	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
14	812	EC-5	पाण्डुरोगः	0	0	1	2	0	0	1	2	1	2	0	0	1	2	0	0
15	1662	H	अक्षिरोगः/नेत्ररोगः	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
16	1258	EJ-3	मूत्राघातः	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
17	1139	EF-2.4.4	मधुमेहः	0	0	1	1	0	0	1	1	1	1	0	0	1	1	0	0
18	1374	EL-2.24	वन्ध्या	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
19	1337	EK-4.9	यकृद्दाल्युदरः	1	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0
20	1522	F	शिरःशूल / शिरोरुक्	0	0	1	5	0	0	1	5	1	4	0	0	1	4	0	1

21	586	EB-6	छर्दी	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
22	838	ED-2.2	कंडू / कण्डू:	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
23	1761	HG-1	तिमिर	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
24			त्वकविकार	0	0	0	2	0	0	0	2	0	2	0	0	0	2	0	0
25	905	ED-4.3.10	विचर्चिका	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
26	178	AAC-36	कम्पवात	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
27	1656	GG-4	मुखपाक	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
28	348	ACB-2	अग्निमान्ध	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
29	956	ED-8	वातरक्त	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0
30	1398	EL-5	श्वेत प्रदर	0	0		1	0	0	0	1	0	1	0	0	0	1	0	0
31			मंडल कुष्ठ	0	0	1	0	0	0	1	0	1	0	0	0	1	0	0	0
32	1095	EE-4	ग्रंथी	0	0	2	2	0	0	2	2	2	2	0	0	2	2	0	0
33	2170	MD-11	दौर्बल्य	0	0	1	2	0	0	1	2	1	2	0	0	1	2	0	0
TOTAL				**5**	**3**	**106**	**153**	**0**	**1**	**106**	**154**	**109**	**154**	**0**	**1**	**109**	**155**	**2**	**2**

G. Statement of Treatment Result for the patients discharged during the reporting period 2023-24:

Sr. No.	dis_ code	dis_name	Good Response	Fair Response	Poor Response	No Response	Lama	Death
1	AAE-16	सन्धिवातः	47	7	24	9	0	0
2	AAC-20	गृध्रसी	19	7	8		0	0
3	AAB-61	पृष्ठ-ग्रहः)केवलवात\त्रिर्कग्रह(	28	5	7	1	0	0
4	EC-6	आमवातः	10	2	1	4	1	0
5	EC-3	ज्वरः	0	2	1	0	0	0
6	AA	वातव्याधिः	11	4	8	3	0	0
7		ग्रीवास्तंभ	0	1	0	0	0	0
8	AAC-32	मन्यास्तम्भ:	3	0	0	0	0	0
9	AAC-12.4	विबन्ध	1	1			0	0
10	AAC-4	अर्दितः	1	0	0	0	0	0
11	ED-2.8	निद्रानाश/:अनिद्रा	3	0	0	1	1	0
12	AAC-24	पक्षाघातः/पक्षवधः	7	0	0	2	0	0
13	EM-3	अपस्मारः	0	0	1	0	0	0
14	EC-5	पाण्डुरोगः	1	0	2	0	0	0
15	H	अक्षिरोग:/नेत्ररोगः	1	0	0	0	0	0
16	EJ-3	मूत्राघातः	0	0	0	1	0	0
17	EF-2.4.4	मधुमेहः	2	0	0	0	0	0
18	EL-2.24	वन्ध्या	0	0	0	1	0	0
19	EK-4.9	यकृद्वाल्युदरः	1	0	0	0	0	0
20	F	शिरःशूल / शिरोरुक्	1	0	3	1	0	0
21	EB-6	छर्दी	0	0	0	1	0	0
23	ED-2.2	कंडू / कण्डू:	0	0	0	2	0	0
24	HG-1	तिमिर	1	0	0	0	0	0
25		त्वकविकार	1	0	0	0	0	0
26	ED-4.3.10	विचर्चिका	1	0	0	0	0	0
27	AAC-36	कम्पवात	0	1	0	0	0	0
28	GG-4	मुखपाक	0	0	0	1	0	0
29	ACB-2	अग्निमान्ध	0	0	1	0	0	0
30	ED-8	वातरक्त	1	0	0	0	0	0
31	EL-5	श्वेत प्रदर	1	0	0	0	0	0
32		मंडल कुष्ठ	0	0	1	0	0	0
33	EE-4	ग्रंथी	0	0	0	4	0	0
34	MD-11	दौर्बल्य	2	0	1	0	0	0
		Total	**143**	**30**	**58**	**31**	**2**	**0**

H. Disease wise average duration of hospitalization (based on days of care to the patients discharged excluding cases of Death and LAMA (2023-2024)

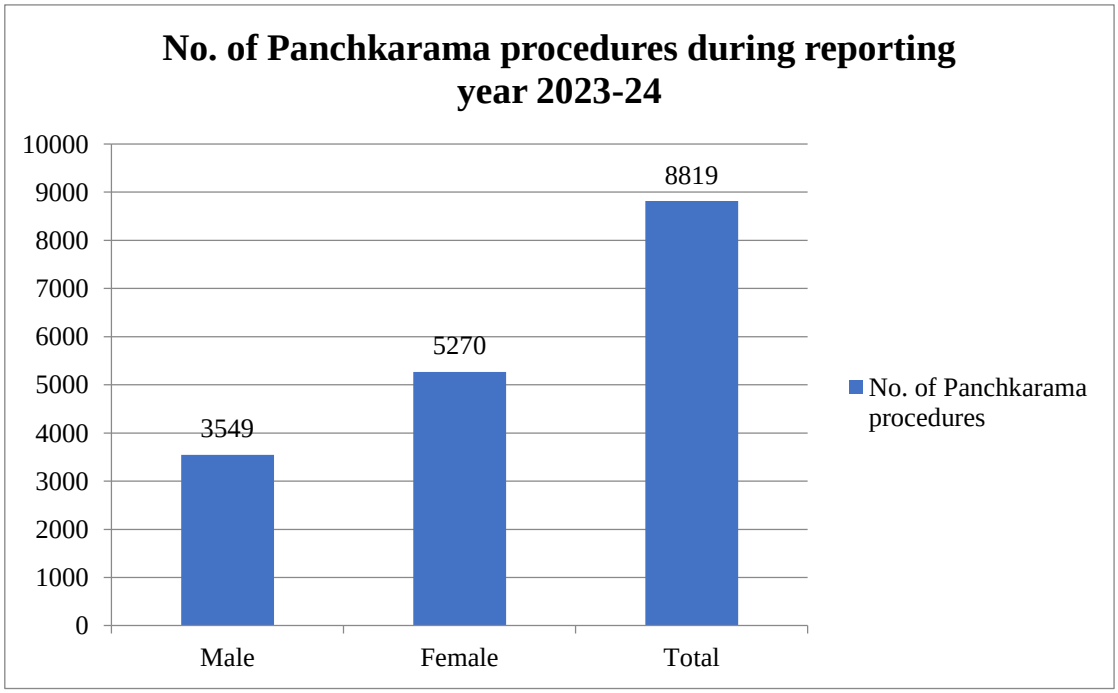
Average duration at hospitalization (of a particular disease)

Sr. No.	dis_code	dis_name	Duration of Hospitalization (In Days)
1	AAE-16	सन्धिवातः	950
2	AAC-20	गृध्रसी	428
3	AAB-61	पृष्ठ-ग्रहः) केवलवात\त्रिर्कग्रह(	468
4	EC-6	आमवातः	216
5	EC-3	ज्वरः	13
6	AA	वातव्याधिः	313
7		ग्रीवास्तंभ	15
8	AAC-32	मन्यास्तम्भ:	37
9	AAC-12.4	विबन्ध	18
10	AAC-4	अर्दितः	14
11	ED-2.8	निद्रानाश/:अनिद्रा	46
12	AAC-24	पक्षाघातः/पक्षवधः	131
13	EM-3	अपस्मारः	5
14	EC-5	पाण्डुरोगः	25
15	H	अक्षिरोगः/नेत्ररोगः	6
16	EJ-3	मूत्राघातः	3
17	EF-2.4.4	मधुमेहः	30
18	EL-2.24	वन्ध्या	6
19	EK-4.9	यकृद्दाल्युदरः	2
20	F	शिरःशूल / शिरोरुक्	43
21	EB-6	छर्दी	3
22	ED-2.2	कंडू / कण्डू:	5
23	HG-1	तिमिर	9
24		त्वकविकार	18
25	ED-4.3.10	विचर्चिका	14
26	AAC-36	कम्पवात	21
27	GG-4	मुखपाक	4
28	ACB-2	अग्निमान्ध	7
29	ED-8	वातरक्त	28
30	EL-5	श्वेत प्रदर	14
31		कुष्ठ	2
32	EE-4	ग्रंथी	4
33	MD-11	दौर्बल्य	31
		Total	**2929**

(3) Panchkarma:

Karma wise Panchkarma during the reporting period 2023-2024:

S.No.	Disease	Male	Female	Total
1	Abhyang	1054	1549	**2603**
2	Swedan	930	1441	**2371**
3	Kati Basti	448	567	**1015**
4	Griva Basti	123	105	**228**
5	Matra Basti	285	324	**609**
6	Kwath Basti	178	239	**417**
7	Patra Pind Swedan	31	42	**73**
8	Sastik Shali Pind Swedan	199	246	**445**
9	Ksheer basti	16	76	**92**
10	Baluka Swedan	24	32	**56**
11	Shirodhara	88	132	**220**
12	Janu Basti	118	388	**506**
13	Udvartan	15	57	**72**
14	Akshi Tarpan	10	14	**24**
15	Shiropichu	0	10	**10**
16	yoni prakshalan	0	13	**13**
17	lepan	0	1	**1**
18	Nasya	30	34	**64**
	Grand Total	**3549**	**5270**	**8819**



(1) List of Panchakarmaequipments in the Institute:

S. No.	Name of the Equipment	Purpose for which it was purchased	Year of purchase	Cost of equipment (In Rs.)	Condition of the equipment	Remarks
1.	Steam Bath Cabinet (Laying type) -01	Development of Hospital facility	2014-15	59650	Working	
2.	Steam Bath Cabinet (Sitting type) -01	------do-----	2014-15	45650	Working	
3.	Steam Generator Fully Automatic (Electric) -02	------do-----	2014-15	103600	Working	
4.	ShirodharaYantra (Fully Automatic)- 02	------do-----	2014-15	97300	Working	
5.	Hi-low Tilt Steel Table WithDharapathy (Shirodhara type) -02	------do-----	2014-15	106100	Working	
6.	Soft Bed for Dharapathy -02	------do-----	2014-15	1800	Working	
7.	Abhyanga Table (Massage Table)- 02	------do-----	2014-15	68200	Working	
8.	BastiYantra -02	------do-----	2014-15	2100	Working	
9.	BastiYantra (Disposable Set) - 02	------do-----	2014-15	2544	Working	
10.	Vamanpeeth (Stainless Steel) -02	------do-----	2014-15	44900	Working	
11.	Nasyapeeth (Stainless steel with raisable leg support) -02	------do-----	2014-15	53000	Working	
12.	Virechana Chair (Stainless Steel) -02	------do-----	2014-15	39800	Working	
13.	Rectum steam chair -02	------do-----	2014-15	52950	Working	
14.	NadiswedanaYantra -02	------do-----	2014-15	44400	Working	
15.	Shirobasti Cap -02	------do-----	2014-15	4200	Working	
16.	Panchakarma Accessories-02	------do-----	2014-15	46500	Working	
17.	MatraBasti -08	------do-----	2014-15	4800	Working	
18.	Basti Tips -50	------do-----	2014-15	500	Working	
19.	Spine Bath with Groove --02	------do-----	2014-15	23150	Working	
20.	Hip Bath -01	------do-----	2014-15	6700	Working	
21.	Massage Stool -02	------do-----	2014-15	8350	Working	
22.	Kinetiser Heater with Flaturuli (Vessel) -02	------do-----	2014-15	29400	Working	
23.	Shalaka -02	------do-----	2014-15	2800	Working	
24.	Basti --02	------do-----	2014-15	6700	Working	

VII. LABORATORY (PATHOLOGY/BIO-CHEMISTRY/RADIOLOGY):

The Clinical Laboratory of the Institute is well equipped with modern equipments. All the investigations are on the basis of charges fixed by the Council except Research, BPL patients and concession to senior citizens. Emphasis is given for timely supply of investigation reports. The investigations are done in the laboratory keeping in view the Research Programme allotted to the Institute. The details of the investigation done during the reporting year 2023-24 are as under:

Annual Report Summary from 1st April, 2023 to 31st March, 2024

S.No.	Investigations	Total (Male)	Total (Female)	Grand Total
1.	Pathological Investigations	6368	8250	14618
2.	Biochemical Investigations	8741	6587	15328
3.	Radiological Investigations	162	199	361
4.	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
Total		**15271**	**15036**	**30307**



(1) Details of Investigations (2023-24):

S.No.	Type of Investigations	Male	Female	Total
1	C.B.C	433	552	985
2	Hemoglobin	433	552	985
3	RBC	433	552	985
4	TLC	569	692	1261
5	DLC	2029	2584	4613
6	E.S.R.	433	592	1025
7	Platelet count	433	556	989
8	M.P.	7	10	17
9	TEC/VEC	0	0	0
10	G.B.P.	0	0	0
11	B.T. / C.T.	0	0	0
12	Reticulocyte Count	3	6	9
13	PCV	411	556	967
14	MCV	411	556	967
15	MCHC	411	556	967
16	RH & ABO Grouping	14	13	27
17	Blood Sugar	574	329	903
18	Blood Urea	426	315	741
19	S. Creatinine	426	315	741
20	S.Uric Acid	426	315	741
21	S. Bilirubin Total	450	323	773
22	S. Bilirubin Direct	450	325	775
23	S. Bilirubin Indirect	450	325	775
24	S. Cholesterol	381	220	601
25	S. Triglycerides	381	220	601
26	S. LDL	381	220	601
27	S. HDL	381	220	601
28	VLDL	381	223	604
29	Alkaline Phosphates	449	328	777
30	Total Protein	449	328	777
31	Albumin	449	328	777
32	Globulin	449	328	777
33	A.G. Ratio	372	271	643
34	SGOT	449	328	777
35	SGPT	449	328	777
36	R.A. Factor	110	254	364
37	C.R.P.	102	191	293
38	ASO Titre	103	174	277
39	Widal	32	60	92
40	Mantoux Test	0	0	0

41	VDRL	0	0	0
42	Routine & Microscopic	58	79	137
43	Urine B.S./B.P.	58	79	137
44	Urine Sugar	58	79	137
45	Urine Albumin	58	79	137
46	Urobilinogen	58	79	137
47	Ketone bodies	58	77	135
48	Gravindex Test	0	1	1
49	Ova & Cyst	0	0	0
50	Occult Blood	0	0	0
51	Stool (Conc. Method)	0	0	0
52	For AFB	0	0	0
53	Sperm count/motility	0	0	0
54	Sickling	0	0	0
55	X-Ray.	162	199	361
56	T3	13	26	39
57	T4	13	26	39
58	TSH	13	26	39
59	FSH	0	0	0
60	LH	0	1	1
61	BHCG	0	0	0
62	PSA	0	0	0
63	Testosterone	0	0	0
64	Prolactine	0	1	1
65	HbA1C	129	162	291
66	S. Sodium	0	0	0
67	S. Potassium	0	0	0
68	S. Calcium	53	77	130
69	HIV	0	0	0
Total Investigations		**15271**	**15036**	**30307**

(2) Condition of major equipments lying in the institute up to previous year:

S. No.	Name of equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remark
1.	Polirimeter	Lab. Diagnostic	1972-73	Not Working	Not repairable
2.	Refctrometer (Abbe's)	Lab. Diagnostic	1972-73	Not Working	Not repairable
3.	Monocular Microscope	Lab. Diagnostic	1972-73	Not Working	Not repairable
4.	Analytical Balance	Lab. Diagnostic	1972-73	Not Working	Not repairable
5.	Hair Dryer	Lab. Diagnostic	1973-74	Not Working	Not repairable
6.	TLC KIT	Lab. Diagnostic	1973-74	Not Working	Not repairable

7.	Centrifuge Machine (4 tube)	Lab. Diagnostic	1983-84	Not Working	Not repairable
8.	Spectrophotometer	Lab. Diagnostic	1984-85	Not Working	Not repairable
9.	Tally Counter(TLC)	Lab. Diagnostic	1984-85	Not Working	Not repairable
10.	Blood Cell Counter(DLC)	Lab. Diagnostic	1985-86	Not Working	Not repairable
11.	Binocular Microscope	Lab. Diagnostic	1985-86	Not Working	Not repairable
12.	Hot Air Oven	Lab. Diagnostic	1993-94	Not Working	Not repairable
13.	Pointer eye Piece	Lab. Diagnostic	1998-99	Not Working	Not repairable
14.	Centrifuge Machine(8 tube)	Lab. Diagnostic	2002-03	Not Working	Not repairable
15.	Needle Cutter(Electric)	Lab. Diagnostic	2002-03	Not Working	Not repairable
16.	Refrigerator(BPL)	Lab. Diagnostic	2002-03	Not Working	Not repairable
17.	Semi Auto Analyzer(RECL)	Lab. Diagnostic	2008-09	Not Working	Not repairable
18.	Microscope LX-400 Labomed	Lab. Diagnostic	2011-12	Working	Not repairable
19.	Panchkarma Equipments	Development of Hospital facility	2014-15	Working	-
20.	Digital X-Ray Machine & Vertical Bucky Stand	----do----	2014-15	Working	-
21.	Computer Desktop, Printer & UPS	----do----	2014-15	Working	-
22.	ACs (Two Ton) & Stabilizer	----do----	2014-15	Working	-
23.	Water Purifier (R.O.)	----do----	2014-15	Working	-
24.	Peak Flow Meter Digital	Lab. Diagnostic	2014-15	Not Working	Not repairable
25.	Fully Automated Biochemistry Analyzer (XL-200)	Lab. Diagnostic	2014-15	Working	-
26.	Hematology Analyzer (XL-100) Fully Automated-3 Part Differentiol	Lab. Diagnostic	2014-15	Working	-
27.	E.S.R. Analyzer	Lab. Diagnostic	2014-15	Working	-
28.	Protein Analyzer(Nephstar)	Lab. Diagnostic	2014-15	Working	-
29.	Urine Analyzer	Lab. Diagnostic	2014-15	Working	-
30.	Harmone analyzer(I-Choroma)	Lab. Diagnostic	2014-15	Working	-
31.	Incubator (Digital)	Lab. Diagnostic	2014-15	Working	-
32.	Centrifuge Machine(Digital)	Lab. Diagnostic	2014-15	Working	-
33.	Needle Destroyer (Electric)	Lab. Diagnostic	2014-15	Working	-
34.	Deep Freezer	Lab. Diagnostic	2014-15	Working	-

35.	LG Refrigerator	Lab. Diagnostic	2018-19	Working	-
36.	ERBA Both manual and automatic Automated Hematology Analyser (5 Part) (H 560 with 2 Year Warranty)	Lab. Diagnostic	2021-22	Working	-
37.	Digital Radiograhy (DR) System	Lab. Diagnostic	2022-23	Working	-

(3) List of equipments purchased during the reporting year 2023-24:

S.No.	Name of the Equipment	Purpose for which it was purchased	Year of purchase	Condition of the equipment	Remarks
1.	-	-	-	-	-

VIII. PHARMACY/DRUG STORE:

Details of Medicines Purchased 2023-24:

S.No.	Name of the firm	Cost of medicine	Amount paid	Bill pending, if any
1.	IMPCL	2549258	2549258	Nil
2.	Oushadhi	765610	765610	Nil
3.	IMCOPS	106320	106320	Nil
4.	OTHERS	0	0	Nil
TOTAL		**3421188**	**3421188**	

IX. LIBRARY:

The MSRARI Library provides comprehensive access to Books, Journals, Thesis, Dissertations, and Paper Manuscripts covering Ayurveda, other medical disciplines and related sciences. Our holdings now include over 1497 books and issues of various journals subscribed. The Library caters to the needs of scientists of the Council, physicians, research scholars and students. The working hours of this Library are from 10 am. to 5.00 pm., from Monday to Saturday excluding Govt. holidays.

S.No.	Particualrs	
1.	Total Books available at institute library:	1498
2.	Total CCRAS publications available for sale	1543
3.	Total CCRAS publications sold during reporting years	65

X. GUGGULU HERBAL FARM, MANGLIAWAS, AJMER

(YEAR 2023-2024)

(1) Name and Address of the Institute:-

Guggulu Herbal farm, Mangliawas Distt.- Ajmer, under M.S. Regional Ayurveda Research Institute Jaipur CCRAS (Ministry of Ayush, Govt. of India).

(2) Date of starting the Cultivation:-

Guggulu Herbal Farm Mangliawas was started in 1st April 1972 in which research, development and extensive cultivation of Guggulu plants were done till 31st December 2007 through plant cuttings, air layering and seedlings. But due to very low Guggulu gum exudation severe drought favoring since long time and regular audit objections it was handed over to **National Institute of Ayurveda Jaipur** on date 1stJanuary 2008 as per instruction of Ministry of Auyush. Since then it was under National Institute of Ayurveda Jaipur till October 2016. During this period no development and cultivation of Guggulu Herbal Farm were done by NIA Jaipur. It was further returned back by NIA Jaiur on dated 9th November 2016.

(3) Details of Land Under Cultivation

(i) The land of Guggulu Herbal Farm Mangliawas, Distt. Ajmer is under control of M.S.R.A.R.I. Jaipur (CCRAS, New Delhi).

(ii) At present there is about $\pm$142 acres of land under Guggulu Herbal Farm Mangliawas for cultivation of medicinal plants especially for extensive cultivation of Guggulu. Out of which 140 Acres of land is forest land which is in our possession and cultivation of Guggulu is being carried out since inception but document related to land is available only for 50 Acres but their Khasra No. are not available with us. Document related to 2 Acres of land (6 Bighas) is available with us which has been allotted to us by Government of Rajasthan during 1983 in which tube-well is established. Out of total 142 Acres of land $1/3_{rd}$ land is brought under cultivation of medicinal plants while $2/3_{rd}$ area of the land is occupied by natural flora of medicinal importance.

(iii) At present only one tube well is functional which has been repaired during the month of December 2023 which is not discharging sufficient water and also drying during summer season due to severe drought favoring since long time, due to which nursery development and future course of cultivation programme is not being started. At present such water is used only for drinking purpose of working staff.

(iv) The Farm is situated along the main chains of Aravali hills which have several hills and hillocks containing rocks, boulders and gravels. The soil of the Farm is more or less poor in respect of mineral nutrients.

(4) Details of staff engaged in the cultivation programme at Guggulu Herbal Farm Mangliawas, Ajmer.

S. No.	Name and Designation	Date of Joining	Qualification	Duties Assigned
1.	Sh. S.K. Gaur R.O. (Bot.)	23/12/2016	M.Sc. (Bot.)	Transferred to CARI, Jhansi and relieved on 07.02.2024
2.	Sh. Ravi Chandra R.O. (Bot.)	20/01/2024	B.Sc. (Bio.)	Supervision of overall activities and running of all the office activities
3.	Sh. Radheshyam Meena Attendent (MTS)	-	Literate	Agricultural practices
4.	Sh. Chouthu Ram Meena Labourer, (MTS)	15/01/1993	VIII Std.	-do-
5.	Sh. Rajendra Kumar Dia Labourer, (MTS)	25/07/2001	10^{th} Std.	-do-
6.	Sh. Shanker Lal Mali Labourer, (MTS)	02/01/2003	8^{th} Std.	-do-
7.	Sh. Sohan Singh Rawat Trainee (MTS)	04/02/2016	10^{th} Std.	-do-

(5) Brief description of the land under cultivation, giving its detail of Geographical, Ecological and Edaphic status, type of soil and erosion etc.

- **Land:-** Agro-climatically Guggulu Herbal Farm Mangliawas is situated at 74^0N latitude and 26^0E longitude, in Village Mangliawas on National Highway No. 8 between Ajmer and Beawar about 26 Km. away from Ajmer. It is located along the foot hills of the Aravalli range on the south-east about 4 Km. away from the village Mangliawas towards south east direction. The farm is situated at an average altitude of 470.7 M.. It comprises the foot-hills, hillocks and slopes of the hill situated along the main chain of the Aravali range.

- **Climate:**-The climate of the area is typically semi-arid with an average rain fall of 350-500 mm. About 70% of the rainfall received during the month of july to August and normally little or no rains occur during the winter months. The humidity of Mangliawas is low indicating presence of extreme hot temperature in summer month, the maximum temperature reaches upto 46^0C and it is as low as 5-6^0C during winter month.

- **Geography & Ecology:-** The total area of Guggulu Herbal Farm Mangliawas is about 142 acres with undulated topography. The Farm is divided into 20 Blocks based on topographically characteristic terrain situated on foot-hill, hillocks and plains. The wind direction for most part of the year is from south to North-East. Wind velocity is

higher in the month of May -June and lower in the month of December. During the winter, winds are low and variable. Frost also occurs during winter.

Basaltic rocks are dominant in the area given rise to a variety of minerals like horn blend along with granite, quartzite with feldspar, calcareous and ferugenous are quite common in the lower horizons of the soil. The grazing and afforestation have adversely affected the biotic factor of the region outside the farm area. The natural vegetation mostly of medicinal importance also exists in the farm i.e**. Azadirachta indica, Asparagus racemosus, Drimia indica, Tinospora cordifolia, Tephrosia purpurea, Tribulus terrestris, Gloriosa superba, Grewia tenax, Euphorbia nivulia, Balanites aegyptica, Rhus mysoorensis, Calotropis procera, Capparis decidua, Zizyphus jujuba, Acacia nilotica, Acacia senegal** etc.

- **Soil**:- The soil of the farm is almost sandy and sandy loam with presence of rock stones and boulders. It is poor in respect of nutritional status, chemical composition and textural structure. Two types of soil erosion such as surface and gully erosion were observed in this region.

(6) Lay out of Farm Giving details of the Plants Cultivated under Experimental/ Mass cultivation.

S. No.	Sanskrit Name	Regional/ Local Name	Botanical Name	Total No. of plants in the field	Average yield
1	Guggulu	Guggul	Commiphora wightii (Arn.) Bhand.	2003	150-200 Gm./Plant
2	-	Chittor Guggul	Commiphora madagascariensis Jacq. Sy. Commiphira agallocha Engl.	10	-
3	Irimeda	Safed Kikar	Acacia leucophloea (Roxb) Willd.	Abundant	-
4	Babbula	Babool	Acacia nilotica (L.) Dell.	Abundant	-
5	Apamarga	Latjira	Achyranthes aspera L.	Abundant	-
6	-	Kumat	Acacia Senegal L. Willd.	Abundant	-
7	Gorakhganja	-	Aerva javanica (Bum. F.) Juss. Ex. Schultz.	Scattered	-
8	Dhava	Dhokra	Anogeissus pendula Edgew.	Abundant	-
9	Satavari	Narkanta	Asparagus racemosus Willd.	Scattered	-
10	Nimba	Neem	Azadirachta indica A.Juss.	Abundant	-
11	Ingudi	Hingot	Balanites aegyptica (L.) Delile.	Abundant	-
12	Peet Sariak	Bajradanti	Barleria prionites L.	Scattered	-
13	Shwet Sariak	Bajradanti	Barleria cristata L.	Scattered	-
14	Punarnava	Sathi	Boerhavia diffusa L.	Scattered	-
15	-	Sathi	Boerhavia verticillata L.		-
16	Shallaki	Shalar	Boswellia serrata Roxb. ex. Colebr.	3	-
17	Shivlingi	-	Breynia laciniosa L.	Scattered	-
18	-	-	Bursera hindsiana(Benth.) Engl.	12	-
19	Raktark	Aankra	Calotropis procera (Ait.) Dryand.	Frequent	-
20	Karir	Kair	Capparis decidua (Forssk.)	Abundant	-

			Edgew.		
21	Karnsphota	-	Cardiospermum halicacabum L.	Scattered	-
22	Shankhpushpi	-	Convolvulus prostratus Forsk.	Scattered	-
23	-	Mirchiakand	Corallocarpus epigaeus (Rottl.) Hook.f.	Scattered	-
24	Sahadevi	-	Cyanthillium cinereum (L.) H.Roxb.	Scattered	-
25	Virataru	-	Dichrostachys cinneria W.&A.	Several	-
26	Darbha	Dabh	Desmostachya bipinnata (L.) Sapf.	Abundant	-
27	Van Palandu	Jangali Kanda	Drimia indica (Roxb.) Josseph.	Scattered	-
28	Brihat Dugdhika	Dudhi	Euphorbia hirta L.	Scattered	-
29	Patrasnuhi	Danda thor	Euphorba nivulia Buch. Ham.	Abundant	-
30	Yavashak	Javasa	Fagonia cretica L.	Rare	-
31	Gangeruki	Gangan	Grewia tenax (Forssk.) Fiori	Abundant	-
32	Langli	Raja rad	Gloriosa superba L.	Scattered	-
33	Chirvilva	Chilbil	Holoptelea integrifolia Planch.	Rare	-
34	Nili	Neel	Indigofera tinctoria L.	Abundant	-
35	Vikankat	Kakira	Gymnosporia emarginata (Willd.) Thwaites.	Abundant	-
36	Madyantika	Mehandi	Lawsonia innermis L.	10	-
37	-	Khimp	Leptadenia pyrotechnica (Forssk.)Decne.	Scattered	-
38	Piluparni	-	Maerua arenaria Hook. F. &Thom.	Scattered	
39	-	Babchi	Ocimum americanum L.	Frequent	-
40	Vrishikali	Dudhi	Pergularia daemia (Forssk.) Choiv.	Scattered	-
41	Kakjungha	-	Peristrophe bicalyculata (Retz.) Nees.	Scattered	-
42	Shami	Khejri	Prosopis cinnerea (L.) Druce.	Abundant	-
43	-	Dasria	Rhus mysoorensis B.Heyne ex. W.&A.	Abundant	-
44	Banpilu	Pilu	Salvadora oleoides Dcne.	Scattered	-
45	Somlata	Angulia thor	Sarcostemma acidum (Roxb.) Voigt.	Scattered	-
46	Chakramard	Chakunda	Senna tora (L.) Roxb.	Scattered	-
47	Bala bhed	-	Sida acuta Burm.f.	Scattered	-
48	Bala	-	Sida cordifolia L.	Abundant	-
49	-	-	Solanum incanum L.	Scattered	-
50	Kantkari	Kantali	Solanum virginianum L.	Abundant	-
51	Sarponkha	Khirna	Tephrosia purpurea (L.) Pers.	Abundant	-
52	-	-	Tephrosia pumila (Lam.) Pers.	Scattered	-
53	Karvira	Kaner	Thevetia peruviana (Pers.) K.Schum.	10	-
54	Gokshura	Gokhru, Kanti	Tribulus terrestris L.	Abundant	-
55	Guduchi	Giloy	Tinospora cordifolia Willd.	Frequent	-
56	Adhopushpi	-	Trichodesma indicum (L.) Lehm.	Scattered	-
57	Rohitak	Rohida	Tecomella undulata (Sm.) Seem.	2	-
58	Kutaj	Dudhi	Wrightia tinctoria R.Br.	Several	-
59	Badar	Bor, Ber	Zizyphus jujuba Lam.	Several	-

60	-	Jhar bor	Zizyphus numularia W.&A.	Scattered	-

(7) Guggulu Gum-Oleo-Resin Collected:-The following Raw Drug Samples were collected during this period as per availability and demand.

S. No.	Botanical Name	Family	Plant Name (Sanskrit)	Part Collected	Quantity collected (Fresh)	Balance in stock (Dried)
1.	Commiphora wightii (Arn.) Bhand.	Burseraceae	Guggulu	Gum-oleo-resin	9.010 Kg.	10.500 Kg.

(8) Raw Drugs Collected for Supply:-The following Raw Drug Sample were collected during this period for supply to other Institutes.

S. No.	Botanical Name	Family	Plant Name (Sanskrit)	Part	Amount (Fresh)	To Whom supplied
1.	Tecomella undulata (Sm.) Seem.	Bignoniaceae	Rohitaka	Stem Bark	1.00 Kg.	CSMCARI, Chennai
2.	Prosopis cineraria Druce.	Mimosaceae	Sami	Leaves	2.00 Kg.	CSMCARI, Chennai
3.	Prosopis cineraria Druce.	Mimosaceae	Sami	Root	2.00 Kg.	CSMCARI, Chennai
4.	Salvadora persica Linn.	Salvadoraceae	Pilu	Leaves	2.500 Kg.	CSMCARI, Chennai
5.	Salvadora persica Linn.	Salvadoraceae	Pilu	Root Bark	1.00 Kg.	CSMCARI, Chennai
6.	Fagonia cretica L.	Zygophyllaceae	Dhanyavasa	Whole Plant	2.00 Kg.	CSMCARI, Chennai
7.	Gossypium herbaceum L.	Malvaceae	Karpasa	Seed	1.500 Kg.	CSMCARI, Chennai
8.	Pennisetum typhoides (Burm.f.)Stapf & C.E.Hubb.	Poaceae	Vajranna	Leaf Base	1.500 Kg.	CSMCARI, Chennai
9.	Fagonia cretica L.	Zygophyllaceae	Dhanyavasa	Whole Plant	2.00 Kg.	CARI, Jhansi
				Grand Total	**15.500kg**	

(9) Raw Drugs Supplied:-The following Raw Drug samples along with specimen samples for Herbarium sheets, Passport data sheet and Photographs as per desired and availability were supplied during this period.

S. No.	Botanical Name	Family	Plant Name (Sanskrit)	Plant Name (Local)	Part Supplied	Quantity (Dry weight)	To whom supplied
1.	Prosopis cineraria Druce.	Mimosaceae	Shami	Khejdi	Roots	1.1 00 Kg.	CSMCARI Chennai
2.	Prosopis cineraria Druce.	Do	Do	Do	Leaves	1.00 Kg.	CSMCARI Chennai
3.	Salvadora persica Linn.	Salvadoraceae	Pilu	Jaal	Leaves	1.00 Kg.	CSMCARI Chennai
4.	Salvadora persica Linn.	Do	Do	Do	Root Bark	800 Gm.	CSMCARI Chennai

5.	Tecomella undulata (Sm.) Seem.	Bignoniaceae	Rohitaka	Rohida	Stem Bark	400 Gm.	CSMCARI Chennai
6.	Fagonia cretica L.	Zygophyllaceae	Dhanyavasa	Jawasa	Whole Plant	1.00 Kg.	CSMCARI Chennai
7.	Gossypium herbaceum L.	Malvaceae	Karpasa	Kapas	Seed	950 Gm.	CSMCARI Chennai
8.	Pennisetum typhoides (Burm.f.)Stapf & C.E.Hubb.	Poaceae	Vajranna	Bajra	Leaf Base	800 Gm.	CSMCARI Chennai
9.	Fagonia cretica L.	Zygophyllaceae	Dhanyavasa	Jawasa	Whole Plant	1.00 Kg.	CARI Jhansi
10.	Commiphora wightii (Arn.) Bhand.	Burseraceae	Guggulu	Googal	Gum oleo-resin	1.300 Kg.	CARI Jhansi
					Grand Total	**9.35 Kg**	

(10) Plant mortality in the field:- Due to drought and termite attack a large number of Guggulu plants were dried during summer season which were observed and counted during this period. Total 213 (Two hundred thirteen only) plants were dried in the field in different blocks, out of which 50 Plants were dried after Gum exudation which were self stimulated for Gum exudation and 163 plants were dried due to drought and termite in the field, remaining the balance of 2003 (Two thousand three only) plants in the field.

Details of dried Guggulu plants in different Blocks which were counted during this year are given below in table.

TABLE-SHOWING DETAILS OF GUGGULU PLANTS IN DIFFERENT BLOCKS AT GUGGULU HERBAL FARM, MANGLIAWAS, AJMER (RAJASTHAN)

Name of Block in GHF Mangliawas	Total no. of Guggulu Plants in the field A	Date of counting of Dried Guggulu Plants	Total no. of Guggulu plants dried due to self Gum exudation B	Total no. of Guggulu plants dried naturally in the field C	Total No. of Dried Guggulu plants in the field B+C=D	Total no. of Balance Guggulu plants in the field A-D=E	Remark
1	340	24/07/2023	8	31	39	301	Due to drought favoring since long time and termite attack plants dried naturally in the field.
2	160	24/07/2023	3	16	19	141	
3	255	24/07/2023	7	12	19	236	
4	61	25/07/2023	4	4	8	53	
5	95	25/07/2023	-	12	12	83	
6	72	26/07/2023	3	4	7	65	
7	65	26/07/2023	8	3	11	54	
8	130	26/07/2023	7	8	15	115	
9	108	26/07/2023	-	5	5	103	
10	58	27/07/2023	-	3	3	55	
11	94	27/07/2023	-	4	4	90	
12	128	27/07/2023	-	8	8	120	
13	132	28/07/2023	-	6	6	126	
14	95	28/07/2023	-	12	12	83	

15	45	29/07/2023	2	1	3	42	
16	43	29/07/2023	08	-	8	35	
17	128	29/07/2023	-	23	23	105	
18	62	31/07/2023	-	4	4	58	
19	60	31/07/2023	-	4	4	56	
20	85	31/07/2023	-	3	3	82	
G. TOTAL	**Total 2216 Plants surviving in the field till July 2022**		**Note- Guggulu Plants were not tapped during this year. But total 50 Plants self initiated for Gum exudation and dried during this period.**	**163 Plants dried due to drought and termite attack upto July 2023.**	**Total 213 Plants dried in the field.**	**Total 2003 Plants surviving in the field till July 2023**	

(11) Development of Nursery set up:- An amount of Rs. 1270000/ (Rupees Twelve Lac seventy thousand only) was sanctioned by the Council for development of nursery set up like Net house and watering facility in the nursery area and fencing of Nursery areas which has already been handed over to PWD Ajmer and the work was not initiated by PWD Ajmer. Further new revised DPR for Rs. 22.60 Lac was submitted by PWD Ajmer during the month of September 2021 and asked for difference of Rs. 9.90 Lac which has already been paid to PWD Ajmer on 21/07/2022. PWD Ajmer started the work and the work is under progress. The above construction work was initiated by PWD Ajmer since 5th December 2022 which has been partially completed and regular reminder in this matter was issued till date.

(A) **Fencing of Nursery Areas:**- Fencing of nursery area (50mt.x50mt.x6ft.) with barbed wires along with pillars and iron Engles with iron gate have been completed. Trenching (3Feet) outside the nursery areas which is needed for protection of nursery area have been completed.

(B) **Iron Net**:- Iron net inside the nursery area (25mt.x50mt.x6ft.) has been completed. Nethouse covered with plastic nets (Net house) have been completed during the month of February 2023 but it has been damaged during the month of May 2023 due to storm which is regularly asked for its repair by PWD and 3-4 reminder have been issued in this regard.

(C) **Underground water storage tank**:- An underground water storage tank with capacity of 50000/ (Fifty thousand only) litres with watering facility in the nursery areas have been completed, but at present it is under leakage which is under process of repair by PWD.

(D) **Water connectivity**:- Connection of water storage tank with nursery area along with pipelines has been completed. Motor connection in the tank is completed, but due to leakage of tanks it is not under use.

(12) Procurement of Guggulu Plants:- Total 400 (Four hundred only) Guggulu plants were procured Nursery of Forest department Ajmer for plantation of Guggulu plants in the field during mansoon season since nursery of Guggulu Herbal Farm is under progress of development and at present no plants are available in the nursery.

(13) Other activities:-

- ❖ Routine work of Guggulu Herbal Farm Mangliawas like watching and general duty maintenance.
- ❖ Repair of boundary wall in Block no.1, 2, 3, 4, 5,16,17,18, 19 and 20 with stones and spiny branches along the pathways for motorable conditions.
- ❖ Cleaning of nursery areas in Block no.1.
- ❖ Preparation of 40 Nursery beds in the size of 15x5ft. for revival of nursery in the Farm.
- ❖ Preparation of 50 pits for planting of Guggulu plants in Block No.1 during rainy season.

(14) Plants Identification:- Four plant species like Chelicostus speciosus (J.) Koeing C.D. Specht., Eulophia spectabilis (Dennst.) Suresh, Causonis trifolia (L.) Mabb. & J.Wen. and Mirabilis jalapa L. were identified during this period for THCRP Project of the Institute.

(15) Requirements for further development:- At present there is only one tube well in the farm which is out of order since March 2018 which is repaired during the month of December 2023 but not discharging sufficient water and also drying during summer season due to severe drought favoring since long time due to which nursery development and future course of cultivation programme is not being started. For development of nursery and development of plants in nursery and transfer of developed plants in the field, an alternative and permanent watering facility must be done.

(i) At present present farm is protected with 'Kachcha' boundary wall which is destroyed by wild animals like Blue Bulls. For protection of farm, Pucca boundary wall with four iron gates are necessary. At present office is running in the village Mangliawas in the rented room of Gram Panchayat. At least 3-4 rooms are required for running of office and store.

(ii) Electrification is also essential for proper lighting in the office room and for protection of farm.

(iii) Telephone facility and proper office set up is required.

(iv) At present no any Clerical Staff is posted at the farm. At least one LDC must be posted.

(v) At present only 5 labourers (MTS) are working, and 3 Security guard are working in the Farm. For running of farm at-least 5 more labourer are required for its development.

(vi) At present only 'Kachcha' approach road is available for the farm. A dammered approach road is compulsory, since the farm is 4 Km. away from the National Highway No. 8.

XI. Promotions/Joining/Transfers/Deputation/Retirements:

1.	Promotions	1. Sh. Ravi Chandra, Assistant Research Officer (Botany) is promted to the Post of Research Officer (Botany) on regular basis in Pay level-10 (19.01.2024 onwards) vide Council's Office Order No. 1105/2023-24 dated 10.01.2024. **MACP Promotion:-** 1. Sh. Brijendra Kumar Meena, Laboratory Technician is MACP promoted in Pay level-5 (03.07.2022 onwards) vide Institute's Officer Order No. 188/2023-24 dated 24.06.2023. 2. Sh. Sitaram Mehra, MTS is MACP promoted in Pay level-4 (16.01.2023 onwards) vide Institute's Officer Order No. 187/2023-24 dated 24.06.2023. 3. Sh. Radhey Shyam Meena, MTS is MACP promoted in Pay level-4 (21.05.2021 onwards) vide Institute's Officer Order No. 186/2023-24 dated 24.06.2023. 4. Sh. Shankar Lal Mali, MTS is MACP promoted in Pay level-3 (02.01.2023 onwards) vide Institute's Officer Order No. 185/2023-24 dated 24.06.2023. 5. Sh. Rajendra Kumar Diya, MTS is MACP promoted in Pay level-3 (25.07.2021 onwards) vide Institute's Officer Order No. 184/2023-24 dated 24.06.2023. 6. Sh. Chothu Ram Meena, MTS is MACP promoted in Pay level-4 (16.01.2023 onwards) vide Institute's Officer Order No. 183/2023-24 dated 24.06.2023.
2.	Joining	1. Sh. Neeraj Jain joined in this Institute as Pharmacist on 19.05.2023. 2. Sh. Ravi Chandra joined in this Institute as Research Officer (Botany) on 19.01.2024.
3.	Transfers	1. Sh. Navratan Singh Meena, Pharmacist has been transferred to RARI, Ahemdabad on 03.06.2023. 2. Sh. S.K. Gaur, R.O. (Botany) has been transferred to CARI, Jhansi on 07.02.2024
4.	Deputation	-
5.	Retirements	-

XII. Photo Gallery



संस्थान को NABH की मान्यता मिलने के उपलक्ष्य में परिषद् मुख्यालय, नई दिल्ली में आयोजित कार्यक्रम में आयुष सचिव, आयुष मंत्रालय, भारत सरकार से NABH Accreditation प्रमाण पत्र ग्रहण करते हुए संस्थान प्रभारी, आरएआरआई, जयपुर।



दिनांक 20.04.2023 को आयोजित आरोग्य मेले में सीसीआरएएस स्टॉल पर आयुष राज्य मंत्री, राजस्थान सरकार एवं आयुष शासन सचिव को पुष्पगुच्छ देकर स्वागत करते हुए प्रभारी सहायक निदेशक, आरएआरआई, जयपुर



संस्थान में दिनांक 14.04.2023 से 20.04.2023 तक “राष्ट्रीय बुनियादी ढांचे के विकास के लिए अग्निशमन सुरक्षा में जागरूकता” की थीम पर आधारित राष्ट्रीय अग्नि (AGNI) सेवा सप्ताह मनाया गया।



"मिशन लाइफ अभियान" के हिस्से के रूप में 19 मई 2023 को संस्थान में कर्मचारियों के लिए 'पर्यावरण जीवन शैली' पर एक समारोह आयोजित किया गया। जिसमे समस्त अधिकारियों एवं कर्मचारियो ने "पर्यावरण जीवन शैली" के लिए प्रतिज्ञा ली ।



संस्थान में दिनांक 09 जून 2023 को विश्व प्रत्यायन दिवस (World Accreditation Day) के अवसर पर प्रिन्ट मीडिया एवं इलेक्ट्रॉनिक मीडिया की प्रेस वार्ता आयोजित की गयी।



दिनांक 14 जून 2023 को संस्थान में रक्तदान दिवस “Give Blood, Give Plasma, Share Life, Share often” थीम पर रक्तदान शिविर का आयोजन किया गया।



संस्थान में दिनांक 21 जून 2023 को "एक विश्व-एक परिवार के रूप में सबके कल्याण के लिए" थीम पर योगा फॉर वसुधैव कुटुम्बकम 2023 अंतर्राष्ट्रीय योग दिवस मनाया गया।



दिनांक 22.06.2023 को विभिन्न परियोजनाओं के लिए आईईसी (Institutional Ethics Committee) की मीटिंग का आयोजन किया गया।



संस्थान में दिनांक 24.06.2023को "राजभाषा हिन्दी" त्रैमासिक कार्यशाला (माह अप्रैल 2023 से जून 2023 तक) का आयोजन किया गया।



दिनांक 15.08.2023 को 77वे स्वतंत्रता दिवस एवं आज़ादी के अमृत महोत्सव के अवसर पर संस्थान के प्रभारी सहायक निदेशक की अध्यक्षता में ध्वजारोहण किया गया। स्वतंत्रता दिवस के अवसर पर संस्थान के अधिकारियों एवं कर्मचारियों की उपस्थिति प्रशंसनीय रही।



महालेखाकार, नराकास जयपुर द्वारा राजभाषा हिन्दी में लगातार तीसरी बार श्रेष्ठ कार्य के लिए प्रथम पुरस्कार एवं प्रमाण पत्र ग्रहण करते हुये संस्थान प्रभारी एमएसआरएआरआई, जयपुर।



संस्थान में दिनांक 25.08.2023 से 29.08.2023 तक " खेल समावेशी और फिट समाज के लिये एक संबल है" थीम पर आधारित राष्ट्रीय खेल दिवस पर एक समारोह आयोजित किया गया जिसमें समस्त अधिकारियों एवं कर्मचारियों ने जीवन में खेल का महत्व एवं फिट रहने की प्रतिज्ञा ली ।



संस्थान में दिनांक 25.08.2023 से 29.08.2023 तक " खेल समावेशी और फिट समाज के लिये एक संबल है" की थीम पर आधारित राष्ट्रीय खेल दिवस सप्ताह पूरे हर्षोल्लास के साथ मनाया गया। जिसमें मुख्य रूप से रस्साकसी, बैडमिंटन, क्रिकेट बॉलीवॉल और lemon रेस जैसे खेलों का आयोजन किया गया ।



संस्थान में चल रहे "आयुर्वेद आधारित जीवनशैली परियोजना" में शामिल प्रतिभागियों की जागरूकता के लिये दिनांक 02 सितम्बर 2023 को एक दिवसीय कार्यशाला का आयोजन क्षेत्रीय विज्ञान केन्द्र शास्त्री नगर, जयपुर में किया गया।



दिनांक 12 सितम्बर 2023 को Shri. J.K. Mishra, AS & FA, स्वास्थ्य और परिवार कल्याण मंत्रालय एवं आयुष मंत्रालय भारत सरकार द्वारा संस्थान का दौरा किया गया।



दिनांक 14.09.2023 को राजभाषा हिंदी के प्रति जागरूकता तथा उसके उत्तरोत्तर प्रयोग में गति लाने के उद्देश्य से संस्थान में हिंदी पखवाडा 2023 (दिनांक 14.09.2023 से 29.09.2023 तक) का उद्घाटन एवं हिंदी दिवस समारोह मनाया गया जिसमें संस्थान के सभी अधिकारियों एवं कर्मचारियों को हिंदी में अधिकाधिक कार्य करने के लिए प्रेरित किया गया।



संस्थान में दिनांक 14 सितंबर 2023 से 29 सितंबर 2023 तक ''राजभाषा हिंदी पखवाडा'' का आयोजन किया गया जिसमें हिंदी निबंध लेखन, हिंदी वाद-विवाद, हिंदी आलेखन एवं टिप्पण, हिंदी कविता पाठ/गायन, हिंदी प्रश्नोत्तरी आदि प्रतियोगिताओं का आयोजन किया गया।



दिनांक 29 सितंबर, 2023 को हिंदी पखवाड़ा समारोह का समापन किया गया। इस समारोह के मुख्य अतिथि - शर्मा श्रीमती मेधा, सहायक निदेशक एवं राजभाषा अधिकारी, जनगणना कार्य निदेशालय, जयपुर रही जिसमें विजेताओं को पुरस्कार एवं प्रमाण पत्र दिये गये।



संस्थान में दिनांक 01-30 सितम्बर 2023 तक सुपोषित भारत-साक्षर भारत-सशक्त भारत". थीम पर आधारित राष्ट्रीय पोषण माह मनाया गया, जिसके अन्तर्गत विभिन्न गतिविधियां एवं व्याख्यान का आयोजन किया गया।



पोषण माह के अंतर्गत स्कूल में पौधा रोपण करवाया गया।



संस्थान द्वारा 15 सितम्बर से 2 अक्टूबर 2024 तक स्वच्छता पखवाडा मनाया गया। (शपथ लेते हुए अधिकारी एवं कर्मचारी गण)



संस्थान में दिनांक 01 अक्टूबर 2023 को स्वच्छता ही सेवा अभियान के तहत् प्रभारी सहायक निदेशक, एमएसआरएआरआई, जयपुर की अगुवाई में स्वच्छता के लिए श्रमदान करते हुये अधिकारी एवं कर्मचारीगण।



स्वच्छता ही सेवा के तहत् गांधी जयंती के उपलक्ष्य में संस्थान के अधिकारियों एवं कर्मचारियों द्वारा स्वच्छता अभियान में सहयोग देते हुये।



संस्थान में दिनांक 01.10.2023 को राष्ट्रपिता महात्मा गांधी की जयंती पर सुबह 10 से 11 बजे तक "स्वच्छ भारत अभियान" के तहत् स्वच्छता ही सेवा अभियान का आगाज करते हुये संस्थान प्रभारी आरएआरआई, जयपुर।



संस्थान में दिनांक 01.10.2023 को राष्ट्रपिता महात्मा गांधी जी की जयंती के उपलक्ष्य में स्वच्छता ही सेवा है जिसकी थीम ''कचरा मुक्त भारत है'' के तहत संस्थान प्रभारी आरएआरआई, जयपुर की अगुवाई में सुबह 10 बजे से 11 बजे तक संस्थान के अधिकारियों एवं कर्मचारियों द्वारा श्रमदान करते हुये ।



8वें आयुर्वेद दिवस पर दिनांक 10.10.2023 से 10.11.2023 तक महिने भर आयोजित की जाने वाली प्रदर्शनी, चिकित्सा शिविर, स्वास्थ्य मूल्यांकन, आयुर्वेद के बारे में जागरूकता संबंधित व्याख्यान, विभिन्न गतिविधियों आदि की जानकारी देते हुये संस्थान प्रभारी आरएआरआई, जयपुर।



8 वे आयुर्वेद दिवस समारोह के अंतर्गत सीसीआरएएस की उपलब्धियाँ, सीसीआरएएस के प्रकाशन इत्यादि के प्रदर्शन हेतु संस्थान में प्रदर्शनी सह मिनी एक्सपो लगाया गया।



8 वे आयुर्वेद दिवस समारोह के अंतर्गत अनुसंधान अधिकारियों द्वारा औषधीय पौधों की प्रदर्शनी तथा उनके बारे में आम जनता को व्याख्यान दिया गया।



संस्थान में दिनांक 30.10.2023 को **"Vigilance Awareness Week 2023"** जिसकी थीम- **"Say no to corruption commit to the nation"** की कर्मचारियों को शपथ दिलाते हुये संस्थान प्रभारी आरएआरआई, जयपुर।

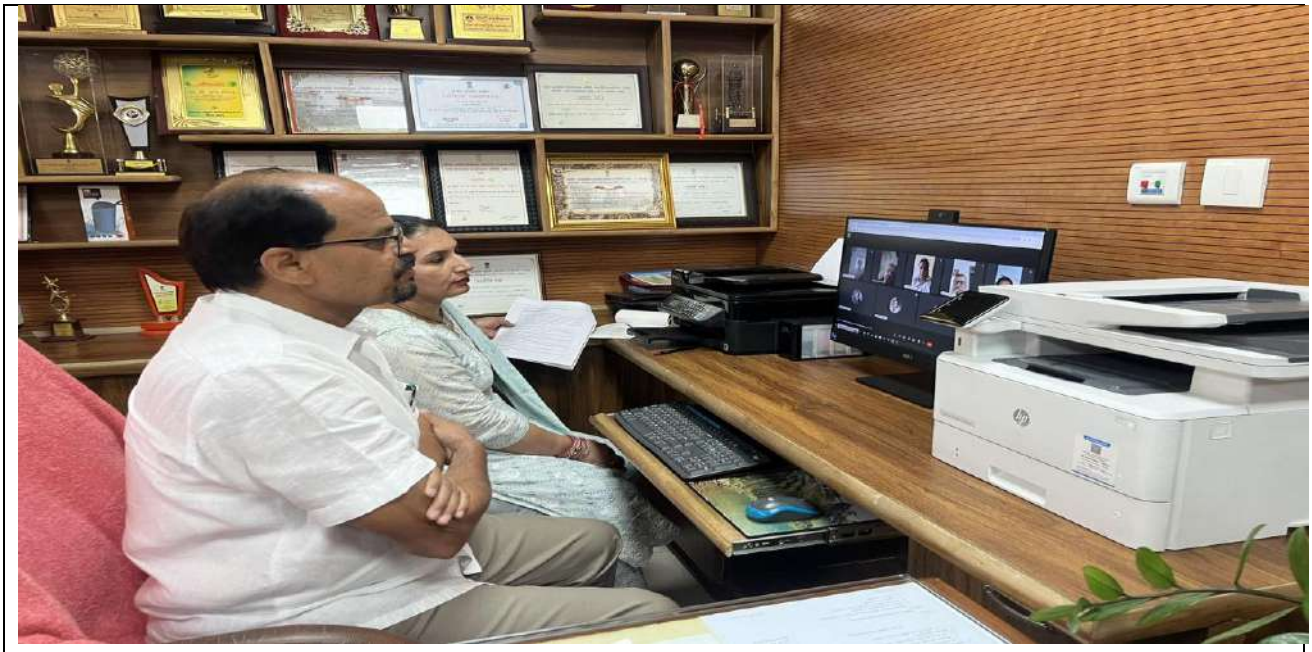


संस्थान में दिनांक 30.10.2023 को **"सतर्कता जागरूकता सप्ताह 2023"** अभियान जिसकी थीम- **"Say no to corruption commit to the nation"** है, के दौरान निबन्ध प्रतियोगिता का आयोजन किया गया।



संस्थान द्वारा सतर्कता जागरूकता सप्ताह के अंतर्गत दिनांक 04.11.2023 को एक दिवसीय कार्यशाला का आयोजन किया गया जिसमें मुख्य वक्ता के रूप में श्रीमती परमज्योति (पुलिस महानिरीक्षक सतर्कता) द्वारा व्याख्यान दिया गया ।





संस्थान में दिनांक 31.10.2023 को **"Metobolic Disorders and Ayurveda Aahar"** विषय पर एक दिवसीय राष्ट्रीय वेबीनार का आयोजन किया गया, जिसमें विशेषज्ञ वक्ता **प्रो. बी.एल. गौड, पूर्व उपकुलपति**, डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर (राजस्थान) उपस्थित रहे।



संस्थान द्वारा **"8वें आयुर्वेद दिवस 2023"** के अन्तर्गत दिनांक 05.11.2023 को जवाहर सर्किल से हवामहल तक बाईकर्स रैली का शुभारम्भ करते हुये संस्थान प्रभारी आरएआरआई, जयपुर। रैली का उद्देश्य '**आयुर्वेद फॉर वन हेल्थ**' अभियान के तहत आमजन को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना तथा आयुर्वेद को अपनाने के लिये प्रेरित करना था।



दिनांक 05.11.2023 को बाईकर्स रैली के समापन समारोह में उपस्थित बाईकर्स प्रतिभागियों को सम्बोधित करते हुए मुख्य अतिथि राष्ट्रीय आयुर्वेद संस्थान, जयपुर।



दिनांक 05.11.2023 को बाईकर्स रैली का समापन समारोह हवामहल पर आयोजित किया गया जिसके मुख्य अतिथि **प्रो. संजीव शर्मा माननीय कुलपति राष्ट्रीय आयुर्वेद संस्थान (मानद विश्वविद्यालय)** रहे, मुख्य अतिथि द्वारा बाईकर्स प्रतिभागियों को प्रमाण पत्र वितरित करते हुये साथ में संस्थान प्रभारी आरएआरआई, जयपुर।



संस्थान में **"8वें आयुर्वेद दिवस 2023"** के अन्तर्गत दिनांक 07.11.2023 को प्रात: 7.00 बजे से 7.45 बजे तक **'रन फॉर आयुर्वेदा'** रैली का आयोजन किया गया, जिनमें संस्थान के कार्मिकों के साथ साथ छात्र और अलग-अलग आयु वर्ग के प्रतिभागियों ने भाग लिया।



संस्थान में**" 8वें आयुर्वेद दिवस 2023"** एवं **धन्वन्तरी त्रयोदशी** के अवसर पर संस्थान परिसर में संस्थान के प्रभारी द्वारा धनवन्तरी पूजन व हवन का आयोजन किया गया जिसमें संस्थान के अधिकारी एवं कर्मचारियों के अतिरिक्त आमजन भी सम्मिलित हुये।



दिनांक 28.11.2023 को संस्थान के अधिकारियों एवं कर्मचारियों को संविधान दिवस की शपथ दिलाते हुए संस्थान प्रभारी आरएआरआई, जयपुर।



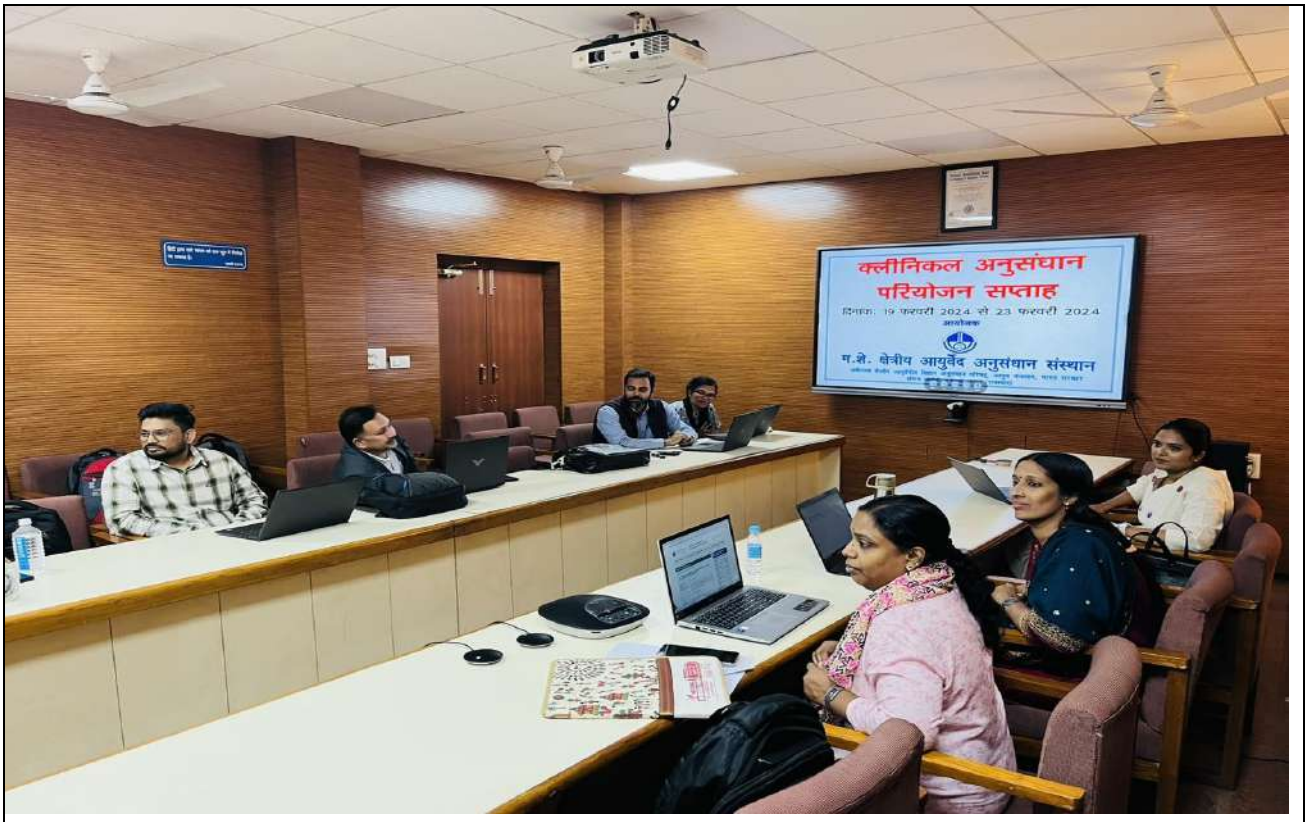
संस्थान में दिनांक 20.12.2023 से 22.12.2023 तक सीसीआरएएस मुख्यालय के नोडल अधिकारियों की टीम द्वारा संस्थान में संचालित टीएचसीआरपी एवं डब्ल्यूसीएच परियोजनाओं की कार्य प्रगति एवं निगरानी के लिए संस्थान का दौरा किया गया।



संस्थान में दिनांक 23.12.2023 को राजभाषा हिंदी ''त्रैमासिक कार्यशाला माह अक्टूबर 2023 से दिसम्बर 2023 का आयोजन किया गया। इस कार्यक्रम में श्री डालचंद जी, पूर्व सहायक निदेशक राजभाषा, भारतीय भूवैज्ञानिक सर्वेक्षण विभाग-जयपुर मुख्य वक्ता के रूप में उपस्थित हुए।



दिनांक 26.01.2024 को ''75 वां गणतंत्र दिवस'' के अवसर पर संस्थान के प्रभारी सहायक निदेशक की अध्यक्षता में ध्वजारोहण किया गया । गणतंत्र दिवस के अवसर पर संस्थान के अधिकारियों एवं कर्मचारियों की उपस्थिति प्रशंसनीय रही ।



संस्थान में दिनांक 19.02.2024 से 23.02.2024 तक **"क्लीनिकल अनुसंधान परियोजन प्रकाशन सप्ताह"2024-** कार्यक्रम का आयोजन किया गया।



संस्थान में दिनांक 19.02.2024 से 23.02.2024 तक **"क्लीनिकल अनुसंधान परियोजन प्रकाशन सप्ताह"** कार्यक्रम का आयोजन सम्पन्न हुआ,जिसमें भाग लेने वाले सभी प्रतिभागियों को प्रभारी सहायक निदेशक, एमएसआरएआरआई, जयपुर द्वारा प्रमाण पत्र वितरित किये गये।



दिनांक 29.02.2024 को सीसीआरएएस एचजीआरएस, नई दिल्ली द्वारा आयोजित विडियों कॉन्फ्रेंस के माध्यम से EMRS परियोजना की मिटिंग में भाग लेते हुये संस्थान प्रभारी ,एमएसआरएआरआई, जयपुर ।



संस्कृति विकास संस्थान, उदयपुर द्वारा आयोजित 03 दिवसीय (दिनांक 08.03.2024 से 10.03.2024 तक) **"योगा फेस्ट - 2024"** में संस्थान द्वारा भाग लिया गया।



आयुर्वेद विभाग, राजस्थान सरकार द्वारा आयोजित 04 दिवसीय (दिनांक 09.03.2024 से 12.03.2024 तक) **"आरोग्य मेला2024 -"** में संस्थान की ओर से भाग लिया गया। जिसमें माननीय उपमुख्यमंत्री राजस्थान सरकार को संस्थान की विभिन्न गतिविधियों के बारें में अवगत कराते हुये संस्थान प्रभारी ,एमएसआरएआरआई, जयपुर।



आयुर्वेद विभाग, राजस्थान सरकार द्वारा आयोजित 04 दिवसीय (दिनांक 09.03.2024 से 12.03.2024 तक) **"आरोग्य मेला-2024"** में संस्थान द्वारा लगाई गयी स्टॉल पर अवलोकन करते हुये आमजन।



आयुष मंत्रालय एवं परिषद् मुख्यालय के निर्देशों की अनुपालना में संस्थान तथा संस्थान द्वारा संचालित आउटरीच परियोजनाओं में **"पोषण पखवाडा-2024"** मनाया गया।



आयुष मंत्रालय एवं परिषद् मुख्यालय के निर्देशों की अनुपालना में संस्थान के बहिरंग विभाग में **"पोषण पखवाडा-2024"** के अन्तर्गत आमजन को जागरूक करते हुये।



संस्थान में 15.03.2024 को **"राजभाषा हिन्दी"** त्रैमासिक कार्यशाला (माह जनवरी 2024 से मार्च 2024 तक) का आयोजन किया गया।

दैनिक भास्कर

अजमेर 21-04-2023

आईआईएसईआर

फॉर्म फिलिंग 25 मई तक, परीक्षा 17 जून को

एजुकेशन रिपोर्टर | जयपुर

आईआईएसईआर भोपाल में बीएस एमएस ड्युअल डिग्री और बीएस डिग्री प्रोग्राम में प्रवेश के लिए आवेदन प्रक्रिया शुरू कर दी गई है। उम्मीदवार ऑफिशियल वेबसाइट के माध्यम से 25 मई तक ऑनलाइन आवेदन कर सकते हैं।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान विद्यार्थियों को शहर से बाहर नहीं जाना पड़ेगा

अब बीएएमएस पास छात्र भी कर सकेंगे इंटर्नशिप

सुरेन्द्र स्वामी | जयपुर

बीएएमएस कर चुके विद्यार्थियों को इंटर्नशिप के लिए शहर से बाहर नहीं जाना पड़ेगा। जोधपुर के सर्वपल्ली राधाकृष्णन आयुर्वेद विश्वविद्यालय ने जयपुर के बनीपार्क स्थित क्षेत्रीय आयुर्वेद अनुसंधान संस्थान को बीएएमएस करने वालों के लिए इंटर्नशिप के लिए मान्यता दे दी है। जोधपुर आयुर्वेद विश्वविद्यालय की टीम के सदस्यों ने इंफ्रास्ट्रक्चर, मैनपावर एवं उपकरणों का निरीक्षण कर मापदंडों पर खरा उतरने पर इंटर्नशिप के लिए मान्यता दी है। केन्द्र सरकार की ओर से संस्थान को एनएबीएच प्रमाण पत्र मिल चुका है। प्रदेश में 11 आयुर्वेदिक कॉलेज संचालित हैं। इनमें से दो सरकारी व 9 निजी कॉलेज हैं।

एनएबीएच मान्यता प्राप्त संस्थान में विद्यार्थी इंटर्नशिप कर आगे जाकर मरीजों का बेहतर इलाज कर सकेंगे। हमारे यहां पर आउटडोर, इनडोर, जांच और पंचकर्म उपलब्ध है।
–डॉ.बी.आर.मीणा, निदेशक, क्षेत्रीय आयुर्वेद अनुसंधान संस्थान जयपुर

भारत सरकार एवं राजस्थान सरकार से सरकारी विज्ञापनों के लिए स्वीकृत

सकारात्मक साप्ताहिक हिन्दी अखबार

जागरूक जनता

राजस्थान, गुजरात, हरियाणा, उत्तर प्रदेश में प्रसारित

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जयपुर, 7 जून - 13 जून, 2023

आषाढ़, पक्ष - कृष्ण, तिथि - चतुर्थी, संवत 2080 पृष्ठ : 8 बुधवार वर्ष-9, अंक-15, मूल्य ₹ 5/- वार्षिक मूल्य : ₹ 250/-

अनुसंधान एवं चिकित्सा के क्षेत्र में नये मापदंड स्थापित करता क्षेत्रीय आयुर्वेद अनुसंधान संस्थान

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जयपुर। झोटवाड़ा रोड बनीपार्क, जयपुर में स्थित क्षेत्रीय आयुर्वेद अनुसंधान संस्थान के चिकित्सालय को क्वालिटी कंट्रोल ऑफ इंडिया द्वारा अपनी उत्कृष्ट सेवाओं एवं व्यवस्थाओं के लिए NABH की मान्यता प्रदान की है। क्षेत्रीय आयुर्वेद अनुसंधान संस्थान आयुष मंत्रालय भारत सरकार के अधीन आयुर्वेद के क्षेत्र में अनुसंधान की अग्रणी संस्था केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद नई दिल्ली द्वारा संचालित राजस्थान में आयुर्वेद का एकमात्र अनुसंधान संस्थान है, जो विगत 50 वर्षों से अनुसंधान एवं चिकित्सा क्षेत्र में कार्यरत है।

संस्थान की स्थापना आयुर्वेद के क्षेत्र में अनुसंधान के उद्देश्य के साथ 1 अप्रैल 1972 को क्षेत्रीय आयुर्वेद अनुसंधान संस्थान के रूप में राष्ट्रीय आयुर्वेद संस्थान, जोगवर सिंह गेट, जयपुर के प्रांगण में हुई थी। अपनी शुरूआत से लेकर आज तक संस्थान अनुसंधान के क्षेत्र में लगातार नए आयाम स्थापित करता चला आ रहा है। वर्ष 2000 में यह संस्थान झोटवाड़ा रोड स्थित इंदिरा कॉलोनी, बनीपाक के नवीन भवन में स्थानांतरित हुआ। वर्तमान में संस्थान चिकित्सालय 20 बेड की अत्याधुनिक सुविधाओं के साथ रोगियों को पुरानी एवं जटिल बीमारियों के साथ-साथ सभी प्रकार के रोगों की विशेषज्ञ चिकित्सकों द्वारा चिकित्सा सुविधा उपलब्ध करवा रहा है। संस्थान में डायबिटीज, मोटापा, थायराइड, अग्निमाद्य आदि रोगों पर विभिन्न अनुसंधान कार्यक्रम संचालित है, जहां रोगियों को निःशुल्क चिकित्सा एवं जांच सुविधा उपलब्ध करवाई जा रही है।

संस्थान में अत्याधुनिक मशीनों से युक्त पैथोलॉजी प्रयोगशाला संचालित है जिससे उत्कृष्ट प्रयोगशालीय जांच सुविधा रोगियों को प्रदान की जा रही है। डिजिटल एक्सरे के साथ रेडियोलॉजी सुविधा उपलब्ध है। इसके साथ-साथ संस्थान में अत्याधुनिक मशीनों द्वारा पंचकर्म की सुविधा भी है, जिससे पुरानी बीमारियां जैसे जोड़ों के दर्द, आर्थराइटिस, कमर का दर्द, पक्षाघात (पैरालाईसिस), स्पोत-डूलाईसिस आदि जटिल रोगों का इलाज किया जा रहा है। संस्थान में भर्ती विभाग (आईपीडी) में अत्याधुनिक बेड उपलब्ध है और सफाई की व्यवस्था भी उच्चकोटि की है।





चिकित्सालय का संपूर्ण स्टाफ रोगियों की सेवा में हमेशा तत्पर रहता है। इसके साथ ही रोगियों को शुद्ध सात्विक भोजन उपलब्ध करवाया जाता है। संस्थान के प्रभारी सहायक निदेशक डॉ. बी. आर. मीणा ने बताया कि आईपीडी, ओपीडी, पंचकर्म, प्रयोगशालीय जांचों के लिए उत्कृष्ट सेवा प्रदान करने के लिए संस्थान को QCI द्वारा NABH का दर्जा प्रदान किया गया है।

प्रभारी डॉ. मीणा ने बताया कि संस्थान द्वारा संचालित की जा रही उपरोक्त सेवाओं के अलावा राजस्थान के बांसवाड़ा, डूंगरपुर, उदयपुर आदि सुदूर क्षेत्रों में जनजातीय लोगों को भी विगत 50 वर्षों से घर-घर सर्वे तथा निःशुल्क चिकित्सा एवं जांच सुविधा प्रदान की जा रही है। चिकित्सकीय टीम जनजातीय क्षेत्रों में उनकी पारंपरिक चिकित्सा के उपयोगी दावों का संकलन एवं विस्तृत अध्ययन कर आमजन के उपयोग में लाने के लिए भी कार्यरत है, जिनको शोध के उपरान्त परिषद मुख्यालय द्वारा अपने रिसर्च जनरल में प्रकाशित किया जाता है। जिससे हर आदमी उनकी पारंपरिक चिकित्सा का लाभ उठा सकें। परियोजना का सालाना बजट करीब 45 लाख है। संस्थान द्वारा अनुसूचित जाति उपयोजना के अंतर्गत भी जयपुर जिले में अनुसूचित जाति बाहुल्य गांवों में मोबाइल सर्वे, निःशुल्क जांच एवं चिकित्सा व्यवस्था प्रदान की जा रही है। संस्थान की टीम द्वारा ऐसे गांवों का भ्रमण कर उनके रहन-सहन एवं आर्थिक स्थिति का अध्ययन कर आंकड़े भारत सरकार को उपलब्ध करवाए जाते हैं, ताकि इन आंकड़ों का विस्तृत अध्ययन कर सरकार द्वारा उनके लिए आगामी वर्षों हेतु कल्याणकारी योजनाएं तैयार की जा सके। उक्त टीम सप्ताह में 5 दिन उक्त कार्यक्रमों का संचालन करती है इस परियोजना का सालाना बजट करीब 50 लाख है।

संस्थान द्वारा शहरी क्षेत्र की 10 बड़ी कॉलोनियों का भी चयन कर लोगों के स्वास्थ्य संबंधित आंकड़े एकत्रित करने की एक परियोजना भी संचालित की जा रही है जिसका कुल बजट 1.25 करोड़ है इस परियोजना में स्वस्थ लोगों की दिनचर्या संबंधित आदतों का अध्ययन किया जा रहा है जिसमें सभी प्रतिभागियों को अलग-अलग रूप में तांबे की बोतल पानी पीने हेतु तथा अन्य सामग्री जो उनकी दिनचर्या में आती है मुफ्त वितरित की जा रही है। इसके अतिरिक्त संस्थान द्वारा अनुसूचित जाति उपयोजना के अंतर्गत मातृ एवं शिशु स्वास्थ्य रक्षा परियोजना भी चलाई जा रही है जिसमें कुपोषण एवं एनीमिया आदि रोगों से बचाव एवं शिशु स्वास्थ्य का घर-घर सर्वे कर पोषक आहारतथा निःशुल्क चिकित्सा उपलब्ध करवाई जा रही है जिसका सालाना बजट करीब 40 लाख है। डॉ. मीणा ने बताया कि इसके अतिरिक्त संस्थान ने आयुष मंत्रालय भारत सरकार के निर्देशों के अनुसार कोविड के दौरान बचाव एवं चिकित्सा के लिए करीब एक लाख लोगों को प्रतिरक्षा (इम्यूनिटी) बढ़ाने हेतु आयुष रक्षा किट, संशमनी वटी, अश्वगंधा वटी एवं आयुष क्वाथ का वितरण निःशुल्क किया गया। अभी हाल ही में संस्थान प्रभारी डॉ. बी.आर. मीणा को सचिव, आयुष मंत्रालय, भारत सरकार द्वारा संस्थान द्वारा प्रदान की जा रही उच्च कोटि की सेवाओं के लिए प्रशस्ति पत्र नई दिल्ली में प्रदान किया गया।

बी.ए.एम.एस. उतीर्ण छात्र भी कर सकेगें संस्थान से इन्टनर्नशिप

डॉ. मीणा ने आगे बताया कि डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय, जोधपुर के कुलपति प्रो. प्रदीप कुमार प्रजापति तथा उनकी टीम ने संस्थान द्वारा प्रदान की जा रही सेवाओं का जायजा लिया। संस्थान की सेवाओं और व्यवस्थाओं को देखते हुए आयुर्वेद स्नातक (बी.ए.एम.एस.) तथा आयुष फार्मासिस्ट के छात्रों को इंटर्नशिप करने के लिए संस्थान को इस वर्ष से सम्बद्धता प्रदान की गई है जिससे जयपुर से इंटर्नशिप करने की इच्छा रखने वाले छात्रों को लाभ मिलेगा। छात्र संस्थान से अपनी इंटर्नशिप पूरी कर सकेंगे जिससे छात्रों को उच्च कोटि के एनएबीएच मान्यता प्राप्त चिकित्सालय में कार्य करने के अनुभव का लाभ मिलेगा। संस्थान प्रभारी ने 'पद्मश्री' वैद्य राजेश कोटेचा, सचिव आयुष मंत्रालय, भारत सरकार तथा महानिदेशक, सीसीआरएएस प्रो. रवि नारायण आचार्य का आभार प्रकट करते हुए कहा कि यह सब उनके द्वारा उपलब्ध करवाए गए बजट तथा निर्देशों के कारण ही संभव हो पाया है। वर्तमान में आयुष मंत्रालय द्वारा आयुष के सभी संस्थानों को निर्बाध रूप से उनके समुचित उन्नयन हेतु एवं आमजन में आयुर्वेद का विश्वास बढ़ाने हेतु लगातार प्रयास किए जा रहे है, जिसके परिणाम स्वरूप ही आज आयुर्वेद के प्रति लोगों का विश्वास बढ़ा है। उन्होंने बताया कि संस्थान के चिकित्सालय के अन्तर्गत प्रदान की जा रही सभी सेवाओं का लाभ आमजन प्रातः 9.00 बजे से सांय 4.00 बजे तक ले सकते है।

कानून व्यवस्था

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवसमनाया



राजस्थान की राजनीति

मशे (राहुल भोजक)। क्षेत्रीय आयुर्वेद अनुसंधान संस्थान केंद्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद, बाप मानय, भारत सरकार (इन्दिरा कालोनी, बनीपार्क, झोटवाडा रोड, जयपुर 302016 प्रेस विज्ञप्ति क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवस मनाया गया झोटवाडा रोड, बनीपार्क जयपुर में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में दिनांक 09 जून 2023 को विश्व प्रत्यायन दिवस के मौके पर प्रिन्ट मीडिया एवं इलेक्ट्रॉनिक मीडिया की प्रेस वार्ता आयोजित की गयी, जिसमें संस्थान प्रभारी डॉ. बी. आर. मीणा ने जानकारी दी कि संस्थान के चिकित्सालय को क्वालिटी कन्ट्रोल ऑफ इंडिया ने उत्कृष्ट सेवाओं एवं उच्च क्वालिटी की सुविधाओं तथा व्यवस्थाओं के लिए NABH मान्यता प्रदान की है एवं संस्थान में अत्याधुनिक मशीनों से युक्त पेथोलॉजी प्रयोगशाला संचालित है, जिससे उत्कृष्ट प्रयोगशालीय जांच सुविधा रोगियों को प्रदान की जा रही है। डिजिटल एक्स-रे के साथ रेडियोलॉजी सुविधा उपलब्ध है। संस्थान की उच्च गुणवत्ता युक्त प्रयोगशाला को NABL की मान्यता प्राप्त करने हेतु संस्थान प्रयासशील है। अभी हाल ही में संस्थान प्रभारी डॉ. बी. आर. मीणा को सचिव, आयुष मंत्रालय, भारत सरकार द्वारा संस्थान द्वारा प्रदान की जा रही उच्च कोटि की सेवाओं के लिए प्रशस्ति पत्र नई दिल्ली में प्रदान किया गया। विश्व प्रत्यायन दिवस उद्देश्य विश्व प्रत्यायन दिवस 9 जून को आयोजित एक वार्षिक वैश्विक पर्यवेक्षण है इसका उद्देश्य विभिन्न क्षेत्रों में प्रत्यायन की भूमिका को पहचानना और बढ़ावा देना है।

जयपुर रेलवे स्टेशन पर पकड़ा 1.40 करोड़ का सोना

श्री खंडेलवा द्वारा प्राणाया

कानून व्यवस्था

सांगानेर (ओपी शर्मा)। श्री खंडेलवाल वैश्य विकास समिति सोडाला द्वारा प्रात 6 बजे से 7.15 बजे तक प्राणायाम एवम योग शिविर का आयोजन श्री राम शिव हनुमान मंदिर, श्याम नगर थाने के पीछे, निर्माण नगर पर किया जा रहा है संस्था के अध्यक्ष योगेश झालानी द्वारा अवगत कराया गया कि शिविर के पांचवे दिन योगाचार्य श्रीमती प्रीति शर्मा ज जाना पहचाना नाम है, राज्य सरकार सलाहकार है एवम अंतराष्ट्रीय योग

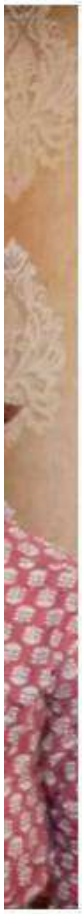
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कानून व

खण्डेला (सुशील कुमार अशोक गहलोत शुक्रवार को ख पर जिला प्रभारी मंत्री शकुंतला महेंद्र गहलोत,विधायक महादेव अगवानी की। इसके बाद सी





म.श क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवस मनाया

उन्नति एक्सप्रेस

जयपुर(राहुल शर्मा) बनीपार्क स्थिति महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में शुक्रवार को विश्व प्रत्यायन दिवस मनाया गया, संस्थान के प्रभारी डा बी.आर मीणा ने प्रेसवार्ता में जानकारी देते हुए बताया क्षेत्रीय आयुर्वेद अनुसंधान संस्थान के चिकित्सालय को क्वालिटी कन्ट्रोल आफ इंडिया द्वारा उत्कृष्ट सेवाओं एव उच्च गुणवत्ता सुविधाओं को लेकर नेब मान्यता प्रदान की गई है। संस्थान में अत्याधुनिक तकनीकों से युक्त प्रयोगशाला भी संचालित है। उन्होंने बताया की विश्व प्रत्यायन दिवस का उधेश्य चिकित्सा क्षेत्र में स्वास्थ्य सेवा, प्रयोगशाला, प्रमाणित मूल्यांकन की जानकारी व जागरूकता देना है। संस्थान के चिकित्सालय में ओपीडी व आईपीडी सेवाओं के संचालन के साथ साथ क्वालिटी युक्त जांच भी हो रही है जिसका स्थानीय मरीजों के साथ साथ अन्य जिलो व राज्यों के मरीज भी स्वास्थ्य लाभ ले रहे हैं। संस्थान को वर्ष 2007 में प्रत्यायन दिवस के रूप में मनाया जाता है। संस्थान में आज आधुनिक सज्जा से लेस प्रयोगशाला, उपकरण है वही विश्वस्तरीय आयुष चिकित्सा पद्धति से कई असाध्य रोगों का निदान व निवारण किया जाता है।



आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवस मनाया



जयपुर, 9 जून (ब्यूरो): बनीपार्क स्थिति महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में शुक्रवार को विश्व प्रत्यायन दिवस मनाया गया। संस्थान के प्रभारी डॉ. बीआर मीणा ने बताया कि संस्थान के चिकित्सालय को क्वालिटी कंट्रोल आफ इंडिया द्वारा उत्कृष्ट सेवाओं एव उच्च गुणवत्ता सुविधाओं को लेकर मान्यता प्रदान की गई है। संस्थान में अत्याधुनिक तकनीकों से युक्त प्रयोगशाला भी संचालित है। उन्होंने बताया की विश्व प्रत्यायन दिवस का उद्देश्य चिकित्सा क्षेत्र में स्वास्थ्य सेवा, प्रयोगशाला, प्रमाणित मूल्यांकन की जानकारी व जागरूकता करना है। संस्थान के चिकित्सालय में ओपीडी व आईपीडी सेवाओं के संचालन के साथ-साथ क्वालिटी युक्त जांच भी हो रही है, जिसका स्थानीय मरीजों के साथ-साथ अन्य जिलों व राज्यों के मरीज भी स्वास्थ्य लाभ ले रहे हैं। संस्थान को वर्ष 2007 में प्रत्यायन दिवस के रूप में मनाया जाता है। संस्थान में आज आधुनिक सज्जा से लेस प्रयोगशाला, उपकरण है, वही विश्वस्तरीय आयुष चिकित्सा पद्धति से कई असाध्य रोगों का निदान व निवारण किया जाता है।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान

विश्व प्रत्यारयन दिवस मनाया



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जयपुर। झोटवाडा रोड, बनीपार्क जयपुर में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में विश्व प्रत्यायन दिवस मनाया गया। इस मौके पर संस्थान प्रभारी डॉ. बी.आर.मीणा ने बताया कि संस्थान के चिकित्सालय को क्वालिटी कन्ट्रोल ऑफ इंडिया ने उत्कृष्ट सेवाओं एवं उच्च क्वालिटी की सुविधाओं तथा व्यसवस्थाओं के लिए NABH मान्यता प्रदान की है। साथ ही संस्थान में अत्याधुनिक मशीनों से युक्त पेथोलॉजी प्रयोगशाला संचालित है, जिससे उत्कृष्ट प्रयोगशाला जांच सुविधा रोगियों को प्रदान की जा रही है। डिजिटल एक्सश-रे के साथ रेडियोलॉजी सुविधा उपलब्ध है। संस्थान की उच्च गुणवत्ता युक्त प्रयोगशाला को NABL की मान्यता प्राप्त करने हेतु संस्थान प्रयासशील है। अभी हाल ही में संस्थान प्रभारी डॉ. बी.आर. मीणा को सचिव, आयुष मंत्रालय, भारत सरकार द्वारा संस्थान द्वारा प्रदान की जा रही उच्च कोटि की सेवाओं के लिए प्रशस्ति पत्र नई दिल्ली में प्रदान किया गया।

विश्वत प्रत्यांयन दिवस एक वार्षिक वैश्विक पर्यवेक्षण है इसका उदेश्यप विभिन्न क्षेत्रों में प्रत्यापयन की भूमिका को पहचानना और बढावा देना है। प्रत्यायन उपभोक्ताओं, व्यवस्थाओं और नियामकों के बीच विश्वास और विश्वास बनाने में महत्वपूर्ण भूमिका निभाता है। अंत में डॉ. मीणा ने बताया कि यह संस्थान आमजन को उच्च कोटि की गुणवता युक्त सेवायें देने के लिए हमेशा प्रयासरत है।

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जयपुर। किसानों को अपने वाद के निस्तारण के लिए अब राजस्व अदालतों के चक्कर नहीं काटने पड़ेंगे। किसान अपनी कानूनी लड़ाई घर बैठे ही लड़ सकेंगे। राजस्व मंडल के निबंधक महावीर प्रसाद ने बताया कि मंडल अध्यक्ष राजेश्वर सिंह के निर्देशों पर नवीन प्रणाली लागू करने की कवायद शुरू कर दी गई है। बता दें कि इससे प्रदेश की करीब एक हजार अधीनस्थ राजस्व अदालतों में लंबित पांच लाख से अधिक प्रकरणों की सुनवाई में पारदर्शिता और गति बढ़ेगी। आदिवासी क्षेत्र संबधी अदालतें, आरकेट, भूमि अर्जन व पुनर्वास जैसी कई अदालतों को डिजिटलाईज प्रणाली जर्नलाइज कोर्ट मैनेजमेंट सिस्टम (जीसीएमएस) से जोड़ा जाएगा। इसमें ई-फाईलिंग और ई सम्मन प्रक्रिया प्रथम चरण में होगी। दूसरे चरण में वीडियो कॉन्फ्रेंसिंग के जरिए वर्चुअल हियरिंग की जाएगी।

महागाथा जयपुर गुरूवार 15 , जून , 2023

विश्व रक्तदाता दिवस: क्षेत्रीय आयुर्वेद अनुसंधान संस्थानए जयपुर में रक्तदान शिविर आयोजित

जयपुर. 14 जून। झोटवाडा रोड, बनीपार्क जयपुर में आयुष मंत्रालय, भारत सरकार द्वारा संचालित क्षेत्रीय आयुर्वेद अनुसंधान संस्थान द्वारा विश्व रक्तदाता दिवस के उपलक्ष में बुधवार को रक्तदान शिविर का आयोजन किया गयाए जिसमें संस्थान प्रभारी डॉ. बी.आर. मीणा ने जानकारी दी कि विश्व स्वास्थ्य संगठन WHO ने रक्तदाता दिवस मनाने की शुरुआत 2004 में की थी तब से हर साल 14 जून को वर्ल्ड ब्लड डोनर डे मनाया जाने लगा है। इस वर्ष की विश्व रक्तदाता दिवस की थीम है. "रक्त दो प्लाज्मा दो, जीवन साझा करो, अक्सर साझा करो !"



डॉ. मीणा ने बताया कि लोगों द्वारा रक्तदान से होने वाले लाभ जैसे कि दिल की सेहत में सुधारए दिल की बीमारियों और स्ट्रोक के खतरे को कम माना जाता है। खून में आयरन की ज्यादा मात्रा दिल के दौरे के खतरे को बढा सकती है। नियमित रूप से रक्तदान करने से आयरन की अतिरिक्त मात्रा नियंत्रित हो जाती है। जो दिल की सेहत के लिए अच्छी है। उन्होंने बताया कि रक्तदान द्वारा एक व्यक्ति तीन लोगों की जिन्दगी बचा सकता है देश में सड़क दुर्घटना आदि में घायल व्यक्ति को शीघ्र रक्त की आवश्यकता होती है साथ ही कई प्रकार की गंभीर बीमारियों में भी रोगियों को बार.बार खून की आवश्यकता होती है।

उन्होने बताया कि हमारे देश में हर साल करीब 13 लाख लोगों की मौत सड़क हादसों में होती है ऐसे लोगों को खून की आवश्यकता होती है जिससे उनकी जान बचायी जा सके। उन्होंने बताया कि रक्तदाता दिवस मनाने का उद्देश्य रक्तदान के प्रति लोगों में जागरूकता बढ़ाना है। जिस प्रकार उड़ीसा के बालासोर रेल हादसे में घायलों को रक्तदान करने के लिये चिकित्सालयों में कतार लग गई थी इस तरह की भावना सभी लोगों में जा सके और जरूरतमंद को आसानी से रक्त मिल सकेए यही इस दिवस को मनाने का उद्देश्य है।

एस.एम.एस. मेडिकल चिकित्सालय, जयपुर की सम्बद्धता वाले कांवटिया हॉस्पिटल के ब्लड बैंक की टीम द्वारा उक्त शिविर में डॉ. विजय शर्मा के नेतृत्व में रक्त एकत्रित किया गया। उन्होंने बताया कि इस तरह के कार्यक्रम किये जाते रहने चाहिये, हमारी टीम जहां भी हमें बुलाते है हम हमेशा वहां पर सेवायें देते है। डॉ. मीणा ने उक्त टीम का आभार जताते हुये टीम के सभी सदस्यों एवं सभी रक्तदाताओं को प्रशंसा प्रमाण पत्र प्रदान किये। इस अवसर पर सभी रक्तदाताओं को संस्थान द्वारा फल एवं ज्यूस उपलब्ध करवाये गये।

इस दौरान संस्थान के डॉ. बी. बी. कुमावत, संतोष कुमार शर्मा, राकेश कुमार मिश्रा, रामावतार चौधरी एवं बी सावर मल यादव आदि ने सक्रिय रूप से सहयोग किया।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, जयपुर द्वारा अन्तर्राष्ट्रीय योग दिवस 2023 का आयोजन

जयपुर.(महागाथा संवाददाता) झोटवाडा रोड, बनीपार्क जयपुर में आयुष मंत्रालयए भारत सरकार द्वारा संचालित



क्षेत्रीय आयुर्वेद अनुसंधान संस्थान द्वारा बुधवार को अन्तर्राष्ट्रीय योग दिवस 2023 का आयोजन किया गया, जिसमें आमजन के साथ साथ संस्थान के सभी अधिकारी, कर्मचारियों एवं चिकित्सालय में भर्ती मरीजों ने भाग लिया।

संस्थान के प्रभारी सहायक निदेशक डॉ.बी. आर. मीणा ने जानकारी देते हुये बताया कि इस वर्ष योग दिवस की थीम है श्योगा फ ॅर वसुधैव कुटुंबकम् य ा ि न एकविश्व.एकपरिवार् के रूप में सबके कल्याण के लिए योग। योग दिवस का महत्व लोगों के बीच मानसिक और शारीरिक रूप से स्वस्थ रहने के लिए योग को बढ़ावा देना है। आज के जमाने में वृद्ध ही नहीं युवा भी कई तरह की बीमारियों से पीड़ित हैं। इसके चलते लोगों को स्वस्थ रखने के लिए यह एक अच्छा प्रयास है। यही नहीं इससे लोगों का मानसिक और शारीरिक कल्याण भी संभव है।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान ने किया स्वच्छ भारत के लिए श्रमदान

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जयपुर। झोटवाड़ा रोड बनीपार्क, जयपुर में स्थित क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, आयुष मंत्रालय, भारत सरकार द्वारा संस्थान प्रभारी डॉ. बी.आर. मीणा की अगुवाई में स्वच्छता के लिए श्रमदान अभियान की शुरूआत की गई है। जिसमें बनीपार्क क्षेत्र के झोटवाड़ा रोड पर स्पेस सिनेमा से पानीपेच तिराहे तक लगभग 1 किलोमीटर मुख्य मार्ग की संस्थान के करीब 60 अधिकारी एवं कर्मचारियों द्वारा नगर निगम जयपुर तथा कॉलोनीवासियों की सोसायटी के सहयोग से सफाई कार्य किया गया। संस्थान प्रभारी मीणा ने बताया कि यह अभियान गांधी जयंती के उपलक्ष्य में प्रधानमंत्री नरेन्द्र मोदी की अगुवाई में देशभर में एक घंटा राष्ट्रपिता गांधी जी को स्वच्छांजलि के रूप में यह अभियान चलाया गया है। इस वर्ष की थीम कचरा मुक्त भारत रखी गयी है। इसके साथ ही आमजन से अपील की गयी है कि वे अपने आस-पास के क्षेत्रों की सफाई को नियमित दिनचर्या में शामिल करें तथा आस-पास कचरा नहीं फैलाये, तभी राष्ट्रपिता गांधी जी को सच्ची श्रद्धांजलि होगी। साथ ही गंदगी से उत्पन्न होने वाली विभिन्न बीमारियों से भी निजात मिलेगी तथा स्वच्छ भारत स्वस्थ भारत का निर्माण हो सकेगा।

पत्रिका
उदयपुर

शिविर में 208 लोग लाभान्वित



झाड़ोल. क्षेत्र के राजकीय उच्च माध्यमिक विद्यालय खाखड़ में महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान जयपुर की ओर से निशुल्क जांच एवं आयुर्वेद चिकित्सा शिविर लगा। शिविर में आदिवासी स्वास्थ्य रक्षक अनुसंधान कार्यक्रम आयुष मंत्रालय भारत सरकार की क्षेत्रीय इकाई जयपुर के निदेशक डॉ. बीआर मीणा के निर्देशन में अनुसंधान अधिकारी डॉ. वीबी कुमावत एवं शिविर प्रभारी डॉ.कलीम मोहम्मद ने सेवाएं दी। शिविर में छात्र-छात्राओं एवं ग्रामीणों की बीपी, हीमोग्लोबिन, शुगर की निशुल्क जांच कर चिकित्सा परामर्श प्रदान किया गया। शिविर के तहत 208 रोगियों को लाभान्वित किया गया। शिविर में फार्मासिस्ट राम अवतार मीना, लैब टेक्नीशियन बृजकिशोर कुशवा, एमटीएस गोविंद ने भी सेवाएं दी।

इस दौरान प्रधानाचार्य फोजिया आलम, डॉ. चंद्रकांत शर्मा आदि मौजूद रहे।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में 8 वें आयुर्वेद दिवस के कार्यक्रमों का शुभारम्भ

उन्नति एक्सप्रेस



जयपुर (राहुल शर्मा) बनीपार्क स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में आयुष मंत्रालय भारत सरकार के निर्देशानुसार 8 वें आयुर्वेद दिवस कार्यक्रम 2023 का आयोजन 10 अक्टूबर से 10 नवंबर 2023 तक मनाया जा रहा है जिसकी थीम है "Ayurveda For one Health" टैग लाइन 'हर दिन हर किसी के लिए आयुर्वेद' है।कार्यक्रम का शुभारम्भ संस्थान के प्रभारी डा बी.आर मीणा व उनकी टीम द्वारा किया गया। इस दौरान संस्थान प्रभारी डा बी. आर मीणा ने जानकारी देते हुए बताया कि आयुर्वेद दिवस कार्यक्रमों के तहत विभिन्न कार्यक्रमों की श्रृंखला एवं आयुर्वेद गतिविधियाँ का संचालन किया जा रहा है, जिसमे आयुर्वेद प्रदर्शनी, संस्थान द्वारा संचालित विभिन्न रोगानुसार विभिन्न ब्रोसर्स का निशुल्क वितरण, सेल्फी पोइन्ट्स, साथ ही विभिन्न पीटीटी स्लाइड शार्ट विडियो विज्यूल्स के माध्यम से आमजन में आयुर्वेद का प्रचार प्रसार कर जागरूकता प्रदान करना है। साथ ही रेडियो व दूरदर्शन के माध्यम से भी आयुर्वेद के प्रति लोगो में प्रसार किया जा रहा है। वही महामहिम राज्यपाल महोदय व कई गणमान्य लोगों द्वारा आयुर्वेद पर आधारित शार्ट विडियो संदेशों के माध्यम से भी आमजन को आयुर्वेद के प्रति आकर्षित करना है। साथ ही शहर की गली नुक्कड़ों, आदिवासी क्षेत्रों में आयुर्वेद शिविरों का आयोजन किया जा रहा है वही आगामी 5 नवम्बर को प्रोफेशनल बाईकर्स ग्रुप द्वारा विशाल बाईक रैली का आयोजन भी किया जाएगा। 7 नवंबर को रन फोर आयुर्वेद, साथ ही शेयरिंग आफ हेल्दी ट्रेडीशनल फूड रेस्पीज इन आयुर्वेदा का भी आयोजन होगा। साथ ही विभिन्न प्रकार की गतिविधियों हेतु 2-2 मिनट के विडियो कम्पटीशन भी आयोजित होंगे। संस्था द्वारा आयुर्वेद दिवस के उपलक्ष्य पर आऊटरीच परियोजनाओं के माध्यम से औषधीय पौधों का निशुल्क वितरण भी होगा।

जयपुर, राजस्थान

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में 8 वें आयुर्वेद दिवस के कार्यक्रमों का शुभारम्भ



स्मार्ट मरुधर

जयपुर। बनीपार्क स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में आयुष मंत्रालय भारत सरकार के निर्देशानुसार 8 वें आयुर्वेद दिवस कार्यक्रम 2023 का आयोजन 10 अक्टूबर से 10 नवंबर 2023 तक मनाया जा रहा है जिसकी थीम है "Ayurveda For one Health" टैग लाइन 'हर दिन हर किसी के लिए आयुर्वेद' है। कार्यक्रम का शुभारम्भ संस्थान के प्रभारी डा बी.आर मीणा व उनकी टीम द्वारा किया गया। इस दौरान संस्थान प्रभारी डा बी. आर मीणा ने जानकारी देते हुए बताया आयुर्वेद दिवस कार्यक्रमों के तहत विभिन्न कार्यक्रमों की श्रृंखला एवं आयुर्वेद गतिविधियाँ का संचालन किया जा रहा है, जिसमे आयुर्वेद प्रदर्शनी, संस्थान द्वारा संचालित विभिन्न रोगानुसार विभिन्न ब्रोसर्स का निशुल्क वितरण, सेल्फी पोइन्ट्स्, साथ ही विभिन्न पीटीटी स्लाइड शार्ट विडियो विज्यूल्स के माध्यम से आमजन में आयुर्वेद का प्रचार प्रसार कर जागरूकता प्रदान करना है। साथ ही रेडियो व दूरदर्शन के माध्यम से भी आयुर्वेद के प्रति लोगो में प्रसार किया जा रहा है। वही महामहिम राज्यपाल महोदय व कई गणमान्य लोगों द्वारा आयुर्वेद पर आधारित शार्ट विडियो संदेशों के माध्यम से भी आमजन को आयुर्वेद के प्रति आकर्षित करना है। साथ ही शहर की गली नुक्कड़ों, आदिवासी क्षेत्रों में आयुर्वेद शिविरों का आयोजन किया जा रहा है वही आगामी 5 नवम्बर को प्रोफेशनल बाईकर्स ग्रुप द्वारा पत्रिका गेट से जल महल तक विशाल बाईक रैली का आयोजन भी किया जाएगा। 7 नवंबर को रन फोर आयुर्वेद, साथ ही शेयरिंग आफ हेल्दी ट्रेडीशनल फूड रेस्पीज इन आयुर्वेदा का भी आयोजन होगा। साथ ही विभिन्न प्रकार की गतिविधियों हेतु 2-2 मिनट के विडियो कम्पटीशन भी आयोजित होंगे। संस्था द्वारा आयुर्वेद दिवस के उपलक्ष्य पर आऊटरीच परियोजनाओं के माध्यम से औषधीय पौधों का निशुल्क वितरण भी होगा।

आमजन में बढ़ रहा है

शुभारंभ किया जा रहा हैं। सबको सौंपा उपहार है। उन्होंने विविधता में भी उपस्थित रहे।

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान में 8वें आयुर्वेद दिवस के कार्यक्रमों का शुभारम्भ

आमजन को लुभा रही है स्वास्थ्य के लिए 'आयुर्वेद' थीम

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जयपुर। स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थाान में आयुष मंत्रालय भारत सरकार के निर्देशानुसार "8वें आयुर्वेद दिवस 2023"का आयोजन दिनांक 10 अक्टूबर से 10 नवम्बर तक किया जा रहा है। इस वर्ष आयुर्वेद दिवस का विषय- "Ayurveda for One Health"एवं टैग लाईन "हर दिनहर किसी के लिए आयुर्वेद"रखा गया है।

उक्तआ कार्यक्रम का शुभारम्भ संस्था"न प्रभारी डॉ. बी.आर.मीणा व उनकी टीम द्वारा किया गया। डॉ. मीणा ने जानकारी दी कि संस्थान में आयुर्वेद दिवस के उपलक्ष्य में विभिन्न प्रकार की गतिविधियां आयोजित की जा रही है जिसके अन्तर्गत संस्थारन परिसर में एक प्रदर्शनी का आयोजन किया गया है। जिसमें संस्थान द्वारा संचालित विभिन्नर प्रकार की गतिविधियों उपलब्धियों की जानकारी दी जा रही है तथा जन जागरूकता हेतु विभिन्न प्रकार के ब्रोशर्स, पम्पोलेट, IEC सामग्री इत्यीदि का वितरण आमजनता के लिये किया जा रहा है। प्रदर्शनी में आमजनता को औषधीय पौधों की जानकारी देते हुए औषधीय पौधों का निःशुल्कय वितरण भी किया जा रहा है साथ ही पीपीटी स्लाकईड व डिजिटल शॉर्ट विडियों फिल्मु के माध्यणम से भी आमजनता को जागरूक किया जा रहा है। संस्था न द्वारा संचालित आऊटरीच परियोजनाओं यथा मातृ एवं शिशु स्वास्थ्य, रक्षा कार्यक्रम,आदिवासी स्वास्थ्य रक्षा कार्यक्रम, जीवन शैली के माध्यम से जयपुर जिलेके विभिन्न ग्रामीण क्षेत्रों, उदयपुर जिले के आदिवासी क्षेत्रों में एवं जयपुर के नजदीकी कॉलोनियों में भी आमजनता को आयुर्वेद के प्रति जागरूकता व्याख्यान दिये जा रहे है एवं स्वास्थ्य शिविरों का आयोजन करके रोगियों को निःशुल्क औषध वितरण कर लाभान्वित किया जा रहा है। साथ ही संस्थान के अलावा अनेक जन सामान्य स्थानों पर सेल्फी पॉइन्टव लगाकर आम जनता को जागरूक किया जा रहा है। इसके अलावा अन्य माध्यमों से भी आयुर्वेद दिवस का प्रचार प्रसार किया जा रहा है।

सेन्ड ड्यून्स
Sand Dunes
DIGITAL EDITION

'आयुर्वेद फॉर वन हेल्थ' के संदेश के साथ जयपुर शहर में 'बाइकर्स रैली' निकाली

» सैंड ड्यूंस

जयपुर। झोटवाडा रोड, बनीपार्क, जयपुर में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, सीसीआरएएस आयुष मंत्रालय भारत सरकार द्वारा '8वें आयुर्वेद दिवस 2023' के अन्तर्गत दिनांक 05.11.2023 को प्रातः 7.00 बजे से 7.45 बजे तक बाईकर रैली का आयोजन किया गया, रैली जवाहर सर्किल से रवाना होकर टोंक रोड, एसएमएस हॉस्पिटल, अजमेरी गेट, न्यू गेट, चौड़ा रास्ता, त्रिपोलिया गेट, बडी चौपड, सुभाष चौक होते हुये जलमहल पर समाप्त हुआ। रैली का शुभारंभ संस्थान के प्रभारी डॉ. बी.आर. मीणा ने हरी झण्डी दिखाकर किया। उक्त रैली में जयपुर बाईकर्स के समन्वय से जयपुर शहर के आठ प्रोफेशनल बाईकर्स ग्रुप के लगभग 120 बाईकर्स ने भाग लिया। रैली में जयपुर के तीन ऐतिहासिक स्थल अलबर्ट हॉल, हवामहल एवं जलमहल से होकर गुजरी। रैली का उद्देश्य 'आयुर्वेद फॉर वन हेल्थ% अभियान के तहत आमजन को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना तथा आयुर्वेद को अपनाने के लिये प्रेरित करना था।





उक्त रैली के दौरान सम्पूर्ण मार्ग पर लोगो में भारी उत्साह देखा गया तथा इस दौरान लोगो को रैली की फोटोग्राफी एवं वीडियोग्राफी करते हुये देखा गया। रैली के दौरान जगह जगह पर यातायात नियंत्रण करने हेतु पुलिस द्वारा सभी मार्ग एवं चौराहो पर यातायात पुलिस के पुख्ता इंतजाम किये गये।

रैली का समापन समारोह जलमहल पर आयोजित किया गया, जिसमें मुख्य अतिथि के रूप में प्रोफेसर संजीव शर्मा, माननीय कुलपति महोदय, राष्ट्रीय आयुर्वेद संस्थान, मानद विश्वविद्यालय (डी. नोवो) जयपुर रहे। समारोह के प्रारंभ में संस्थान प्रभारी डॉ. बी.आर. मीणा ने मुख्य अतिथि का पुष्पगुच्छ एवं स्मृति चिन्ह देकर स्वागत किया तथा मुख्य अतिथि द्वारा अपने सम्बोधन में वहां पर उपस्थित बाईकर्स ग्रुप के पदाधिकारियों, प्रतिभागियों एवं आमजन को अपने उत्तम स्वास्थ्य के लिये आयुर्वेद की जीवनशैली अपनाने तथा आयुर्वेदिक उपचार को सामान्य रोगों की चिकित्सा के लिये अधिक से अधिक अपनाने पर जोर दिया। मुख्य अतिथि एवं संस्थान प्रभारी द्वारा बाईकर्स ग्रुप के सभी पदाधिकारियों को स्मृति चिन्ह व सभी प्रतिभागियों को प्रमाण पत्र देकर सम्मानित किया। साथ ही सभी प्रतिभागियों को विशेष रूप से तैयार की गयी आयुष किट प्रदान की गई।

संस्थान के प्रभारी डॉ. बी.आर. मीणा ने कहा कि युवाओं को 'आयुर्वेद फॉर वन हेल्थ' अभियान से जोड़कर एक मजबूत और स्वस्थ भारत का भविष्य बनाया जा सकता है। आयुर्वेद दिवस के आयोजन का उद्देश्य भारत की हजारों साल पुरानी आयुर्वेदिक चिकित्सा संस्कृति को वैश्विक मंच पर ले जाना और आयुर्वेद को दुनिया भर में आम लोगों की जीवनशैली का हिस्सा बनाना है। विभिन्न शहरों में ये बाइकर्स रैलियां निश्चित रूप से युवाओं को आयुर्वेद और देश की अन्य पारंपरिक चिकित्सा प्रणालियों को अपनाने के लिए प्रेरित करेंगी।

कार्यक्रम के समापन स्थल पर सभी प्रतिभागियों के लिये समुचित अल्पाहार की व्यवस्था आयोजकों द्वारा की गई। कार्यक्रम के अंत में डॉ. वी.बी. कुमावत, वरिष्ठ अनुसंधान अधिकारी ने मुख्य अतिथि, कर्मचारियों, प्रतिभागियों, पुलिसकर्मिकयों, प्रेस एवं प्रिन्ट मीडिया को उनके सहयोग के लिये हार्दिक धन्यवाद दिया।

जयपुर में बाइकर्स ने निकाली रैली



आयुर्वेद फॉर वन हेल्थ संदेश

समाचार जगत न्यूज

जयपुर. समाचार जगत न्यूज़। शहर में झोटवाडा रोड, बनीपार्क, में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, सीसीबारएएस आयुष मंत्रालय भारत सरकार द्वारा '8वें आयुर्वेद दिवस 2023' के अन्तर्गत रविवार को प्रातः 7 बजे बाईकर रैली का आयोजन किया गया। यह रैली जवाहर सर्किल से रवाना होकर टोंक रोड, एसएमएस हॉस्पिटल, अजमेरी गेट, न्यू गेट, चौडा रास्ता, त्रिपोलिया गेट, बडी चौपड़, सुभाष चौक होते हुए जलमहल पर समाप्त हुई। रैली का शुभारंभ संस्थान के प्रभारी डॉ. बीआर. मीणा ने हरी झण्डी दिखाकर किया। रैली में आठ प्रोफेशनल बाईकर्स ग्रुप के लगभग 120 बाईकर्स ने भाग लिया। रैली का उद्देश्य 'आयुर्वेद फॉर वन हेल्थ' अभियान के तहत आमजन को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना तथा आयुर्वेद को अपनाने के लिये प्रेरित करना था। रैली का समापन समारोह जलमहल पर आयोजित किया गया, जिसमें मुख्य अतिथि के रूप में प्रोफेसर संजीव शर्मा, माननीय कुलपति महोदय, राष्ट्रीय आयुर्वेद संस्थान, मानद विश्वविद्यालय (डी. नोवो) जयपुर रहे। समारोह के प्रारंभ में संस्थान प्रभारी डॉ. बी. आर. मीणा ने मुख्य अतिथि का पुष्पगुच्छ एवं स्मृति चिन्ह देकर स्वागत किया तथा मुख्य अतिथि द्वारा अपने सम्बोधन में वहां पर उपस्थित बाईकर्स ग्रुप के पदाधिकारियों, प्रतिभागियों एवं आमजन को अपने उत्तम स्वास्थ्य के लिये आयुर्वेद की जीवनशैली अपनाने तथा आयुर्वेदिक उपचार को सामान्य रोगों की चिकित्सा के लिये अधिक से अधिक अपनाने पर जोर दिया।

मुख्य अतिथि एवं संस्थान प्रभारी द्वारा बाईकर्स ग्रुप के सभी पदाधिकारियों को स्मृति चिन्ह व सभी प्रतिभागियों को प्रमाण पत्र देकर सम्मानित किया। संस्थान के प्रभारी डॉ. बी. आर. मीणा ने कहा कि युवाओं को 'आयुर्वेद फॉर वन हेल्थ' अभियान से जोड़कर एक मजबूत और स्वस्थ भारत का भविष्य बनाया जा सकता है। कार्यक्रम के अंत में डॉ. वीवी. कुमावत, वरिष्ठ अनुसंधान अधिकारी ने मुख्य अतिथि, कर्मचारियों, प्रतिभागियों, पुलिसकर्मिकयों व मीडिया को सहयोग के लिये धन्यवाद दिया।

सेन्ड इयून्स
SAND DUNES

जयुपर शहर में 'रन फॉर आयुर्वेदा' दौड़ का आयोजन



सेंड इयूंस ■जयपुर। झोटवाडा रोड, बनीपार्क, जयपुर में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, सीसीआरएएस आयुष मंत्रालय भारत सरकार द्वारा '8वें आयुर्वेद दिवस 2023' के अन्तर्गत 7 नवम्बर को प्रातः 7.00 बजे से 7.45 बजे तक 'रन फॉर आयुर्वेदा' कार्यक्रम का आयोजन किया गया, जिनमें संस्थान के कार्मिकों के साथ साथ छात्र और अलग-अलग आयु वर्ग के लोग शामिल थे। दौड़ का शुभारंभ संस्थान के प्रभारी डॉ. बी.आर. मीणा ने संस्थान से हरी झण्डी दिखाकर रवाना किया। 'रन फॉर आयुर्वेदा' संस्थान से शुरू होकर पानीपेच तिराहे से पुलिस अकादमी शास्त्री नगर होते हुये साईस पार्क तक और वहां से फिर संस्थान में आकर समाप्त हुई। उक्त कार्यक्रम का उद्देश्य 'आयुर्वेद फॉर वन हेल्थ-हर दिन किसी के लिये आयुर्वेद' अभियान के तहत आमजन को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना तथा आयुर्वेद को अपनाने के लिये प्रेरित करना था। उक्त दौड़ के दौरान सम्पूर्ण मार्ग पर लोगो में भारी उत्साह देखा गया तथा उक्त कार्यक्रम हेतु जगह जगह पर यातायात नियंत्रण करने हेतु पुलिस द्वारा सभी मार्ग एवं चौराहो पर यातायात पुलिस के पुख्ता इंतजाम किये गये।

संस्थान के प्रभारी डॉ. बी.आर. मीणा ने बताया कि युवाओं को 'आयुर्वेद फॉर वन हेल्थ-हर दिन किसी के लिये आयुर्वेद% अभियान से जोड़कर एक मजबूत और स्वस्थ भारत का भविष्य बनाया जा सकता है। आयुर्वेद दिवस के आयोजन का उद्देश्य भारत की हजारों साल पुरानी आयुर्वेदिक चिकित्सा संस्कृति को वैश्विक मंच पर ले जाना और आयुर्वेद को दुनिया भर में आम लोगों की जीवनशैली का हिस्सा बनाना है। विभिन्न शहरों में ये बाइकर्स रैलियां निश्चित रूप से युवाओं को आयुर्वेद और देश की अन्य पारंपरिक चिकित्सा प्रणालियों को अपनाने के लिए प्रेरित करेंगी।

कार्यक्रम के पश्चात सभी प्रतिभागियों के लिये समुचित अल्पाहार की व्यवस्था संस्थान द्वारा की गई।

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शुभ दीपोत्सव

क्षेत्रीय आयुर्वेद अनुसंधान संस्थान

'हर दिन हर-किसी के लिये आयुर्वेद' संदेश लेकर 'रन फॉर आयुर्वेदा' की दौड़

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जयपुर। झोटवाड़ा रोड, बनीपार्क, जयपुर में स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, सीसीआरएएस आयुष मंत्रालय भारत सरकार द्वारा "8वें आयुर्वेद दिवस 2023" के अन्तर्गत 'रन फॉर आयुर्वेदा' कार्यक्रम का आयोजन किया गया। जिनमें संस्थान के कार्मिकों के साथ-साथ छात्र और अलग-अलग आयु वर्ग के लोग शामिल थे। दौड़ का शुभारंभ संस्थान के प्रभारी डॉ. बी. आर. मीणा ने संस्थान से ही झण्डी दिखाकर किया। 'रन फॉर आयुर्वेदा' संस्थान से शुरू होकर पानीपेच तिराहे से पुलिस अकादमी शास्त्री नगर होते हुये साईस पार्क तक और वहां से फिर संस्थान में आकर दौड़ का समापन हुआ।

दौड़ का उद्देश्य 'आयुर्वेद फॉर वन हेल्थ-हर दिन किसी के लिये आयुर्वेद' अभियान के तहत आमजन को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना तथा आयुर्वेद को अपनाने के लिये प्रेरित करना था। दौड़ के दौरान सम्पूर्ण मार्ग पर लोगों में भारी उत्साह देखा गया। दौड़ मार्ग का नियंत्रण यातायात पुलिस द्वारा किया गया था। संस्थान के प्रभारी डॉ. बी.आर. मीणा ने बताया कि युवाओं को 'आयुर्वेद फॉर वन हेल्थ-हर दिन किसी के लिये आयुर्वेद' अभियान से जोड़कर एक मजबूत और स्वस्थ भारत का भविष्य बनाया जा सकता है। आयुर्वेद दिवस के आयोजन का उद्देश्य भारत की हजारों साल पुरानी आयुर्वेदिक चिकित्सा संस्कृति को वैश्विक मंच पर ले जाना और आयुर्वेद को दुनिया भर में आम लोगों की जीवनशैली का हिस्सा बनाना है। विभिन्न शहरों में ये वाइकर्स रैलियां निश्चित रूप से युवाओं को आयुर्वेद और देश की अन्य पारंपरिक चिकित्सा प्रणालियों को अपनाने के लिए प्रेरित करेंगी। कार्यक्रम के पश्चात सभी प्रतिभागियों के लिये समुचित अल्पाहार की व्यवस्था संस्थान द्वारा की गई।

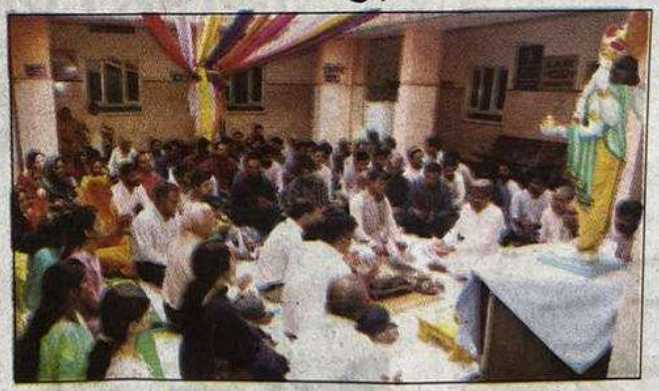
कहीं आप गलत तेल के शिकार तो नहीं हो रहे है ?
देसी दिल के लिये, दादी वाला देसी तेल...
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स्वदेशी पीली सरसों का तेल है, प्राचीन, पौष्टिक एवं परम्परा।
▸ प्राचीन शीतल विधी घाणी से निर्मित।
▸ निर्माण विधी उच्च ताप रहित।
▸ निर्माण में कोई रासायनिक प्रयोग नहीं।
▸ कैंसर को रोकने में लाभदायक।*
▸ मधुमेह को नियंत्रित करने में लाभदायक।
▸ एसीडीटी एवं गैस्ट्रिक रोगों में मददगार।
▸ रोग प्रतिरोधक क्षमता बढ़ाने में लाभदायक।
▸ केवल देसी सरसों द्वारा निर्मित।
▸ मोटापा घटाने में लाभदायक।
▸ बालों के लिए एक उत्तम तेल।
▸ ओमेगा 3 एवं ओमेगा 6 से भरपूर।
▸ तीखी गंध रहित होने के कारण सभी व्यंजनों में उपयोगी।
▸ अनेक औषधीय गुणों से भरपूर।
▸ सभी तेलों के मुकाबले सबसे कम सेचुरेटेड फेट्स।*
▸ छः हजार वर्षों से मानव के लिए उपयोगी।
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जयपुर। झोटवाडा रोड स्थित महाराव शेखाजी क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, सीसीआरएएस आयुष मंत्रालय भारत सरकार द्वारा 8वें आयुर्वेद दिवस एवं धन्वन्तरी त्रयोदशी के अवसर पर संस्थान परिसर में संस्थान के प्रभारी डॉ. बी.आर. मीणा द्वारा धन्वन्तरी पूजन व हवन का आयोजन किया गया, जिसमें संस्थान के अधिकारी एवं कर्मचारियों के अतिरिक्त आमजन भी सम्मिलित हुये। हवन का उद्देश्य 'एक स्वस्थ जीवन के लिये आयुर्वेद' अभियान के तहत सभी लोगों के स्वास्थ्य को बनाये रखने की भगवान धन्वन्तरी से प्रार्थना की गयी तथा लोगों को आयुर्वेद अपनाने हेतु प्रेरित किया गया।

संस्थान के प्रभारी डॉ. बी.आर. मीणा ने जानकारी दी आयुर्वेद दिवस एवं धन्वन्तरी त्रयोदशी के अवसर पर आयुर्वेद विभाग, राजस्थान सरकार के सहयोग से जयपुर संस्थान द्वारा जयपुर जिले के एक साथ 313 आयुष हैल्थ एवं वैलनेस सेन्टरों पर आमजन हेतु बडे स्तर पर निःशुल्क चिकित्सा शिविर आयोजित किये गये है। डॉ. मीणा द्वारा आयुर्वेद दिवस के अवसर पर सभी के स्वस्थ जीवन की कामना की एवं शुभकामनायें देते हुये हर दिन हर किसी के लिये आयुर्वेद के संकल्प को पूरा करने पर जोर दिया। इस अवसर पर राष्ट्रीय स्तर का कार्यक्रम हरियाणा के पंचकूला में आयोजित किया गया, जिसमें केन्द्रीय आयुष मंत्री सर्वानन्द सोनोवाल एवं राज्य आयुष मंत्री डॉ. महेन्द्र भाई मंजुपारा एवं केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद् के महानिदेशक प्रोफेसर रबीनारायण आचार्य उपस्थित रहें।



सूर्य प्रकाश, स्नेहलत
सविता देवी-स्व. श्री
समस्त शारदा परिवा

M.S. REGIONAL AYURVEDA RESEARCH INSTITUTE, JAIPUR

Annual Report Summary 2023-2024

M.S. Regional Ayurveda Research Institute (MSRARI), Jaipur was established on 1st April, 1972 as **Regional Research Institute (RRI)** for Ayurveda under Central Council for Research in Ayurveda and Siddha (CCRAS) (now Central Council for Research in Ayurvedic Sciences), Department of Indian System of Medicine and Homoeopathy (now Ministry of AYUSH), Government of India, with the objective to promote Ayurveda on scientific ground by means of clinical as well as drug development studies. In the year 1999, under the process of re-organization of CCRAS, this institute was upgraded as **Central Ayurveda Research Institute (CARI)**. In the year 2010, the Institute was again renamed as **Ayurveda Central Research Institute (ACRI)**. Thereafter under the process of re-organization of Council's peripheral units, the institute was renamed as "**Regional Ayurveda Research Institute for Endocrine Disorders** (**RARIED**)"in April 2016. The institute has been renamed once again as **'Regional Ayurveda Research Institute (RARI)'** since January, 2021. Various Clinical Research studies have been conducted by this Institute since its inception.

During the reporting year 2023-2024, the following research projects have been initiated:

1. Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial.
2. General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affaris.
3. Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)". MoU has been done with 4 collaborating institutes: (1) Parul Institute of Ayurveda & Research, Parul University, Gujarat (2) Sant Dnyaneshwar Shikshan Santha's, Hon. Shri Annasaheb Dange Ayurved Medical College, Maharastra (3) Yashwant Ayurvedic College, Kolhapur, Maharashtra (4) Maharashtra University of Health Sciences, Nashik (Maharashtra).
4. Collaborative Study "Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals".
5. Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study under WCH-SCSP 2023-24.

6. Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study under THCRP 2023-24.

Following Research projects have been carried forwarded from last reporting year 2022-23:

1. Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity).
2. Randomized, Placebo Controlled, Double-Blind Clinical Trial to Evaluate the Effect of Trikatu in Sub-Clinical Hypothyroidism.
3. Clinical Evaluation of Lekhaniya Gana kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity).
4. Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India- A Randomized Parallel Group Study
5. Clinical Evaluation of Lashunadi vati in the management of Agnimandya.
6. Documentation of the Life profile of luminaries in the field of Ayurveda.

Apart from above projects, other outreach Research programmes/projects executed/ being executed in the Institute are:

1. Tribal Health Care Research Programme (THCRP)
2. Women and Child Health Care Programme (WCH)
3. National Pharmaco-Vigilance Program for ASU drugs (continuing).

Brief description of Research Projects and Programmes:

1. **Evaluation of the efficacy of Ayush-BR Leham in the management of Moderate malnutrition among children aged 3-5 years – A Multicenter Randomized Controlled Preliminary trial :-** The project has been initiated in the month of September 2023. During the reporting period, Up to 31st March, 2024, 12 cases were screened, out of which 12 cases were enrolled. No dropout.
2. **General health screening with special focus on Tuberculosis, Anemia, Haemoglobinopathies & Malnutrition and Ayurvedic Interventions for better health outcomes in students of Ekalavya Residential Model Schools (EMRS) functioning under M/o Tribal Affaris :-** Project yet to be initiated. Medicine received and visit have been performed at allotted 03 schools -1. EMRS, Niwai 2. EMRS, Danvav, Abu road and 3. EMRS, Kherwara, Udaipur.
3. **Collaborative Study "Clinical study on tolerability, treatment adherence and safety of an Ayurvedic intervention-Punarnava Mandura in the management of Iron Deficiency Anemia: An open label single arm study (under CCRAS SMART Project)". MoU with (1) Parul Institute of Ayurveda & Research, Parul University, Gujarat (2) Sant Dnyaneshwar Shikshan Santha's, Hon. Shri Annasaheb Dange Ayurved Medical College, Maharastra (3) Yashwant Ayurvedic College, Kolhapur,**

Maharashtra (4) Maharashtra University of Health Sciences, Nashik (Maharashtra):- The project has been initiated at all participating institutes. The current status of the study is as follows:-

Name of the Institute	No of cases screened	No of cases enrolled	Screening failure	No of cases completed	Drop outs	No of cases continuing
5. MUHS, Nashik	49	24	25	00	02	22
6. Yac, Kodoli	05	02	03	00	00	02
7. PIAR, Vadodara	28	10	18	00	00	10
8. ADAMC, Ashta	12	05	07	00	00	05

4. **Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India-A Randomized Parallel Group Study:-** The project has been allotted under IMR Annual action plan 2019-20. This is an cluster study Randomized Parallel-Group Study of a 2 groups of sample size 240. The study aims to assess the impact of Ayurveda based lifestyle advocacy and practices on health of apparently healthy volunteers. The total duration of the study is 3 years. Ethical approval for the study has been obtained on 13.03.2020. The project was initiated in June 2022. The enrollment of subjects (Total 238) has been completed in February 2023. Out of these 118 participants were enrolled in group 1 (intervention group), and 120 participants were enrolled in group 2 (control group). Till date 226 subjects are are continuing. 12 subjects have been dropped out.
5. **Clinical Evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity):-** The project has been initiated on 25.07.2022. A total of 50 patients were enrolled. Among them, 40 subjects completed the study successfully and 10 subjects were dropped out of the study. The study was completed in January 2024. The e-format was submitted to CCRAS headquarters, New Delhi for data analysis.
6. **Clinical evaluation of Lashnadi Vati and Pippaldyasava in the management of Agnimandya:-** The project has been allotted under IMR annual action plan 2018-19. The project has been initiated on 02.02.2023. Up to 31st March, 2024, 76 cases were enrolled, 72 case were completed and 03 cases were dropout. 01 cases were continued.
7. **Clinical Evaluation of Vidanga Churna and Vyoshadi Guggulu in the Management of Medoroga (Obesity):-** The project has been allotted under IMR annual action plan 2018-19. The project had been initiated on 24.11.2021 with enrolment of 1st subject. The project has been completed on 23.09.2023 with completion of last enrolled subject. Total 66 subjects were screened. As per target 50 subjects were enrolled in the project; 37 subjects completed the study and 13 subjects drop out of study.
8. **Randomized, Placebo Controlled, Double-Blind Clinical Trial to Evaluate the Effect of Trikatu in Sub-Clinical Hypothyroidism:-**The project has been initiated in the

month of March 2022. During the reporting period, Up to 31st March, 2024, 1091 cases were screened, out of which 90 cases were enrolled, 63 case were completed and 14 cases were dropout. 01 cases were continued.

9. **Documentation of the Life profile of luminaries in the field of Ayurveda :-** This IMR project was assigned to the Institute in December 2022. The assigned luminary was Mahakavi Shree Shree Krishan Ram Bhatt. Data collection from the available texts was initiated in the month of 02.01.2023. The interview with family members of the luminary was conducted in February 2023. I[st] draft of the manuscript was submitted in March 2023. The revised draft was submitted in May 2023. The research article was submitted in JRAS for (March April) issue in November 2023. The work is completed.

10. **Tribal Health Care Research Programme (THCRP):-** During the reporting year 2023-24, total 191 health camps and health surveys were conducted in 05 villages of district Jhadol, Udaipur of Rajasthan. Total 3809 populations have been covered in these surveys of tribal population. In these villages, investigations were carried out and free medicines were given to 6554 patients belonging to tribal population. Total 08 Folklore claims documentation were collected. Total 5718 numbers of investigations (2691-Hb, 2549-Blood sugar, 478-other investigations) were carried out as per need of patients. One Clinical Projects covered under this programme**."Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community based study" under THCRP 2023-24:-** This Project started from 21.11.2023 and completed on 22.03.2024. Total target 40 subjects covered under this programme.
11. **Women and Child Health Care Programme (WCH) -**The WCH programme under SCSP has been conducted by this institute in SC population dominant five area/ localities of Jaipur district of Rajasthan namely Sumel, Chonp, Pachar, Theekariya and Hathoj. Under this programme, the team of RARI, Jaipur has done door to door survey of the localities, health camps and collected different data as per format particularly of women and children; also distributed free medicine for different diseases at the door step. During Survey Village information, House information, information of Women and Children related to health was collected. Total 216 survey tours / health camps were conducted in selected villages. Total 3940 SC women and Children (1861 women and 2079 children) were surveyed to get health related demography. Total 6057 women and children were treated through mobile health camps, of which 4374 were SC women whereas 1490 were SC children. Total 6510 (2976 Hemoglobin, 2596 Blood Sugar Level, 938 other investigations) investigations were carried out as per need of the patients. Total 79 awareness activities were carried out during the year. One Clinical Studies Project covered under this programme**: "Effectivness of Rajapravartani and Saraswatarishta in Dysmenorhoea A prospective community-based study":-** Total 46 patients were enrolled in the trial out of the total 54 participants that underwent screening. Six patients withdraw and 40 participants under ongoing. The Project is still ongoing.

12. **National Pharmaco-vigilance program for ASU drugs: -** During the current reporting year, 37,790 subjects were studied to notice the suspected adverse drug reactions. None of the patients reported any ADR of the Ayurveda drugs being used.

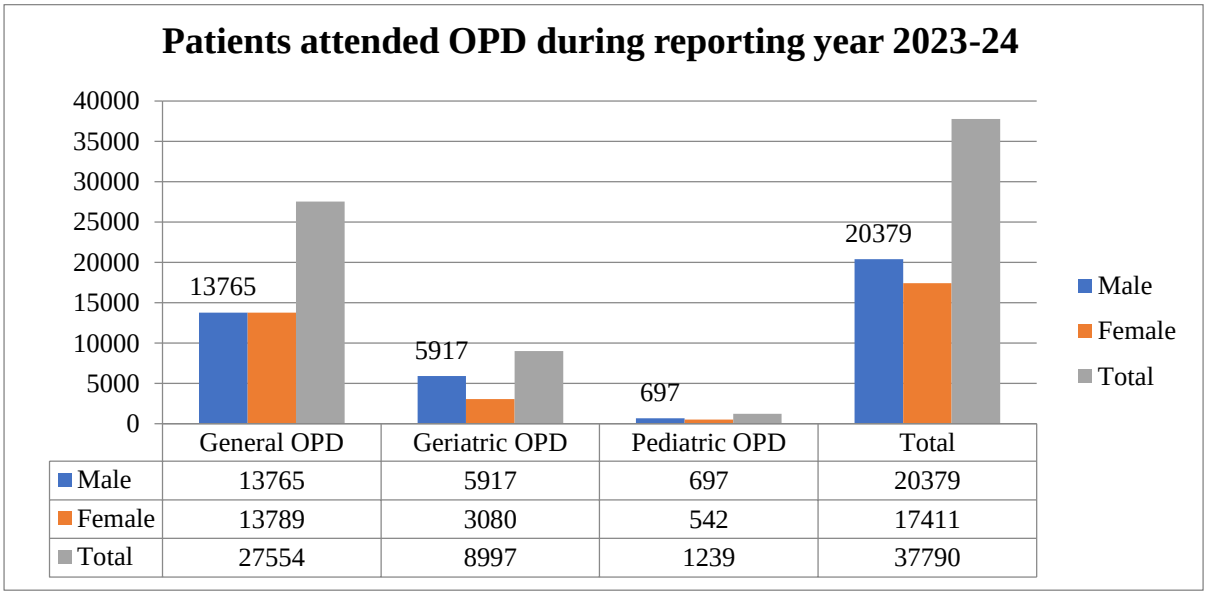
Hospital Section:

The Institute has good Out Patient Door (OPD), In Patient Door (IPD) and Panchakarma therapy facilities.

OPD Unit

OPD of the Institute is running daily from 9:00 AM-1:00 PM and 2:00 PM-4:00 PM on all working days. Ayurvedic medicines are dispensed at free of cost to all patients as per need along with consultation. During the reporting year 2023-24, total 37790 (20379 males and 17411 females) patients were examined and treated at OPD level.

OPD	Male	Female	Total
General OPD	13765	13789	27554
Geriatric OPD	5917	3080	8997
Pediatric OPD	697	542	1239
Total	**20379**	**17411**	**37790**



IPD Unit

The Institute is having 20 beded IPD facility, out of which 10 beds are allotted to each male and female wards. During the reporting year, total 260

patients (106 males & 154 females) were admitted and treated in the IPD of the Institute. The admission of the patients and the panchkarma procedures are carried out on the payment basis as per the instructions of the Council's head quarter. The concession in the charges to the senior citizens and BPL patients for admission and procedures are applied as per council's guidelines.

Panchakarma Unit

During the reporting year, in Panchakarma unit of the institute, total 8819 number of different Panchakarma therapy procedures (3549 on males and 5270 on females) were performed.

Diagnostic Laboratory:

The Institute is having a well-equipped Clinical Laboratory. In the laboratory, there are Bio-chemistry and Pathology sections. The various investigations are done in the laboratory also keeping in view the allotted Research programs. The investigations are done on payment basis except Research cases and BPL patients. 60% concession is provided to Senior Citizens on all investigations since January, 2017. During the current reporting year 2023-24, total 29946 investigations related to Pathology, Serology and Biochemistry (Blood, Stool, Urine, Semen and Sputum etc.) were carried out. The institute is also having a Radiography unit with DR system where during the reporting years, total 361 radiological investigations were performed. Thus total 30307 investigation were carried out during the reporting year.The summary of the investigations done is given below:

Annual Laboratory Report Summary from 1st April, 2023 to 31st March, 2024

S.No.	Investigations	Male Patients	Female Patients	Grand Total
1.	Pathological Investigations	6368	8250	14618
2.	Biochemical Investigations	8741	6587	15328
3.	Radiological Investigations	162	199	361
4.	Other Investigations viz ECG, Ultra sound, Endoscopies etc.	0	0	0
Total		**15271**	**15036**	**30307**



Other activities:

1. **Guggulu Herbal Farm,Mangliawas, Ajmer**:-

A Guggulu Herbal Farm is also working under control of this institute at village Mangliawas, District Ajmer of Rajasthan, which was handed over back to CCRAS by National Institute of Ayurveda, Jaipur on 9th November 2016. The farm was started in 1st April 1972 in which research, development and extensive cultivation of Guggulu plants were done till 31st December 2007, through plant cuttings, air layering and seedlings. About 60 species of various medicinal plants are being grown/cultivated including Guggulu plants. During the reporting year 2023-2024, 9.010 Kg. Guggulu gum-oleo resin was collected including total to 10.500 Kg. Guggulu Gum-oleo resin in stock. Total 1.300 Kg. of Guggulu gum-oleo resin was supplied to Central Ayurveda Research Institute Jhansi during this period. Total 15.5 Kg. of fresh raw Drugs of 9 plant samples were collected and 9.350 Kg. dried plants samples of 10 plants were supplied to various institutes of CCRAS.

2. **Workshop/Programmes/Mela/Meetings organized:-**

1) Institutional Ethics Committee Meeting for various projects was organized on 03.05.2023 and 22.06.2023 in the Institute.
2) Blood Donation Camp was organised by the Institute on 14.06.2023.
3) International Yoga Day 2023 was celebrated with common yoga protocol practice under the guidance of Yoga Expert on 21.06.2023 and whole staff participated in it.

4) "Azadi ka Amrit Mahotsava 2.0" is being celebrated by delivering lectures and special health camps on theme Health and Wellness in institute and outreach programs during the month of May 2023.
5) World Environment Day is being celebrated in the Institute through regular awareness lectures in OPD and outreach programmes and plants distribution during the month of May 2023.
6) National Sports Week was observed from 21.08.2023 to 29.08.2023 and various Sports competitions e.g. volleyball, badminton, skipping, and cricket, were organized for the institute's staff.
7) This Institute organized a workshop "Ayurvedanusar dincharya" and felicitation ceremony of Mahakavi Sri Sri Krishan Ram Bhatt at Science Park Auditorium, Jaipur on 02.09.2023
8) Poshan Mah was celebrated in the month of September 2023, various activities like awareness lectures in OPD and outreach programmes, distribution of nutritious products in various schools, anaemia testing of school students, plantation of plants having nutritional value in schools were organised**.** Webinar entitled "Role of Traditional and regional nutritious foods in promotion of health" was conducted.
9) Hindi Pakhwada was observed in the institute from 14.09.2023 to 30.09.2023.
10) Swachhata Pakhwada was observed by the Institute from 15.09.2023 to 30.09.2023.
11) Webinar on "The role of Traditional and regional nutritious foods in promotion of health" was organized by the institute on 30.09.2023 for general public awareness.
12) "Swacchata Hi Sewa Mission" was conducted on dated 01.10.23 in Institute in which cleaning of nearby area of Institute was done by Institute staff under the guidance of Assistant Director Incharge.
13) Vigilance Awareness Week, 2023 was observed during the 28.10.2023 to 04.11.2023.
14) A training workshop organised on 04.11.2023 under Vigilance Awareness Week 2023, in which Madam Param Jyoti, IGP Vigilance, Rajasthan Police, Jaipur trained the staff on PIDPI resolution, procurement, cyber hygiene and security, procedure of organization etc.
15) Under the 8th Ayurveda Day Celebration 2023 Institute, an exhibition cum mini expo was organized in the Institute from 10.10.2023 to 10.11.2023 to display the achievements of CCRAS, publications of CCRAS etc. In expo regular awareness lectures to general public and distribution of medicinal plants was done.
16) The bikers rally was organized by the Institute from Jawahar Circle to Jalmahal on 05.11.2023 under the "8th Ayurveda Day 2023". The objective of the rally was to make the general public more and more aware of Ayurveda and to motivate them to adopt Ayurveda under the 'Ayurveda for One Health' campaign.
17) "Run for Ayurveda" rally was organized by the Institute on 07.11.2023 from 7.00 AM to 7.45 AM under the "8th Ayurveda Day 2023", in which the employees of the Institute as well as students and participants of different age groups participated.
18) The Institute organized a Webinar for Sensitization of Ayurveda doctors of National Ayush Mission of Rajasthan State on 31.10.2023.
19) Poshan Pakhwada was observed in the institute from 11.03.2024 to 23.03.2024.

20) Publication Week was celebrated in the Institute from 19.02.2024 to 25.02.2024, in which 10 Research officers (Ayurveda) from different peripheral institutes and CCRAS Hqrs. participated and completed the work of assigned research articles.
21) 04 Quarterly Hindi workshops were also organised by the Institute.
22) The Institute has participated and placed a stall on behalf of CCRAS on occassion of "8th Ayurveda Day-2023" organized at CSIR, Pilani, Rajasthan on 10.11.2023.
23) The Institute has participated in "Aarogya Mela" at Dudu, Rajasthan organized by Ayurved Vibhag, Rajasthan from 09.03.2024 to 12.03.2024.
24) This Institute has participated in "Yoga Fest" at Udaipur (Rajasthan) on 08.03.2024 to 10.03.2024 organized by Sanskriti Vikash Sansthan, Udaipur.
25) The Institute organized a Free medical camps on a large scale for the general public at 313 AYUSH Health and Wellness Centers in Jaipur district, Rajasthan in collaboration with the Ayurveda Department, Government of Rajasthan.

3. **Webinar/Seminar/Meetings/Trainings/Workshops attended/Paper presented:**

Dr. B.R. Meena, Assistant Director Incharge, Dr. V.B. Kumawat, R.O. (Ay.), Dr. S.K. Vedi, R.O. (Ay.), Dr. D.S. Rotwar, R.O. (Ay.), Dr. Monika Kumari, R.O. (Ay.), Dr. Kishor A. Gavali, R.O. (Ay.) and Dr. Suhas A. Chaudhary have participated in about 50 Webinars/ Seminars/Meetings/Trainings/Workshops organized by this Institute/other Institute's/ organizations on different subjects and also some officers presented Research Papers and delivered lectures.

4. **Publications**:-02 Research Articles/papers have been published in International journals by the Research Officers of this Institute.

5. **Achievements:**-
   1. Institute's Laboratory has obtained NABL Accreditation Certificate on 16.11.2023.
   2. The Institute has been awarded with First prize for performing best/maximum work in Rajbhasha Hindi for the Year 2022-23. The award was given by "Nagar Rajbhasha Karyanvayan Samiti (Ka-1), Jaipur on 25.07.2023.
   3. The IEC has been provisionally registered in Department of Health Research (DHR), Naitik Portal

म.शे. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, जयपुर

वार्षिक प्रतिवेदन सारांश- 2023-24

म.शे. क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, जयपुर की स्थापना 01 अप्रैल,1972 को **क्षेत्रीय आयुर्वेद संस्थान (आयुर्वेद)** के रूप में केन्द्रीय आयुर्वेद एवं सिद्ध अनुसंधान परिषद (वर्तमान में केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद, आयुष मंत्रालय), भारतीय चिकित्सा पद्धति एवं होमियोपैथी विभाग (वर्तमान में आयुष मंत्रालय), भारत सरकार के अधीनस्थ हुई थी जिसका उद्देश्य वैज्ञानिक आधार पर नैदानिक/चिकित्सकीय एवं औषध विकास अध्ययन के माध्यम से आयुर्वेद को प्रोन्नत करना था। वर्ष 1999 में सी.सी.आर.ए.एस. के पुनर्गठन की प्रक्रिया के अन्तर्गत इस संस्थान को "**केन्द्रीय आयुर्वेद अनुसंधान संस्थान**" के रूप में क्रमोन्नत किया गया। वर्ष 2010 में इस संस्थान को "**आयुर्वेद केन्द्रीय अनुसंधान संस्थान**" नाम से पुनर्नामित किया गया। तत्पश्चात, परिषद के परिधीय इकाईयों के पुनर्गठन की प्रक्रिया के अन्तर्गत अप्रैल, 2016 में संस्थान का पुनर्नामकरण "**क्षेत्रीय आयुर्वेद अन्त:स्रावी ग्रन्थि विकार अनुसंधान संस्थान**" किया गया। जनवरी, 2021 से संस्थान का नाम पुन: "**क्षेत्रीय आयुर्वेद अनुसंधान संस्थान**" कर दिया गया है। इसकी स्थापना के बाद से संस्थान द्वारा विभिन्न नैदानिक शोध अध्ययन किये गये हैं।

प्रतिवेदन वर्ष 2023-2024 के दौरान निम्नलिखित परियोजनायें प्रारंभ की गयीं हैं:

1. 3-5 वर्ष की आयु के बच्चों में मध्यम कुपोषण के प्रबंधन में आयुष-बीआर लेहम की प्रभावकारिता का मूल्यांकन - एक बहुकेंद्रीय यादृच्छिक नियंत्रित प्रारंभिक परीक्षण।नजातीय कार्य मंत्रालय के तहत कार्यरत एकलव्य आवासीय मॉडल स्कूलों (ईएमआरएस) के छात्रों में बेहतर स्वास्थ्य परिणामों के लिए क्षय रोग, एनीमिया, हीमोग्लोबिनोपैथी और कुपोषण में आयुर्वेदिक हस्तक्षेप पर विशेष ध्यान देने के साथ सामान्य स्वास्थ्य जांच।

2. सहयोगात्मक अध्ययन "आयरन की कमी से होने वाले एनीमिया के प्रबंधन में आयुर्वेदिक हस्तक्षेप-पुनर्नवा मंडुरा की सहनशीलता, उपचार के पालन और सुरक्षा पर नैदानिक अध्ययन: एक ओपन लेबल सिंगल आर्म अध्ययन (सीसीआरएएस स्मार्ट प्रोजेक्ट के तहत)"। 4 सहयोगी संस्थानों के साथ समझौता ज्ञापन किया गया है: (1) पारुल इंस्टीट्यूट ऑफ आयुर्वेद एंड रिसर्च, पारुल यूनिवर्सिटी, गुजरात (2) संत ज्ञानेश्वर शिक्षण संस्थान, माननीय श्री अन्नासाहेब डांगे आयुर्वेद मेडिकल कॉलेज, महाराष्ट्र (3) यशवंत आयुर्वेदिक कॉलेज, कोल्हापुर, महाराष्ट्र (4) महाराष्ट्र स्वास्थ्य विज्ञान विश्वविद्यालय, नासिक (महाराष्ट्र)।

3. सहयोगात्मक अध्ययन "डीजीएएफएमएस अस्पतालों की आयुर्वेद स्वास्थ्य सुविधाओं में आने वाले रोगियों की रुग्णता और स्वास्थ्य देखभाल चाहने वाला व्यवहार"।

4. डिसमेनोरिया में रज:प्रवर्तनी और सारस्वतारिष्ट की प्रभावशीलता डब्ल्यूसीएच-एससीएसपी 2023-24 के तहत एक संभावित समुदाय-आधारित अध्ययन।

5. आमवात के प्रबंधन के लिए ब्लैक बॉक्स डिजाइन में समग्र आयुर्वेद आहार की प्रभावशीलता - टीएचसीआरपी 2023-24 के तहत एक समुदाय आधारित अध्ययन।

पिछले रिपोर्टिंग वर्ष 2022-2023 से निम्नलिखित अनुसंधान परियोजनाओं को आगे बढ़ाया गया है:

1. मेदोरोग (मोटापा) के प्रबंधन में विडंग चूर्ण और व्योषादि गुग्गुलु का नैदानिक मूल्यांकन।
2. सब-क्लिनिकल हाइपोथायरायडिज्म में त्रिकटु के प्रभाव का मूल्यांकन करने के लिए यादृच्छिक, प्लेसबो नियंत्रित, डबल-ब्लाइंड क्लिनिकल परीक्षण।
3. मेदोरोग (मोटापा) के प्रबंधन में लेखनीय घन कषाय और आरोग्यवर्धिनी गुटिका का नैदानिक मूल्यांकन।
4. भारत के चयनित शहरों में स्पष्ट रूप से स्वस्थ व्यक्तियों के बीच आयुर्वेद आधारित जीवन शैली की वकालत और प्रथाओं का प्रभाव- एक यादृच्छिक समानांतर समूह अध्ययन।
5. अग्निमांद्य के प्रबंधन में लशुनादि वटी का नैदानिक मूल्यांकन।
6. आयुर्वेद के क्षेत्र में सुप्रसिद्ध वैद्यों के जीवन प्रोफ़ाइल का दस्तावेज़ीकरण।

उपरोक्त परियोजनाओं के अलावा, संस्थान में निष्पादित/अन्य आउटरीच अनुसंधान कार्यक्रम/परियोजनाएं हैं:

1. जनजातीय स्वास्थ्य देखभाल अनुसंधान कार्यक्रम (THCRP)
2. महिला एवं बाल स्वास्थ्य देखभाल कार्यक्रम (डब्ल्यूसीएच)
3. एएसयू दवाओं के लिए राष्ट्रीय फार्माको-सतर्कता कार्यक्रम (जारी)

<u>अनुसंधान परियोजनाओं एवं कार्यक्रमों का संक्षिप्त वर्णन</u>:

1. **3-5 वर्ष की आयु के बच्चों में मध्यम कुपोषण के प्रबंधन में आयुष-बी. आर. लेहम की प्रभावकारिता का मूल्यांकन - एक बहुकेंद्रीय यादृच्छिक नियंत्रित प्रारंभिक परीक्षण:-** परियोजना सितंबर 2023 के महीने में शुरू की गई है। रिपोर्टिंग अवधि के दौरान, 31 मार्च, 2024 तक 12 मामलों की जांच की गई, जिनमें से 12 बच्चों को नामांकित किया गया। कोई ड्रॉपआउट नहीं ।

2. **जनजातीय कार्य मंत्रालय के तहत कार्यरत एकलव्य आवासीय मॉडल स्कूलों (ईएमआरएस) के छात्रों में बेहतर स्वास्थ्य परिणामों के लिए क्षय रोग, एनीमिया, हीमोग्लोबिनोपैथी और कुपोषण में आयुर्वेदिक हस्तक्षेप पर विशेष ध्यान देने के साथ सामान्य स्वास्थ्य जांच:-** परियोजना अभी तक शुरू नहीं हुई है। परियोजना हेतु औषधि प्राप्त हो चुकी है । आवंटित 03 विद्यालयों का दौरा किया गया, जो निम्न है : 1. ईएमआरएस, निवाई 2. ईएमआरएस, दानवाव, आबू रोड और 3. ईएमआरएस, खेरवाड़ा, उदयपुर।

3. **सहयोगात्मक अध्ययन "आयरन की कमी से होने वाले एनीमिया के प्रबंधन में आयुर्वेदिक हस्तक्षेप-पुनर्नवा मंडुर की सहनशीलता, उपचार के पालन और सुरक्षा पर नैदानिक अध्ययन:** एक ओपन लेबल सिंगल आर्म अध्ययन (सीसीआरएएस स्मार्ट प्रोजेक्ट के तहत)"। (1) पारुल आयुर्वेद एवं अनुसंधान संस्थान, पारुल विश्वविद्यालय, गुजरात (2) संत ज्ञानेश्वर शिक्षण संस्थान, माननीय के साथ समझौता ज्ञापन। श्री अन्नासाहेब डांगे आयुर्वेद मेडिकल कॉलेज, आष्टा, महाराष्ट्र (3) यशवंत आयुर्वेदिक कॉलेज, कोल्हापुर, महाराष्ट्र (4) महाराष्ट्र स्वास्थ्य विज्ञान विश्वविद्यालय, नासिक (महाराष्ट्र):- परियोजना सभी भाग लेने वाले संस्थानों में शुरू की गई है। अध्ययन की वर्तमान स्थिति इस प्रकार है:-

संस्थान का नाम	जांचे गए मामलों की संख्या	नामांकित मामलों की संख्या	स्क्रीनिंग विफलता	अध्ययन पूर्ण किये गए मामलों की संख्या	ड्रॉप आउट	जारी मामलों की संख्या
1. एम.यू.एच.एस., नासिक	49	24	25	00	02	22
2. वा.ई.एसी., कोडोली	05	02	03	00	00	02
3. पी.आई.ए.आर., वडोदरा	28	10	18	00	00	10
4. ए.डी.ए.एम.सी, आष्टा	12	05	07	00	00	05

4. **भारत के चयनित शहरों में स्पष्ट रूप से स्वस्थ व्यक्तियों के बीच आयुर्वेद आधारित जीवन शैली** वकालत और प्रथाओं का प्रभाव- एक यादृच्छिक समानांतर समूह अध्ययन: - परियोजना को आईएमआर वार्षिक कार्य योजना 2019-20 के तहत आवंटित किया गया है। यह नमूना आकार 240 के 2 समूहों का एक क्लस्टर अध्ययन यादृच्छिक समानांतर-समूह अध्ययन है। अध्ययन का उद्देश्य स्पष्ट रूप से स्वस्थ स्वयंसेवकों के स्वास्थ्य पर आयुर्वेद आधारित जीवनशैली वकालत और प्रथाओं के प्रभाव का आकलन करना है। अध्ययन की कुल अवधि 3 वर्ष है। अध्ययन के लिए नैतिक अनुमोदन 13.03.2020 को प्राप्त किया गया है। परियोजना जून 2022 में शुरू की गई थी। विषयों (कुल 238) का नामांकन फरवरी 2023 में पूरा हो गया है। इनमें से 118 प्रतिभागियों को समूह 1 (हस्तक्षेप समूह) में नामांकित किया गया था, और 120 प्रतिभागियों को समूह 2 (नियंत्रण समूह) में नामांकित किया गया था। . अब तक 226 प्रतिभागी जारी हैं। 12 प्रतिभागी बाहर हो गए हैं।

5. **मेदोरोग (मोटापा) के प्रबंधन में लेखनीय घन कषाय और आरोग्यवर्धिनी गुटिका का नैदानिक मूल्यांकन:-** परियोजना 25.07.2022 को शुरू की गई है। कुल 50 मरीजों (प्रतिभागीयों) का नामांकन किया गया। उनमें से, 40 प्रतिभागीयों ने अध्ययन सफलतापूर्वक पूरा किया और 10 प्रतिभागी अध्ययन से बाहर हो गए। अध्ययन जनवरी 2024 में पूरा हुआ। डेटा विश्लेषण के लिए ई-प्रारूप सीसीआरएएस मुख्यालय, नई दिल्ली को प्रस्तुत किया गया था।

6. **अग्निमांद्य के प्रबंधन में लशुनादी वटी और पिप्पल्यासव का नैदानिक मूल्यांकन:-** परियोजना को आईएमआर वार्षिक कार्य योजना 2018-19 के तहत आवंटित किया गया है। परियोजना 02.02.2023 को शुरू की गई है। 31 मार्च, 2024 तक 76 प्रतिभागी नामांकित किये गये,

72 प्रतिभागियों ने अध्ययन पूर्ण किया तथा 03 प्रतिभागी ड्रॉपआउट हुए। 01 प्रतिभागी जारी है।

7. **मेदोरोग (मोटापा) के प्रबंधन में विडंग चूर्ण और व्योषादि गुग्गुलु का नैदानिक मूल्यांकन: -** परियोजना को आईएमआर वार्षिक कार्य योजना 2018-19 के तहत आवंटित किया गया है। परियोजना 24.11.2021 को प्रथम प्रतिभागी के नामांकन के साथ शुरू की गई थी, तथा अंतिम नामांकित प्रतिभागी की समाप्ति के साथ परियोजना 23.09.2023 को पूरी हो गई है। कुल 66 प्रतिभागियों की जांच की गई। लक्ष्य के अनुसार परियोजना में 50 प्रतिभागियों का नामांकन किया गया; 37 प्रतिभागियों ने अध्ययन पूरा कर लिया और 13 प्रतिभागियों ने अध्ययन बीच में छोड़ दिया।

8. **सब-क्लिनिकल हाइपोथायरायडिज्म में त्रिकटु के प्रभाव का मूल्यांकन करने के लिए यादृच्छिक**, **प्लेसबो नियंत्रित**, **डबल-ब्लाइंड क्लिनिकल परीक्षण:-**परियोजना मार्च 2022 के महीने में शुरू की गई है। रिपोर्टिंग अवधि के दौरान, 31 मार्च, 2024 तक, 1091 मामलों की जांच की गई, जिनमें से 90 मामले नामांकित किए गए, 63 मामले पूरे किए गए और 14 मामले छोड़ दिए गए। 01 प्रकरणों को जारी रखा गया।

9. **आयुर्वेद के क्षेत्र में सुप्रसिद्ध वैद्यों के जीवन प्रोफ़ाइल का दस्तावेज़ीकरण:-** यह आईएमआर परियोजना दिसंबर 2022 में संस्थान को सौंपी गई थी। नियुक्त किए गए दिग्गज महाकवि श्री कृष्ण राम भट्ट थे। उपलब्ध ग्रंथों से डेटा संग्रह 02.01.2023 के महीने में शुरू किया गया था। सुप्रसिद्ध वैद्य के परिवार के सदस्यों के साथ साक्षात्कार फरवरी 2023 में आयोजित किया गया था। इनके जीवन प्रोफ़ाइल की पांडुलिपि का पहला प्रारूप मार्च 2023 में प्रस्तुत किया गया था। संशोधित प्रारूप मई 2023 में प्रस्तुत किया गया था। शोध लेख नवंबर 2023 में (मार्च अप्रैल) अंक के लिए जेआरएएस में प्रस्तुत किया गया था। इस प्रोजेक्ट का काम पूरा हो गया.

10. **जनजातीय स्वास्थ्य देखभाल अनुसंधान कार्यक्रम (**THCRP):- रिपोर्टिंग वर्ष 2023-24 के दौरान, राजस्थान के जिला झाड़ोल, उदयपुर के 05 गांवों में कुल 191 स्वास्थ्य शिविर और स्वास्थ्य सर्वेक्षण आयोजित किए गए। जनजातीय आबादी के इन सर्वेक्षणों में कुल 3809 आबादी को शामिल किया गया है। इन गांवों में जांच की गई और आदिवासी आबादी के 6554 मरीजों को मुफ्त दवाएं दी गईं। कुल 08 लोक प्रचलित दावों के दस्तावेज़ एकत्र किए गए। मरीजों की आवश्यकता के अनुसार कुल 5718 जांच (2691-एचबी, 2549-ब्लड शुगर, 478-अन्य जांच) की गईं। इस वर्ष कुल 96 जागरूकता गतिविधियाँ आयोजित की गईं। इस कार्यक्रम के अंतर्गत शामिल एक नैदानिक परियोजना: "रुमेटॉइड आर्थराइटिस के प्रबंधन के लिए ब्लैक बॉक्स डिजाइन में समग्र आयुर्वेद आहार की प्रभावशीलता - टीएचसीआरपी 2023-24 के तहत एक समुदाय आधारित अध्ययन" । यह परियोजना 21.11.2023 से शुरू हुई और 22.03.2024 को पूरी हुई। इस कार्यक्रम के अंतर्गत कुल 40 प्रतिभागी शामिल किये गए ।

11. **महिला एवं बाल स्वास्थ्य देखभाल कार्यक्रम (डब्ल्यूसीएच) -** इस संस्थान द्वारा एससीएसपी के अंतर्गत डब्ल्यूसीएच कार्यक्रम जयपुर, राजस्थान के अनुसूचित जाति बहुल पांच क्षेत्रों/इलाकों नामत: सुमेल, चोंप, पचार, ठीकरिया और हाथोज में संचालित किया गया है। इस कार्यक्रम के तहत, संस्थान की टीम ने चयनित इलाकों में घर-घर जाकर सर्वेक्षण किया तथा स्वास्थ्य शिविरों का आयोजन किया। सर्वेक्षण में विशेष रूप से महिलाओं और बच्चों का प्रारूप के

अनुसार डेटा एकत्र किया गया; विभिन्न बीमारियों के लिए घर-घर निःशुल्क दवा का वितरण किया गया । सर्वेक्षण के दौरान गांव की जानकारी, घर की जानकारी, महिलाओं एवं बच्चों के स्वास्थ्य संबंधी जानकारी एकत्रित की गई। चयनित ग्रामों में कुल 216 सर्वेक्षण तथा स्वास्थ्य शिविर आयोजित किये गये। स्वास्थ्य संबंधी जनसांख्यिकी प्राप्त करने के लिए कुल 3940 अनुसूचित जाति महिलाओं और बच्चों (1861 महिलाएं और 2079 बच्चे) का सर्वेक्षण किया गया। मोबाइल स्वास्थ्य शिविरों के माध्यम से कुल 6057 महिलाओं और बच्चों का इलाज किया गया, जिनमें 4374 अनुसूचित जाति की महिलाएं थीं तथा 1490 अनुसूचित जाति के बच्चे थे। मरीजों की आवश्यकतानुसार कुल 6510 (2976 हीमोग्लोबिन, 2596 ब्लड शुगर लेवल, 938 अन्य जांच) जांचें की गईं। इस वर्ष कुल 79 जागरूकता गतिविधियाँ आयोजित की गईं। इस कार्यक्रम के अंतर्गत एक नैदानिक अध्ययन परियोजना शामिल है: "डिसमेनोरिया में राजप्रवर्तनी और सारस्वतारिष्ट की प्रभावशीलता एक संभावित समुदाय-आधारित अध्ययन" । कुल 54 प्रतिभागियोंका स्क्रीनिंग कर, कुल 46 रोगियों को परीक्षण में नामांकित किया गया । छह मरीज़ अध्ययन से बहार हुए तथा 40 प्रतिभागी का परिक्षण चल रहा हैं। परियोजना अभी भी जारी है.

12. **ए.एस.यू दवाओं के लिए राष्ट्रीय फार्माको-सतर्कता कार्यक्रम: -** वर्तमान रिपोर्टिंग वर्ष के दौरान, संदिग्ध प्रतिकूल दवा प्रतिक्रियाओं को नोटिस करने के लिए 37,790 विषयों का अध्ययन किया गया। किसी भी मरीज़ ने इस्तेमाल की जा रही आयुर्वेद दवाओं के किसी भी ए.डी.आर. की सूचना प्राप्त नहीं हुई।

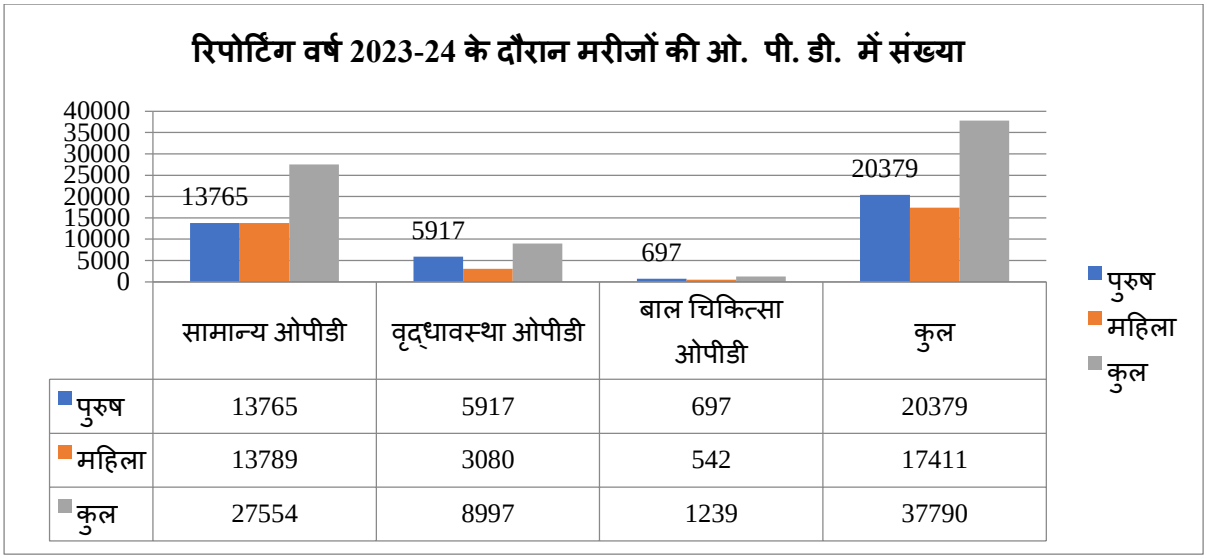
अस्पताल अनुभाग:

संस्थान में बाह्य रोगी द्वार (ओपीडी), आंतरिक रोगी द्वार (आईपीडी) और पंचकर्म चिकित्सा सुविधाएं अच्छी हैं।

ओपीडी यूनिट

संस्थान की ओपीडी सभी कार्य दिवसों पर प्रतिदिन सुबह 9:00 बजे से दोपहर 1:00 बजे तक और दोपहर 2:00 बजे से शाम 4:00 बजे तक चल रही है। सभी रोगियों को परामर्श के साथ आवश्यकतानुसार आयुर्वेदिक औषधियाँ निःशुल्क वितरित की जाती हैं। प्रतिवेदन वर्ष 2023-24 के दौरान ओपीडी स्तर पर कुल 37790 (20379 पुरुष एवं 17411 महिला) रोगियों की जांच एवं उपचार किया गया।

ओपीडी	पुरुष	महिला	कुल
सामान्य ओपीडी	13765	13789	27554
वृद्धावस्था ओपीडी	5917	3080	8997
बाल चिकित्सा ओपीडी	697	542	1239
Total	20379	17411	37790



	सामान्य ओपीडी	वृद्धावस्था ओपीडी	बाल चिकित्सा ओपीडी	कुल
पुरुष	13765	5917	697	20379
महिला	13789	3080	542	17411
कुल	27554	8997	1239	37790

आईपीडी यूनिट

संस्थान में 20 बिस्तरों वाली आईपीडी सुविधा है, जिसमें से 10 बिस्तर प्रत्येक पुरुष और महिला वार्ड को आवंटित किए गए हैं। रिपोर्टिंग वर्ष के दौरान, संस्थान के आईपीडी में कुल 260 रोगियों (106 पुरुष और 154 महिलाएं) को भर्ती किया गया और उनका इलाज किया गया। परिषद के मुख्यालय के निर्देशानुसार मरीजों के प्रवेश और पंचकर्म प्रक्रिया भुगतान के आधार पर की जाती है। वरिष्ठ नागरिकों और बीपीएल रोगियों को प्रवेश और प्रक्रियाओं के लिए शुल्क में रियायत परिषद के दिशानिर्देशों के अनुसार लागू की जाती है।

पंचकर्म यूनिट

रिपोर्टिंग वर्ष के दौरान, संस्थान की पंचकर्म इकाई में, कुल 8819 विभिन्न पंचकर्म चिकित्सा प्रक्रियाएं (पुरुषों पर 3549 और महिलाओं पर 5270) की गईं।

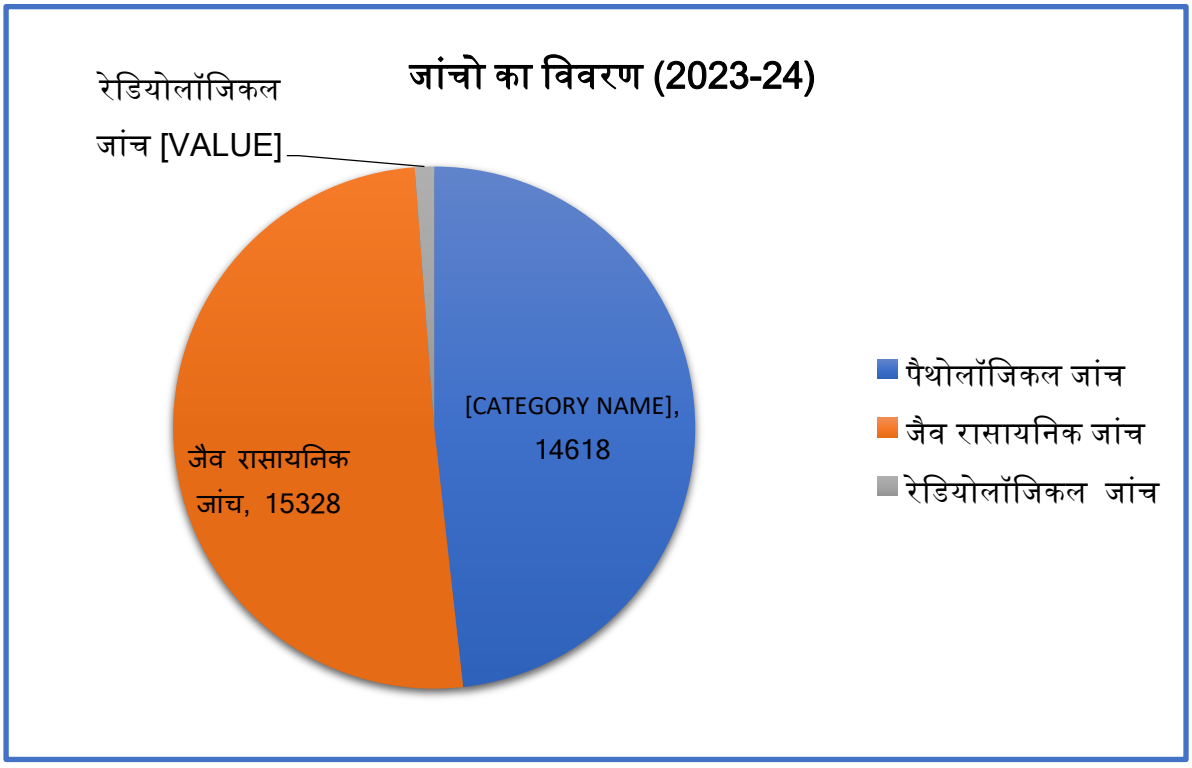
निदान प्रयोगशाला:

संस्थान के पास एक सुसज्जित क्लिनिकल प्रयोगशाला है। प्रयोगशाला में जैव-रसायन विज्ञान और पैथोलॉजी अनुभाग हैं। आवंटित अनुसंधान कार्यक्रमों को ध्यान में रखते हुए प्रयोगशाला में विभिन्न जांचें की जाती हैं। अनुसंधान मामलों और बीपीएल रोगियों को छोड़कर जांच भुगतान के आधार पर की जाती है। जनवरी, 2017 से वरिष्ठ नागरिकों को सभी जांचों पर 60% की छूट प्रदान की गई है। वर्तमान रिपोर्टिंग वर्ष 2023-24 के दौरान पैथोलॉजी, सीरोलॉजी और बायोकैमिस्ट्री (रक्त, मल, मूत्र, वीर्य और थूक आदि) से संबंधित कुल 29946 जांचें की गईं। संस्थान में डीआर प्रणाली के साथ एक रेडियोग्राफी इकाई भी है

जहां रिपोर्टिंग वर्षों के दौरान कुल 361 रेडियोलॉजिकल जांच की गईं। इस प्रकार रिपोर्टिंग वर्ष के दौरान कुल 30307 जाँचें की गईं, जिसका सारांश नीचे दिया गया है:

1 अप्रैल, 2023 से 31 मार्च, 2024 तक प्रयोगशाला की वार्षिक रिपोर्ट का सारांश

क्र.सं.	जांच	पुरुष मरीज़	महिला मरीज़	कुल
1.	पैथोलॉजिकल जांच	6368	8250	14618
2.	जैव रासायनिक जांच	8741	6587	15328
3.	रेडियोलॉजिकल जांच	162	199	361
4.	अन्य जांच जैसे ईसीजी, अल्ट्रा साउंड,एंडोस्कोपी आदि	0	0	0
कुल		15271	15036	30307



अन्य गतिविधियाँ:

1. गुग्गुलु हर्बल फार्म, मांगलियावास, अजमेर:-

इस संस्थान के नियंत्रण में राजस्थान के अजमेर जिले के गांव मांगलियावास में एक गुग्गुलु हर्बल फार्म भी संचालित है, जिसे 9 नवंबर 2016 को राष्ट्रीय आयुर्वेद संस्थान, जयपुर द्वारा सीसीआरएएस को वापस सौंप दिया गया था। फार्म 1 अप्रैल 1972 में शुरू किया गया था जिसमें 31 दिसंबर 2007 तक गुग्गुलु पौधों का अनुसंधान, विकास और व्यापक खेती, पौधों की कटिंग, एयर लेयरिंग और रोपाई के माध्यम से

की गई थी। गुग्गुलु पौधों सहित विभिन्न औषधीय पौधों की लगभग 60 प्रजातियों की उगाई/खेती की जा रही हैं। रिपोर्टिंग वर्ष 2023-2024 के दौरान 9.010 कि.ग्रा. गुग्गुलु गोंद-ओलियो राल सहित कुल 10.500 किलोग्राम एकत्र किया गया। इस अवधि के दौरान केंद्रीय आयुर्वेद अनुसंधान संस्थान झाँसी को कुल 1.300 कि.ग्रा. गुग्गुलु गम-ओलियो राल की आपूर्ति की गई थी। नौ विभिन्न पौधों की प्रजातियों के नमूनों से कुल 15.5 किलोग्राम ताजा कच्ची दवाएं एकत्र की गईं। इसके अतिरिक्त, दस पौधों की प्रजातियों के 9.350 किलोग्राम सूखे पौधों के नमूने सीसीआरएएस (केंद्रीय आयुर्वेदिक विज्ञान अनुसंधान परिषद) के विभिन्न संस्थानों को आपूर्ति किए गए थे।

2. आयोजित कार्यशाला/कार्यक्रम/मेला/बैठकें:-

1. विभिन्न परियोजनाओं के लिए संस्थागत आचार समिति की बैठक 03.05.2023 और 22.06.2023 को संस्थान में आयोजित की गई थी।
2. दिनांक 14.06.2023 को संस्थान द्वारा रक्तदान शिविर का आयोजन किया गया।
3. दिनांक 21.06.2023 को योग विशेषज्ञ के मार्गदर्शन में सामान्य योग प्रोटोकॉल अभ्यास के साथ अंतर्राष्ट्रीय योग दिवस 2023 मनाया गया और पूरे स्टाफ ने इसमें भाग लिया।
4. मई 2023 के दौरान संस्थान और आउटरीच कार्यक्रमों में स्वास्थ्य और कल्याण विषय पर व्याख्यान और विशेष स्वास्थ्य शिविर देकर "आजादी का अमृत महोत्सव 2.0" मनाया गया।
5. संस्थान में मई 2023 के दौरान ओपीडी और आउटरीच कार्यक्रमों और पौधों के वितरण में नियमित जागरूकता व्याख्यान के माध्यम से विश्व पर्यावरण दिवस मनाया गया।
6. राष्ट्रीय खेल सप्ताह 21.08.2023 से 29.08.2023 तक मनाया गया जिसमे संस्थान के कर्मचारियों के लिए विभिन्न खेल प्रतियोगिताएं जैसे वॉलीबॉल, बैडमिंटन, स्किपिंग और क्रिकेट का आयोजन किया गया।
7. संस्थान द्वारा 02.09.2023 को साइंस पार्क ऑडिटोरियम, जयपुर में एक कार्यशाला "आयुर्वेदानुसार दिनचर्या" और महाकवि श्री श्रीकृष्ण राम भट्ट के सम्मान में समारोह आयोजित किया।
8. सितंबर 2023 के महीने में पोषण माह मनाया गया, ओपीडी और आउटरीच कार्यक्रमों में जागरूकता व्याख्यान, विभिन्न स्कूलों में पौष्टिक उत्पादों का वितरण, स्कूली छात्रों का एनीमिया परीक्षण, स्कूलों में पोषण मूल्य वाले पौधों का रोपण जैसी विभिन्न गतिविधियाँ अयोजित्र की गयी । “स्वास्थ्य को बढ़ावा देने में पारंपरिक और क्षेत्रीय पौष्टिक खाद्य पदार्थों की भूमिका” शीर्षक से वेबिनार भी आयोजित किया गया।
9. संस्थान में दिनांक 14.09.2023 से 30.09.2023 तक हिंदी पखवाड़ा मनाया गया।
10. संस्थान द्वारा 15.09.2023 से 30.09.2023 तक स्वच्छता पखवाड़ा मनाया गया।
11. दिनांक 30.09.2023 को संस्थान द्वारा आम जन जागरूकता हेतु "स्वास्थ्य संवर्धन में पारंपरिक एवं क्षेत्रीय पौष्टिक खाद्य पदार्थों की भूमिका" विषय पर वेबिनार का आयोजन किया गया।
12. संस्थान में दिनांक 01.10.23 को "स्वच्छता ही सेवा मिशन" आयोजित किया गया था जिसमें सहायक निदेशक प्रभारी के मार्गदर्शन में संस्थान के कर्मचारियों द्वारा संस्थान के आस-पास के क्षेत्र की सफाई की गई।
13. सतर्कता जागरूकता सप्ताह, 2023 दिनांक 28.10.2023 से 04.11.2023 के दौरान मनाया गया।

14. सतर्कता जागरूकता सप्ताह 2023 के अंतर्गत दिनांक 04.11.2023 को एक प्रशिक्षण कार्यशाला का आयोजन किया गया, जिसमें मैडम परम ज्योति, आईजीपी सतर्कता, राजस्थान पुलिस, जयपुर ने कर्मचारियों को पीआईडीपीआई समाधान, खरीद, साइबर स्वच्छता और सुरक्षा, संगठन की प्रक्रिया आदि पर प्रशिक्षण दिया।

15. 8वें आयुर्वेद दिवस समारोह 2023 संस्थान के तहत, सीसीआरएएस की उपलब्धियों, सीसीआरएएस के प्रकाशनों आदि को प्रदर्शित करने के लिए संस्थान में 10.10.2023 से 10.11.2023 तक एक प्रदर्शनी सह मिनी एक्सपो का आयोजन किया गया था। एक्सपो में आम जनता के लिए नियमित जागरूकता व्याख्यान और औषधीय पौधों का वितरण किया गया।

16. दिनांक 05.11.2023 को संस्थान द्वारा "8वें आयुर्वेद दिवस 2023" के अंतर्गत जवाहर सर्किल से जलमहल तक बाइकर्स रैली का आयोजन किया गया। रैली का उद्देश्य आम जनता को आयुर्वेद के प्रति अधिक से अधिक जागरूक करना और 'एक स्वास्थ्य के लिए आयुर्वेद' अभियान के तहत आयुर्वेद अपनाने के लिए प्रेरित करना था।

17. संस्थान द्वारा "8वें आयुर्वेद दिवस 2023" के अंतर्गत दिनांक 07.11.2023 को प्रातः 7.00 बजे से 7.45 बजे तक "रन फॉर आयुर्वेद" रैली का आयोजन किया गया, जिसमें संस्थान के कर्मचारियों के साथ-साथ विभिन्न आयु वर्ग के छात्रों और प्रतिभागियों ने भाग लिया .

18. संस्थान ने 31.10.2023 को राजस्थान राज्य के राष्ट्रीय आयुष मिशन के आयुर्वेद डॉक्टरों के संवेदीकरण के लिए एक वेबिनार का आयोजन किया।

19. संस्थान में दिनांक 11.03.2024 से 23.03.2024 तक पोषण पखवाड़ा मनाया गया।

20. संस्थान में 19.02.2024 से 25.02.2024 तक प्रकाशन सप्ताह मनाया गया, जिसमें विभिन्न परिधीय संस्थानों और सीसीआरएएस मुख्यालय से 10 अनुसंधान अधिकारी (आयुर्वेद) ने भाग लिया और सौंपे गए शोध आलेखों का कार्य पूरा किया।

21. संस्थान द्वारा 04 त्रैमासिक हिंदी कार्यशालाएँ भी आयोजित की गईं।

22. संस्थान ने 10.11.2023 को सीएसआईआर, पिलानी, राजस्थान में आयोजित "8वें आयुर्वेद दिवस-2023" के अवसर पर सीसीआरएएस की ओर से भाग लिया और एक स्टॉल लगाया।

23. संस्थान ने 09.03.2024 से 12.03.2024 तक आयुर्वेद विभाग, राजस्थान द्वारा आयोजित दुदु, राजस्थान में "आरोग्य मेला" में भाग लिया।

24. इस संस्थान द्वारा संस्कृति विकास संस्थान, उदयपुर द्वारा 08.03.2024 से 10.03.2024 तक उदयपुर (राजस्थान) में आयोजित "योग उत्सव" में भाग लिया गया।

25. संस्थान द्वारा राजस्थान सरकार के आयुर्वेद विभाग के सहयोग से राजस्थान के जयपुर जिले में 313 आयुष स्वास्थ्य और कल्याण केंद्रों पर आम जनता के लिए बड़े पैमाने पर मुफ्त चिकित्सा शिविर का आयोजन किया गया।

3. वेबिनार/संगोष्ठी/बैठकें/प्रशिक्षण/कार्यशालाओं में भाग लिया/पत्र प्रस्तुत किया गया:

डॉ. बी.आर. मीणा, प्रभारी सहायक निदेशक डॉ. वी.बी. कुमावत, अनुसंधान अधिकारी (आयु.), डॉ. एस.के. वेदी, अनुसंधान अधिकारी (आयु.), डॉ. डी.एस. रोतवार, अनुसंधान अधिकारी (आयु.), डॉ. मोनिका कुमारी, अनुसंधान अधिकारी (आयु.), डॉ. किशोर ए. गवली, अनुसंधान अधिकारी (आयु.), और डॉ. सुहास ए. चौधरी अनुसंधान अधिकारी (आयु.) ने इस संस्थान/अन्य संस्थान/संगठनों द्वारा विभिन्न विषयों पर आयोजित लगभग 50 वेबिनार/सेमिनार/बैठकें/प्रशिक्षण/कार्यशालाओं में भाग लिया और कुछ अधिकारियों ने शोध पत्र भी प्रस्तुत किए और व्याख्यान दिए।

4. **प्रकाशन:-इस संस्थान के अनुसंधान अधिकारियों द्वारा 02 शोध लेख/पत्र अंतर्राष्ट्रीय पत्रिकाओं में प्रकाशित किए गए हैं।**

5. **उपलब्धियाँ:-**
   1. संस्थान की प्रयोगशाला ने 16.11.2023 को एनएबीएल प्रत्यायन प्रमाणपत्र प्राप्त किया है।
   2. संस्थान को वर्ष 2022-23 के लिए राजभाषा हिंदी में सर्वोत्तम/अधिकतम कार्य करने के लिए प्रथम पुरस्कार से सम्मानित किया गया है। यह पुरस्कार "नगर राजभाषा कार्यान्वयन समिति (का-1), जयपुर द्वारा 25.07.2023 को दिया गया।
   3. आईईसी को स्वास्थ्य अनुसंधान विभाग (डीएचआर), नैतिक पोर्टल में अनंतिम रूप से पंजीकृत किया गया है।

[i] Report on the Effective Utilisation of Funds under the Scheduled Castes Sub Plan (SCSP). http://ncsc.nic.in/files/review%20proforma/Report%20on%20the%20Effective%20Utilisation%20of%20Funds%20under%20the%20Scheduled%20Castes%20Sub%20Plan%20(SCSP).pdf (Accessed on 17.03.2022)